The metabolic response of the Bradypus sloth to temperature

Queen's University Belfast - Research Portal:
Link to publication record in Queen's University Belfast Research Portal

The metabolic response of the *Bradypus* sloth to temperature

Rebecca Naomi Cliffe[1,2,3], David Michael Scantlebury[4], Sarah Jane Kennedy[3], Judy Avey-Arroyo[2], Daniel Mindich[2] and Rory Paul Wilson[1]

[1] Swansea Lab for Animal Movement, Biosciences, College of Science, Swansea University, Swansea, Wales, United Kingdom
[2] The Sloth Sanctuary of Costa Rica, Limon, Costa Rica
[3] Research Center, The Sloth Conservation Foundation, Preston, Lancashire, United Kingdom
[4] School of Biological Sciences, Institute for Global Food Security, Queen's University Belfast, Belfast, Northern Ireland

ABSTRACT

Poikilotherms and homeotherms have different, well-defined metabolic responses to ambient temperature (T_a), but both groups have high power costs at high temperatures. Sloths (*Bradypus*) are critically limited by rates of energy acquisition and it has previously been suggested that their unusual departure from homeothermy mitigates the associated costs. No studies, however, have examined how sloth body temperature and metabolic rate vary with T_a. Here we measured the oxygen consumption (VO_2) of eight brown-throated sloths (*B. variegatus*) at variable T_a's and found that VO_2 indeed varied in an unusual manner with what appeared to be a reversal of the standard homeotherm pattern. Sloth VO_2 increased with T_a, peaking in a metabolic plateau (nominal 'thermally-active zone' (TAZ)) before decreasing again at higher T_a values. We suggest that this pattern enables sloths to minimise energy expenditure over a wide range of conditions, which is likely to be crucial for survival in an animal that operates under severe energetic constraints. To our knowledge, this is the first evidence of a mammal provisionally invoking metabolic depression in response to increasing T_a's, without entering into a state of torpor, aestivation or hibernation.

BACKGROUND

In order to survive, animals must remain in positive energy balance over their lifetime, with energy acquisition occurring via food, and energy expenditure occurring via movement (*Nathan et al., 2008*; *Shepard et al., 2013*), growth (including tissue regeneration) (*Careau et al., 2013*; *Pontzer et al., 2014*), reproduction (*Gittleman & Thompson, 1988*; *Thometz et al., 2016*), and physiological homeostasis (*Haim & Borut, 1981*; *Silva, 2005*). Temperature regulation has been subject to particular interest within the scientific community because variations in environmental temperature are clear stressors that can be measurable.

Ambient temperature (T_a) affects poikilotherms and homeotherms (*Schmidt-Nielsen, 1997*) in profoundly different ways. Temperature affects the rates of biochemical and

enzymatic reactions (*Daniel et al., 2010*) and it is this thermodynamic effect that ties the performance of poikilotherms, which are unable to internally modulate their core body temperature (T_b) independently of their surrounds, to thermal fluctuations in the environment (*Schulte, 2015*). Instead, they utilise behavioural methods of thermoregulation with the thermal optimum considered to be the ambient (and body) temperature at which metabolic rate is highest and performance optimised (*Boyles et al., 2011*). Typically poikilotherm metabolic rate rises with T_a to a point where excessive heat causes system breakdown, eventually leading to death (*Angilletta, 2009*; *Huey & Stevenson, 1979*). By contrast, homeotherms usually use adaptive thermogenesis to maintain high, stenothermal, T_b's that are largely independent of their surroundings (*Lowell & Spiegelman, 2000*), maintaining physical performance at a range of T_a's (*Pat, Stone & Johnston, 2005*). This comes at an energetic cost though (*Nagy, 2005*), because at low T_a's, where the heat produced by metabolic processes during normal activity does not equal the heat lost (below the thermoneutral zone (TNZ)), animals have to increase their metabolic rate to keep warm (*Haim & Borut, 1981*). Above the TNZ, homeotherms have to increase metabolic rate to engage in processes that help eliminate excessive heat impinging from the environment (*McNab, 2002*). This results in the classic 'U-shaped' metabolic rate versus temperature curve (*Haim & Borut, 1981*) with the expectation that homeotherms typically attempt to operate at temperatures within their TNZ in order to minimise energetic costs. When faced with unfavourable conditions or lack of resources(*Geiser, 2004*; *Lovegrove & Génin, 2008*; *McKechnie & Mzilikazi, 2011*) many mammals are capable of invoking a poikilothermic response by entering a state of dormancy such as daily torpor, aestivation or hibernation. During these dormant periods, metabolic rate and body temperature can be depressed for prolonged periods (*Wilz & Heldmaier, 2000*).

Three-fingered sloths (*Bradypus variegatus*) are not known to enter such states of dormancy, yet are an enigma within the classic poikilotherm-homeotherm groupings. Most particularly, their T_b may fluctuate by up to 10 °C over a 24 h period (*Britton & Atkinson, 1938*). Anecdotally, they are suggested to behave like reptiles by making behavioural and postural adjustments which are used to control rates of heat gain and loss (*Britton & Atkinson, 1938*; *Huey, 1982*; *Kearney & Predavec, 2000*; *Montgomery & Sunquist, 1978*). Indeed, there is speculation that this poikilothermic strategy might enable sloths to have the lowest metabolic rates of non-hibernating mammals, some 40–74% of the predicted value relative to body mass (*Brody & Lardy, 1946*; *Geiser, 2004*; *Irving, Scholander & Grinnell, 1942*; *McNab, 1978*; *Nagy & Montgomery, 1980*; *Pauli et al., 2016*). Quite how sloths might respond metabolically to fluctuations in T_a is unknown, in particular given their extraordinary variation in T_b.

We hypothesised that, given the strong link between ambient and sloth body temperature (which has led to them being likened to ectotherms), an increase in temperature should, theoretically, result in an increase in metabolic rate. To test this idea we determined the resting metabolic rate (RMR) of eight adult sloths (*B. variegatus*) using indirect calorimetry across a range of T_a's (21–34 °C) while simultaneously recording T_b and documenting postural adjustments. We detail how the sloth metabolic response to variation in T_a appears

to be the reverse of that expected for a non-hibernating homeothermic mammal and speculate that this may serve to minimise energy expenditure over a range of environmental conditions.

MATERIALS AND METHODS

Ethics statement

This research was approved by the Swansea University Animal Welfare & Ethical Review Process Group (AWERP), and the Costa Rican government and associated departments (MINAE, SINAC, ACLAC) permit number: R-033-2015. All research was performed in accordance with relevant guidelines and regulations.

Animals and study site

Eight adult *B. variegatus* sloths (four male, four female) were chosen for metabolic measurements (Table S1). Five of these were captive animals that were wild-born and maintained permanently at the Sloth Sanctuary of Costa Rica (N09°47′56.47″W 082°54′47.20″). The other three sloths were wild-caught and obtained from the protected forested grounds of the Sloth Sanctuary. Wild sloths were caught by hand and were released in the location in which they had been captured following the completion of metabolic rate determination. All experiments were undertaken between 08:00 and 21:00 in the Sloth Sanctuary veterinary clinic between May and September 2015.

Body temperature (T_b) measurements

A miniature temperature logging device (iButton®; Thermochron, Dallas Semiconductors, Maxim Integrated Products, Inc., Sunnyvale, CA, USA) (model DS1922L ($\pm$ 0.0625 °C)) was inserted into the rectum of four sloths using a gloved digit and lubricant. The logger was calibrated prior to use by immersion into a temperature-controlled water bath (*Scantlebury et al., 2012*) and programmed to record temperature every 30 min. Sloths normally defaecate only once a week, storing faeces in an anal pouch (*Gilmore, Da Costa & Duarte, 2001*). Rectal insertion of the temperature logger was therefore deemed the least-invasive, non-surgical method of obtaining accurate body temperature values. If faecal pellets were found in the anal pouch of the animal, these were removed prior to logger insertion to ensure the most accurate (and long-term) temperature readings.

Resting metabolic rate (RMR) measurements

Prior to measurements, all sloths were weighed (E-PRANCE® Portable Hanging Scale ($\pm$ 0.01 g)). They were then placed in an 87-L Perspex® metabolic chamber (55 cm long × 45 cm high × 35 cm wide). The chamber was placed in a temperature-controlled water bath which was covered with a polystyrene lid. Concrete weights were placed on top of the chamber to prevent it from floating. The water bath (95 cm × 85 cm × 75 cm), also made from Perspex®, was lined with black plastic sheeting and supported with an exterior metal frame. Within the metabolic chamber, there was a wooden bar for the animal to hold on to, and from which it could suspend itself upside down. There was a small window in the plastic sheeting (a 'peep'-hole) through which the sloth could be observed without it being disturbed by the observer.

Oxygen consumption (VO_2) was measured using an open-flow system with an upstream flow-meter. Fresh air from outside was pumped into the chamber (AIR CADET® Barnant, model 420–1,902 (Barrington Illinois 60010)), via a copper coil submerged in the water bath, at rates of between 6.0 and 12.0 L/min. The flow rate was adjusted to ensure that depressions in oxygen concentration within the chamber remained between 0.2–0.8% (*Speakman, 2013*). The flow was measured using a flow meter (ICEhte10 platon flow meter 1-12L/min; ICEoxford Limited, Oxford, UK) which was factory calibrated and checked prior to use using a mass-flow generator (Sable Systems Flowkit 100; Las Vegas, NV, USA). The incurrent air flow rate was measured before drying. The system was checked for leaks using a dilute solution of soapy water. The air inlet was located on the opposite side of the chamber to the air outlet to ensure adequate mixing of air within the chamber. Air leaving the chamber was subsampled at 200 ml/min and then dried (using Drierite) before entering an oxygen and carbon dioxide analyser (FoxBox Field Gas Analysis System; Sable Systems International, Las Vegas, NV, USA). The length of tubing leading from the metabolism chamber to the gas analysers was 0.5 m. The lag time for the analyser reading to equilibrate when the tubing was placed into the chamber to subsample the gasses was less than 1 min. The analyser was factory calibrated and set to 20.95% oxygen before each animal was measured. Fresh air readings were recorded at the start and the end of each run to correct for analyser drift. Any drift in the analyser was assumed to be linear for baseline correction. A time of 120 min was allowed at the beginning of each experiment for each sloth to become accustomed to the chamber, for T_b to adjust to the chamber temperature (Figs. S1 and S2) and for the chamber gases to equilibrate (*McClune et al., 2015*) (Fig. S3). The animals were observed continuously through the peep hole (for welfare reasons) and behaviour and posture noted at four-minute intervals. During measurement periods (i.e., following temperature adjustment periods and when gas concentrations had stabilised), oxygen and carbon dioxide concentrations were recorded manually at two-minute intervals. A total of 15 experimental runs were made: two sloths were tested on three occasions, three sloths were tested on two occasions, and three sloths were tested once (Table S1). An 'experimental run' refers to a series of measurements from one animal, taken during the course of a day.

VO_2 (ml/min) was calculated as:

$$VO_2 = \frac{FR \cdot ((F_iO_2 - F_eO_2) - F_eO_2 \cdot (F_eCO_2 - F_iCO_2))}{(1 - F_eO_2)} \qquad (1)$$

where FR is the flow rate; F_iO_2 is the fractional amount of O_2 in the incurrent air; F_eO_2 is the fractional amount of O_2 in the excurrent air; F_iCO_2 is the fractional amount of CO_2 in the incurrent air; and F_eCO_2 is the fractional amount of CO_2 in the excurrent air (*Lighton, 2008*). Metabolic rates were calculated using a conversion factor of 20.1 joules per millilitre of oxygen, which is considered correct for an obligate herbivore such as the sloth (*Schmidt-Nielsen, 1997*). Values for RMR were compared with allometrically predicted values for terrestrial mammals from *Kleiber (1961)* and *White & Seymour (2003)*.

Thermal conductance, C (ml O_2/g.h °), was calculated as:

$$C = \frac{VO_2}{T_b - T_a} \qquad (2)$$

where VO_2 is in ml O_2/g.h, T_b is body temperature (°C), and T_a is ambient temperature (°C) (*McNab, 1980*).

Temperature manipulation

The temperature within the chamber was measured at various locations using a copper-constantan thermocouple and monitored on a Tecpel 307P Dual Input Digital Thermometer ($\pm$ 0.1 °C) (Fig. S4). Chamber temperature was recorded at four-minute intervals throughout the duration of each experimental run.

The first four experimental runs were undertaken with the chamber maintained at constant temperature. The remaining 11 experimental runs had the chamber temperature directly manipulated. Animals were introduced into the metabolic chamber at temperatures marginally lower than the test temperatures (mean 18 °C) for 2 h for complete rectal temperature stabilisation and to allow them some time to habituate to their surroundings before metabolic testing began (see the Supplementary Information for details of preliminary work). Following this, the temperature within the metabolic chamber was increased incrementally in 2-degree steps starting at 21 °C: i.e., 21–23 °C; 23–25 °C; 25–27 °C; 27–29 °C; 29–31 °C; 31-33 °C; 33–34 °C. These temperature brackets were selected as they encompass the extreme range of ambient temperatures to which *Bradypus* sloths are naturally exposed in the wild. In some cases, several RMR readings were made at different temperatures within each temperature bracket (Table S1).

The length of time animals spent at each temperature was sufficient to allow equilibration of gases within the chamber, and for the animal T_b to adjust to the new T_a (Figs. S1–S3). Typically, animals spent 60 min adjusting to each 2-degree temperature increment. Following the c.60-minute adjustment period, when sloths were seen to be at rest and the gas concentrations had stabilised, RMR readings took place and recordings were taken every 2 min for a further 10 min. RMR values were then calculated from the mean of these 5 values. In nearly every case, the sloths were inactive, apart from slow postural adjustments.

Temperatures within the chamber were controlled by varying the temperature of the water bath which contained two electric water heaters (Grant water bath heater circulator) and two water fans which stirred the water in a clockwise direction around the metabolic chamber.

As a control, the empty chamber was taken through 5 different temperature increments on three separate occasions prior to testing with animals. During these control tests, temperatures were recorded from twelve different locations within the chamber (Fig. S4).

Observations on posture and activity

Observations were made throughout each experimental run by looking through the peep hole in the water bath and recording a value every 4 min. Posture and activity were recorded on a scale of 1–6 (1 = tight ball/sleep, 6 = all limbs spread/vigorous activity) (Figs. 1 & S5)

Statistical analyses

Statistical analyses were conducted in R (*R Core Team, 2014*). Shapiro–Wilk normality tests were completed on data to determine which statistical tests would be appropriate. The relationship between RMR and T_a was determined using a hierarchical linear mixed
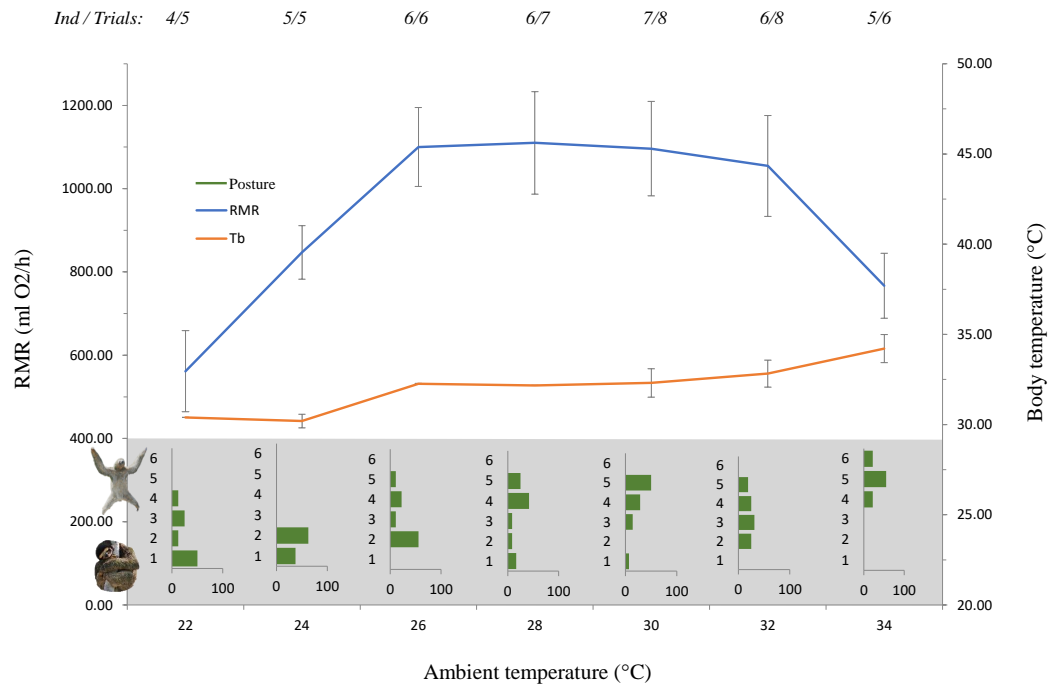
Cliffe et al. (2018), *PeerJ*, DOI 10.7717/peerj.5600

5/15

Figure 1 **The effect of ambient temperature (T_a) on resting metabolic rate (RMR), rectal temperature (T_b) and posture of *Bradypus variegatus* sloths.** Means presented ($\pm$1SE) are taken from 8 animals over a total of 10 different trials (repeated measurements for individual sloths). Number of individuals and trials at each temperature bracket listed across the top. Posture was graded visually on a scale of 1–6 (1 = tight ball, 6 = all limbs spread) and is presented as a frequency distribution with bars representing the proportion of cases. T_a significantly affected RMR, with the lowest metabolic values occurring at 22 °C (561 ml O_2/h $\pm$ 95 ml O_2/h). RMR increased with increasing T_a, before peaking and remaining constant between 26–30 °C (1,102 ml O_2/h $\pm$ 119 ml O_2/h). Above 30 °C, RMR decreased rapidly. Both sloth T_b and posture were significantly affected by changes in T_a. Photo credit: Rebecca Cliffe

Full-size ☑ DOI: 10.7717/peerj.5600/fig-1

model (LMM) fitted using the 'lmer' from the "lme4" package with delta AICc model selection. Body mass, sex and captivity status were entered as covariates and animal ID as a random factor to allow for repeated measurements within individuals. Models were compared to determine χ^2 and p values using likelihood ratio tests from the function 'Anova' in package "car". When determining the effect of T_a on RMR, only data from the 10 trials in which sloths were exposed to a wide range of ambient temperatures were included in the analysis. We calculated the percentage error of the allometric predictions by dividing the difference between measured and allometric values by the allometric value. RMR values were compared with the allometric predictions using one-sample t-tests. The effect of T_a on T_b was examined using a generalized linear model (GLM), where T_a was in interaction with animal ID, and the significance of this term determined by comparing GLMs with and without this interactive term using an anova model comparison. The effect of T_a on posture and activity was examined using ordinal response regression models, with posture and activity as the dependant variables in each case. P-values were obtained using the function 'Anova' in package "car" which performs a Wald Chi-square test.

RESULTS

Effect of T_a on Resting Metabolic Rate (RMR)

Means presented ($\pm$SE). Ambient temperature affected mean RMR ($\chi^2(1) = 8.3095$, $p = 0.004$), with the lowest metabolic rate (561 ml O_2/h $\pm$ 95 ml O_2/h) occurring at the lowest T_a (22 °C) (Fig. 1). As T_a increased, mean RMR values increased and remained high and constant between 26–30 °C (1,102 ml O2/h $\pm$ 119 ml O2/h), before decreasing thereafter (Fig. 1).

Effect of T_a on T_b and posture

Body temperature was recorded over a maximum range (across all animals) of 4.7 °C. The average range of T_b for each individual sloth was 2.0 °C, from a minimum of 30.2 °C to a maximum of 34.9 °C and was significantly related to changes in ambient temperature ($\chi2(16,3) = 0.885$, $p = 0.001$). As with metabolic rate, T_b did not differ significantly and was constant between T_a values of 26 and 30 °C (Fig. 1). The overall thermal conductance was 0.3 ml O2/g h ° $\pm$ 0.4 ml O2/g.h ° (SD) (Fig. S6). Body posture was significantly related to T_a ($\chi2(1) = 11.313$, $p = 0.001$), with the incidence of animals adopting spread-out postures increasing at higher temperatures.

Effect of body mass and sex on RMR

Across the eight sloths, mean body mass was 3.9 kg $\pm$ 0.5 kg (SD) and overall mean RMR was 432 kJ/day $\pm$ 155 kJ/day (SD) (increasing to 488 kJ/day $\pm$ 180 kJ/day (SD) within the mid temperature range where RMR remains least variable [26–30 °C]) (Table S1). Mean RMR values within this stable mid-temperature range (kJ/day) were significantly lower than both of the allometric predictions by *Kleiber (1961)* ($M = 816$, $SD = 85$ $t(13) = -7.546$, $p = 0.001$) and *White & Seymour (2003)* ($M = 581$, $SD = 55$ $t(13) = -2.345$, $p = 0.034$).

Captivity status (wild vs captive sloths) and sex did not have a significant effect on sloth RMR ($\chi^2(1) = 1.747$, $p = 0.186$) ($\chi^2(1) = 0.225$, $p = 0.636$). However, our small sample size limits the power of this result. There was a significant effect of body mass on RMR within the mid-temperature range where RMR remains least variable (26–30 °C) ($y = -69.632x + 398.96$, $R^2 = 0.401$, $p = 0.020$) where $\times$ represents body mass (kg) and y represents RMR (kJ/kg.day).

DISCUSSION

Our results are broadly comparable to both the RMR and field metabolic rate (FMR) values previously recorded for three-fingered sloths (*Irving, Scholander & Grinnell, 1942*; *McNab, 1978*; *Nagy & Montgomery, 1980*; *Pauli et al., 2016*) and confirm the notion that sloths have one of the lowest metabolic rates of any non-hibernating mammal. Indeed, values of VO$_2$ measured in the stable mid-temperature range (26–30 °C) were 40% lower, on average, than the prediction made by *Kleiber (1961)* for mammals, and 16% lower than the prediction of *White & Seymour (2003)*, which takes into account the additional variation attributable to T_b, phylogeny and digestive state (Table S1). There are multiple explanations as to why sloths have such a low metabolic rate, with perhaps the most popular being that their low-calorie diet which is high in toxicity, combined with an atypically long digestion

period, means that they acquire energy too slowly to be able to expend it rapidly (*Foley, Engelhardt & Charles-Dominique, 1995*; Brian K. *McNab, 1978*; *Montgomery & Sunquist, 1978*; *Nagy & Montgomery, 1980*).

Although sloths have a RMR that falls significantly below predictions based on body mass, they are not unique among mammals in this aspect. In particular, several species of fossorial rodents (e.g., *Geomys pinetis, Spalax leucodon, Tachyoryctes splendens, Heliophobius kapeti, Heterocephalus glaber*) as well as the Himalayan red panda (*Ailurus fulgens*), binturong (*Arctictis binturong*) and giant panda (*Ailuropoda melanoleuca*) (*McNab, 2005*; *McNab, 1988*; *Nie et al., 2015*) are known to have a lower than expected rate of metabolism (*Goldman et al., 1999*; *McNab, 1966*). As for sloths, current explanations for this also relate to the low rates at which energy is acquired by these animals (*Fei et al., 2016*; *McNab, 1978*).

The notable difference in the response of sloths is that their metabolic response to changes in ambient temperature appears to be the inverse of that expected for a typical homeotherm. This response, coupled with an obvious plasticity in body temperature, (*Britton & Atkinson, 1938*; *Irving, Scholander & Grinnell, 1942*; *Montgomery & Sunquist, 1978*), contrasts to the highly stenothermal state for most non-hibernating mammals (*Phuoc & Ngoan, 2005*). In particular, the 'inverted' U-shape of the curve relating VO_2 to T_a is highly unusual. It appears that sloths incorporate the drop in metabolic rate with T_a on the left hand side of the metabolic plateau (characteristic of poikilotherms), with a drop in metabolic rate with increasing temperature on the right-hand side of the plateau (which is characteristic of some homeotherms that engage in torpor, hibernation and aestivation *Heldmaier, Ortmann & Elvert, 2004*; *McNab, 2002*).

It would seem that sloths have limited capacity to produce heat at low T_a values (*Britton & Atkinson, 1938*; *Montgomery & Sunquist, 1978*) which, we suggest, leads to their reduced metabolic rates. While an unusual response for adult homeotherms, similar responses do occur in neonatal mammals which are not yet thermally independent (*Mortola & Naso, 1998*). Indeed, sloths have recently been found to have non-functional uncoupling protein 1 (UCP1) which is essential for non-shivering thermogenesis (*Gaudry et al., 2016*). It is notable, however, that the sloths did attempt to minimize heat loss by retracting their limbs and reducing the exposed surface area of their bodies. The nominal sloth 'TAZ', corresponding to their metabolic peak at 26–30 °C, coincides closely with average daytime temperatures in tropical forests (*Giné et al., 2015*), when sloths are most active and feed the most (*Chiarello, 1998*; *Cliffe et al., 2015*; *Giné et al., 2015*). At these temperatures, we expect heat production to exactly balance that lost due to the small difference in sloth body and environmental temperature (of some 4 °C). Indeed, the highly restricted distribution of sloths (*Voss et al., 2009*) places them in environments with stable ambient temperatures that deviate little from this range.

When T_a values exceeded 30 °C, sloths reduced their VO_2 in a manner reminiscent of the fat-tailed dwarf lemur (*Cheirogaleus medius*), which reduces VO_2 for months, undergoing hibernation in response to high and variable T_a values (*Dausmann et al., 2004*). In homeotherms, states of hibernation, torpor or aestivation are typically characterised by active depression of metabolic rate combined with associated decreases in T_b (*Geiser, 2004*; *Geiser & Ruf, 1995*). However, the underlying molecular mechanisms involved in

these responses are still poorly understood and are likely to be multi-faceted (*Rider, 2016*). The 'hibernator as neonate' hypothesis suggests that the ability for homeothermic mammals to resume a heterothermic state as adults results from the continued expression of particular genes that are retained from the neonate form (*Harris, Olson & Milsom, 1998*). While sloths do show metabolic depression at high T_a's, there is no corresponding drop in T_b as would be expected for a mammal entering torpor or aestivation, and the animals were not apparently in a distinct state of inactivity during this period compared to other T_a's (Fig. S5). In a number of homeotherms, sleep and activity state have been shown to account for variation in the metabolic response to temperature due to the inhibition of thermogenic responses (*Glotzbach & Craig Heller, 1984*; *Heller et al., 2011*; *Heller & Glotzbach, 1977*). Although there were no notable differences in sloth activity across the different temperature brackets (Fig. S5), state may account for some of the observed intra-individual variation in metabolic rate (Table S1). To our knowledge, this is the first observation of a mammal temporarily, and ostensibly strategically, depressing metabolic activity as a direct response to high ambient temperatures, without entering into states of torpor, aestivation or hibernation. The concomitant adoption of a more 'spread-eagled' body posture may serve to facilitate heat loss in a manner seen in more conventional mammals (*Briscoe et al., 2014*). Ultimately this broadens our knowledge of how animals deal with variation in temperatures, and further work to determine the underlying molecular mechanisms controlling the metabolic depression in sloths could provide important insights into the active control and suppression of metabolic rate in all mammals.

CONCLUSIONS

We suggest that sloths depress VO_2 at higher T_a values in order to prevent hyperthermia. Due to slow rates of digestion limiting the rates of energy acquisition (*Cliffe et al., 2015*; *Foley, Engelhardt & Charles-Dominique, 1995*), all sloths are considered to exist under severe energetic constraints (*Pauli et al., 2016*). Delicate adjustments of metabolic rate—in part as a response to T_a—are one way in which sloths adjust and minimise their energy expenditures. The apparent relaxed homeothermy of sloths would therefore seem to incorporate metabolic depression as an effective strategy to prevent uncontrolled escalations in both T_b and consequently energy expenditure under hot environmental conditions. Reductions in VO_2 therefore serve both to minimise energy expenditure at T_a's below the 'TAZ' and to reduce the risk of hyperthermia above the 'TAZ'.

ACKNOWLEDGEMENTS

ADDITIONAL INFORMATION AND DECLARATIONS

Competing Interests

The authors declare there are no competing interests. Rebecca N. Cliffe, Sarah J. Kennedy, Judy A. Avey-Arroyo and Daniel Mindich are volunteers for the The Sloth Sanctuary of Costa Rica and/or the Sloth Conservation Foundation.

Author Contributions

- Rebecca Naomi Cliffe conceived and designed the experiments, performed the experiments, analyzed the data, prepared figures and/or tables, authored or reviewed drafts of the paper, approved the final draft.
- David Michael Scantlebury and Rory Paul Wilson conceived and designed the experiments, performed the experiments, analyzed the data, contributed reagents/materials/analysis tools, prepared figures and/or tables, authored or reviewed drafts of the paper, approved the final draft.
- Sarah Jane Kennedy performed the experiments, authored or reviewed drafts of the paper, approved the final draft.
- Judy Avey-Arroyo conceived and designed the experiments, contributed reagents/-materials/analysis tools, authored or reviewed drafts of the paper, approved the final draft.
- Daniel Mindich conceived and designed the experiments, performed the experiments, contributed reagents/materials/analysis tools, authored or reviewed drafts of the paper, approved the final draft.

Animal Ethics

The following information was supplied relating to ethical approvals (i.e., approving body and any reference numbers):

This research was approved by the Swansea University Animal Welfare & Ethical Review Process Group (AWERP), and the Costa Rican government and associated departments (MINAE, SINAC, ACLAC) permit number: R-033-2015. All research was performed in accordance with relevant guidelines and regulations.

Data Availability

The following information was supplied regarding data availability:

The raw data are provided in a Supplemental File.

Supplemental Information

Supplemental information for this article can be found online at http://dx.doi.org/10.7717/peerj.5600#supplemental-information.

REFERENCES

Angilletta MJ. 2009. *Thermal adaptation: a theoretical and empirical synthesis, thermal adaptation: a theoretical and empirical synthesis.* Oxford: Oxford University Press DOI 10.1093/acprof:oso/9780199570875.001.1.

Boyles JG, Seebacher F, Smit B, McKechnie AE. 2011. Adaptive thermoregulation in endotherms may alter responses to climate change. *Integrative and Comparative Biology* DOI 10.1093/icb/icr053.

Briscoe NJ, Handasyde KA, Griffiths SR, Porter WP, Krockenberger A, Kearney MR, Bartholomew G, Adolph E, Maloney S, Dawson T, Kearney M, Shine R, Porter W, Sears M, Raskin E, Angilletta M, Ellis W, Melzer A, Clifton I, Carrick F, Plessis K du, Martin R, Hockey P, Cunningham S, Ridley A, Carrascal L, Díaz J, Huertas D, Mozetich I, Meehl G, Tebaldi C, Williams S, Shoo L, Isaac J, Hoffmann A, Langham G, Huey R, Kearney M, Krockenberger A, Holtum J, Jess M, Williams S, Gordon G, Brown A, Pulsford T, Degabriele R, Dawson T, Krockenberger A, Edwards W, Kanowski J, Porter W, Kearney M, Peinke D, Brown C, Sargeant G, Eberhardt L, Peek J, Matthews A, Lunney D, Gresser S, Maitz W, Crowther M, Lunney D, Lemon J, Stalenberg E, Wheeler R, Madani G, Ross K, Ellis M, Pincebourde S, Woods H, Derby R, Gates D, Vines R. 2014. Tree-hugging koalas demonstrate a novel thermoregulatory mechanism for arboreal mammals. *Biology Letters* **10**:39–45 DOI 10.1098/rsbl.2014.0235.

Britton SW, Atkinson WE. 1938. Poikilothermism in the sloth. *Journal of Mammalogy* **19**:94–99 DOI 10.2307/1374287.

Brody S, Lardy HA. 1946. Bioenergetics and growth. *Journal of Physical Chemistry A* **50**:168–169 DOI 10.1021/j150446a008.

Careau V, Bergeron P, Garant D, Réale D, Speakman JR, Humphries MM. 2013. The energetic and survival costs of growth in free-ranging chipmunks. *Oecologia* **171**:11–23 DOI 10.1007/s00442-012-2385-x.

Chiarello A. 1998. Activity budgets and ranging patterns of the Atlantic forest maned sloth *Bradypus torquatus* (Xenarthra: Bradypodidae). *Journal of Zoology* **246**:1–10 DOI 10.1111/j.1469-7998.1998.tb00126.x.

Cliffe RN, Haupt RJ, Avey-Arroyo JA, Wilson RP. 2015. Sloths like it hot: ambient temperature modulates food intake in the brown-throated sloth (*Bradypus variegatus*). *PeerJ* **3**:e875 DOI 10.7717/peerj.875.

Daniel RM, Peterson ME, Danson MJ, Price NC, Kelly SM, Monk CR, Weinberg CS, Oudshoorn ML, Lee CK. 2010. The molecular basis of the effect of temperature on enzyme activity. *Biochemical Journal* **425**:353–360 DOI 10.1042/BJ20091254.

Dausmann KH, Glos J, Ganzhorn JU, Heldmaier G. 2004. Physiology: hibernation in a tropical primate. *Nature* **429**:825–826 DOI 10.1038/429825a.

Fei Y, Hou R, Spotila JR, Paladino FV, Qi D, Zhang Z, Zhang Z, Wildt D, Zhang A, Zhang H, Janssen D, Ellius S, Wei F, Wang Z, Feng Z, Tuanmu MN, He L, Schulz LO, Alger S, Harper I, Wilmore JH, Ravussin E, Walsberg G, Hoffman T, O'Brien SJ, Nash WG, Wildt DE, Bush ME, Benveniste RE, Hu J, Ellis S, Pan W, Xie Z, Wildt DE, Zhang A, Zhang H, Janssen DL, Li R, McNab BK, Montgomery GG, Watts PD, Øritsland NA, Hurst RJ, Watts P, Cuyler C, Watts PD, Jonkel C, McNab BK, Sieg AE, Nie Y, McNab BK, Henry C, Black AE, Coward WA, Cole TJ, Prentice AM, Liu D, Qi D, Livesey G, Elia M, King JR, Nelson RA, Wahner HW, Jones JD, Ellefson RD, Zollman PE, Thorbek G, Menke KH, Lantzsch H-J, Reichel J, Chwalibog A, Tauson A-H, Thorbek G, Wang LCH, Peter RE, Jackson DC, Owen OE, Smalley KL, D'Alessio DA, Mozzoli MA, Dawson EK, Walsberg GE, Wolf BO, Schutz Y, Ravussin E, Spotila JR, Thomas RDK, Olson EC, Waddell PJ, Cao Y, Hauf J, Hasegawa M, Springer MS, Murphy WJ, Eizirik E, O'Brien SJ, Rose KD, Archibald JD, White CR, Seymour RS, Li T, Hudson LN, Isaac NJB, Reuman DC, Hull V, Liu J, Linderman M, Speakman JR, McDevitt RM, Cole KR. 2016. Metabolic rates of giant pandas inform conservation strategies. *Scientific Reports* **6**:Article 27248 DOI 10.1038/srep27248.

Foley WJ, Engelhardt WV, Charles-Dominique P. 1995. The passage of digesta, particle size, and in vitro fermentation rate in the three-toed sloth *Bradypus tridactylus* (Edentata: Bradypodidae). *Journal of Zoology* **236**:681–696 DOI 10.1111/j.1469-7998.1995.tb02739.x.

Gaudry MJ, Jastroch M, Treberg JR, Hofreiter M, Paijmans JLA, Starrett J, Wales N, Signore AV, Springer MS, Campbell KL. 2016. Inactivation of thermogenic UCP1 as a historical contingency in multiple placental mammal clades. *Science Advances* **3**:e1602878 DOI 10.1101/086819.

Geiser F. 2004. Metabolic rate and body temperature reduction during hibernation and daily torpor. *Annual Review of Physiology* **66**:239–274 DOI 10.1146/annurev.physiol.66.032102.115105.

Geiser F, Ruf T. 1995. Hibernation versus daily torpor in mammals and birds: physiological variables and classification of torpor patterns. *Physiological Zoology* **68**:935–966 DOI 10.1086/physzool.68.6.30163788.

Gilmore DP, Da Costa CP, Duarte DPF. 2001. Sloth biology: an update on their physiological ecology, behavior and role as vectors of arthropods and arboviruses. *Brazilian Journal of Medical and Biological Research* **34**:9–25 DOI 10.1590/S0100-879X2001000100002.

Giné GAF, Cassano CR, De Almeida SS, Faria D. 2015. Activity budget, pattern and rhythm of maned sloths (*Bradypus torquatus*): responses to variations in ambient temperature. *Mammalian Biology* **80**:459–467 DOI 10.1016/j.mambio.2015.07.003.

Gittleman JL, Thompson SD. 1988. Energy allocation in mammalian reproduction. *American Zoologist* **28**:863–875 DOI 10.1093/icb/28.3.863.

Glotzbach SF, Craig Heller H. 1984. Changes in the thermal characteristics of hypothalamic neurons during sleep and wakefulness. *Brain Research* **309**:17–26 DOI 10.1016/0006-8993(84)91006-0.

Goldman BD, Goldman SL, Lanz T, Magaurin A, Maurice A. 1999. Factors influencing metabolic rate in naked mole-rats (*Heterocephalus glaber*). *Physiology and Behavior* **66**:447–459 DOI 10.1016/S0031-9384(98)00306-0.

Haim A, Borut A. 1981. Heat production and dissipation in golden spiny mice, *Acomys russatus* from two extreme habitats. *Journal of Comparative Physiology B: Biochemical, Systemic, and Environmental Physiology* **142**:445–450 DOI 10.1007/BF00688974.

Harris MB, Olson LE, Milsom WK. 1998. The origin of mammalian heterothermy: a case for perpetual youth? *Arctic* **12**:143–152.

Heldmaier G, Ortmann S, Elvert R. 2004. Natural hypometabolism during hibernation and daily torpor in mammals. *Respiration Physiology & Neurobiology* **141**:317–329 DOI 10.1016/j.resp.2004.03.014.

Heller HC, Edgar DM, Grahn DA, Glotzbach SF, Heller HC, Edgar DM, Grahn DA, Glotzbach SF. 2011. Sleep, thermoregulation, and circadian rhythms. *Comprehensive Physiology* 1361–1374 DOI 10.1002/cphy.cp040259.

Heller HC, Glotzbach SF. 1977. Thermoregulation during sleep and hibernation. *International Review of Physiology* **15**:147–188.

Huey RB. 1982. Temperature, physiology, and the ecology of reptiles. *Biology of the Reptilia* **12**:25–91.

Huey RB, Stevenson RD. 1979. Integrating thermal physiology and ecology of ectotherms: a discussion of approaches. *Integrative and Comparative Biology* **19**:357–366 DOI 10.1093/icb/19.1.357.

Irving L, Scholander PF, Grinnell SW. 1942. Experimental studies of the respiration of sloths. *Journal of Cellular and Comparative Physiology* **20**:189–210 DOI 10.1002/jcp.1030200207.

Kearney M, Predavec M. 2000. Do nocturnal ectotherms thermoregulate? A study of the temperate gecko *Christinus marmoratus*. *Ecology* **81**:2984–2996 DOI 10.2307/177395.

Kleiber M. 1961. *The fire of life. An introduction to animal energetics.* New York: Wiley, 454.

Lighton JRB. 2008. *Measuring metabolic rates: a manual for scientists.* Oxford: Oxford University Press.

Lovegrove BG, Génin F. 2008. Torpor and hibernation in a basal placental mammal, the Lesser Hedgehog Tenrec *Echinops telfairi*. *Journal of Comparative Physiology. B, Biochemical, Systemic, and Environmental Physiology* **178**:691–698 DOI 10.1007/s00360-008-0257-9.

Lowell BB, Spiegelman BM. 2000. Towards a molecular understanding of adaptive thermogenesis. *Nature* **404**:652–660 DOI 10.1038/35007527.

McClune DW, Kostka B, Delahay RJ, Montgomery WI, Marks NJ, Scantlebury DM. 2015. Winter is coming: seasonal variation in resting metabolic rate of the European badger (*Meles meles*). *PLOS ONE* **10**:e0135920 DOI 10.1371/journal.pone.0135920.

McKechnie AE, Mzilikazi N. 2011. Heterothermy in afrotropical mammals and birds: a review. *Integrative and Comparative Biology* **51**:349–363 DOI 10.1093/icb/icr035.

McNab BK. 1966. The metabolism of fossorial rodents: a study of convergence. *Ecology* **47**:712–733 DOI 10.2307/1934259.

McNab BK. 1978. Energetics of arboreal folivores: physiological problems and ecological consequences of feeding on an ubiquitous food supply. In: Montgomery GG, ed. *The ecology of arboreal folivores.* Washington, D.C.: Smithsonian University Press, 153–162.

McNab BK. 1980. On estimating thermal conductance in endotherms. *Physiological Zoology* **53**:145–156 DOI 10.2307/30152577.

McNab B. 2002. *The physiological ecology of vertebrates: a view from energetics.* New York: Cornell University Press.

McNab BK. 2005. Ecological factors influence energetics in the Order Carnivora. *Acta Zoologica Sinica* **51**:535–545.

McNab K. 1988. Energy conservation in a tree-kangaroo (*Dendrolagus matschiei*) and the red panda (*Ailurus fulgens*). *Physiological Zoology* **61**:280–292 DOI 10.1086/physzool.61.3.30161241.

Montgomery GG, Sunquist ME. 1978. Habitat selection and use by two-toed and three-toed sloths. In: Montgomery GG, ed. *Ecology of arboreal folivores.* Washington: Smithsonian University Press, 329–359.

Mortola JP, Naso L. 1998. Thermogenesis in newborn rats after prenatal or postnatal hypoxia. *Journal of Applied Physiology* **85**:84–90.

Nagy KA. 2005. Field metabolic rate and body size. *Journal of Experimental Biology* **208**:1621–1625 DOI 10.1242/Jeb.01553.

Nagy KA, Montgomery GG. 1980. Field metabolic rate, water flux, and food consumption in three-toed sloths (*Bradypus variegatus*). *Journal of Mammalogy* **61**:465–472 DOI 10.2307/1379840.

Nathan R, Getz WM, Revilla E, Holyoak M, Kadmon R, Saltz D, Smouse PE. 2008. A movement ecology paradigm for unifying organismal movement research. *Proceedings of the National Academy of Sciences of the United States of America* **105**:19052–19059 DOI 10.1073/pnas.0800375105.

Nie Y, Speakman JR, Wu Q, Zhang C, Hu Y, Xia M, Yan L, Hambly C, Wang L, Wei W, Zhang J, Wei F. 2015. Exceptionally low daily energy expenditure in the bamboo-eating giant panda. *Science* **349**(80-):171–174 DOI 10.1126/science.aab2413.

Pat W, Stone G, Johnston IA. 2005. *Environmental physiology of animals.* Oxford: Blackwell Publishing DOI 10.1007/s13398-014-0173-7.2.

Pauli JN, Peery MZ, Fountain ED, Karasov WH. 2016. Arboreal folivores limit their energetic output, all the way to slothfulness. *The American Naturalist* **188**:196–204 DOI 10.1086/687032.

Phuoc LV, Ngoan LD. 2005. Effect of the environmental factors on physiological parameters, feed intake and growth of mong cai and landrace pigs in central Vietnam [WWW Document]. Mak. better use local Feed Resour. MEKARN-CTU. *Available at http://www.mekarn.org/ctu05/phuo.htm.*

Pontzer H, Raichlen DA, Gordon AD, Schroepfer-Walker KK, Hare B, O'Neill MC, Muldoon KM, Dunsworth HM, Wood BM, Isler K, Burkart J, Irwin M, Shumaker

RW, Lonsdorf EV, Ross SR. 2014. Primate energy expenditure and life history. *Proceedings of the National Academy of Sciences of the United States of America* **111**:1433–1437 DOI 10.1073/pnas.1316940111.

R Core Team. 2014. R: a language and environment for statistical computing. Vienna: R Foundation for Statistical Computing. *Available at http//www.R-project.org/* .

Rider MH. 2016. Role of AMP-activated protein kinase in metabolic depression in animals. *Journal of Comparative Physiology. B, Biochemical, Systemic, and Environmental Physiology* **186**:1–16 DOI 10.1007/s00360-015-0920-x.

Scantlebury M, Danek-Gontard M, Bateman PW, Bennett NC, Manjerovic MB, Joubert KE, Waterman JM. 2012. Seasonal patterns of body temperature daily rhythms in group-living cape ground squirrels *Xerus inauris*. *PLOS ONE* **7**:e36053 DOI 10.1371/journal.pone.0036053.

Schmidt-Nielsen K. 1997. *Animal physiology: adaptation and environment.* Cambridge: Cambridge University Press.

Schulte PM. 2015. The effects of temperature on aerobic metabolism: towards a mechanistic understanding of the responses of ectotherms to a changing environment. *Journal of Experimental Biology* **218**:1856–1866 DOI 10.1242/jeb.118851.

Shepard ELC, Wilson RP, Rees WG, Grundy E, Lambertucci SA, Vosper SB. 2013. Energy landscapes shape animal movement ecology. *The American Naturalist* **182**:298–312 DOI 10.1086/671257.

Silva JE. 2005. Thyroid hormone and the energetic cost of keeping body temperature. *Bioscience Reports* **254**:129–148 DOI 10.1007/s10540-005-2882-9.

Speakman JR. 2013. Measuring energy metabolism in the mouse—theoretical, practical, and analytical considerations. *Frontiers in Physiology* **4**:34 DOI 10.3389/fphys.2013.00034.

Thometz NM, Kendall TL, Richter BP, Williams TM. 2016. The high cost of reproduction in sea otters necessitates unique physiological adaptations. *Journal of Experimental Biology* **219**:2260–2264.

Voss RS, Cabrera A, Engel H, Hershkovitz P, Linnaeus C, McKenna MC, Bell SK, Whitehead PJP. 2009. Mammals of South America. *Journal of Mammalogy* **90**:521–523 DOI 10.1644/08-MAMM-R-296.1.

White CR, Seymour RS. 2003. Mammalian basal metabolic rate is proportional to body mass2/3. *Proceedings of the National Academy of Sciences of the United States of America* **100**:4046–4049 DOI 10.1073/pnas.0436428100.

Wilz M, Heldmaier G. 2000. Comparison of hibernation, estivation and daily torpor in the edible dormouse, *Glis glis*. *Journal of Comparative Physiology. B, Biochemical, Systemic, and Environmental Physiology* **170**:511–521 DOI 10.1007/s003600000129.

Cliffe et al. (2018), *PeerJ*, DOI 10.7717/peerj.5600

15/15