

Development of a Genotype Assay for Age-Related Macular Degeneration: The EYE-RISK Consortium

de Breuk, A., Acar, I. E., Kersten, E., Schijvenaars, M. M. V. A. P., Colijn, J. M., Haer-Wigman, L., Bakker, B., de Jong, S., Meester-Smoor, M., Verzijden, T., Missotten, T. O. A. R., Monés, J., Biarnés, M., Pauleikhoff, D., Hense, H. W., Silva, R., Nunes, S., Melo, J. B., Fauser, S., ... Zumbansen, M. (2021). Development of a Genotype Assay for Age-Related Macular Degeneration: The EYE-RISK Consortium. *Ophthalmology*, *128*(11), 1604-1617. https://doi.org/10.1016/j.ophtha.2020.07.037

Published in:

Ophthalmology

Document Version:

Publisher's PDF, also known as Version of record

Queen's University Belfast - Research Portal:

Link to publication record in Queen's University Belfast Research Portal

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Development of a Genotype Assay for Age-Related Macular Degeneration: The EYE-RISK Consortium

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DOI: https://doi.org/10.1016/j.ophtha.2020.07.037

Reference: OPHTHA 11396

To appear in: Ophthalmology

Received Date: 21 March 2020

Revised Date: 30 June 2020

Accepted Date: 16 July 2020

Please cite this article as: de Breuk A, Acar IE, Kersten E, Schijvenaars MMVAP, Colijn JM, Haer-Wigman L, Bakker B, de Jong S, Meester-Smoor MA, Verzijden T, Missotten TOAR, Monés J, Biarnés M, Pauleikhoff D, Hense HW, Silva R, Nunes S, Melo JB, Fauser S, Hoyng CB, Ueffing M, Coenen MJH, Klaver CCW, den Hollander AI, The EYE-RISK Consortium, Development of a Genotype Assay for Age-Related Macular Degeneration: The EYE-RISK Consortium, *Ophthalmology* (2020), doi: https://doi.org/10.1016/j.ophtha.2020.07.037.

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38	Meeting presentation
39	This material has not previously been presented
40	
41	Financial support
42	This research was supported by the Dutch Organization for Scientific Research (016.Vici.170.024 to AldH) and
43	has received funding from European Union's Horizon 2020 research and innovation programme under grant
44	agreement No. 634479 (EYE-RISK), and F. Hoffmann-La Roche Ltd. The sponsor or funding organizations had no
45	role in the design or conduct of this research.
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47	Running head
48	Genotype assay for age-related macular degeneration
49	
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54	
55	Abbreviations
56	AMD Age related magular degeneration

57	smMIPs	Single molecule molecular inversion probes
58	NGS	Next generation sequencing
59	GRS	Genetic risk score
60	AF	Allele frequency
61	MAF	Minor allele frequency
62	SNP	Single nucleotide polymorphism
63	LD	Linkage disequilibrium
64	HWE	Hardy-Weinberg Equilibrium
65	CACD	Central areolar choroidal dystrophy
66	IAMDGC	International age-related macular degeneration genomics consortium
67	AUC	Area under the ROC curve
68	LoF	Loss-of-function
69	NA	Not applicable
70	N/A	Not available
71	ND	Not determined
72	iPSC	Induced pluripotent stem cells
73		

74 Acknowledgements

- 75 The authors would like to thank the contribution of the International AMD Genomics Consortium (IAMDGC) for
- 76 making the allele frequencies and odds ratios of the 52 AMD variants and several additional variants available
- 77 for comparing allele frequencies and computing genetic risk scores. We would like to thank Johanne
- 78 Groothuismink for technical assistance, Johannes Groenewoud for assisting in statistical analyses, and Birte
- 79 Claes for her involvement in the data management of the MARS cohort.

80

81 Online-only supplemental files

- 82 This article contains additional online-only material. The following should appear online-only: Supplemental
- 83 Methods, Supplemental Dataset 1 and 2, Supplemental Tables S1-14, and Supplemental Figure S1-S2.

84 Abstract

- 85 **Purpose**: To develop a genotype assay to assess associations with common and rare AMD risk variants, to
- 86 calculate an overall genetic risk score (GRS), and to identify potential misdiagnoses with inherited macular

87 dystrophies that mimic AMD.

88 **Design**: Case-control study.

89 Participants: Individuals (N=4,740) from five European cohorts.

90 Methods: We designed single molecule molecular inversion probes (smMIPs) for target selection and used next

91 generation sequencing (NGS) to sequence eighty-seven single nucleotide polymorphisms (SNPs), coding and

92 splice-site regions of ten AMD-(related) genes (ARMS2, C3, C9, CD46, CFB, CFH, CFI, HTRA1, TIMP3, SLC16A8),

93 and three genes that cause inherited macular dystrophies (ABCA4, CTNNA1, PRPH2). GRS for common AMD risk

94 variants were calculated based on effect size and genotype of 52 AMD-associated variants. Frequency of rare

95 variants was compared between late AMD cases and control individuals with logistic regression analysis.

- 96 Main Outcome Measures: GRS, association of genetic variants with AMD, genotype-phenotype correlations.
- 97 Results: We observed high concordance rates between our platform and other genotyping platforms for the 69
- 98 successfully genotyped SNPs (96.77-97.28%) and for the rare variants (99.81%). We observed a higher GRS for
- 99 patients with late AMD compared to patients with early/intermediate AMD (*p*<0.001) and individuals without
- 100 AMD (*p*<0.001). A higher proportion of rare loss-of-function variants and variants with a Combined Annotation

101 Dependent Depletion score ≥20 in the CFH (50 [2.92%] vs 8 [1.02%], OR=2.88 [1.36-6.11], p=0.006), CFI (38

102 [2.22%] vs 4 [0.51%], OR=4.45 [1.58-12.50], p=0.005) and C3 (56 [3.27%] vs 4 [0.51%], OR=6.56 [2.37-18.17],

- 103 *p*=0.0003) genes was observed in late AMD cases compared to control individuals. In nine patients we
- 104 identified pathogenic variants in the PRPH2, ABCA4 and CTNNA1 genes, which allowed reclassification of these
- 105 patients as inherited macular dystrophy.
- 106 **Conclusions**: This study reports a high-throughput and comprehensive genotype assay for common and rare
- 107 AMD genetic variants. This test can identify individuals at intermediate to high genetic risk of late AMD, and
- 108 enables differential diagnosis of AMD mimicking dystrophies. Our study supports sequencing of CFH, CFI and C3
- 109 genes as they harbor rare high-risk loss-of-function variants. Carriers of these variants could be amendable for
- new treatments for AMD that are currently under development.

111 Introduction

112 Age-related macular degeneration (AMD) is a common cause of vision loss in the aging population, 113 with a prevalence of 0.1% in individuals aged 55-59 years and rising to 9.8% in individuals aged \ge 85 years for 114 late AMD in Europe.¹ The number of individuals affected by any form of AMD is expected to rise to 288 million 115 worldwide by 2040.² Both genetic and non-genetic factors contribute to the disease pathogenesis, which 116 makes it a complex disease.

117 The first evidence for a genetic contribution to AMD originates from The US Twin Study.³ Significant 118 progress has been achieved over the past 15 years in identifying the genetic causes of AMD. Although 119 polymorphisms in the CFH and ARMS2 genes account for an important proportion of the AMD risk, additional 120 genetic variants in or near genes of the complement system (CFB, CFI, C2, C3), extracellular matrix remodeling 121 (COL8A1, TIMP3), cholesterol metabolism (ABCA1, APOE, CETP, LIPC) and genes in other undefined pathways (e.g. ARHGAP21, B3GALTL) have been associated with AMD.⁴⁻⁹ The largest genome-wide association study 122 (GWAS) in AMD was published in 2016 and identified 52 independently associated genetic variants with AMD 123 distributed across 34 loci.⁷ The majority of these variants were common genetic variants, while seven variants 124 125 were rare (minor allele frequency < 0.01) in the investigated population. Furthermore, a significantly higher 126 burden of rare variants in the CFH, CFI, TIMP3 and SLC16A8 genes was identified in AMD patients compared to 127 control individuals. In recent years, the role of rare genetic variants in AMD gained attention, as they can have 128 large effect sizes. Sequencing of candidate genes in case-control studies and in AMD families resulted in the identification of rare variants in the CFH, CFI, C3 and C9 genes that could be linked to AMD.^{8, 10-16} 129

Current knowledge of genetic variants contributing to the risk of AMD can be used to design genetic tests that predict the risk to develop AMD. Considering that many genetic variants in multiple genes have been associated with AMD, only a comprehensive genotype assay including all risk variants will accurately identify the total genetic risk. Genetic testing for AMD is a contentious area, and the currently available tests are mostly limited to a low number of genetic variants and vary in their predictive ability.¹⁷ This points out a clear need for such an assay.

Besides the limited number of genetic variants included in the tests that are currently available (Macula Risk PGx and Vita Risk [15 genetic variants], <u>http://www.macularisk.com</u>; 23andMe [2 genetic variants], <u>http://www.23andme.com</u>; EasyDNA [number of genetic variants unspecified],

	Journal Pre-proof
139	https://www.easydna.co.uk; RetnaGene [12 genetic variants], http://www.mynicox.com), the high costs also
140	prevent implementation of extensive genetic testing for AMD in daily practice. Combining genomic capture
141	using single molecule molecular inversion probes (smMIPs) and next-generation sequencing (NGS) allows for a
142	cheap and fast way to sequence AMD-associated variants and genes. ¹⁸ Furthermore, sequencing of AMD-
143	associated genes enables identification of potential new rare variants contributing to AMD risk. In particular
144	rare, highly penetrant variants in the CFH and CFI genes are shown to confer high odds ratios with AMD. ¹⁹ It is
145	also important to evaluate genes that are involved in the pathogenesis of inherited macular dystrophies (e.g.
146	central areolar choroidal dystrophy, late-onset Stargardt's disease), since the phenotype of some of these
147	dystrophies can mimic AMD. ²⁰⁻²²
148	The aim of this study was to develop a comprehensive AMD genotype assay to assess associations with
149	AMD risk variants, to calculate an overall GRS, and to differentiate between AMD and AMD-mimicking
150	dystrophies.
151	
152	Methods
153	Study population
154	DNA samples of five European cohorts contributing to the EYE-RISK database were selected for
155	genotyping: Coimbra Eye Study (CES), Combined Ophthalmic Research Rotterdam Biobank (CORRBI), European
156	Genetic Database (EUGENDA), Characterization of geographic atrophy progression in patients with age-related
157	macular degeneration (GAIN), and Muenster Aging and Retina Study (MARS). In addition, several induced
158	pluripotent stem cells (iPSC) and donor eye samples from Tübingen and Sevilla were selected for genotyping.
159	Grading of the images was performed in each study individually by experienced graders. The final AMD stage
160	was determined based on the worst eye. Detailed information on the included studies has been published
161	elsewhere. ²³⁻²⁶ We merged early and intermediate AMD in one category and used the following categories: no
162	AMD, early/intermediate AMD and late AMD (geographic atrophy or choroidal neovascularization). In total 786
163	individuals without AMD > 65 years of age, 1,056 individuals with early/intermediate AMD and 1,714

- 164 individuals with late AMD were selected for analysis (Table S1, available at http://www.aaojournal.org). In
- 165 addition, 453 family members from the EUGENDA cohort were genotyped and included only for the analysis

167 individuals according to the tenets of the Declaration of Helsinki, and Ethics Committee approval was obtained.

168

166

169 Design of the genotype assay, bioinformatics pipeline and quality control

170The EYE-RISK genotype assay was designed to genotype 87 single-nucleotide polymorphisms (SNPs),171including the 52 independently associated SNPs identified by the International AMD Genomics Consortium172(IAMDGC), ⁷ SNPs previously associated with AMD, ²⁷ and several candidate SNPs (Table S2, available at173http://www.aaojournal.org). Furthermore, the coding and splice-site regions of thirteen genes were completely174sequenced. Genes that have been described to carry rare variants in AMD (*C3, C9, CFH, CFI, TIMP3, SLC16A8*),^{8,}175¹⁰⁻¹⁶ candidate genes that might carry rare variants in AMD (*ARMS2, CD46, CFB, HTRA1*), and genes involved in176AMD-mimicking macular dystrophies (*ABCA4, CTNNA1, PRPH2*)^{20-22, 28} were selected for complete sequencing.

177 In addition, three intronic *ABCA4* variants affecting splicing (c.5196+1137G>A, c.5196+1216C>A,

178 c.5196+1056A>G) were targeted.²⁹

All smMIPs were designed using the MIPGEN pipeline,³⁰ and the GrCh37/hg19 was used as the reference genome build. Each smMIP covered a 110-bp genomic region with a maximum overlap of 40 bp with the adjacent smMIP (Supplemental Dataset 1, available at <u>http://www.aaojournal.org</u>). During the design phase of the smMIPs six SNPs were poorly covered (rs11402250, rs72802342, rs61941274, rs12019136, rs67538023, rs9708919), including five SNPs of the 52 top hits from the latest GWAS. For those SNPs the second best hit from the GWAS⁷ was selected (Table S3, available at <u>http://www.aaojournal.org</u>), and accompanying smMIPs were designed. No alternative SNP was selected for rs9708919.

186 Data was analyzed using an in-house smMIP-pipeline. We used samtools (v1.4.1) and bcftools (v1.9.20) 187 for genotype calling. We applied a minimum of 40 reads coverage for the SNPs, and a more stringent filtering 188 for the rare variants of 40 reads coverage on both reference and alternate allele. For validation, we compared 189 the EYE-RISK smMIPs sequencing data to genotyping data of selected samples of the EUGENDA cohort that 190 were previously analyzed on other genotyping platforms (whole exome sequencing, ⁴ KASP genotyping, exome 191 chip'). Concordance rates between the different platforms were calculated. The variants that passed these 192 quality control steps were further tested if they were in Hardy-Weinberg Equilibrium (HWE). 193 We compared SNP allele frequencies (AFs) of control individuals (>65 years of age) and late AMD cases

in the EYE-RISK dataset with AFs of control individuals and late AMD cases in the IAMDGC dataset.⁷ We

195 assessed allelic odds ratios (ORs) for all SNPs to test if the SNPs in our study showed the same direction and magnitude of effect compared to the 52 SNPs as reported in the IAMDGC study.⁷ Further details with respect to 196 197 the design of the smMIPs, the smMIPs bioinformatics pipeline and quality control steps are described in the 198 Supplemental Methods (available at http://www.aaojournal.org). 199 200 Phenotypes of ABCA4, CTNNA1 and PRPH2 rare variant carriers 201 Genetic variants identified in the ABCA4, CTNNA1, PRPH2 and TIMP3 genes were filtered for rare and 202 low-frequency protein-altering and splice-site variants. Based on literature we selected rare variants that were 203 previously described to cause inherited macular dystrophies (Human Gene Mutation Database 204 (http://www.hgmd.cf.ac.uk/ac/index.php), and an in-house database of the department of Human Genetics, Nijmegen, The Netherlands).^{21, 28, 31-37} For the ABCA4 gene we filtered for carriers of \geq 2 ABCA4 variants of class 205 206 3 or higher, based on the American College of Medical Genetics and Genomics (ACMG) classification. Retinal images of these carriers were evaluated by a retinal specialist (CCWK) to identify patients with potential 207 208 misdiagnoses of inherited macular dystrophies.

209

210 Statistical analysis

211 We used chi-square tests to compare AFs between control individuals and late AMD cases. AFs with pvalues below 7.2⁻⁴ (0.05/69) were considered to differ significantly between the datasets. Binary logistic 212 213 regression analysis based on AF was used to asses allelic ORs for the SNPs. Weighted genetic risk scores (GRS) were calculated based on the 52 independently associated variants from the IAMDGC GWAS.⁷ For each 214 individual we generated a GRS according to the formula: $GRS = \sum_{i=1}^{52} (G_i \beta_i)$. G_1 represents the genotype of 215 216 variant i, where genotypes were coded as 0, 1 or 2 based on the number of minor alleles (0 = carrier of 0 minor 217 alleles, 1 = carrier of one minor allele, 2 = carrier of two minor alleles). β_1 represents the effect size of variant *i* 218 (natural logarithm of the fully conditioned odds ratio [OR] of the minor allele of variant i), based on the GWAS of the IAMDGC.^{7, 38} The GRS of an individual was considered as missing if the genotype of one of the major risk 219 220 or protecting variants (CFH rs570618, CFH rs10922109, C2/CFB/SKIV2L rs429608, ARMS2 rs3750846 or C3 221 rs2230199) was not available. If the genotype of one of the other variants was missing we considered this 222 variant in this individual as missing. Differences in GRS between individuals without AMD, early/intermediate 223 AMD and late AMD were analyzed by a univariate general linear model (SPSS version 22.0 [IBM Corp., Armonk,

224	NY]). We compared the GRS distribution in individuals without AMD, early/intermediate AMD and late AMD in
225	our current study to the GRS distribution in the study of Colijn et al, which included both population-based
226	studies and clinic-based studies, and used the same method for GRS calculation (Colijn et al., submitted).
227	For the rare variant analysis we first performed a single variant association test with
228	RAREMETALWORKER (version 4.13.8) [https://genome.sph.umich.edu/wiki/RAREMETALWORKER] to test if any
229	of the single variants were associated with late AMD. We adjusted for age, gender and institute within this
230	analysis. Variants with a P-value < 1.89 ⁻⁵ (0.05/2642) were considered statistically significant (Bonferroni
231	correction). The number of 2642 was based on the number of tested variants, which included all genetic
232	variants with a minor allele frequency (MAF) < 0.05.
233	Subsequently, we performed logistic regression analyses to assess the cumulative effect of rare
234	variants with AMD. ANNOVAR was used to annotate the variants. ³⁹ Rare (MAF < 0.01) protein-altering and
235	splice-site variants were stratified into the following categories: (1) CADD < 20 and (2) CADD \ge 20 or loss-of-
236	function, according to the Combined Annotation Dependent Depletion (CADD) score, which is an algorithm
237	predicting the functional effect of genetic variants. Loss-of-function variants were defined as nonsense, splice-
238	site and frameshift variants, and missense variants with a described functional effect based on functional
239	studies (Table S4, available at http://www.aaojournal.org). Another way of categorizing rare variants is according
240	to the Polyphen2 prediction score, where we used the following categories: (1) benign, (2) possibly damaging,
241	(3) probably damaging and (4) loss-of-function. We used binary logistic regression analysis to assess association
242	of the different categories of variants with late AMD. P-values < 0.05 were considered statistically significant.
243	Noncarriers were used as the reference category. In case of same event status we applied Firth correction
244	(Statistical Analysis System Institute, V9.4).

245

246 Results

247 Performance of the genotype assay

Out of the 87 SNPs, 69 SNPs were genotyped successfully, while 11 SNPs were excluded due to low coverage (Figure S1 and Table S5, available at <u>http://www.aaojournal.org</u>), five SNPs were removed due to deviation of HWE, and two SNPs were removed due to low genotype concordance with other genotyping platforms (Table S6, available at <u>http://www.aaojournal.org</u>). The concordance rates between SNPs genotyped

252	with the EYERISK smMIPs sequencing platform compared to the whole exome sequencing, KASP genotyping
253	and exome chip datasets were 96.77%, 97.28% and 96.96%, respectively (Table S7, available at
254	http://www.aaojournal.org). To ensure a complete dataset of the 52 AMD-associated variants we genotyped ten
255	SNPs by KASP genotype assays. Genotyping and validation of the assays was carried out by LGC Genomics
256	(Table S8, available at http://www.aaojournal.org).
257	Ten genes (ABCA4, C3, C9, CD46, CFH, CFI, CTNNA1, PRPH2 and TIMP3) were well covered, as at least
258	95% of the base pairs in these genes were covered at least 40x. For three genes (ARMS2, HTRA1, SCL16A8) a
259	lower percentage (between 70.6-83.6 %) of the base pairs were covered at least 40x. The lower coverage in
260	these genes was mainly attributed to specific exonic regions in these genes (Tables S9 and S10, available at
261	http://www.aaojournal.org). The concordance rates of rare variants identified in the EYERISK smMIPs dataset
262	compared to the whole exome sequencing dataset was >99% (Table S7, available at http://www.aaojournal.org).
263	We observed similar AFs for 61 of the 69 SNPs in control individuals as in the previous IAMDGC GWAS
264	study. For late AMD cases we observed similar AFs for 66 of 69 SNPs (Table S11, available at
265	http://www.aaojournal.org). Regarding differences in cases, we observed a lower AF in late AMD cases of the
266	EYE-RISK study for MIR rs4351242, C3 (NRTN/FUT6) rs17855739 and MMP9 rs142450006 compared to late
267	AMD cases of the IAMDGC study. Differences in AF in control individuals were observed for COL4A3
268	rs11884770, CFI rs10033900, C2/CFB/SKIV2L rs204993, ARHGAP21 rs12357257, RAD51B rs8017304, CNN2
269	rs10422209, C3 (NRTN/FUT6) rs17855739 and MMP9 rs142450006. Next, we evaluated the different cohorts in
270	more detail to determine whether the differences were caused by a specific cohort (Table S12, available at
271	http://www.aaojournal.org). The differences in AF in cases were not assigned to a specific cohort. However, for
272	six out of eight SNPs the difference in AF in control individuals was attributed to a different AF distribution in
273	the CES cohort.
274	Association analysis of 69 SNPs with late AMD in the EYERISK smMIPs genotyping dataset identified 40
275	SNPs that were associated with late AMD ($p < 0.05$). For 29 SNPs we observed no association. After correction
276	for multiple comparisons, 19 of 40 SNPs showed a significant association with late AMD ($p < 7.2^{-4}$) (Table S13,

available at <u>http://www.aaojournal.org</u>). The effects of the significantly associated SNPs were all in the same

278 direction compared to the IAMDGC study.

279

280 Genetic risk scores

281 The GRS for AMD was calculated for 786 individuals without AMD > 65 years of age, 1,056 282 early/intermediate AMD patients, and 1,714 late AMD patients, based on 52 AMD-associated SNPs. Figure 1 283 shows the distribution of the GRS in this study. We observed a higher GRS in patients with late AMD (mean 284 1.71, SD 1.29) compared to patients with early/intermediate AMD (mean 0.86, SD 1.27, p < 0.001) and 285 individuals without AMD (mean 0.30, SD 1.06, p < 0.001). We compared the GRS distribution in 286 early/intermediate cases, late AMD cases and control individuals in our current study to the GRS distribution in 287 the study of Colijn et al, and observed a similar distribution of the GRS among the different groups (Colijn et al., 288 submitted).

289 In Figure 2 we demonstrated how the GRS can be used to report the AMD risk to individuals, using a 290 small family as an example. For this purpose we combined the data of the case-control studies with the data of 291 population based studies, as presented in the study of Colijn et al. (Colijn et al., submitted). The proband (age 292 65) was affected by late stage AMD and presented with a GRS of 3.86. Sixty-four percent of the individuals in 293 GRS category 3-4 were affected by late stage AMD. Her one year younger brother presented with a GRS of 294 3.12, and consequently belonged to the same GRS category. Both individuals were reported to belong to a high 295 genetic risk category, whereas the 42-year-old daughter of the proband presented with a GRS of 1.02. Thirty-296 one percent of the individuals within GRS category 1-2 were affected by late stage AMD, whereas 69 percent 297 was affected by early/intermediate AMD or no AMD. This individual was reported to belong to the 298 intermediate genetic risk category.

299

300 Rare variants

In total 446 unique protein-altering and splice-site variants with a MAF < 0.01 and 11 protein-altering
 variants with a MAF between 0.01 and 0.05 were identified in 13 genes (Supplemental Dataset 2, available at
 <u>http://www.aaojournal.org</u>), based on AF data of European (non-Finnish) individuals
 (<u>http://gnomad.broadinstitute.org/</u>). In addition, one variant (*ABCA4* p.Asn1868Ile) with a MAF of 0.07 was
 present in the dataset. The majority of the variants included missense variants, representing 412 unique

306 variants. Furthermore, we identified several splice-site, nonsense, frameshift and non-frameshift variants

307 (number of unique variants: 9, 18, 16, 3, respectively).

308

309 Rare variant association tests

310	First, we performed a single-variant association test to determine associations of single variants (MAF
311	< 0.05) with late AMD. No statistically significant associations were observed ($p > 1.89^{-5}$). Next, we categorized
312	the rare (MAF < 0.01) protein-altering and splice-site variants according to their predicted functional effect and
313	performed logistic regression analyses to test the cumulative effect of rare protein-altering and splice-site
314	variants for each of the thirteen genes selected for this project. A higher number of rare loss-of-function
315	variants or variants with a CADD score \geq 20 were observed in the CFI (OR 4.45, p = 0.005), C3 (OR 6.56, p =
316	0.0003) and CFH (OR 2.88, $p = 0.006$) genes in late AMD cases compared to control individuals (Table 1).
317	In addition, we categorized rare variants according to the Polyphen2 prediction score. Besides the
318	association with late AMD for the CFI and C3 genes, we also observed a higher number of rare variants in the
319	C9 gene in late AMD cases compared to control individuals (OR 1.77, $p = 0.04$). Another interesting finding
320	included the observation of more probably damaging rare variants in late AMD cases compared to control
321	individuals in the ABCA4 gene (OR 1.78, p = 0.03) (Table S14, available at <u>http://www.aaojournal.org</u>). With
322	regard to the association of the probably damaging variants with AMD in the ABCA4 gene, we focused on the
323	individual variants included in this category. Although there were no single variants that were statistically
324	significant associated with late AMD in the single variant analysis, we observed a higher MAF in late AMD cases
325	compared to control individuals for the missense variants p.Leu1970Phe, p.Thr901Ala and p.Thr897Ile (0.25 %
326	vs 0.06 %, 0.09 % vs 0.06 % and 0.13 % vs 0.06 %, respectively) (Supplemental Dataset 2, available at
327	http://www.aaojournal.org). All three variants represented variants of unknown clinical significance (ACMG
328	classification). No significant associations were observed for rare variants in the ARMS2, CFB, CTNNA1, HTRA1,
329	PRPH2, SLC16A8 and TIMP3 genes. An overview of the results of all tested genes, including logistic regression
330	analyses for all AMD cases (early/intermediate and late AMD combined) is depicted in Table S14 (available at
331	http://www.aaojournal.org).
332	
333	Rare variants in inherited macular dystrophy genes
334	Rare variants in the PRPH2 gene
335	Sequence analysis of the PRPH2 gene revealed 20 unique rare protein-altering variants in 64 AMD

cases (64/5540 alleles [1.16 %]) and 15 control individuals (15/1572 alleles [0.95 %]) (Supplemental Dataset 2,

337 available at <u>http://www.aaojournal.org</u>). The rare pathogenic missense variant *PRPH2* p.Arg142Trp, which has

been described to cause autosomal dominant central areolar choroidal dystrophy (CACD),⁴⁰ was found in one

339 early (GRS -0.89) and one late AMD case (GRS 2.19), and in addition in two family members (both graded as 340 AMD) (GRS 0.45 and 0.95). The phenotypes of all four individuals carrying the pathogenic PRPH2 p.Arg142Trp 341 variant were suspect for CACD. Five of the identified PRPH2 variants (p.lle32Val, p.Arg142Trp, p.Gly208Asp, 342 p.Ser289Leu, p.Trp246Arg) identified in this cohort were described previously in PRPH2-associated macular dystrophies or autosomal dominant retinitis pigmentosa.^{32, 34, 40} The phenotypes of the individuals carrying 343 344 these variants were not suspect for a dystrophy, except for the PRPH2 p.Trp246Arg carrier. Figure 3 shows the 345 images of the four patients primarily diagnosed with AMD with a PRPH2 p.Arg142Trp variant. The color fundus 346 photographs (CFP) of patient A showed an increased parafoveal reflectivity, without clear drusen (A1). No 347 abnormalities were observed outside the parafoveal area. In patient B a large area of chorioretinal atrophy in 348 both eyes was visible on CFPs (B1). The right eye of patient C was characterized by central hyperpigmentation 349 on CFP (C1) and parafoveal photoreceptor loss on optical coherence tomography (OCT) (C2). The CFP of the left 350 eye showed yellow deposits in de macula (C1). CFPs of patient D showed an increased parafoveal reflectivity 351 (D1). Hyperfluorescent parafoveal changes were visible on the corresponding fluorescein angiography (FA) 352 images of this patient (D₃).

353

354 Rare variants in the ABCA4 gene

355 Sequencing of the ABCA4 gene revealed 121 unique rare protein-altering and splice-site variants in 383 356 AMD cases (383/5540 alleles [6.91 %]) and 101 control individuals (101/1572 alleles [6.42 %]) (Supplemental 357 Dataset 2, available at http://www.aaojournal.org). In addition, three deep intronic ABCA4 variants affecting 358 splicing were genotyped. Only one of these deep intronic variants (ABCA4 c.5196+1137G>A) was identified in 359 three young control individuals < 65 years of age. No second low-frequency variant in the coding or splice-site 360 regions of the ABCA4 gene was identified in these three individuals within the smMIPs dataset. We further 361 analyzed the phenotypes of 18 individuals carrying \geq 2 heterozygous ABCA4 variants that were classified as 362 class 3 or higher based on the ACMG classification, although it cannot be deduced from the current genotyping 363 data whether the variants are located on different alleles. In four patients both the genotype and the 364 phenotype suggested a (late-onset) Stargardt's disease (Figure 3E-H and Table 2). The overall GRS in these 365 patients was low to intermediate (-1.47, 0.19, 1.80, 2.39).

366

367 Rare variants in the CTNNA1 gene

368 Screening of the CTNNA1 gene revealed 20 unique rare missense variants in 51 AMD cases (51/5540 369 alleles [0.92 %]) and 12 control individuals (12/1572 alleles [0.76 %]). Rare variants that were previously 370 described to cause a butterfly-shaped pigment dystrophy (p.Leu318Ser, p.Ile431Met, p.Glu307Lys) were not identified in any of the individuals in this study.²⁸ For one variant (p.Arg54Cys) the pathogenicity remains 371 372 unclear.²⁸ We identified one individual carrying this particular variant. The overall GRS of this individual was 373 1.39. Although the phenotype of this individual did not match with a butterfly-shaped pigment dystrophy, we 374 did observe an egg-yolk lesion in one eye, which is also observed in patients with Best vitelliform macular 375 dystrophy (Figure 3I and Table 2).

376

377 Rare variants in the TIMP3 gene

378 In addition, we evaluated the rare variants identified in the TIMP3 gene. Although rare variants in this 379 gene have been associated with a higher risk for AMD previously,⁷ it is also known from literature that specific mutations in the *TIMP3* gene can cause Sorsby's fundus dystrophy (SFD).⁴¹ Caution is always required in AMD 380 381 patients presenting with a choroidal neovascularization (CNV), since phenotypic characteristics of SFD and AMD 382 can show overlap. We identified two individuals in this study carrying a rare variant in the TIMP3 gene (p.Pro77Ser). This mutation is not among one of the sixteen mutations that have been associated with SFD 383 previously.⁴¹ Both patients (age > 70 years) were graded as neovascular AMD. One of the patients presented 384 385 with a CNV in both eyes without any drusen, which phenotypically raised suspicion for SFD (Figure S2, available 386 at <u>http://www.aaojournal.org</u>). The overall GRS of this patient was 0.74.

387

388 Discussion

In the EYE-RISK consortium we developed a comprehensive genotype assay for AMD and demonstrated the added value of extensive genetic testing for AMD. When comparing the EYE-RISK smMIPs genotype assay with other genotyping platforms we observed high genotype concordance rates for both the SNPs (>96%) and the rare variants (>99%). Although several SNPs need to be redesigned, we were able to successfully genotype 69 SNPs and the coding and splice-site regions of 10 AMD-related and 3 dystrophy genes. We computed GRS for AMD patients and control individuals and observed high GRS predominantly in patients with late AMD, whereas low GRS were more commonly observed in control individuals. With regard to the role

396 of rare genetic variants, we observed a higher occurrence of rare loss-of-function variants or variants with a 397 CADD score ≥ 20 in the CFH, CFI and C3 genes in late AMD cases compared to control individuals. Furthermore, 398 we highlighted the importance of sequencing the PRPH2 and ABCA4 genes by revealing that in nine cases both 399 genotype and phenotype pointed towards an inherited macular dystrophy rather than AMD. 400 401 Population differences in allele frequencies 402 AFs of the majority of the SNPs in cases (66/69) and control individuals (61/69) included in our study 403 were comparable with AFs in cases and control individuals from the IAMDGC study.⁷ Eight SNPs in control 404 individuals showed a different distribution. It is striking that the different distribution was attributed to the CES 405 cohort for six of these eight SNPs. For example, we observed a MAF of 0.500, 0.503, 0.512 and 0.311 for CFI 406 rs10033900 within control individuals of the CORRBI, EUGENDA, MARS and CES cohort, respectively. A MAF of 407 0.477 was reported for this particular SNP within the IAMDGC study. Since the different distribution in the CES 408 cohort was limited to only these six SNPs, and the SNPs passed all the quality control steps, we consider that 409 these differences may be attributed to AF differences in the Portuguese population compared to other 410 European populations. 411 412 Genetic risk score

413 Within our data we observed a significantly higher GRS in individuals with late AMD compared to both 414 individuals with early/intermediate AMD and control individuals. Genetic risk profiling allowed identifying 415 individuals who carried an intermediate and high genetic risk for AMD. Despite the substantial differences in 416 GRS between control individuals, early/intermediate AMD cases and late AMD cases, there is still an overlap 417 between the groups, and therefore one cannot completely distinguish the three groups based on GRS only. 418 Furthermore, we reported genetic risk based on prevalence data of a large group of cases and control 419 individuals. Unfortunately, follow-up data was not available, and therefore could not be used for risk prediction 420 in this study.

421

422 Rare variants in complement genes

423 Results of our study showed a higher occurrence of rare loss-of-function variants and variants with a
 424 CADD score ≥ 20 in cases compared to control individuals for the majority of the complement genes tested

425 within this study. Our study underlined the important role of the complement system, but its crucial role was 426 also demonstrated in the study of Colijn et al; results showed that the complement system was the main 427 driving pathway in AMD (Colijn et al., submitted). It is important to note that the rare variants in our study are 428 categorized according to both the CADD score and the Polyphen2 prediction score. Ideally, rare variants should 429 be categorized based on functional effect using functional studies. To date, the functional effect of several rare variants has been studied,^{8, 11, 14, 15, 42-50} but for the majority of rare variants the functional effect is currently still 430 431 unknown. A more comprehensive analysis of the functional effect of rare variants in the complement genes is 432 needed to determine the clinical relevance of these variants in individual patients. 433 In the framework of upcoming complement inhibiting therapies and gene therapies targeting the 434 complement system, sequencing of the complement genes and functional analysis of rare variants becomes 435 more important. Clinical trials investigating the safety and effectivity of GT005, a recombinant adeno-436 associated virus (rAAV) targeting complement factor I (https://www.clinicaltrialsregister.eu/ctr-437 search/trial/2019-003421-22/GB) and GEM103, a recombinant factor H protein 438 (https://clinicaltrials.gov/ct2/show/study/NCT04246866) are ongoing. If trials show conclusively that such 439 treatments are effective, carriers of rare variants in the CFI, CFH or other genes could be eligible for precise and 440 individualized therapies. 441 In the GWAS of the IAMDGC study the authors identified a burden of rare variants for the CFH, CFI, 442 SLC16A8 and TIMP3 genes.⁷ In our study we did not observe a higher occurrence of rare variants in the 443 SLC16A8 and TIMP3 genes. This could potentially be attributed to the smaller sample size compared to the 444 GWAS of the IAMDGC study. Furthermore, two exons of the SCL16A8 gene showed a lower coverage on our 445 genotype platform, therefore, we potentially could have missed rare variants in these regions. 446 447 Rare variants in genes associated with inherited macular dystrophies 448 The ABCA4, CTNNA1 and PRPH2 genes were included in this study to identify potential misdiagnoses. 449 Genotype and phenotype data of our study revealed nine potential misdiagnoses of inherited macular

- 450 dystrophies. All nine individuals were primarily diagnosed with AMD (both early and late stages). However,
- 451 after critical evaluation of the retinal images of these individuals, four individuals were most likely affected by
- 452 CACD, four individuals by (late-onset) Stargardt and one individual presented with a phenotype similar to Best
- 453 vitelliform macular dystrophy. It is also worth noting that none of these nine individuals presented with a very

454 high GRS (range -1.47 - 2.39) based on the 52 AMD-associated variants. Although the number of potential 455 misdiagnoses is limited, it is important to note that not all images of patients carrying variants in the PRPH2, 456 ABCA4 and CTNNA1 genes were re-evaluated. We focused on variants previously described in patients with 457 inherited macular dystrophies, and subsequently evaluated the retinal images of those patients. In our dataset 458 we also identified 86 variants in the PRPH2, ABCA4 and CTNNA1 genes that were not reported previously in 459 individuals with inherited macular dystrophies, and therefore represent variants of unknown clinical 460 significance. Fifty-three out of the 86 variants included variants with a CADD score \geq 20, which could potentially 461 be damaging variants.

462 An interesting finding in this study is the observation of a higher proportion of rare variants predicted 463 to be probably damaging in late AMD cases compared to control individuals in the ABCA4 gene (69 [4.03 %] vs 464 18 [2.29 %], OR 1.78 [1.05 - 3.02], p = 0.03). A potential link between AMD and Stargardt's disease has been 465 proposed previously.^{51, 52} However, some other studies did not support this proposed link between AMD and the ABCA4 gene.^{53, 54} This observation was only found when categorizing the rare variants according to the 466 467 Polyphen2 prediction score, and since the other categories (loss-of-function and possibly damaging variants) 468 did not show the same effect, there is not enough evidence in our data that supports this potential link. 469 Sequence analysis in larger AMD cohorts is required to further investigate the potential link between the 470 ABCA4 gene and AMD.

471 Screening of specific inherited macular dystrophy genes that can mimic AMD is important for genetic 472 counseling of patients and their family members, but is also important for future clinical trials. Due to the 473 different underlying disease mechanisms it is not desired to include, unintentionally, inherited macular 474 dystrophies into clinical trials for AMD. Therefore, one might consider screening for specific genes (ABCA4) or 475 specific genetic variants (e.g. PRPH2 p.Arg142Trp) before inclusion of patients in clinical trials. As demonstrated 476 in this study, phenotypic characteristics of CACD and AMD show significant overlap and can easily be confused, not only in the late stages, but also in early stages of the disease.²² Furthermore, in four individuals presenting 477 478 with a large area of atrophy and in some cases with yellow deposits in the macula, two or more ABCA4 variants 479 of class 3 or higher were identified, which in conclusion match with the diagnosis of (late-onset) Stargardt's 480 disease. Results of this study demonstrate that in some cases genetic testing combined with detailed image 481 analysis is needed to avoid misdiagnoses.

482

483 Translation to the clinic

484 Currently, routine genetic testing for AMD is a contentious area and not yet recommended by 485 professional organizations, such as the American Academy of Ophthalmology.^{55, 56} Major concerns include the 486 lack of knowledge regarding the complex etiology of AMD and how that affects the subsequent advice to the 487 patient and family members. The lack of treatment options was also an argument against routine genetic 488 testing for AMD, as were incidental findings and cost-effectiveness. The field of AMD is evolving rapidly, and we 489 believe that the opinion about genetic testing needs to be re-considered.

490 Individuals with an early onset of AMD (< 55 years of age) and individuals in families with a high 491 frequency of AMD are likely to carry a high genetic risk. Previous reports have shown that highly penetrant rare 492 variants in complement genes confer a high risk for AMD, can cluster in AMD families, and can be present in individuals with early onset macular drusen.^{8, 11, 14, 16, 57-60} Sequencing of the complement genes (CFH, CFI, CFB, 493 494 C3 and C9) can identify rare variant carriers, who may be eligible for specific treatment trials, e.g. the GT005 495 and GEM103 trials mentioned above, in which patient inclusion is based on genotype. Genetic testing for 496 inherited eye disorders has been recommended with the argument that patients can enter gene-specific clinical trials,⁵⁵ which is now also the case for AMD patients carrying specific genotypes. Irrespective of this 497 498 argument, identification of rare variant carriers and calculation of a GRS is also relevant in terms of family 499 counseling (e.g. patients with early-onset AMD, families with a high frequency of AMD).

500 When one or more rare variants are identified in a patient we believe it is important to take into 501 account the functional effect of the rare variant. For some variants the functional effect has been tested 502 previously and it has been reported that some rare variants confer high risk of AMD, whereas other rare variants do not influence the protein or are even protective for AMD.¹⁹ For the majority of the rare variants the 503 504 functional effect is currently unknown. When rare variants in the CFH or CFI genes are identified we would 505 recommend to perform an ELISA assay to determine FH levels or FI levels, respectively. Not all rare variants 506 cause lower protein levels. Some rare variants present with normal protein levels, whereas the functionality has been reduced.⁴⁴ In these cases functional assays such as a C3b degradation assay can be performed (Figure 507 508 4). Patients carrying rare variants with either decreased protein levels or a reduced functionality are eligible for 509 clinical trials.

510 The importance of a healthy lifestyle, cessation of smoking and the usage of antioxidant supplements 511 has already been demonstrated,^{61,62} and should be advised to all AMD patients, irrespective of their genetic

profile. Whether patients with a high genetic risk benefit more from such lifestyle modifications needs to be
further investigated. The study of Colijn *et al* provided interesting findings. The authors observed that an
unhealthy lifestyle resulted in a two-fold increase in AMD risk. In individuals at high genetic risk the OR for late
AMD even increased from 15 in patients with a favorable lifestyle to 30 in patients with an unfavorable lifestyle
(*Colijn et al., submitted*).

The demand for genetic testing is growing,⁶³ however the currently commercially available genetic 517 tests for AMD include only a small number of variants and are limited in their predictive ability. The reported 518 519 predictive ability ranges from 1.4 % to 16.1 % for life-time risk assessment.¹⁷ In this study we developed a 520 comprehensive genetic test for AMD including all 52 AMD-associated variants. In terms of genetic risk profiling 521 we would recommend to compute an overall GRS based on the 52 AMD associated SNPs and in addition 522 sequence the coding and splice-site regions of the complement genes (CFH, CFI, C3 and C9) to identify rare 523 genetic variants that might contribute to AMD risk, since in some (familial) cases there is already a high 524 suspicion that rare variants are involved. Furthermore, one may consider to include the PRPH2 p.Arg142Trp 525 variant in the genetic test and sequence the coding and splice-site regions of the ABCA4 gene. Despite critical 526 evaluation of the patients' phenotype, geographic atrophy in AMD can mimic geographic atrophy in inherited 527 macular dystrophies, which at times leads to misdiagnoses, and therefore genetic testing can be valuable in 528 some cases (Figure 4). Considering the complexity of AMD it is essential to obtain an accurate genetic testing 529 report, and therefore we would recommend to perform genetic testing in a Clinical Laboratories Improvement 530 Amendments (CLIA) – or ISO15189-approved laboratory. In addition, education for ophthalmologists needs to 531 be upgraded regarding AMD genetics and the interpretation and clinical follow-up of genetic test reports for AMD.64 532

533

534 Study limitations

535 Since the EYE-RISK consortium is a European initiative, only European cohorts were included in this 536 study. Therefore, the genetic test developed within this study would be less accurate when applying in 537 individuals of non-European descent. Another limitation is the relatively small number of control individuals 538 compared to the cases that were included in this study. Although ideally the number of control individuals 539 should be higher, we decided to exclude individuals without AMD < 65 years of age, since there is a reasonable 540 chance that those individuals could still develop AMD. To maintain a substantial control group we set the

- threshold at 65 years of age. Last, the design of some smMIPs failed and the coverage of some regions was low,
 therefore, the smMIPs assay will need to be optimized prior to implementation of the genetic test into the
 clinic.
- 544

545 Conclusion

- 546 In conclusion, within the EYE-RISK project we developed a comprehensive genotype assay, which
- 547 enables genotyping of all currently known AMD-associated SNPs and the coding and splice-site regions of
- 548 AMD(-related) genes and genes that can mimic AMD. Genotyping of AMD-associated SNPs can identify
- 549 individuals carrying an intermediate to high risk of AMD. Our study suggests that the CFH, CFI, C3 and C9 genes
- should also be sequenced as rare loss-of-function variants and variants with a CADD score \geq 20 in these genes
- 551 can confer a high risk for AMD, and carriers of these variants could be amendable for new (targeted)
- treatments that are currently being developed for AMD. Furthermore, this study emphasizes that sequencing
- 553 inherited macular dystrophy genes confers the potential benefit of avoiding serious misdiagnoses.

Journal

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731

732 Legends

- 733 **Figure 1 Genetic risk score.** Figure detailing the distribution of the GRS in case-control studies. GRS = genetic
- risk score. (A) Stratification of the GRS in the different GRS categories. (B) Distribution of the GRS in individuals
- 735 without AMD, early/intermediate AMD and late AMD.
- 736
- 737 **Figure 2 Genetic risk report.** Figure detailing the distribution of the GRS in case-control and population studies
- 738 combined, including a demonstration of a genetic risk score report based on an example of a small family. GRS
- r = genetic risk score. (A) Stratification of the GRS into the different GRS categories. (B) GRS distribution among
- 740 early/intermediate AMD cases, late AMD cases and control individuals based on case-control studies and
- population studies. (C) I 65-year-old female affected by late stage AMD, conferring a high GRS of 3.86. II 64
- year-old male without signs of AMD, but conferring a high GRS (3.12) as well, III 42-year-old female without
- signs of AMD, conferring an intermediate GRS (1.02).
- 744
- 745 Figure 3 Phenotypic characteristics of ABCA4, CTNNA1 and PRPH2 variant carriers. Figure detailing the
- 746 phenotypic characteristics of individuals carrying one or more rare and low-frequency variants in the ABCA4,
- 747 CTNNA1 and PRPH2 genes. A-D: retinal images of individuals carrying the PRPH2 p.Arg142Trp variant
- heterozygous, E-H: retinal images of individuals carrying ≥ two ABCA4 variants, I: retinal images of an individual
- 749 carrying the *CTNNA1* p.Arg54Cys variant heterozygous.
- 750
- Figure 4 Flow chart genetic testing. Figure detailing the proposed flow chart for specific subgroups that might
 benefit from genetic testing for AMD.
- 753

Table 1. Association of rare variants with AMD

Rare variant carriers categorized by CADD score	Controls, n (%) (n=786)	Cases (late AMD), n (%) (n=1714)	OR [95% CI]	P-value
СЗ				
Noncarrier	761 (96.82)	1623 (96.82)	1 [reference]	
Carrier - CADD < 20	21 (2.67)	35 (2.04)	0.781 [0.452 - 1.352]	0.378
Carrier - CADD \geq 20 or loss of function	4 (0.51)	56 (3.27)	6.564 [2.372 - 18.167]	0.0003
CFH				
Noncarrier	749 (95.29)	1625 (94.81)	1 [reference]	
Carrier - CADD < 20	22 (2.80)	37 (2.16)	0.775 [0.454 - 1.323]	0.351
Carrier - CADD \geq 20 or loss of function	8 (1.02)	50 (2.92)	2.880 [1.359 - 6.106]	0.006
CFI				
Noncarrier	773 (98.35)	1647 (96.09)	1 [reference]	
Carrier - CADD < 20	9 (1.15)	23 (1.34)	1.199 [0.552 - 2.604]	0.646
Carrier - CADD \geq 20 or loss of function	4 (0.51)	38 (2.22)	4.450 [1.584 - 12.503]	0.005

Table detailing the association of rare variants with late AMD. Logistic regression analysis was performed to assess association of the different rare variant categories with late AMD. Reference category: noncarriers. CADD = combined annotation dependent depletion.

	Variant	MAF gnomAD NFE, %	MAF cases, % n=2770	MAF controls, % n=786	Variant classification (ACMG ⁴¹)	Gender	Age	Phenotypic characteristics on retinal imaging	
А						F	72	Parafoveal hypopigmentation	
В						М	76	Extensive central GA and PPA	
С	PRPH2 p.Arg142Trp	0.002	0.04	0.00	Class 5	Μ	74	RE central hyperpigmentation with atrophy, LE central hypopigmentation	
D						м	86	Central hypopigmentation on CFP, hyperautofluorescence on FAF and hyperfluorescent signal on FA	
	ABCA4 p.Ser2255lle	3.96	3.36	4.20	Class 1		67	Extensive central GA with some small yellow deposits at the border of the GA	
Е	ABCA4 p.Asn1868lle	6.65	6.62	5.03	Class 3	М			
	ABCA4 p.Cys1488Arg	0.002	0.02	0.00	Class 5				
	ABCA4 p.Ala1038Val	0.23	0.32	0.45	Class 4	г	60	Control CA and flacks	
Г	ABCA4 p.Phe608lle	0.003	0.02	0.00	Class 4	F	69	Central GA and necks	
	ABCA4 p.Asn1868lle	6.65	6.62	5.03	Class 3				
G	ABCA4 p.Thr901Ala	0.31	0.20	0.06	Class 3	F	F	79	Large central GA in a buil's-eye configuration
	ABCA4 p.Arg212His	3.60	2.38	2.10	Class 1				
	ABCA4 p.Ser2235*	N/A	0.00	0.06	Class 5	M 8	M 80	RE central GA surrounded by	
Н	ABCA4 p.Asn1868lle	3.60	2.38	2.10	Class 3			M 80	yellow deposits, LE paracentral GA with foveal sparing
I	CTNNA1 p.Arg54Cys	0.00	0.02	0.00	N/A	F	83	Yellow, egg yolk-like lesion inferior in the macula of the RE, with a pseudohypopyon appearance. LE no abnormalities	

Table 2. Rare and low-frequency variants in inherited macular dystrophy genes

Table detailing the rare and low-frequency variants in the *ABCA4, CTNNA1* and *PRPH2* genes that were identified in an AMD cohort. MAF = minor allele frequency, NFE = Non-Finnish European, ACMG = American College of Medical Genetics, N/A = not available, GA = geographic atrophy, RE = right eye, LE = left eye, PPA = peripapillary atrophy, FAF = fundus autofluorescence, FA = fluorescein angiography, CFP = color fundus photograph, ⁴¹ Richards et al, 2015.



Genetic risk score







Rare CFH/CFI variant identified → a) ELISA (FH/FI levels)
 b) C3b degradation assay
 (if normal FH/FI levels)

1 Précis

- 2 This study reports a genetic test for age-related macular degeneration, which can identify individuals at high
- 3 risk for late age-related macular degeneration, carriers of rare high-risk variants, and potential misdiagnoses
- 4 with inherited macular dystrophies.

Journal Proproof