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***In vitro* model to assess arsenic bioaccessibility and speciation in cooked shrimp**

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1 **Abstract**

2 Shrimp, a popular and readily consumed seafood but contains high concentrations of
3 arsenic. However, few studies have focused on whether arsenic in the shrimp could be
4 transformed during the cooking process and gastrointestinal digestion. In this study, a
5 combined *in vitro* model (UBM-SHIME, Unified BARGE Method - Simulator of
6 Human Intestinal Microbial Ecosystem) was utilized to investigate arsenic
7 bioaccessibility and its speciation in raw and cooked shrimps. The results showed that
8 the cooking practices had little effects on arsenic content and speciation.
9 Bioaccessibility of arsenic in raw shrimp was at high level, averaging 76.94±4.28%
10 and 86.657±3.74% in gastric and small intestinal phases, respectively. Arsenic
11 speciation was stable in all of the shrimp digestions, with non-toxic arsenobetaine
12 (AsB) being the dominated speciation. Cooking practice significantly increased the
13 bioaccessibility of arsenate ($P<0.05$) in shrimp digests indicating the increase of the
14 potential health risks~~Compared to raw shrimp, cooking treatments significantly~~
15 ~~increase the bioaccessibility of arsenic ($P<0.05$) as well as the release of As(V), and~~
16 ~~increased the potential health risks.~~

17 **Key words:** arsenic, shrimp, bioaccessibility, speciation, *in vitro* model

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18 **1. Introduction.**

19 Arsenic is a widely-distributed toxin in the environment. Human are susceptible to
20 arsenic toxicity, and many diseases such as skin lesions, neurotoxicity and even
21 various types of cancers ^{1,2} are associated with arsenic exposure. Oral ingestion is the
22 predominant route for arsenic exposure ³. In addition to drinking water and rice,
23 seafood, including marine animals and seaweed, is also a key source of arsenic dietary
24 exposure ⁴⁻⁶. Marine shrimp (*Fenneropenaeus chinensis*), a rich source of proteins,
25 omega-3 and vitamin ⁷, is one of the most popular seafood in the world. Although
26 commonly, relatively large concentrations of arsenic are found in shrimp tissues,
27 consuming shrimp is considered to be safe, as the main arsenic speciation reported in
28 shrimp is non-toxic arsenobetaine (AsB) ⁸. However, recent health assessment studies,
29 have questioned this assumption, and ~~show~~showed a potential hazard associated with
30 highly toxic inorganic arsenic (iAs) content in shrimp ^{6,9}.

31

32 The process of cooking can alter both the total concentration of arsenic in a food,
33 along with speciation and bioavailability ^{10, 11}. Tawfik et al. ¹² have reported that
34 traditional cooking method can increase the arsenic content in shrimp by weight
35 reduction. Moreover, arsenic speciation in shrimp can be ~~change~~changed during
36 thermal treatment. Devesa et al. ^{13,14} demonstrated that trimethylarsine oxide (TMAO)
37 and tetramethylarsonium ion (TMA⁺) can be formed from the decarboxylation of AsB
38 in shrimp muscle during roasting and baking processes. The toxicity of arsenic is
39 dependent on its speciation; thus, the potential risks could be altered due to the

40 transformation of arsenic species. However, studies also showed that cooking
41 processes have limited effects on the contents of arsenic and its speciation in their
42 edible muscle ^{15, 16}. So, it is still controvertible whether cooking processes influence
43 the contents of arsenic and its speciation in shrimp.

44

45 Traditionally, most health risk assessments associated with oral exposure to arsenic
46 have been conducted using total concentrations, but this at best, provides only a worst
47 case estimate of toxicity because not all the arsenic would be completely released
48 from food during human digestion even in acidic conditions of the stomach ¹¹.

49 Bioaccessibility, the percentage of the metal(loid) released from its matrix into the
50 gastrointestinal tract (GI) ¹⁷, is a more realistic measurement of toxicity since it
51 represents the maximum bioavailability of the metal(loid) from it matrix ^{18, 19}.

52 Bioaccessibility can be evaluated using *in vitro* models such as PBET
53 (Physiologically Based Extraction Test), IVG (*In-vitro* Gastrointestinal method) and
54 UBM (Unified BARGE Method) ²⁰⁻²². For example, Koch et al. ²³ used the PBET
55 model to demonstrate the bioaccessibility of arsenic in various food, and showed that
56 the bioaccessibility of arsenic in berries and plants (means of 12%-45%) was lower
57 than that in mushrooms and hare meat (ranging from 22% to 76%). Nevertheless,
58 most of these *in vitro* models still have limitations because they only simulate the
59 digestive processes in the stomach and small intestine, and do not consider the colon
60 environment.

61

62 | The colon tract has been ~~shown~~showed to provide a vast (up to 10^{14} bacterial cells)
63 and diverse (above 1,000 speciation) microbiota, which could contribute to the change
64 of bioaccessibility and its speciation transformation ²⁴⁻²⁶. Recently, an *in vitro* model,
65 SHIME (Simulator of Human Intestinal Microbial Ecosystem), cultured with human
66 colon microbiota was developed to evaluate the microbial metabolic potency of
67 ingested substances ²⁵. By utilizing this model, various arsenic speciation such as
68 highly-toxic monomethylarsonous acid (MMA(III)), dimethylarsinous acid
69 (DMA(III)) and toxicity unknown monomethyl monothioarsonic acid (MMMTA(V))
70 were found to be associated with colon microbiota ^{3, 24}. The metabolic activity of
71 human colon microbiota should be considered when assessing human health risks
72 from oral exposure to As. In this study, by using a combined UBM-SHIME *in vitro*
73 models, we aim to (1) assess the effects of cooking methods on the arsenic
74 concentrations and its speciation of shrimp; (2) evaluate the bioaccessibility of arsenic
75 and its speciation changes during gastrointestinal digestion (gastric, small intestinal,
76 and colon phases with human gut microbiota) of the cooked shrimp. The results of
77 this study will give us a more comprehensive insight on potential risks of arsenic
78 associated with cooked seafood.

79

80 **2. Materials and Methods.**

81 **2.1 Chemicals and reagents**

82 Sodium arsenate ($\text{Na}_2\text{HAsO}_4 \cdot 12\text{H}_2\text{O}$) (As(V)) and sodium arsenite (NaAsO_2) (As(III))
83 were purchased from BAL (Beijing, China), monomethylarsonic acid (MMA(V)) and
84 dimethylarsinic acid (DMA(V)) were purchased from AccuStandard. Inc (New Haven,
85 CT), arsenobetaine (AsB) stock solution (GBW08670) was purchased from Aokebio.
86 LTD (Beijing China). Ultrapure 18 $\text{m}\Omega \cdot \text{cm}$ water (DDI; Millipore, Bedford, MA,
87 USA) was used throughout all experiments. All the digestive juice (saliva, gastric,
88 duodenal and bile juice) was prepared as detailed in a previous study²¹.

89

90 **2.2 Sample preparation**

91 The shrimp (*Fenneropenaeus chinensis*) used in this study was purchased from a local
92 market in Xiamen city, China. The fresh shrimp was simply washed with running
93 water three times and then divided into three groups. The first group was uncooked as
94 control and the other two groups were boiled and fried, respectively. Cooking
95 processes were carried out in a kitchen gas. ~~For boiling, r~~unning water and soybean
96 oil were used for boiling and frying, respectively. The time for the boiling and frying
97 process was about 4 min. After being cooked, the edible tissues of shrimp were
98 separated from their shells, then frozen dried and ground to a fine powder. All the
99 samples were stored at -20°C until use.

100 **2.3 Determination of total arsenic in shrimp**

101 The total arsenic concentrations in both raw and cooked shrimp were determined as
102 ~~previously~~previous described ²⁷. Briefly, 0.2 g of freeze-dried edible shrimp samples
103 were placed in high-pressure Teflon tubes with the addition of 4 mL HNO₃ and 0.5
104 mL HCl, and pre-digested overnight at room temperature in a fume extraction hood. A
105 following three-step microwave digestion procedure was carried out: 5 min ramp
106 from room temperature to 75 °C and hold for 10 min; 5 min ramp from 75 °C to 95 °C
107 and hold for 10 min; 5 min ramp from 95 °C to 125 °C and hold for 30 min. After
108 cooling down, the sample solutions were transferred into 50 mL centrifuge tubes and
109 diluted with ultrapure water to a final volume of 40 mL. The solution was passed
110 through a 0.22 µm filter (Millipore, Bedford, MA, USA), and analyzed for arsenic by
111 inductively coupled plasma-mass spectrometry (ICP-MS, Agilent 7500cx, Palo Alto,
112 CA, USA). A Dynamic Reaction Cell (DRC) mode was used to eliminate polyatomic
113 argon chloride interferences, and quantification was performed by internal calibration
114 using germanium (Ge, m/z 72).

115

116 **2.4 Arsenic extraction and speciation in shrimp**

117 Arsenic species in the shrimp were extracted according to a previous method ²⁸.
118 Briefly, 0.15 g of freeze-dried samples were accurately weighed and put in the Teflon
119 vessels with the addition of 20 mL of methanol and water (4:1, v/v). The samples
120 were heated and maintained at 95 °C for 20 min. After cooling, the suspensions were

121 transferred into 50 mL polyethylene tubes. Next, the samples were placed in a water
122 bath set to 37 °C, and flushed with nitrogen to remove the methanol. Finally, the
123 extractions were made up with ultra-pure water to a final volume of 20 mL. Arsenic
124 speciation was measured by high performance liquid chromatography-inductively
125 coupled plasma-mass spectrometry (HPLC-ICP-MS, Agilent 7500cx, Palo Alto, CA,
126 USA). A Hamilton PRP-X100 anion exchange column (250 mm × 4.1 mm, ID 10
127 µm particle size, Reno, NV, USA) was used to separate As(III), As(V), DMA(V),
128 MMA(V) and AsB. The mobile phase consisted of a mixture of 10 mM ammonium
129 nitrate and 10 mM diammonium hydrogen phosphate, which had been adjusted to pH
130 9.25 by ammonium hydroxide ²⁹. Arsenic speciation in the digestive tract solution was
131 identified by comparing their retention time to those of standards (AsB, As(III), As(V),
132 MMA(V) and DMA(V)), quantified by external calibration curves of DMA(V) ²⁹.

133

134 **2.5 Dynamic SHIME**

135 The colon microbial community used in the experiment was cultured and maintained
136 in a modified SHIME dynamic model ²⁵. The SHIME model consists of five
137 double-jacketed vessels kept at a temperature of 37 °C, simulating the stomach, small
138 intestine, ascending colon, transverse colon and descending colon, respectively
139 (Figure S1). 150 mL SHIME feed (pH 2.0±0.1, arabinogalactan 1.0 g/L, pectin 2.0
140 g/L, xylan 1.0 g/L, starch 4.0 g/L, glucose 0.4 g/L, yeast extract 3.0 g/L, peptone 3.0
141 g/L, mucin 1.0 g/L and cysteine 0.5 g/L) was pumped into the stomach vessel, and

142 150 mL pancreatic juice (pH 6.9±0.2, sodium bicarbonate 12.5 g/L, bile salts 6.0 g/L
143 and pancreatin 0.9 g/L) was pumped into the intestine vessel every day. The three
144 colon vessels were previously inoculated with mixed fecal microbiota obtained from
145 three Chinese adult volunteers without prior antibiotic intake in the six months. The
146 pH values in the ascending colon, transverse colon and descending colon were
147 maintained as 5.6~5.9, 6.1~6.4 and 6.6~6.9, respectively. All of the five vessels were
148 connected one by one, and continuously stirred and kept anaerobic by regularly
149 flushing with nitrogen gas (twice a day, 15 min for each time). After adaptation, we
150 checked both the short chain fatty acids (SCFAs) which is the important metabolites
151 of colon microorganisms and the composition of the colon microbial community in
152 the three colon vessels in the 21st and 27th day. The results showed that the SCFAs
153 concentrations was almost equal (Figure S2) and microorganisms was also almost the
154 same (Table S1) in the two time points. Thus, we confirmed that a stable human
155 microbial community was obtained in the descending colon compartments, and we
156 collected the suspension in colon vessels for further study.~~The three colon vessels~~
157 ~~were inoculated with mixed fecal microbiota previously obtained from three Chinese~~
158 ~~adult volunteers who had no history of antibiotic treatment in the six months prior to~~
159 ~~the study.~~

160
161 ~~After 4 weeks of adaptation, a stable microbial community was obtained in the~~
162 ~~descending colon compartments for further study.~~

163

164 **2.6 Bioaccessibility ~~Bioaccessible~~ of arsenic in shrimp**

165 The *in vitro* model assays used are described previously ²¹. Firstly, to stimulate the
166 gastric phase, 0.36 g freeze-dried shrimp powder was accurately added into 100 mL
167 brown serum bottles with 5.4 mL ~~of~~ simulated saliva and thoroughly mixed by
168 manually shaking, and then 8.1 mL of simulated gastric fluid was added. The solution
169 pH was adjusted to 1.3 ± 0.1 with HCl (1 mol/L) and the bottles were capped with
170 rubber stoppers which are impervious to oxygen and flushed with nitrogen gas to keep
171 the anaerobic environment, and shaken (100 rpm) at 37 °C for 2 h. Subsequently, for
172 the small intestinal phase, 16.2 mL of simulated duodenal fluid and 5.4 mL of
173 simulated bile fluid were added to bottles after 2 h incubation in gastric phase. The pH
174 was adjusted to 6.3 ± 0.5 with NaOH (1.0 M), and the bottles were flushed with
175 nitrogen gas again to ensure the anaerobic environment, then returned to the shaker
176 for an additional 4 h incubation. Finally, in order to simulate colon phase, 35.1 mL of
177 colon SHIME solution (with stable human colon microbota) from the descending
178 compartment of the dynamic SHIME system was supplemented into the bottles after 4
179 h incubation in intestinal phase. Additionally, nitrogen gas was flushed again to assure
180 anaerobic conditions, and bottles were placed back to shaker and incubated at 37 °C
181 for an additional 48 h. The experiment was carried out in quadruplicate and
182 destructive sampling was performed. All samples taken from gastric, small intestinal
183 and colon phases were centrifuged at 10,000 g for 10 min, arsenic speciation in
184 supernatant was analyzed by HPLC-ICP-MS. For the bioaccessible arsenic, the
185 supernatant was diluted 10-folds with 0.1 M HNO₃ and analyzed by ICP-MS. Arsenic

186 in the *in vitro* supernatants was defined as the bioaccessible fraction and
187 bioaccessibility was calculated using the following equation:

$$188 \quad As \text{ Bioaccessibility}(\%) = \frac{[As]_{filtrate} \times Fluid \ Volume}{[As]_{shrimp} \times Food \ Mass} \times 100\%$$

189 where $[As]_{filtrate}$ is the total arsenic concentration (mg/L) in the 0.22 μm filtrate, Fluid
190 Volume is the total volume of the gastric, small intestinal and colon fluid (L),
191 $[As]_{shrimp}$ is the total arsenic concentration (mg/kg) in the cooked shrimp, and Food
192 Mass is the total mass (kg) of the shrimp used in the *in vitro* test.

193

194 2.7 Quality assurance

195 To avoid contamination, all glassware, storage bottles and centrifuge tubes were
196 soaked in 10% nitric acid for at least 48 h and rinsed three times with ultra-pure water
197 and preserved dried before use. For total arsenic determination, the certified value of
198 total arsenic in the SRM (GSB-28) sample was 2.34 ± 0.17 mg/kg, indicating a
199 satisfied recovery value of 93.6%. A reagent blank was also included in each batch of
200 sample digestion and analysis to check the precision of the method. In addition, the
201 chromatographic ~~recovery~~ recoveries have been validated by dividing the sum of the
202 concentrations of chromatographically detected arsenic speciation by the total arsenic
203 concentration measured by ICP-MS. The recoveries were satisfied 93.091%-106.81%.

204 2.8 Statistics

205 SPSS 16.0 was used for the statistical analysis. A one-way ANOVA and univariate

206 analysis were performed to determine statistical differences. All statistical tests were
207 considered significant at $P < 0.05$ level. Results were expressed as mean \pm standard
208 deviation (n=4). Graphs were performed with SigmaPlot 12.5.
209

210 **3 Results and discussion.**

211 **3.1 Concentrations of arsenic and its speciation in raw and cooked shrimp**

212 The average total arsenic concentrations of the raw shrimp sample was 1.37 ± 0.02
213 $\text{mg} \cdot \text{kg}^{-1}$ (dry weight). The values for cooked shrimps were similar to raw samples
214 (Table 1), which indicates that the cooking treatments had limited impact on the final
215 arsenic concentrations. While, up to 88.14% of total arsenic in raw shrimp was AsB,
216 which was generally assumed to be non-toxic speciation. It should be noted that
217 $0.14 \pm 0.04 \text{ mg} \cdot \text{kg}^{-1}$ (dry weight) carcinogenic inorganic arsenic was also detected in
218 raw shrimp. The cooking treatments had limited effects (2.19% and 2.92% increase
219 for boiling and frying, respectively) on total arsenic content. Previous studies also
220 showed a similar result in which the total arsenic in cooked seafood was close to the
221 values in raw samples ^{16, 30, 31}. However, Tawfik et al. ¹² showed that arsenic
222 concentrations in cooked shrimp were higher than those found in raw shrimp and it
223 should be noted that those shrimps were cooked with ingredients such as onions, salt
224 and mixed spices which contain some arsenic. Hence, it can be expected that such a
225 study obtained higher arsenic values in the cooked shrimp. In addition, Ersoy et al. ³¹
226 reported that arsenic concentration in sea bass fillets was considerably increased
227 from $0.372 \text{ mg} \cdot \text{kg}^{-1}$ (raw, wet weight) to $2.66 \text{ mg} \cdot \text{kg}^{-1}$ (fried, wet weight), and the
228 increase generally agreed with the decreased in weight. It is easily to understand that
229 the decrease in weight caused by cooking was resulted from the loss of water and
230 other soluble compounds such as carbohydrates ¹³, and more importantly the
231 decrease of weight may be the main reason why arsenic was concentrated in cooked

232 food ¹⁵. However, the shrimp samples (raw, boiled and fried) in our study were
233 cooked without any ingredients, and all shrimp samples were freeze-dried before
234 analysis, so it is reasonable that we did not detect significant changes in cooked
235 shrimp.

236

237 Besides the total arsenic concentration, the arsenic speciation patterns between raw
238 and cooked shrimp was also similar (Table 1), with non-toxic AsB accounting for
239 90.40% and 91.475% of the total arsenic in boiled and fried shrimp, respectively.

240 These results indicate that boiling and frying had no sufficient effects on the
241 speciation changes of arsenic. Our results were consistent with previous study which
242 demonstrated that heat treatment does not produce a change in the arsenic speciation
243 of seaweeds ³². However, Devesa et al. ¹³ demonstrated that AsB in shrimp could be
244 decarboxylated to form tetramethylarsonium ion (TMA⁺) during roasting, grilling and
245 baking processes. Since a temperature of 150 °C was required for transforming
246 arsenic ³³, a low liquid temperature (100 °C for boiling and less than 140 °C for frying)
247 and short cooking time (48 min for both boiling and less than 5 min for frying) in
248 our study may not be sufficient to catalyze the arsenic transformation. Thus, in order
249 to decrease the toxicological risks from arsenic, low temperature and short cooking
250 time were recommended when cooking shrimp.

251

252 3.2 Bioaccessibility of arsenic and its speciation

253 Arsenic from shrimp exhibited high bioaccessibility values (all above 75.0%) in the
254 digestive tract, which suggests the risk was not generally overestimated. The
255 bioaccessibility of arsenic for raw shrimp upon saliva-gastric juice extraction was up
256 to 76.94±4.28%. The high bioaccessibility values are in agreement with previous
257 studies^{11, 34, 35}. Laparra et al.³⁴ also observed arsenic bioaccessibility between 67.5%
258 and 100% in seafood, which supports our findings. Upon 4 h of intestinal digestion,
259 the bioaccessibility of arsenic significantly ($P<0.05$) increased to 86.657±3.74% for
260 raw shrimp. The bioaccessibility was higher than reported in other studies^{35, 36}. The
261 plentiful active enzyme components, for example pancreatic and bile, used in our
262 study were considered to be the main contributor for the higher bioaccessibility of
263 arsenic in small intestinal digestion than that in gastric digestion³. In shrimp, arsenic
264 was mainly distributed in protein and cellular debris³⁷. The active enzyme
265 components are efficiently involved in the cleaving denaturalized proteins into free
266 amino acids, the processes could facilitate the releasing of arsenic from protein and
267 cellular debris³⁸. Hence, the bioaccessibility was increased from 77.82% to 94.41%
268 for AsB, from 48.53% to 71.64% for As(V) (Table 3). In addition, the longer duration
269 time in intestinal digestion (4 h) than that in stomach (2 h) would also increase the
270 releasing of arsenic from its matrix³⁹. For colon digestion, an impressive change of
271 arsenic bioaccessibility in raw shrimp was observed. The arsenic bioaccessibility was
272 decreased from 86.657±3.74% (small intestine 4 h) to 43.20±0.93% (colon 12 h) and
273 then raised back to 95.081±3.09% at the end of simulated digestion. The arsenic

274 bioaccessibility decrease in colon phase was also detected in a previous study ³, and
275 this may be explained by the binding to the dead microbial biomass that introduced in
276 colon suspension ²⁴. After 12 hours adaption, the active colon microorganisms showed
277 the ability to breakdown the remaining food matrix, which might further contribute to
278 arsenic release ²⁴. Therefore, the bioaccessibility of arsenic raised back to a high level.

279 ~~Give such high bioaccessibility, it is reasonable to use the total concentrations to~~
280 ~~evaluate food safety of arsenic in shrimp if without considering the arsenic speciation.~~

281

282 Furthermore, the bioaccessibility of arsenic for boiled and fried shrimps was
283 significant ($P < 0.05$) higher than that in raw shrimp (Figure. 1). The results implied
284 that cooking could significantly increase the bioaccessibility of arsenic. Interestingly,
285 in stomach stage, the bioaccessibility of As(V) for boiled (58.83%) and fried (63.20%)
286 was significantly higher than that for raw shrimp (48.53%), while there was no
287 significant difference of the AsB bioaccessibility between raw and cooked shrimps
288 (Table 3). Similar to stomach stage, the bioaccessibility of As(V) in small intestinal
289 stage for boiled and fried shrimps was 93.24% and 98.576%, respectively, which was
290 much more higher than that for raw shrimp (71.64%). This might because As(V) was
291 bound to protein in shrimps, and the high temperature during the cooking processing
292 would contribute to the hydrolysis of protein by active enzyme components to release
293 more As(V) resulting in high bioaccessibility ¹². Considering that As(V) is human
294 carcinogen, the increase of the bioaccessibility of As(V) in shrimp after cooking may
295 increase the potential carcinogenic risks.

296 3.3 Arsenic speciation at colon digestive tract

297 As human gut microbiota plays an important role in arsenic biotransformation, we
298 also detected the arsenic speciation at colon digestive tract with active colon microbial
299 suspensions. After 48 h incubation with active colon microbial suspensions, only AsB
300 was detected in both raw and cooked shrimp digests, iAs may have become over
301 diluted because the large dilution step in colon stage lead to the concentrations of iAs
302 dropping below the detect limitation ($0.2 \mu\text{g}\cdot\text{L}^{-1}$ in HPLC-ICP-MS) (Table 2).
303 However, Harrington et al.⁴⁰ demonstrated that AsB could be degraded to DMA(V),
304 dimethylarsinoylactic acid (DMAA) and trimethylarsine oxide (TMAO) after seven
305 days incubation with microorganisms inoculated from human gastrointestinal tract. In
306 order to test the stability of AsB in digestive tract, pure standards of $0.65 \text{ mg}\cdot\text{L}^{-1}$ AsB
307 solution (500 μL) was add to the digestive juice according to the *in vitro* protocol. We
308 found that AsB was stable presented in gastric, small intestinal and colon phases
309 | (Figure. 2Figure S3). Considering the limited incubation time in our study (48 h with
310 gut microorganisms), no degraded products of AsB in colon phases is quite plausible.
311 The bioaccessible arsenic speciation in both raw and cooked shrimps was stably
312 presented as non-toxic AsB to a great extent in digestive tract.

313

314 4 Conclusions

315 This study revealed that the bioaccessibility of arsenic in small intestinal phase was
316 higher than that in gastric phase. No degraded products of arsenobetaine was detected
317 | in colon phases. Although cooking treatments had limited effects on the [changes of](#)

318 | ~~total arsenic total~~ concentration and ~~arsenic~~ speciation ~~changes of arsenic~~ in shrimps,
319 | a higher bioaccessibility of As(V) was observed in cooked shrimps, which may
320 | increase the potential health risks eventually.

321

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325

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- 447

448 **Figure captions**

449 Figure 1 Bioaccessibility of arsenic in raw and cooked shrimp samples. (average \pm
450 standard deviation, n=4)

451

452 ~~Figure 2 The chromatography of pure standards of AsB in digestive juice. Arsenic~~
453 ~~speciation was identified by comparing their retention time to those of standards (AsB,~~
454 ~~As(III), As(V), MMA(V) and DMA(V)).~~

455

Tables

Table 1 Arsenic speciation in the raw and cooked shrimp samples. (average±standard deviation, mg·kg⁻¹, n=4; Extract efficiency=the sum of speciation/the total arsenic)

	AsB	As(V)	As(III)	iAs	Sum of speciation ^b	Total arsenic ^a	Extract efficiency (%)
raw	1.04±0.05	0.10±0.03	0.04±0.01	0.14±0.04	1.18±0.05	1.37±0.02	85.92
boiled	1.13±0.04	0.09±0.04	0.03±0.01	0.12±0.06	1.25±0.04	1.40±0.03	89.07
fried	1.18±0.07	0.10±0.03	0.01±0.01	0.11±0.04	1.29±0.10	1.41±0.04	91.49

^a Analyzed by ICP-MS;

^b Analyzed by HPLC-ICP-MS;

Table 2 Arsenic speciation concentration in gastric, small intestinal and colon phases. (average±standard deviation, µg/L, n=4; ND: not detected; Chromatographic recovery = sum of speciation/total arsenic in supernatant).

	AsB (µg/L)	As(V) (µg/L)	As(III) (µg/L)	sum of speciation (µg/L)	bioaccessibility (%)	chromatographic recovery (%)	
stomach	raw	21.58±2.17	1.29±0.21	ND	22.88±2.29	76.94±4.28	
	boiled	24.84±2.26	1.41±0.16	ND	26.26±2.11	83.71±1.94	93.09
	fried	25.23±2.90	1.69±0.22	ND	26.92±3.11	85.94±6.60	
small intestine	raw	10.07±1.08	0.73±0.04	ND	10.81±1.07	86.65±3.74	
	boiled	10.72±0.57	0.86±0.05	ND	11.58±0.60	90.68±4.66	103.67
	fried	11.24±0.21	1.01±0.11	ND	12.25±0.32	92.47±2.77	
colon	raw	5.90±0.06	ND	ND	5.90±0.06	95.08±3.09	
	boiled	6.12±0.17	ND	ND	6.12±0.17	96.44±2.66	106.81
	fried	6.28±0.21	ND	ND	6.28±0.21	98.48±0.62	

ND: Not detectable

Table 3 Arsenic speciation bioaccessibility in gastric, small intestinal and colon phases.

	stomach (%)			small intestine (%)			colon (%)		
	raw	boiled	fried	raw	boiled	fried	raw	boiled	fried
AsB	77.82	82.45	80.18	94.41	92.51	92.90	87.42	86.74	87.24
As(V)	48.53	58.83	63.20	71.61	93.21	98.57	-	-	-
As(III)	-	-	-	-	-	-	-	-	-

-: no values available.

Figure graphics

Figure 1

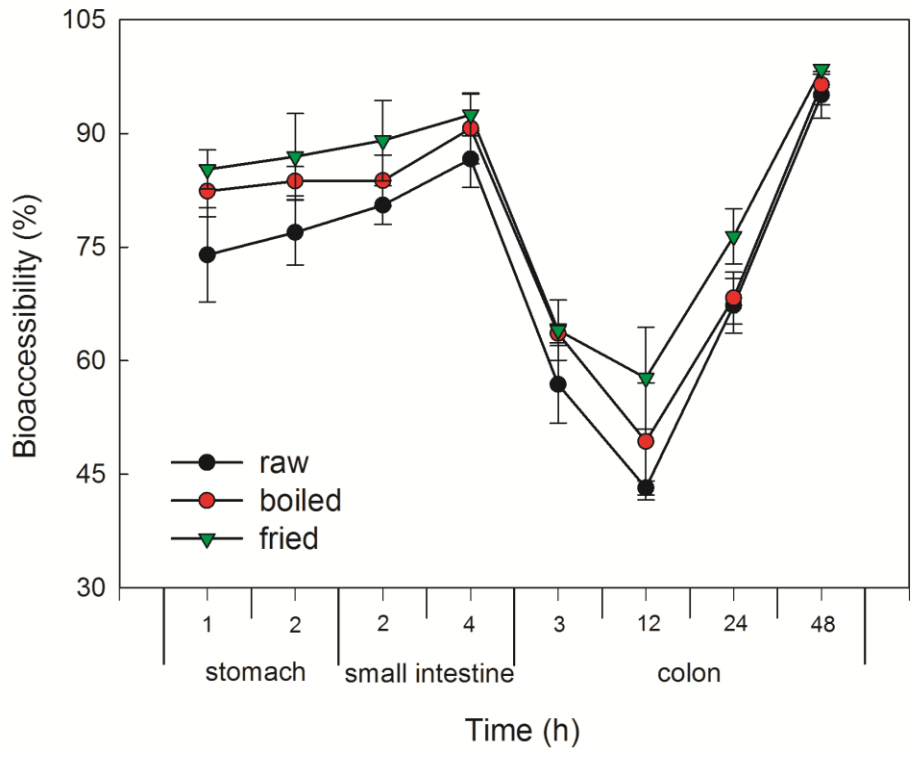


Figure 2

