

Development of a comprehensive analytical platform for the detection and quantitation of food fraud using a biomarker approach. The oregano adulteration case study

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Abstract: Due to increasing number of food fraud incidents, there is an inherent need for the development and implementation of analytical platforms enabling detection and quantitation of adulteration. In this study a set of unique biomarkers of commonly found adulterants became the targets in the development of a LC-MS/MS method which underwent a rigorous in-house validation. The method presented very high selectivity and specificity, excellent linearity (R2>0.988) low decision limits and detection capabilities (<2%), acceptable accuracy (intra-assay 92-113%, inter-assay 69-138%) and precision (CV<20%). The method was compared with an established FTIR screening assay and revealed a good correlation of quali- and quantitative results (R2>0.81). An assessment of 54 suspected adulterated oregano samples revealed that almost 90% of them contained at least one bulking agent, with a median level of adulteration of 50%. Such innovative methodologies need to be established as routine testing procedures to detect and ultimately deter food fraud.

Development of a comprehensive analytical platform for the
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21 Due to increasing number of food fraud incidents, there is an inherent need for the development and implementation of analytical platforms enabling detection and quantitation 22 of adulteration. In this study a set of unique biomarkers of commonly found adulterants 23 became the targets in the development of a LC-MS/MS method which underwent a rigorous 24 in-house validation. The method presented very high selectivity and specificity, excellent 25 linearity ($R^2 > 0.988$) low decision limits and detection capabilities (<2%), acceptable 26 accuracy (intra-assay 92-113%, inter-assay 69-138%) and precision (CV<20%). The method 27 was compared with an established FTIR screening assay and revealed a good correlation of 28 quali- and quantitative results ($R^2 > 0.81$). An assessment of 54 suspected adulterated oregano 29

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In 2002 the European Union recognised the necessity for introducing the Food Law 57 58 (European Food Safety Authority, 2002) to protect consumers' health and provide improved confidence that the EU, as a major global trader in food, has the most stringent food safety 59 60 laws in the world. In order to facilitate consumers' informed choices, 'the food law should aim at the prevention of fraudulent or deceptive practices; the adulteration of food; and any 61 other practices which may mislead the consumer' (European Food Safety Authority, 2002). 62 Nevertheless, to date EU legislation does not provide a definition of food fraud. In a 63 64 European Parliament report 2013/2091(INI), following the horsemeat scandal, the key characteristics of food fraud were outlined and were similar to the definitions already 65 introduced in the USA (Johnson, 2014) - i.e. non-compliance with food law and/or 66 misleading the customer which is done intentionally and for financial gain resulting from 67 fraudulent practices such as adulteration, substitution, tampering or counterfeiting. At the 68 69 same time the 'Food Fraud Network' started to collect and exchange information in order to detect and prevent food fraud in the EU (European Commission, 2016). The largest available 70 71 summary of records (over 2,000) on food fraud is contained within the U.S. Pharmacopeia Food Fraud Database (U.S. Pharmacopeial Convention, 2016), which encompasses both 72 scholarly and media reports on the subject area. According to this database, during years 73 2011-2012 the number of fraud records increased by 60% when compared with the period 74 spanning 1980-2010. The first and second most affected food ingredients quoted being oils 75 76 and spices respectively, with the latter accounting for 16% of all records (Johnson, 2014). 77 Amongst these, there have been number of recent fraud incidents, potentially posing a health risk, such as addition of toxic colorants or botanic substitutes (Moore, Spink, & Lipp, 2012; 78 79 U.S. Pharmacopeial Convention, 2016). In addition there have also been reports on bulking agents used for the purpose of substitution/dilution of herbs (U.S. Pharmacopeial Convention, 80 2016; Marieschi, Torelli, Bianchi, & Bruni, 2011; Marieschi, Torelli, Poli, Bianchi, & Bruni, 81 2010) which is in agreement with a recent study focusing on oregano adulteration (Black, 82 Haughey, Chevallier, Galvin-King, & Elliott, 2016). Almost 25% of tested UK oregano 83 samples (n=78) were found to be adulterated with bulking agents, most commonly olive and 84 85 myrtle leaves. The levels of adulteration in some samples was found to be over 70%. This example of adulteration is a classic case of food fraud where the aim is to mislead consumers 86 for purely financial gain. This type of adulteration may pose health threats due to unknown 87

status of the bulking agents, thus exposing consumers to potentially toxic compounds present
in the botanical adulterants employed as well as potential microbiological and/or chemical
contaminants.

Each food fraud incident has the potential to threaten consumers' well-being but also 91 undermine confidence in the EU food market in which the herbs and spices' share is worth 92 1.8 billion Euro in the EU and 2.97 billion dollars world-wide (Marieschi, Torelli, Poli, 93 Sacchetti, & Bruni, 2009). Thus, the European Parliament issued a call to develop and 94 implement technologies and methods to detect food fraud including sensor technology and 95 fingerprinting approach (European Parliament, 2013). Such methods, including Fourier-96 Transform Infrared spectroscopy (FTIR) have been already successfully implemented in food 97 fraud detection (Ellis, Muhamadali, Haughey, Elliott, & Goodacre, 2015). DNA sequencing 98 techniques are also considered to be reliable, nevertheless, their limitations have been 99 100 discussed (Parveen, Gafner, Techen, Murch, & Khan, 2016) and make them unsuitable to be employed as stand-alone tools in the field of authentication. Furthermore, according to 101 102 European legislation concerning the performance of analytical methods (European Commission, 2002), those approaches would be classified as screening methods and as such 103 they are not fit for the purpose of confirming adulteration to required legal standards, due to 104 105 lack of chemical structure confirmation, if the legal action is to be pursued by industry or regulators. High Resolution Mass Spectrometry (HRMS) based fingerprinting approaches 106 107 have also been employed in food authentication, however even though such methods provide the possibility of detecting unusual deviations within the sample set, instrumental analysis is 108 time consuming, requires expensive equipment, data storage facilities and high processing 109 power (Esslinger, Riedl, & Fauhl-Hassek, 2014). Available targeted mass spectrometry based 110 methods designed for the purpose of adulteration confirmation usually employ food profiling 111 112 approach whereby sample classification is based on analysing a selected group of matrix constituents such as flavonoids in Ginkgo biloba or ginsenosides in Panax Ginseng (Xie, 113 Chen, Liang, Wang, Tian, & Upton, 2006; Yuan, Wang, Chen, Ye, & Zhou, 2016). Such 114 validated analytical methods ensure accuracy of the analytical determination (Esslinger, 115 Riedl, & Fauhl-Hassek, 2014), however are prone to 'targeted designed adulteration' 116 (Sanzini, Badea, Dos Santos, Restani, & Sievers, 2011) due to increased knowledge 117 regarding chemical composition of food commodities. 118

119 Consequently, designing an analytical approach suitable for rapid, cheap and reliable 120 detection and confirmation of adulteration still presents a challenge. Many important issues 121 such as selectivity and specificity of chosen markers in the presence of various botanic adulterants, methods' ruggedness as well as inherent biodiversity (De Falco, Mancini, 122 Roscigno, Mignola, Taglialatela-Scafati, & Senatore, 2013) must all be considered during 123 experimental design. Thus, the aim of the present study was to explore the possibility of 124 designing a holistic system allowing for both fast and reliable FTIR screening as well as cost 125 effective, simplified, liquid chromatography tandem - mass spectrometry (LC-MS/MS) based 126 confirmation for the purpose of oregano adulteration detection and quantitation. The 127 successful outcome of this study could lead to many other future applications of such a 128 129 system for the analysis of other types of food fraud.

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131 2. <u>Materials and methods</u>

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133 2.1.Reference plant material and identity confirmation

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135 A set of 38 samples were employed in the current LC-MS/MS method development and validation. Those included either certified reference materials (Origanum vulgare leaf and 136 Olea europaea leaf referenced against vouchered (AH0024) and reagent grade biomass 137 reference material respectively, both from LGC standards, Teddington, UK) or samples 138 supplied with full provenance and traceability including leaves of culinary Origanum species 139 such as Origanum vulgare and Origanum onites (n=11) as well as samples of potential 140 bulking agents including olive leaves - Olea europaea subsp. europaea (n=6), Myrtaceae 141 leaves including Myrtus communis and Myrtus communis var. communis (n=6), phlomis 142 leaves - Phlomis x cytherea (n=2), sumac leaves - Rhus coriaria (n=3), hazelnut leaves -143 144 Corylus avellana (n=3), sage leaves - Salvia officinalis (n=3) and cistus leaves - Cistus creticus (n=2). In order to experimentally confirm the identification of the samples, 145 specimens were compared morphologically against herbarium specimens and were also 146 assessed using DNA barcoding. Material has been deposited into the DBN herbarium tissue 147 bank in the National Botanic Gardens of Ireland (registration number DBN2017:04). 148

149 2.1.1. DNA extraction and PCR conditions

Genomic DNA was extracted from approximately 20 mg of lyophilized leaf tissue usingMacherey-Nagel NucleoSpin® Plant II kits according to the manufacturer's instructions, with

the exception that the cell lysis incubation step at 65°C was extended to 45 min. Species 152 identity was confirmed using DNA barcoding. Four regions were used, three plastid and one 153 nuclear region. The plastid regions were trnH-psbA (Kress, Wurdack, Zimmer, Weigt, & 154 155 Janzen, 2005), trnL-trnF (Taberlet, Coissac, Pompanon, Gielly, Miquel, Valentini, et al., 2007) and matK (Yu, Xue & Zhou, 2011). The nuclear region was the Internal Transcribed 156 Spacer region (ITS) (Kress, Wurdack, Zimmer, Weigt, & Janzen, 2005). Polymerase chain 157 reactions (PCR) contained 1 µL (~50 ng) of DNA template, 1 x Bioline MyTaq[™] Red Mix 158 (Bioline, USA) and 0.5 µM of the forward and reverse primers (Eurofins, Germany) in a total 159 volume of 20 µL. PCR cycle conditions were: 94°C for 2 min followed by 40 cycles of 94°C 160 for 1 min, 58°C for 1 min and 72°C for 1 min, with a final 10 min extension at 72°C. PCR 161 products were purified using the ExoSAP method (New England Biolabs) and sent to 162 Macrogen Europe for direct sequencing in one direction. 163

164 2.1.2. DNA sequence analysis

DNA sequences were aligned and cleaned using Sequencher v. 4.10.1 (Gene Codes Corporation). Cleaned sequences were BLASTed against sequences available in GenBank and the top hits were checked for matches with the expected taxon. Results are presented in Table S1.

169 2.2.Sample preparation

The protocol described was based on the extraction published in the previous study (Black, 170 Haughey, Chevallier, Galvin-King, & Elliott, 2016) and simplified herein by decreasing the 171 volume of the extraction solvent from 2 mL to 0.5 mL, sonication time was shortened from 172 173 15 min to 10 min while final solvent exchange and filtration steps were abandoned to shorten the analysis time. Shortly, the samples were milled to a homogenous powder on a PM-100 174 Retsch Planetary Ball Mill (Retsch, Haan, Germany). 50 mg (+/- 1%) was weighed out on a 175 Discovery DV215CD Analytical Balance (Ohaus Europe GmbH, Nanikon, Switzerland) into 176 a 1.5 mL Eppendorf tube and 500 µL of ultra-pure water (18.2MΩ/cm)/LC-MS Chromasolv 177 methanol (1:1, v/v) solution added (Merck Millipore, Billerica, USA and Sigma-Aldrich, St 178 Louis, MO, USA respectively). Samples were then extracted by vortexing 10 min at 2,500 179 rpm with a DVX-2500 Multitube Vortexer (VWR International, Lutterworth, UK), sonicated 180 for 10 min in camSonix C1274 sonicator (Camlab, Cambridge, UK) and centrifuged at 9,500 181 182 x g in a MIKRO 200R centrifuge (Hettich UK, Salford, UK). 300 µL of the resulting 183 supernatant was transferred into a maximum recovery vial (Waters, Manchester, UK) and184 analysed on the same day.

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186 2.3.Untargeted LC-HRMS analysis

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An untargeted approach has been developed to detect herb adulteration and is the basis of 188 present, follow up targeted study (Black, Haughey, Chevallier, Galvin-King, & Elliott, 2016). 189 190 Briefly, oregano and adulterants' (olive, *Myrtaceae*, phlomis, sumac, and hazelnut leaves) extracts were analysed employing Waters Acquity I-Class UHPLC. The LC column and 191 mobile phases system consisted of Waters Acquity HSS T3 column (2.1 x 100 mm, 1.8 µm), 192 maintained at 45°C while the pump was operated at a flow rate of 0.4 mL/min with mobile 193 phases A, 0.1% formic acid in water and B, 0.1% formic acid in methanol. A linear gradient 194 from 99%A to 1%A over 20 min was applied and the same LC conditions were applied 195 during initial targeted method development. Mass spectral data were acquired over the range 196 m/z 50-1200 in both positive and negative ion mode using a Waters Acquity I-Class UHPLC 197 coupled to a G2-S quadrupole time of flight (O-ToF) mass spectrometer. The raw data 198 generated were processed following a Progenesis QI 2.0 software work flow. The processed 199 200 data were then subjected to multivariate analysis using SIMCA 14.0 (Umetrics, Sweden). Principal component analysis (PCA) and orthogonal partial least squares discriminate 201 202 analysis (OPLS-DA) were used for building the qualitative models.

The PCA score plots generated (Figure S1 – supplementary material) showed clear separation 203 204 between the authentic oregano and adulterant samples. The discovery of characteristic 205 biomarkers for each adulterant was achieved by generating individual OPLS-DA models for each adulterant against pure oregano, with Table S2 (supplementary material) identifying the 206 measure of fit (R^2) , the measure of predicative ability (Q^2) and RMSECV values for each 207 OPLS-DA model. These individual models enabled us to create S-plots which identified a set 208 of ions in both ionisation modes for each adulterant. As a result, these ions were thoroughly 209 investigated using both the raw data and Progenesis QI 2.0 to guarantee that they were not 210 present in any of the authentic oregano samples. Overall a total of 23 adulterant markers were 211 identified and were used to generate an in-house database within Progenesis QI software. Due 212 to lack of full chemical identification all biomarkers were assigned arbitrary IDs stemming 213 from the first letter of the adulterant's name, consecutive number and ionisation mode in 214

which they were analysed. Tables with all biomarkers' arbitrary IDs, their retention times and
neutral masses are presented in supplementary material (Table S3 and S4).

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218 2.4.Targeted LC-MS/MS analysis

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- 220 2.4.1. Experimental conditions

Analysis was performed on an Acquity UHPLC I-Class system (Waters, Milford, MA, USA) 221 coupled to Xevo TQ-MS triple quadrupole mass analyser (Waters, Manchester, UK) 222 operating both in positive and negative electrospray ionisation modes. The following settings 223 were applied: capillary voltage was set at 2.5 and 1.0 for positive and negative mode 224 respectively. The desolvation and source temperatures were set at 500 and 150°C, 225 respectively, while nitrogen cone and desolvation flow rates were set to 50 and 750 L/hr. 226 Argon was employed as a collision gas, with a flow of 0.15 mL/min, yielding a collision cell 227 pressure of 2.5 x 10^{-3} mBar. Inter -scan and -channel delays were both set to 3 ms while dwell 228 times ranged from 14 to 76 ms. 229

Analytes' separation was performed on a Waters Acquity HSS T3 column (2.1 x 100 mm, 1.8 µm), maintained at 45°C while the pump was operated at a flow rate of 0.4 mL/min. Mobile phases consisted of A, 0.1% formic acid in water and B, 0.1% formic acid in methanol. A linear gradient was then adjusted to achieve more efficient separation time i.e. isocratic 0 – 0.8 min 65%A, linear 0.8 – 4.20 min 20%A and isocratic column equilibration 4.30 – 6 min at 65%A. After each injection the needle was washed and purged with water/methanol (1:1, v/v) solution.

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238 2.4.2. Biomarker selection and method development

Monitored biomarkers' transitions were determined during multivariate analysis of data acquired during untargeted UHPLC-HRMS analysis. Each biomarker's spectrum was acquired on the TQ-MS in full scan mode applying the same chromatographic conditions (described in 2.3.) as in the non-targeted analysis and compared to respective spectrum acquired on Q-ToF (supplementary material – Figure S4 – S8). At least three most prominent fragments of each biomarker's precursor were selected for its respective MRM window and

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chromatographic conditions adjusted, substantially decreasing analysis time. The most 245 suitable spectrometric conditions were achieved by repeated on-column injections of a pooled 246 adulterant sample. Each of the selected adulterants was found to contain at least one specific 247 molecule (specified in Figure 1) i.e. olive leaves (O1- and O2-), Myrtaceae leaves (M1- and 248 M1), sumac leaves (S2 and S3), hazel leaves (H1, H2 and H1-) and phlomis leaves (Ph2-). 249 Unfortunately, no fully specific marker for oregano itself could have been established. To 250 date none of the selected compounds has been successfully identified due to high number of 251 structural isomers of suspected compounds, nevertheless, the minimal requirements of 252 chemical characterization of unknown metabolites is fulfilled as outlined by Chemical 253 Analysis Working Group within Metabolomics Standards Initiative (Sumner, Amberg, 254 Barrett, Beale, Beger, Daykin, et al., 2007). To increase reliability of the method, the three 255 most selective and specific fragments for each of the biomarkers were identified during 256 selectivity study (Figure 1), yielding 5.5 identification points per compound as defined in 257 Commission Decision 2002/657/EC (European Commission, 2002), and their ion ratios 258 closely monitored. 259

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261 2.4.3. Method validation

The method was validated based on Commission Decision 2002/657/EC (European
Commission, 2002).

Selectivity and specificity were established by assessing interferences in the UHPLC-MS/MS traces between a number of authenticated samples' extracts (n=38, as described in 2.1.) representing different varieties of oregano, bulking agents and other culinary herbs, including cistus and sage which have not been previously assessed by HRMS, thus no markers could be elucidated.

Linearity was assessed for two main adulterants i.e. olive and *Myrtaceae* leaves as assessed previously during commercial samples' survey (Black, Haughey, Chevallier, Galvin-King, & Elliott, 2016). Four different calibration curves per adulterant were prepared, using authenticated samples with most varied concentrations of selected biomarkers (as assessed during pre-screening) at levels 5, 10, 20, 40 and 60% (w/w) adulteration each.

Due to the fact the method was developed employing incurred material which composition
varies and is dependent on factors such as genotype, environment or developmental stage (De

Falco, Mancini, Roscigno, Mignola, Taglialatela-Scafati, & Senatore, 2013), the assessment of resulting biodiversity within species (United Nations, 1992) in different oregano and adulterant matrices (n=21) was performed by analysing composites of varying oregano and either of the two main adulterants samples at adulteration level of 10% (w/w). Results of this study were also employed in the intra-day repeatability assessment.

To assess matrix effects as well as their influence on accuracy and within laboratory reproducibility (WLR), analysis of 3 levels of adulteration with 3 mixtures containing both olive and *Myrtaceae* leaves was performed. Mix 1 consisted of 10% and 60%; mix 2 - 30% and 30%; mix 3 - 60% and 10% (w/w) of olive and *Myrtaceae* leaves. Six replicates of each mix were extracted and analysed by three different operators on three different days (n=54).

286 Decision limit (CC α) and detection capability (CC β) – as defined in (European Commission, 287 2002) - were established by performing a linear regression employing WLR results. The 288 intercept's standard deviation was used for establishment of limits. To confirm the 289 extrapolation results, the standard deviation of measured adulteration of 20 extracts, blended 290 at 1.5% (w/w) adulteration level (composite sample containing all five adulterants), was used 291 to experimentally confirm those limits for both olive and *Myrtaceae* leaves and assess them 292 for the rest of the adulterants.

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294 2.5.Screening employing Fourier-Transform Infrared (FTIR) analysis

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296 2.5.1. Sample preparation of adulterated oregano

Adulterated samples were prepared by spiking authentic oregano samples in 10% increments, from 0-100% w/w, with all adulterants. This range was chosen as economically motivated adulteration tends to occur at concentrations at least 10% and above.

300 2.5.2

2.5.2. Spectral Data Acquisition using FTIR

For FTIR, the milled samples were placed in the ATR sample area of a Thermo Nicolet iS5
spectrometer (Thermo Fisher Scientific, Dublin, Ireland) equipped with ATR iD5 diamond
crystal and ZnSe lens and DTGS KBr detector and acquired as previously described (Black,
Haughey, Chevallier, Galvin-King, & Elliott, 2016).

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306 2.5.3. Multivariate Analysis of FTIR Spectral Data

Multivariate analysis was used for quantitative analysis FTIR spectroscopic data. The 307 analysis was carried out using the chemometric software packages TQ Analyst (Thermo 308 Fisher Scientific, Dublin, Ireland) using the partial least squares regression (PLS-R) 309 algorithm in the current study for quantitative model building as well as SIMCA 14 (MKS, 310 Sweden) for qualitative model building using principal component analysis (PCA). The 311 quantitative calibration model selected was obtained using the lowest standard error of 312 prediction to minimise the possibility of over-fitting when the model accuracy was evaluated. 313 Calibration models were developed from FTIR spectral data in the wavenumber range 600-314 4000 cm⁻¹ which included the molecular fingerprint region. The data pre-treatments examined 315 were none (raw data), 1st and 2nd derivatives calculated in conjunction with the Savitzky-316 317 Golay smoothing methods and also pre-processed using the standard normal variate (SNV) technique which compensates for differences in pathlengths due to light scattering effects. To 318 select the calibration and validation data, TQ Analyst uses the information in the components 319 table, related to the analyte of interest, to construct a multidimensional sample space. It then 320 uses statistical guidelines related to the spectral and/or concentration data to randomly select 321 calibration and validation standards from the space sample model which is repeated until a 322 323 complete set of each is available.

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325 3. <u>Results and discussion</u>

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Selectivity and specificity of the LC-MS/MS method were assessed by monitoring 327 chromatographic traces after injecting different extracts of oregano and the most common 328 329 adulterants - olive leaves and Myrtaceae leaves as well as less common bulking agents such as sumac, hazelnut, phlomis and cistus or other culinary herbs for potential interferences such 330 as sage (n=38). No cross-talk was noted for the selected biomarkers. To further increase 331 reliability, confirmation of adulteration with a specific bulking agent was only permitted in 332 the presence of all associated biomarkers. Oleuropein, which was previously described in the 333 literature as a marker selective for oregano adulteration with olive leaves (Bononi & Tateo, 334 2011), was shown to be also present in Myrtaceae leaves (Figure S9 - supplementary 335 material), which is not reported in the literature, and was thus rejected in the present study. 336 Nevertheless, the efficiency of electrospray ionisation varies depending on the analytes' 337

chemical structure and lack of analytical standards for other olive leaves markers halts reliable assessment of resulting differences in sensitivity. Thus, the possibility of oleuropein presence in the samples due to even minimal sample contamination with olive leaves, which would not be picked up during DNA analysis nor FTIR, should not be excluded and further examination of *Myrtaceae* leaves for the presence of oleuropein should be performed.

Linearity assessment revealed that only one of two selected biomarkers specific to each olive 343 and Myrtaceae leaves expressed acceptable linear correlation with the level of adulteration 344 (O2- and M1, as presented in Figure S2). Employing those biomarkers yielded excellent 345 linearity in varying matrices (n=4) with goodness of fit coefficients higher than 0.988 for six 346 point curves (including zero) for both adulterants tested. Biodiversity assessment (Table 1) 347 revealed that even in varying matrices, the accuracy of method is acceptable, ranging from 348 109-113% for olive and 100-110% for Myrtaceae leaves. Good intra-day repeatability was 349 also achieved in this study with maximum covariance of 17 and 18% for olive and Myrtaceae 350 leaves. The assessed repeatability, thus accounts for natural variability of the matrix 351 constituents, markers' levels in the assessed matrices, as well as possible commercial sample 352 composition and inherent analytical within-day variability of the method. Nevertheless, 353 samples containing biomarkers at levels outside characterised range should not be ruled out. 354

During the WRL assessment (Table 2), the method presented excellent reproducibility with 355 covariance values below 10%. Nevertheless, accuracy of the method was shown to be 356 affected by the presence of other adulterants at levels higher than 30%. Samples with 10% 357 adulteration were heavily affected by the presence of the other adulterant, at 60%, revealing 358 signal enhanced by almost 40% in case of the olive leaves biomarker while the Myrtaceae 359 leaves biomarker was suppressed by 30%. Such interactions were not noted whenever two 360 adulterants were tested separately during the biodiversity study, thus alteration in accuracy 361 was attributed to matrix effects exerted by the other adulterant and was shown to be heavily 362 dependent on its concentration. Thus, attention must be paid whenever quantifying samples 363 adulterated with other bulking agents at levels higher than 30%. Nonetheless, a performed 364 regression presented excellent linearity (Figure S3) and yielded very low values of $CC\alpha$ -365 1.27% and 1.18% - CC β – 2.16% and 2.02% - for olive and *Myrtaceae* leaves, respectively 366 (Table 2). To confirm those results, 20 oregano samples were adulterated at the level of 1.5% 367 (chromatographic traces presented in Figure S10 - supplementary material) and measured 368 concentration deviation assessed to determine experimental CC β values – 1.76% and 1.54% -369 which were both similar to those achieved through extrapolation for olive and Myrtaceae 370

leaves. The values may be slightly lower due to the assessment performed at a singular 371 adulteration level and on the same day, thus limiting experimental variability. Additionally, 372 $CC\beta$ s were assessed for three other bulking agents i.e. sumac, hazelnut and phlomis leaves. 373 Assessed standard deviation, based on the absolute response, was employed and following 374 detection capabilities established: 1.45%, 1.43%, 1.70% for sumac, hazelnut and phlomis 375 leaves respectively. The achieved limits are in line with 'oregano cleanliness specifications' 376 outlined by the American Spice Trade Association and European Spice Association i.e. 1% 377 and 2% (w/w) of extraneous matter respectively (American Spice Trade Association, 1999; 378 379 European Spice Association, 2015).

Regarding FTIR analysis, Figure 2 presents the PCA qualitative model and the PLS-R 380 quantitative model for both Origanum onites and vulgare adulterated with olive leaves and 381 Myrtaceae leaves. The PCA models, unsupervised and based purely on the differences found 382 in the spectral data, shows clearly the differences between samples spiked at various levels of 383 384 adulterants. In both PCA models for *onites* and *vulgare* respectively, the first three principal components calculated explain the majority of the differences (92.5% and 93.7%) between 385 samples: onites PC1 55.6% PC2 30.8% PC3 6%; vulgare PC1 57.3% PC2 30.5% PC3 5.9%. 386 Using the unsupervised PCA technique, clear differences can be observed between the 387 adulterated and authentic oregano samples. The PLS-R calibration models were derived using 388 pre-processing (SNV, 1st derivative with Savitzsky-Golay smoothing) of the FTIR spectral 389 data and includes the corresponding root mean squared error of calibration (RMSEC) and 390 root mean squared error of prediction (RMSEP). These latter values give an indication of the 391 quality of the calibration models generated. The calibration models for each set of samples 392 gave excellent correlation values (R^2) of 0.99 whilst the corresponding values for RMSEC 393 and RMSEP were found to be 1.48 - 1.68% and 1.42 - 2.64%. The graphical representation 394 395 for each of the PLS calibration models generated for respective oregano species show the actual concentration on X-axis versus calculated (predicted) concentration on the Y-axis. The 396 samples used for calibration are indicated by the circles whilst those used for validation are 397 indicated by crosses. The calibration models produced with subsequent validation data 398 indicate that this FTIR spectral data approach could potentially be used to detect fraud and 399 adulteration of oregano with an indication of the levels of adulterants present. Therefore 400 routine testing of oregano shipments with FTIR and chemometrics could potentially lead to 401 reduced levels of fraud in the herb sector. 402

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404 Method comparison

Both methods described were compared by means of qualitative and quantitative analysis of54, suspect, oregano samples.

407 Qualitative correlation of methods for adulteration determination (defined as correct classification of each of the 54 samples as adulterated or pure) for both olive leaves and 408 Myrtaceae were 94%, due to 3 adulterated samples being below the FTIR's model lowest 409 concentration (10%). Additionally, out of 9 samples containing sumac, 6 were below the 410 FTIR's lowest concentration thus misclassified, but still yielded an 89% correct classification 411 rate. None of the samples were found to be adulterated with hazelnut or phlomis in the study. 412 However, 12 samples were adulterated with cistus which were detected by FTIR only, as no 413 exclusive biomarker could be found to confirm cistus adulteration by LC-MS/MS. 414

In terms of quantitative correlation for olive and Myrtaceae leaves adulteration, both methods 415 show good correlation (Figure 3). In the case of samples with high levels of adulteration with 416 olive leaves (4 samples above 90%) the methods showed slightly lower correlation (R^2 = 417 0.73), however, if only samples with adulteration levels below 90% are taken into 418 consideration, higher correlation was achieved ($R^2 = 0.85$). Keeping that limitation in mind, 419 the estimation of the levels of adulteration for both olive and *Myrtaceae* leaves ($R^2 = 0.81$) 420 achieved during FTIR screening can be relied on, due to almost neutral slope and intercept 421 values achieved during correlation assessment (Figure 3). 422

The samples chosen for LC-MS/MS analysis were initially suspected of adulteration via the FTIR method as well as a portion of samples shown to be non-adulterated. The results have shown that the samples analysed were correctly predicted by each method with 87% of samples containing at least one of the bulking agent tested for (Figure 4a). Out of those, 42% contained more than one adulterant. The median level of adulteration was established to be 50% (25th percentile at 31% and 75th percentile at 75%) (Figure 4b).

429 4. <u>Conclusions</u>

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The newly developed platform consisting of a screening FTIR assay and an LC-MS/MS
confirmatory, semi-quantitative assay for detection, confirmation and quantitation of oregano
adulteration was thoroughly assessed. Total analysis time, including sample preparation, was
30 min, with minimal sample processing costs required. The LC-MS/MS method presented

435 high selectivity and specificity, good repeatability and accuracy, with low limits of detection and quantitation, in line with the herb and spice industry guidelines. Validation study 436 underlines the need of complex assessment of the tested matrices, expected adulterants and 437 438 their mixtures whenever developing similar methods due to possible matrix effects, directly 439 influencing the quantitation obtained. Even though the platform developed presented good analytical performance in detecting selected non-culinary bulking agents, oregano samples 440 441 have been also reported to be substituted with other, volatile species such as marjoram and winter savory which highlights the need for further method development. Also, fraudsters are 442 known to change their mode of action when exposed, possibly leading to abandoning the 443 bulking agents employed which stresses the importance of further expansion and 444 improvement of botanicals data base to increase both methods' applicability and ruggedness. 445 The results also stress the importance of adopting a holistic approach to the detection of 446 adulteration. Auxiliary methods, such as DNA barcoding or FTIR in this case, may reveal 447 invaluable insights into tested sample's composition and improve their classification due to 448 advantages of multi-variate, fingerprint analysis. 449

The results obtained in terms of the level and complexity of oregano adulteration clearly demonstrate a need for further development of such analytical platforms due to the increasing likelihood of adulteration for economic gain, now being discovered in many food products.

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Figure 1. Monitored transitions of the selected adulterant markers during LC-MS/MS analysiswith the respective chromatographic traces (presented in the respective row). Markers and

- transitions with asterisk were employed as quantifiers.
- Figure 2: Qualitative PCA and Quantitative PLS-R models for oregano *Origanum vulgare*
- and *Origanum onites* adulterated with olive leaves and *Myrtaceae* leaves based on FTIR data.

619 Figure 3. Correlation of quantitation results between FTIR screening method and LC-MS/MS

620 targeted method for olive (a, b) and *Myrtaceae* leaves (c) results. Graphs a) and b) represent

- two differing sample sets i.e. a) include all of the adulterated samples above FTIR LOD
- 622 (n=51) while b) only samples below 90% adulteration level.
- Figure 4. a) Composition of the adulteration in the assessed samples (sum of adulteration

624 confirmed by LC-MS/MS and FTIR for cistus). b) Percent total adulteration distribution in

625 positive samples (whiskers 5-95 percentile).

Oregano Olive leaves Myrtaceae leaves leaves Measured Measured Sample Sample Sample Accuracy Accuracy Repeatability adulteration adulteration Repeatability # # # [%] [%] [CV, %] $[\%]^{a}$ [CV, %] [%] 10.5 10.4 9.0 10.5 9.2 10.6 7 92 CRM 4 3 105 24 9.4 10.8 8.9 10.9 9.1 10.1 8.7 1 3 14.5 13.3 2 11.5 4 10.2 21 11.3 19 11.8 24 13 109 18 110 25 11.1 27 10.9 90 10.8 89 10.5 123 8.6 125 7.8 CRM 10.0 27 11.5 12.0 7.9 10 11 14.5 12.2 12 10.4 10.7 CRM 17 113 4 13 100 24 10.8 9.5 28 11.4 8.6 31 8.9 9.3 CRM 13.6 9.5

Table 1. Results of biodiversity assessment based on measured % adulteration in 21 extracts of varying mixtures of oregano (n=7) and either olive (n=7) or *Myrtaceae* leaves (n=6) samples at adulteration level of 10%.^a One sample was rejected due to analyst's random error during the extraction.

Adulterant	Adulteration level [%]	Reproducibility [CV, %]	Accuracy [%]	ССа [%]	CCβ [%]	Experimental CCβ [%]
Olive	10%	8.3	138			
leaves	30%	7.5	107	1.27	2.16	1.76
(n=54)	60%	3.4	99			
Myrtaceae	10%	7.0	69			
leaves	30%	5.7	81	1.18	2.02	1.54
(n=54)	60%	4.2	94			

Table 2. Results of WRL assessment based on measured % adulteration in three mixtures, all containing both *Myrtaceae* and olive leaves, each extracted 6 times, on three different days (n=54).

Figure1 Click here to download Figure(s): Figure 1.docx

•		Molecular	Fragment	CE	MRM	, ,
Adulterant	Biomarker	lon [m/z]	lons [m/z]	\sum	window	ESI
			100.6	20		
	01-	403.3	119.0	20	7	ı
Olive			223.2	20		
leaves			487.1 *	40		
	02- *	827.4	529.6	40	10	ı
			781.0	20		
			153.2 *	30		
	M1 *	555.24	223.0	20	4	+
Myrtle			315.0	20		
leaves			218.2	40		
	M1-	380.9	261.0	20	9	ı
			291.0	20		
			153.0	40		
	S2	1075.0	305.0	30	5	+
Sumar			457.0	20		
Aplino			377.0 *	50		
	S3 *	539.0	403.0	40	б	+
			419.0	20		
			107.0	20		
	Η1	297.2	133.0	20	7	+
			191.1	10		
111			133.0 *	20		
Hazelnut leaves	H2 *	297.1	177.0	10	1	+
524721			191.0	10		
			118.0	20		
	H1-	475.3	188.9	30	6	·
			295.0	10		
			142.7	30		
Phlomis	Ph2- *	450.8	224.8 *	20	8	ı
			243.0	20		

















Supplementary Material Click here to download Supplementary Material: SUPPLEMENTARY MATERIAL.docx

- A novel analytical platform, allowing for detection, confirmation and quantitation of herb adulteration in 30min, has been developed.
- A confirmatory, LC-MS/MS method, based on biomarker discover, has been successfully validated.
- The comparison of the LC-MS/MS method and a screening FTIR method, revealed good correlation of adulteration quantitation.
- A survey of suspected samples revealed high incident and levels of oregano adulteration.