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## Causes of variability in latent phenotypes of childhood wheeze

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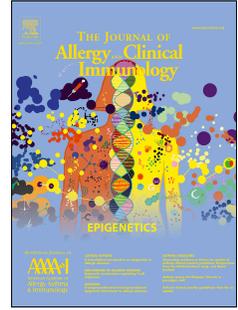
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# Accepted Manuscript

Causes of variability in latent phenotypes of childhood wheeze

Ceyda Oksel, PhD, Raquel Granell, PhD, Osama Mahmoud, PhD, Adnan Custovic, MD PhD, A. John Henderson, MD, on behalf of STELAR, Breathing Together investigators



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## 1 **Causes of variability in latent phenotypes of childhood wheeze**

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5 Ceyda Oksel PhD<sup>1§</sup>, Raquel Granell PhD<sup>2§</sup>, Osama Mahmoud PhD<sup>2</sup>, Adnan Custovic MD PhD<sup>1§</sup>, A.  
6 John Henderson MD<sup>2§</sup>

7  
8 on behalf of STELAR<sup>3</sup> and Breathing Together<sup>4</sup> investigators

9  
10 <sup>§</sup>Equal contribution

11  
12 <sup>1</sup>Section of Paediatrics, Department of Medicine, Imperial College London, UK

13 <sup>2</sup>Department of Population Health Sciences, Bristol Medical School, University of Bristol, UK

14  
15  
16 *Correspondence and requests for reprints:*

17 Professor Adnan Custovic, Section of Paediatrics, Department of Medicine, Imperial College  
18 London, Norfolk Place, London W2 1PG, UK

19 Tel: +44 20 7594 3274; fax: +44 20 7594 3984;

20 Email: a.custovic@imperial.ac.uk

21  
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33 **ABSTRACT**

34 **Background:** Latent class analysis (LCA) has been used extensively to identify (latent)  
35 phenotypes of childhood wheezing. However, the number and trajectory of discovered  
36 phenotypes differed substantially between studies.

37 **Objective:** To investigate sources of variability affecting the classification of phenotypes,  
38 identify key time points for data collection to understand wheeze heterogeneity, and ascertain  
39 the association of childhood wheeze phenotypes with asthma and lung function in adulthood.

40 **Methods:** We used LCA to derive wheeze phenotypes among 3167 participants in the ALSPAC  
41 cohort who had complete information on current wheeze recorded at 14 time points from birth  
42 to age 16½ years. We examined the effects of sample size, data collection age and intervals on  
43 the results, and identified time points. We examined the associations of derived phenotypes  
44 with asthma and lung function at age 23-24 years.

45 **Results:** A relatively large sample size (>2000) underestimated the number of phenotypes  
46 under some conditions (e.g. number of time points <11). Increasing the number of data points  
47 resulted in an increase in the optimal number of phenotypes, but an identical number of  
48 randomly selected follow-up points led to different solutions. A variable selection algorithm  
49 identified 8 informative time points (months 18, 42, 57, 81, 91, 140, 157 and 166). The  
50 proportion of asthmatics at age 23-24 years differed between phenotypes, while lung function  
51 was lower among persistent wheezers.

52 **Conclusions:** Sample size, frequency, and timing of data collection have a major influence on  
53 the number and type of wheeze phenotypes identified by LCA in longitudinal data.

54 **Key Messages**

- 55       • The number and the nature of wheeze phenotypes identified by latent class analysis are  
56       dependent on the sample size, frequency, timing and distribution of data collection time  
57       points, model dimensionality, and combinations of these factors.
- 58       • Not all data collection points carry useful information in distinguishing wheeze  
59       phenotypes.

#### 60   **Capsule Summary**

61   We determined dependence of phenotype discovery on frequency, timing and distribution of  
62   data collection, identifying eight informative, time-specific follow-up points from infancy to  
63   adolescence.

#### 64   **Keywords**

65   Childhood asthma, wheeze phenotypes, longitudinal analysis, latent class analysis, ALSPAC

#### 66   ***Abbreviations used***

67	ALSPAC	: Avon Longitudinal Study of Parents and Children
68	PIAMA	: Prevention and Incidence of Asthma and Mite Allergy
69	TCRS	: Tucson Children's Respiratory Study
70	LCA	: Latent class analysis
71	BIC	: Bayesian information criterion
72	AIC	: Akaike information criterion
73	LMR	: Lo–Mendell–Rubin
74	ARI	: Adjusted Rand index
75	GLI	: Global lung function initiative

76 **INTRODUCTION**

77 Wheeze is a common symptom in the early years of life, with nearly one third of children  
78 experiencing it at least once before their third birthday.<sup>1-3</sup> Although the symptoms of most  
79 infants with wheeze seem to remit by the time the child reaches school age<sup>4</sup>, infantile wheeze  
80 may also persist into later childhood and adulthood after a period of remission.<sup>5, 6</sup> Conversely,  
81 the majority of patients with persistent asthma start wheezing in early childhood.<sup>2</sup> However, at  
82 the onset of symptoms, patients with “transient wheeze” and “persistent wheeze” look very  
83 similar, and it is difficult to predict which of the early childhood wheezers will stop wheezing  
84 (and when), and which will develop persistent wheezing and asthma.

85 Understanding the heterogeneity of wheezing disorders and distinguishing wheeze phenotypes  
86 in early childhood is critical to developing interventions targeted at those who will persist with  
87 wheezing into later childhood, and to avoid overtreatment of individuals with transient  
88 wheeze.<sup>7</sup> Over the last two decades, substantial effort has been devoted to understanding the  
89 heterogeneity of childhood wheezing illness (reviewed in<sup>7-10</sup>). In general, population-based  
90 birth cohorts are regarded as the optimal data sources for understanding temporal patterns of  
91 wheezing, and relating them to different risk factors, since the information is collected  
92 prospectively and therefore free from recall bias.<sup>11</sup> The initial approach of hypothesis testing  
93 using data on wheezing collected at ages three and six years in the Tucson Children’s  
94 Respiratory Study (TCRS) described three wheezing phenotypes (transient early, late-onset and  
95 persistent).<sup>2</sup> This finding was confirmed in several independent cohorts.<sup>3, 12, 13</sup> Subsequently,  
96 the methodology to discover “wheeze phenotypes” was extended to the use of unsupervised,  
97 data-driven approaches such as the latent class analysis (LCA).<sup>1, 14-18</sup> These analyses revealed

98 different structure within the data and suggested the existence of one,<sup>19, 20</sup> or two further  
99 intermediate phenotypes.<sup>1, 17, 18</sup> It is important to emphasize that although “wheeze  
100 phenotypes” derived from different analyses tend to share the same nomenclature,  
101 phenotypes with the same assignment often differ substantially in terms of the age of onset,  
102 temporal trajectory, distributions within a population<sup>8</sup> and associated risk factors, making  
103 comparison between studies difficult, and clinical application uncertain.<sup>8, 10</sup> For example, late-  
104 onset wheezers were reported to start experiencing symptoms after the age of three,<sup>19</sup> four,<sup>16</sup>  
105 or five years<sup>13</sup> in different studies. The inconsistencies between studies may be partly  
106 attributed to differences in study design or could be due to true differences between different  
107 populations. However, this seems unlikely, as most evidence comes from broadly similar  
108 population-based studies with comparable ethnic mixes.

109 If we are to understand factors associated with patterns of wheezing with different long-term  
110 consequences, then “phenotypes” must be consistent and reproducible. Despite the  
111 widespread use of LCA, little is known about the external factors that influence the outcomes of  
112 LCA models in phenotype identification. We propose that sample size and the timing and  
113 frequency of data collection affect the number and type of discovered wheeze phenotypes in  
114 LCA, and that not all time points carry useful information (and therefore some might be  
115 redundant, or even cause uncertainty in the results). To provide a better understanding of the  
116 influence of input data characteristics on the identified longitudinal trajectories of wheezing,  
117 we investigated the effect of the number of data points, age at which information was  
118 collected, and sample size on the number and/or the nature of wheeze phenotypes discovered

119 by LCA. We also sought to identify data collection points which are most informative in  
120 distinguishing wheeze phenotypes.

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## 121 **METHODS**

### 122 **Study design, setting and participants**

123 The Avon Longitudinal Study of Parents and Children (ALSPAC) is a population-based birth  
124 cohort established in 1991 in Avon, UK. It recruited 14,701 children born between 1<sup>st</sup> April 1991  
125 and 31<sup>st</sup> December 1992. Ethical approval for the study was obtained from the ALSPAC Ethics  
126 and Law Committee and Local Research Ethics Committees. Details of the study protocol can be  
127 found elsewhere.<sup>21</sup> The study website contains details of all the data that are available through  
128 a fully searchable data dictionary at [www.bris.ac.uk/alspac/researchers/data-access/data-](http://www.bris.ac.uk/alspac/researchers/data-access/data-dictionary/)  
129 [dictionary/](http://www.bris.ac.uk/alspac/researchers/data-access/data-dictionary/).

### 130 **Data sources and definition of outcomes**

131 Participating mothers were sent a self-completion questionnaire about the health of their child  
132 at 14 time points from birth to age 16½ years: months 6, 18, 30, 42, 57, 69, 81, 91, 103, 128,  
133 140, 157, 166 and 198. Current wheeze was defined as a positive answer to the question “In  
134 the last 12 months has he/she had any periods when there was wheezing or wheezing with  
135 whistling on his/her chest when he/she breathed?”.<sup>22</sup>

136 Study subjects attended research clinic at age 23-24 years in which lung function was measured  
137 using spirometry.<sup>23, 24</sup> Post-bronchodilator FEV<sub>1</sub> was ascertained 15 minutes after  
138 administration of 400 mcg of salbutamol. We expressed FEV<sub>1</sub> as % predicted against the GLLI-  
139 curves.<sup>25</sup> Self-reported asthma ever was defined as a positive answer to the question “Have you  
140 ever had asthma?”. Self-reported current asthma was defined at age 23 years as asthma ever

141 together with a positive answer to either “Have you had any wheezing or whistling in the past  
142 12 months?” or “Have you taken asthma medication in the last 12 months?”.

### 143 **Statistical analysis**

144 Children with complete reports of wheezing at all 14 time points from birth to age 16½ years  
145 (n=3167) were included in the analysis to obtain better representation of the latent structure.  
146 We performed LCA to investigate how latent class subpopulation structure varied by the timing  
147 and frequency of observations. Starting with a latent model including 4 phenotypes, we  
148 compared models with varying sample sizes (3167, 2500, 2000, 1500, 1000 and 500), number of  
149 latent classes (4 to 6) and number of time points (14, 11, 8 and 6) based on their statistical fit,  
150 including the Akaike information criterion (AIC), Bayesian information criterion (BIC), Lo-  
151 Mendell–Rubin (LMR) and Bootstrapped likelihood ratio, model quality (model entropy) and  
152 interpretability. The best fitting model in each run was selected based on the lowest BIC. We  
153 then repeated our analyses among 12,290 participants with at least 2 questionnaire responses.  
154 We identified critical data collection points for the identification of distinct phenotypes of  
155 wheeze based on stochastic evolutionary search via a genetic algorithm (see Online Repository  
156 for more details on the methodology for selection of informative data collection points). The  
157 Adjusted Rand Index (ARI) was used as a similarity measure when comparing different clustering  
158 results. Variable specific entropy values were used to show how well individual data collection  
159 points identify the latent classes. We calculated Confidence Intervals (Cis) for the difference of  
160 population proportions to compare the frequency of participants with asthma at age 23 years  
161 between different phenotypes. Differences in lung function were tested using one-way ANOVA

162 and Tukey's HSD (honestly significant difference) test. All analyses were performed in Stata  
163 v15, Mplus 8, and R using the packages polCA,<sup>26</sup> DiagrammeR and LCAvarsel.<sup>27</sup>

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**164 RESULTS**

165 A total of 3167 participants had complete reports of wheeze at all 14 time points. In line with  
166 our previous results,<sup>17, 18</sup> the best-fitting model resulted in six distinct wheezing phenotypes:  
167 Never/infrequent wheeze; Persistent wheeze; two early-onset transient classes (Early-onset  
168 preschool remitting and Early onset mid-childhood remitting); and two late-onset persisting  
169 classes (School age-onset and Late childhood-onset).

**170 Influence of sample size**

171 We varied the sample size from 3167 to 500, and developed 11 different models based on  
172 randomly selected sub-samples of six different sizes (N=500, 1000, 1500, 2000, 2500 and 3167),  
173 holding all else constant. Figure 1a shows the best-fitting models based on different sample  
174 sizes and the prevalence of each phenotype based on the estimated model. Four phenotypes  
175 (Never/infrequent, Persistent, Transient early and Late onset) were identified with a sample  
176 size of 500. The best fitting model based on 1000 participants resulted in four to five  
177 phenotypes.

178 Larger sample sizes (2000 participant or more) were needed to detect smaller phenotypes (<5%  
179 frequency). LCA identified six latent wheeze phenotypes in samples of  $\geq 2000$  children with  
180 complete data (Figure 1a), and in samples of  $\geq 5000$  children with incomplete data (Figure E2).

**181 Influence of data collection frequency**

182 We then varied the frequency of data collection time points from 6 to 14, and developed 10  
183 different models based on randomly selected time points while maintaining a constant sample  
184 size (N=3167). Adding more time points to the latent model increased the number of wheeze

185 phenotypes that were identified (Figure 1b). However, in some cases, an identical number of  
186 (randomly selected) data collection points (e.g. 11 time points) resulted in different optimal  
187 number of phenotypes, depending on the intervals between time points. This suggests that, in  
188 addition to sampling frequency, timing and distribution of time points at which data are  
189 collected may influence wheeze phenotype identification, and that there might be critical data  
190 collection points which are more informative in distinguishing wheeze phenotypes.

### 191 **Combined effects of sample size and data collection frequency**

192 To examine how both the frequency of data collection (number of time points) and the size of  
193 the studied population affects the optimal number, trajectory, and frequency of the identified  
194 phenotypes, we varied the number of data collection points from 6 to 11 and randomly  
195 selected sub-samples of four different sizes, resulting in a total of 12 data conditions (Figure  
196 1c).

197 Models with small sample sizes ( $N < 2500$ ) did not identify low-frequency phenotypes ( $< 5\%$ ),  
198 regardless of the frequency of data sampling. However, there was a clear link between sample  
199 size, number of data points and the optimal number of wheeze phenotypes. The model with  
200 sample size of  $\geq 2500$  identified six phenotypes when the number of data collection points  
201 included in the analysis was relatively high. However, models with decreasing number of data  
202 points were unable to detect six phenotypes, and models with the same sample size did not  
203 identify small phenotypes ( $< 5\%$  frequency) under certain conditions (e.g. number of time points  
204  $< 11$ ).

### 205 **Selection of the most informative data collection points**

206 Figure E1 shows the correlations (phi coefficients) between wheeze reports at different time  
207 points. Time points close to each other were moderately correlated (e.g. month 157 and 166;  
208 month 81 and 91 etc.), suggesting that some of the adjacent time points convey similar  
209 information. In order to discard the non-informative data collection points, we performed  
210 stochastic evolutionary search via a genetic algorithm, which retained 8 informative time points  
211 (months 18, 42, 57, 81, 91, 140, 157, and 166), while 6 were dropped as uninformative (months  
212 6, 30, 69, 103, 128 and 198). Comparing the clustering of the models using eight time points to  
213 the clustering from the model using the full dataset showed a satisfactory level of agreement,  
214 with Rand and Adjusted Rand indices of 82 and 64%, respectively (Table 1).

### 215 **Latent transition probabilities with increasing number of classes**

216 To understand how the trajectories and estimated phenotypes changed over a sequence of  
217 increasing number of classes, and how children move from one class to another in models with  
218 an increasing number of classes, we developed three LCA models with four, five and six classes.  
219 Persistent and never/infrequent wheeze classes had similar patterns in all three models, with a  
220 slight decrease in estimated prevalence from four to six-class solution (Figure 2 panel A). With  
221 the addition of a fifth latent class, Transient-early wheeze divided into two remitting classes  
222 (Pre-school and Mid-childhood resolution, Figure 2 panel B), while the Late-onset wheeze  
223 remained almost identical. The addition of a sixth class resulted in the division of the Late-  
224 onset wheeze into two similar-sized sub-groups (School-age and Late childhood onset, Figure 2  
225 panel C). We then assigned participants to the most likely phenotype based on the maximum  
226 membership probability, and calculated transition probabilities reflecting the proportion of

227 participants moving from one phenotype to another when the number of phenotypes increased  
228 from four up to six. Figure 3 shows whether members of distinct phenotypes remained in the  
229 same phenotype or shift into another one (either existing or newly formed) with increasing  
230 number of phenotypes. The figure also demonstrates where the intermediate phenotypes arise  
231 from, and which phenotypes become separated or remain undivided with increasing number of  
232 latent classes. The results based on analysis of participants with incomplete reports of wheeze  
233 (12,290 participants with at least 2 responses to questionnaires about wheezing) did not  
234 materially differ from those obtained among children with complete data set and are presented  
235 in this article's Online Repository (Figures E2-E6).

#### 236 **Asthma and lung function in adulthood in different wheeze phenotypes**

237 Of 3797 participants who attended age 23-24 years follow-up, 1492 had complete reports of  
238 wheezing (14 points), of whom 240 (16%) reported current asthma; 1345 had valid lung  
239 function. The proportion of subjects with current asthma was highest in the Persistent wheeze  
240 (99.7%), Table 2. In the two early-onset transient phenotypes, the proportion of asthmatics  
241 was significantly higher in Mid-childhood remitting (60.4%) compared to the Pre-school  
242 remitting (6.4%) (Mean difference 0.54, 95%CI 0.40-0.68,  $p < 0.0001$ ). In the two late-onset  
243 phenotypes, the proportion of asthmatics was significantly higher in School-age onset (88.4%)  
244 compared to Late-childhood onset (68.1%) (Mean difference 0.20, 95%CI 0.05-0.36,  $p < 0.02$ ).  
245 Pre- and post-bronchodilator lung function differed significantly across phenotypes ( $p = 0.005$   
246 and  $p = 0.04$  respectively, ANOVA), and was significantly lower in Persistent wheeze and Early-  
247 onset pre-school remitting wheeze compared to Never/infrequent wheeze, with little evidence  
248 of differences between other phenotypes (Tables 3, E1-3). The Preschool-onset remitting

249 phenotype mostly overlapped with no asthma (94%), but the pre- and post-bronchodilator lung  
250 function at age 24 was significantly lower in this class compared to Never/infrequent wheeze.

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251 **DISCUSSION**252 *Key results*

253 Our results suggest that the number and the nature of wheeze phenotypes from infancy to  
254 adolescence identified by LCA are dependent on several factors including sample size,  
255 frequency, timing and distribution of data collection time points, model dimensionality, as well  
256 as the combination of these factors. Transition analysis revealed that subjects assigned to  
257 Never or Persistent wheeze tend to stay in these phenotypes, whilst most of the switching goes  
258 on in the intermediate classes. Given the strong interplay between the birth cohort design  
259 (including the number of participants, data collection frequency and distribution) and the  
260 optimal number of phenotypes identified by means of developmental trajectory modelling,  
261 care should be taken when interpreting wheeze phenotypes emerging from small studies with  
262 few data collection points. When the sample size is small, a wheeze phenotype that exists in  
263 the population may be unidentifiable, whereas excessive data collection may result in the  
264 identification of trivial or clinically irrelevant phenotypes. In general, increasing data collection  
265 frequency helps detect more complex structure and larger number of phenotypes by capturing  
266 less-frequently observed subgroups. However, it also increases the risk of violating the  
267 fundamental assumption of LCA modelling where indicator variables (e.g. presence/absence of  
268 wheeze at subsequent ages) are independent of each other. When frequent data collection  
269 and large sample sizes are not obtainable, collecting data at critical time points may help  
270 counterbalance the effects of sub-optimal conditions (e.g. smaller sample size and infrequent  
271 data collection). In our study, time points which proved most informative in distinguishing  
272 wheeze phenotypes were months 18, 42, 57, 81, 91, 140, 157 and 166.

273 *Limitations*

274 There are several limitations to our findings. Despite latent models' usefulness in disentangling  
275 disease complexity, one unresolved issue in the application of LCA is that there is not one  
276 commonly accepted statistical indicator for deciding on the number of subgroups in a study  
277 population. The limitation of this study is that we do not know how many true phenotypes  
278 there are, and we assumed that the classification obtained on the largest sample and using all  
279 time points corresponded to the best-available approximation of the 'true classification'. In the  
280 absence of clear statistical requirements for identifying clinically important groups of small size,  
281 validation of the phenotypes with late asthma outcomes provides the only clues about their  
282 clinical relevance. However, we acknowledge that in our study information on asthma and lung  
283 function measures at age 23-24 years was available for ~45% of participants used to derive  
284 wheeze phenotypes.

285 Another limitation is that we could only vary conditions using the sampling framework that was  
286 available to us, which was fixed by the study design, so this analysis has limited direct  
287 application to other studies that have used different sampling frames. We also acknowledge  
288 that the definition of current wheeze which we used in our models is based on parental  
289 reporting using validated questionnaires (as in most other epidemiological studies) and that this  
290 may lead to overestimation of the true prevalence.<sup>28</sup>

291 As most previous studies, we used information on current wheeze for our modelling. It is  
292 possible that a more holistic examination of other features (e.g. frequency and severity of  
293 wheeze) and/or other symptoms (e.g. cough, atopic dermatitis and rhinitis)<sup>22</sup> and lung  
294 function<sup>29</sup> may allow better distinction of the underlying pathophysiological mechanisms.

295 The key advantage of our study is the large sample size with complete data on wheezing  
296 collected frequently and prospectively. Another advantage is that participants were followed  
297 from birth to late adolescence, covering a longer period compared to most prior studies.<sup>1, 13, 18,</sup>  
298 <sup>19, 30</sup>

299 Finally, it is worth noting that subtypes discovered using data-driven methods are not observed,  
300 but are latent by nature, and ideally should not be referred to as “phenotypes” (i.e. observable  
301 characteristics). However, as the term “phenotype” has been used in this context for over a  
302 decade, we have maintained this nomenclature.

### 303 *Interpretation*

304 A number of previous studies (including our own) embarked on identifying wheeze phenotypes  
305 from birth to mid-school age (summarized in Table E4). However, the inconsistency of findings  
306 has led to a debate on the validity and clinical value of phenotyping studies,<sup>10, 31, 32</sup> hampering  
307 the discovery of pathophysiological endotypes and translation into clinically actionable insights.  
308 The four phenotypes of persistent, never, transient early and late-onset wheeze have been long  
309 postulated in descriptive,<sup>2</sup> and data-driven studies.<sup>33</sup> We found that when the sample size is  
310 relatively small, a particular wheeze phenotype that exists in the population may be  
311 undetectable. Therefore, relatively smaller sample size in some studies might have contributed  
312 to the inability to detect intermediate wheeze phenotypes with a relatively low prevalence.  
313 Using more time points allowed the identification of less common phenotypes (<5% frequency)  
314 by increasing possible response patterns. When the data collection was frequent (>11 time  
315 points), a sample size of ~2500 was found to be sufficiently large to distinguish six phenotypes.  
316 However, even a larger sample size of 3167 might be insufficient to detect uncommon

317 phenotypes (<5% frequency) under certain conditions (e.g. data collection points <11). Our  
318 findings suggest that increasing data collection frequency may help compensate for a modest  
319 sample size in phenotype identification. In line with this finding, Depner *et al.*<sup>30</sup> identified an  
320 intermediate phenotype in the PASTURE cohort that existed during the first six years of life,  
321 using a similar sample size but more data collection points than those used in the TCRS.<sup>2</sup>  
322 However, the selection of follow up points needs a careful thought. Our analyses have shown  
323 that although adding more time points to the latent model increased the number of identified  
324 phenotypes with distinguishable interpretations, in some cases the same number of randomly  
325 selected data collection points resulted in a different optimal solution. This suggests that the  
326 timing and distribution of follow-ups is important, and that there might be critical data  
327 collection points which are more informative than others. A variable selection method which  
328 we applied to the data identified 6 time points which were not carrying additional useful  
329 information (months 6, 30, 69, 103, 128 and 198).

330 The proportion of asthmatics was highest in the Persistent wheeze (98.5%), and subjects in this  
331 phenotype had diminished pre and post-bronchodilator lung function (at the time of maximally  
332 attained physiological lung function plateau<sup>29</sup>) compared to all other phenotypes. The  
333 proportion of asthmatics differed between intermediate phenotypes (15.1% and 75.3% in two  
334 transient early phenotypes, Pre-school remitting and Mid-childhood remitting respectively;  
335 91.3% and 70.0% in two late-onset phenotypes, Late childhood and School-age onset). These  
336 findings suggest that all phenotypes are distinct and that this may be a true classification.  
337 However, we acknowledge that the observed associations may also be a proxy of severity.

338 The preschool-onset remitting phenotype mostly overlapped with no asthma (94%) but the pre  
339 and post-bronchodilator lung function at age 24 was significantly lower in this class compared  
340 to Never/infrequent wheeze. Although this may be seen as a contradiction, we would stress  
341 that diminished lung function does not equate to asthma.<sup>29</sup> There is evidence that early  
342 transient wheeze is associated with low lung function<sup>34-37</sup>; as lungs/airways grow the symptoms  
343 regress but lung function impairments may persist. In TCRS, the lowest infant lung function test  
344 values were associated with low lung function at 22 years<sup>38</sup>; so early wheeze that remits may be  
345 a marker of low lung function in early life that persists to adulthood, but without the  
346 development of airway inflammation or asthma.

347 In conclusion, our findings add to the understanding of childhood wheeze phenotypes by  
348 extending the knowledge on potential causes of variability in classification of wheezing. Sample  
349 size, frequency, and timing of data collection have a major influence on the number and type of  
350 phenotypes identified by data-driven techniques. Our results, which include information on the  
351 most informative follow-up points, are important to interpret (or reanalyze) existing studies  
352 and to inform better design of future cohorts. However, we wish to note that these data  
353 collection points should not be regarded as absolute; rather, they should be treated as relative  
354 values with respect to our population, and considerations for investigators when designing  
355 future studies.

356

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**<sup>3</sup>STELAR investigators**

Prof Syed Hasan Arshad

Silvia Colicino

Prof Paul Cullinan

Dr John Curtin

Prof Graham Devereux

Prof John Holloway

Dr Clare S Murray

Prof Graham Roberts

Prof Angela Simpson

Prof Steve Turner

**<sup>4</sup>Breathing Together investigators**

Prof Andrew Bush

Dr Peter Ghazal

Prof Jonathan Grigg

Prof Clare M Lloyd

Dr Benjamin Marsland

Dr Ultan Power

Prof Sejal Saglani

Prof Jurgen Schwarze

Prof Mike Shields

**LEGEND FOR FIGURES**

**Figure 1.** The optimal number, shape and prevalence of wheeze phenotypes identified by using latent class analysis:

**a)** 11 latent models based on randomly selected sub-samples of six different sample sizes (N=500, 1000, 1500, 2000, 2500 and 3167) while maintaining a constant number of follow-up points (14 time points)

**b)** 10 latent models based on randomly selected time points (6, 8, 11 and 14 TPs) while maintaining a constant sample size (N=3167)

**c)** 12 latent models based on randomly selected sub-samples of four different sample sizes (N=500, 1500, 2500 and 3167) and different number of time points (6, 8 and 11 TPs)

**Figure 2.** Estimated prevalence of wheeze for each wheezing phenotype in four-, five- and six-latent class solutions identified by LCA

**Figure 3.** Assignment of children into distinct wheeze phenotypes over a sequence of LC model with four, five and six classes based on most likely class membership (3167 children cohort with complete reports of wheezing at 14 time points). Ellipse nodes show class membership (most likely phenotype) whilst the values along the arrow represent the % of children moving from one class to another in models with an increasing number of classes.

**Table 1:** Clustering summary of the LCA model fitted to the data sub-set (8 time points identified via a genetic algorithm search) and its comparison the model fitted to the full dataset (14 data collection points): based on 3167 participants with complete information on current wheeze recorded at 14 time points

Model Characteristics		Variable Selection (stochastic search)	
		Selected time points (months)	Univariate entropy
No. of classes	6		
BIC	15508	18	0.502
		42	0.581
		57	0.590
Entropy	0.87	81	0.578
Rand Index	0.82	91	0.588
Adjusted Rand Index	0.64	140	0.549
		157	0.576
Jaccard Index	0.70	166	0.582

**Table 2:** Proportion of asthmatics at age 23-24 in each phenotype

Wheezing Phenotypes 0-16½ years		Self-reported asthma ever		Current asthma at age 23		Asthma medication use at age 23	
		No. of asthmatics/total	Percent*	No. of asthmatics/total	Percent*	No. of med. users/total	Percent*
Never- infrequent		105/1111	9.4	50/985	5.1	33/985	3.3
Pre-school remitting	Transient early	54/355	15.1	19/295	6.4	9/295	3.2
Mid-childhood remitting		72/95	75.3	30/49	60.4	14/49	29.5
School-age onset	Late-onset	56/61	91.3	38/43	88.4	25/43	58.3
Late-childhood onset		58/82	70.0	38/55	68.1	25/55	45.3
Persistent wheeze		81/82	98.5	65/65	99.7	53/65	82.1

\*The percentage is estimated from weighted cross tabulations.

**Table 3:** Lung function at age 24 years by wheeze phenotype (restricted to 1343 participants with FEV<sub>1</sub> % predicted data and 1351 with FEV<sub>1</sub>/FVC data)

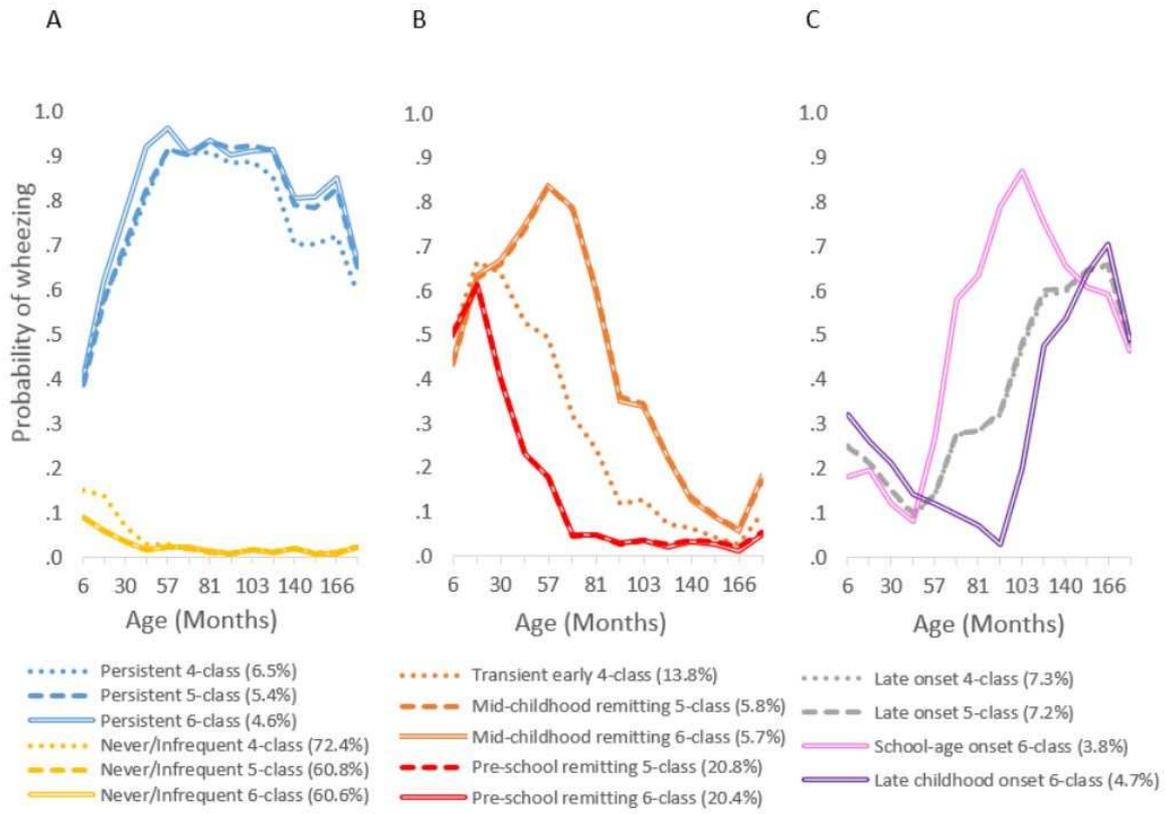
Wheezing Phenotypes 0-16½ years		Baseline lung function at 24y				Post-bronchodilator lung function at 24y			
		FEV <sub>1</sub> % predicted		FEV <sub>1</sub> /FVC		FEV <sub>1</sub> % predicted		FEV <sub>1</sub> /FVC	
		No.	Mean (SD)	No.	Mean (SD)	No.	Mean (SD)	No.	Mean (SD)
Never-infrequent		1004	95.0 (11.7)	1009	0.84 (0.06)	830	97.9 (11.7)	834	0.86 (0.06)
Pre-school remitting	Transient early	329	93.4 (11.4)	330	0.82 (0.07)	274	96.8 (10.9)	275	0.85 (0.06)
Mid-childhood remitting		89	93.5 (11.4)	91	0.82 (0.06)	71	97.5 (11.8)	73	0.84 (0.05)
School-age onset	Late-onset	61	95.4 (11.2)	61	0.81 (0.08)	47	100.8 (10.8)	47	0.86 (0.06)
Late-childhood onset		79	94.0 (12.1)	80	0.82 (0.07)	62	98.7 (10.8)	63	0.85 (0.05)
Persistent wheeze		80	91.6 (12.4)	80	0.79 (0.09)	59	96.5 (11.1)	59	0.83 (0.07)

		N=3167	N=2500		N=2000		N=1500		N=1000		N=500	
		M1	M2	M3	M4	M5	M6	M7	M8	M9	M10	M11
Never or Infrequent		60.6%	61.5%	60.7%	58.3%	60.7%	64.6%	59.3%	61.0%	71.4%	70.5%	70.6%
Persistent		4.6%	4.2%	4.7%	5.5%	4.1%	5.1%	5.9%	5.5%	6.6%	7.0%	7.5%
Pre-school remitting	Trans.	20.4%	20.5%	20.1%	21.1%	20.8%	18.8%	22.1%	21.1%			
Mid-childhood remitting	Early	5.7%	5.4%	6.0%	6.1%	5.7%	5.4%	6.3%	6.2%	14.8%	15.1%	15.8%
School age onset	Late	3.8%	4.2%	3.1%	4.2%	4.2%						
Late-childhood onset	Onset	4.7%	4.2%	5.3%	4.8%	4.5%	6.1%	6.4%	6.3%	7.1%	7.4%	6.1%

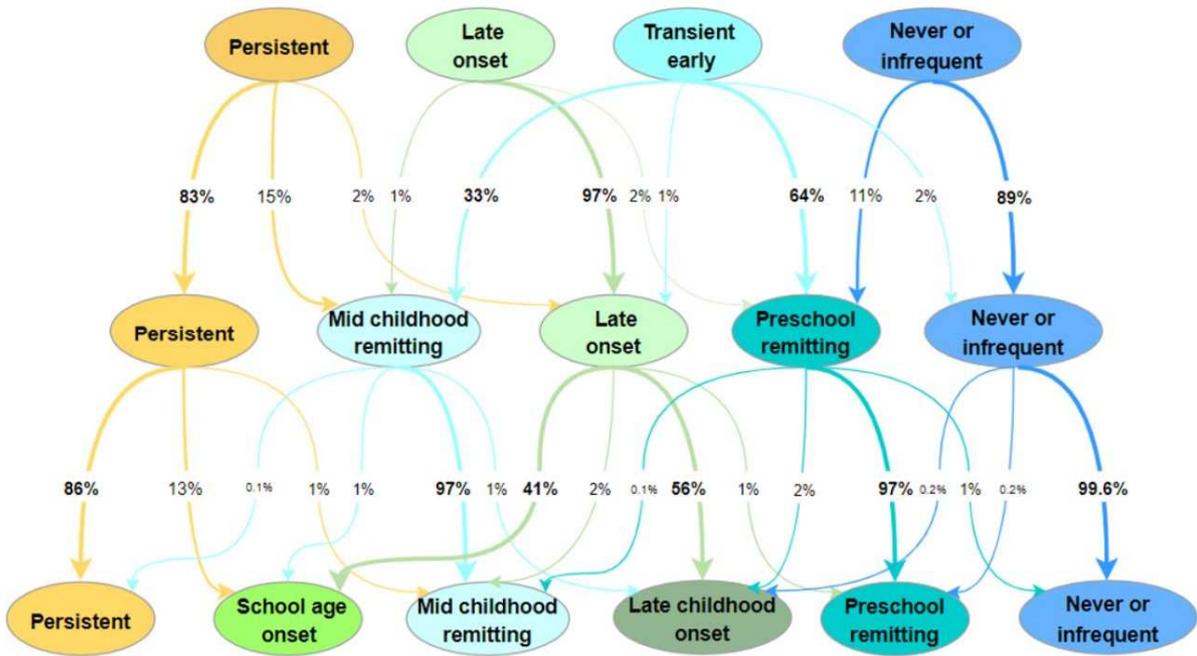
		14 TPs	11 TPs		8 TPs			6 TPs			
		M1	M2	M3	M4	M5	M6	M7	M8	M9	M10
Never or Infrequent		60.6%	54.2%	67.6%	74.6%	74.1%	70.4%	74.9%	73.2%	74.6%	75.4%
Persistent		4.6%	5.2%	5.0%	5.8%	5.4%	4.7%	8.2%	5.0%	7.5%	5.2%
Pre-school remitting	Trans. Early	20.4%	25.3%	14.6%			12.7%				
Mid-childhood remitting		5.7%	7.1%	5.4%	12.7%	13.0%		9.9%	13.2%	10.9%	13.1%
School age onset	Late Onset	3.8%	3.6%								
Late-childhood onset		4.7%		7.4%	6.9%	7.5%	6.6%	7.0%	8.6%	7.0%	6.4%
			4.5%								

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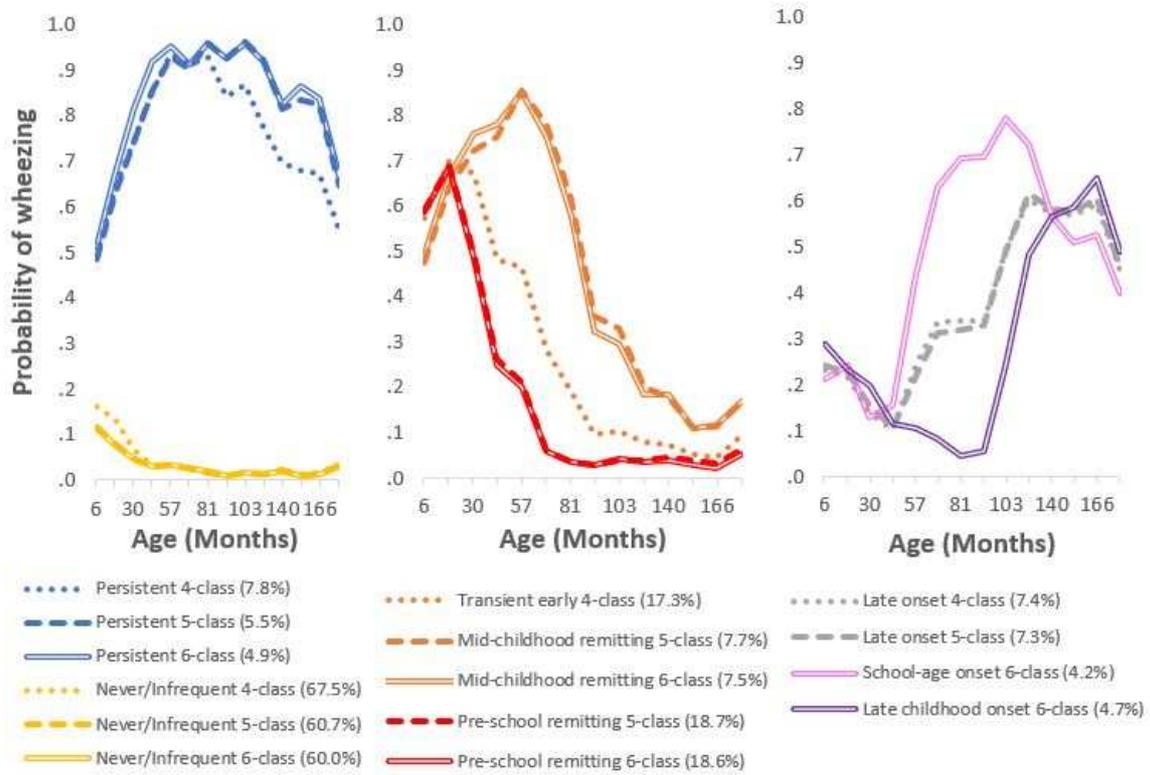


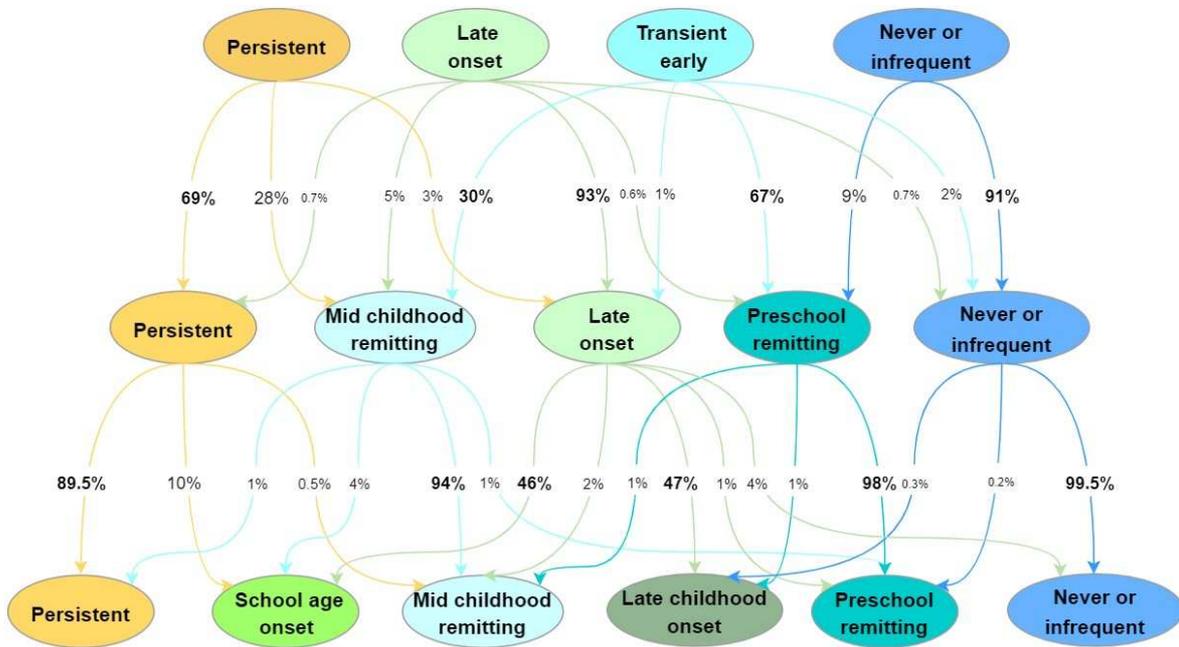
		N=12290	N=7500		N=5000		N=2500		N=1500		N=500	
		M1	M2	M3	M4	M5	M7	M8	M9	M10	M11	M12
Never or Infrequent		60.0%	57.3%	60.6%	58.6%	59.5%	56.7%	63.0%	66.5%	62.9%	67.5%	72.2%
Persistent		4.9%	5.0%	4.9%	4.7%	6.5%	5.0%	4.7%	8.9%	8.9%	6.5%	9.4%
Pre-school remitting	Trans. Early	18.6%	21.9%	18.0%	20.4%	18.3%	23.7%	15.4%	20.2%	20.7%	25.9%	18.4%
Mid-childhood remitting		7.5%	6.1%	7.9%	7.0%	5.2%	8.6%	7.7%				
School age onset	Late Onset	4.2%	4.7%	3.9%	4.6%	4.9%	6.1%	9.2%	4.4%	7.4%		
Late-childhood onset		4.7%	5.0%	4.7%	4.6%	5.6%						

	14 TPs M1	11 TPs M2 M3	8 TPs M4 M5 M6	6 TPs M7 M8 M9 M10
Never or Infrequent	60.0%	56.9% 63.3%	70.1% 70.2% 71.1%	74.3% 73.3% 71.4% 61.5%
Persistent	4.9%	5.9% 3.5%	3.4% 5.8% 4.9%	5.9% 8.3% 6.4% 3.6%
Pre-school remitting	18.6%	20.2% 17.0%	12.3% 12.0% 11.5%	14.2% 9.3% 16.0% 23.9%
Mid-childhood remitting				
School age onset	4.2%	5.2% 3.1%	2.5%	5.6% 9.2% 6.2% 11.0%
Late-childhood onset				

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## Causes of variability in latent phenotypes of childhood wheeze

Ceyda Oksel PhD<sup>1§</sup>, Raquel Granell PhD<sup>2§</sup>, Osama Mahmoud PhD<sup>2</sup>, Adnan Custovic MD PhD<sup>1§</sup>, A. John Henderson MD<sup>2§</sup>

on behalf of STELAR<sup>3</sup> and Breathing Together<sup>4</sup> investigators

<sup>§</sup>Equal contribution

<sup>1</sup>Section of Paediatrics, Department of Medicine, Imperial College London, UK

<sup>2</sup>Department of Population Health Sciences, Bristol Medical School, University of Bristol, UK

**ONLINE DATA SUPPLEMENT**

## METHODS

*Study design:* Unselected birth cohort study.

*Setting:* ALSPAC is based on the former administrative County of Avon, United Kingdom covering a population of approximately 0.9 million.

*Screening and recruitment:* ALSPAC initially recruited 14,541 pregnant women resident in Avon, UK with expected dates of delivery between April 1, 1991 and December 31, 1992. This initial number of pregnancies, known as core sample, included the mothers enrolled in the ALSPAC study and had either returned at least one questionnaire or attended a 'Children in Focus' research clinic by 19<sup>th</sup> July 1999. These initial pregnancies had a total of 14,676 fetuses, resulting in 14,062 live births and 13,988 children who were alive at age 1 year. When the oldest children were approximately seven years of age, an attempt was made to bolster the initial sample with eligible cases who had failed to join the study originally. As a result, there are extra data available when considering variables collected from the age of seven years onwards. The number of new pregnancies, not in the core sample, known as phases II and III enrolments, is 706 (452 and 254 recruited during Phases II and III respectively), resulting in an additional 713 children being enrolled. The phases of enrolment are described in more detail in the cohort profile paper.<sup>1,2</sup> Therefore, the total sample size for analyses using any data collected after the age of seven years is therefore 15,247 pregnancies, resulting in 15,458 fetuses with 14,775 live births and 14,701 alive children at 1 year of age.

*Spirometry:* Performed according to American Thoracic Society/European Respiratory Society guidelines,<sup>3,4</sup> using a Vitalograph pneumotachograph system with animated incentive software (Spirotrac, Vitaograph, UK) in a dedicated research clinic by trained technicians. Calibration checks were performed with a standard 3L calibration syringe according to the manufacturer's instructions at the start of each half-day clinic session. Subjects were seated with a nose clip in place and were asked to inhale to total lung capacity (TLC), then instructed to perform a forced expiration, through a mouthpiece, to residual volume (RV). The test was repeated at intervals of 30 seconds until 3 technically acceptable traces were obtained from a maximum of eight

attempts. Forced expiratory volume in one second (FEV<sub>1</sub>) and Forced vital capacity (FVC) were recorded and the data expressed as FEV<sub>1</sub> % predicted and FEV<sub>1</sub>/FVC ratio.

### **Definition of outcomes**

*Current wheeze:* Positive answer to the question “In the last 12 months has he/she had any periods when there was wheezing or wheezing with whistling on his/her chest when he/she breathed?”

*Current asthma:* Self-reported current asthma at 23 years based on asthma ever at 22+ together with current wheezing and/or current treatment: “Have you had any wheezing in the past 12 months?” and/or “Have you taken asthma medication in the last 12 months?”.

*Asthma ever:* Positive answer to the question “Have you ever had asthma?” at age 22+.

Study data were collected and managed using REDCap electronic data capture tools hosted at ALSPAC facilities.<sup>5</sup> Please note that the study website contains details of all the data that is available through a fully searchable data dictionary and variable search tool (<http://www.bris.ac.uk/alspac/researchers/data-access/data-dictionary/>).

### **Statistical analysis**

#### *Measures of fit in LCA*

An optimal model is defined as the free model that best fits the data. To assess model fit, we used (1) the Bayesian information criterion (BIC), a function of the likelihood that rewards parsimony and (2) entropy, an assessment of model classification based on the posterior class membership probabilities. The BIC is an index used in Bayesian statistics to choose among a set of competing models; the model with the lowest BIC is preferred. Entropy is a measure of classification certainty that ranges from 0 to 1, with values near 1 indicating a clear delineation of classes and values near 0 indicating low certainty in classification.

#### *Selection of informative data collection points*

A genetic algorithm was employed to search for the optimal set of clustering variables (e.g. time points) to distinguish wheeze subgroups, using the LCAvarsel R package.<sup>6</sup> During the search, multiple sets of clustering variables were considered at the same time; then, for each set, a latent class analysis model was estimated on the clustering variables and a regression/independence model was estimated on the non-clustering ones. Different sets were generated by various genetic operators and the fittest individuals were selected. The fitness function was defined as the BIC of the joint distribution of both clustering and non-clustering variables, where clustering variables were modeled via a latent class analysis model and non-clustering variables were modeled via multinomial logistic regression. Variable specific entropy contribution of each time point was used to assess how well individual time points identified the latent classes. These univariate entropies varying between 0 and 1 were directly comparable to each other, with large values indicating the clear separation of classes. The Rand Index (RI) and Adjusted Rand Index (ARI) was used as a similarity measure when comparing different clustering results. More specifically, ARI was used to measure the level of agreement between two partitions, the model fitted to the data subset and the full dataset. A larger RI and ARI means a higher agreement between two partitions.

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**LEGEND FOR FIGURES**

**Figure E1.** Heatmap showing the phi coefficient of pairwise comparison between data collection points

**Figure E2.** The optimal number, shape and prevalence of wheeze phenotypes with different (12,290, 7500, 5000, 2500, 1500, 500) sample sizes based on children with at least 2 observations of wheeze (the optimal was chosen based on the lowest BIC)

**Figure E3.** The optimal number, shape and prevalence of wheeze phenotypes with different number of data collection points (6, 8, 11 and 14) based on children with at least 2 observations of wheeze.

**Figure E4.** The optimal number, shape and prevalence of wheeze phenotypes with combined effects of sample size and data collection frequency based on children with at least 2 observations of wheeze.

**Figure E5.** Estimated prevalence of wheeze for each wheezing phenotype in four-, five- and six-latent class solutions identified by LCA based on children 12,290 children with at least 2 observations of wheeze

**Figure E6.** Assignment of children into distinct wheeze phenotypes over a sequence of LC model with four, five and six classes based on most likely class membership (12,290 children with at least 2 observations of wheeze). Ellipse nodes show class membership (most likely phenotype) whilst the values along the arrow represent the % of children moving from one class to another in models with an increasing number of classes.

**Table E1:** Differences of lung function (FEV<sub>1</sub> % predicted) at 24 years between wheezing phenotypes: ANOVA and Tukey HSD test of pairwise comparisons.

<b>ANOVA</b>												
Variation source	df		Sum square			Mean square		F value			Pr(>F)	
	Pre-BD FEV <sub>1</sub> % pred.	Post-BD FEV <sub>1</sub> % pred.	Pre-BD FEV <sub>1</sub> % pred.	Post-BD % pred.	FEV <sub>1</sub>	Pre-BD FEV <sub>1</sub> % pred.	Post-BD FEV <sub>1</sub> % pred.	Pre-BD % pred.	FEV <sub>1</sub>	Post-BD FEV <sub>1</sub> % pred.	Pre-BD FEV <sub>1</sub> % pred.	Post-BD FEV <sub>1</sub> % pred.
Phenotypes	5	5	2243	1463		448.6	292.6	3.313		2.252	0.005561	0.04709
Residual	1651	1351	223565	175521		135.4	129.9					

<b>Tukey's HSD (Honestly Significant Difference) Test</b>						
Pairwise comparison of wheeze phenotypes	Mean Differences		Significant (p adjusted<0.05)?		95 % CI of differences (lower, upper)	
	Pre-BD FEV <sub>1</sub> % pred.	Post-BD FEV <sub>1</sub> % pred	Pre-BD FEV <sub>1</sub> % pred.	Post-BD FEV <sub>1</sub> % pred.	Pre-BD FEV <sub>1</sub> % pred.	Post-BD FEV <sub>1</sub> % pred.
Mid-childhood remitting AND Late-childhood onset	-0.66	-1.61	No	No	(-5.82, 4.49)	(-7.27, 4.05)
Never/infrequent AND Late-childhood onset	0.69	-1.34	No	No	(-3.11, 4.50)	(-5.52, 2.84)
Pre-school remitting AND Late-childhood onset	-1.59	-3.11	No	No	(-5.78, 2.60)	(-7.69, 1.47)
Persistent AND Late-childhood onset	-3.26	-3.41	No	No	(-8.44, 1.93)	(-9.26, 2.44)
School-age onset AND Late-childhood onset	1.51	1.70	No	No	(-4.11, 7.12)	(-4.45, 7.86)
Never/infrequent AND Mid-childhood remitting	1.36	0.27	No	No	(-2.40, 5.12)	(-3.85, 4.39)
Pre-school remitting AND mid-childhood remitting	-0.93	-1.50	No	No	(-5.08, 3.22)	(-6.03, 3.03)
Persistent AND Mid-childhood remitting	-2.59	-1.80	No	No	(-7.75, 2.56)	(-7.61, 4.00)
School-age onset AND Mid-childhood remitting	2.17	3.31	No	No	(-3.42, 7.76)	(-2.80, 9.43)
<b>Pre-school remitting AND Never/infrequent</b>	-2.29	-1.77	<b>Yes</b>	No	(-4.55, -0.02)	(-4.20, 0.66)
<b>Persistent AND Never/infrequent</b>	-3.95	-2.07	<b>Yes</b>	No	(-7.76, -0.15)	(-6.45, 2.30)
School-age onset AND Never/infrequent	0.81	3.04	No	No	(-3.56, 5.18)	(-1.73, 7.82)
Persistent AND Pre-school remitting	-1.66	-0.30	No	No	(-5.86, 2.52)	(-5.06, 4.46)
School-age onset AND Pre-school remitting	3.10	4.81	No	No	(-1.61, 7.81)	(-0.32, 9.94)
School-age onset AND Persistent	4.77	5.12	No	No	(-0.85, 10.38)	(-1.17, 11.4)

**Table E2:** Differences of lung function (FEV<sub>1</sub>/FVC ratio) at 24 years between wheezing phenotypes: ANOVA and Tukey HSD test of pairwise comparisons.

<b>ANOVA</b>										
Variation source	df		Sum square		Mean square		F value		Pr(>F)	
	Pre-BD FEV <sub>1</sub> /FVC ratio	Post-BD FEV <sub>1</sub> /FVC ratio	Pre-BD FEV <sub>1</sub> /FVC ratio	Post-BD FEV <sub>1</sub> /FVC ratio	Pre-BD FEV <sub>1</sub> /FVC ratio	Post-BD FEV <sub>1</sub> /FVC ratio	Pre-BD FEV <sub>1</sub> /FVC ratio	Post-BD FEV <sub>1</sub> /FVC ratio	Pre-BD FEV <sub>1</sub> /FVC ratio	Post-BD FEV <sub>1</sub> /FVC ratio
Phenotypes	5	5	0.3269	0.1527	0.06539	0.03054	14.51	8.33	6.2E-14	9.0E-08
Residual	1600	1358	7.482	4.977	0.00451	0.00366				

<b>Tukey's HSD (Honestly Significant Difference) Test</b>						
Pairwise comparison of wheeze phenotypes	Mean Differences		Significant (p adjusted<0.05)?		95 % CI of differences (lower, upper)	
	Pre-BD FEV <sub>1</sub> /FVC ratio	Post-BD FEV <sub>1</sub> /FVC ratio	Pre-BD FEV <sub>1</sub> /FVC ratio	Post-BD FEV <sub>1</sub> /FVC ratio	Pre-BD FEV <sub>1</sub> /FVC ratio	Post-BD FEV <sub>1</sub> /FVC ratio
Mid-childhood remitting AND Late-childhood Never/infrequent AND Late-childhood onset	0.01	-0.01	No	No	(-0.02, 0.04)	(-0.04, 0.02)
Pre-school remitting AND Late-childhood onset	0.00	-0.01	No	No	(-0.03, 0.02)	(-0.04, 0.01)
Persistent AND Late-childhood onset	-0.03	-0.03	No	No	(-0.06, 0.00)	(-0.06, 0.00)
School-age onset AND Late-childhood onset	0.00	0.00	No	No	(-0.04, 0.03)	(-0.03, 0.03)
Never/infrequent AND Mid-childhood remitting	0.01	0.02	No	No	(-0.01, 0.04)	(0.00, 0.04)
Pre-school remitting AND mid-childhood	-0.01	0.00	No	No	(-0.04, 0.01)	(-0.02, 0.02)
Persistent AND Mid-childhood remitting	-0.03	-0.02	<b>Yes</b>	No	(-0.06, 0.00)	(-0.05, 0.01)
School-age onset AND Mid-childhood remitting	-0.01	0.01	No	No	(-0.04, 0.02)	(-0.02, 0.04)
<b>Pre-school remitting AND Never/infrequent</b>	-0.03	-0.02	<b>Yes</b>	<b>Yes</b>	(-0.04, -0.01)	(-0.03, -0.01)
<b>Persistent AND Never/infrequent</b>	-0.05	-0.04	<b>Yes</b>	<b>Yes</b>	(-0.07, -0.03)	(-0.06, -0.01)
School-age onset AND Never/infrequent	-0.03	-0.01	<b>Yes</b>	No	(-0.05, 0.00)	(-0.03, 0.02)
Persistent AND Pre-school remitting	-0.02	-0.02	No	No	(-0.05, 0.00)	(-0.04, 0.01)
School-age onset AND Pre-school remitting	0.00	0.01	No	No	(-0.03, 0.03)	(-0.01, 0.04)
School-age onset AND Persistent	0.02	0.03	No	No	(-0.01, 0.05)	(0.00, 0.06)

**Table E3:** The FEV<sub>1</sub> reversibility at age 24 years by phenotype (restricted to 1364 participants with FEV<sub>1</sub> reversibility data)

Wheezing Phenotypes 0-16½ years		FEV <sub>1</sub> reversibility at 24y		P-value*	(optional) % positive FEV <sub>1</sub> reversibility
		No.	Mean (SD)		
Never-infrequent		898	2.87 (6.2)	Baseline	80.0
Pre-school remitting	Transient early	224	4.02 (5.4)	0.104	81.3
Mid-childhood remitting		69	4.03 (5.3)	0.627	84.1
School-age onset	Late-onset	49	4.94 (4.9)	0.171	89.8
Late-childhood onset		65	4.22 (5.4)	0.490	83.1
Persistent wheeze		59	6.29 (5.9)	0.0003	91.5

\* Tukey test.

**Table E4:** Wheeze phenotypes from birth up to 9 years of age identified based on temporal pattern

<b>Cohort</b>	<b>Sample Size</b>	<b>Number of time points</b>	<b>Years covered</b>	<b>Number of phenotypes</b>
CCCEH <sup>7</sup>	689	15	9	4
TUSCON <sup>8</sup>	826	2	6	4
PASTURE <sup>9</sup>	953	6	6	5
MAAS <sup>10</sup>	1184	8	8	5
PIAMA <sup>11</sup>	2810	8	8	5
ALSPAC <sup>11</sup>	5760	8	8	6
ALSPAC <sup>12</sup>	6265	7	7	6