

# Sample preparation free mass spectrometry using laser-assisted rapid evaporative lonization mass spectrometry: applications to microbiology, metabolic biofluid phenotyping, and food authenticity

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24

# 25 Abstract

26

Mass spectrometryhas established itself as a powerful tool in the chemical, biological, medical, 27 28 environmental, and agricultural fields. However, experimental approaches and potential application 29 areas have been limited by a traditional reliance on sample preparation, extraction, and 30 chromatographic separation. Ambient ionisation mass spectrometry methods have addressed this challenge but are still somewhat restricted in requirements for sample manipulation to make it 31 suitable for analysis. These limitations are particularly restrictive in view of the move towards high-32 33 throughput and automated analytical workflows. To address this, we present what we consider to be the first automated sample-preparation-free mass spectrometry platform utilising a carbon dioxide 34 35 (CO<sub>2</sub>) laser for sample thermal desorption linked to the rapid evaporative ionisation mass spectrometry (LA-REIMS) methodology. We show that the pulsatile operation of the  $\ensuremath{\text{CO}_2}$  laser is the 36 37 primary factor in achieving high signal-to-noise ratios. We further show that the LA-REIMS automated 38 platform is suited to the analysis of three diverse biological materials within different application areas. Firstly, clinical microbiology isolates were classified to species level with an accuracy of 97.2%, 39 being the highest reported in current literature. Secondly, faecal samples from a type 2 diabetes 40 mellitus cohort were analysed with LA-REIMS, which allowed tentative identification of biomarkers 41 42 which are potentially associated with disease pathogenesis and a disease classification accuracy of 43 94%. Finally, we showed the ability of the LA-REIMS system to detect instances of adulteration of 44 cooking oil and determine the geographical area of production of three protected olive oil products with 100% classification accuracy. 45

46

47 Keywords: Mass spectrometry; ambient ionisation mass spectrometry; automation; microbiology;
48 food authenticity; metabolic phenotyping;

[2]

# 49 Introduction

50

Mass spectrometry (MS) has a broad range of applications in, but not limited to, the biological 51 chemistry,<sup>1</sup> medical,<sup>2</sup> environmental,<sup>3</sup> and agricultural fields.<sup>4</sup> As a result of instrument sensitivity and 52 53 selectivity, they have become a powerful research tool for the chemical characterisation of biological 54 samples.<sup>5</sup> However, most commonly used approaches require substantial analytical run times due to a requirement for complex sample preparation and extraction and typical combination with 55 chromatographic separations.<sup>6</sup> This has arguably limited the wider adoption of mass spectrometry 56 57 tools and techniques outside of research settings as the required user skill and time is prohibitive and does not integrate well with existing workflows; particularly those which are automated.<sup>7</sup> Although 58 59 methods such as flow-injection,<sup>8</sup> matrix assisted laser desorption ionisation (MALDI) MS,<sup>9</sup> and liquid extraction surface analysis<sup>10</sup> have removed chromatographic separation to increase analytical 60 61 throughput, these methods still require sample preparation and extraction prior to MS analysis. In 62 addition to increasing the analytical run times, extraction and preparation processes may increase chemical alterations in a sample and deviates it from its in situ profile.<sup>11</sup> This may be important for 63 studies involving disease biomarker discovery, food composition, and particularly applications with a 64 microbial component. 65

66

67 In the last decade, the field of ambient ionisation MS has seen rapid expansion; driven by the ability 68 to conduct analysis of a sample with little to no preparative steps and under normal atmosphere conditions.<sup>12</sup> However, methods such as desorption electrospray ionisation MS (DESI-MS),<sup>13</sup> direct 69 70 analysis in real-time MS (DART-MS),<sup>14</sup> and paper-spray MS<sup>15</sup> typically require some manipulation of 71 the sample to allow it to fit the instrumental set-up, driven by the limited distance available between 72 sample and MS inlet. Rapid evaporative ionisation MS (REIMS) addressed this issue by allowing sample 73 ionisation to take place up to 5 m away from the MS inlet and transporting ions in gas-phase through a tubing under the instrument's native vacuum.<sup>16</sup> This substantially increased versatility of the 74

experimental set-up and more easily fits the requirements of automated workflows.<sup>17</sup> REIMS works 75 76 through the rapid heating of a sample to generate gas-phase ions. Initially, this was conducted through 77 electrical diathermy with heating resulting from the sample's non-zero impedance of the 78 radiofrequency electrical current. However, the use of an electrical current necessitates contact 79 between the conductive probe and the sample, and for the sample to be electrically conductive.<sup>18</sup> This 80 reduces analytical throughput as conductive probes require changing or cleaning in between samples 81 and limits the analytical range as many sample types do not possess appropriate conductive 82 properties.

83

Laser have seen use in MS for over 50 years, <sup>19, 20</sup> with direct sample analysis reported over 40 years 84 85 ago, including the use of pulsed CO2 lasers with similar operating parameters, albeit restricted by the limited electronic controllers available at this time, to the CO2 laser system utilised in this study.<sup>21</sup> 86 Lasers continue to see widespread use in MALDI-MS instruments today. Indeed, lasers paired with a 87 secondary ionisation source, typically electrospray ionisation (ESI)<sup>12</sup> have seen use in ambient 88 ionisation MS techniques such as laser ablation electrospray ionisation (LAESI) and matrix assisted 89 90 laser desorption ESI (MALDESI). Nevertheless, these techniques maintained a requirement for sample 91 preparation with analysis conducted within close proximity to the mass spectrometer. To counter this, 92 optical fibres have previously been used to deliver the laser beam in order to increase distance between sample and mass spectrometer and maximise analytical flexibility.<sup>22-25</sup> The field of ambient 93 94 ionisation MS has made substantial advances in the use of lasers to maximise analytical flexibility, but 95 techniques have remained relatively low throughput. Here, we report on the first sample-preparationfree MS platform, utilising laser assisted REIMS (LA-REIMS) that allows high-throughput and 96 97 automated mass spectrometry analysis of diverse sample types; all using the same analytical set-up in an ambient environment. Although various lasers, including ultraviolet and infrared, have been used 98 99 with REIMS since 2010, applications have mainly remained limited to human and animal tissues, and biological fluids with high water content, and further, require the manual handling of samples.<sup>25-27</sup> 100

101 These limitations are associated either with the wavelength of the chosen lasers, such as the 210 to approximately 3000 nm range of the optical parametric oscillator (OPO) laser,<sup>25</sup> or a requirement for 102 a fixed mirror focussing system that limits automation options.<sup>28</sup> Here, we have chosen a carbon 103 dioxide laser operating at a 10.6  $\mu M$  wavelength with a fibre optic beam delivery, and options for 104 105 pulsed delivery of laser energy. This choice offers a flexible experimental approach which broadens the analytical sample range of the set-up. We have previously used this system in proof-of-concept 106 studies in synthetic biology screeing<sup>29</sup> and cervical cancer screening<sup>30</sup> but here we show detailed 107 108 construction and optimisation of the system for the first time and its wide analytical range. To this end, we show that the system provides highly-accurate species-level identification of clinically 109 110 important bacteria and yeast species, metabolic profiling of human faecal samples to define biomarker 111 signatures for type 2 diabetes mellitus, and detection of adulteration of cooking oils and the 112 determination of geographical origin of protected olive oil types.

# 113 Experimental Section

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# 115 Construction and Operation of Automated High-Throughput LA-REIMS Platform

116 To enable sample preparation-free mass spectrometry, we combined a 10.6  $\mu M$  carbon dioxide laser 117 (FELS-25A, OmniGuide, USA) with a modified liquid handling robot (Freedom Evo 75, TECAN, 118 Switzerland), for which we previously reported on the adaptation of this robot for high-throughput 119 electrical diathermy REIMS.<sup>17, 31</sup> A schematic of the automated high-throughput LA-REIMS system is shown in Figure 1a, with pictures of the implementation of the system given in Figure 1b, and of the 120 121 analysis of an agar culture plate in Figure 1c. Further details on system construction, operation, and optimisation, acquisition of mass spectral data, instrument maintenance, data and statistical analysis, 122 123 and tentative identification of important features from classification models are given in the 124 supporting information accompanying this article. This includes reference to the bacterial isolates 125 used in optimisation (Supplementary Table S1), and the combination of different operating 126 parameters utilised (Supplementary Table S2).

127

# 128 Direct-from-Culture Speciation of Clinically Relevant Microorganisms

129 Clinical isolates were collected from routine diagnostic specimens at the Imperial College NHS 130 Healthcare Trust Medical Microbiology Department at Charing Cross Hospital (London, UK). Isolates 131 were identified using MALDI-ToF mass spectrometry as previously described.<sup>17</sup> Classification models 132 were built on the randomised analysis of 15 isolates, collected from distinct clinical patient samples, 133 from 25 clinically important microbial species and cultured as described in Supplementary Table S3. From each isolate culture plate, three different colonies were analysed. Random forest was used for 134 135 the construction of taxonomic reference models and validated using leave-one-isolate-out crossvalidation. In line with previous work, only negative ion detection mode acquisition was used for the 136 137 construction of classification models.

138

139	Direct-from-Sample Metabolic Fingerprinting of Diabetes Mellitus Type 2 (DMT2) Faeces
140	Through Ghent University and Ghent University Hospital (Ghent, Belgium), faecal samples were
141	collected from patients diagnosed with DMT2 and healthy controls, being classified according to the
142	HbA1c level (60 mmol/mol as threshold). The main exclusion criteria were the presence of chronic
143	disorders (with exception of the typical co-morbidities of type 2 diabetes), acarbose or glucagon-like-
144	peptide 1 therapy, and recent antibiotic treatment. Ethical approval for the collection of material was
145	obtained from the UZ Ghent Ethical Committee (EC 2016/0673). Patient information is given in
146	Supplementary Table S4. It was verified that age, gender, and BMI were no dominant confounding
147	factors in previous work. <sup>28</sup> Faecal samples were freeze-dried and milled for long-term storage at -80°C.
148	Samples were transported to Imperial College London (London, UK) and reconstituted with HPLC
149	grade water in a 1:1 faecal powder to water (w/v) ratio into a 24 well tissue culture plate (Greiner Bio-
150	One, Austria), in a randomised order. For laser heating power optimisation, 100 mg was removed from
151	each sample and combined into one homogenate for subsequent use on separate plates. Different
152	combinations of laser power (1 W to 5 W in 0.5 W increments) and distance (1mm to 5 mm in 1mm
153	increments) were used to establish optimal analysis parameters in negative ion detection mode.

154

# 155 Determination of Olive Oil Authenticity and Geographical Origin

156 Commercially available cooking oils and extra virgin olive oils of geographically protected origins were 157 purchased from local retailers. For each oil sample, 10  $\mu$ L droplets were placed onto a microscope 158 glass slide and analysed using optimised CO<sub>2</sub> laser operating parameters. Oils were analysed in a 159 randomised order with eight replicates of each oil used in the construction of statistical models.

160

# 161 Safety considerations

In this work, all microorganisms and samples were treated as potential Hazard Group 2 material. All
 REIMS analyses were executed within a class 2 biological safety cabinet modified to contain the CO<sub>2</sub>
 laser, classified as a Class IVb hazard, which prevented any escape of uncontained laser beam. All

165 solvents, such as 2-propanol and methanol, were handled according to the material safety data sheet

166 provided by their respective manufacturer.

# 167 Results and Discussion

168

After being initially developed as a tool for the real-time determination of cancer margins, utilising the 169 chemical contents of electro-surgical smoke, 16, 26 REIMS has seen wider applications in the areas of 170 clinical microbiology diagnostics,<sup>17, 31-33</sup> cell line analysis,<sup>34-36</sup> and food quality,<sup>37-39</sup> authenticity,<sup>40</sup> and 171 adulteration.<sup>41</sup> These applications, however, have relied on the use of electrical diathermy. This has 172 173 three drawbacks including limited analytical range, as a sample has to be electrically conductive, 174 sample throughput, as the heating surface has to be cleaned or replaced to prevent carry-over, and 175 potential analytical variability as each measurement is conducted by an individual, in a non-automated 176 fashion. Here we report on the successful integration of a high-throughput automated robotic 177 platform with a focussed CO<sub>2</sub> laser, Figure 1, that overcomes these three limitations of current REIMS 178 heating methods, allowing sample analysis in less than ten seconds, and thus increasing the analytical throughput by three to five times that of electrical diathermy REIMS. 179

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(a) A CO<sub>2</sub> laser passes through a flexible hollow core fibre guide system from an OmniGuide FELS-25A and focussed in an modified Aesculight lens cell using two lenses into a spot size of  $\approx$  500  $\mu$ M. The resulting vapour is aspirated through a 3D printed PTFE capture head through PTFE tubing to a stainless steel T-piece where the aerosol is mixed with 2-propanol solvent containing leucine enkephalin. The combined mixture enters the REIMS interface of the Xevo G2-XS QToF instrument and collides with a Kanthal ribbon heated (700°C) collision surface prior to entry of the ion guide of the mass spectrometer and subsequent time of flight mass analysis. Incorporation of the diagrammatic representation into a (b) TECAN Freedom Evo 75 platform is shown alongside analysis of a (c) bacterial culture directly from agar culture.

192

# 193 Optimisation of LA-REIMS Platform

194 We took a linear approach to achieve method optimisation, using 15 isolates of bacteria covering a 195 range of species with different growth conditions, colony phenotype, and mass spectral features. Our 196 overall aim was to maximise signal-to-noise ratios within two mass ranges which have previously been 197 shown to contain fatty acids and metabolites (50 to 500 m/z) and complex lipids (600 to 1000 m/z).<sup>32,</sup> 198 <sup>33</sup> For laser heating power (Supporting Figure S1a), we identified a heating power of 2.0 W as optimum, 199 although there were minimal differences across the heating powers. Although there appears to be a 200 trend towards reduced signal-to-noise above 2.0 W, this was non-significant (P > 0.05) and suggests 201 that the laser power is important for sample mobilisation and that this reached a point of saturation 202 below the operating parameters of the CO<sub>2</sub> laser used. For both spectral regions, the pulsatile 203 operation of the CO<sub>2</sub> laser showed significant changes in signal-to-noise ratios. The use of 'SuperPulse' 204 pulsatile mode, which allows a high power delivery at the beginning of a pulse window, yielded a 205 significant (P < 0.05) improvement in signal-to-noise ratios for spectral regions (Supporting Figure 206 S1b). Additionally, introduction of multiple pulse windows within the analysis period, led to significant 207 (P < 0.01) improvements in the signal-to-noise ratio of the complex lipid region, with 40 ms windows 208 as the optimal parameter value. We hypothesise that this improvement is due to a reduced 209 fragmentation of complex lipids within their gas-phase. As shown in Figure 1, the aspiration pathway of gas-phase ions within our system passes through the path of the focused laser beam, which may be 210 211 an important contributor to fragmentation. The introduction of pulsatile windows may allow a clear aspiration pathway for gas-phase ions and prevent further fragmentation during the periods the laser
is not firing. Interestingly, early applications of MALDI-MS to lipidomic experiments showed gas-phase
fragmentation which was moderated by matrix additives.<sup>42</sup>

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216 LA-REIMS analysis was completed for eight seconds allowing for several combinations of coverage and 217 speeds to be investigated. Five laser head movements were tested for signal intensity (Supporting 218 Figure S1d), with two showing a significantly higher complex lipid signal-to-noise ratio (P < 0.01) which 219 share commonality with regards to the distance between movement lines. To minimise instrument 220 contamination, the maximum distance from sample that could be used before a significant reduction in signal intensity was analysed (Supporting Figure S1e). For the low molecular weight region signal, 221 222 4.0 mm could be used before a significant reduction (P < 0.001) was seen but a limit of 2.0 mm was observed for the complex lipid region signal (P < 0.001). To determine whether this resulted from 223 224 increased thermal distribution of the laser, we completed physical laser spot size measurements and 225 irradiance measurements from 1 to 5 mm distance in 1 mm increments (Supporting Figure S2). This 226 showed a spot size of approximately 1 mm from 2 to 5 mm distances with laser irradiance showing a decline from 3 mm. As this decline was less than 10%, it suggests that the loss of signal intensity is a 227 228 combination of increased thermal distribution of the laser and reduced strength of aspiration of the 229 analyte containing vapour by the mass spectrometer. Based on these findings, a distance of 2.0 mm 230 was determined as optimal to maximise signal intensity and minimise potential debris build-up on the 231 vapour aspiration head.

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# 233 Direct-from-Culture Speciation of Clinically Relevant Microorganisms

The use of electrical diathermy REIMS for the speciation of clinically relevant microorganisms has been widely reported.<sup>17, 31, 32</sup> Here, a total of 25 bacterial and yeasts, Supplementary Table S3, were analysed using the optimised laser operating parameters, whereby a species-level classification accuracy of 97.2% after leave-one-out cross-validation of random forest models was achieved (Figure 2a). This is 238 greater than all previously reported accuracies (96.3%<sup>17</sup>) using electrical diathermy REIMS and 239 suggests that the utilisation of radiative heating addresses the issues of ionisation efficiency using monopolar probes whilst maintaining the analytical throughput of an automated system. As 240 previously shown, using radiative heating as the evaporation modality in REIMS produces comparable 241 spectra as for bipolar electrical diathermy REIMS.<sup>43</sup> Comparison of typical REIMS spectra of *E. coli* 242 isolates (Figures 2b/c) further supported this and suggested that the even radiative heating 243 distribution, offered by the use of a CO<sub>2</sub> laser, is similar to that offered by the bipolar electrical 244 diathermy method and that the evenness of the thermal distribution is key in the ionisation efficiency 245 246 of REIMS.





# Figure 2. Microbial Speciation using LA-REIMS of 25 Clinically Significant Microorganisms LA-REIMS was used for the speciation analysis of 15 isolates from 25 clinically significant microbial species. Resulting (a) confusion matrix of leave-one-out cross-validation or random forest speciation reference model is shown with an overall species-level accuracy of 97.2%. Representative spectra of an isolate of *E. coli* is shown for (a) the fatty acid and lower weight metabolite (50 to 400 *m/z*) region

and (b) the complex lipid (600 to 1000 m/z) region.

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- 255

256 One of the key benefits of REIMS to clinical microbiology laboratories is its suitability for high-257 throughput and automated analysis without sample preparation, which is currently not offered by techniques such as MALDI-ToF-MS microbial speciation.<sup>44</sup> The move towards automation in clinical microbiology is driven by a requirement for a reduced turn-around time, reduced costs associated with speciation, and improved processes for quality control and assurance. The utilisation of LA-REIMS for this purpose would streamline automation as no sample preparation, such as the addition of a matrix to aid ionisation in MALDI-ToF-MS, is required.

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# 264 Metabolic Phenotyping of Faecal Samples from Diabetes Mellitus Type 2 (DMT2) Patients

We have previously reported on the use of electrical diathermy REIMS for the analysis of faecal 265 266 material.<sup>18</sup> However, the conductivity of a sample can be affected by its water content and is highly variable between donors; potentially preventing a universal power setting from being used. The use 267 268 of LA-REIMS potentially circumvents this as radiative sample heating is utilised. To establish the 269 operating parameters of LA-REIMS for faecal analysis, we reconstituted in water a mix of 50 mg of 270 freeze-dried faeces from each patient forming our DMT2 cohort and completed four analytical repeats 271 of parameter combinations. Parameter optimisation focused only on laser power and distance from 272 sample as laser pulsatile mode affects gas-phase ions and not the heating process. Supplementary 273 Figure S3 indicates that a laser power of 4.0W at 3 mm from the sample was optimal, as this 274 combination provided a plateau for signal intensity in both regions at the lowest laser power before a 275 reduction in intensity was observed from 4 mm distance or above.

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We then applied these optimised parameters to the entire cohort of 39 DMT2 patients and 39 healthy controls and conducted PLS-DA modelling and random forest classification modelling (Figure 3). In both ion detection modes, separation was evident between DMT2 and healthy patient samples. Stronger separation is shown in positive ion detection mode modelling which is further supported by the accuracy of random forest models – 93.5% for positive and 87.1% for negative ion detection mode models. Metabolic profiling of biofluids from DMT2 patients typically focuses on blood or urine due to the systemic nature of the condition. However, as the growing importance of the gut microbiome is realised in many non-communicable diseases, the study of the faecal metabolome is receiving
 increased attention<sup>45</sup>. Tentative identifications based on accurate mass determination of negative ion
 detection mode features (Supplementary Table S5) that are identified as important in random-



287 Figure 3. Multivariate Modelling and Random Forest Classification of DMT2 Faecal Samples

Supervised multivariate modelling using PLS-DA of (a) negative ion detection mode (Accuracy = 0.856, 288 R2 = 0.961, Q2 = 0.609) and (b) positive ion detection mode (Accuracy = 0.987, R2 = 0.984, Q2 = 0.806). 289 290 Healthy patient samples are shown in green and DMT2 in red. Features important in separation 291 between DMT2 and healthy patient samples are given for (c) negative ion mode and (d) positive ion 292 mode LA-REIMS analysis. Tentative identifications of important features is given in Supplementary 293 Tables S5 and S6 respectively for each ion detection mode. Confusion matrices constructed from 294 leave-one-out cross-validation random forest classification models are given for (e) negative ion mode 295 (Accuracy = 87.1%) and (f) positive ion mode (Accuracy = 93.5%) LA-REIMS analysis.

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297 forest model creation, showed several associations with dietary consumption (including aloesol 7-298 glucoside and arecaidine), which may be a result of altered diet following DMT2 diagnosis. 299 Nevertheless, we also identified several metabolites that have previously been linked to diabetes pathogenesis including 6-hydroxymelatonin<sup>46</sup> and nicotinamides,<sup>47</sup> and of particular interest are those 300 301 which may be of microbial origin including 5-aminopentanamide.<sup>48</sup> For positive mode ion detection, 302 more metabolite features closely related to diabetes pathogenesis and morbidity were identified; all 303 of which were higher in DMT2 patients (Supplementary Table S6). These included D-glucose which may cause gastrointestinal issues,<sup>49</sup> biotripyrrin which may be responsible for pink urine syndrome in 304 305 diabetic patients,<sup>50</sup> and metabolites associated with homocysteine which is linked to major drivers for morbidity and mortality.51 306

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#### 308 Determination of Olive Oil Authenticity and Geographical Origin

309 Olive oil is a high-value food product with considerable health-protective properties. As a result of the 310 different grades of olive oil, determined by production processes, it is considered one of the most common targets for adulteration and food fraud.<sup>52</sup> To detect adulterated products, an analytical 311 312 technique is needed to compare samples against a validated database or reference model. These 313 techniques have traditionally been divided between vibrational spectroscopic techniques or chromatographic mass spectrometry,<sup>53</sup> but typically require time consuming sample preparation and 314 315 analytical runs, making them both time and resource expensive. Whilst electrical diathermy REIMS is 316 unsuited to the analysis of olive oil, as it is insufficiently conductive, LA-REIMS overcomes this through 317 the utilisation of radiative heating using an appropriate wavelength that matches the absorbance 318 profile of the sample being analysed. To show that the analytical repertoire of the sample-preparation 319 extends beyond biological material into potential high-throughput screening of food products, we 320 analysed six commercially available cooking oils and three olive oils from origins of production 321 protected under European Union legislation.





322

# 323 Figure 4. Multivariate Modelling and Random Forest Classification of Food Oil Type and Origin

324	Negative ion detection mode LA-REIMS analysis was used for the determination of oil type through
325	supervised multivariate analysis through (a) PLS-DA modelling (accuracy = $0.869$ , R2 = $0.993$ , Q2 =
326	0.952), and (b) random forest analysis with leave-one-out cross-validation (classification accuracy =
327	97.5%). The same analytical method was used for the determination of the protected geographical
328	origin of three Italian olive oil region (with sesame oil used as outlier anchor) through (c) PLS-DA
329	modelling (accuracy = 1.000, R2 = 1.000, Q2 = 0.924) and (d) random forest leave-one-out cross-
330	validation (classification accuracy = 100.0%). Representative mass spectra of the (e-g) 900 to 950 $m/z$
331	region of three protected geographical origin Italian olive oils show clear spectral differences.

Tentative identifications of important differentiating features for PLS-DA are given in Supplementary
 Tables S7 and S8 for oil type and olive oil geographical origin respectively.

334

335 Both multivariate supervised PLS-DA modelling and random forest machine learning algorithms were 336 applied for oil type analysis data (Figure 4a/b). Clear and significant separation between coconut, extra 337 virgin olive oil, and sesame oil was observed, whilst overlapping of technical repeats was observed for 338 rapeseed, grape, and an olive oil mixture type. This may be because of a rapeseed or grape oil being used as the non-olive component of the oil mixture. The high accuracy of 97.5%, as achieved with 339 340 random forest classification, suggests that LA-REIMS could be used as a high-throughput and samplepreparation free method for food product monitoring in a context of adulteration - either through 341 342 substitution or mixtures of low-value oils to dilute high-value oils such as extra virgin olive oil. Of issue 343 in food authenticity is the monitoring of products from legally protected production methods or 344 locations. Here, for extra virgin olive oils we analysed three oils from three geographically protected areas of production in Italy; Terra di Bari, Toscano, and Val di Mazara oils. Using the same multivariate 345 346 modelling (Figure 4c/d), significant separation between the three oil types and 100% classification 347 accuracy using random forest modelling was achieved. Based on tentative identification of important 348 features in statistical models, the driving differential lipid classes are phosphatidylglycerols and 349 phosphatidic acids. Although triacylglycerols are the main constituents of olive oil - around 98% - they are not usually shown to provide sufficient discriminatory power to detect instances of olive oil 350 adulteration and fraud.<sup>54</sup> Polar lipids, as we identified in this study, have shown promise as molecular 351 352 markers of product purity.<sup>55</sup> We hypothesise that our detected biomarkers are related to the climate 353 and altitude of olive cultivation used for the production of the three geographically protected oils: 354 Terra di Bari (190 m), Toscano (up to 500 m), and Val di Mazara (up to 200 m). Glycerophospholipid composition in plants has been shown to be affected by growth conditions, including temperature,<sup>56</sup> 355 which is likely reflected in cultivation climate and altitude, being the discriminating factors found upon 356 357 LA-REIMS analysis.

# 358 Conclusions

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Mass spectrometry has proven itself as a powerful tool in chemical and biological research and with 360 361 significant impacts in clinical diagnostics. Application developments beyond these areas, however, are 362 limited by the complexity of sample preparation and the time typically required for chromatographic 363 separation prior to ion generation and mass spectrometry analysis - which can create a substantial bottleneck in workflows. Although advances in direct infusion MS methods and ambient ionisation 364 mass spectrometry methods have reduced analysis turn-around times, the necessary sample 365 366 extraction and/or preparation has limited their overall throughput and application potential. Here, we have shown that sample-preparation-free MS can be achieved by modifying the heating modality of 367 REIMS from electrical diathermy to radiative heating using a CO<sub>2</sub> laser and combining it with an 368 369 automation platform. By moving away from electrical diathermy, we have eliminated the requirement 370 for a sample to be conductive in order to be suitable for analysis and improved the throughput by 371 removing the requirement for cleaning or changing of the analysis probe between samples. We have 372 shown that this LA-REIMS platform can analyse a diverse range of sample types, including 373 microorganisms, human faeces, and cooking oils. As these samples show a diverse range of properties, 374 we therefore believe that the LA-REIMS system is capable of the analysis of all biological and organic 375 material with no sample preparation nor extraction. This will increase the throughput of systems 376 employing LA-REIMS to a 'tipping point' where a value proposition can be achieved to allow mass 377 spectrometry analysis to expand into novel application areas. Although we have shown that LA-REIMS 378 has sufficient analytical power to delivery meaningful insights into three different biological systems, 379 in some cases, such as where there is a requirement to resolve structural isomers, there will remain a 380 need for traditional profiling techniques, such as LC-MS. Here, we propose that LA-REIMS can act as a 381 screening tool to reduce the number of samples that require alternative profiling techniques and act 382 as the mechanism by which bottlenecks in analytical workflows can be removed. The pursuit of 383 sample-preparation-free mass spectrometry further offers the potential to move towards

384	miniaturisation of mass spectrometry analysers. This has seen limited progress in recent years;
385	arguably because miniaturisation exhibits continued reliance on sample preparation and extraction
386	and chromatographic separation to address the reduced analytical resolution of miniaturised MS
387	systems. As we have shown that sample-preparation-free mass spectrometry can provide both
388	decision-based classifications and biological insights, combining this capability with miniaturised
389	instruments will greatly enhance the application areas for MS.

# 390 Supporting Information

Detailed information regarding bacterial and fungal species analysed in this study, and on additional 391 392 data analyses completed as referenced within this text is given within the supporting information 393 accompanying this manuscript. 394 395 **Author Contributions** Study was planned by SJSC and ZT. Experiments were conducted by SJSC, LVM, AB, KAH, TR, and SS. 396 Data was analysed and interpreted by SJSC and APM. Technical assistance was provided by DS, RS, JB, 397 398 TK, MR, and LV. The manuscript was written by SJSC and ZT with input from all authors. All authors have given approval to the final version of the manuscript. 399 400 **Conflict of Interest Statement** 401 This work was funded and technically supported by the Waters Corporation and funded by the 402 403 Biotechnology and Biological Sciences Research Council under grant BB/L020858/1 and European Research Council under contract number 617896. ZT provides remunerated consultancy to the Waters 404 405 Corporation. The work detailed in this manuscript does not promote any available commercial product 406 from Waters Corporation. 407 408 Acknowledgments 409 The authors would like to thank Imperial College Healthcare Trust for access to samples and to the 410 participants/patients who agreed to donate samples which were utilised in this work. This work was 411 funded and technically supported by the Waters Corporation and funded by the Biotechnology and 412 Biological Sciences Research Council under grant BB/L020858/1 and European Research Council under 413 contract number 617896. This article is independent research funded by the NIHR BRC, and the views

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577	Sample preparation free mass spectrometry using laser-assisted rapid evaporative ionisation mass
578	spectrometry (LA-REIMS): applications to microbiology, metabolic biofluid phenotyping, and food
579	authenticity
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581	Simon J.S. Cameron, Alvaro Perdones-Montero, Lieven Van Meulebroek, Adam Burke, Kate Alexander-
582	Hardiman, Daniel Simon, Richard Schaffer, Julia Balog, Tamas Karancsi, Tony Rickards, Monica Rebec,
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588 Optimisation and application of LA-REIMS, requiring no sample preparation, for rapid and direct MS-

589 based metabolomics.

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