What use is qualitative research?


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What use is qualitative research?
Tim Dornan and Martina Kelly

‘Our aim is to publish studies with more definitive—not exploratory—research questions that are relevant to an international audience and that are most likely to change clinical practice and help doctors make better decisions. We do not prioritise qualitative research because qualitative studies are usually exploratory by their very nature and do not provide generalisable answers.’

Seventy-six senior academics recently signed a letter asking BMJ to look more favourably on qualitative research. The editors declined. Other major clinical journals view qualitative research equally unfavourably. This ‘State of the Science’ issue on methodology, however, shows that Medical Education is unwaveringly committed to it. Our aim is to help readers reconcile those opposing stances.

The wording of BMJ’s stance is informative. Its editors have to ‘make hard decisions on just how interesting an article will be to ... general clinical readers, how much it adds, and how much practical value it will be’. Characterising ‘interesting articles’ as ‘definitive’, ‘generalisable’, able to ‘change practice’, and helping clinicians ‘make better decisions’ describes effectiveness research. ‘Effective’ practitioners choose between clearly defined alternatives. They need clear, numerical outcomes; not words. Appealing. But HL Mencken said ‘there is always a well-known solution to every human problem — neat, plausible, and wrong.’

Donald Schön called neat, plausible, effective interventions ‘technical rationality’. Implementing those interventions in the face of social complexity and inequality is in Schön’s ‘swampy lowlands’, where complexity, uncertainty, instability, uniqueness, and value-conflict prevail. Qualitative research inhabits swampy lowlands. Does education? Even clinical practice?

Five articles in this issue describe swampy ways of knowing and researching. Two cite Bruner’s distinction between paradigmatic, or general, and narrative, or particular, knowledge. A science of replicable steps and generalisable findings generates paradigmatic knowledge. Paying attention to particularities – individual and contextual factors - that make one situation or experience different from another generates narrative knowledge. Humanities rather than science cater for particularities. Narrative knowledge helps clinicians handle uncertainties and ambiguities that paradigmatic knowledge cannot.

What these articles state implicitly is that the whole mess of humanity, and not just neat technical solutions, are legitimate topics of education inquiry. Two even hint that Mencken’s aphorism is applicable to clinical as well as education research.

One article broadens the discussion from effectiveness to impact. Having acknowledged that effectiveness research helps use scant resources fairly, it argues that the impact of qualitative
research comes from clarifying relationships between cause and effect. It ‘advocates for a nuanced approach to demonstrating impact in the field’. In Regehr’s words, this re-orientates research from an imperative of proof towards an imperative of understanding. Representing complexity well by, for example, showing how the discipline of surgery empowers men over women may not prove effectiveness. But it could have far-reaching social impact.

Many of the world’s greatest current problems – war, terrorism, mass migration, and an upsurge in populist politics in western democracies – result from an unequal distribution of power, privilege, and opportunity. As medical education globalises, its leaders will increasingly have to understand and respond to instability and value-conflict of this type. Qualitative research provides a tool - critical discourse analysis - to help them do so.

We will impact education if we are methodologically eclectic: identifying and framing problems; exploring solutions; and justifying choices on grounds of socially defensible values as well as effectiveness. The qualitative methodologies in Medical Education’s 2017 State of the Science issue show how exploratory research can have impact to which effectiveness research is blind.

Qualitative research will deliver those benefits in a Utopia where researchers choose methodologies judiciously. Senior ones will be willing to lay positivist assumptions aside and learn humbly from juniors. Methodological experts will welcome non-experts into their worlds. Experts and novices will listen attentively to lay people, patients, and members of other disciplines.

We have contrasted two temporal trends: Medical Education’s liberal one, which is eclectic; and a conservative one, which increasingly privileges paradigmatic over narrative knowledge. Utopians will ‘represent complexity well’ by following the liberal trend. They will respond sympathetically to, even embrace, unfamiliar epistemologies described in this issue. They will celebrate the move of qualitative research beyond emergent themes. They will abandon triangulation, member checking, and saturation as arbiters of rigour. They will avoid the word ‘jargon’ when researchers co-author biographical encounters with patients, think with stories, and depart from educational problematics. They will take uncomfortable conclusions about power, privilege, and opportunity seriously, even when confronted with bewildering niceties of discourse analysis. This issue of Medical Education shows plenty that is useful about qualitative research. Let’s build Utopia now!

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