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Optimization for Signal Transmission and Reception in a Macrocell of Heterogeneous Uplinks and Downlinks

H. Yu^{1,2}, H. D. Tuan², T. Q. Duong³, H. V. Poor⁴, and Y. Fang¹

Abstract—Internet-of-things (IoT) applications continue to drive advancements in serving as many heterogeneous downlinks and uplinks of low-latency as possible within a constrained communication bandwidth. Full-duplexing (FD) transceivers have been introduced to implement simultaneous signal transmission and reception (STR) over the whole frequency band. However, both inter-link interference and FD loop-interference are hardly suppressed to a necessary level for the effectiveness of the FD-based STR even for microcells. The paper proposes an alternative STR technique per one time-slot for macrocells, where a fraction of a time-slot is used for downlinks and the remaining complementary fraction of the time-slot is used for uplinks. Thus, STR over the whole bandwidth can be implemented in a way with no loop interference. Furthermore, an another approach of using a fraction of the whole bandwidth for downlinks and the remaining complementary fraction of the bandwidth for uplinks over the whole time-slot is also proposed. The problem of both downlink and uplink beamforming to maximize the energy efficiency of such heterogeneous networks subject to the quality-of-service in terms of downlink and uplink throughput is examined for all three possible STRs. Numerical results demonstrate the advantages of the time-fraction-wise STR and bandwidth-fraction-wise STR over the FD-based STR, where the time-fraction-wise STR is not only the best in serving the same numbers of downlinks and uplinks but also is capable of serving many more downlinks and uplinks with a higher energy efficiency.

Index Terms—Heterogeneous networks, signal transmission and reception, energy efficiency, fractional time-slot allocation, fractional bandwidth allocation, downlink and uplink beamforming, nonconvex optimization

I. INTRODUCTION

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THE Internet-of-things (IoT) is characterized by massive wireless connectivity of low latency, which means that the future wireless communication must be cost-efficient and environment-friendly in accommodating a plethora of wireless downlinks and uplinks over the same time slot within a constrained communication bandwidth [1]. One of the first and perhaps the most natural answers is the full-duplexing (FD) exploitation, which provides means for simultaneous signal transmission and reception (STR) over the same frequency band/bandwidth by the same base station (BS) of co-located transmit and receive antennas [2]–[4]. However, the FD exploitation suffers its self-interference (SI) bottleneck as the interference to the receive signal from the transmit signal is expected very strong [5], [6]. Even for microcells, it is impossible to control SI under a level so that the FD-based STR is more spectral-efficient or energy-efficient than the conventional half-duplexing (HD)-based transmission and reception, which transmit and receive signal in two separated time-slots, even by using the advanced techniques of signal processing [7]–[19]. Motivated by this unsolved issue of the FD exploitation, and also originated from [20], where the information and energy are proposed to be transferred separately over the same wireless channels within a time-slot instead of their simultaneous transfer, it was suggested in [19], [21], [22] to use a fraction of a time-slot to transmit signals to the relays and then the remaining complementary time-fraction to forward the received signals at the relays to the destination end. Such time-fraction-wise half-duplexing (HD) relaying is not only much easier implemented but is much better than that using the FD-based relaying. Additionally, unlike FD-based relaying, which must use a half of the relays' antennas for receiving signals and another half of relays' antennas for forwarding them, the time-fraction-wise HD relaying can use all available antennas for receiving and then forwarding signals to enjoy multi-antenna diversity in both signal transmission and reception. The benefit of fractional time allocations in terms of improving the capacity of single-user and single-input single output HD decode-and-forward systems has been shown earlier e.g. in [23], [24]. Another approach to STR within a time-slot, which can also avoid the SI, is to transmit signal and receive signal at the same time-slot using separated communication bandwidths, i.e. the whole bandwidth is divided into two parts, one is used for signal transmission and the remaining complementary one is used for signal reception. This bandwidth-fraction-wise STR must still use a half of antennas for signal transmission and

another half of antennas for signal reception. Moreover, it can be practically implemented only when the bandwidth parts are fixed beforehand.

The present paper examines the three aforementioned approaches to serve a macrocell of heterogeneous downlinks and uplinks within a time-slot. Under the FD-based STR, the focus is to design the transmit beamformers at the BS and uplink users. Under the time-fraction-wise STR, the focus is to jointly design the time-fraction-wise beamformers at the BS and uplink users and time-fraction allocation, while the focus under the bandwidth-fraction-wise STR is to jointly design the bandwidth-fraction-wise beamformers at the BS and uplink users and bandwidth-fraction allocation. Motivated by saving energy to control the negative impact of wireless communication in global warming [25], [26], all these design problems aim to maximize the network energy-efficiency (EE) under the quality-of-service (QoS) constraints in terms of downlink and uplink throughput. While the spectral efficiency (SE) of (microcell) FD transceivers has been considered previously (see e.g. [10] and references therein), its EE subject to the downlink and uplink QoS constraints was not appropriately considered. This paper is the first work to consider STR over macrocell, which exploits time-fraction-wise and bandwidth-fraction-wise beamforming. All the problems of beamforming design are formulated as nonconcave objective function optimization subject to nonconvex constraints, which are computationally challenging. Our further contributions are developments of tailored path-following algorithms for their computation.

The rest of the paper is organized as follows. Section II is devoted to the problem of EE maximization under FD-based STR, where in the end the FD-based STR's drawbacks are analysed in depth. Sections III and IV then are devoted to the problem of EE maximization under time-fraction-wise STR and bandwidth-fraction-wise STR, which provide remedy means for the FD-based STR. Simulations are provided in Section V to substantiate the analytical development of the previous sections, where the SE of STR is also additionally revealed. The appendix provides some fundamental inequalities used for deriving the equations in Sections II-IV.

Notation. All variables are boldfaced. I_n is the identity matrix of size $n \times n$. $\mathbb{E}[\cdot]$ denotes the expectation operator and $\Re\{\cdot\}$ denotes the real part of a complex number. $(v_i)_{i \in D}$ ($(v_i)_{i=1}^n$, resp.) is the arrangement for the vectors v_i , $i \in D$ ($i = 1, \dots, n$, resp.) in a single vector.

II. FD-BASED STR

Consider a macrocell of a BS serving d downlink single-antenna users termed by DL_j , $j = 1, \dots, d$, and u uplink single-antenna users termed by UL_i , $i = 1, \dots, u$, as illustrated by Fig. 1. The BS is equipped with n antennas. Under the FD-based STR, n_1 antennas are used for signal transmission to serve the downlinks and other $n_2 = n - n_1$ antennas are used for signal reception to serve the uplinks. Usually, $n_1 \geq d$ and $n_2 \geq u$ are required for practical implementation. Let $s_j^d \in \mathbb{C}$ with $|s_j^d| = 1$ be the information intended for DL_j , which is beamformed by $\mathbf{v}_j \in \mathbb{C}^{n_1}$ before

Fig. 1: FD-based STR system

the BS's transmission. Let $s_i^u \in \mathbb{C}$ with $|s_i^u| = 1$ be the information UL_i intends to send to the BS, which is allocated by power $\mathbf{p}_i^2$ before the uplinks' transmission. For notational convenience, define

$$\mathbf{v} \triangleq \{\mathbf{v}_j : j = 1, \dots, d\},$$

$$\mathbf{p} \triangleq \{\mathbf{p}_i : i = 1, \dots, u\}, \quad \mathcal{D} = \{1, \dots, d\}.$$

The received signal at DL_j is

$$y_j \triangleq \underbrace{h_{j,bs}^H \mathbf{v}_j s_j^d}_{\text{desired signal}} + \underbrace{\sum_{\ell \in \mathcal{D} \setminus \{j\}} h_{j,bs}^H \mathbf{v}_\ell s_\ell^d}_{\text{DL interference}} + \underbrace{\sum_{i=1}^u h_{j,i} \mathbf{p}_i s_i^u}_{\text{UL interference}} + n_j, \quad j = 1, \dots, d, \quad (1)$$

where $h_{j,bs} \in \mathbb{C}^{n_1}$ and $h_{j,i} \in \mathbb{C}$ are the channels from the BS to DL_j and from UL_i to DL_j , respectively, and n_j is the background white Gaussian noise with the variance σ_d^2 .

The throughput at DL_j is

$$r_j^d(\mathbf{v}, \mathbf{p}) \triangleq \ln \left(1 + \frac{|\lambda_j(\mathbf{v}_j)|^2}{\psi_j(\mathbf{v}, \mathbf{p})} \right), \quad (2)$$

where $\lambda_j(\mathbf{v}_j) \triangleq h_{j,bs}^H \mathbf{v}_j$, and $\psi_j(\mathbf{v}, \mathbf{p}) \triangleq \sum_{\ell \in \mathcal{D} \setminus \{j\}} |h_{j,bs}^H \mathbf{v}_\ell|^2 + \sum_{i=1}^u \mathbf{p}_i^2 |h_{j,i}|^2 + \sigma_d^2$, which is a convex quadratic function. At the same time, the received signal at the BS is

$$y_{bs} \triangleq \underbrace{\sum_{i=1}^u h_{bs,i} \mathbf{p}_i s_i^u}_{\text{desired signal}} + \underbrace{H^{SI} \sum_{j=1}^d \mathbf{v}_j \tilde{s}_j}_{\text{residual SI}} + n_{bs} \quad (3)$$

$$= \begin{bmatrix} h_{bs,1} & h_{bs,2} & \dots & h_{bs,u} \end{bmatrix} \begin{bmatrix} \mathbf{p}_1 s_1^u \\ \mathbf{p}_2 s_2^u \\ \dots \\ \mathbf{p}_u s_u^u \end{bmatrix} + \tilde{n}_{bs}, \quad (4)$$

where $h_{bs,i} \in \mathbb{C}^{n_2}$ is the channel vector from UL_i to the BS, n_{bs} is the background white Gaussian noise with the variance $\sigma_{bs}^2 I_{n_2}$. Furthermore, $H^{SI} \in \mathbb{C}^{n_2 \times n_1}$ is the residual self-loop channel from the transmit antennas to the receive antennas at the BS after all real-time cancelation in both analog and digital domains [27], [28]. $\tilde{s}_j$ is the additive Gaussian noise with $\mathbb{E}[\tilde{s}_j^2] = \sigma_{SI}^2$ that models the effect of analog circuit

non-ideality and the limited dynamic range of the analog-to-digital converter (ADC), so the SI level σ_{SI}^2 is the ratio of the average SI powers before and after the SI cancellation process [5], [27], [29], [30]. The term $\tilde{n}_{bs} \triangleq H^{SI} \sum_{j=1}^d \mathbf{v}_j \tilde{s}_j + n_{bs}$ in (4) represents the self-loop interference plus noise. By assuming that the entries of the self-loop channel H^{SI} in (3) are treated as independent circularly symmetric complex Gaussian random variables with zero mean and unit variance, $\tilde{n}_{bs}$ can be assumed white noise with the covariance

$$\left(\sigma_{SI}^2 \sum_{j=1}^d \|\mathbf{v}_j\|^2 + \sigma_{bs}^2 \right) I_{n_2}, \quad (5)$$

which only depends on the BS transmit power and thus cannot be mitigated by the transmit beamformer $\mathbf{v}$.

Make QR decomposition

$$[h_{bs,1} \ h_{bs,2} \ \dots \ h_{bs,u}] = Q_{bs} R_{bs} \in \mathbb{C}^{n_2 \times u}, \quad (6)$$

where $Q_{bs} \triangleq [q_{bs,1} \ q_{bs,2} \ \dots \ q_{bs,n_2}] \in \mathbb{C}^{n_2 \times n_2}$ is a unitary matrix and $R_{bs} \in \mathbb{C}^{n_2 \times u}$ is an upper rectangular matrix. It follows from (4) that

$$Q_{bs}^H y_{bs} = R_{bs} \begin{bmatrix} \mathbf{p}_1 s_1^u \\ \mathbf{p}_2 s_2^u \\ \dots \\ \mathbf{p}_u s_u^u \end{bmatrix} + Q_{bs}^H \tilde{n}_{bs}. \quad (7)$$

Upon successive interference cancellation (SIC) decoding, the throughput of s_i^u at the BS is

$$r_i^u(\mathbf{v}, \mathbf{p}_i) = \ln \left(1 + \frac{\mathbf{p}_i^2 |R_{bs}(i, i)|^2}{\psi_{bs}(\mathbf{v})} \right), \quad i = 1, \dots, u, \quad (8)$$

where $\psi_{bs}(\mathbf{v}) \triangleq \sigma_{SI}^2 \sum_{j \in \mathcal{D}} \|\mathbf{v}_j\|^2 + \sigma_{bs}^2$.

Following e.g. [31], the consumed power P^{tot} for the STR is modelled by the following convex quadratic function

$$P^{tot}(\mathbf{v}, \mathbf{p}) = \zeta P^t(\mathbf{v}, \mathbf{p}) + P_{BS} + P_{UE}, \quad (9)$$

where $P^t(\mathbf{v}, \mathbf{p}) \triangleq \sum_{j \in \mathcal{D}} \|\mathbf{v}_j\|^2 + \sum_{i=1}^u \mathbf{p}_i^2$ is the total transmit power of the BS and UEs, and ζ , P_{BS} and P_{UE} are the reciprocal of drain efficiency of power amplifier, the circuit power of the BS and UEs, respectively.

We consider the following design problem of downlink beamforming and uplink power allocation to maximize the FD-based STR's EE:

$$\max_{\mathbf{v}, \mathbf{p}} \frac{\sum_{j=1}^d r_j^d(\mathbf{v}, \mathbf{p}) + \sum_{i=1}^u r_i^u(\mathbf{v}, \mathbf{p}_i)}{P^{tot}(\mathbf{v}, \mathbf{p})} \quad (10a)$$

$$\text{s.t.} \quad \sum_{j=1}^d \|\mathbf{v}_j\|^2 \leq P_{BS}^{\max}, \quad (10b)$$

$$0 < \mathbf{p}_i \leq \sqrt{P_{UE}^{\max}}, \quad i = 1, \dots, u, \quad (10c)$$

$$r_j^d(\mathbf{v}, \mathbf{p}) \geq r_d, \quad j = 1, \dots, d, \quad (10d)$$

$$r_i^u(\mathbf{v}, \mathbf{p}_i) \geq r_u, \quad i = 1, \dots, u, \quad (10e)$$

where (10b)-(10c) cap the transmit power constraints, while (10d)-(10e) cap the QoS constraints for both downlink and

uplink transmission because r_d and r_u are throughput thresholds. $P_{BS}^{\max}$ and $P_{UE}^{\max}$ are the power budget for the BS and UE, respectively.

By changing variable if necessary one can replace $|\lambda_j(\mathbf{v}_j)|^2$ by $(\bar{\lambda}_j(\mathbf{v}_j))^2$ for $\bar{\lambda}_j(\mathbf{v}_j) = \Re\{\lambda_j(\mathbf{v}_j)\}$ in (2), so

$$r_j^d(\mathbf{v}, \mathbf{p}) = \ln \left(1 + \frac{(\bar{\lambda}_j(\mathbf{v}_j))^2}{\psi_j(\mathbf{v}, \mathbf{p})} \right),$$

and the downlink QoS constraint (10d) is equivalent to the second-order cone (SOC) constraint

$$\begin{aligned} \bar{\lambda}_j(\mathbf{v}_j) &\geq \sqrt{e^{r_d} - 1} \sqrt{\psi_j(\mathbf{v}, \mathbf{p})} \\ &= \sqrt{e^{r_d} - 1} \left\| \begin{pmatrix} (h_{j,bs}^H \mathbf{v}_\ell)_{\ell \in \mathcal{D} \setminus \{j\}} \\ (\mathbf{p}_i |h_{j,i}|)_{i=1}^u \\ \sigma_d \end{pmatrix} \right\|_2, \quad (11) \\ j &= 1, \dots, d, \end{aligned}$$

while the uplink QoS constraint (10e) is also equivalent to the following SOC constraint

$$\begin{aligned} |\mathbf{p}_i |R_{bs}(i, i)| &\geq \sqrt{e^{r_u} - 1} \sqrt{\psi_{bs}(\mathbf{v})} \\ &= \sigma_{SI} \sqrt{e^{r_u} - 1} \left\| \begin{pmatrix} \mathbf{v}_i \end{pmatrix}_{i=1}^d \right\|_2 / \sigma_{SI}, \quad (12) \\ i &= 1, \dots, u. \end{aligned}$$

Therefore, the problem (10) is equivalent to the following convex constrained optimization problem

$$\begin{aligned} \max_{\mathbf{v}, \mathbf{p}} \quad & \Phi(\mathbf{v}, \mathbf{p}) \triangleq \frac{\sum_{j=1}^d r_j^d(\mathbf{v}, \mathbf{p}) + \sum_{i=1}^u r_i^u(\mathbf{v}, \mathbf{p}_i)}{P^{tot}(\mathbf{v}, \mathbf{p})} \\ \text{s.t.} \quad & (10b), (10c), (11), (12), \end{aligned} \quad (13)$$

where the computational difficulty is concentrated at its objective function $\Phi(\mathbf{v}, \mathbf{p})$, which is not concave, making (13) a nonconvex problem. Usually, this objective is handled by fractional programming. Let $(v^{(\kappa)}, p^{(\kappa)})$ be a feasible point for (10) found from the $(\kappa - 1)$ th iteration. Then the so called Dinkelbach's iteration [32] invokes the following optimization problem to generate $(v^{(\kappa+1)}, p^{(\kappa+1)})$ at the κ -th iteration: $(v^{(\kappa+1)}, p^{(\kappa+1)})$ at the κ -th iteration:

$$\begin{aligned} \max_{\mathbf{v}, \mathbf{p}} \quad & \sum_{j=1}^d r_j^d(\mathbf{v}, \mathbf{p}) + \sum_{i=1}^u r_i^u(\mathbf{v}, \mathbf{p}_i) - \Phi(v^{(\kappa)}, p^{(\kappa)}) P^{tot}(\mathbf{v}, \mathbf{p}) \\ \text{s.t.} \quad & (10b), (10c), (11), (12). \end{aligned} \quad (14)$$

However, this problem is still nonconvex and thus computationally intractable as the first two terms in its objective function, which constitute the numerator of the objective function $\Phi(\mathbf{v}, \mathbf{p})$ in (13) are not concave. Our previous works [19], [33] have proposed to optimize the fractional objective function $f(\mathbf{v}, \mathbf{p})$ in (12), avoiding the computational intractable iteration (14). We now develop another path-following iterations, which like (14) generate a sequence $\{f(v^{(\kappa)}, p^{(\kappa)})\}$ of improved values of the objective in (12) but in contrast to (14) invoke a simple quadratic optimization problem at each iteration and thus are very computationally efficient.

Applying the inequality (73) in the appendix for $\mathbf{x} = \bar{\lambda}_j(\mathbf{v}_j)$, $\mathbf{y} = \psi_j^d(\mathbf{v}, \mathbf{p})$ and $\bar{x} = \bar{\lambda}_j(v_j^{(\kappa)})$, $\bar{y} = \psi_j^d(v^{(\kappa)}, p^{(\kappa)})$ yields

$$\begin{aligned} r_j^d(\mathbf{v}, \mathbf{p}) &\geq r_j^{d,(\kappa)}(\mathbf{v}, \mathbf{p}) \\ &\triangleq a_j^{d,(\kappa)} - b_j^{d,(\kappa)} \left(\frac{(\bar{\lambda}_j(v_j^{(\kappa)}))^2}{2\bar{\lambda}_j(v_j^{(\kappa)})\bar{\lambda}_j(\mathbf{v}_j) - (\bar{\lambda}_j(v_j^{(\kappa)}))^2} \right. \\ &\quad \left. + \frac{\psi_j^d(\mathbf{v}, \mathbf{p})}{\psi_j^d(v^{(\kappa)}, p^{(\kappa)})} \right), \end{aligned} \quad (15)$$

over the trust region

$$2\bar{\lambda}_j(v_j^{(\kappa)})\bar{\lambda}_j(\mathbf{v}_j) - (\bar{\lambda}_j(v_j^{(\kappa)}))^2 > 0, \quad j = 1, \dots, d, \quad (16)$$

where $0 < a_j^{d,(\kappa)} \triangleq r_j^d(v^{(\kappa)}, p^{(\kappa)}) + 2b_j^{d,(\kappa)}$, and $0 < b_j^{d,(\kappa)} \triangleq \frac{\psi_j^d(v^{(\kappa)}, p^{(\kappa)}) + (\bar{\lambda}_j(v_j^{(\kappa)}))^2}{(\bar{\lambda}_j(v_j^{(\kappa)}))^2}$.

Analogously, applying the inequality (73) in the appendix for $\mathbf{x} = \mathbf{p}_i |R_{bs}(i, i)|$, $\mathbf{y} = \psi_{bs}(\mathbf{v})$ and $\bar{x} = p_i^{(\kappa)} |R_{bs}(i, i)|$, $\bar{y} = \psi_{bs}(v^{(\kappa)})$ yields

$$\begin{aligned} r_i^u(\mathbf{v}, \mathbf{p}_i) &\geq r_i^{u,(\kappa)}(\mathbf{v}, \mathbf{p}_i) \\ &\triangleq a_i^{u,(\kappa)} - b_i^{u,(\kappa)} \left(\frac{(p_i^{(\kappa)})^2}{2p_i^{(\kappa)} \mathbf{p}_i - (p_i^{(\kappa)})^2} + \frac{\psi_{bs}(\mathbf{v})}{\psi_{bs}(v^{(\kappa)})} \right), \end{aligned} \quad (17)$$

over the trust region

$$2p_i^{(\kappa)} \mathbf{p}_i - (p_i^{(\kappa)})^2 > 0, \quad i = 1, \dots, u, \quad (18)$$

where $0 < a_i^{u,(\kappa)} = r_i^u(v^{(\kappa)}, p^{(\kappa)}) + 2b_i^{u,(\kappa)}$ and $b_i^{u,(\kappa)} = \frac{(p_i^{(\kappa)} |R_{bs}(i, i)|)^2}{\psi_{bs}(v^{(\kappa)}) + (p_i^{(\kappa)} |R_{bs}(i, i)|)^2}$.

At the κ th iteration we solve the following convex problem to generate the next iterative point $(v^{(\kappa+1)}, p^{(\kappa+1)})$:

$$\begin{aligned} \max_{\mathbf{v}, \mathbf{p}} \quad & L^{(\kappa)}(\mathbf{v}, \mathbf{p}) \triangleq \sum_{j=1}^d r_j^{d,(\kappa)}(\mathbf{v}, \mathbf{p}) + \sum_{i=1}^u r_i^{u,(\kappa)}(\mathbf{v}, \mathbf{p}_i) \\ & - f(v^{(\kappa)}, p^{(\kappa)}) P^{tot}(\mathbf{v}, \mathbf{p}) \\ \text{s.t.} \quad & (10b), (10c), (11), (12), (16), (18). \end{aligned} \quad (19)$$

Note that $L^{(\kappa)}(v^{(\kappa)}, p^{(\kappa)}) = 0$ so $L^{(\kappa)}(v^{(\kappa+1)}, p^{(\kappa+1)}) > 0$ because $(v^{(\kappa+1)}, p^{(\kappa+1)})$ is the optimal solution of (19). This means

$$\begin{aligned} & \sum_{j=1}^d r_j^{d,(\kappa)}(v^{(\kappa+1)}, p^{(\kappa+1)}) + \sum_{i=1}^u r_i^{u,(\kappa)}(v^{(\kappa+1)}, p_i^{(\kappa+1)}) \\ & - \Phi(v^{(\kappa)}, p^{(\kappa)}) P^{tot}(v^{(\kappa+1)}, p^{(\kappa+1)}) > 0 \\ & \Leftrightarrow \frac{\sum_{j=1}^d r_j^d(v^{(\kappa+1)}, p^{(\kappa+1)}) + \sum_{i=1}^u r_i^u(v^{(\kappa+1)}, p_i^{(\kappa+1)})}{P^{tot}(v^{(\kappa+1)}, p^{(\kappa+1)})} \\ & > \Phi(v^{(\kappa)}, p^{(\kappa)}) \\ & \Leftrightarrow \Phi(v^{(\kappa+1)}, p^{(\kappa+1)}) > \Phi(v^{(\kappa)}, p^{(\kappa)}), \end{aligned} \quad (20)$$

i.e. $(p^{(\kappa+1)}, v^{(\kappa+1)})$ is a better feasible point than $(p^{(\kappa)}, v^{(\kappa)})$ for the nonconvex optimization problem (13). Then it is easy to show that the sequence $\{(p^{(\kappa)}, v^{(\kappa)})\}$ converges at least to a locally optimal solution of (13)/(10) [34]. It has been shown

e.g. in [20] that such a locally optimal solution often turns out to be the global one. A pseudo-code of the proposed iterative process is given by Algorithm 1.

Algorithm 1 Full-duplex EE Optimization Algorithm

- 1: **Initialization:** Set $\kappa = 0$. Solve the following convex problem for initial point $(v^{(0)}, p^{(0)})$: $\min_{\mathbf{v}, \mathbf{p}} \sum_{j=1}^d \|\mathbf{v}_j\|^2 + \sum_{i=1}^u \mathbf{p}_i^2$ subject to (10b), (10c), (11), (12).
 - 2: **Repeat until convergence:** Solve the convex problem (19) to generate the next feasible point $(v^{(\kappa+1)}, p^{(\kappa+1)})$ for (10). Set $\kappa := \kappa + 1$.
 - 3: **Output** $(v^{(\kappa)}, p^{(\kappa)})$ as the optimal solution of (10).
-

Although Algorithm 1 provides means for efficient computation of the FD-based STR's EE optimization problem (10), one can see the following inherent drawbacks of FD-based STR preventing it from achieving high EE or providing high QoS:

- The DL throughput defined by (2) is UL interference-limited: the UL interference in (1) can be strong and uncontrolled whenever there is a UL near to a DL.
- The UL throughput defined by (8) is SI-limited: the SI in (3), which is proportional to the BS transmit power as (5) shows, is very strong due to the co-location of BS transmit and receive antennas. It is technologically impossible to suppress it to the background noise level even for microcells with much weaker transmit signals.
- Only n_1 antennas are used for signal transmission and n_2 antennas are used for signal reception, restricting the number of served downlinks and uplinks up to n_1 and n_2 respectively.

The next two sections provide quite different STRs to resolve these drawbacks.

III. TIME-FRACTION-WISE STR

We now propose the first alternative approach, which not only resolves all the above issues of (micro) FD-based STR but also works for macrocells. Still within a single time slot, the BS uses n_1 antennas to transmit signal during a fraction $0 < \tau < 1$ of the time-slot to serve DLs as illustrated by Fig. 2(a) and then users the remaining n_2 antennas in the remaining fraction $1 - \tau$ to receive signal from ULs, who are kept silent during the first τ fraction, as illustrated by Fig. 2(b). Inter-link interference and SI are thus completely avoided.

Moreover, as illustrated by Fig. 3, all n antennas can be used to transmit signal during a fraction $0 < \tau < 1$ of the time-slot to serve DLs, which are then switched in a fraction ϵ of the time-slot to receive signal from ULs in the remaining fraction $1 - \epsilon - \tau$. Thus, the full number of antennas is utilized for transmission and reception with is no inter-link interference and SI. We refer the first option as TF while the second option as e-TF to distinguish them.

Now, let $\tilde{\mathbf{v}}_j \in \mathbb{C}^{n_t \times d_1}$ be the beamforming vector for DL _{j} , so $n_t = n_1$ for TF while $n_t = n$ for e-TF. For computational tractability, the power allocated to s_i^u is defined by $1/\mathbf{p}_i$ instead of $\mathbf{p}_i^2$ in the previous section.

(a)

(b)

Fig. 2: TF/BF STR system: (a) Signal transmit during a fraction τ of time slot/bandwidth; (b) Signal reception during the remaining fraction $1 - \tau$ of time slot/bandwidth

(a)

(b)

Fig. 3: e-TF STR system: (a) Signal transmit during a fraction τ of time slot by all antennas; (b) Signal reception during the remaining fraction $\eta - \tau$ of time slot by the same antennas

The received signal at DLU j is now:

$$\tilde{y}_j \triangleq \underbrace{\tilde{h}_{j,bs}^H \tilde{\mathbf{v}}_j s_j^d}_{\text{desired signal}} + \underbrace{\sum_{\ell \in \mathcal{D} \setminus \{j\}} \tilde{h}_{\ell,bs}^H \tilde{\mathbf{v}}_\ell s_\ell^d}_{\text{DL interference}} + n_j, j = 1, \dots, d, \quad (21)$$

where $\tilde{h}_{j,bs} \in \mathbb{C}^{n_t}$ is the downlink channel from the BS to DL_j .

For $\tilde{\mathbf{v}} \triangleq \{\tilde{\mathbf{v}}_j, j = 1, \dots, d\}$, the throughput at DL_j is $\tau \rho_j^d(\tilde{\mathbf{v}})$ with

$$\rho_j^d(\tilde{\mathbf{v}}) \triangleq \ln \left(1 + \frac{|\tilde{\lambda}_j(\tilde{\mathbf{v}}_j)|^2}{\phi_j^d(\tilde{\mathbf{v}})} \right), \quad (22)$$

where $\tilde{\lambda}_j(\tilde{\mathbf{v}}_j) \triangleq \tilde{h}_{j,bs}^H \tilde{\mathbf{v}}_j$ and $\phi_j^d(\tilde{\mathbf{v}}) \triangleq \sum_{\ell \in \mathcal{D} \setminus \{j\}} |\tilde{h}_{\ell,bs}^H \tilde{\mathbf{v}}_\ell|^2 + \sigma_d^2$.

The received signal at the BS is now

$$\tilde{\mathbf{y}}_{bs} \triangleq \sum_{i=1}^u \tilde{h}_{bs,i} s_i^u / \sqrt{\mathbf{p}_i} + \tilde{\mathbf{n}}_{bs}, \quad (23)$$

where $\tilde{h}_{bs,i} \in \mathbb{C}^{n_r}$ is the uplink channel from UL_i to the BS ($n_r = n_2$ for TF and $n_r = n$ for e-TF), and $\tilde{\mathbf{n}}_{bs}$ is the additive white Gaussian noise with variance $\sigma_{bs}^2 I_{n_r}$. Again, making QR decomposition

$$[\tilde{h}_{bs,1} \quad \tilde{h}_{bs,2} \quad \dots \quad \tilde{h}_{bs,u}] = \tilde{\mathbf{Q}}_{bs} \tilde{\mathbf{R}}_{bs}$$

with an unitary matrix $\tilde{\mathbf{Q}}_{bs}$ of size $n_r \times n_r$ and an upper rectangular matrix $\tilde{\mathbf{R}}_{bs}$ of size $n_r \times u$, the uplink throughput of s_i^u at the BS is $(\eta - \tau) \rho_i^u(\mathbf{p}_i)$ with $\eta = 1$ for TF and $\eta = 1 - \epsilon$ for e-TF, and

$$\rho_i^u(\mathbf{p}_i) \triangleq \ln \left(1 + |\tilde{R}_{bs}(i, i)|^2 / \sigma_{bs}^2 \mathbf{p}_i \right). \quad (24)$$

For $\mathbf{p} \triangleq \{\mathbf{p}_i, i = 1, \dots, u\}$, instead of (9), the consumed power is modelled as

$$P^{tot}(\tilde{\mathbf{v}}, \mathbf{p}, \tau) = \zeta P_i^t(\tilde{\mathbf{v}}, \mathbf{p}, \tau) + P_{BS} + P_{UE}, \quad (25)$$

where $P_i^t(\tilde{\mathbf{v}}, \mathbf{p}, \tau) \triangleq \tau \sum_{j=1}^d \|\tilde{\mathbf{v}}_j\|^2 + (\eta - \tau) \sum_{i=1}^u 1/\mathbf{p}_i$ is the total transmit power of the BS and UEs, which is no longer a convex function. The time-fraction-wise (TF-wise) STR's EE

optimization problem is now formulated as

$$\max_{0 < \tau < 1, \tilde{\mathbf{v}}, \mathbf{p}} \frac{\tau \sum_{j=1}^d \rho_j^d(\tilde{\mathbf{v}}) + (\eta - \tau) \sum_{i=1}^u \rho_i^u(\mathbf{p}_i)}{P_{\text{tot}}(\tilde{\mathbf{v}}, \mathbf{p}, \tau)} \quad \text{s.t.} \quad (26a)$$

$$\tau \sum_{j=1}^d \|\tilde{\mathbf{v}}_j\|^2 \leq P_{\text{BS}}^{\max}, \quad (26b)$$

$$(\eta - \tau)/\mathbf{p}_i \leq P_{\text{UE}}^{\max}, \quad i = 1, \dots, u, \quad (26c)$$

$$\tau \rho_j^d(\tilde{\mathbf{v}}) \geq r_d, \quad j = 1, \dots, d, \quad (26d)$$

$$(\eta - \tau) \rho_i^u(\mathbf{p}_i) \geq r_u, \quad i = 1, \dots, u, \quad (26e)$$

$$\|\tilde{\mathbf{v}}_j\|^2 \leq P_D^{\max}, \quad j = 1, \dots, d, \quad (26f)$$

$$1/P_U^{\max} \leq \mathbf{p}_i, \quad i = 1, \dots, u, \quad (26g)$$

where (26f) and (26g) caps the physical limit of transmit power rates for the BS and ULs. Compared to the EE optimization problem (13) for the FD-based STR, the problem (26) is more computationally difficult because not only the objective function in (26) exhibits a more complex structure but all constraints (26b)-(26e) are no longer computationally tractable due to the presence of the time-fraction variable τ . By introducing the variable $\boldsymbol{\theta} = (\boldsymbol{\theta}_1, \boldsymbol{\theta}_2)$, which satisfies the convex constraint

$$\tau \geq 1/\boldsymbol{\theta}_1 > 0, \quad \eta - \tau \geq 1/\boldsymbol{\theta}_2 > 0, \quad (27)$$

the problem (26) is equivalently expressed by

$$\max_{\tau, \boldsymbol{\theta}, \tilde{\mathbf{v}}, \mathbf{p}} \tilde{\Phi}(\tilde{\mathbf{v}}, \mathbf{p}, \boldsymbol{\theta}) \triangleq \frac{\sum_{j=1}^d \rho_j^d(\tilde{\mathbf{v}})/\boldsymbol{\theta}_1 + \sum_{i=1}^u \rho_i^u(\mathbf{p}_i)/\boldsymbol{\theta}_2}{\tilde{P}_{\text{tot}}(\tilde{\mathbf{v}}, \mathbf{p}, \boldsymbol{\theta})} \quad (28a)$$

$$\text{s.t. (26f), (26g), (27),}$$

$$\sum_{j=1}^d \|\tilde{\mathbf{v}}_j\|^2 \leq P_{\text{BS}}^{\max} \boldsymbol{\theta}_1, \quad (28b)$$

$$1/\mathbf{p}_i \leq P_{\text{UE}}^{\max} \boldsymbol{\theta}_2, \quad i = 1, \dots, u, \quad (28c)$$

$$\rho_j^d(\tilde{\mathbf{v}}) \geq \boldsymbol{\theta}_1 r_d, \quad j = 1, \dots, d, \quad (28d)$$

$$\rho_i^u(\mathbf{p}_i) \geq \boldsymbol{\theta}_2 r_u, \quad i = 1, \dots, u, \quad (28e)$$

for

$$\tilde{P}_{\text{tot}}(\tilde{\mathbf{v}}, \mathbf{p}, \boldsymbol{\theta}) \triangleq \zeta \left(\sum_{j=1}^d \frac{\|\tilde{\mathbf{v}}_j\|^2}{\boldsymbol{\theta}_1} + \sum_{i=1}^u \frac{1}{\mathbf{p}_i \boldsymbol{\theta}_2} \right) + P^{\text{BS}} + U P^{\text{UE}}, \quad (29)$$

which becomes a convex function. Note that the constraints and (26f), (26g), (27), (28b), and (28c) in (28) are now convex, while the constraints (28d) and (28e) are nonconvex. Let $(\tilde{\mathbf{v}}^{(\kappa)}, \mathbf{p}^{(\kappa)}, \theta^{(\kappa)})$ be a feasible point for (28) found from the $(\kappa - 1)$ th iteration.

Applying the inequalities (73) and (72) in the appendix for $\mathbf{x} = \tilde{\lambda}_j(\tilde{\mathbf{v}}_j)$, $\mathbf{y} = \phi_j^d(\tilde{\mathbf{v}})$, $\mathbf{t} = \boldsymbol{\theta}_1$ and $\bar{x} = \tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)})$, $\bar{y} =$

$\phi_j^d(\tilde{\mathbf{v}}^{(\kappa)})$, $\bar{t} = \theta_1^{(\kappa)}$ yields

$$\rho_j^d(\tilde{\mathbf{v}}) \geq \rho_j^{d,(\kappa)}(\tilde{\mathbf{v}}) \triangleq$$

$$\tilde{a}_j^{d,(\kappa)} - \tilde{b}_j^{d,(\kappa)} \left(\frac{|\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)})|^2}{2\Re\{(\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)}))^* \tilde{\lambda}_j(\tilde{\mathbf{v}}_j)\} - |\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)})|^2} + \frac{\phi_j^d(\tilde{\mathbf{v}})}{\phi_j^d(\tilde{\mathbf{v}}^{(\kappa)})} \right) \quad (30)$$

and

$$\frac{\rho_j^d(\tilde{\mathbf{v}})}{\boldsymbol{\theta}_1} \geq \tilde{f}_j^{d,(\kappa)}(\tilde{\mathbf{v}}, \boldsymbol{\theta}_1) \triangleq$$

$$\tilde{a}_j^{d,(\kappa)} - \tilde{b}_j^{d,(\kappa)} \left(\frac{|\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)})|^2}{2\Re\{(\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)}))^* \tilde{\lambda}_j(\tilde{\mathbf{v}}_j)\} - |\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)})|^2} + \frac{\phi_j^d(\tilde{\mathbf{v}})}{\phi_j^d(\tilde{\mathbf{v}}^{(\kappa)})} \right) - \tilde{c}_j^{d,(\kappa)} \boldsymbol{\theta}_1 \quad (31)$$

over the trust region

$$2\Re\{(\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)}))^* \tilde{\lambda}_j(\tilde{\mathbf{v}}_j)\} - |\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)})|^2 > 0, \quad j = 1, \dots, d, \quad (32)$$

where $0 < \tilde{a}_j^{d,(\kappa)} = \rho_j^d(\tilde{\mathbf{v}}^{(\kappa)}) + 2\tilde{b}_j^{d,(\kappa)}$, $0 < \tilde{b}_j^{d,(\kappa)} = \frac{|\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)})|^2}{\phi_j^d(\tilde{\mathbf{v}}^{(\kappa)}) + |\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)})|^2}$, and $0 < \tilde{a}_j^{d,(\kappa)} = 2\frac{\rho_j^d(\tilde{\mathbf{v}}^{(\kappa)})}{\theta_1^{(\kappa)}} + 2\tilde{b}_j^{d,(\kappa)}$, $0 < \tilde{b}_j^{d,(\kappa)} = \frac{|\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)})|^2}{(\phi_j^d(\tilde{\mathbf{v}}^{(\kappa)}) + |\tilde{\lambda}_j(\tilde{\mathbf{v}}_j^{(\kappa)})|^2)\theta_1^{(\kappa)}}$, $0 < \tilde{c}_j^{d,(\kappa)} = \frac{\rho_j^d(\tilde{\mathbf{v}}^{(\kappa)})}{(\theta_1^{(\kappa)})^2}$.

The nonconvex constraint (28d) is innerly approximated by the following convex constraint

$$\rho_j^{d,(\kappa)}(\tilde{\mathbf{v}}) \geq \boldsymbol{\theta}_1 r_d, \quad j = 1, \dots, d, \quad (33)$$

i.e. any feasible point for (33) is also feasible for (28d).

Applying the inequalities (65) and (64) in the appendix for $\mathbf{x} = \mathbf{p}_i \sigma_{\text{bs}}^2 / |\tilde{R}_{\text{bs}}(i, i)|^2$, $\mathbf{t} = \boldsymbol{\theta}_2$, and $\bar{x} = \mathbf{p}_i^{(\kappa)} \sigma_{\text{bs}}^2 / |\tilde{R}_{\text{bs}}(i, i)|^2$, $\bar{t} = \theta_2^{(\kappa)}$ yields

$$\rho_i^u(\mathbf{p}_i) \geq \rho_i^{u,(\kappa)}(\mathbf{p}_i) \triangleq a_i^{u,(\kappa)} - b_i^{u,(\kappa)} \frac{\mathbf{p}_i}{p_i^{(\kappa)}} \quad (34)$$

and

$$\frac{\rho_i^u(\mathbf{p}_i)}{\boldsymbol{\theta}_2} \geq \tilde{f}_i^{u,(\kappa)}(\mathbf{p}_i, \boldsymbol{\theta}_2) \triangleq \tilde{a}_i^{u,(\kappa)} - \tilde{b}_i^{u,(\kappa)} \frac{\mathbf{p}_i}{p_i^{(\kappa)}} - \tilde{c}_i^{u,(\kappa)} \boldsymbol{\theta}_2, \quad (35)$$

where $0 < a_i^{u,(\kappa)} = \rho_i^u(\mathbf{p}_i^{(\kappa)}) + b_i^{u,(\kappa)}$, $b_i^{u,(\kappa)} = \frac{|\tilde{R}_{\text{bs}}(i, i)|^2}{p_i^{(\kappa)} \sigma_{\text{bs}}^2 + |\tilde{R}_{\text{bs}}(i, i)|^2}$, and $0 < \tilde{a}_i^{u,(\kappa)} = 2\frac{\rho_i^u(\mathbf{p}_i^{(\kappa)})}{\theta_2^{(\kappa)}} + \tilde{b}_i^{u,(\kappa)}$, $\tilde{b}_i^{u,(\kappa)} = \frac{|\tilde{R}_{\text{bs}}(i, i)|^2}{(p_i^{(\kappa)} \sigma_{\text{bs}}^2 + |\tilde{R}_{\text{bs}}(i, i)|^2)\theta_2^{(\kappa)}}$, $\tilde{c}_i^{u,(\kappa)} = \frac{\rho_i^u(\mathbf{p}_i^{(\kappa)})}{(\theta_2^{(\kappa)})^2}$. The nonconvex constraint (28e) is innerly approximated by the following convex constraint

$$\rho_i^{u,(\kappa)}(\mathbf{p}_i) \geq \boldsymbol{\theta}_2 r_u, \quad i = 1, \dots, u. \quad (36)$$

At the κ th iteration we solve the following convex problem to generate the next feasible point $(\tilde{\mathbf{v}}^{(\kappa+1)}, \mathbf{p}^{(\kappa+1)}, \theta^{(\kappa+1)})$:

$$\begin{aligned} \max_{\tilde{\mathbf{v}}, \mathbf{p}, \boldsymbol{\theta}, \tau} \quad & \tilde{L}^{(\kappa)}(\tilde{\mathbf{v}}, \mathbf{p}, \boldsymbol{\theta}) \triangleq \sum_{j=1}^d \tilde{f}_j^{d,(\kappa)}(\tilde{\mathbf{v}}, \boldsymbol{\theta}_1) \\ & + \sum_{i=1}^u \tilde{f}_i^{u,(\kappa)}(\mathbf{p}_i, \boldsymbol{\theta}_2) - \tilde{\Phi}(\tilde{\mathbf{v}}^{(\kappa)}, \mathbf{p}^{(\kappa)}, \theta^{(\kappa)}) \tilde{P}_{\text{tot}}(\tilde{\mathbf{v}}, \mathbf{p}, \boldsymbol{\theta}) \\ \text{s.t.} \quad & (26f), (26g), (27), (28b), (32), (33), (36). \end{aligned} \quad (37)$$

Note that any feasible point for the convex problem (37) is also feasible for the nonconvex problem (28). Also, $\tilde{L}^{(\kappa)}(\tilde{v}^{(\kappa)}, p^{(\kappa)}, \theta^{(\kappa)}) = 0$ so $\tilde{L}^{(\kappa)}(\tilde{v}^{(\kappa+1)}, p^{(\kappa+1)}, \theta^{(\kappa+1)}) > 0$ at the optimal solution of (37) as far as $(\tilde{v}^{(\kappa)}, p^{(\kappa)}, \theta^{(\kappa)}) \neq (\tilde{v}^{(\kappa+1)}, p^{(\kappa+1)}, \theta^{(\kappa+1)})$. Like (20), we then have

$$\tilde{\Phi}(\tilde{v}^{(\kappa+1)}, p^{(\kappa+1)}, \theta^{(\kappa+1)}) > \tilde{\Phi}(\tilde{v}^{(\kappa)}, p^{(\kappa)}, \theta^{(\kappa)}), \quad (38)$$

i.e. $(\tilde{v}^{(\kappa+1)}, p^{(\kappa+1)}, \theta^{(\kappa+1)})$ is a better feasible for (28) than $(\tilde{v}^{(\kappa)}, p^{(\kappa)}, \theta^{(\kappa)})$. As such, the sequence $\{(\tilde{v}^{(\kappa)}, p^{(\kappa)}, \theta^{(\kappa)})\}$ converges at least to a locally optimal solution of (28).

It is important to locate a feasible point $(\tilde{v}^{(0)}, p^{(0)}, \theta^{(0)})$ for (28) for initialization as follows: under fixed $\tau^{(0)}$ and $(\theta_1^{(0)}, \theta_2^{(0)}) = (1/\tau^{(0)}, 1/(\eta - \tau^{(0)}))$, by changing variable if necessary one can replace $|\tilde{\lambda}_j(\tilde{\mathbf{v}}_j)|^2$ by $(\tilde{\lambda}_j(\tilde{\mathbf{v}}_j))^2$ for $\tilde{\lambda}_j(\tilde{\mathbf{v}}_j) = \Re\{\tilde{\lambda}_j(\tilde{\mathbf{v}}_j)\}$ in (22), so

$$\rho_j^d(\tilde{\mathbf{v}}) = \ln \left(1 + \frac{(\tilde{\lambda}_j(\tilde{\mathbf{v}}_j))^2}{\phi_j(\tilde{\mathbf{v}})} \right),$$

and (26d) is equivalent to the SOC constraint

$$\begin{aligned} \tilde{\lambda}_j(\tilde{\mathbf{v}}_j) &\geq \sqrt{e^{r_d/\tau^{(0)}} - 1} \sqrt{\phi_j(\tilde{\mathbf{v}})} \\ &= \sqrt{e^{r_d/\tau^{(0)}} - 1} \left\| \frac{(\tilde{h}_{j,bs}^H \tilde{\mathbf{v}}_\ell)_{\ell \in \mathcal{D} \setminus \{j\}}}{\sigma_d} \right\|_2, \\ j &= 1, \dots, d, \end{aligned} \quad (39)$$

while (26e) is also equivalent to the following linear constraint

$$|\tilde{R}_{bs}(i, i)| \geq \mathbf{p}_i \sqrt{e^{r_u/(\eta - \tau^{(0)})} - 1} \sigma_{bs}, \quad i = 1, \dots, u. \quad (40)$$

We then solve the following convex problem to generate $(\tilde{v}^{(0)}, p^{(0)})$

$$\min_{\tilde{\mathbf{v}}, \mathbf{p}} \sum_{j=1}^d \|\tilde{\mathbf{v}}_j\|^2 + \sum_{i=1}^u \frac{1}{\mathbf{p}_i} \quad \text{s.t.} \quad (39), (40), \quad (41a)$$

$$\sum_{j=1}^d \|\tilde{\mathbf{v}}_j\|^2 \leq \frac{P_{BS}^{\max}}{\tau^{(0)}}, \|\tilde{\mathbf{v}}_j\|^2 \leq P_D^{\max}, \quad j = 1, \dots, d, \quad (41b)$$

$$1 \leq \frac{P_{UE}^{\max}}{\eta - \tau^{(0)}} \mathbf{p}_i, 1/P_U^{\max} \leq \mathbf{p}_i, \quad i = 1, \dots, u. \quad (41c)$$

Algorithm 2 summarizes our proposed computational procedure for solving (28).

Algorithm 2 TF-wise EE Optimization Algorithm

- 1: Set $\kappa = 0$. For a fixed $0 < \tau^{(0)} < 1$ solve (41) for a feasible point $(\tilde{v}^{(0)}, p^{(0)})$ for (26) and then set $\theta_1^{(0)} = 1/\tau^{(0)}$ and $\theta_2^{(0)} = 1/(\eta - \tau^{(0)})$.
 - 2: **Repeat until convergence:** Solve the convex problem (37) to generate the next feasible point $(\tilde{v}^{(k)}, p^{(k)}, \theta^{(k)})$ for (28). Set $\kappa := \kappa + 1$.
 - 3: **Output** $(\tilde{v}^{(k)}, p^{(k)}, \theta^{(k)})$ and $\tau^{(k)} = 1/\theta_1^{(k)}$ as the optimal solution of (26).
-

IV. BANDWIDTH-FRACTION-WISE STR

Instead of time-fraction allocation for serving uplinks and downlinks, we now consider a bandwidth allocation for their service, i.e. a portion $0 < \tau < 1$ of the whole normalized bandwidth is allocated to the downlink service, the portion ϵ for guarding and the remaining complementary portion $(\eta - \tau)$ with $\eta = 1 - \epsilon$ is allocated to the uplink service. Unlike two approaches presented in the previous section, this bandwidth-fraction-wise STR can be practically implemented only when the portion τ is determined and fixed beforehand. In simulation, we also provide numerical for $\tau = 1/2$, i.e. a half of the bandwidth is used for serving the uplinks and another half of the bandwidth is used for serving downlinks.

As in (1), let $h_{j,bs} \in \mathbb{C}^{n_1}$ be the channel vector from the BS to DL_j and $\mathbf{v}_j$ be the beamformer for the information s_j^d intended for DL_j. The received signal at DL_j is

$$\hat{y}_j \triangleq \underbrace{h_{j,bs}^H \mathbf{v}_j s_j^d}_{\text{desired signal}} + \underbrace{\sum_{\ell \in \mathcal{D} \setminus \{j\}} h_{j,bs}^H \mathbf{v}_\ell s_\ell^d}_{\text{DL interference}} + n_j(\tau), \quad j = 1, \dots, d, \quad (42)$$

where $n_j(\tau)$ is the additive white circularly symmetric complex Gaussian noise with the variance $\tau \sigma_d^2$. Unlike (1), the received signal y_j is now free from the UL interference as the BS's broadcast and ULs' transmit are implemented in orthogonal frequency bands.

The throughput at DL_j is $\tau \varphi_j^d(\mathbf{v}, \tau)$ with

$$\varphi_j^d(\mathbf{v}, \tau) \triangleq \ln \left(1 + \frac{|\tilde{\lambda}_j(\mathbf{v}_j)|^2}{v_j(\mathbf{v}, \tau)} \right), \quad (43)$$

where $\tilde{\lambda}_j(\mathbf{v}_j) \triangleq h_{j,bs}^H \tilde{\mathbf{v}}_j$ as in (2), and $v_j(\mathbf{v}, \tau) \triangleq \sum_{\ell \in \mathcal{D} \setminus \{j\}} |h_{j,bs}^H \mathbf{v}_\ell|^2 + \tau \sigma_d^2$.

As in (4), let $h_{bs,i} \in \mathbb{C}^{n_2}$ be the channel vector from UL_i to the BS, and s_i^u be the information UL_i intends to send to the BS. The received signal at the BS is

$$\hat{y}_{bs} \triangleq \sum_{i=1}^u h_{bs,i} \sqrt{\mathbf{p}_i} s_i^u + n_{bs}(\tau), \quad (44)$$

where $\mathbf{p}_i$ is the UL_i's transmit power, and $n_{bs}(\tau)$ is the additive white circularly symmetric Gaussian noise with variance $(\eta - \tau) \sigma_{bs}^2 I_{N_2}$. The achievable uplink throughput for s_i^u at the BS is $(\eta - \tau) \varphi_i^u(\mathbf{p}_i, \tau)$ with

$$\varphi_i^u(\mathbf{p}, \tau) \triangleq \ln \left(1 + \frac{\mathbf{p}_i |\tilde{R}_{bs}(i, i)|^2}{(\eta - \tau) \sigma_{bs}^2} \right). \quad (45)$$

The consumed power P^{tot} is modelled by the following convex quadratic function

$$P^{tot}(\mathbf{v}, \mathbf{p}) = \zeta P_i^t(\mathbf{v}, \mathbf{p}) + P^{BS} + U P^{UE}, \quad (46)$$

where $P^t(\mathbf{v}, \mathbf{p}) \triangleq \sum_{j=1}^d \|\mathbf{v}_j\|^2 + \sum_{i=1}^u \mathbf{p}_i$.

The bandwidth-fraction-wise (BF-wise) STR's EE optimization problem is formulated as

$$\max_{0 < \tau < 1, \mathbf{v}, \mathbf{p}} \hat{\Phi}(\mathbf{v}, \mathbf{p}, \tau) \triangleq \frac{\tau \sum_{j=1}^d \varphi_j^d(\mathbf{v}, \tau) + (\eta - \tau) \sum_{i=1}^u \varphi_i^u(\mathbf{p}_i, \tau)}{P^{tot}(\mathbf{v}, \mathbf{p})} \quad \text{s.t.} \quad (47a)$$

$$\sum_{j=1}^d \|\mathbf{v}_j\|^2 \leq P_{BS}^{\max}, \quad (47b)$$

$$\mathbf{p}_i \leq P_{UE}^{\max}, \quad i = 1, \dots, u, \quad (47c)$$

$$\tau \varphi_j^d(\mathbf{v}, \tau) \geq r_d, \quad j = 1, \dots, d, \quad (47d)$$

$$(\eta - \tau) \varphi_i^u(\mathbf{p}_i, \tau) \geq r_u, \quad i = 1, \dots, u, \quad (47e)$$

which is a nonconvex problem as the objective function is nonconcave while the downlink and uplink QoS constraints (47d) and (47e) are nonconvex. Like the computational approach presented in the previous sections, we now develop a lower-bounding concave approximation for the numerator of its objective function and inner convex approximations for its nonconvex constraints.

Let $(v^{(\kappa)}, p^{(\kappa)}, \tau^{(\kappa)})$ be a feasible point for (47) found from $(\kappa - 1)$ th iteration. Applying the inequalities (73) and (74) for

$$\varphi_j^d(\mathbf{v}, \tau) \geq \varphi_j^{d,(\kappa)}(\mathbf{v}, \tau) \triangleq \hat{a}_j^{d,(\kappa)} - \hat{b}_j^{d,(\kappa)} \left(\frac{|\tilde{\lambda}_j(v_j^{(\kappa)})|^2}{2\Re\{(\tilde{\lambda}_j(v_j^{(\kappa)}))^* \tilde{\lambda}_j(\mathbf{v}_j)\} - |\tilde{\lambda}_j(v_j^{(\kappa)})|^2} + \frac{v_j(\mathbf{v}, \tau)}{v_j(v^{(\kappa)}, \tau^{(\kappa)})} \right), \quad (48)$$

and

$$\tau \varphi_j^d(\mathbf{v}, \tau) \geq \hat{f}_j^{d,(\kappa)}(\mathbf{v}, \tau) \triangleq \hat{a}_j^{d,(\kappa)} - \hat{b}_j^{d,(\kappa)} \left(\frac{|\tilde{\lambda}_j(v_j^{(\kappa)})|^2}{2\Re\{(\tilde{\lambda}_j(v_j^{(\kappa)}))^* \tilde{\lambda}_j(\mathbf{v}_j)\} - |\tilde{\lambda}_j(v_j^{(\kappa)})|^2} + \frac{v_j(\mathbf{v}, \tau)}{v_j(v^{(\kappa)}, \tau^{(\kappa)})} \right) - \frac{\hat{c}_j^{d,(\kappa)}}{\tau}, \quad (49)$$

over the trust region (32), where $0 < \hat{a}_j^{d,(\kappa)} = \varphi_j^d(v^{(\kappa)}, \tau^{(\kappa)}) + 2\hat{b}_j^{d,(\kappa)}$, $0 < \hat{b}_j^{d,(\kappa)} = \frac{|\tilde{\lambda}_j(v_j^{(\kappa)})|^2}{v_j(v^{(\kappa)}, \tau^{(\kappa)}) + |\tilde{\lambda}_j(v_j^{(\kappa)})|^2}$, and $0 < \hat{a}_j^{d,(\kappa)} = 2\tau^{(\kappa)} \varphi_j^d(v^{(\kappa)}, \tau^{(\kappa)}) + 2\hat{b}_j^{d,(\kappa)}$, $0 < \hat{b}_j^{d,(\kappa)} = \frac{\tau^{(\kappa)} |\tilde{\lambda}_j(v_j^{(\kappa)})|^2}{v_j(v^{(\kappa)}, \tau^{(\kappa)}) + |\tilde{\lambda}_j(v_j^{(\kappa)})|^2}$, $0 < \hat{c}_j^{d,(\kappa)} = (\tau^{(\kappa)})^2 \varphi_j^d(v^{(\kappa)}, \tau^{(\kappa)})$.

Applying the inequalities (68) and (71) in the appendix for $\mathbf{x} = \mathbf{p}_i | \tilde{R}_{bs}(i, i) |^2$, $\mathbf{y} = (\eta - \tau) \sigma_{bs}^2$ and $\bar{x} = p_i^{(\kappa)} | \tilde{R}_{bs}(i, i) |^2$, $\bar{y} = (\eta - \tau^{(\kappa)}) \sigma_{bs}^2$ yields

$$\begin{aligned} \varphi_i^u(\mathbf{p}, \tau) &\geq \varphi_i^{u,(\kappa)}(\mathbf{p}, \tau) \\ &\triangleq \hat{a}_i^{u,(\kappa)} - \hat{b}_i^{u,(\kappa)} \left(\frac{p_i^{(\kappa)}}{\mathbf{p}_i} + \frac{\eta - \tau}{\eta - \tau^{(\kappa)}} \right), \end{aligned} \quad (50)$$

and

$$\begin{aligned} (\eta - \tau) \varphi_i^u(\mathbf{p}, \tau) &\geq \hat{f}_i^{u,(\kappa)}(\mathbf{p}, \tau) \\ &\triangleq \hat{a}_i^{u,(\kappa)} - \hat{b}_i^{u,(\kappa)} \left(\frac{p_i^{(\kappa)}}{\mathbf{p}_i} + \frac{\eta - \tau}{\eta - \tau^{(\kappa)}} \right) \\ &\quad - \frac{\hat{c}_i^{u,(\kappa)}}{\eta - \tau}, \end{aligned} \quad (51)$$

where $0 < \hat{a}_i^{u,(\kappa)} = \varphi_i^u(p^{(\kappa)}, \tau^{(\kappa)}) + 2\hat{b}_i^{u,(\kappa)}$, $0 < \hat{b}_i^{u,(\kappa)} = \frac{p_i^{(\kappa)} | \tilde{R}_{bs}(i, i) |^2}{(\eta - \tau^{(\kappa)}) \sigma_{bs}^2 + p_i^{(\kappa)} | \tilde{R}_{bs}(i, i) |^2}$, and $0 < \hat{a}_i^{u,(\kappa)} = 2(\eta - \tau^{(\kappa)}) \varphi_i^u(p^{(\kappa)}, \tau^{(\kappa)}) + 2\hat{b}_i^{u,(\kappa)}$, $0 < \hat{b}_i^{u,(\kappa)} = \frac{(\eta - \tau^{(\kappa)}) p_i^{(\kappa)} | \tilde{R}_{bs}(i, i) |^2}{(\eta - \tau^{(\kappa)}) \sigma_{bs}^2 + p_i^{(\kappa)} | \tilde{R}_{bs}(i, i) |^2}$, $0 < \hat{c}_i^{u,(\kappa)} = (\eta - \tau^{(\kappa)})^2 \varphi_i^u(p^{(\kappa)}, \tau^{(\kappa)})$.

We thus solve the following convex problem to generate the next feasible point $(v^{(\kappa+1)}, p^{(\kappa+1)}, \tau^{(\kappa+1)})$ for (47):

$$\begin{aligned} \max_{0 < \tau < 1, \mathbf{v}, \mathbf{p}} \hat{L}^{(\kappa)}(\mathbf{v}, \mathbf{p}, \tau) &\triangleq \sum_{j=1}^d \hat{f}_j^{d,(\kappa)}(\mathbf{v}, \tau) \\ &+ \sum_{i=1}^u \hat{f}_i^{u,(\kappa)}(\mathbf{p}, \tau) - \hat{\Phi}(v^{(\kappa)}, p^{(\kappa)}, \tau^{(\kappa)}) P^{tot}(\mathbf{v}, \mathbf{p}) \\ \text{s.t.} \quad (32), (47b), (47c), \end{aligned} \quad (52a)$$

$$\varphi_j^{d,(\kappa)}(\mathbf{v}, \tau) \geq r_d / \tau, \quad j = 1, \dots, d, \quad (52b)$$

$$\varphi_i^{u,(\kappa)}(\mathbf{p}_i, \tau) \geq r_u / (\eta - \tau), \quad i = 1, \dots, u, \quad (52c)$$

where by (49) and (51) the first two terms in (52a) provide a lower-bounding concave approximation for the numerator of the objective function in (47a), while by (48) and (50) the convex constraints (52b) and (52c) provides an inner convex approximation for the nonconvex constraint (47d) and (47e), respectively. Similarly to (38), it is easy to show that

$$\hat{\Phi}(v^{(\kappa+1)}, p^{(\kappa+1)}, \tau^{(\kappa+1)}) > \hat{\Phi}(v^{(\kappa)}, p^{(\kappa)}, \tau^{(\kappa)}),$$

as far as $(v^{(\kappa+1)}, p^{(\kappa+1)}, \tau^{(\kappa+1)}) \neq (v^{(\kappa)}, p^{(\kappa)}, \tau^{(\kappa)})$, i.e. $(v^{(\kappa+1)}, p^{(\kappa+1)}, \tau^{(\kappa+1)})$ is a better feasible point than $(v^{(\kappa)}, p^{(\kappa)}, \tau^{(\kappa)})$ for the nonconvex optimization problem (47). The sequence $\{(v^{(\kappa)}, p^{(\kappa)}, \tau^{(\kappa)})\}$ thus converges at least to a locally optimal solution of (47).

To locate an initial feasible point $(v^{(0)}, p^{(0)}, \tau^{(0)})$ for (47) we fix $\tau^{(0)}$ and replace $|\tilde{\lambda}_j(\mathbf{v}_j)|^2$ by $(\bar{\lambda}_j(\mathbf{v}_j))^2$ for $\bar{\lambda}_j(\mathbf{v}_j) = \Re\{\tilde{\lambda}_j(\mathbf{v}_j)\}$ in (43), to make

$$\varphi_j^d(\mathbf{v}, \tau) = \ln \left(1 + \frac{(\bar{\lambda}_j(\mathbf{v}_j))^2}{v_j(\mathbf{v}, \tau)} \right),$$

so the nonconvex downlink QoS constraint (47d) is equivalent to the SOC constraint

$$\begin{aligned} \bar{\lambda}_j(\mathbf{v}_j) &\geq \sqrt{e^{r_j^{\min}/\tau^{(0)}} - 1} \sqrt{v_j(\mathbf{v}, \tau)} \\ &= \sqrt{e^{r_j^{\min}/\tau^{(0)}} - 1} \left\| \frac{(h_{j,bs}^H \mathbf{v}_\ell)_{\ell \in \mathcal{D} \setminus \{j\}}}{\tau_0 \sigma_d} \right\|_2, \end{aligned} \quad (53)$$

while the nonconvex uplink QoS constraint (47e) is also equivalent to the following SOC constraint

$$\sqrt{p_i} | \tilde{R}_{bs}(i, i) | \geq \sqrt{e^{r_{bs}^{\min}/(\eta - \tau^{(0)})} - 1} \sqrt{(\eta - \tau^{(0)}) \sigma_{bs}}, \quad i = 1, \dots, u. \quad (54)$$

We then solve the convex problem

$$\min_{\mathbf{v}, \mathbf{p}} \sum_{j=1}^d \|\mathbf{v}_j\|^2 + \sum_{i=1}^u \mathbf{p}_i \quad \text{s.t.} \quad (47b), (47c), (53), (54) \quad (55)$$

to obtain a feasible point $(\mathbf{v}^{(0)}, \mathbf{p}^{(0)}, \tau^{(0)})$ for (47).

Algorithm 3 summarizes our proposed computational procedure for solving (47).

Algorithm 3 BF-wise EE Optimization Algorithm

- 1: Set $\kappa = 0$. For a fixed $0 < \tau^{(0)} < 1$ solve (55) for a feasible point $(\mathbf{v}^{(0)}, \mathbf{p}^{(0)}, \tau^{(0)})$ for (47).
 - 2: **Repeat until convergence** Solve the convex problem (52) to generate the next feasible point $(\mathbf{v}^{(\kappa+1)}, \mathbf{p}^{(\kappa+1)}, \tau^{(\kappa+1)})$ for (47). Set $\kappa := \kappa + 1$.
 - 3: **Output** $(\mathbf{v}^{(\kappa+1)}, \mathbf{p}^{(\kappa+1)}, \tau^{(\kappa+1)})$ as the optimal solution of (47).
-

V. NUMERICAL RESULTS

The data of wireless communications in a macrocell environment is used to weight the pros and con of the proposed STRs. Table I taken from [35] lists important parameters used in all simulations. The number of served downlink users and uplink users are $d = u = n/2$, which also means $n_1 = n_2 = n/2$. For e-FT and FB, set $\epsilon = 0.1$.¹ The channel vector between the BS and an user follows the line for sight (LOS) path loss model as $10^{-P_{L_{\text{LOS}}}/20} \tilde{h}$ with $P_{L_{\text{LOS}}} = 103.4 + 24.2 \log_{10} \delta_1$, where the entries of $\tilde{h}$ are independent circularly-symmetric Gaussian random variables with zero means and unit variance and δ_1 (km) is their distance. The interfering channel from an UL to a DL follows the non-line-of-sight (NLOS) path loss model as $10^{-P_{L_{\text{NLOS}}}/20} \tilde{h}_{uu}$ with $P_{L_{\text{NLOS}}} = 131.1 + 42.8 \log_{10} \delta_2$, where $\tilde{h}_{uu}$ is circular-symmetric random variable with zero means and unit variance, and δ_2 is their distance. If not specially specified, DL and UL users are uniformly distributed in the cell so that $\delta_1 = 0.25$ km and $\delta_2 = 0.1$ km, respectively.

TABLE I: Simulation Parameters

Parameter	Value
Carrier frequency	2 GHz
System bandwidth	10 MHz
Maximum BS transmit power ($P_{\text{BS}}^{\text{max}}$)	46 dBm
Maximum user transmit power ($P_{\text{UE}}^{\text{max}}$)	23 dBm
Dynamic circuit power of the BS (P_c^{BS})	6.31 W
Static circuit power of the BS (P_s^{BS})	0.5012 W
Dynamic circuit power of a UE (P_c^{UE})	4.417 W
Static circuit power of the UEs (P_s^{UE})	0.1 W
Noise power density	-174dBm/Hz

The tolerance for the algorithm convergence is set to 10^{-4} . In arriving at the final figures, the results of 1000 Monte-Carlo runs are averaged.

¹According [36], the one time slot is 0.667ms and the antennas switching time is 0.02ms while the guard band is also about 10% of the available bandwidth.

A. Spectral efficiency in terms of max-min throughput

Although the paper is mainly focused on EE optimization subject to downlink and uplink QoS constraints, it is still of interest to know how the spectral efficiency of the three STRs by considering the following max-min throughput optimization problem

$$\max_{\mathbf{v}, \mathbf{p}} \min \left\{ \min_{j=1, \dots, d} r_j^d(\mathbf{v}, \mathbf{p}), \min_{i=1, \dots, u} r_i^u(\mathbf{v}, \mathbf{p}_i) \right\} \quad \text{s.t.} \quad (10b), (10c) \quad (56)$$

for the FD-based STR, and

$$\max_{0 < \tau < 1, \mathbf{v}, \mathbf{p}} \min \left\{ \min_{j=1, \dots, d} \tau \rho_j^d(\tilde{\mathbf{v}}), \min_{i=1, \dots, u} (\eta - \tau) \rho_i^u(\mathbf{p}_i) \right\} \quad \text{s.t.} \quad (26b), (26c), (26f), (26g) \quad (57)$$

for the TF-wise STR, and

$$\max_{0 < \tau < 1, \mathbf{v}, \mathbf{p}} \min \left\{ \min_{j=1, \dots, d} \tau \sum_{j=1}^d \varphi_j^d(\mathbf{v}, \tau), \min_{i=1, \dots, u} (\eta - \tau) \varphi_i^u(\mathbf{p}_i, \tau) \right\} \quad \text{s.t.} \quad (47b), (47c), \quad (58)$$

for the BF-wise STR. Obviously, these nonsmooth nonconvex optimization problems can be solved by the Algorithms that are similar to Algorithms 1-3, which at the κ th iteration compute the following convex problem

$$\max_{\mathbf{v}, \mathbf{p}} \min \left\{ \min_{j=1, \dots, d} r_j^{d,(\kappa)}(\mathbf{v}, \mathbf{p}), \min_{i=1, \dots, u} r_i^{u,(\kappa)}(\mathbf{v}, \mathbf{p}_i) \right\} \quad \text{s.t.} \quad (10b), (10c), (16), (18), \quad (59)$$

with $r_j^{d,(\kappa)}$ and $r_i^{u,(\kappa)}$ defined from (15) and (17) to generate a better feasible point $(\mathbf{v}^{(\kappa+1)}, \mathbf{p}^{(\kappa+1)})$ for (56), and

$$\max_{\tilde{\mathbf{v}}, \mathbf{p}, \theta, \tau} \min \left\{ \min_{j=1, \dots, d} \tilde{f}_j^{d,(\kappa)}(\tilde{\mathbf{v}}, \theta_1), \min_{i=1, \dots, u} \tilde{f}_i^{u,(\kappa)}(\mathbf{x}_i, \theta_2) \right\} \quad \text{s.t.} \quad (26f), (26g), (27), (28b), (32), \quad (60)$$

with $\tilde{f}_j^{d,(\kappa)}$ and $\tilde{f}_i^{u,(\kappa)}$ defined from (31) and (35) to generate a better feasible point $(\mathbf{v}^{(\kappa+1)}, \mathbf{p}^{(\kappa+1)}, \theta^{(\kappa+1)}, \tau^{(\kappa+1)})$ for (57), and

$$\max_{0 < \tau < 1, \mathbf{v}, \mathbf{p}} \min \left\{ \min_{j=1, \dots, d} \hat{f}_j^{d,(\kappa)}(\mathbf{v}, \tau), \min_{i=1, \dots, u} \hat{f}_i^{u,(\kappa)}(\mathbf{p}, \tau) \right\} \quad \text{s.t.} \quad (32), (47b), (47c) \quad (61)$$

with $\hat{f}_j^{d,(\kappa)}$ and $\hat{f}_i^{u,(\kappa)}$ defined from (49) and (51) to generate a better feasible point $(\mathbf{v}^{(\kappa+1)}, \mathbf{p}^{(\kappa+1)}, \tau^{(\kappa+1)})$ for (58).

Fig. 4 plots the achievable minimum throughput under different n . Only the achievable max-min throughput of the FD based STR is severely downgraded when the SI σ_{SI}^2 increases, which is especially low for the practical range $[-120, -90]$ dB of σ_{SI}^2 . Both TF and BF outperform FD for $\sigma_{SI}^2 \geq -110$ dB. At $\sigma_{SI}^2 = -90$ dB, the achievable minimum throughput by the formers is actually twice of that achievable by the latter. The gap is wider by increasing the number of transmit antennas, which leads to more downlink interference to uplinks under FD.

Fig. 5 shows the effectiveness of the optimal time fraction as e-TF clearly outperforms the half-duplex (HD) TDD, which use all n antennas and $(1 - \eta)/2$ fraction of the time slot for

(a)

(b)

Fig. 4: Achievable minimum DLU and ULU throughput vs $\text{SI } \sigma_{SI}^2$

each downlink and uplink service. It also shows the benefit of employing all antennas for both downlink and uplink services, as TF is not only consistently outperformed by e-TF but it is also outperformed by HD TDD with $n \geq 6$. It is not surprised that the HD FDD, which allocates $(1 - \eta)/2$ bandwidth' portion for each downlink and uplink service, is the worst performer.

Table II provides the rounded average number of iterations for the results in Fig. 4, which particularly shows that all the three algorithms converge within 25 iterations.

Furthermore, to examine the impact of UL users to DL users in the FD-based STR we also simulate the following scenario: DL users are still uniformly distributed over the macrocell but there is one UL user in proximity of each DL user. Table III shows the achievable minimum throughput by the FD-based STRs for $n = 6$, which is very sensitive to the distance δ_2 between a DL user and its nearest UL user. The ratio of that between that achieved for $\delta_2 = 0.05$ km and that achieved for

Fig. 5: Achievable minimum DLU and ULU throughput vs BS antennas number N_t

TABLE II: The rounded average number of iterations for implementing the max-min-throughput Algorithms

	$n = 2$	$n = 4$	$n = 6$	$n = 12$
FD-based STR($\delta_{SI}^2 = -140\text{dB}$)	6	8	10	14
FD-based STR($\delta_{SI}^2 = -130\text{dB}$)	7	9	11	15
FD-based STR($\delta_{SI}^2 = -120\text{dB}$)	7	10	15	16
FD-based STR($\delta_{SI}^2 = -110\text{dB}$)	8	11	17	17
FD-based STR($\delta_{SI}^2 = -100\text{dB}$)	10	12	18	20
FD-based STR($\delta_{SI}^2 = -90\text{dB}$)	11	12	21	22
TF-wise STR	5	7	12	12
e-TF-wise STR	6	7	11	12
BF-wise STR	4	10	12	16

$\delta_2 = 0.005$ km is more than ten and increases as the SI σ_{SI}^2 increases.

TABLE III: Achievable minimum throughput of FD-based STR (bps/Hz) under different δ_2 and σ_{SI}^2

$\delta_{SI}^2 \backslash \delta_2$	0.05 km	0.03 km	0.01 km	0.005 km
-140 dB	3.1125	2.3542	0.9213	0.3214
-130 dB	2.0376	1.6678	0.5033	0.2392
-120 dB	1.4424	0.9874	0.1779	0.0884
-110 dB	0.8431	0.4879	0.0621	0.0297
-100 dB	0.4101	0.1892	0.0203	0.0096
-90 dB	0.1740	0.0676	0.0065	0.0031

B. EE optimization

The downlink and uplink throughput thresholds for the QoS are set as $r_d = 0.4$ bps/Hz and $r_u = 1$ bps/Hz, while the circuit power at the BS and ULs are $P_{BS} = nP_c^{BS} + P_s^{BS}$ W and $P_{UE} = uP_c^{UE} + P_s^{UE}$ W, and the drain efficiency of power amplifier is $\zeta = 20\%$ [37].

Fig. 6 shows the achievable EE by Algorithms 1-3 under various numbers (n) of BS antennas. As expected, the achievable EE by the FD-based STR is quickly dropped when the SI level σ_{SI}^2 raises up. At $\sigma_{SI}^2 = -90$ dB, the achievable EE by the latter becomes double of that by the former. TF and e-TF are seen more efficient than BF. Furthermore, e-TF

outperforms TF thanks to its exploitation of all available antennas for its STR. As it happens to the spectral efficiency, using more antennas in serving more users makes the FD's EE deteriorated but improves the EE of other STRs. They perform similarly at low SI level $\sigma_{SI}^2 \in [-140, -120]$ dB but the FD is quickly outperformed by others for $\sigma_{SI}^2 \geq -110$ dB.

(a)

(b)

Fig. 6: Achievable EE by three STRs

The rounded average number of algorithm iterations to output Fig. 6 is given by Table IV. All the proposed algorithms are seen convergent within 45 iterations. Compared to Table II, a few more iterations are needed, which are quite expected because the EE optimization problem is seen more complex than the spectral efficiency optimization problem. Both Algorithms 2 and 3 exploit well the fractional structure of the objective function without its direct approximation. All the percentage number in the tables represent the probability of obtaining a valid result in all Monte-Carlo runs. The success percentage of the FD-based STR is extremely low for $\sigma_{SI}^2 \in [-100, -90]$ dB as it hardly provides the required QoS. In contrast, the other STRs always perform well with hundred percentage of success as they can avoid the FD inherent self-interference.

C. EE in serving doubled number of users

Until now, the e-TF and HD-TDD are purposely allowed to serve $n/2$ downlink users and $n/2$ uplink users to accommodate comparison with other STRs. Table V provides their achievable spectral efficiency and EE in serving double numbers of both downlink and uplink users (n downlink users and n uplink users). The rounded averaged number of iterations to output the EE of e-TF is given by the last row of Table IV. It is reasonable to expect that their achievable EE is higher compared to that achievable by serving $n/2$ downlink users and $n/2$ uplink users under the same power constraints.

VI. CONCLUSIONS

The paper has proposed three possible techniques for implementing heterogeneous macrocell downlink and uplink communications within one time-slot, which are the FD-based STR, fraction-time-wise STR, and bandwidth-fraction-wise STR. The three optimization algorithms have been developed to compute the energy efficiency by joint downlink beamforming and uplink power allocation under these STRs. As expected, the FD hardly suitable as its inherent self-interference is not expected to be suppressed to the level for proper implementation. Being free from the mutual interference between downlinks and uplinks, other two techniques have been shown to be effective for STR. Especially, the fraction-time-wise STR is very efficient and can serve many more downlinks and uplinks as it can exploit the full number of the BS antennas for STR. Both the fraction-time base STR and fraction-bandwidth STR for multi-cell result in separated down-link multi-cell systems and uplink multi-cell systems, so they can be used in realistic cellular networks. Using improper Gaussian signaling instead of the conventional proper Gaussian signaling in STR is under current study.

APPENDIX: RATE FUNCTION APPROXIMATION

The following result [19] is used.

Theorem 1: The following inequality holds true

$$\frac{\ln(1 + 1/\mathbf{x}\mathbf{y})}{\mathbf{t}} \geq 2 \frac{\ln(1 + 1/\bar{x}\bar{y})}{\bar{t}} + \frac{1}{(\bar{x}\bar{y} + 1)\bar{t}} \left(2 - \frac{\mathbf{x}}{\bar{x}} - \frac{\mathbf{y}}{\bar{y}} \right) - \frac{\ln(1 + 1/\bar{x}\bar{y})}{\bar{t}^2} \mathbf{t} \\ \forall (\mathbf{x}, \mathbf{y}, \mathbf{t}) \in \mathbb{R}_+^3, (\bar{x}, \bar{y}, \bar{t}) \in \mathbb{R}_+^3. \quad (62)$$

The right-hand-side (RHS) of (62) agrees with the left-hand-side (LHS) at $(\bar{x}, \bar{y}, \bar{t})$.

A particular case of (62) is

$$\ln(1 + 1/\mathbf{x}\mathbf{y}) \geq \ln(1 + 1/\bar{x}\bar{y}) + \frac{1}{(\bar{x}\bar{y} + 1)} \left(2 - \frac{\mathbf{x}}{\bar{x}} - \frac{\mathbf{y}}{\bar{y}} \right) \\ \forall (\mathbf{x}, \mathbf{y}) \in \mathbb{R}_+^2, (\bar{x}, \bar{y}) \in \mathbb{R}_+^2, \quad (63)$$

and

$$\frac{\ln(1 + 1/\mathbf{x})}{\mathbf{t}} \geq 2 \frac{\ln(1 + 1/\bar{x})}{\bar{t}} + \frac{1}{(\bar{x} + 1)\bar{t}} \left(1 - \frac{\mathbf{x}}{\bar{x}} \right) - \frac{\ln(1 + 1/\bar{x})}{\bar{t}^2} \mathbf{t} \forall (\mathbf{x}, \mathbf{t}) \in \mathbb{R}_+^2, (\bar{x}, \bar{t}) \in \mathbb{R}_+^2, \quad (64)$$

TABLE IV: The rounded average number of iterations for the convergence of Algorithms 1-3

	$n = 2$	$n = 4$	$n = 6$	$n = 12$
FD-based STR ($\sigma_{SI}^2 = -140$ dB)	16 (100%)	19 (100%)	16 (100%)	27 (100%)
FD-based STR ($\sigma_{SI}^2 = -130$ dB)	17 (100%)	20 (100%)	22 (100%)	22 (100%)
FD-based STR ($\sigma_{SI}^2 = -120$ dB)	19 (99%)	23 (100%)	27 (94%)	34 (100%)
FD-based STR ($\sigma_{SI}^2 = -110$ dB)	20 (99%)	28 (96%)	34 (88%)	40 (75%)
FD-based STR ($\sigma_{SI}^2 = -100$ dB)	22 (66%)	35 (75%)	35 (69%)	38 (50%)
FD-based STR ($\sigma_{SI}^2 = -90$ dB)	25 (2%)	35 (17%)	38 (3%)	44 (6%)
TF-wise STR	14 (100%)	11 (100%)	10 (100%)	10 (100%)
e-TF-wise STR	12 (100%)	9 (100%)	10 (100%)	9 (100%)
BF-wise STR	19 (100%)	10 (100%)	22 (100%)	18 (100%)
e-TF-wise STR (double users)	13 (100%)	11 (100%)	12 (100%)	11 (100%)

TABLE V: Achievable spectral efficiency (SE) in terms of achieved minimum throughput (bps/Hz) and EE (bps/Hz/W) in serving double users vs BS antennas number n

	$n = 2$	$n = 4$	$n = 6$	$n = 12$
e-TF STR's SE	7.6310	6.9935	6.7696	6.7040
HD TDD's SE	6.3821	5.9489	5.8242	5.5425
e-TF STR's EE	1.0232	1.0996	1.1352	1.1996
HD TDD's EE	0.9393	0.9964	0.9996	1.0711

and

$$\ln(1 + 1/\mathbf{x}) \geq \ln(1 + 1/\bar{x}) + \frac{1}{(\bar{x} + 1)}(1 - \frac{\mathbf{x}}{\bar{x}}) \quad \forall \mathbf{x} \in \mathbb{R}_+^2, \bar{x} \in \mathbb{R}_+^2. \quad (65)$$

Another inequality

$$\frac{\mathbf{x}}{\mathbf{t}} \geq 2\frac{\sqrt{\bar{x}}\sqrt{\mathbf{x}}}{\bar{t}} - \frac{\bar{x}}{\bar{t}^2}\mathbf{t} \quad \forall \mathbf{x} > 0, \mathbf{t} > 0, \bar{x} > 0, \bar{t} > 0 \quad (66)$$

follows from the convexity of the function $\mathbf{x}/\mathbf{t} = \sqrt{\mathbf{x}^2}/\mathbf{t}$ on $\sqrt{\mathbf{x}}$ and $\mathbf{t}$.

Substituting $\mathbf{x} \rightarrow 1/\mathbf{x}$ and $\bar{x} \rightarrow 1/\bar{x}$ in (62) and (63) lead to

$$\frac{\ln(1 + \mathbf{x}/\mathbf{y})}{\mathbf{t}} \geq 2\frac{\ln(1 + \bar{x}/\bar{y})}{\bar{t}} + \frac{\bar{x}}{(\bar{y} + \bar{x})\bar{t}}(2 - \frac{\bar{x}}{\mathbf{x}} - \frac{\mathbf{y}}{\bar{y}}) - \frac{\ln(1 + \bar{x}/\bar{y})}{\bar{t}^2}\mathbf{t} \quad \forall (\mathbf{x}, \mathbf{y}, \mathbf{t}) \in \mathbb{R}_+^3, (\bar{x}, \bar{y}, \bar{t}) \in \mathbb{R}_+^3, \quad (67)$$

and

$$\ln(1 + \mathbf{x}/\mathbf{y}) \geq \ln(1 + \bar{x}/\bar{y}) + \frac{\bar{x}}{\bar{y} + \bar{x}}(2 - \frac{\bar{x}}{\mathbf{x}} - \frac{\mathbf{y}}{\bar{y}}) \quad \forall (\mathbf{x}, \mathbf{y}) \in \mathbb{R}_+^2, (\bar{x}, \bar{y}) \in \mathbb{R}_+^2. \quad (68)$$

As a particular case of (67) and (68) it is

$$\frac{\ln(1 + \mathbf{x})}{\mathbf{t}} \geq 2\frac{\ln(1 + \bar{x})}{\bar{t}} + \frac{\bar{x}}{(\bar{x} + 1)\bar{t}}(1 - \frac{\bar{x}}{\mathbf{x}}) - \frac{\ln(1 + \bar{x})}{\bar{t}^2}\mathbf{t} \quad \forall (\mathbf{x}, \mathbf{t}) \in \mathbb{R}_+^2, (\bar{x}, \bar{t}) \in \mathbb{R}_+^2, \quad (69)$$

and

$$\ln(1 + \mathbf{x}) \geq \ln(1 + \bar{x}) + \frac{\bar{x}}{\bar{x} + 1}(1 - \frac{\bar{x}}{\mathbf{x}}) \quad \forall \mathbf{x} \in \mathbb{R}_+, \bar{x} \in \mathbb{R}_+. \quad (70)$$

Substituting $\mathbf{t} \rightarrow 1/\mathbf{t}$ and $\bar{t} \rightarrow 1/\bar{t}$ in (67) leads to

$$\mathbf{t} \ln(1 + \mathbf{x}/\mathbf{y}) \geq 2\bar{t} \ln(1 + \bar{x}/\bar{y}) + \frac{\bar{t}\bar{x}}{\bar{y} + \bar{x}}(2 - \frac{\bar{x}}{\mathbf{x}} - \frac{\mathbf{y}}{\bar{y}}) - \frac{\bar{t}^2 \ln(1 + \bar{x}/\bar{y})}{\mathbf{t}} \quad \forall (\mathbf{x}, \mathbf{y}, \mathbf{t}) \in \mathbb{R}_+^3, (\bar{x}, \bar{y}, \bar{t}) \in \mathbb{R}_+^3, \quad (71)$$

By substituting $\mathbf{x} \rightarrow \|\mathbf{x}\|^2$ and $\bar{x} \rightarrow \|\bar{x}\|^2$ with $\mathbf{x} \in \mathbb{C}^n$ and $\bar{x} \in \mathbb{C}^n$ in (67), (68), and (71) and using the inequality

$$\|\mathbf{x}\|^2 \geq 2\Re\{\bar{x}^H \mathbf{x}\} - \|\bar{x}\|^2 \quad \forall \mathbf{x} \in \mathbb{C}^n, \bar{x} \in \mathbb{C}^n$$

we obtain

$$\frac{\ln(1 + \|\mathbf{x}\|^2/\mathbf{y})}{\mathbf{t}} \geq 2\frac{\ln(1 + \|\bar{x}\|^2/\bar{y})}{\bar{t}} + \frac{\|\bar{x}\|^2}{(\bar{y} + \|\bar{x}\|^2)\bar{t}}(2 - \frac{\|\bar{x}\|^2}{2\Re\{\bar{x}^H \mathbf{x}\} - \|\bar{x}\|^2} - \frac{\mathbf{y}}{\bar{y}}) - \frac{\ln(1 + \|\bar{x}\|^2/\bar{y})}{\bar{t}^2}\mathbf{t} \quad \forall (\mathbf{x}, \mathbf{y}, \mathbf{t}) \in \mathbb{C}^n \times \mathbb{R}_+^2, (\bar{x}, \bar{y}, \bar{t}) \in \mathbb{C}^n \times \mathbb{R}_+^2, \quad (72)$$

and

$$\ln(1 + \|\mathbf{x}\|^2/\mathbf{y}) \geq \ln(1 + \|\bar{x}\|^2/\bar{y}) + \frac{\|\bar{x}\|^2}{\bar{y} + \|\bar{x}\|^2}(2 - \frac{\|\bar{x}\|^2}{2\Re\{\bar{x}^H \mathbf{x}\} - \|\bar{x}\|^2} - \frac{\mathbf{y}}{\bar{y}}) \quad \forall (\mathbf{x}, \mathbf{y}) \in \mathbb{C}^n \times \mathbb{R}_+, (\bar{x}, \bar{y}) \in \mathbb{C}^n \times \mathbb{R}_+. \quad (73)$$

and

$$\mathbf{t} \ln(1 + \|\mathbf{x}\|^2/\mathbf{y}) \geq 2\bar{t} \ln(1 + \|\bar{x}\|^2/\bar{y}) + \frac{\bar{t}\|\bar{x}\|^2}{\bar{y} + \|\bar{x}\|^2} \left(2 - \frac{\|\bar{x}\|^2}{2\Re\{\bar{x}^H \mathbf{x}\} - \|\bar{x}\|^2} - \frac{\mathbf{y}}{\bar{y}} \right) - \frac{\bar{t}^2 \ln(1 + \|\bar{x}\|^2/\bar{y})}{\mathbf{t}} \quad \forall (\mathbf{x}, \mathbf{y}, \mathbf{t}) \in \mathbb{C}^n \times \mathbb{R}_+^2, (\bar{x}, \bar{y}, \bar{t}) \in \mathbb{C}^n \times \mathbb{R}_+^2, \quad (74)$$

over the trust region

$$2\Re\{\bar{x}^H \mathbf{x}\} - \|\bar{x}\|^2 > 0. \quad (75)$$

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