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## **Cobalamin Concentrations in Fetal Liver Show Gender Differences: A Result from Using a High-Pressure Liquid Chromatography-Inductively Coupled Plasma Mass Spectrometry as an Ultratrace Cobalt Speciation Method**

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1       **Cobalamin concentrations in fetal liver show gender**  
2       **differences: a result from using an HPLC-ICP-MS as**  
3       **an ultra-trace cobalt speciation method**

4  
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19  
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21

22 **ABSTRACT**

23

24 Maternal diet and lifestyle choices may affect placental transfer of cobalamin (Cbl) to  
25 the fetus. Fetal liver concentration of Cbl reflects nutritional status with regards to  
26 vitamin B12, at low concentration current Cbl measurement methods lack robustness.  
27 An analytical method based on enzymatic extraction with subsequent RP-HPLC  
28 separation and parallel ICP-MS and ESI-Orbitrap-MS to determine specifically Cbl  
29 species in liver samples of only 10-50 mg was developed using 14 pig livers.  
30 Subsequently 55 human fetal livers were analyzed. HPLC-ICP-MS analysis for cobalt  
31 (Co) and Cbl gave detection limits of 0.18 ng/g and 0.88 ng/g d.m. in liver samples  
32 respectively with a recovery of >95%. Total Co (Co<sub>t</sub>) concentration did not reflect the  
33 amount of Cbl or vitamin B12 in the liver. Co as Cbl contributes only 45 +/- 15 % to  
34 Co<sub>t</sub>. XRF mapping and  $\mu$ XANES analysis confirmed the occurrence of non-Cbl  
35 cobalt in the pig liver hot spots indicating particular Co. No correlations of total  
36 cobalt nor Cbl with fetal weight or weeks of gestation were found for the human fetal  
37 livers. Although no gender difference could be identified for total Co concentration,  
38 female livers were significantly higher in Cbl concentration (24.1 +/- 7.8 ng/g) than  
39 those from male fetuses (19.8 +/- 7.1 ng/g) (p=0.04). This HPLC-ICP-MS method  
40 was able to quantify total Co<sub>t</sub> and Cbl in fetus liver and it was sensitive and precise  
41 enough to identify this gender difference.

42

43

## 44 **INTRODUCTION**

45

46 Vitamin B12 or cobalamin (Cbl) is an essential vitamin stored in the liver.<sup>1</sup> Cbl can  
47 occur in different molecular forms from which only two, methyl-cobalamin (Me-Cbl)  
48 and adenosylcobalamin (Ado-Cbl), are physiologically active. Me-Cbl is a cofactor  
49 for enzymes in the Carbon-1 metabolism, while Ado-Cbl is a cofactor for enzymes  
50 involved in 1,2 H-shifts and transfer of an electronegative group to the neighboring  
51 carbon atom. Although the majority of vitamin B12 is stored in the liver, the  
52 concentrations are at the ultra-trace level.<sup>2</sup> The methods routinely used to determine  
53 vitamin B12 status are either based on microbiological or immunoenzymatic  
54 determination of Cbl in serum and have been criticized for their overestimation or  
55 failure to determine low levels of Cbl and their lack of precision.<sup>3,4</sup> Analytical  
56 methods for Cbl determination based on chromatography coupled to ICP-MS or ESI-  
57 MS have been reported but so far mainly used for food-supplements.<sup>5,6,7,8</sup> An  
58 analytical method based on thermal acidic denaturation with liquid/liquid extraction  
59 of beef liver with subsequent RP-HPLC separation of the main four Cbl species with  
60 ESI-MS detection showed promising results for the determination of Cbl in liver  
61 samples.<sup>9</sup> The sensitivity and specificity of this method though needs improving due  
62 to the small size of tissue samples available from the human fetus and the extraction  
63 needs to be confirmed by using a complementary direct speciation method such as  
64 EXAFS and XANES.<sup>10</sup>

65

66 The wider aim of this study was to develop a method for Cbl quantitation which is  
67 robust but sensitive enough to detect low background levels in human fetal liver  
68 samples to determine maternal life-style influence on the fetal nutritional vitamin B12  
69 status. This method was then applied to human fetal liver samples to identify whether  
70 vitamin B12 status varies with body weight, gestation age or gender.

71

72 This was achieved by the following objectives:

- 73 - To test whether it was possible to determine quantitatively the physiologically  
74 active forms of Cbl (Me-Cbl and Ado-Cbl) besides cyano-cobalamin (CN-  
75 Cbl), and hydroxyl-cobalamin (HO-Cbl) individually when spiked to liver in  
76 order to evaluate the full conversion of those active forms into CN-Cbl.

- 77 - To evaluate the quantitative extraction and determination of vitamin B12 and  
78 if possible the physiologically active forms of Me-Cbl and Ado-Cbl from pig  
79 liver samples using HPLC with parallel detection of using ICP-MS for Co and  
80 ESI-MS for the individual Cbl forms.
- 81 - To confirm whether extraction was altering the Cbl content by using a direct  
82 speciation method for which no extraction is necessary (by XRF (X-ray  
83 fluorescence) mapping with subsequent  $\mu$ XANES (x-ray absorption near edge  
84 spectroscopy).
- 85 - To apply the protocol to 55 human fetal livers and quantify the Cbl  
86 concentration and Co<sub>t</sub> concentration in fetal livers and evaluate the results with  
87 regards to liver weight, sex and gestation age.
- 88
- 89

## 90 **EXPERIMENTAL SECTION**

91

### 92 **Chemicals and Material**

93 The different cobalamin (Cbl) standards, Methyl-cobalamin (Me-Cbl), Hydroxy-  
94 cobalamin (HO-Cbl), Adenosyl-cobalamin (Ado-Cbl) and cyano-cobalamin (CN-Cbl)  
95 (98%, Sigma-Aldrich Germany) were dissolved in water with a concentration of 1 mg  
96 Co/mL and stored in the dark. The eluents for the HPLC were 0.1% formic acid  
97 (Analytical reagent grade, Fisher Scientific UK) in water (eluent A) and 0.1% formic  
98 acid in methanol (HPLC grade S, Rathburn UK) (eluent B). Co standards (High purity  
99 standards, UK) for calibration were prepared based on a stock solution of 1000 mg/L  
100 diluted with 1% HNO<sub>3</sub>, conc. (supra pure, BDH UK). A Rh solution (Specpure, Alfa  
101 Aesar Germany) served as internal standard. For the sample preparation different  
102 organic solvents were used, including methanol (Laboratory reagent grade, Fisher  
103 Scientific UK), acetone (Laboratory reagent grade, Fisher Scientific UK), and  
104 additionally ultra-pure water (18 M $\Omega$  cm). For the liver extraction acetate buffer (pH  
105 5) (acetic acid: extra pure, Sigma-Aldrich Germany), Papain (from Carica Papaya,  
106 Sigma Aldrich Germany), potassium cyanide (Fisher Scientific UK) and HCl  
107 (Laboratory reagent grade, Fisher Scientific UK) were used. Nitric acid conc and  
108 hydrogen peroxide (Laboratory reagent grade, Fisher Scientific UK) were used for the

109 microwave-assisted digestion of liver samples prior to total Co measurements by ICP-  
110 MS.

111

## 112 **Pig Liver samples**

113 For the method development 14 pig liver samples were used as a proxy for the human  
114 liver samples. The pig livers were bought at a local butcher in Aberdeen and stored at  
115 -20°C before analysis.

116

## 117 **Human fetal liver**

118 The collection of fetal material was approved by the NHS Grampian Research Ethics  
119 Committees (REC 04/S0802/21). Women seeking elective, medical terminations of  
120 pregnancy were recruited with full written, informed consent by nurses working  
121 independently at Aberdeen Pregnancy Counseling Service. Only fetuses from  
122 normally-progressing pregnancies (determined by ultrasound scan), from women over  
123 16 years of age with a good grasp of English and between 11-21 weeks of gestation,  
124 were collected.

125

126 Fetuses were transported to the laboratory within 30 minutes of delivery, weighed,  
127 crown-rump length recorded, and sexed. Livers were snap-frozen in liquid nitrogen  
128 and stored at -85°C. All morphological data were from the same study as published in  
129 Drake et al.<sup>11</sup> and are summarized in **Table 1**.

130

131 **Table 1:** morphological data for mothers and fetuses (mean ± SE)

132

	<b>Females</b>	<b>Males</b>
<b>Maternal age (yrs)</b>	25.0 ± 1.1	23.3 ± 1.2
<b>Maternal BMI (m<sup>2</sup>/kg )</b>	24.6 ± 1.1	25.5 ± 0.9
<b>N</b>	25	30
<b>Fetal weight (g)</b>	122.4 ± 19.3	68.6 ± 11.1
<b>Fetal crown-rump length (mm)</b>	111.2 ± 6.3	95.1 ± 4.5
<b>Fetal age (weeks of gestation)</b>	15.7 ± 0.6	14.1 ± 0.3

133

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136

137

## 138 **Experiments and methods**

139

### 140 **Optimization of extraction method**

141 All solutions were handled under dim light conditions. Cbl was extracted from  
142 homogenized freeze dried liver samples using a method modified from Rappazzo et al.  
143 (12). To 50 mg liver 10  $\mu$ L potassium cyanide solution (1 % w/v), 500  $\mu$ L buffer (50  
144 mol L<sup>-1</sup> sodium acetate pH 5.0) and varying amounts of papain were added. In the  
145 optimized final method 5 mg papain was added. The solutions were incubated at  
146 different temperatures and for different time periods and centrifuged after cooling in  
147 order to optimize the extraction efficiency with regards to total Cbl. The supernatant  
148 was stored at 4°C in the dark until analysis.

149

### 150 **Total cobalt (Co<sub>t</sub>) determination**

151 20-50 mg pig or human liver samples were weighed accurately in duplicate into a  
152 plastic centrifuge tube. Subsequently 2.0 mL HNO<sub>3</sub> were added and left to stand  
153 overnight at 25°C. Hydrogen peroxide (0.5 mL) and 0.250 mL of 20 mg/kg rhodium  
154 as internal standard were added and the samples digested in a Mars 5 microwave oven  
155 (Matthews Inc, USA). Blanks as well as the listed CRMs were digested in every  
156 round of samples as well. Samples were cooled and diluted with deionised water to a  
157 final concentration of 2% (v/v) nitric acid. Cobalt was measured by high-resolution  
158 ICP-MS (Element 2, Thermo Fisher Scientific) at *m/z* 59 at low resolution (R = 300)  
159 in addition to *m/z* 103 for rhodium as the internal standard.

160

### 161 **Cobalt speciation using HPLC-ICP-MS/ESI-MS**

162 The separation and determination of the 4 cobalamin species was carried out by a  
163 reversed phase HPLC coupled to an ESI-MS and ICP-MS using a methanol gradient  
164 programme. The ESI-MS was used in positive FTMS-mode. The instrumental  
165 parameters are listed in **Table S1**. To allow quantification the reversed phase HPLC-  
166 ESI-MS was also linked to an ICP-MS. The HPLC flow was split before the UV-  
167 detector with a ratio of 3:1 (ESI-MS: ICP-MS), the continuous internal standard (Rh)  
168 used for ICP-MS was added via a T-piece before the ICP-MS nebulizer to correct for  
169 matrix changes. Parameters are listed in **Table S1** and further description of the split  
170 set up can be found by Bluemlein and co-workers.<sup>13</sup>

171

## 172 **Synchrotron XRF mapping and $\mu$ XANES speciation of Cobalt**

173 Synchrotron based X-ray fluorescence (XRF) was used for mapping Co distribution in  
174 shredded freeze-dried pig liver samples. The samples were prepared as thin pressed  
175 pellets. Elemental maps were collected at beamline 20-ID (PNC/XOR) at the  
176 Advanced Photon Source (APS), Argonne National Laboratory.  
177 The electron storage ring operated at 7 GeV. A nitrogen cooled Si(111) double crystal  
178 monochromator, calibrated using a cobalt metal foil, was used to generate the X-ray  
179 beam. The fluorescence signal was collected using a 13-element Ge detector  
180 (Canberra). Four maps of (1.5 x 1.5mm) were obtained by rastering the sample  
181 through the 9700 eV beam of 10 x 6  $\mu$ m with a step size of 20  $\mu$ m and an integration  
182 time of 0.3 s/step. The elemental mapping of trace levels of Co in a high Fe matrix  
183 (hemoglobin) is challenging due to the large overlap between the Fe K $\beta$  emission line  
184 (7,059 eV) and the Co K $\alpha$  emission line (6,915 eV). Therefore, a script was developed  
185 to subtract the contribution of the Fe K $\beta$  signal from the sum of the Fe K $\beta$  plus Co K $\alpha$   
186 signal based on the known ratio of Fe K $\beta$  relative to the collected Fe K $\alpha$  signal. Areas  
187 on the maps, corrected for Fe interference, showing accumulation of Co were  
188 investigated using  $\mu$ XANES in order to confirm the identification of Co and assess its  
189 speciation. Three scans per point of interest were collected, averaged and normalized  
190 using Athena.<sup>14</sup> The spectra obtained were compared to cobalt standards of vitamin  
191 B12 (CN-Cbl), coenzyme B12 (Ado-Cbl), methylcobalamin (Me-Cbl),  
192 hydroxycobalamin (HO-Cbl) and also Co<sup>+I</sup> and Co<sup>+II</sup> salts.

193

## 194 **Quality controls and statistics**

195 Blanks as well as CRMs were measured with every batch of the liver digests for total  
196 hepatic Co analysis. Certified standard reference materials (NIST RM8415, NRC  
197 TORT-2) were used to check reproducibility and accuracy, with both better than +/-  
198 5 %. Spiking experiments into the liver sample of Cbl-species were performed to  
199 evaluate the integrity of the Cbl species and the accuracy and precision of the Cbl-  
200 determination.

201

202 Statistical analyses of data were performed using JMP 9.0.2 software (Thomas  
203 Learning, London, UK). For method development ANOVA two way tests were  
204 performed. For the human liver samples the normality of data distribution was tested  
205 with the Shapiro-Wilk test and non-normally distributed data were log-transformed



206 and re-checked for normality prior to analysis by ANOVA and Tukey-Kramer HSD  
207 and *t*-tests, where data were not normalized, or the variances remained unequal, non-  
208 parametric tests were performed (Wilcoxon Test).

209

## 210 **Safety**

211 Work with cyanide poses an extra level of risk, which needs to be assessed before  
212 starting to work. Especially cyanide should not be poured in acidic solution below pH  
213 5 to prevent the generation of volatile HCN.

214

## 215 **RESULTS AND DISCUSSION**

### 216 **Separation and detection**

217 A mixture of the 4 Cbl standards in water was measured with the HPLC-ICP-MS. The  
218 4 Cbl species were baseline separated on the C8 column with a methanol gradient. All  
219 were well retarded and separated within 14 min and were detected by their Co signal  
220 on *m/z* 59 by ICP-MS and simultaneously by their molecular peaks  $[M+1]^+$  and  
221  $[M+1]^{2+}$  by ESI-MS (**Figure 1a-b**). It can be seen that the ICP-MS Co response did  
222 not change significantly during the chromatographic run although a gradient  
223 programme was used (**Figure S1**). This behavior is in contrast to what has been  
224 observed for arsenic or sulphur,<sup>15</sup> because Co does not benefit from the carbon  
225 enhancement effect since it is already fully ionized in the plasma. The response factor  
226 for the Orbitrap varied considerably depending on species as indicated in the different  
227 peak heights (**Figure 1a**). Using the elemental calibration (**Figure S1a-b**) the amount  
228 of cobalt can be calculated for each species using the ICP-MS signal, whereas when  
229 solely the ESI-MS is used then for every Cbl an individual calibration curve is  
230 required. For quantification an external calibration was used with Co element  
231 standards ( $\text{Co}^{2+}$ ) from 1 to 100  $\mu\text{g Co/L}$  using the ICP-MS signal. The calculated  
232 detection limit for aqueous solutions is about 0.05  $\mu\text{g Co/L}$  based on 3 times standard  
233 deviation of the background noise. This is more sensitive than the methods listed in a  
234 recent review.<sup>2</sup>

### 235 **Stability of the standards over time**

236 In order to assess the stability of cobalamins (objective 1), a comparison between  
237 freshly prepared and stored (frozen) solutions was performed (**Figure 1b and 1c**).

238 When the standards were stored for more than a day in a freezer, species  
239 transformation took place. CN-Cbl was stable, while Me-Cbl and Ado-Cbl showed  
240 only recoveries of 5.2 % and 10.6 % respectively. The overall recovery was however  
241 around 90%, since the unstable species transformed to HO-Cbl, which almost tripled  
242 in concentration (280%). This confirms the recent study of Szterk et al. (9) who found  
243 that these transformations may be through oxidation in air and UV radiation, which  
244 result in the conversion of all physiologically important species to HO-Cbl. Hence,  
245 the samples need to be measured immediately after extraction.

### 246 **Stability of cobalamin species in different extractant solutions**

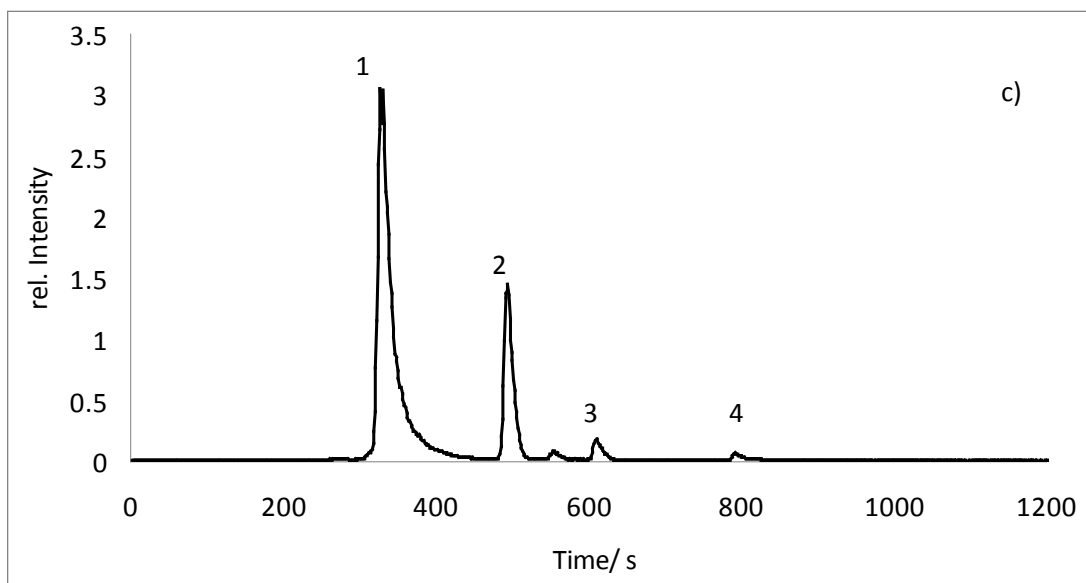
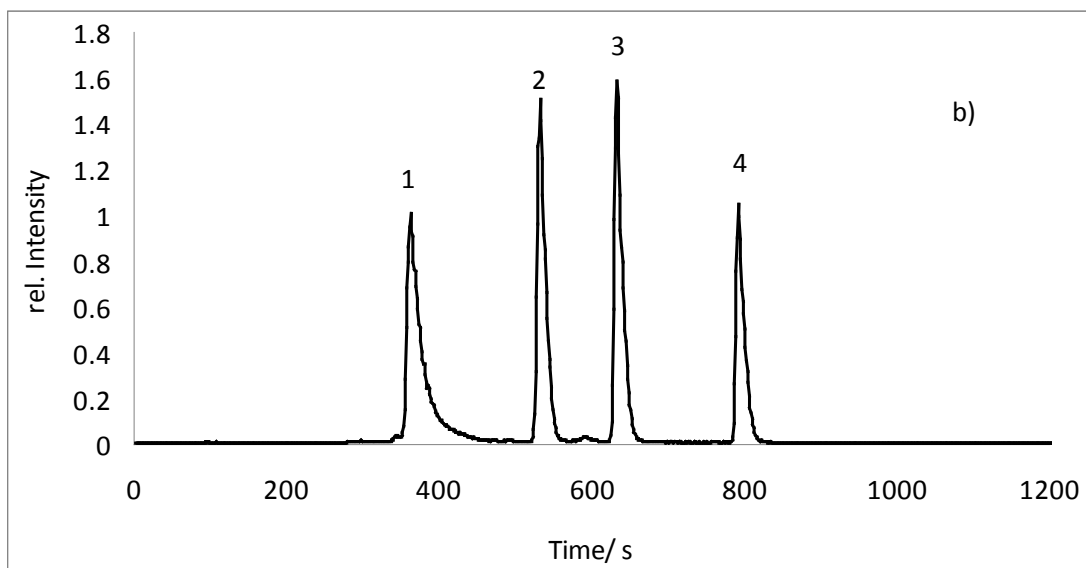
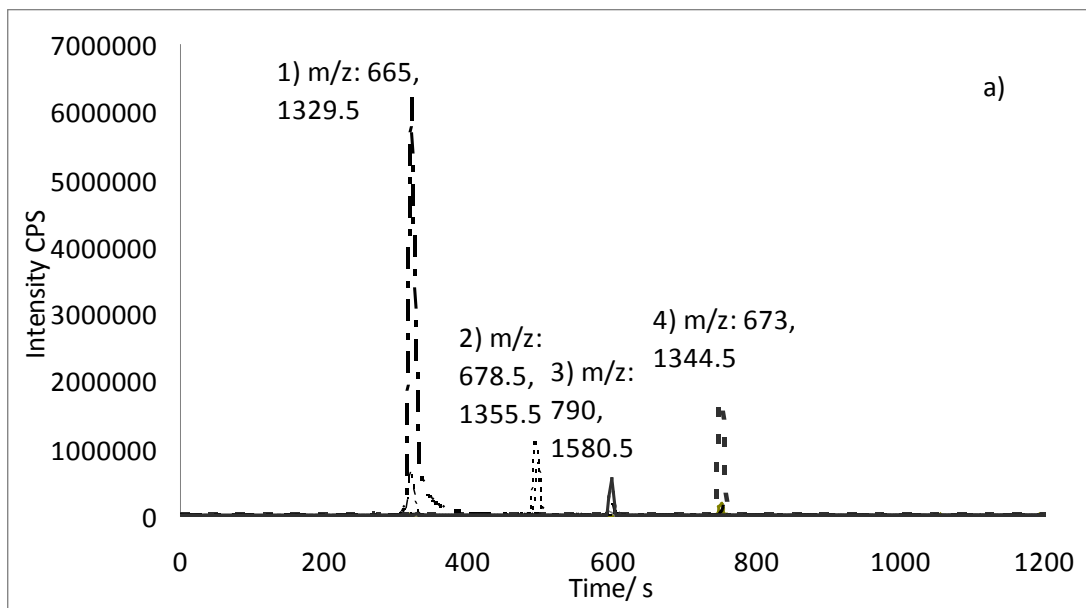
247 To extract the different Cbl species from liver, they have to be liberated from their  
248 transport-proteins and transferred, unchanged, into the extract and the majority of the  
249 matrix should be removed. Several possibilities were tested for their influence on Cbl-  
250 speciation by spiking experiments using pig liver in order to address objective 1 and 2.  
251 Treatment of Cbl-standards with papaine, diluted nitric acid, methanol or acetone  
252 resulted in species transformation. When all Cbl species were heated in acetone or  
253 methanol in order to precipitate all proteins all Cbl species eluted in the void and did  
254 not show the corrin-ring moiety (evident through missing  $[M+H]^+$  data), this means  
255 transformation to unbound polar Co species took place (early eluting Co compounds  
256 close to the void volume). Hot water extraction at 50°C of the pig liver with  
257 subsequent measurement of Co speciation showed that part of Ado-Cbl in the pig  
258 liver was stable during this extraction (**Figure S2**). The majority of Co eluted  
259 however in the void (**Figure S3**). Spiking of all four Cbl species into the pig liver  
260 sample revealed also that the Me-Cbl and Ado-Cbl transferred mainly to HO-Cbl  
261 rather than unbound not retarded Co. Hence, the reliable quantification of the two  
262 bioactive Cbl species was not possible. Since the aim is to have a sensitive method for  
263 total Cbl in contrast to any non-Cbl (inorganic Co), we tested the CN-Cbl method  
264 when all the Cbl species should be converted quantitatively as CN-Cbl (**Figure S4**).  
265 This method was originally developed for the extraction of Cbl species from serum  
266 (2). Quantitative conversion was tested by spiking pig liver with about 4 µg Co/g of  
267 all four Cbl species in triplicates, and study their stability in the KCN liver extracts.

268

269

270





273 **Figure 1a-c:** Chromatographic separation of four different cobalamin species using  
274 reverse-phase HPLC detected on their  $(M+H)^+$  and  $(M+2H)^{2+}$  by ESI-Orbitrap MS (a)  
275 and simultaneously on  $m/z$  59 for cobalt by ICP-MS (b) within 13 minutes. Peaks are  
276 1) HO-Cbl ( $m/z$  665, 1329.5), 2) CN-Cbl ( $m/z$  678.5, 1355.5), 3) Ado-Cbl ( $m/z$  790,  
277 1580.5), 4) Me-Cbl ( $m/z$  673, 1344.5). The degradation of a standard under  
278 oxygenated conditions at room temperature is shown in c).  
279

280 To minimize the risk of underestimation of Cbl in liver samples Ado-Cbl and Me-Cbl  
281 were not determined as their individual species but rather than quantitatively  
282 converted to CN-Cbl by the addition of sufficient cyanide. Additionally only one peak  
283 needs to be integrated which would make the SOP easier and lowers the error. When  
284 extracted with the aid of cyanide the resulting chromatogram shows only two Co peak,  
285 one for unbound early eluting Co and one for CN-Cbl as illustrated in **Figure 2**. None  
286 of the Cbl species seems to lose Co under the tested conditions. The spiked pig liver  
287 did not show an increase in the early eluting (unbound) Co, and only one prominent  
288 Co peak, that of CN-Cbl (**Figure 2**). The column recovery was around 95 %. The  
289 conversion of all spiked Cbl species to CN-Cbl was quantitative (94 +/- 2%; n=3)  
290 which render this method to be accurate. Although the recovery of the spiked Cbl  
291 species was quantitative the extraction of  $Co_t$  was not (**Figure S5**). The  $Co_t$   
292 concentration of the unspiked pig liver was 57 +/- 4.7 ng Co g<sup>-1</sup> d.m. (**Figure S6**)  
293 while the  $Co_t$  determined in the extract was only 32 +/- 1.7 ng Co g<sup>-1</sup> d.m., hence the  
294 extraction efficiency of  $Co_t$  was only 56 %. Although the nature of the unaccounted  
295 Co species was unknown the extraction method for Cbl was further optimized in order  
296 to prevent potential loss of Cbl species in the liver samples by varying the papain  
297 amount, the temperature and incubation time. The optimized extraction efficiency was  
298 71 ± 28 % (n=4) of cobalt using between 10-50 mg liver 5 mg papain with 3 h  
299 incubation at 37°C. (**Figure S5**). Although the spiked Cbl gave an excellent precision  
300 of +/-2%, the precision of the intrinsic  $Co_t$  in the liver was higher (+/- 40 %) at the  
301 level of 4 µg Co as Cbl/g. This indicate that the liver samples were not homogeneous  
302 with regards to the  $Co_t$  when only 10-50 mg samples were taken. Hence, the  
303 homogeneity of the sample was investigated by using the XRF mapping (objective 3).  
304

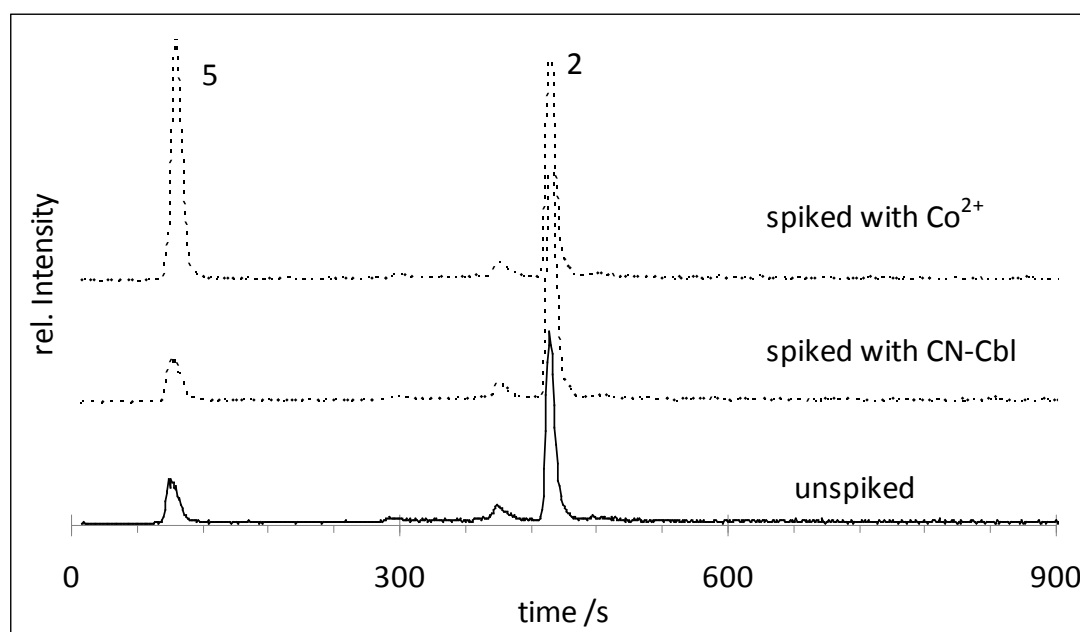
305 Using 3 times the standard deviation (SD) of the blank level, and a sample mass of 50  
306 mg d.m., the method for has a detection limit of 0.18 ng/g d.m. for  $Co_t$ , while for the  
307 speciation for total Cbl a lower detection limit of 0.88 ng Co/g d.m. was established.  
308 A practical lower limit of quantification (10 times the SD of the blank) is therefore

309 about 3 ng Co as Cbl/g d.m. liver. This means that the described analytical method  
310 was capable to detect between 10-50 pg Co as Cbl (depending on the weight of the  
311 sample). This is superior to all so far described methods.<sup>2,9,12</sup> This should be lower  
312 than the expected levels of those analytes in human fetal liver.

313

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316

317 **Figure 2:** HPLC-ICP-MS chromatogram shows a pig liver extract using cyanide of an  
318 unspiked and a CN-Cbl (peak 2) and Co<sup>2+</sup> as nitrate spiked extracts (peak 5) gives the  
319 inorganic cobalt in the extract, while peak 2 shows CN-Cbl.

320

321

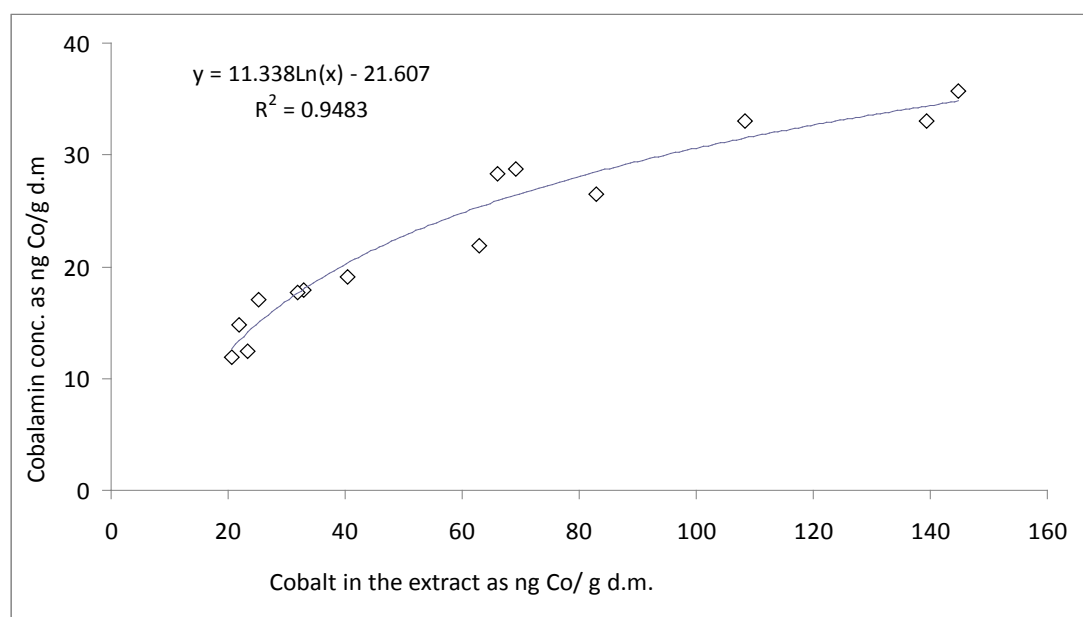
322

### 323 Cobalt speciation in pig liver

324 The optimized method was applied to 14 pig liver samples. The amount of sample  
325 used during this experiment was kept to below 50 mg per sample in order to evaluate  
326 the suitability of the method for human fetal samples. Co<sub>t</sub> varied significantly over  
327 almost one order of magnitude (18-145 ng Co/g *d.m.*). The extraction efficiency was  
328 measured for a subset (2 samples, n=3) gave 89 ± 14 % with an outlier of only 43 %  
329 (**Figure S7**). All samples (n=14) were extracted for speciation analysis with the  
330 optimized method. The extractable Co concentration ranged from 18 – 50 ng Co/g  
331 *d.m.* Although the extraction efficiency was nearly quantitative, only a fraction of  
332 total Co was in the form of Cbl measured as CN-Cbl (**Figure S8**). The Cbl fraction  
333 accounted for 45 ± 15 % of Co<sub>t</sub>, while non-specified unbound cobalt was nearly 55 %

334 with little unaccounted non-extractable Co. While  $Co_t$  concentration was highly  
335 variable the Cbl-concentration was remarkable constant with  $23 \pm 8$  ng Co/g d.m  
336 (n=14). Interesting is the variation between the different liver samples; the liver  
337 sample CC-5 contained around 68 % of Co as Cbl in the extracted material, while L1F  
338 had only 25 %. This variability has been seen in beef livers before.<sup>1</sup> Considering only  
339 the extractable Co, Cbl shows a logarithmic trend when related to extractable Co  
340 (**Figure 3**). That indicates that high total Co concentrations in pig livers might not be  
341 the result of vitamin B12 accumulation but rather of Co which is not bound as Cbl.  
342 This contradicts that the amount of Vitamin B12 linearly depends on the amount of  
343  $Co_t$  in liver reported elsewhere (1). Hence, the Cbl concentration cannot be estimated  
344 from the total Co concentration in pig liver. The amount of Cbl needs to be measured  
345 directly in order to give a reliable account of the vitamin B12 concentration.

346  
347



348  
349

350 **Figure 3:** Correlation cobalamin expressed as cobalt versus the cobalt concentration  
351 in the extract of 14 pig liver samples.

352  
353  
354

355 In general, the results for the spiked pig liver suggest that full conversion of all Cbl  
356 species to CN-Cbl was achieved. The separation of the Co species has been shown to  
357 be robust (retention times did not vary more than 0.1 min) throughout the analysis.  
358 Although pooled samples showed good reproducibility in their Co concentration  
359 (approx.. 5% **Figure S5**), subsamples taken from individual livers showed

360 considerable variability (**Figure S6 and S7**). This may suggest that cobalt is  
361 heterogeneously distributed throughout the pig liver especially if only a small sample  
362 is taken, which would be unexpected for physiologically regulated Cbl.

363

364 To shed more light on the heterogeneity of Co and Cbl in the liver and whether Cbl  
365 species transformation had taken place during the sample preparation, i.e. the release  
366 of cobalt from the corrin ring, XRF mapping of the pig liver and subsequent  $\mu$ XANES  
367 was used for unspiked pig liver samples which showed qualitatively the occurrence of  
368 Ado-Cbl. The challenges to overcome were first the low concentration of cobalt  $< 0.1$   
369 mg/kg and the interference of the Fe  $K\beta$  fluorescence, which overlaps with Co  $K\alpha$ .

370 Therefore Fe and Co were measured simultaneously and every pixel was corrected  
371 using Co  $K\alpha$  - Fe  $K\alpha/K\beta$  resulting in a cobalt specific map of the liver sample. The  
372 results clearly indicated the presence of Co in small hotspots (approximately 10 to 30  
373  $\mu$ m in size) throughout the samples (**Figure 4 and S9**). The XANES spectra of the

374 cobalt hotspots seems similar to inorganic  $Co^{+II}$  and  $Co^{+III}$  compounds and  
375 distinctively different from the XANES spectra of cobalamin standards characterized  
376 by a double feature in the main absorption peaks ( $Co^{+II/III}$ ). Although the nature of  
377 these hotspots are unknown, it is not inconceivable that these hot spots are the result

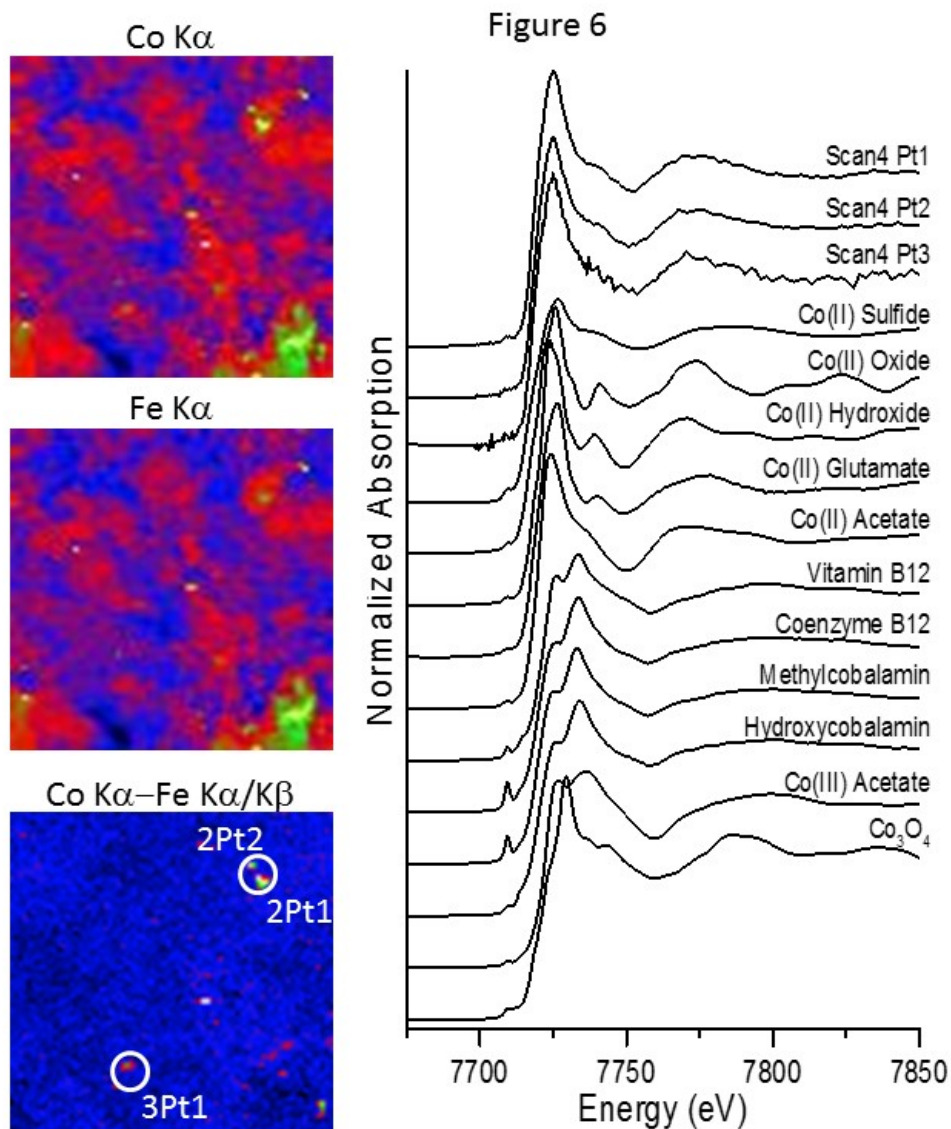
378 of absorbed cobalt containing particles. This explains would explain the heterogeneity  
379 of  $Co_t$  but the homogenous distribution of Cbl. Due to the above mentioned Fe  
380 interferences in these samples, a homogeneously low distribution of cobalamin in the  
381 sample would not be detected either by XRF or  $\mu$ XANES. However, XANES and

382 XRF analysis suggests that the majority of Co in the pig livers were not in the form of  
383 Cbl but rather in the form of unbound  $Co^{+II}$ . Therefore, this confirmed the relatively  
384 low extraction efficiency of  $Co_t$  (70-80%) combined with the high recovery of spiked  
385 Cbl species. Hence, the described methodology with a low limit of detection ( $< 1$  ng  
386 Co as Cbl/g d.m.) and its precision of  $< 5\%$  and its accuracy of 94% it was suited to  
387 use for the determination of Cbl in fetal liver samples.

388

389





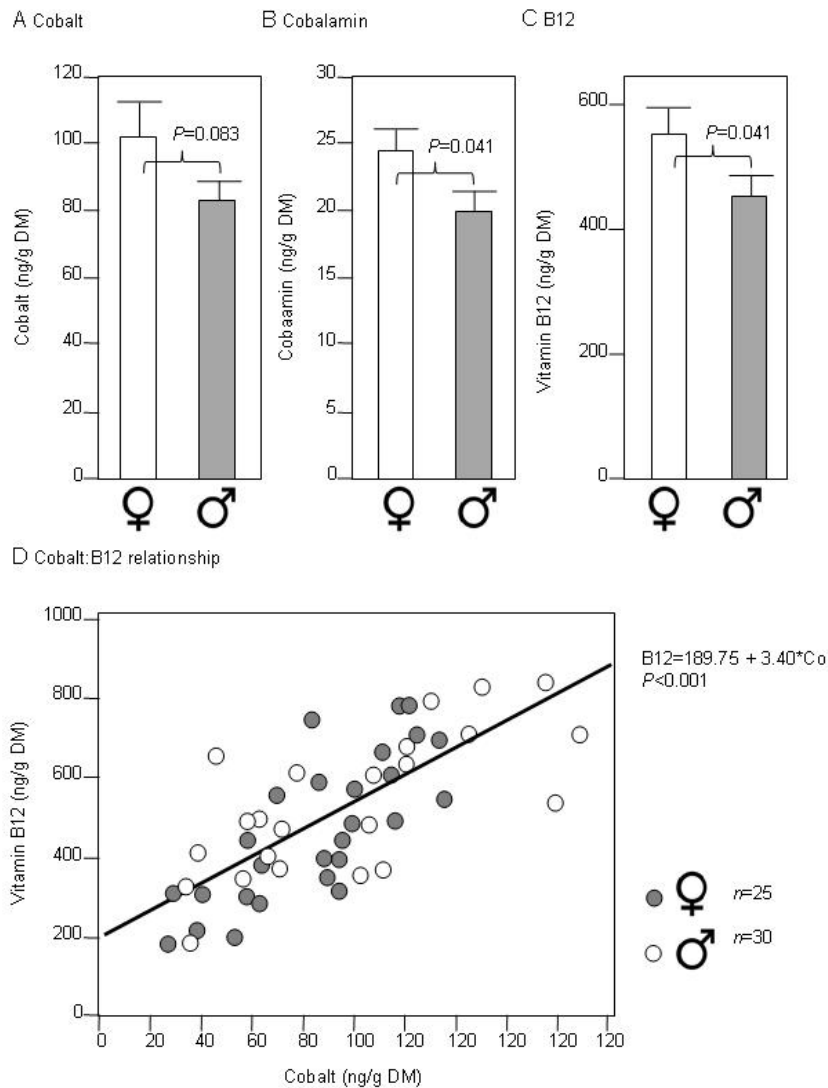
390  
 391 **Figure 4a-b:** 2 D cobalt map (1.5 x 1.5 mm)(a) from a shredded pig liver paste  
 392 (resolution of about 20  $\mu\text{m}$  with the  $\mu\text{XANES}$  spectra taken at the hotspots (b) in  
 393 comparison to the XANES spectra of four different cobalamin standards.  
 394

### 395 Human fetal liver samples

396  $\text{Co}_t$  in human fetal samples was analyzed in duplicate and showed a high variability  
 397 (25 to 190 ng Co/g d.m., detection limit 2 ng/g d.m. **Figure 5**). All livers had  $\text{Co}_t$  and

398 Cbl concentrations above the detection limits. The first results of the study has been  
399 published partly by Drake et al.<sup>11</sup> with regards to lifestyle influence on the Cbl  
400 concentration in the fetal livers without describing the analytical method in detail.  
401 Here, we describe the analytical method capable of measuring Cbl with high  
402 sensitivity and precision and subsequent aspects of the study which enabled us to look  
403 at a part of the study which was previously not described.

404 There was no correlation between weight and the Co<sub>t</sub> concentration neither was a  
405 significant gender difference found (unpaired two-way ANOVA, p=0.082). The Co<sub>t</sub>  
406 concentrations were comparable with those reported in by Caldas and Dorea.<sup>1</sup> When,  
407 however, the Cbl concentration was measured, a significant gender difference could  
408 be established (two-way ANOVA, p<0.05). The Cbl concentration in the female liver  
409 of non-smoking mothers was 643 ± 48 ng Vitamin B12/g dm, whereas male fetal liver  
410 of non-smoking mothers contained 497 ± 51 ng Vitamin B12/g. The reason why there  
411 is a gender difference is still unclear and how the C1 metabolism of the fetus is  
412 influenced when the mother smokes has been discussed elsewhere.<sup>11</sup> The data also  
413 indicate that the vitamin B12 concentration correlates linearly with the Co<sub>t</sub>  
414 concentration in the liver of the fetuses independent on the gender (P<0.001) (**Figure**  
415 **5**). However, even if the correlation is significant the variability was still very large  
416 within the data set and a precise measurement of Cbl needs to rely on direct  
417 measurement rather than interpolation from total Co (**Figure 5**).



418  
 419 **Figure 5:**  $Co_t$  (A) and Cbl concentration (expressed as ng Co/g liver (B) and as ng  
 420 Cbl/ g liver (C) in human fetal livers show a significant lower cobalamin level for  
 421 female fetal livers. The p-values given are based on ANOVA unpaired two way tests.  
 422 (D) shows the correlation of vitamin B12 and  $Co_t$ .  
 423

424 **CONCLUSION**

425 The method to determine cobalamin in liver samples described here is sensitive  
 426 enough to determine background levels of unbound and bound cobalt in fetal liver  
 427 samples. Although, we were unable to determine the individual physiologically active

428 forms of Cbl (Me-Abl and Ado-Cbl), all forms of Cbl could be transformed into CN-  
429 Cbl and determined quantitatively in liver samples with an accuracy of around 94 %  
430 and a precision of +/- 5 %. A significant amount of Co is in a non-characterized form  
431 in the extract, which however is not an artefact of the extraction method and a  
432 degradation product of Cbl species. Not only is  $Co_t$  not representing the amount of  
433 Cbl in the liver samples, the analyte is subject to large variability through the  
434 accumulation of inorganic Co, which seem to point to particulate Co. The nature of  
435 this uncharacterized cobalt needs to be studied in the future.

436

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449

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Figure 1