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1 **Arsenic and Fluoride Removal from Contaminated Drinking Water with Haix-Fe-Zr**  
2 **and Haix-Zr Resin Beads**

3  
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14  
15 **Abstract**

16 The objective of the study was to carry-out batch tests to examine the effectiveness of  
17 Haix-Fe-Zr and Haix-Zr resin beads in the removal of As(III), As(V) and F<sup>-</sup> from  
18 groundwater with a similar geochemistry to a site where a community-based drinking water  
19 plant has been installed in West Bengal, India. The groundwater was spiked separately with  
20 ~200µg/L As(III) and As(V) and 5mg/L F<sup>-</sup>. Haix-Zr resin beads were more effective than  
21 Haix-Fe-Zr resin beads in removing As(III) and As(V). Haix-Zr resin beads showed higher  
22 removal of As(V) compared to As(III). Haix-Zr resin beads removed As(V) below the WHO  
23 (10µg/L) drinking water standards at 8.79µg/L after 4 hours of shaking, while As(III) was  
24 reduced to 7.72µg/L after 8 hours of shaking. Haix-Fe-Zr resin beads were more effective in  
25 removing F<sup>-</sup> from the spiked groundwater compared to Haix-Zr resin beads. Concentrations  
26 of F<sup>-</sup> decreased from 6.27mg/L to 1.26mg/L, which is below the WHO drinking water  
27 standards (1.5mg/L) for F<sup>-</sup>, after 15 minutes of shaking with Haix-Fe-Zr resin beads. After  
28 20 minutes of shaking in groundwater treated with Haix-Zr resin beads, F<sup>-</sup> concentrations  
29 decreased from 6.27mg/L to 1.43mg/L. In the removal of As(III), As(V), and F<sup>-</sup> from the  
30 groundwater, Haix-Fe-Zr and Haix-Zr resin beads fit the parabolic diffusion equation (PDE)  
31 suggesting that adsorption of these contaminants was consistent with inter-particle diffusion.

1 **Keywords:** Arsenic contaminated drinking water, Fluoride contaminated drinking water;  
2 Haix-Zr beads; Haix-Fe beads; adsorption; drinking water treatment

3

4

## 1. Introduction

5 Arsenic and F<sup>-</sup> contamination of water resources are rapidly spreading globally,  
6 necessitating an urgent need to provide safe drinking water to these areas. Drinking water  
7 harvested from underground sources in many parts of the world, especially in India, contain  
8 concentrations of As well above the Bureau of Indian Standards BIS:10500 (BIS, 2012),  
9 World Health Organization (WHO, 2011) and US Environmental Protection Agency (EPA)  
10 limits of 10µg/L (EPA, 2001). The As contamination of drinking water in the Ganga–  
11 Meghna–Brahmaputra (GMB) plain with an area of 569,749 km<sup>2</sup> and a population of >500  
12 million covering a large area of Bangladesh and India, is considered one of the worse  
13 catastrophes in recent times (Ravenscroft et al., 2005; Bhattacharya et al., 2007; Bundschuh,  
14 2012). This crisis affects millions of people and has spread to Northeast Asia, affecting  
15 Vietnam, Cambodia, Laos, Myanmar, and other nearby countries (Berg et al., 2007; Stanger  
16 et al., 2005; Bearak, 1998). Initial stages of health effects, referred collectively as  
17 arsenicosis, usually manifests after about 10 years of chronic exposure of >50mg/L of As.  
18 Common arsenicosis manifests as skin lesions, particularly in the palm of the hands and  
19 bottom of the feet, which over time become cancerous and eventually lead to gangrene.  
20 Lung, bladder, and kidney cancer are associated with later stages of arsenicosis (Bagla and  
21 Kaiser, 1996). To add to this crisis, growing agricultural demand and increased populations  
22 have resulted in excessive groundwater withdrawals, which have increased the dissolution of  
23 As due to weathering of minerals in the aquifers (Bagla and Kaiser, 1996).

24

Fluoride contamination is commonly high in soil and rock materials in arid regions.

25

The North-western states and the Deccan Plateau region of India are especially affected.

1 Elevated concentrations of  $F^-$  can occur in drinking water from a range of groundwater  
2 sources. It is well known that a very small amount of  $F^-$  is good for the teeth and bones.  
3 However, prolonged consumption of  $F^-$  contaminated groundwater  $>1.5\text{mg/L/day}$  can lead to  
4 fluorosis (mainly skeletal and dental), especially if the person is malnourished  
5 (Krishnamachari, 1976). Fluorosis is a growing world-wide problem estimated to affect 200  
6 million people from 25 nations (Raj and Umayorubhagan, 2013). Additionally, there is  
7 evidence that the rapid spread of elevated concentrations of  $F^-$  in drinking water collected  
8 from shallow wells is linked to soil degradation (Jaglan and Qureshi, 1996; Jacks et al.,  
9 2005).

10 Most of the populations suffering the effects of either As or  $F^-$  contaminated  
11 groundwater are in impoverished rural communities in arid environments where temperatures  
12 are elevated resulting in the need to consume more water. Drinking of groundwater is  
13 preferred to surface water in these areas because it is more hygienic, tastes better and easily  
14 available. Therefore, it is crucial to set-up As and  $F^-$  removal systems for drinking water on  
15 an emergency basis. Several As and  $F^-$  removal technologies for safe drinking water have  
16 been developed over the last three decades and have gained wide-scale field applications,  
17 such as the Subterranean Arsenic Removal (SAR) technology which uses oxidation  
18 accelerated by autocatalytic effects of the oxidation products and chemo-autotrophic  
19 microorganisms (Sengupta et al., 2009).

20 However, many of these technologies also use sorption onto iron, titanium, and  
21 zirconium oxides (Suzuki et al., 2000; Dutta et al., 2004, Bang et al., 2005; Aredes et al.,  
22 2013). A sorbent medium gaining wide-spread use is anion exchange resin beads, such as  
23 Haix-Fe, which use polymeric ligand exchange for selective As (Ramana and SenGupta,  
24 1992). Haix-Fe resin beads installed in water treatment plants have had successful field  
25 applications in rural villages of India, especially in West Bengal, in treating As contaminated

1 water with large columns connected to tube wells (Sengupta et al., 2009). Additionally, a  
2 SAR plant has been retrofitted with a Haix column that acts as a polisher for supplying safe  
3 drinking water to a growing population (Mukhopadhyay et al., submitted). Groundwater is  
4 pumped by electric water pumps or by hand to the top of the column and when the water  
5 enters the column it is aerated.  $\text{Fe}^{2+}$  from the water is oxidized to  $\text{Fe}^{3+}$  which is then filtered  
6 by the adsorbent bed. Hydrated Fe(III) oxide (HFO) nano-particles that form on top of anion  
7 exchange Haix-Fe resin beads in the column help remove the As(V) and As(III) from the  
8 water before it enters the resin bead section of the column. The resulting arsenic levels will  
9 be below the WHO and EPA's safe drinking standards of  $10\mu\text{g/L}$  (EPA, 2001). Recently,  
10 HAIX-Zr has been developed as an adsorbent that can be used in the community-based water  
11 treatment systems/columns that are currently using HAIX-Fe resin beads. HAIX-Zr is  
12 designed to treat F containing groundwater; however, its properties also allow it to treat  
13 As(V) containing groundwater at a greater capacity compared to  $\text{F}^-$  (Padungthon et al., 2014,  
14 2015). These beads are durable as no physical or chemical degradation of the Haix-Zr resin  
15 beads have been observed after regeneration (Padungthon et al., 2015). By combining these  
16 metal oxide nano-particles of hydrated iron oxides with the chemically and mechanically  
17 stable polymeric ion exchange resins, a synergistic effect is created from enhancing the  
18 ligand sorption affinity of HFO and  $\text{HZrO}$  which is assisted by the Donnan membrane effect  
19 (Smith et al., 2015). Additional batch tests should be carried-out to validate this point.

20 A community-based water treatment plant installed in a village in West Bengal, India  
21 is supplying water to a growing population of people, therefore, a Haix column containing  
22 Haix-Fe resin beads has been retrofitted as a polishing unit onto the SAR water treatment  
23 plant. The groundwater had elevated As concentration in the range of  $150\mu\text{g/L}$ , high above  
24 the WHO guideline (Mukhopadhyay et al., submitted). This project used groundwater with  
25 similar geochemical parameters to groundwater used as drinking water in a this village and

1 nearby areas where F concentrations are also high. This project examines the potential to  
2 use the Haix-Zr and Haix-Fe-Zr resin beads at this site and nearby sites. Although the  
3 adsorption HAIX-Zr and HAIX-Fe resin beads have been investigated in other studies  
4 (Ramana and SenGupta, 1992; Padungthon et al., 2014, 2015), this is the first time the new  
5 hybrid HAIX-Fe-Zr resin beads have been investigated in the removal of As and F. As and F  
6 contaminated groundwater is a crisis in Asia, especially in India (Ravenscroft et al., 2005;  
7 Bhattacharya et al., 2007; Bundschuh, 2012) and is a growing world-wide concern (Berg et  
8 al., 2007; Stanger et al., 2005; Bearak, 1998). The HAIX range of resin beads have  
9 demonstrated great promise in removing As and F from drinking water, especially in  
10 community based programmes, such as Drinkwell, where residents of villages are trained to  
11 run the treatment plants and in larger commercial plants in the USA (SenGupta, 2017).  
12 Additionally, these beads can be regenerated; therefore, they are a sustainable option for  
13 remediating As and F contaminated groundwater. However, more research is need in  
14 examining other hybrid HAIX resin beads, such as HAIX-Fe-Zr, in removing As and F. The  
15 objectives of this study are to examine the performance of Haix-Fe-Zr and Haix-Zr in the  
16 removal of As and F<sup>-</sup> from groundwater with similar characteristics to the contaminated  
17 groundwater from West Bengal.

18

19

## 2. Materials and Methods

20

### 2.1. Resin Bead Properties

21

#### 2.1.1. *Haix-Fe-Zr Resin Beads*

22

23

24

25

Haix-Fe-Zr resin beads are small, approximately 0.5mm to 1.5mm in diameter (Figure 1a), with a reddish orange colour from hydrous ferric oxide (HFO) which range in size from 20-100nm. More detailed analysis by TEM reveals the HFOs as acicular and HZrOs as round platelet nano-particles present on the surface and within nano-porous Haix-Fe-Zr resin beads

1 (Figure 1b). HZrO and HFO are precipitated on the gel-phase of the macro-porous anion  
2 Haix exchange resin when they are synthesized (DeMarco et al., 2003) with quaternary  
3 ammonium functional groups (Sengupta and Cumbal, 2007). These nano-sized Fe and Zr  
4 oxides are distributed along the surface and internally within the resin beads (Figure 1b) and  
5 are responsible for the efficient removal of As and F<sup>-</sup> from contaminated water. Water flows  
6 on the surface and within the beads through nano-sized voids where nano-Fe and Zr particles  
7 are distributed (Figure 1b). This means large amounts of As and F<sup>-</sup> can be removed from the  
8 contaminated water and absorbed on the surface and internal structure of the beads. This  
9 adsorption can be explained by the high surface area created by the macro porosity of the  
10 beads. Stereomicroscopic observations of polished sections of the Haix-Fe-Zr resin beads  
11 show that the reddish HFOs mainly occur concentrically with the roundness of the bead  
12 (Figure 1a). Each bed had individual patterns of HFO precipitation, although some beads had  
13 similar patterns.

14

### 15 **2.1.2. Haix-Zr Resin Beads**

16 Haix-Zr resin beads are beige/white coloured small 0.3mm-1mm macro porous anion  
17 exchange resin beads (Figure 1c). TEM micrographs of polished sections of the Haix-Zr resin  
18 beads show the rounded/spherical sub-micron sized (ranging in size from 20nm-100nm)  
19 hydrated Zirconium (Zr<sup>4+</sup>) oxides (HZrO) particles distributed on their surface and  
20 within/through the ion exchange bead (Figure 1d). These nano-sized HZrO particles are  
21 responsible for the efficient removal of As and F<sup>-</sup>. This anion exchanger has a positively  
22 charged quaternary ammonium functional group, on which anionic ligands such as As(V) and  
23 F<sup>-</sup> can be absorbed. Water contaminated with F<sup>-</sup> and As flows through nano-sized pores  
24 within the beads (Figure 1d), where the nano-Zr oxide particles are dispersed. Large amounts

1 of As and F<sup>-</sup> can be absorbed onto and within the beads due to the high surface area created  
2 by their macro porosity similarly to Haix-Fe-Zr resin beads.

3

## 4 **2.2. Microscopic Analysis of Resin Beads**

### 5 ***2.2.1. Stereomicroscopic and scanning electron microscopy***

6 Selected Haix-Fe-Zr and Haix-Zr resin beads were impregnated with an epoxy and  
7 polished so that the internal structure could be observed with a Nikon Stereomicroscope.  
8 Haix-Fe-Zr and Haix-Zr resin beads, after contact with As and F<sup>-</sup> spiked water, were also  
9 embedded in epoxy, polished and carbon coated and analyzed with a Jeol 6500 FEG (Jeol  
10 (UK) Ltd, Herts, England, UK) scanning electron microscope (SEM) equipped with an  
11 Oxford Instruments INCA Wave spectrometer for energy dispersive spectroscopy (EDS),  
12 back-scattered electron detector (BSE), and wavelength dispersive spectroscopy (WDS)  
13 (Oxford Instruments Plc, Oxford, England, UK).

14

### 15 ***2.2.2. Transmission electron microscopy***

16 Samples for transmission electron microscopy (TEM) were dehydrated in a graded  
17 ethanol series (30%, 50%, 70%, 90%, 100%). When dehydration was complete, the samples  
18 were transferred from 100% ethanol to acetone, from acetone to 30% Epon:Acetone mix,  
19 then to 50% Epon:Acetone mix, 70% Epon:Acetone mix and finally to 100% Epon. To  
20 complete the resin infiltration, the samples were placed in 100% resin at +37°C for 2 hours.  
21 Following this, the samples were transferred into molds that were filled with fresh Epon and  
22 placed at +60°C for 24 hours until polymerisation was complete. Ultrathin (80 nm) sections  
23 were obtained from these blocks using a Leica EM UC6 ultramicrotome. The sections were  
24 collected on 200mesh/slot carbon-formvar copper grids and examined by transmission  
25 electron microscopy using a Tecnai G2 12 BioTWIN or Tecnai G2 20.



### 1 2.3. Selected Groundwater Source

2 For the batch tests, groundwater samples were collected from a source in County  
3 Tyrone, Northern Ireland, which had a similar geochemistry as the groundwater on the site in  
4 West Bengal, India. The pH of the groundwater was measured with a Hach HQ40d multi  
5 meter using an IntelliCAL PHC101 pH probe (Hach Lange Manchester, UK). Metal  
6 concentrations in the groundwater were analyzed by inductively coupled plasma-optical  
7 emission spectroscopy (ICP-OES) using a PerkinElmer Optima 5300 DV (PerkinElmer,  
8 Waltham, MA, USA) employing argon as the cell gas for total Ca, Na, Si, Mg, and Na.  
9 Anion concentrations in the groundwater sample were measured by ion chromatography (IC)  
10 using a Dionex DX500 system (Thermo Fisher Ireland Ltd, Dublin, Ireland), for fluoride (F<sup>-</sup>)  
11 ), chloride (Cl<sup>-</sup>), nitrate (NO<sub>3</sub><sup>-</sup>), bicarbonate (HCO<sub>3</sub><sup>-</sup>) and sulphate (SO<sub>4</sub><sup>2-</sup>). All samples were  
12 analysed in triplicate. The groundwater had a pH of 7.9, 50mg/L Ca, 7mg/L Mg, 12mg/L Na,  
13 15mg/L SiO<sub>2</sub>, 145mg/L HCO<sub>3</sub><sup>-</sup>, 20mg/L SO<sub>4</sub><sup>2-</sup>, 20mg/L Cl<sup>-</sup>, 7mg/L NO<sub>3</sub><sup>-</sup>, and 1.27mg/L F<sup>-</sup>.  
14 The groundwater pH was reduced to pH 7 with a few drops of HCl. Groundwater was spiked  
15 with a stock solution of sodium arsenate dibasic heptahydrate (Na<sub>2</sub>HAsO<sub>4</sub>·7H<sub>2</sub>O) in order to  
16 measure the arsenate [As(V)] and a stock solution of sodium (meta)arsenite (NaAsO<sub>2</sub>) in  
17 order to measure arsenite [As(III)]. Sodium fluoride (NaF) was used to spike the  
18 groundwater with F<sup>-</sup>

19  
20

### 21 2.4. Sorption equilibrium – Batch tests

22 Kinetic studies were used to compare the performance of the Haix-Fe-Zr and Haix-Zr  
23 resin beads at removing As and F<sup>-</sup>. Haix-Fe-Zr and Haix-Zr resin beads (0.1gr-dry weight)  
24 were added to separate 200mL screw capped conical flasks containing 100ml of groundwater  
25 spiked separately with ~200µg/L Arsenite [As(III)] and Arsenate [As(V)]. Haix-Fe-Zr and  
26 Haix-Zr resin beads (1.0gr-dry weight) were added to separate 200mL screw capped conical

1 flasks containing 100mL of groundwater spiked with 5mg/L  $F^-$  and shaken on an end-over-  
 2 end shaker at room temperature at  $\sim 25^\circ C$ . The removal rate of the spiked As from  
 3 groundwater was examined by extracting and analyzing 1mL of the solution from the bottles  
 4 collected at 0s, 30 s, 1min, 2min, 5min, 10min, 30min, 1 h, 4 h, 8 h, 24 h, and 1 week. The  
 5 samples were stored under refrigeration and analysed quickly. All reagents used were of  
 6 analytical grade. Arsenic speciation was determined by ion chromatography with a Thermo  
 7 Dionex IC5000 Ion Chromatograph (Thermo Scientific) coupled with inductively coupled  
 8 plasma mass spectrometry using an iCap Q ICP-MS (Thermo Scientific). The removal rate  
 9 of  $F^-$  was examined at similar times as the As spiked groundwater, except it was measured  
 10 with a Hach HQ40d multimeter equipped with a Hach ISEF 121 ion probe (Hach Lange  
 11 Manchester, UK). As(III), As(V) and fluoride were measured in triplicate. The amount of  
 12 As and  $F^-$  sorbed onto the resins were calculated by the difference between the amounts added  
 13 and/or already present in the water and that left in solution after equilibrium. Percent removal  
 14 of As and  $F^-$  was calculated as:

$$15 \text{ Percent Removal (R\%)} = \frac{C_0 - C_e}{C_0} \times 100 \quad (1)$$

16 where  $C_0$  is the initial concentration,  $C_e$  is the new concentration.

17  
 18

## 19 **2.5. Kinetic modeling of arsenic and fluoride adsorption**

20 Kinetic data for As(III), As(V) and  $F^-$  were fitted in zero order, first order, second order, and  
 21 parabolic diffusion equation (PDE) models in order to examine the arsenic and fluoride desorption  
 22 mechanisms. The equations are given below. The best fit model was determined by the values of  
 23 determination coefficients ( $R^2$ ) and standard errors (SE).

$$24 \text{ Zero order:} \quad [C]_t = -kt + [C]_0 \quad (2)$$

$$25 \text{ First order:} \quad \ln[C] = -kt + \ln[C_0] \quad (3)$$

$$26 \text{ Second order:} \quad 1/[C] = 1/[C_0] + kt \quad (4)$$

$$27 \text{ Parabolic diffusion equation:} \quad C/C_{\max} = A + D t^{1/2} \quad (5)$$

1  
2 where  $C$  is adsorbed pollutant (As(III), As(V) or F<sup>-</sup>) at any time,  $C_{\max}$  is the maximum amount of  
3 contaminant adsorbed from the solution,  $t$  is the time,  $A$  is the parameter of the equations,  $k$  is the  
4 constant, and  $D$  is the diffusion constant. The  $R^2$  and model parameters were calculated using  
5 linear regression. MS Excel was used for the calculation.

### 6 7 8 9 **3. Results and Discussion**

#### 10 **3.1. Removal of Arsenic from Contaminated Water**

##### 11 ***3.1.1. Haix-Fe-Zr Resin Bead Performance***

12 This study shows that Haix-Fe-Zr resin beads which are loaded with HFOs and  
13 HZrOs, were effective in removing As(III) and As(V) from the arsenic spiked groundwater,  
14 with a greater and more rapid removal of As(V) compared to As(III). As reported by Salker  
15 et al. (2008), Haix-Fe resin beads, which are similar to the Haix-Fe-Zr resin beads, have a  
16 high affinity for arsenic due to a high surface area created by the HFOs, and the HFO's  
17 perform at a similar capacity to resin beads with granular ferric hydroxides (GFH) for both  
18 As(III) and As(V). Additionally Salker et al (2008) stated that the Fe content of the Haix-Fe  
19 resin bead is much lower than the Fe content of GFH, nevertheless, Haix-Fe resin beads  
20 removes a similar amount arsenic. After 1 hour of shaking As(V) spiked groundwater with  
21 Haix-Fe-Zr resin beads, As(V) concentrations decreased from 215 $\mu\text{g/L}$  to 33.88 $\mu\text{g/L}$  (Figure  
22 2a), resulting in an 84.24% removal of As(V) from the groundwater (Figure 2b).  
23 Additionally, after 8 hours of shaking, the As(V) concentrations decreased to 6.37 $\mu\text{g/L}$  which  
24 is below the WHO drinking water standards for arsenic at 10 $\mu\text{g/L}$ , resulting in a 97.04%  
25 As(V) removed from the groundwater. After 1 week of shaking, As(V) concentrations  
26 decreased to 2.31 $\mu\text{g/L}$  in the groundwater with a 98.92% removal of As(V). Concentrations

1 of As(III) decreased from 219.8 $\mu\text{g/L}$  to 41.42 $\mu\text{g/L}$  with an 81.16% removal of As(III) from  
2 the groundwater, after 4 hours of shaking the As(III) spiked groundwater with Haix-Fe-Zr  
3 resin beads. After 24 hours and 1 week of shaking, As(III) concentrations decreased to  
4 8.37 $\mu\text{g/L}$  with a 96.19% removal of As(III), and 2.26 $\mu\text{g/L}$  with a 98.97% removal of As(III)  
5 from groundwater, respectively.

6

### 7 **3.1.2. Haix-Zr Resin Bead Performance**

8 In this study, Haix-Zr resin beads were more effective in removing As(III) and As(V)  
9 from the spiked groundwater, compared to Haix-Fe-Zr resin beads. Additionally, Haix-Zr  
10 resin beads removed As(V) more rapidly compared to As(III). Concentrations of As(V)  
11 decreased from 185.8 $\mu\text{g/L}$  to 45.27 $\mu\text{g/L}$  (Figure 2c), with a 75.64% removal of As(V) from  
12 the spiked groundwater after 10 minutes of shaking (Figure 2d). Concentrations of As(V)  
13 continued to decrease to 8.79 $\mu\text{g/L}$ , where 95.27% of As(V) was removed after 4 hours of  
14 shaking. After 1 week of shaking, As(V) concentrations decreased to 0.612 $\mu\text{g/L}$  and 99.67%  
15 As(V) was removed from the spiked groundwater. As(III) concentrations decreased from  
16 187.2 $\mu\text{g/L}$  to 31.11 $\mu\text{g/L}$ , where 83.38% As(III) was removed from the groundwater after 1  
17 hour of shaking. Concentrations of As(III) decreased to 7.72 $\mu\text{g/L}$  where 95.88% of As(III)  
18 was removed from the groundwater after 8 hours of shaking. After 1 week of shaking,  
19 As(III) concentrations decreased to 1.1 $\mu\text{g/L}$  with a 99.41% removal of As(III) from the  
20 spiked groundwater.

21 Other groundwater treatment systems have been set-up to treat As(III) using oxidative  
22 and filtration methods where  $\text{Fe}_2\text{O}_3$  is used as a filter (Nieto-Delgado and Rangel-Mendez,  
23 2012) and As(III) is oxidized by  $\text{OCl}^-$  and Fe precipitation (Meng et al, 2001) where >98%  
24 and >95% As(III), respectively, were removed from the water (Jiang et al., 2013). Field and  
25 household trials were also carried-out on these techniques which showed promise and a cost

1 saving methods for removing As from drinking water; however, the Haix resin beads still out  
2 performed these methods (Sarkar et al, 2008). Adsorption treatments using iron based  
3 sorbents (van Geen, et al., 2003) and layered double hydroxides (LDH) (Grover et al., 2009)  
4 are also reported to remove up to 98% As and 96% (AsV), respectively, from groundwater  
5 (Jiang et al., 2013).

## 6 7 **3.2. Removal of Fluoride from Contaminated Water**

### 8 ***3.2.1. Haix-Fe-Zr Resin Bead Performance***

9 The groundwater from the sampling site in Northern Ireland had 1.27mg/L naturally  
10 occurring  $F^-$ . The groundwater sample was further spiked with 5mg/L  $F^-$  resulting in a  
11 concentration of 6.27mg/L. Although according to Padungthon et al (2014) HAIX-Zr resin  
12 beads are designed to treat  $F^-$  containing groundwater, this current study shows that Haix-Fe-  
13 Zr resin beads were more effective in removing  $F^-$ , compared to Haix-Zr resin beads, in the  
14 groundwater conditions similar to the study site in West Bengal, India (Mukhopadhyay et al.,  
15 submitted). This could be due to the presence of  $HZrO$  in these resin beads. Regardless of  
16 this comparison, this study also revealed that both Haix-Fe-Zr and Haix-Zr resin beads were  
17 effective in removing  $F^-$  from the groundwater. After 15 minutes of shaking the spiked  
18 groundwater with Haix-Fe-Zr resin beads,  $F^-$  concentrations decreased from 6.27mg/L to  
19 1.27mg/L (Figure 3a), which is below the WHO drinking water guideline limits for  $F^-$  of  
20 1.5mg/L. After 15 minutes of shaking the spiked groundwater with Haix-Fe-Zr resin beads,  
21 there was a 79.82% removal of  $F^-$ , and almost complete removal of  $F^-$  at 99.75% was  
22 achieved after 2 hours of shaking (Figure 3b).

23

### 24 ***3.2.2. Haix-Zr Resin Bead Performance***

25 In this study, concentrations of  $F^-$  in the spiked groundwater decreased from 6.27mg/L  
26 to 1.425mg/L after 20 minutes of shaking with Haix-Zr resin beads (Figure 3a) where 77.27%

1 F<sup>-</sup> was removed (Figure 3b). After 2 hours of shaking the groundwater with Haix-Zr resin  
2 beads, F<sup>-</sup> concentrations decreased to 0.58 mg/L with a 90.77% removal. Fluoride continued  
3 to decrease in concentration over time to 0.26 mg/L with a 95.87% removal after 24 hours of  
4 shaking.

5         The main issues with adsorbents that remove fluoride, as well as arsenic and other  
6 contaminants from water, are the lack of robustness and the inability to undergo multiple  
7 regeneration cycles. The Haix resin beads have been proven in the field to robust and  
8 regeneratable (SenGupta, 2017). Other adsorbents reported to be effective in removing  
9 fluoride from drinking water are rare earth oxide based materials, clays, biosorbents, waste  
10 materials, however, they have either been proven expensive, show poor regeneration, leach  
11 toxic metals or fail in field tests (Bhatnagar et al. 2011). Activated alumina adsorption  
12 (AAA) is an established technology in the removal of fluoride, and it is considered by WHO  
13 and USEPA as one of the best demonstrated available technology (BDAT) as it is a robust  
14 adsorbent for removing fluoride from drinking water. Nevertheless, AAA is expensive, has a  
15 sensitive pH dependent adsorption capacity, and co-ions (i.e. sulphates, bicarbonates,  
16 silicates, chlorides, and phosphates) in water hinder its performance (Tressaud, 2006;  
17 Bhatnagar et al. 2011). Additionally, extra care and attention is needed when using  
18 aluminium-based sorbents for removing fluoride from water as aluminium is a neurotoxin  
19 and could endanger human health (Bhatnagar et al. 2011), which is not an issue with the Haix  
20 resin beads.

21

## 22 **3.3. Kinetic Modeling**

### 23 **3.3.1. Arsenic**

1           The kinetic data were modeled using the rate reaction equations and the PDE to  
2 evaluate the adsorption mechanism of the contaminants onto the Haix Fe-Zr and Haix-Zr  
3 (Table 1). The  $R^2$  values obtained from the equations were generally higher for the PDE  
4 followed by the first order equation for the arsenic spiked groundwater treated with Haix-Fe-  
5 Zr and Haix-Zr resin beads (Table 1; Figure 4a-d). However, the  $R^2$  value for As(III) spiked  
6 groundwater was slightly lower for the PDE compared to the first order equation,  
7 nevertheless, the SE was noticeably lower for the PDE, compared to the first order equation,  
8 making the PDE a better fitting model in this study. The PDE model is widely used to  
9 describe diffusion-controlled phenomena and the release of ions (Havlin et al. 1985, Hodges  
10 and Johnson 1987). In the current study, the adsorption of As(III) and As(V) onto resin beads  
11 may be controlled by the film diffusion at earlier stages and then, as the adsorbent particles  
12 are loaded with the pollutant ions, the adsorption process may then be controlled by the intra-  
13 particle diffusion. The  $k$  value can be obtained from the slope of the plot  $C/C_{\max}$  vs  $t^{1/2}$ .  
14 According to Vadivelan and Kumar (2005) and Weng and Pan (2006), strong correlation to  
15 PDE suggests that the adsorption process proceeds by surface adsorption followed by intra-  
16 particle diffusion. Calculated values of intra-particle diffusion coefficient, (or Reaction Rate  
17  $k$ ), given in Table 1, increase with the increase in the adsorption. This is attributed to the  
18 instantaneous utilization of the most readily available adsorption sites on the resin surfaces.

19           The better fit with the PDE model, compared to the other kinetic models in this study,  
20 is supported by the macro-porous morphology of the resin beads which allows for the  
21 contaminated groundwater to move through the beads and the distribution of the nano-sized  
22 HFO and HZrO particles on and within the beads which adsorb the contaminant.  
23 Microscopic study of Haix-Fe-Zr resin beads which were shaken in As(V) spiked  
24 groundwater revealed that as As spiked groundwater flows through the nano-pores in resin  
25 beads (Figure 1b), the As is sorbed uniformly to the surface and within the beads as shown

1 in the SEM elemental maps of the beads (Figures 6a-d and 7a-c), especially where the HZrO  
2 nano-precipitates are present compared to the HFO nano-precipitates (Figure 6c) which occur  
3 in more concentric orientation. Smith et al (2015) reports in the instances when anion  
4 exchange resin beads are used as host materials for HFOs and HZrO anions in the  
5 groundwater such as  $F^-$ , As(V),  $SO_4^{2-}$ ,  $Cl^-$ , and  $PO_4^{2-}$  are increasingly drawn inside the bead  
6 allowing sorption onto the HFO and HZrO nanoparticles. In the current study, the polished  
7 sections of Haix-Zr resin beads shaken with As(V) spiked groundwater also showed arsenic  
8 along with Si, S and Ca sorbed onto the surface and within the beads (Supporting  
9 Information-Figure 1s). Padungthon et al. (2015) report significant competition between As  
10 and  $> 30\text{mg/L SiO}_2$ ,  $>250\text{mg/L PO}_4^{2-}$ ,  $>200\text{mg/L SO}_4^{2-}$  on HAIX-Zr resin beads in natural  
11 groundwater.

### 12 3.3.2. Fluoride

13 In this study, the first order equation shows higher  $R^2$  values compared to the PDE for  
14 fluoride, however, the SE values for the first order equation were notably higher (Table 1;  
15 Figure 5a-d). Therefore, the best model of pollutant desorption from the resin beads was  
16 PDE followed by the first order equation. Similar to As, the adsorption of  $F^-$  onto resin  
17 particles may be controlled by film diffusion at earlier stages and as the adsorbent particles  
18 are loaded with pollutant ions, the adsorption process may become controlled by intra-  
19 particle diffusion.

20 Microscopic analysis also supports the PDE model in the adsorption of  $F^-$  onto the  
21 resin beads in this study. SEM analysis of polished sections of Haix-Fe-Zr resin beads that  
22 treated the  $F^-$  spiked ground water show  $F^-$  associated with the nanoparticles of HFOs and  
23 HZrOs on and within the resin beads, especially HZrO nano-precipitates where F sorption has  
24 resulting in highlighting their presence (Figures 6e-h and 7d-f). Sodium, sulfur, calcium, and



1 chloride were also adsorbed onto and within the Haix-Fe-Zr resin beads (Supporting  
2 Information-Figure 1s) indicating that these elements could compete for exchange sites with  
3 the  $F^-$  on the Haix-Fe-Zr resin beads under these groundwater conditions. Sodium is possibly  
4 introduced from NaF being used to spike the groundwater in this study. Padungthon et al.  
5 (2014) report no compete effects of  $SO_4^{2-}$  or  $Cl^-$  due to low electrostatic interaction in the  
6 removal of  $F^-$  by HAIX-Zr resin beads. The quaternary ammonium functional groups ( $R_4N^+$ )  
7 in HAIX increase the accessibility of  $F^-$  to nanoparticles of HZrO embedded within the gel  
8 phase. The sorption of  $F^-$  onto HAIX-Zr resin beads is pH dependent (Padungthon et al.,  
9 2014). Nevertheless, SEM analysis of polished sections of the Haix-Zr resin beads in this  
10 study reveals  $Na^+$  along with  $F^-$  adsorbed onto the beads (Supporting Information-Figure 2s).  
11 The  $Na^+$  from the NaF sorbed onto the resin beads revealing the  $Na^+$  could be a competing  
12 ion for exchange site on the resin beads under these neutral pH groundwater conditions.

13

#### 14 **4. Conclusions**

15 This kinetic study examined the effectiveness of Haix-Fe-Zr and Haix-Zr anion  
16 exchange resin beads in removing As and  $F^-$  from the contaminated groundwater below the  
17 WHO guideline values. Haix-Zr resin beads were more effective than Haix-Fe-Zr resin beads  
18 in removing As(III) and As(V). Haix-Zr resin beads showed the greater removal of As(V)  
19 compared to As(III). Haix-Zr resin beads reduced As(V) to  $45.27\mu g/L$  after 10 minutes of  
20 shaking and below the WHO ( $10\mu g/L$ ) drinking water standards at  $8.79\mu g/L$  after 4 hours of  
21 shaking, while As(III) was reduced to  $31.11\mu g/L$  and  $7.72\mu g/L$  after 1 hour and 8 hours after  
22 shaking, respectively. Concentrations of As(III) and As(V) decreased to  $33.88\mu g/L$  and  
23  $41.42\mu g/L$ , respectively, after 1 hour of shaking the spiked groundwater in Haix-Fe-Zr resin  
24 beads. Haix-Fe-Zr resin beads were more effective in removing  $F^-$  from the spiked  
25 groundwater compared to Haix-Zr resin beads. Concentrations of  $F^-$  decreased from

1 6.27mg/L to 1.26mg/L, which is below the WHO drinking water standards (1.5mg/L) for F<sup>-</sup>  
2 after 15 minutes of shaking with Haix-Fe-Zr resin beads. After 20 minutes of shaking in  
3 Haix-Zr resin beads, F<sup>-</sup> concentrations decreased from 6.27mg/L to 1.43mg/L. Haix-Fe-Zr  
4 and Haix-Zr resin beads best fit the PDE suggesting that adsorption of As and F<sup>-</sup> were  
5 consistent with inter-particle diffusion.

6

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10

11

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## 5 **List of Figures**

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9 internal distribution of the nano-sized HFO and HZrO precipitates and nano-sized  
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34 Figure 7. SEM-BSE photomicrographs and elemental maps of Haix-Zr resin beads used to  
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- 1 remove F from groundwater. Elemental maps of the distribution of e) Zr and f) F in the
- 2 Haix-Zr resin beads in (a).
- 3

Figure 1

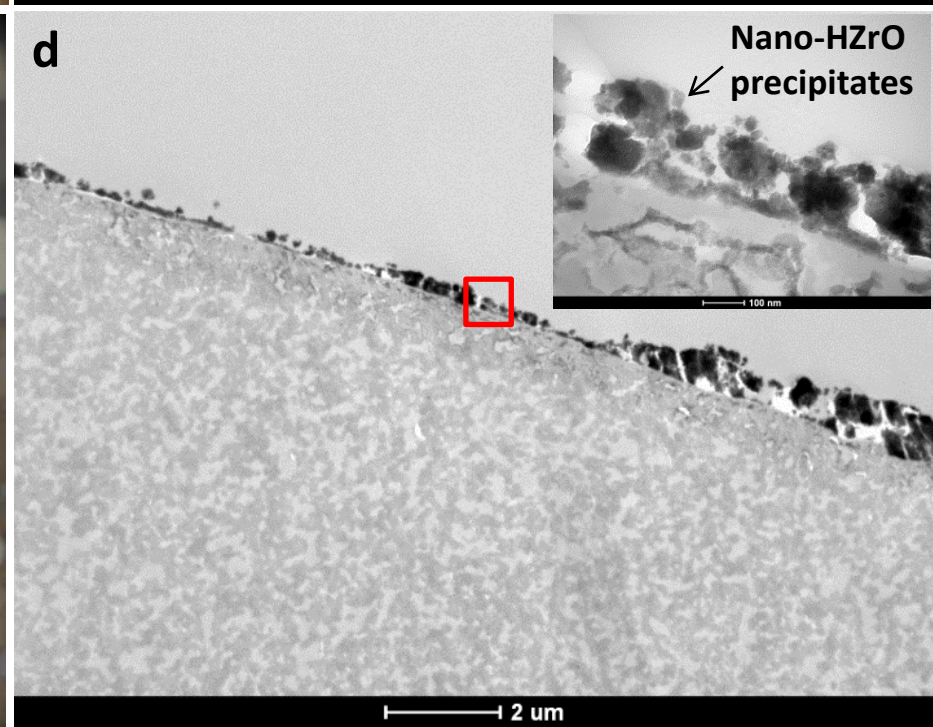
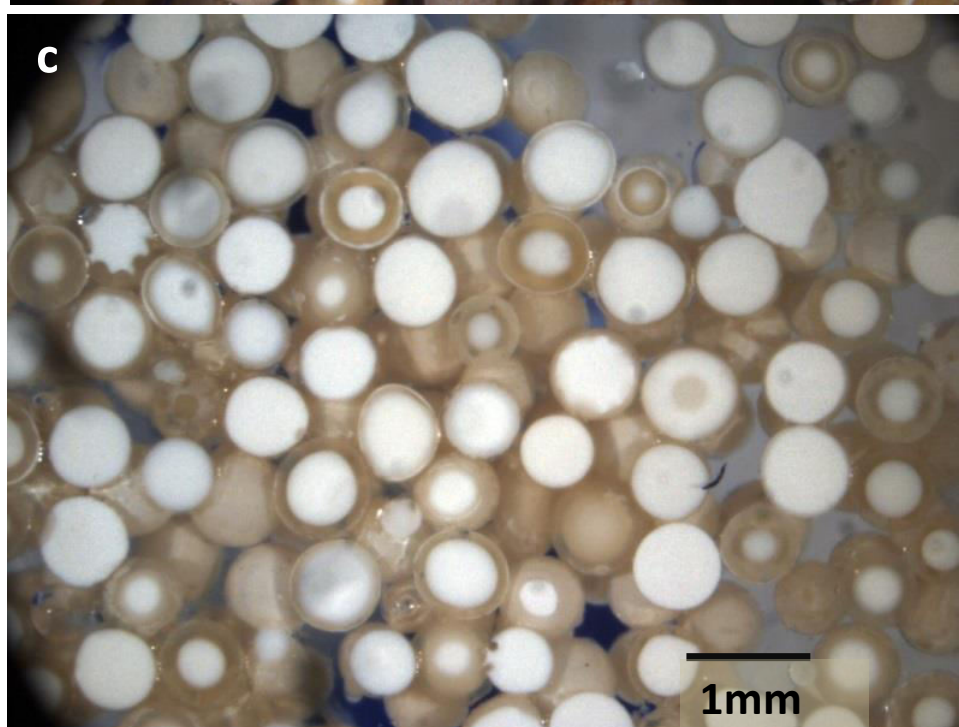
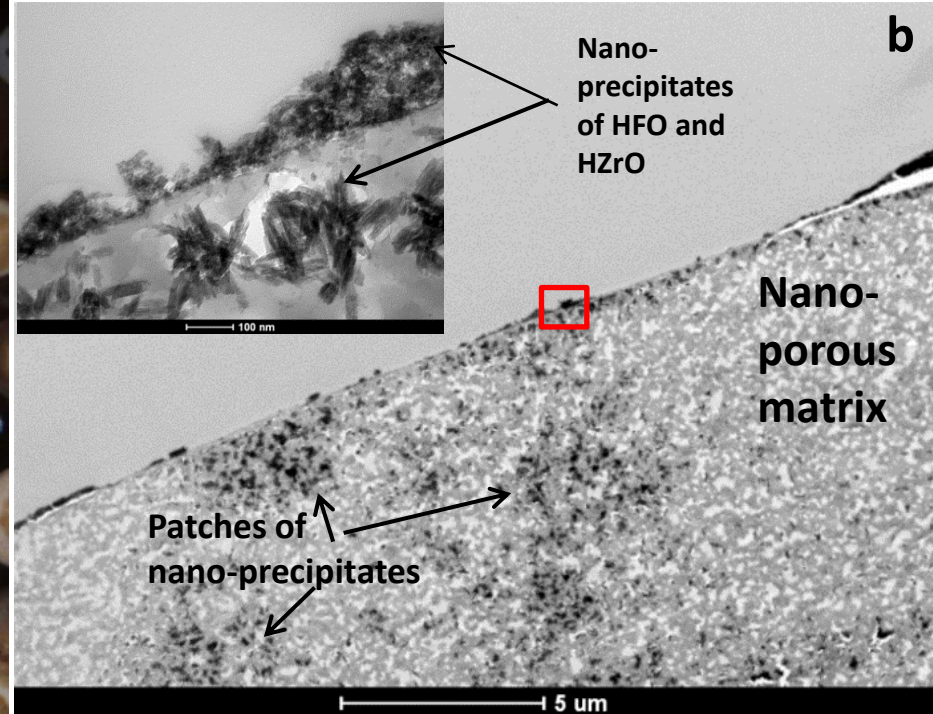
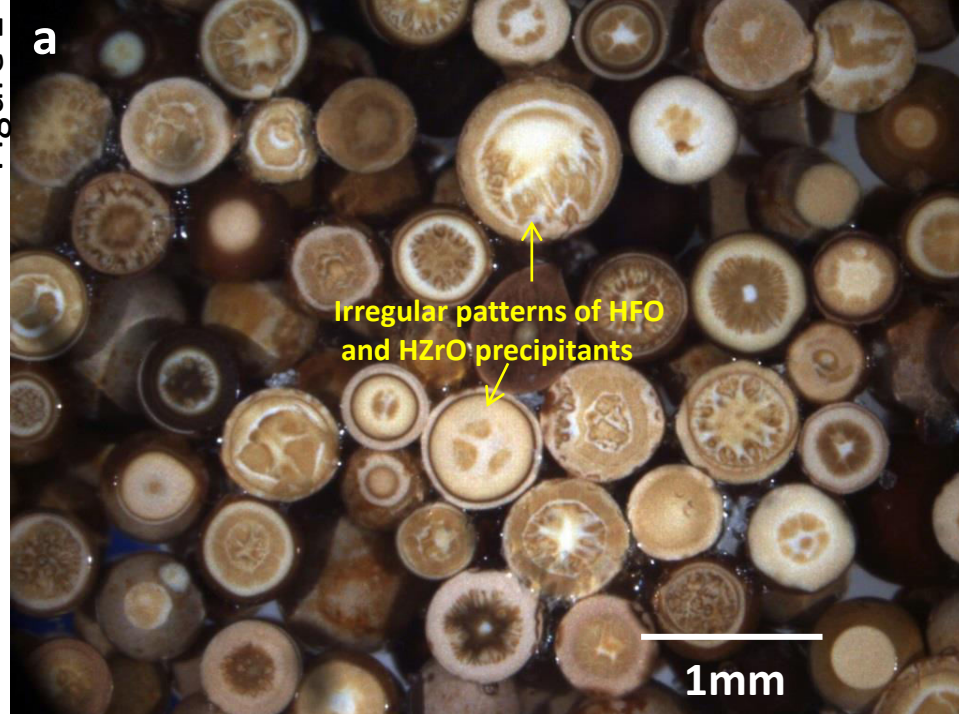
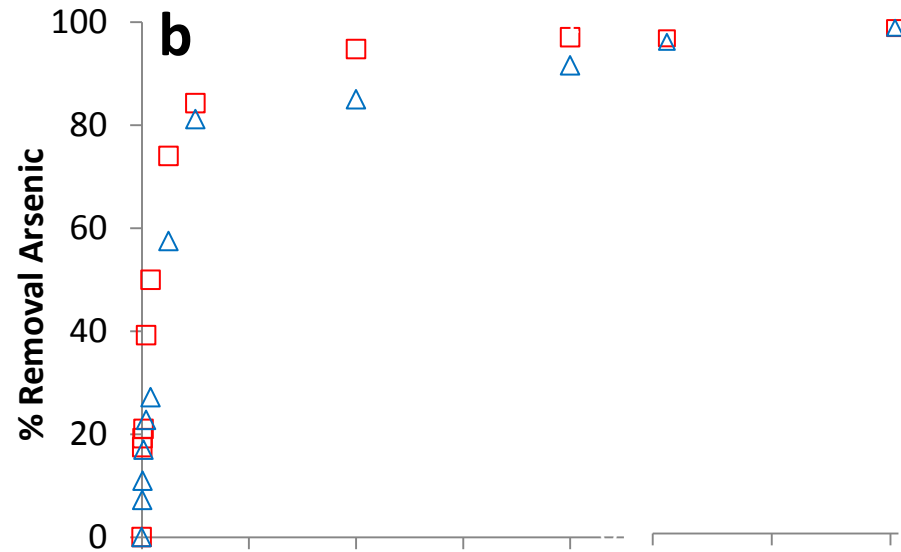
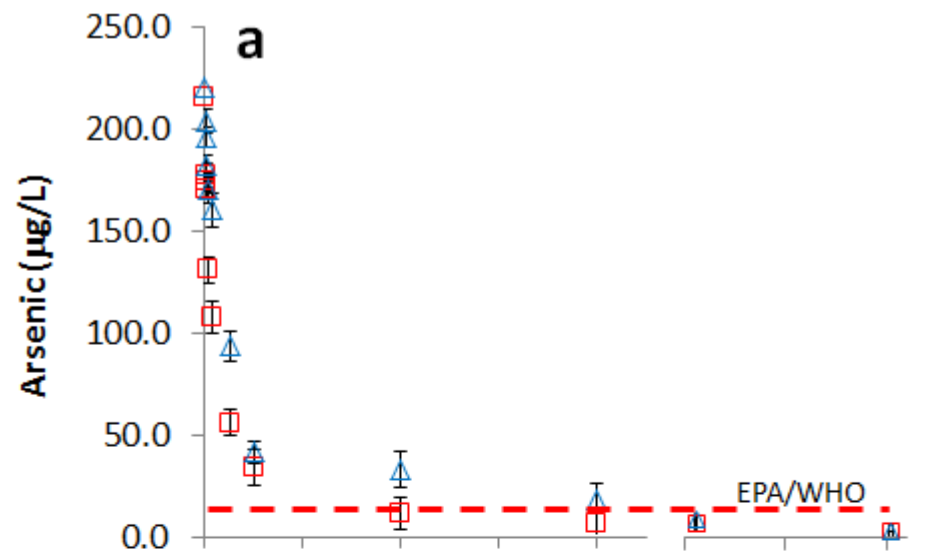


Figure 2

□ Haix-Fe-Zr As(V)    △ Haix-Fe-Zr As(III)



□ Haix-Zr As(V)

△ Haix-Zr As(III)

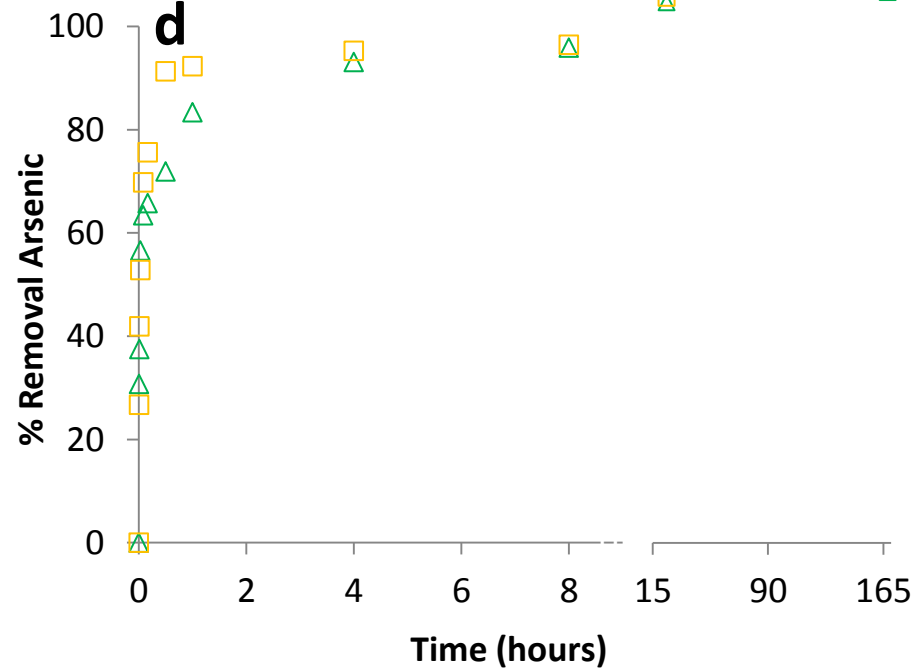
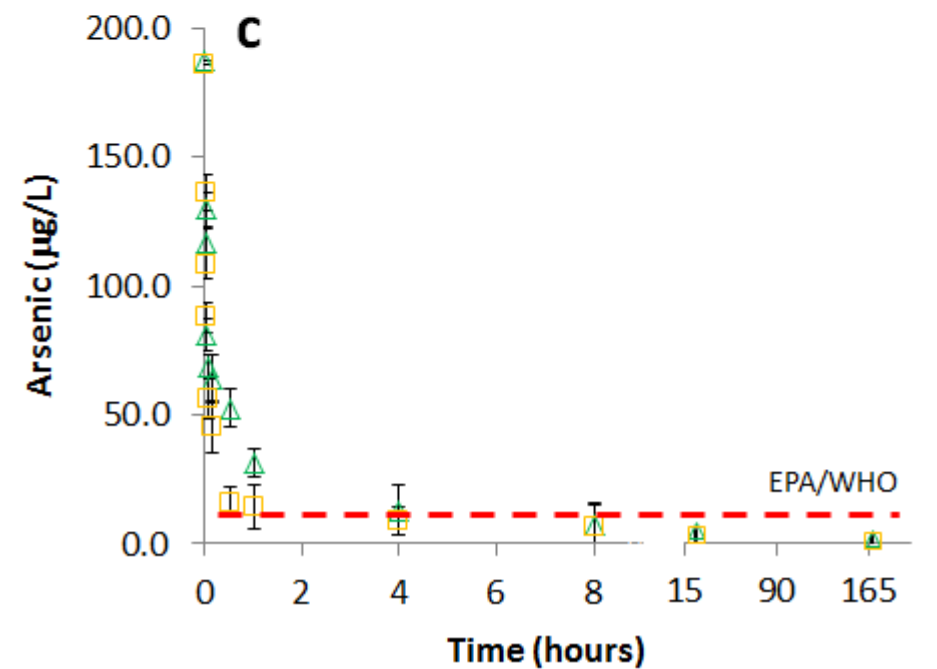
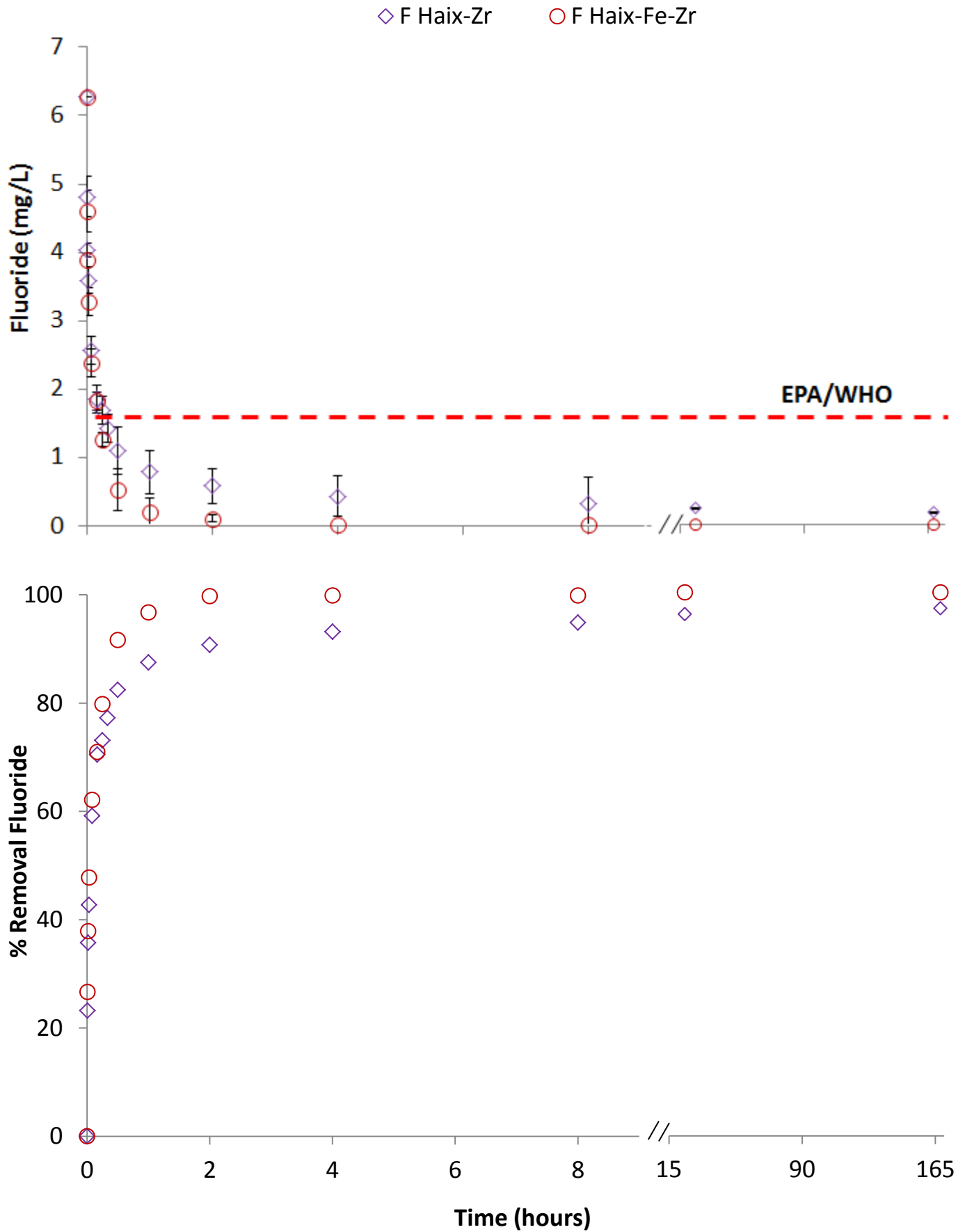




Figure 3



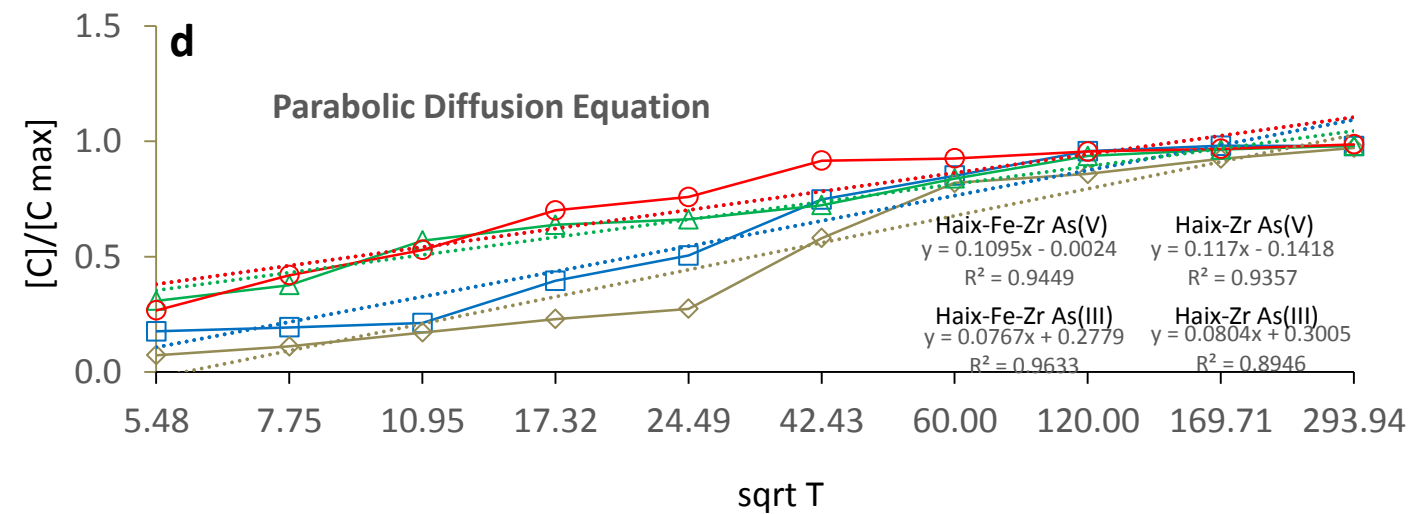
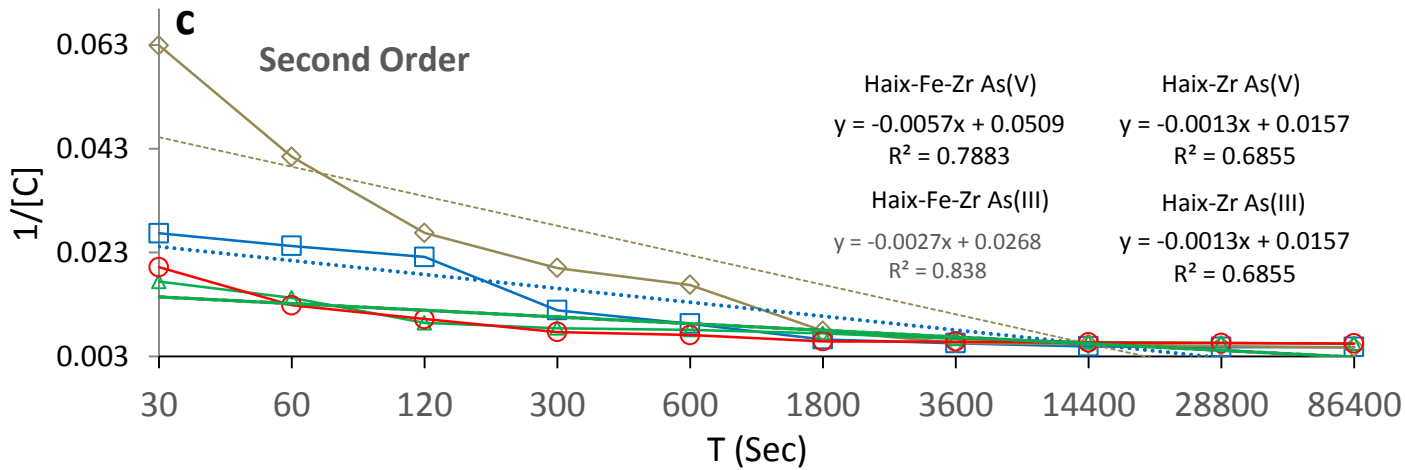
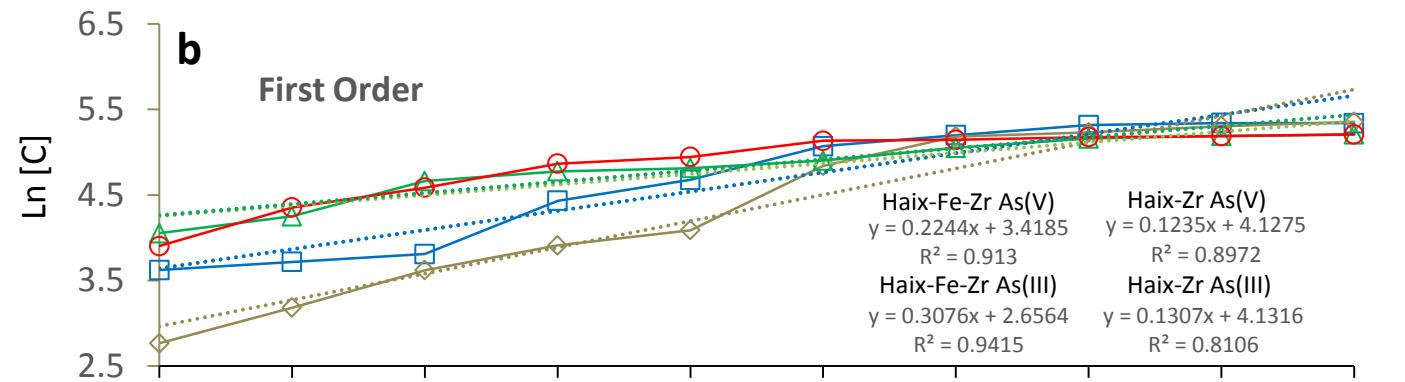
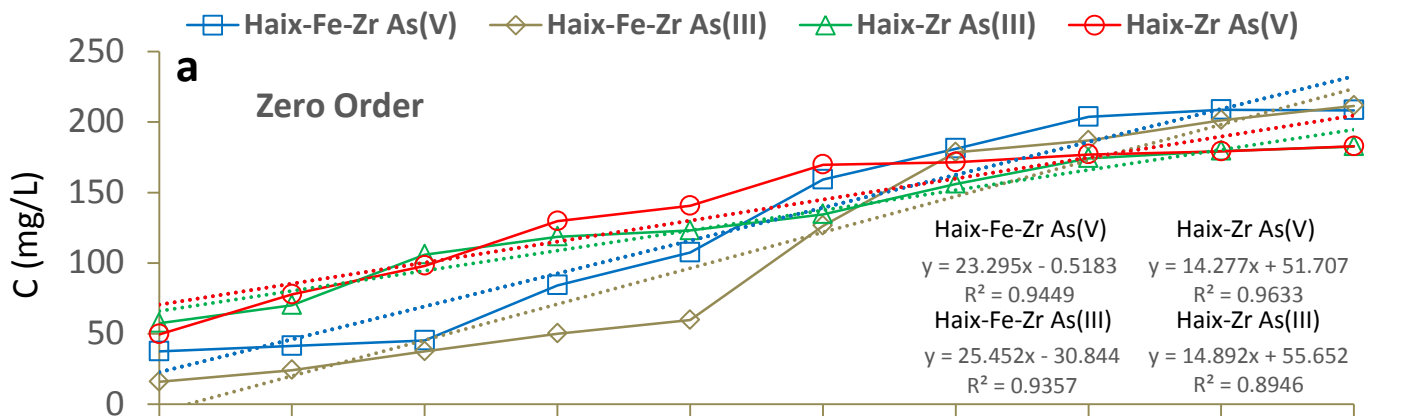


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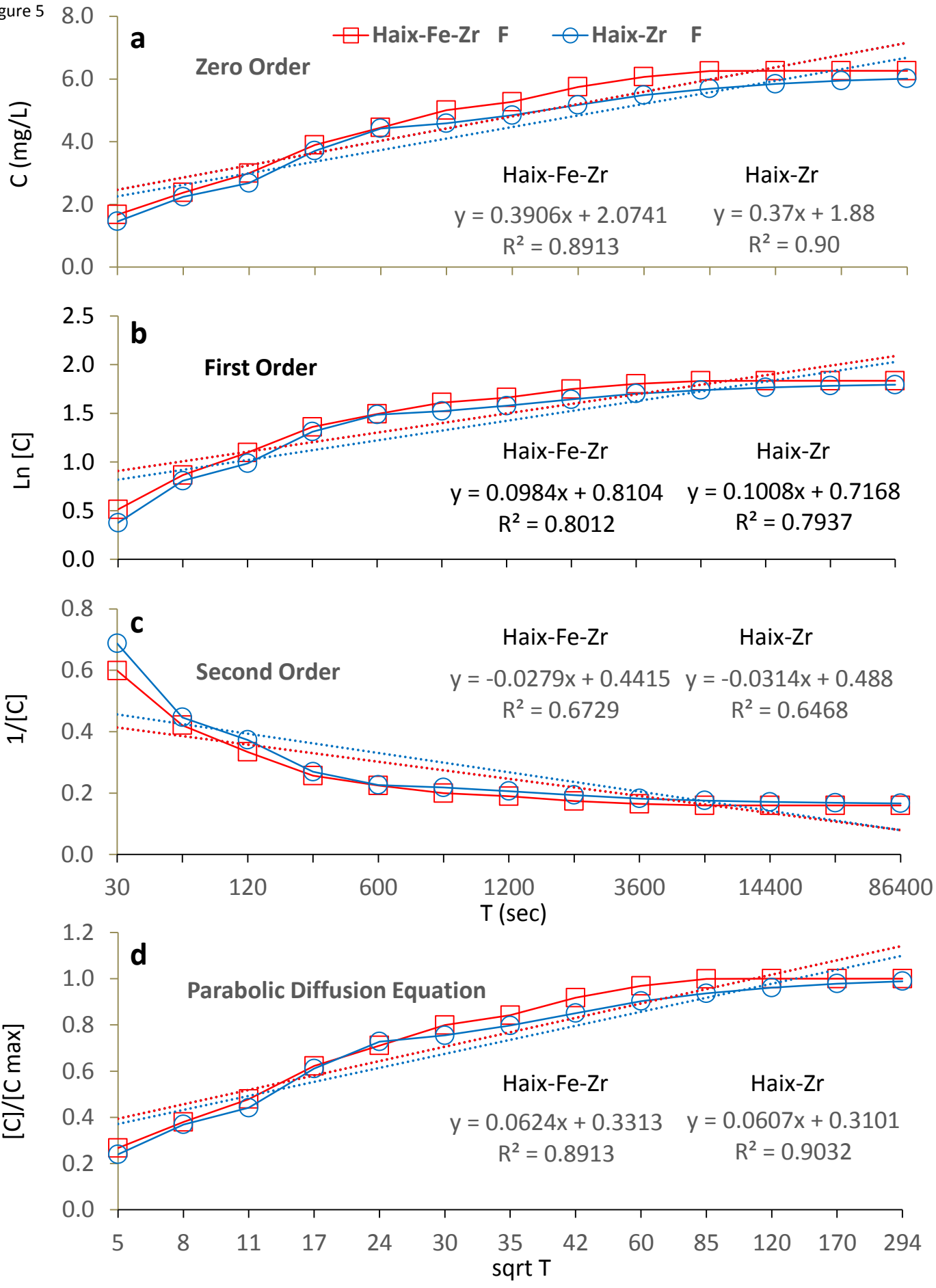


Figure 6

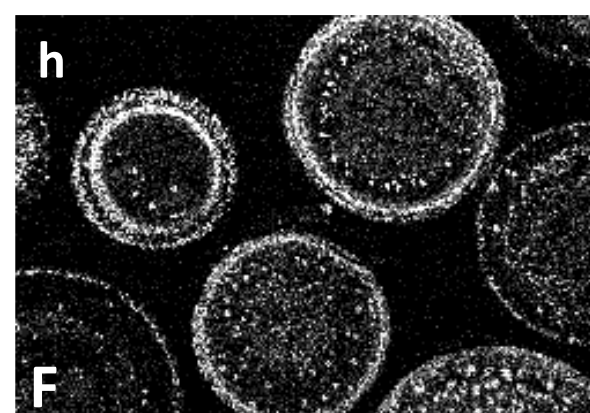
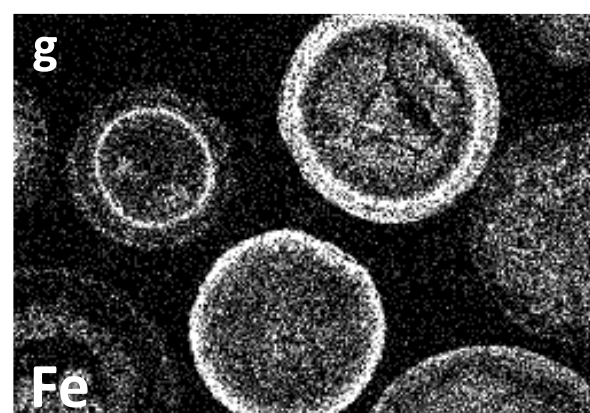
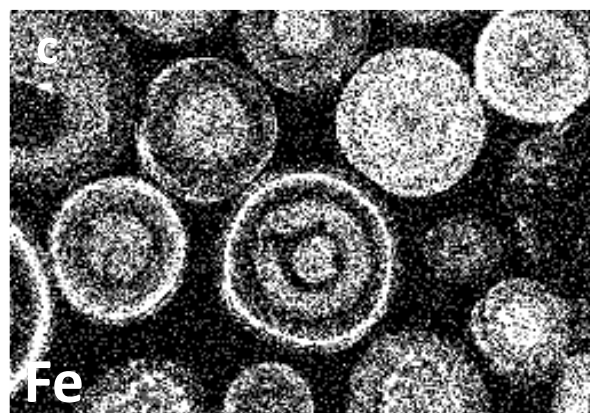
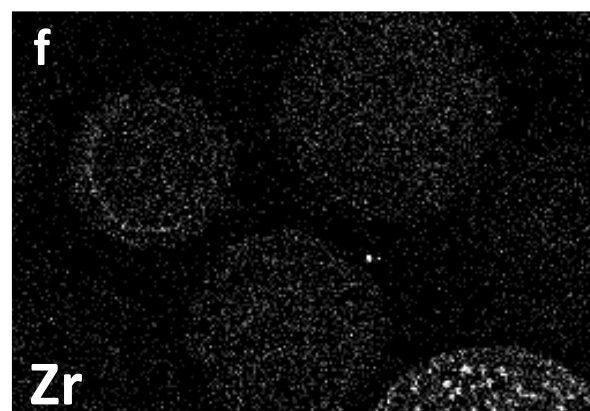
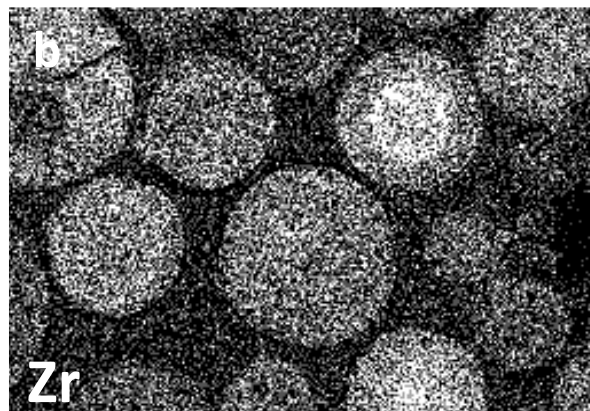
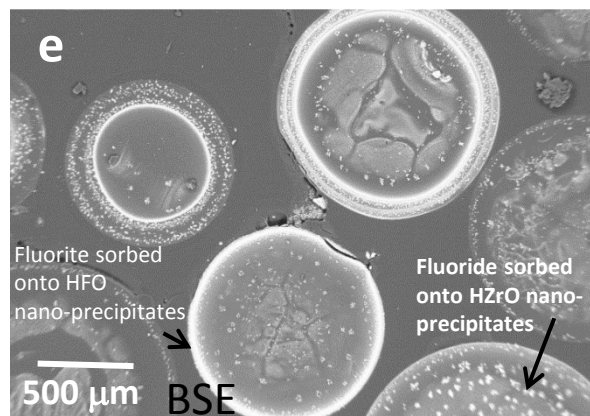
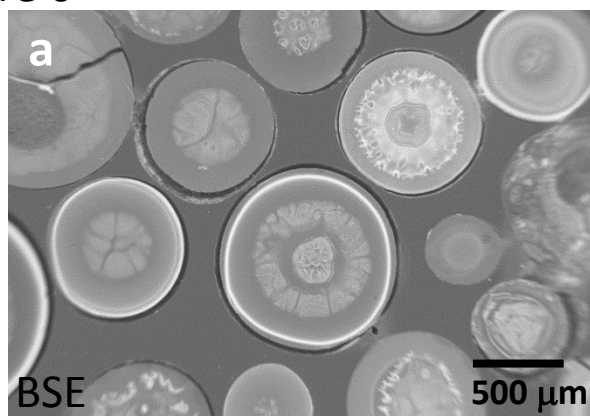


Figure 7

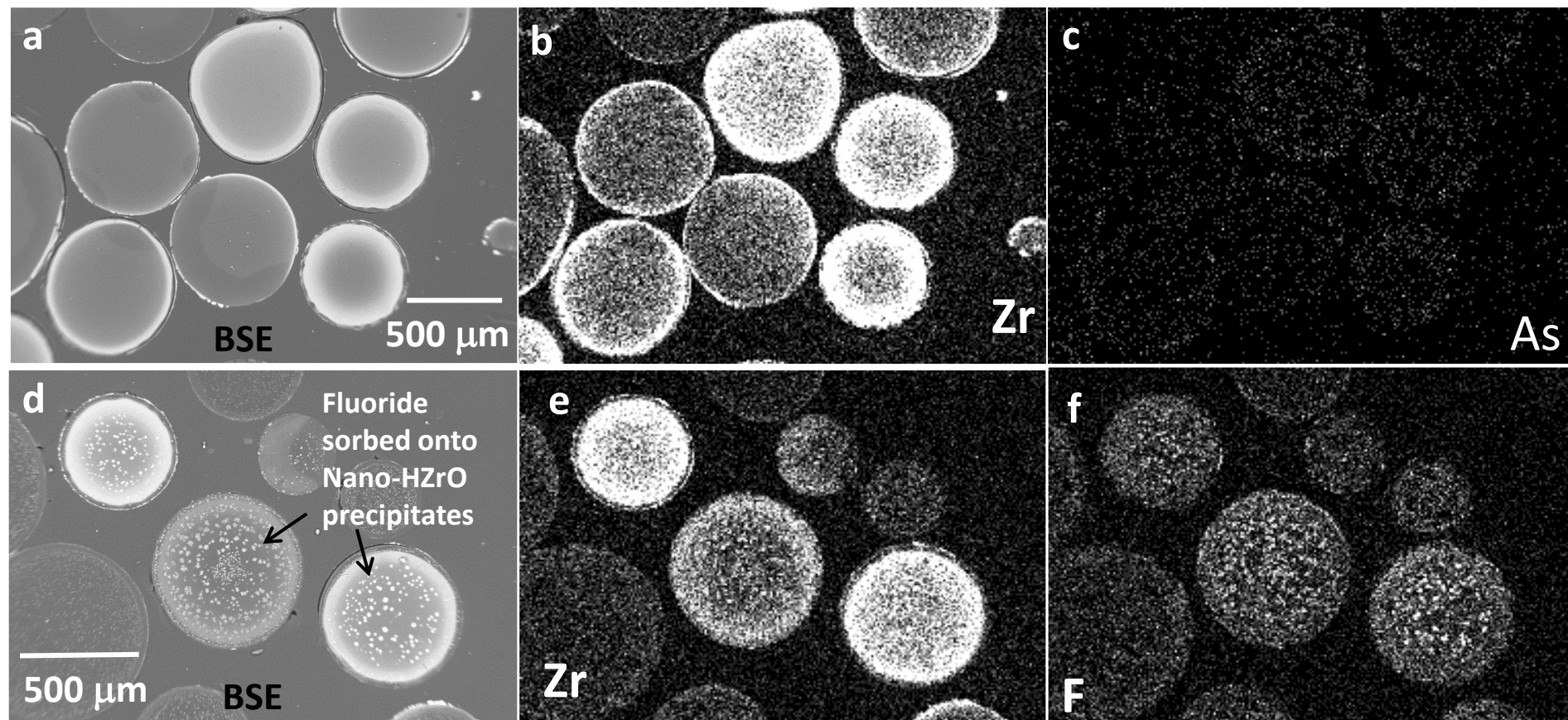


Table 1: Correlation coefficients  $R^2$  and standard error (SE) of kinetic models for (a) arsenic and (b) fluoride

Resin Bead	Zero Order				First Order				Second Order				Parabolic Diffusion Equation			
	Slope	Const	$R^2$	SE	Slope	Const	$R^2$	SE	Slope	Const	$R^2$	SE	Slope	Const	$R^2$	SE
Haix-Fe-Zr As <sup>3+</sup>	25.452	-30.844	0.9357	25.1916	0.3076	2.6564	0.9415	0.3035	-0.0057	0.0509	0.7883	0.0061	0.117	-0.1418	0.9357	0.1158
Haix-Fe-Zr As <sup>5+</sup>	23.295	-0.5183	0.9449	22.9438	0.2244	3.4185	0.913	0.2248	-0.0027	0.0268	0.838	0.0028	0.1095	-0.0024	0.9449	0.1079
Haix-Fe-Zr F <sup>-</sup>	0.3906	2.0741	0.8913	0.4469	0.2244	3.4185	0.913	0.1187	-0.0027	0.0268	0.838	0.0367	0.0624	0.3313	0.8913	0.0714
Haix-Zr As <sup>3+</sup>	14.277	51.707	0.9633	13.9279	0.1235	4.1275	0.8972	0.1248	-0.0012	0.0153	0.7914	0.0013	0.0624	0.3313	0.8913	0.0714
Haix-Zr As <sup>5+</sup>	14.892	55.652	0.8946	15.0746	0.1307	4.1316	0.8106	0.139	-0.0013	0.0157	0.6855	0.0015	0.0804	0.3005	0.8946	0.0814
Haix-Zr F <sup>-</sup>	0.3691	1.8842	0.9032	0.4195	0.3076	2.6564	0.9415	0.1222	-0.0057	0.0509	0.7883	0.0422	0.0607	0.3101	0.9032	0.069

# Supporting Information Figure 1s

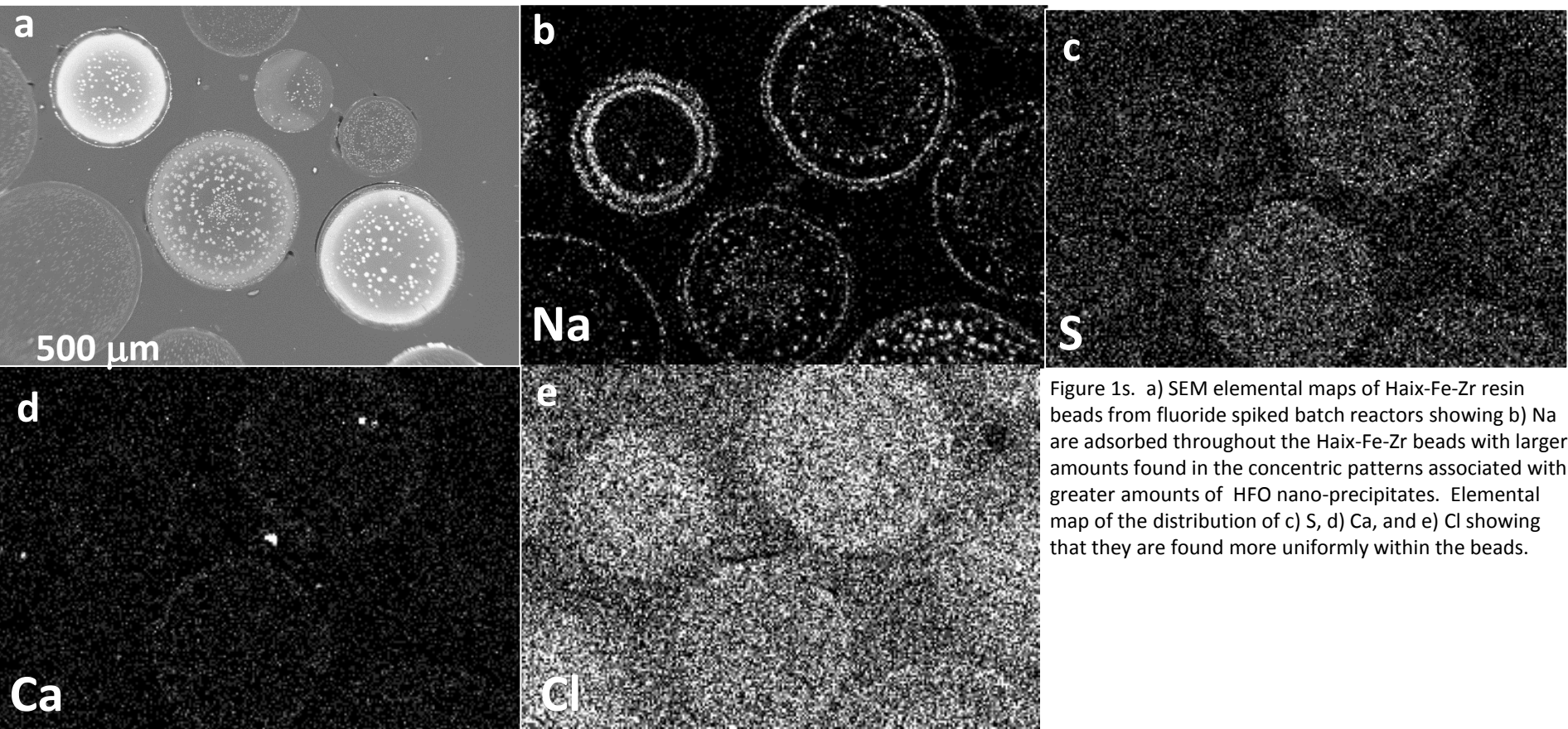


Figure 1s. a) SEM elemental maps of Haix-Fe-Zr resin beads from fluoride spiked batch reactors showing b) Na are adsorbed throughout the Haix-Fe-Zr beads with larger amounts found in the concentric patterns associated with greater amounts of HFO nano-precipitates. Elemental map of the distribution of c) S, d) Ca, and e) Cl showing that they are found more uniformly within the beads.

## Supporting Information Figure 2s

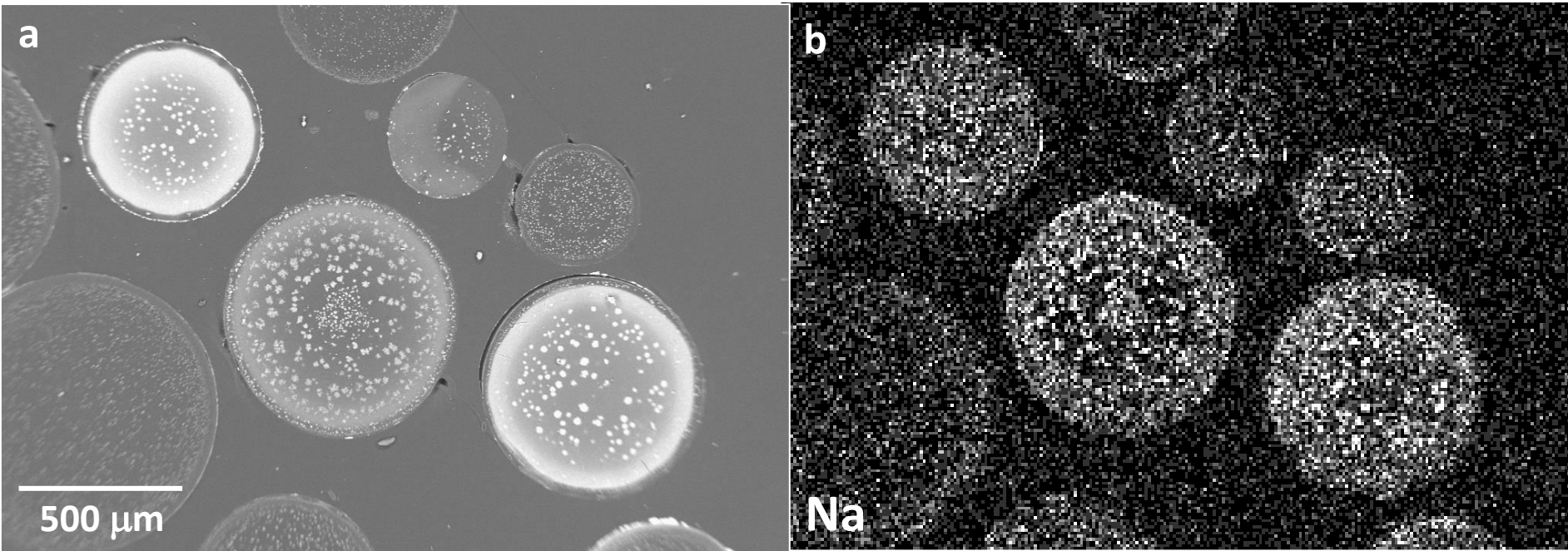


Figure 2s. a) SEM image of Haix-Zr resin beads from fluoride spiked batch reactors showing brighter areas associated with the outer edge and nano-sized HZrO which has precipitated throughout the resin beads. b) Na showing that they are associated with the Zr within the beads.