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Efficacy and safety of the elexacaftor plus tezacaftor plus ivacaftor combination regimen in people with cystic fibrosis homozygous for the F508del mutation: a double-blind, randomised, phase 3 trial

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1 **Efficacy and safety of the elexacaftor/tezacaftor/ivacaftor combination regimen in people**
2 **with cystic fibrosis homozygous for the *F508del* mutation: a double-blind, randomised,**
3 **phase 3 trial**
4

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43

44 **Summary**

45 **Background**

46 Cystic fibrosis transmembrane conductance regulator (CFTR) modulators correct the basic
47 defect caused by CFTR mutations. Improvements in health outcomes have been achieved
48 using the combination of a CFTR corrector and potentiator in people with CF (pwCF)
49 homozygous for *F508del*. The addition of elexacaftor (ELX; VX-445), a next-generation CFTR
50 corrector, to tezacaftor/ivacaftor (TEZ/IVA) further improved *F508del*-CFTR function and clinical
51 outcomes in a phase 2 study in pwCF homozygous for *F508del*.

52

53 **Methods**

54 A phase 3, multi-centre, randomised, double-blind, active-controlled trial of ELX in triple
55 combination with TEZ/IVA (ELX/TEZ/IVA) in pwCF homozygous for *F508del* was conducted.
56 Eligible participants were aged ≥ 12 years with stable disease and percent predicted forced
57 expiratory volume in 1 second (ppFEV₁) of 40 to 90, inclusive. After a four-week TEZ/IVA run-in,
58 participants were randomised 1:1 to four weeks of ELX/TEZ/IVA versus TEZ/IVA alone. The
59 primary endpoint was absolute change from baseline (measured at the end of the TEZ/IVA run-
60 in) in ppFEV₁ at week 4. Key secondary endpoints were absolute change in sweat chloride and
61 CF Questionnaire–Revised respiratory domain (CFQ-R RD) score. ClinicalTrials.gov, number
62 **NCT03525548**.

63

64 **Findings**

65 Between August and December 2018, 113 participants were enrolled. Following the run-in, 107
66 participants were randomised and completed the 4-week treatment period.

67 The ELX/TEZ/IVA group had improvements in ppFEV₁ (10·0 percentage points, 95% CI 7·4 to
68 12·6, $p < 0\cdot0001$), sweat chloride concentration (-45·1 mmol/L, 95% CI -50·1 to -40·1, $p < 0\cdot0001$),
69 and CFQ-R RD score (17·4 points, 95% CI 11·8 to 23·0, $p < 0\cdot0001$) compared with the TEZ/IVA

70 group. ELX/TEZ/IVA was well tolerated, with no discontinuations. Most adverse events were
71 mild or moderate; serious adverse events occurred in 4% (n=2) of participants receiving
72 ELX/TEZ/IVA and 2% (n=1) receiving TEZ/IVA.

73

74 **Interpretation**

75 ELX/TEZ/IVA provided clinically robust benefit vs TEZ/IVA alone with a favourable safety profile
76 and demonstrates the potential to lead to transformative improvements in the lives of pwCF
77 homozygous for *F508del*.

78

79 **Funding**

80 Vertex Pharmaceuticals Incorporated

81

82

83 **Research in context**

84 **Evidence before this study**

85 F508del, the most common defective form of the cystic fibrosis transmembrane conductance
86 regulator protein (F508del-CFTR), can be corrected with currently available dual modulator
87 combinations. Treatment of people with cystic fibrosis (pwCF) homozygous for *F508del* with
88 these dual combinations has resulted in clinical improvements, but these improvements are
89 lower in magnitude than those in the small subset of pwCF with genotypes highly responsive to
90 available modulators. Addition of a next-generation CFTR corrector, elexacaftor (ELX; VX-445)
91 to the existing CFTR modulator dual combination of tezacaftor/ivacaftor (TEZ/IVA) provided
92 further benefit to this group of pwCF in a phase 2 study. The phase 2, double-blind, active-
93 comparator study of ELX/TEZ/IVA in a small number of pwCF homozygous for *F508del* who
94 were already receiving TEZ/IVA demonstrated that the triple drug combination was well
95 tolerated and that the addition of ELX resulted in improvements in lung function, CFTR function,
96 and a patient-reported outcome measure. A PubMed search of clinical trials, with no restrictions
97 on publication date or language, using the terms “elexacaftor” and/or “VX-445” performed on 30
98 July 2019 revealed only one publication, describing the phase 2 study of ELX/TEZ/IVA.

99

100 **Added value of this study**

101 The trial reported here is the first phase 3 study of ELX/TEZ/IVA in pwCF homozygous for
102 *F508del*. The results demonstrate, in a larger cohort, profound improvements in lung function,
103 CFTR function, and respiratory-related quality of life compared with TEZ/IVA, along with a
104 favourable safety profile. Evidence of systemic effect was also seen, with rapid improvements in
105 body weight, an important predictor of survival in CF.

106

107

108 **Implications of all the available evidence**

109 The introduction of ELX/TEZ/IVA may extend highly effective CFTR modulator therapy to those
110 homozygous for *F508del*, a large proportion of pwCF. This advance in therapy is likely to modify
111 the natural course of the disease, leading to meaningful improvements in the lives of these
112 pwCF, profoundly impacting the face of CF care.

113 Introduction

114 Cystic fibrosis (CF) is an autosomal recessive disease caused by mutations in the cystic fibrosis
115 transmembrane regulator (*CFTR*) gene, which encodes for the CFTR protein, an anion
116 transporter responsible for conductance of chloride and bicarbonate across epithelial surfaces in
117 the airway, gastrointestinal and reproductive tracts, pancreas, and sweat glands.¹ Absence or
118 reduction in the quantity and/or dysfunction of CFTR results in abnormal mucus secretions and
119 multi-organ dysfunction, including pancreatic insufficiency and airway infection and
120 obstruction.^{1,2} Chronic airway infection leads to progressive lung damage and eventually
121 respiratory failure and premature death, with a median age at death of approximately 31 years.³⁻

122 ⁵

123

124 Although it is known that there are more than 2000 variants of the *CFTR* gene,⁶ the most
125 prevalent disease-causing *CFTR* mutation worldwide is *F508del*.^{4,5} Up to 90% of all people with
126 CF (pwCF) have at least one copy of this mutation, and almost 50% of pwCF are homozygous
127 for *F508del*.³⁻⁵

128

129 At present, the majority of treatments for pwCF address the downstream complications of CFTR
130 dysfunction, independent of the *CFTR* genetic defect. In recent years, small molecules have
131 been developed to address the basic defect through modulation of CFTR protein function. The
132 first CFTR modulator therapy developed and approved was ivacaftor (IVA), a highly effective
133 CFTR modulator in pwCF with *G551D*. IVA successfully potentiates this CFTR protein by
134 increasing open probability, and led to unprecedented improvements in sweat chloride (an in
135 vivo marker of CFTR function), lung function, respiratory-related quality of life, weight, and
136 pulmonary exacerbations, sustained over the 48-week placebo-controlled trial.⁷

137

138 IVA alone does not restore F508del-CFTR function⁸; CFTR dysfunction caused by *F508del* is
139 multifactorial, with defective protein processing and trafficking to the cell surface, reduced
140 channel gating, and high turnover once at the cell surface.^{2,9,10} However, these defects can be
141 partially overcome with a combination of CFTR modulators. Correctors such as lumacaftor and
142 tezacaftor (TEZ) aid in processing and trafficking of the protein to the cell surface, and the
143 potentiator ivacaftor addresses the gating defect. Studies of lumacaftor/IVA and TEZ/IVA
144 showed improvements in lung function (2.6–4.0 percentage points of the percentage of
145 predicted forced expiratory volume in 1 second [ppFEV₁]) and decreases in the rate of
146 pulmonary exacerbations (a 35%–39% reduction) in pwCF homozygous for *F508del*.^{11,12} Given
147 the multiple defects in F508del-CFTR affecting processing and trafficking, the magnitude of
148 clinical improvements was consistent with the degree of correction of F508del-CFTR by a single
149 CFTR corrector.^{13,14} To further enhance the modulation of F508del-CFTR, it was hypothesised
150 that the addition of a second corrector acting with a complementary mechanism of action would
151 be necessary to more fully restore CFTR processing and trafficking to a corrector-potentiator
152 combination.

153
154 Elexacaftor (ELX; VX-445) is a next-generation CFTR corrector that was shown, in vitro, to
155 significantly increase the amount of mature CFTR protein and CFTR activity when added to the
156 combination of TEZ/IVA.¹⁵ ELX/TEZ/IVA showed encouraging results in a phase 2 study of this
157 triple combination in a small sample of pwCF homozygous for *F508del*.¹⁵ The current phase 3,
158 4-week, randomised, controlled trial was conducted to confirm the superior efficacy of
159 ELX/TEZ/IVA compared to TEZ/IVA and to evaluate safety in pwCF homozygous for *F508del*,
160 as part of a development program that included a concurrent phase 3, 24-week, randomised,
161 placebo-controlled trial in pwCF heterozygous for *F508del*.¹⁶

162

163 **Methods**

164 ***Trial Design and Oversight***

165 A phase 3, multi-centre, randomised, double-blind, active-controlled trial of ELX in triple
166 combination with TEZ/IVA in pwCF aged ≥ 12 years homozygous for *F508del* (ClinicalTrials.gov
167 number NCT03525548) was conducted at 44 sites in four countries (Belgium, the Netherlands,
168 the United Kingdom, and the United States) from 03 August 2018 to 28 December 2018.

169

170 The primary objective of the trial was to evaluate the efficacy of ELX in triple combination with
171 TEZ/IVA, in comparison with TEZ/IVA alone, in pwCF homozygous for the *F508del* mutation.

172

173 An independent review board or ethics committee for each site approved the trial protocol and
174 informed-consent forms. All enrolled participants, or their legal guardians, provided written
175 informed consent (and assent, when appropriate).

176

177 ***Procedures***

178 Because treatment with lumacaftor/IVA or TEZ/IVA is standard of care for pwCF homozygous
179 for *F508del*, and to ensure a reliable on-treatment baseline before the triple combination
180 treatment period, participants completed a 4-week TEZ/IVA run-in period following a 4-week
181 screening period as described in Taylor-Cousar et al.¹⁶ Participants then received 4 weeks of
182 treatment with either ELX 200 mg once daily in triple combination with TEZ 100 mg once daily
183 and IVA 150 mg every 12 hours, or the dual combination of TEZ 100 mg once daily and IVA 150
184 mg every 12 hours. All drugs were administered orally. Selection of the dose of ELX was based
185 on data from the phase 2 dose-ranging trial.¹⁵ TEZ and IVA were used at the approved dosages
186 in both arms (figure 1).

187

188 **Randomisation and masking**

189 Participants were randomised in a 1:1 ratio by an interactive web response system to either
190 ELX/TEZ/IVA or TEZ/IVA (see Supplementary Appendix for additional details). Placebo tablets
191 were used to maintain the blind. Randomisation was stratified by ppFEV₁ (<70 vs ≥70, as
192 determined during the run-in period) and age (<18 vs ≥18 years at the screening visit). At trial
193 completion, participants were given the option to enrol in a 96-week open-label extension trial
194 (VX17-445-105; ClinicalTrials.gov number NCT03525574).

195

196 **Participants**

197 Males and females aged ≥12 years with a confirmed diagnosis of CF homozygous for *F508del*,
198 ppFEV₁ between 40 and 90 inclusive,¹⁷ and stable CF as judged by the investigators were
199 recruited. All participants agreed to continue their usual standard-of-care treatment regimens
200 throughout the trial period. The full inclusion and exclusion criteria are provided in the appendix.

201

202 **Outcomes**

203 The primary endpoint was the absolute change from baseline in ppFEV₁ at week 4. Key
204 secondary endpoints were the absolute change from baseline at week 4 in sweat chloride
205 concentration and in the respiratory domain of the Cystic Fibrosis Questionnaire–Revised (CFQ-
206 R RD) score. Other secondary endpoints included safety and tolerability, as assessed by
207 adverse events; clinical laboratory values; electrocardiograms; vital signs; and pulse oximetry.

208

209 **Statistical analysis**

210 Efficacy analyses included all randomised participants who received at least one dose of
211 ELX/TEZ/IVA or TEZ/IVA in the treatment period. The absolute change from baseline in ppFEV₁
212 at week 4 was analysed using a mixed-effects model for repeated measures with change from
213 baseline in ppFEV₁ at day 15 and week 4 as the dependent variables. The model included

214 treatment group, visit, and treatment-by-visit interaction as fixed effects, with the continuous
215 baseline ppFEV₁ and age at screening (<18 vs ≥18 years) as covariates; the model used an
216 unstructured covariance for the within-subject errors. The trial was designed for superiority.
217 Assuming a within-group standard deviation of 7 percentage points and accounting for a 5%
218 dropout rate at week 4, based on a two-sided, two-sample *t*-test at a significance level of 0·05, a
219 sample size of 50 participants per treatment group was expected to achieve >90% power to
220 detect a difference of 5 percentage points for the mean absolute change in the ppFEV₁ from
221 baseline at week 4 between the two treatment groups. Key secondary endpoints of absolute
222 change in sweat chloride concentration and in CFQ-R RD score were analysed using a similar
223 mixed-effects model for repeated measures. A hierarchical testing procedure was used to
224 control the overall type I error at an alpha of 0·05 for the primary endpoint and the key
225 secondary endpoints tested. The safety analyses included all participants who received at least
226 one dose of ELX/TEZ/IVA or TEZ/IVA in the treatment period. Safety data were summarised
227 using descriptive statistics. Safety was monitored by an independent data monitoring
228 committee.

229

230 ***Role of the funding source***

231 The trial was designed by Vertex Pharmaceuticals, in collaboration with the authors. Data were
232 collected by local site investigators and analysed by Vertex Pharmaceuticals Incorporated, in
233 collaboration with the authors. All authors had full access to the trial data after the data were
234 unblinded following final database lock and provided critical review and input. The
235 corresponding author had final responsibility for the decision to submit for publication.

236

237

238 **Results**

239 ***Participant population***

240 A total of 113 participants were enrolled in the trial. Following the 4-week TEZ/IVA run-in period,
241 107 participants were randomised and received at least one dose of trial drug; 55 were in the
242 ELX/TEZ/IVA group and 52 were in the TEZ/IVA group. All 107 participants completed the 4-
243 week treatment period and entered the open label ELX/TEZ/IVA extension trial (figure S1).
244 Demographics and baseline characteristics were similar between intervention groups (table 1).

245

246 ***Efficacy***

247 Treatment with ELX/TEZ/IVA led to a rapid improvement in ppFEV₁ above the baseline
248 established after 4 weeks of treatment with TEZ/IVA (figure 2; table 2). The least squares mean
249 difference between ELX/TEZ/IVA and TEZ/IVA in absolute ppFEV₁ was 10·0 percentage points
250 (95% CI 7·4 to 12·6, p<0·0001) at week 4.

251

252 Consistent with the clinically and statistically significant improvements observed in ppFEV₁,
253 ELX/TEZ/IVA resulted in an improvement in sweat chloride concentration, with a least squares
254 mean treatment difference of -45·1 mmol/L at week 4 (95% CI -50·1 to -40·1, p<0·0001)
255 compared with the TEZ/IVA group (figure 3A; table 2); the resulting mean value is below the
256 diagnostic threshold for CF (figure 3B).^{18,19} The treatment difference in the change in CFQ-R RD
257 score compared with TEZ/IVA was 17·4 points (95% CI 11·8 to 23·0, p<0·0001). In the
258 ELX/TEZ/IVA group, there was a least squares mean increase in the CFQ-R RD score of 16·0
259 points (95% CI 12·1 to 19·9) (figure 4; table 2), which exceeds the known 4-point improvement
260 corresponding to the minimal clinically important difference in pwCF with stable disease.²⁰

261

262 The improvements in ppFEV₁ and sweat chloride concentration were consistent across all
263 subgroups evaluated (figures S2 and S3). The histogram of treatment response for ppFEV₁,
264 sweat chloride concentration, and CFQ-R RD score are shown in figures S4, S5, and S6.

265

266 At Week 4, treatment with ELX/TEZ/IVA resulted in a least squares mean increase in BMI of
267 0.60 kg/m² (95% CI 0.41 to 0.79, nominal p<0.0001) and a least squares mean body weight
268 increase of 1.6 kg (95% CI 1.0 to 2.1, nominal p<0.0001) compared with TEZ/IVA. Because
269 these analyses were not pre-defined, they were not corrected for multiplicity and p values are
270 considered nominal.

271

272 **Safety**

273 ELX/TEZ/IVA was generally safe and well tolerated in this 4-week trial. Adverse events occurred
274 in 32 (58%) participants in the ELX/TEZ/IVA group and in 33 (63%) participants in the TEZ/IVA
275 group (table 3). The vast majority of AEs resolved during the study. No participants in the
276 ELX/TEZ/IVA group and one (2%) in the TEZ/IVA group had an adverse event reported as
277 severe. All other adverse events were mild or moderate. There were no adverse events that led
278 to discontinuation of trial regimen in either treatment group. Serious adverse events occurred in
279 two (4%) participants in the ELX/TEZ/IVA group (rash in one participant and pulmonary
280 exacerbation in another) and one (2%) participant in the TEZ/IVA group (pulmonary
281 exacerbation). The most common adverse events, those that occurred in >10% of participants
282 in either treatment group, were cough and pulmonary exacerbation. Cough occurred more
283 frequently in the ELX/TEZ/IVA group (15% vs 8%), whereas pulmonary exacerbation occurred
284 more often in the TEZ/IVA group (2% vs 12%). Adverse events occurring in at least four
285 participants in either treatment group are shown in table 3.

286

287 Investigators reported elevated transaminase levels as adverse events in two (4%) participants
288 in the ELX/TEZ/IVA group and in one (2%) participant in the TEZ/IVA group; each investigator
289 assessed the event as mild in severity and not serious. Review of laboratory results showed an
290 incidence of alanine transaminase or aspartate transaminase >3×, >5×, and >8× the upper limit
291 of normal in four (7%), two (4%), and zero participants in the ELX/TEZ/IVA group, respectively,
292 compared with zero participants at any of these thresholds in the TEZ/IVA group. No
293 participants had elevations of ALT/AST >3× upper limit of normal concurrent with an elevation in
294 total bilirubin >2× upper limit of normal. No transaminase elevations required study drug
295 interruption or discontinuation in this study.

296
297 Rash was seen in two (4%) participants in the ELX/TEZ/IVA group and two (4%) participants in
298 the TEZ/IVA group. All four participants with rash were female, and all events were mild in
299 severity; none required interruption or discontinuation of trial drugs. Both rash events in
300 participants receiving ELX/TEZ/IVA resolved during the trial. One participant in each treatment
301 group who had rash was receiving a concomitant hormonal oral contraceptive; the participant
302 receiving ELX/TEZ/IVA discontinued the hormonal oral contraceptive.

303
304 The safety profile was consistent among subgroups (age, baseline ppFEV₁, gender and
305 geographic region). There were no clinically relevant differences between the two treatment
306 groups in vital signs, oximetry, physical examinations, laboratory abnormalities, or
307 electrocardiogram findings.

308

309 **Discussion**

310 In this phase 3 trial in pwCF homozygous for *F508del*, in which all participants had a 4 week
311 pre-treatment period with TEZ/IVA, treatment with ELX/TEZ/IVA resulted in substantial
312 improvements in lung function, sweat chloride concentration, respiratory-related quality of life,

313 and nutritional parameters compared with TEZ/IVA alone. Similar results were observed across
314 all subgroups. ELX/TEZ/IVA was well tolerated, with a safety profile comparable to that in the
315 control group using TEZ/IVA alone. The most commonly reported adverse events were
316 consistent with typical manifestations of CF.

317
318 To date, clinical results following treatment with IVA in pwCF with the *G551D* mutation are
319 considered to be the benchmark for treatment with CFTR modulators. Following 24 weeks of
320 IVA therapy, the 10.6 percentage point increase in ppFEV₁ and a substantial reduction in
321 pulmonary exacerbations compared with placebo⁷ were sustained in a 96-week trial.²¹ IVA
322 therapy has also been shown to be associated with a decreased need for lung transplant and
323 improved survival with long-term use.^{22,23} Comparatively, pwCF homozygous for *F508del*
324 treated with TEZ/IVA experienced a 4-percentage point increase in ppFEV₁ compared with
325 placebo.¹² The 10.0-percentage point improvement in lung function with ELX/TEZ/IVA
326 compared with TEZ/IVA in pwCF homozygous for *F508del* observed in the current trial is similar
327 to that seen with IVA in pwCF and the *G551D* mutation.⁷ Data from the 96-week open-label
328 study of ELX/TEZ/IVA in pwCF who are homozygous or heterozygous for *F508del*
329 (NCT03525574) will be obtained to confirm these outcomes over a longer period of time.

330
331 To understand how the effects of ELX/TEZ/IVA in pwCF homozygous for *F508del* would have
332 compared if a placebo control, rather than an active control, had been used, the improvements
333 in clinical outcomes and CFTR function previously reported for TEZ/IVA over placebo in this
334 population should be considered. In the current trial, participants started ELX/TEZ/IVA after a
335 run-in with TEZ/IVA. The treatment effect of TEZ/IVA is reflected in the baseline sweat chloride
336 concentration of 90 mmol/L, which is comparable to that observed at the end of the TEZ/IVA
337 versus placebo trial,¹² and approximately 10 mmol/L below that in untreated pwCF homozygous
338 for *F508del*. The addition of ELX to TEZ/IVA in this trial resulted in a mean sweat chloride

339 concentration of 48·0 mmol/L at week 4, which is below the diagnostic threshold for CF (60
340 mmol/L).¹⁸ Likewise, the improvements in lung function (10 percentage points in ppFEV₁)
341 observed with ELX/TEZ/IVA compared with TEZ/IVA in the present trial may be taken in context
342 with the demonstrated impact of TEZ/IVA in this population (a 4-percentage point improvement
343 in ppFEV₁ compared with placebo).¹² It is useful to frame these results observed in trial
344 participants taking ELX/TEZ/IVA, and the magnitude of CFTR modulation they represent, in the
345 context of the overall degree of CFTR modulation and the clinical benefits observed in pwCF
346 and a *G551D* mutation treated with IVA.⁷

347
348 Benefits of ELX/TEZ/IVA were also observed on other important endpoints, including surrogates
349 for nutritional health. Although the treatment duration in this trial was only 4 weeks, there was an
350 increase in BMI and weight in the ELX/TEZ/IVA group compared with those who received
351 TEZ/IVA alone. Improvements in weight and BMI were not observed in a 24-week study of
352 TEZ/IVA in the same population.¹² Weight and BMI in pwCF are closely correlated with
353 improvements in lung function and are independent predictors of survival.^{24,25} The
354 improvements in weight and BMI over 4 weeks observed herein are promising.

355
356 Pulmonary exacerbations are important life events for pwCF and are associated with a greater
357 rate of lung function decline and decreased survival.^{24,26} Although not defined as an efficacy
358 outcome in this 4-week trial, there was a reduction in reported adverse events of infective
359 pulmonary exacerbation of CF in the ELX/TEZ/IVA group relative to the TEZ/IVA group. These
360 results and those observed in the longer companion trial in pwCF heterozygous for *F508del* in
361 which treatment with ELX/TEZ/IVA resulted in a 63% reduction in pulmonary exacerbations
362 compared with placebo²⁷ provide encouraging evidence of the effect of ELX/TEZ/IVA on
363 pulmonary exacerbations compared with the current standard of care.

364

365 The majority of phase 3 trials assessing the efficacy of CFTR modulators have used treatment
366 periods of 24 weeks or longer, and a potential limitation of this trial is the 4-week duration.^{7,11,12}
367 However, a 4-week duration was selected for this trial based on (1) observations that short-term
368 changes in lung function have consistently been demonstrated within 4 weeks of treatment with
369 CFTR modulators in previous randomised controlled trials, and these short-term improvements
370 in lung function have been sustained through 24 weeks of treatment,^{7,11,12} and (2) the premise
371 that the safety profile observed in the concurrent 24-week trial of ELX/TEZ/IVA in pwCF
372 heterozygous for *F508del*²⁷ would be applicable to pwCF homozygous for *F508del*. The latter
373 assumption is supported by prior data with CFTR modulators showing comparable safety data
374 across numerous CF genotypes.^{7,8,28} Long-term outcomes of ELX/TEZ/IVA in will be evaluated
375 in ongoing investigations including the open-label extension of this trial and post approval
376 observational studies.

377
378 In conclusion, this phase 3 trial demonstrated the efficacy and safety of ELX/TEZ/IVA in
379 participants homozygous for *F508del* over the 4-week study period. In the concurrent phase 3
380 trial in pwCF in whom a single *F508del* was responsible for the treatment response, marked
381 improvements in clinical outcomes substantiate the ability of ELX/TEZ/IVA to restore *F508del*-
382 CFTR function.²⁷ Based on the known impact of the benchmark therapy IVA in a small subset of
383 pwCF, the introduction of ELX/TEZ/IVA is likely to lead to meaningful improvements in the lives
384 of pwCF homozygous for *F508del*. This degree of CFTR modulation in such a large proportion
385 of pwCF may profoundly impact the face of CF care.

386

387 **Author contributions**

388 The VX17-445-103 study was designed by the study sponsor, Vertex Pharmaceuticals
389 Incorporated, in collaboration with EFC, SMR, ET, MAM, BWR, and JLT-C. HGMH, DGD, EVB,
390 JJW, JLT-C, and KSM enrolled participants, and collected the data, which were analysed by the

391 sponsor. All authors participated in the analysis and interpretation of study data, drafting and
392 critically revising the manuscript for important intellectual content, and gave final approval of the
393 manuscript for publication.

394

395 **Declaration of interest**

396 HGMH reports speaker fees from Chiesi, Horizon Pharma, PTC Therapeutics, TEVA, and
397 Vertex; fees for advisory board participation from Vertex and PTC Therapeutics. EFM reports
398 grants from Gilead and Vertex, for which his institution St Vincent's University Hospital received
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401 Belfast received payment; speaker fees from Vertex; honoraria from Proteostasis. EVB reports
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406 institution the University of Alabama at Birmingham received payment; consulting fees from
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427

428 **Data sharing**

429 Vertex Pharmaceuticals Incorporated is committed to advancing medical science and improving
430 patient health. This commitment includes the responsible sharing of clinical trial data with
431 qualified researchers. Proposals for the use of these data will be reviewed by a scientific board.
432 Approvals are at the discretion of Vertex Pharmaceuticals Incorporated and will be dependent
433 on the nature of the request, the merit of the research proposed, and the intended use of the
434 data. Please contact CTDS@vrtx.com if you would like to submit a proposal or need more
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436

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450

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515 cystic fibrosis heterozygous for *F508del-CFTR*. *Ann Am Thorac Soc* 2017; **14**: 213–9.
516

517 **Table 1. Demographics and Clinical Characteristics at Baseline.***

	Tezacaftor/Ivacaftor (n=52)	Elexacaftor/Tezacaftor/ Ivacaftor (n=55)
Female gender — no. (%)	28 (54)	31 (56)
Age at baseline		
Mean — yr	27·9 ±10·8	28·8 ±11·5
Distribution — no. (%) [†]		
≥12 to <18 yr	14 (27)	16 (29)
≥18 yr	38 (73)	39 (71)
Geographic region — no. (%)		
North America	33 (63)	34 (62)
Europe	19 (37)	21 (38)
Percentage of predicted FEV ₁		
Mean	60·2 ±14·4	61·6 ±15·4
Distribution — no. (%)		
<40% [‡]	4 (8)	6 (11)
≥40% to <70%	34 (65)	31 (56)
≥70% to ≤90%	14 (27)	18 (33)
>90%	0	0
Body-mass index, mean [§]	21·88 ±4·12	21·75 ±3·19

Sweat chloride concentration, mean — mmol/L	90·0 ±12·3	91·4 ±11·0
CFQ-R respiratory domain score, mean ^{ll}	72·6 ±17·9	70·6 ±16·2
<i>Pseudomonas aeruginosa</i> -positive within previous 2 years — no. (%)	31 (60)	39 (71)
Prior medication use, n (%) ^{ll}		
Dornase alfa		
Yes	48 (92)	51 (93)
No	4 (8)	4 (7)
Azithromycin		
Yes	25 (48)	33 (60)
No	27 (52)	22 (40)
Inhaled antibiotic		
Yes	28 (54)	35 (64)
No	24 (46)	20 (36)
Bronchodilator		
Yes	47 (90)	54 (98)
No	5 (10)	1 (2)
Inhaled hypertonic saline		
Yes	41 (79)	38 (69)

No	11 (21)	17 (31)
Inhaled corticosteroids		
Yes	28 (54)	36 (65)
No	24 (46)	19 (35)
CFTR modulator therapy		
Yes	34 (65)	32 (58)
No	18 (35)	23 (42)

518 CFQ-R=Cystic Fibrosis Questionnaire–Revised; FEV₁=forced expiratory volume in 1 second.

519 * Plus–minus values are means ±SD.

520 † Age distribution was calculated based on age at the time of screening.

521 ‡ Although those eligible for enrolment were required to have a percent predicted FEV₁ ≥40 at screening,
522 some participants experienced a decrease to a value <40 by baseline.

523 § The body-mass index is the weight in kilograms divided by the square of the height in meters.

524 ¶ Scores on the CFQ-R range from 0 to 100, with higher scores indicating a higher participant-reported
525 quality of life with regard to respiratory status.

526 ¶¶ Includes medications administered during the 56 days before the first dose of trial drug in the treatment
527 period.

528

529

530 **Table 2. Primary and Secondary Efficacy End Points.***

	Tezacaftor/ Ivacaftor (n=52)	Elexacaftor/ Tezacaftor/ Ivacaftor (n=55)	Difference (95% CI)	P Value[†]
Primary endpoint				
Absolute change in percentage of predicted FEV ₁ from baseline at week 4 (95% CI) — percentage points	0·4 (-1·4, 2·3)	10·4 (8·6, 12·2)	10·0 (7·4, 12·6)	<0·0001
Key secondary endpoints				
Absolute change in sweat chloride concentration from baseline at week 4 (95% CI) — mmol/L	1·7 (-1·9, 5·3)	-43·4 (-46·9, -40·0)	-45·1 (-50·1, -40·1)	<0·0001
Absolute change in CFQ-R respiratory domain score from baseline at week 4 (95% CI) — points	-1·4 (-5·4, 2·6)	16·0 (12·1, 19·9)	17·4 (11·8, 23·0)	<0·0001

531 CFQ-R=Cystic Fibrosis Questionnaire–Revised; FEV₁=forced expiratory volume in 1 second.532 * Data are least squares means with 95% confidence intervals. The difference is the least squares mean difference
533 between the elexacaftor/tezacaftor/ivacaftor group and the tezacaftor/ivacaftor group on the basis of the mixed-
534 effects model for repeated measures. Baseline was defined as the end of the 4-week tezacaftor/ivacaftor run-in
535 period.

536 † P values are for the between-group comparisons in all cases.

537
538

539 **Table 3. Adverse Events.**

	Tezacaftor/Ivacaftor (n=52)	Elexacaftor/Tezacaftor/ Ivacaftor (n=55)
	number of participants (percent)	
Any adverse event	33 (63)	32 (58)
Adverse event related to trial drug [†]	9 (17)	12 (22)
Adverse event, according to maximum severity		
Mild	21 (40)	23 (42)
Moderate	11 (21)	9 (16)
Severe	1 (2)	0
Life Threatening	0	0
Grade 3 or 4 adverse event	1 (2)	0
Serious adverse event	1 (2)	2 (4)
Serious adverse event related to trial drug [†]	0	1 (2)
Adverse event leading to discontinuation of trial drug	0	0
Adverse event leading to death	0	0

Most common adverse events [‡]		
Cough	4 (8)	8 (15)
Nasopharyngitis	2 (4)	4 (7)
Oropharyngeal pain	0	4 (7)
Upper respiratory tract infection	2 (4)	4 (7)
Headache	4 (8)	3 (5)
Haemoptysis	5 (10)	2 (4)
Pulmonary exacerbation [§]	6 (12)	1 (2)

540 Adverse events were coded using MedDRA version 21.1. When summarizing number and percent of participants, a
541 participant with multiple events within a category was counted only once in that category.

542 [†] The determination of relatedness to trial drug was made by the investigators. When summarizing number of
543 participants with (serious) adverse events related to the trial drug, adverse events with relationship of related,
544 possibly related, and missing were counted.

545 [‡] The most common adverse events were those that occurred in at least four participants in either trial group.

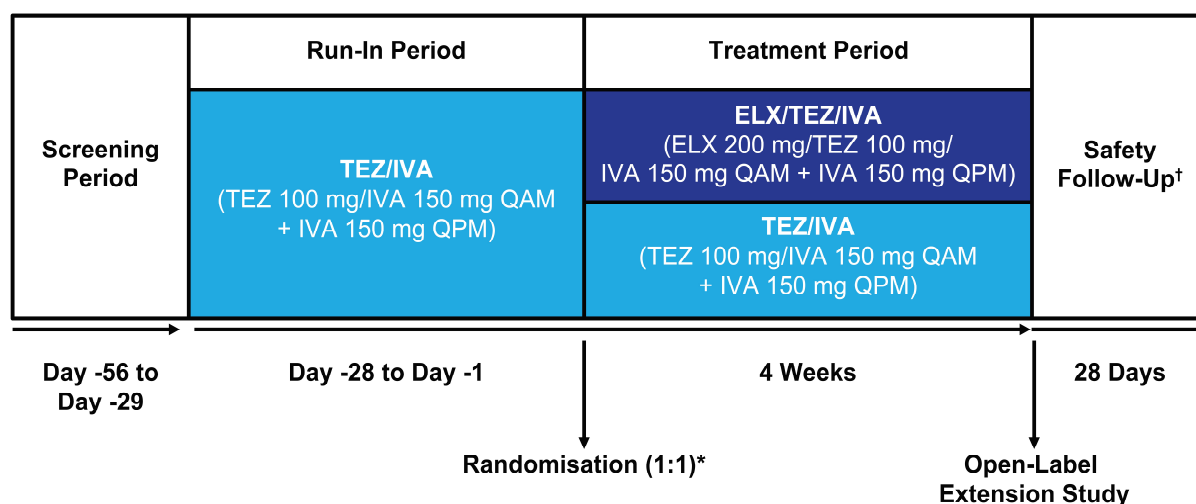
546 [§] Per MedDRA 21.1, this adverse event is coded as infective pulmonary exacerbation of cystic fibrosis.
547

548 **Figure 1. Study Design.** Phase 3, randomised, double-blind, active-controlled, parallel-group,
 549 multicentre study. Eligible participants received tezacaftor/ivacaftor therapy during a 4-week
 550 run-in period. After completing the run-in period participants were randomised (1:1) to receive
 551 elexacaftor/tezacaftor/ivacaftor triple combination therapy or tezacaftor/ivacaftor for 4 weeks.
 552 Randomisation was stratified by percent predicted FEV₁ (<70 vs ≥70) determined during the
 553 run-in period and age (<18 vs ≥18 years) determined at the screening visit. ELX=elexacaftor;
 554 FEV₁=forced expiratory volume in 1 second; IVA=ivacaftor; QAM=once daily in the morning;
 555 QPM=once daily in the evening; TEZ=tezacaftor.

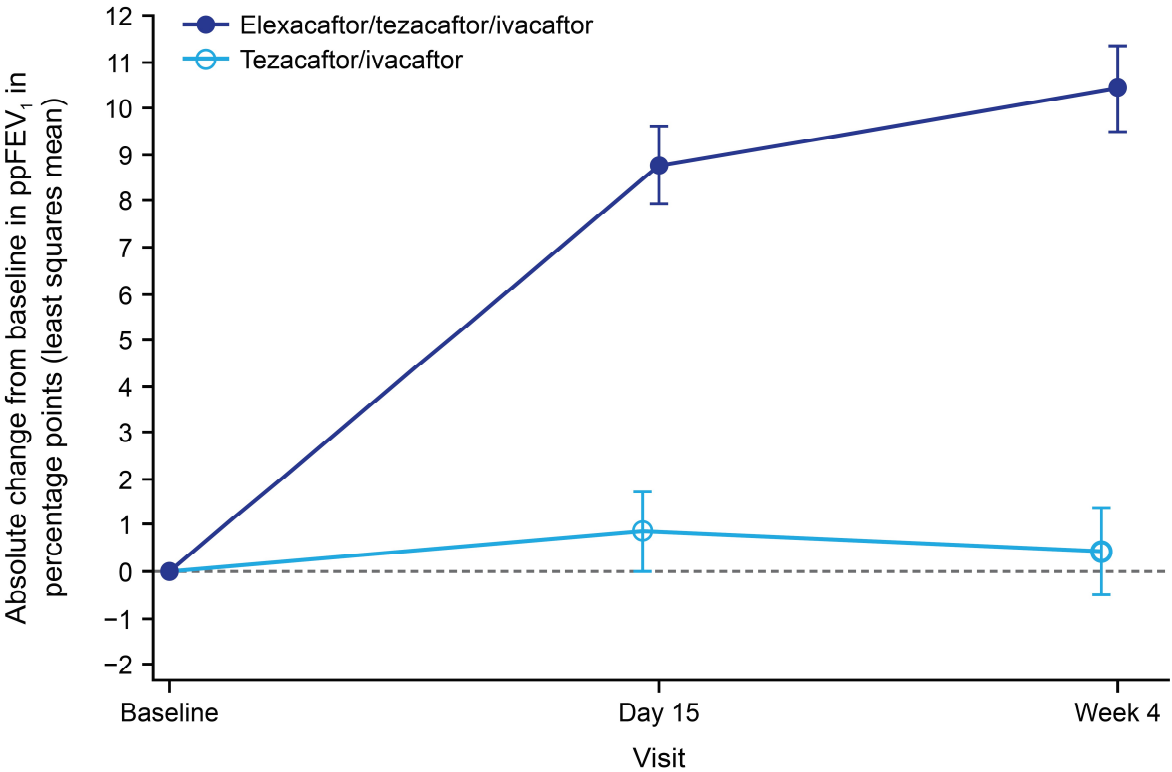
556 * Baseline was defined as the most recent non-missing measurement (scheduled or
 557 unscheduled) collected before the first dose of trial drug in the treatment period (ie,
 558 ELX/TEZ/IVA vs TEZ/IVA).

559 † Participants who completed the trial regimen were eligible to enrol in a separate 96-week
 560 open-label extension study within 28 days after the last dose of trial drug; a safety follow-up visit
 561 was required for all participants unless they completed the week 4 visit and enrolled in the open-
 562 label extension study.

563



565 **Figure 2. Absolute Change Over Time in Percent Predicted Forced Expiratory Volume in 1**
566 **Second (ppFEV₁) From Baseline.** Data are least squares means based on a mixed-effects
567 model for repeated measures, and error bars indicate standard errors; the dashed line indicates
568 no change from baseline (measured at the end of the tezacaftor/ivacaftor run-in).
569

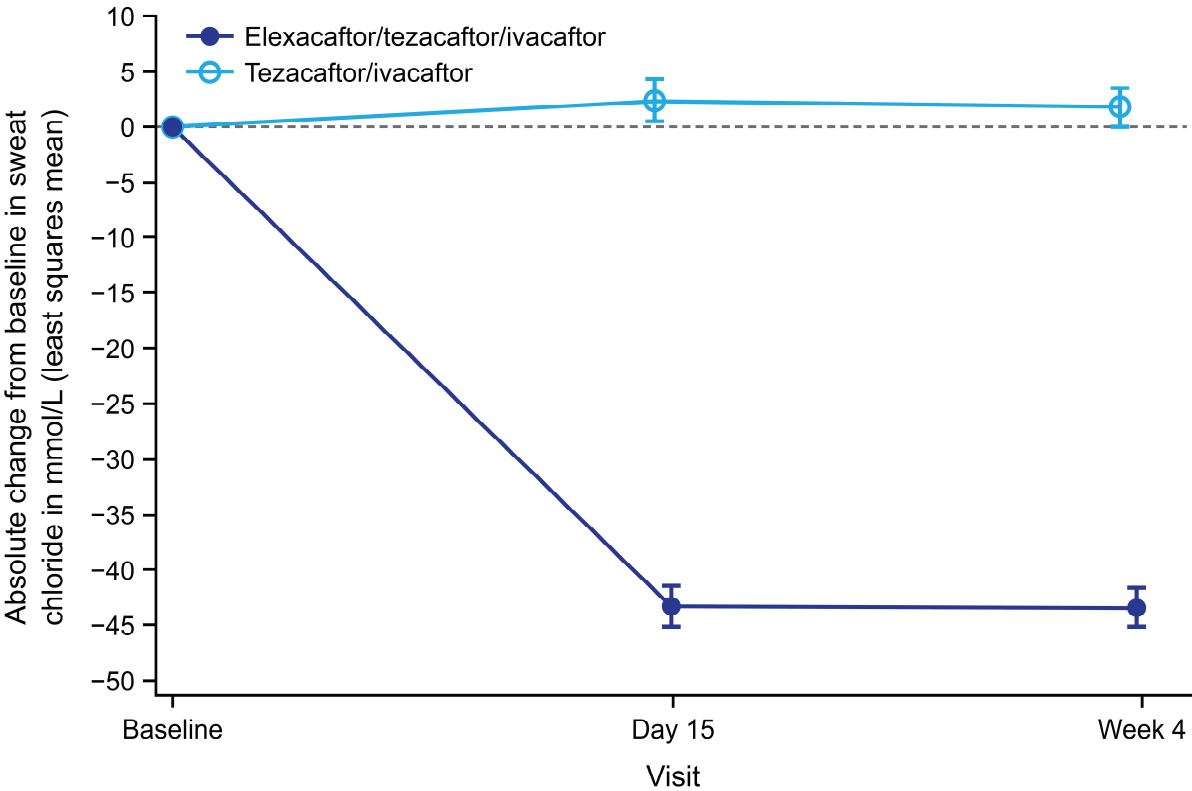


570

571 **Figure 3. Absolute Change Over Time in Sweat Chloride Concentration From Baseline.**

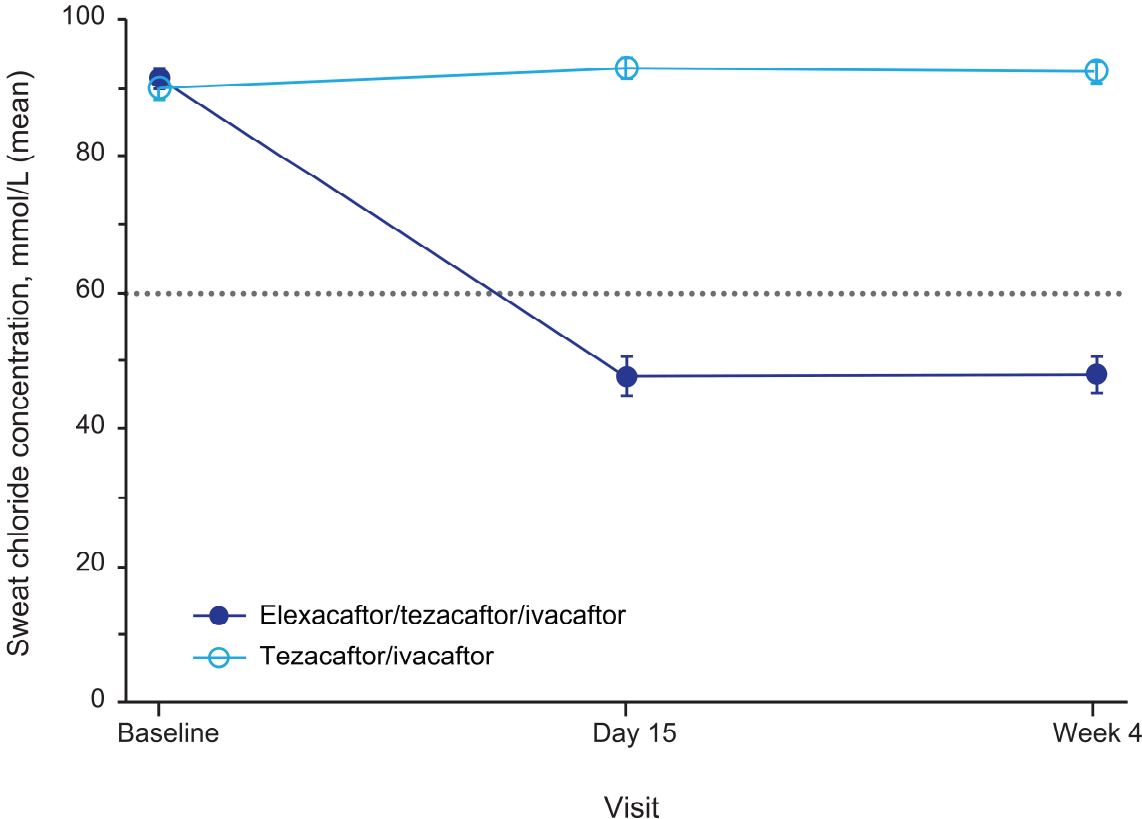
572 Panel A shows the absolute change in sweat chloride from baseline (measured at the end of the
573 tezacaftor/ivacaftor run-in period). Panel B shows the mean sweat chloride concentration for
574 each treatment group by visit. Data are least squares means based on a mixed-effects model
575 for repeated measures for panel A and sample means for panel B; error bars indicate standard
576 errors; the dashed line in panel A indicates no change from baseline; the dotted line in panel B
577 indicates the 60 mmol/L diagnostic threshold for sweat chloride concentration.¹⁸

578 **A**



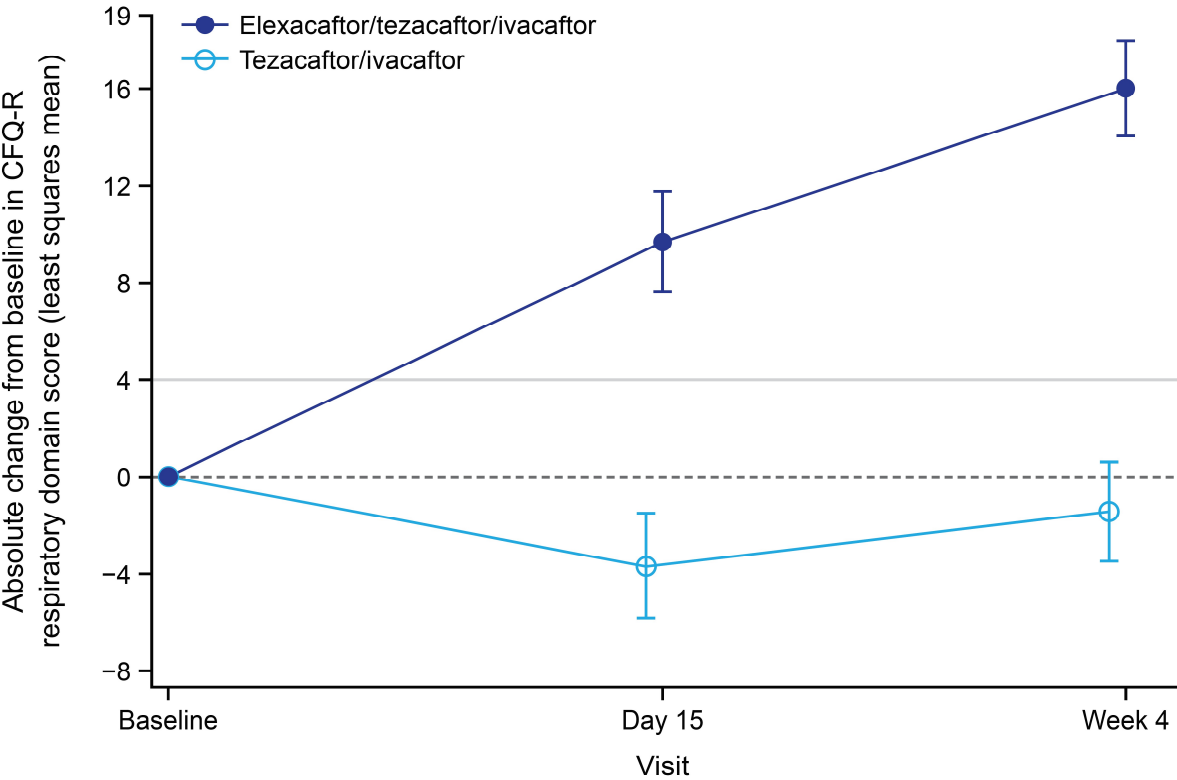
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580 **B**



582 **Figure 4. Absolute Change Over Time in Cystic Fibrosis Questionnaire–Revised**
583 **Respiratory Domain Score From Baseline.** Scores range from 0 to 100, with higher scores
584 indicating a higher participant-reported quality of life with regard to respiratory status. Data are
585 least squares mean based on a mixed-effects model for repeated measures, and error bars
586 indicate standard errors; the dashed line indicates no change from baseline; solid light grey line
587 indicates a change in 4 points, which is the minimal clinically important difference for pwCF with
588 stable disease.²⁰ CFQ-R=Cystic Fibrosis Questionnaire–Revised.

589



590

591