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Effect of angiotensin-converting enzyme inhibitor and angiotensin receptor blocker initiation on organ support-free days in patients hospitalized with Covid-19. A randomized clinical trial

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1 **Effect of Angiotensin Converting Enzyme Inhibitor and**
2 **Angiotensin Receptor Blocker Initiation on Organ**
3 **Support-Free Days in Patients Hospitalized with**
4 **COVID-19: A Randomized Clinical Trial**

5 **The REMAP-CAP Investigators***

6 ***Author and Group Information**

7 The members of the writing committee appear at the end of the main text and the full list of
8 investigators and collaborators in the Supplementary Appendix.

9 **Running Head**

10 REMAP-CAP COVID-19 ACE2 RAS Domain RCT

11 **Key words**

12 Adaptive platform trial; randomized clinical trial; pneumonia; COVID-19; renin-angiotensin
13 system; angiotensin converting enzyme inhibitors; angiotensin receptor blockers

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21

22 **Date of Revision:** March 4th, 2023

23 **Key points**

24 **Question**

25 Does initiating an angiotensin converting enzyme (ACE) inhibitor or angiotensin receptor
26 blocker (ARB) in adult patients hospitalized for COVID-19 improve organ support-free days
27 (a composite of hospital survival and duration of intensive care respiratory or cardiovascular
28 support)?

29 **Findings**

30 In this randomized clinical trial that included 779 patients, initiation of an ACE inhibitor or
31 ARB did not improve organ support-free days. Among critically ill patients, there was a 95%
32 probability that treatments worsened this outcome.

33 **Meaning**

34 Among critically ill patients, initiation of an ACE inhibitor or ARB as treatment for COVID-19
35 did not improve, and likely worsened, clinical outcomes.

36 **Abstract**

37 **IMPORTANCE** Over-activation of the renin-angiotensin system (RAS) may contribute to poor
38 clinical outcomes in patients with COVID-19.

39 **OBJECTIVE** To determine whether angiotensin converting enzyme (ACE) inhibitor or
40 angiotensin receptor blocker (ARB) initiation improves outcomes in patients hospitalized for
41 COVID-19.

42 **DESIGN, SETTING, AND PARTICIPANTS** In an ongoing, adaptive platform randomized clinical
43 trial, 721 critically ill and 58 noncritically ill hospitalized adults were randomized to RAS
44 inhibitors or control between March 16, 2021, and February 25, 2022, at 69 sites in seven
45 countries (final follow-up date: June 1, 2022).

46 **INTERVENTIONS** Patients were randomized to receive open-label initiation of ACE inhibitor
47 (n=257), ARB (n=248), ARB in combination with DMX-200 (a chemokine receptor-2 inhibitor;
48 n=10), or no RAS inhibitor (control; n=264) for up to 10 days.

49 **MAIN OUTCOMES AND MEASURES** The primary outcome was organ support-free days, a
50 composite of hospital survival and days alive without cardiovascular or respiratory organ
51 support through 21 days. The primary analysis was a bayesian cumulative logistic model.
52 Odds ratios (OR) >1 represent improved outcomes.

53 **RESULTS** On February 25, 2022, enrollment was discontinued due to safety concerns.
54 Among 679 critically ill patients with available primary outcome, the median age was 56.0
55 years and 35.2% were female. Median (IQR) organ support-free days among critically ill
56 patients in the ACE inhibitor group (n=231) was 10 (–1 to 16), in the ARB group (n=217) was
57 8 (–1 to 17), and in the control group (n=231) was 12 (0 to 17) (median adjusted odds ratio
58 for improvement for ACE inhibitor of 0.77 [95% bayesian credible interval 0.58 to 1.06] and
59 for ARB of 0.76 [0.56 to 1.05] compared with control). The posterior probabilities that ACE
60 inhibitor and ARB worsened organ support-free days compared with control were 94.9%
61 and 95.4%. Hospital survival with ACE inhibitor, ARB, and control, occurred in 166/231
62 (71.9%), 152/217 (70.0%), and 182/231 (78.8%) critically ill patients, respectively (posterior
63 probabilities that ACE inhibitor and ARB worsened hospital survival compared with control
64 were 95.3% and 98.1%).

65 **CONCLUSIONS AND RELEVANCE** In this trial, among critically ill adults with COVID-19,
66 initiation of an ACE inhibitor or ARB did not improve, and likely worsened, clinical outcomes.

67 **TRIAL REGISTRATION** ClinicalTrials.gov number: NCT02735707

68

69 **Introduction**

70 Angiotensin converting enzyme 2 (ACE2), a central regulator of the renin-angiotensin system
71 (RAS), is expressed in the respiratory epithelium and vascular endothelium, and is the
72 human host receptor for the SARS-CoV-2 virus.^{1,2} Disruption of ACE2 activity due to viral
73 binding, and other mechanisms, may upregulate angiotensin II in patients with COVID-19.³⁻⁷
74 Angiotensin II promotes inflammation, activates coagulation, increases capillary
75 permeability, upregulates fibrotic responses, and causes vasoconstriction which may
76 contribute to microcirculatory dysfunction and ventilation/perfusion mismatch.^{3,8-10} These
77 pathogenic responses characterize severe COVID-19, and therefore attenuating angiotensin
78 II may improve outcomes. This hypothesis is supported by observational and experimental
79 studies in COVID-19,^{11,12} and other studies in acute lung injury due to SARS-CoV-1, sepsis,
80 aspiration, and ventilator-induced lung injury.^{7,13-15} Given the direct interaction between the
81 RAS and SARS-CoV-2, attenuating angiotensin II may be particularly beneficial in COVID-19.

82

83 In an ongoing, adaptive platform trial, the effect of new initiation of a RAS inhibitor (either
84 an angiotensin converting enzyme [ACE] inhibitor or an angiotensin receptor blocker [ARB])
85 on the composite of hospital survival and organ support provision through 21 days was
86 evaluated in patients hospitalized with COVID-19 pneumonia.

87

88 **Methods**

89 **Trial Design and Oversight**

90 The ACE2 RAS Domain is one of multiple therapeutic domains in the Randomized,
91 Embedded, Multifactorial, Adaptive Platform Trial for Community-Acquired Pneumonia
92 (REMAP-CAP) trial (NCT02735707). REMAP-CAP is an international, adaptive platform
93 randomized clinical trial^{16,17} evaluating treatments for severe pneumonia. Trial design
94 details are previously reported,¹⁸ and are available in **Supplement 1**. Patients are assessed
95 for platform eligibility and potentially randomized to one or more interventions among
96 available domains, organized by therapeutic areas. The trial previously reported the effects
97 of corticosteroids, anticoagulants, antivirals, interleukin-6 receptor antagonists,
98 convalescent plasma, and antiplatelet agents in patients with COVID-19.¹⁹⁻²⁵ The trial was
99 approved by regional ethics committees and conducted in accordance with Good Clinical
100 Practice guidelines and the Declaration of Helsinki. Written or verbal informed consent was
101 obtained from all patients or their surrogates in accordance with local legislation.

102

103 **Participants**

104 Patients aged ≥ 18 years hospitalized with clinically suspected or microbiologically confirmed
105 COVID-19 pneumonia were eligible. Patients were stratified into critically ill and noncritically
106 ill groups at enrollment. Patients receiving respiratory (high-flow nasal oxygen with flow
107 rate ≥ 30 L/min and $\text{FiO}_2 \geq 0.4$, or non-invasive or invasive mechanical ventilation) or
108 cardiovascular (vasopressor/inotrope) organ support in an intensive care unit (ICU) were
109 considered critically ill. All other hospitalized patients were considered noncritically ill.
110 Critically ill patients were eligible for enrollment within 48 hours of ICU admission and

111 noncritically ill patients within 96 hours of hospital admission. Patients were excluded on
112 the basis of long-term or current RAS inhibitor use or known intolerance, risk of clinically
113 relevant hypotension or escalation of vasopressor requirements, hyperkalemia, severe renal
114 impairment, severe renal artery stenosis, or pregnancy or breast-feeding. Detailed domain
115 and platform eligibility are presented in **eAppendix 1** in **Supplement 2**. In view of racial and
116 ethnic differences in outcomes during the pandemic, self-reported race and ethnicity was
117 collected from participants or their surrogates via fixed categories appropriate to their
118 region where approved.

119

120 **Treatment Allocation**

121 All participating sites randomized patients to control (no RAS inhibitor) and up to three
122 active interventions, including ACE inhibitor, ARB, and, at a subset of participating sites, an
123 ARB in combination with DMX-200. DMX-200 is an investigational oral chemokine receptor-
124 2 antagonist targeting macrophage chemotaxis, given in combination with an ARB due to
125 putative synergistic anti-inflammatory effects. Computerized randomization was performed
126 centrally with balanced, fixed allocation ratios based on the number of available
127 interventions at each site. Response adaptive randomization was not employed in this
128 domain. Patients could also be randomized to interventions in other domains depending on
129 availability and eligibility.

130

131 **Interventions**

132 Treatment assignments included initiation and in-hospital treatment with an enterally
133 administered ACE inhibitor, ARB, ARB in combination with DMX-200, or control. Sites

134 selected from a hierarchical list of ACE inhibitors and ARBs (see **Supplement 1**) to encourage
135 consistency in study agent while permitting flexibility based on drug availability and
136 experience. All treatments were open-label. Initial dosing and subsequent titration were
137 determined by the treating clinician, with guidance provided in the protocol (see
138 **Supplement 1**). The protocol advised holding study drug for clinically-relevant hypotension
139 or escalating vasopressor requirements, hyperkalemia, declining renal function, severe renal
140 impairment, exposure to nephrotoxic agents, angioedema (in the ACE inhibitor group), and
141 liver failure or hepatic transaminase elevation or other possible adverse reaction (in the
142 combination ARB and DMX-200 group). Treatment was continued for up to 10 days or until
143 hospital discharge, whichever came first. Patients in the control group received no RAS
144 inhibitor absent developing a specific indication for one.

145

146 **Outcome Measures**

147 The primary outcome was organ support-free days. In this composite ordinal outcome, all
148 deaths occurring during the index hospitalization were assigned the worst possible outcome
149 (−1). Among survivors, respiratory and cardiovascular organ support-free days were
150 calculated through day 21 (survivors with no organ support were assigned a score of 22).
151 Higher scores indicate better outcomes. In REMAP-CAP, this hospital-based outcome
152 correlates with longer-term outcomes.²⁶

153

154 Prespecified secondary outcomes included hospital survival, day 90 survival, ventilator-free
155 days, vasopressor/inotrope-free days, durations of hospital and ICU stays, World Health

156 Organization scale at day 14, hypotension while admitted to a ward, angioedema, change
157 from baseline to peak creatinine, renal replacement-free days, severe adverse events, and
158 acute kidney injury (AKI) ascertained through post-randomization days 7 and 14 using the
159 modified Kidney Disease Improving Global Outcomes (KDIGO) criteria for stage 2 or 3 (see
160 **eAppendix 1 in Supplement 2**). For the combined ARB and DMX-200 intervention,
161 additional secondary safety outcomes included change from baseline to peak hepatic
162 transaminases as well as occurrence of suspected unexpected serious adverse reactions. All
163 outcomes were site reported and not adjudicated.

164

165 **Statistical Analysis**

166 This domain employed an adaptive two-stage design with an initial evaluation period given
167 limited experience with the study treatments in critically ill patients (**eFigure 1 in**
168 **Supplement 2**). During the evaluation period, interventions were required to demonstrate an
169 acceptable safety profile as judged by the Data and Safety Monitoring Board (DSMB), and an
170 intermediate probability of efficacy defined as $\geq 50\%$ posterior probability of a $\geq 20\%$
171 improvement in the proportional odds ratio (OR) for organ support-free days for ACE
172 inhibitor and ARB compared to control, or $\geq 30\%$ for the combined ARB and DMX-200
173 intervention compared to both ARB and control to proceed to stage 2. Stage 1 was planned
174 up to maximum sample sizes of 300 patients in each of the ACE inhibitor and ARB groups,
175 and 200 patients in the combined ARB and DMX-200 intervention group. Graduation rules
176 were prespecified and would be implemented in a blinded fashion. Interventions that
177 satisfied graduation criteria would continue to the uncapped evaluative period which would
178 enroll until platform-level adaptive stopping triggers for efficacy (posterior probability $>99\%$

179 that OR >1.0 compared with control) or futility (posterior probability >95% that OR <1.2
180 compared with control) were reached. The futility trigger could be reached at any adaptive
181 analysis. Interventions failing to graduate would be withdrawn in stage 1. Enrollment was
182 closed in stage 1 for safety concerns prior to an adaptive analysis being performed.

183

184 The primary analysis was intention-to-treat and included all consenting patients with
185 suspected or proven COVID-19 with available primary outcome. The primary analysis was a
186 bayesian cumulative logistic model adjusted for age, sex, site, and enrollment time period (in
187 2-week intervals), and included covariates reflecting intervention and domain eligibility.
188 Treatment effects were estimated only from patients randomized in the domain. Patients
189 with COVID-19 enrolled into REMAP-CAP but outside of this domain did not contribute to
190 estimates of RAS inhibitor effects, but did contribute to overall model covariate coefficient
191 estimation.

192

193 The primary model was fit using a Markov Chain Monte Carlo algorithm with 20,000 samples
194 from the joint posterior distribution. The model calculated posterior distributions for the
195 proportional OR, including medians and 95% credible intervals (CrIs), and the posterior
196 probabilities of efficacy for each intervention compared with control. The probability of harm
197 is the complement of the probability of efficacy (i.e., posterior probability OR <1.0). Distinct
198 treatment effects were estimated in critically ill and noncritically ill patients by nesting
199 intervention effects in a hierarchical prior distribution centered on an overall intervention
200 effect estimated with a neutral prior; the posterior distributions for these effects were

201 shrunk towards the overall estimate to an extent reflective of their similarity (dynamic
202 borrowing).²⁷

203

204 Secondary analyses were performed using bayesian logistic regression models for ordinal and
205 dichotomous outcomes, bayesian linear models for continuous outcomes, and bayesian
206 piecewise exponential models for time-to-event outcomes. No formal hypothesis tests were
207 performed on secondary outcomes, and summaries of posterior distributions are provided
208 for descriptive purposes only.

209

210 Prespecified subgroup analyses assessed treatment effect by age (<50, 50-70, or >70 years),
211 sex, baseline invasive mechanical ventilation, estimated glomerular filtration rate (eGFR; <90,
212 ≥ 90 mL/min/1.73 m², or unknown), and baseline vasopressor receipt. Machine learning with
213 causal forests^{28,29} estimated subgroup- and individual-level heterogeneity of treatment
214 effects by considering all available baseline covariates in separate and pooled treatment
215 analyses. Expected absolute risk differences were estimated for conditional average
216 treatment effects at the levels of the individual and the subgroup (see **eAppendix 1** in
217 **Supplement 2**).

218

219 Analysis details are provided in the Statistical Analysis Plan in **Supplement 1**. The primary
220 and key secondary analyses were performed in R (version 4.1.3). The causal forests
221 heterogeneity of treatment effect analyses were conducted in R (version 4.0.5) with the R
222 package grf (version 2.1.0).

223

224 **Results**

225 **Enrollment and Participant Characteristics**

226

227 The first patient was enrolled in the ACE2 RAS Domain on March 16, 2021. On February 25,
228 2022, enrollment of critically ill patients was discontinued on advice from the DSMB due to
229 concern for higher mortality and AKI in the ACE inhibitor and ARB groups compared to
230 control, based on a scheduled assessment of safety data from 564 patients. Enrollment of
231 noncritically ill patients was concurrently paused, and subsequently discontinued on June 8,
232 2022, by the trial steering committee due to the findings in critically ill patients and slow
233 recruitment.

234

235 A total of 721 critically ill patients and 58 noncritically ill patients were randomized (**Figure**
236 **1**) at 69 sites in seven countries (Canada, Italy, Netherlands, New Zealand, Saudi Arabia,
237 United Kingdom, and United States). Of these, 34 critically ill and 2 noncritically ill patients
238 withdrew consent and outcomes were unavailable for 2 critically ill patients. Baseline
239 characteristics were similar between groups, although some imbalances were present,
240 including vasopressor receipt (**Table 1** and **eTable 2** in **Supplement 2**). Ramipril and losartan
241 were the most common ACE inhibitor and ARB used, at low- or moderate-doses (see **eTable**
242 **1** in **Supplement 2** for dose classifications), for median treatment durations of 6 and 7 days
243 in critically ill patients and 2 and 5 days in noncritically ill patients (**eTable 3** in **Supplement**
244 **2**). Among patients allocated to ACE inhibitor or ARB, 104/243 (42.8%) and 132/236 (55.9%)

245 did not complete the full treatment course, most commonly due to hypotension (**eTable 4** in
246 **Supplement 2**).

247

248 **Primary Outcome**

249 Among 679 critically ill patients, the median (IQR) organ support-free days in the ACE
250 inhibitor group (n=231) was 10 (–1 to 16), in the ARB group (n=217) was 8 (–1 to 17), and in
251 the control group (n=231) was 12 (0 to 17) (**Figure 2**), corresponding to adjusted ORs for ACE
252 inhibitor of 0.77 (95% CrI 0.58 to 1.06) and for ARB of 0.76 (0.56 to 1.05) compared with
253 control (**Table 2**). The posterior probabilities that ACE inhibitor and ARB worsened organ
254 support-free days compared with control were 94.9% and 95.4%. Results were generally
255 consistent in sensitivity analyses, including after adjustment for potentially imbalanced
256 variables (**eTable 5** in **Supplement 2**). There were no consistent, clinically relevant
257 deviations from the assumption of proportional effects across the organ support-free days
258 scale (**eFigure 2** in **Supplement 2**). Outcomes were available for only six critically ill patients
259 randomized to the combined ARB and DMX-200 intervention (**eFigure 3** in **Supplement 2**).
260 Among 56 noncritically ill patients, median (IQR) organ support-free days in all groups was
261 22 (22 to 22) (**eFigure 4** in **Supplement 2**) and posterior probabilities were inconclusive
262 (**eTable 6** in **Supplement 2**).

263

264 **Secondary Outcomes**

265 None of the 15 secondary outcomes were improved with ACE inhibitor or ARB compared
266 with control (**Table 2** and **eTables 6, 7, and 8** in **Supplement 2**). Among critically ill patients
267 in the ACE inhibitor, ARB, and control groups, hospital survival occurred in 166/231 (71.9%),
268 152/217 (70.0%), and 182/231 (78.8%), respectively, corresponding to adjusted ORs for ACE
269 inhibitor of 0.70 (95% CrI 0.44 to 1.06) and for ARB of 0.62 (0.39 to 0.98) compared with
270 control. The posterior probabilities that ACE inhibitor and ARB worsened hospital survival
271 compared with control were 95.3% and 98.1%. The probability was high that ACE inhibitor
272 and ARB reduced survival through 90 days (**Figure 3**). Among noncritically ill patients, one
273 death occurred (in the ACE inhibitor group).

274

275 Among critically ill patients, vasopressor therapy was newly initiated in 69/188 (36.7%),
276 86/188 (45.7%), and 69/203 (34.0%) in the ACE inhibitor, ARB, and control groups,
277 respectively. The posterior probabilities were 94.0% and 99.7% that vasopressor-free days, a
278 composite of death and vasopressor receipt, was worsened with ACE inhibitor and ARB.
279 Median (IQR) relative change from baseline to peak creatinine was 1.11 (1.00 to 1.25), 1.15
280 (1.00 to 1.42), and 1.11 (1.00 to 1.30), respectively (**eFigure 5** in **Supplement 2**). The
281 occurrence of KDIGO stage ≥ 2 AKI within 14 days following randomization was 7.2%, 14.4%,
282 and 7.5%, respectively. Among noncritically ill patients, vasopressor receipt and AKI were
283 infrequent (**eTables 6 and 8** in **Supplement 2**). Evaluation of secondary outcomes in the
284 combined ARB and DMX-200 arm was limited by low enrollment.

285

286 Serious adverse events were reported in 2/232 (0.9%), 5/218 (2.3%), 0/6 (0.0%), and 4/231
287 (1.7%) critically ill patients in the ACE inhibitor, ARB, combined DMX-200 and ARB, and
288 control groups, respectively, and in one noncritically ill patient (in the ACE inhibitor group;
289 **eTable 9 in Supplement 2**).

290

291 **Subgroup Analyses**

292 In subgroup analyses, treatment effects among critically ill patients did not meaningfully
293 vary by age, sex, mechanical ventilation receipt, or baseline eGFR (**eFigures 6 and 7 in**
294 **Supplement 2**). Among patients receiving vasopressors at enrollment, OR for organ support-
295 free days with ACE inhibitor compared with control was 0.54 (95% CrI 0.30 to 0.97), versus
296 0.90 (0.66 to 1.25) among patients not receiving vasopressors. ARB treatment effect did not
297 differ by baseline vasopressor receipt. In causal forest analyses considering whether there
298 was evidence of heterogeneous treatment effects across all available baseline variables
299 (**eTable 10 in Supplement 2**), subgroup conditional average treatment effects were similar
300 for ACE inhibitor and ARB (**eFigure 8 in Supplement 2**). No subgroup showed strong
301 evidence of heterogeneity (**eFigure 8 in Supplement 2**). Point estimates of expected
302 conditional average treatment effects at the individual level consistently favored worsened
303 hospital survival for both treatments versus control, but with 95% confidence intervals that
304 included null for the majority (>70%) of patients (**Figure 3**).

305

306

307 Discussion

308 In this domain of an overarching platform trial, among critically ill patients hospitalized for
309 COVID-19, there was a 95% probability that ACE inhibitor or ARB initiation worsened organ
310 support-free days, primarily due to differences in hospital survival. The domain was
311 terminated due to safety concerns, and findings are inconclusive for noncritically ill patients
312 and in the combined ARB and DMX-200 arm.

313

314 RAS activation may contribute to poor clinical outcomes in patients with acute hypoxemic
315 respiratory failure,³⁰⁻³⁴ including COVID-19.^{3,8,35-37} Angiotensin II is upregulated in COVID-19
316 and other severe respiratory infections, proportional to severity.^{38,39} Inhibition of
317 angiotensin II with ACE inhibitors or ARBs improves respiratory and other organ failure in
318 animal models of SARS-CoV-2 infection,¹² SARS-CoV-1 infection,⁷ sepsis,⁴⁰⁻⁴⁵ aspiration,¹⁵
319 and ventilator-induced lung injury.^{42,46-52} Observational studies suggest more favorable
320 outcomes among existing users of ACE inhibitors and ARBs who develop COVID-19 and
321 other respiratory infections compared with non-users.^{11,13,14,53-55} However, animal models
322 inconsistently correlate with human host response,⁵⁶ and observational studies are at risk
323 for bias.⁵⁷

324

325 Analyses suggest that there was a high probability that inhibiting angiotensin II, either by
326 reducing its production (ACE inhibitors) or blocking its effect (ARBs), worsened outcomes
327 among critically ill patients. In prespecified subgroup and causal forest heterogeneity of
328 treatment effect analyses, there was no evidence that any subgroup benefited based on
329 these analyses. Although a trend towards lower hospital survival was observed for some

330 higher risk subgroups, there was no clear evidence of differential effect by baseline
331 characteristics to support a mechanistic hypothesis. Among secondary outcomes,
332 vasopressor receipt and AKI were more frequent with ARB, although less clearly so with ACE
333 inhibitor.

334

335 In an early pandemic trial of 162 hospitalized patients with COVID-19 but excluding those
336 admitted to an ICU, telmisartan improved survival and reduced inflammatory biomarkers
337 compared to control;⁵⁸ however, enrollment was prematurely terminated, limiting
338 inference. In a more recent trial of 205 patients, oxygenation and survival were not
339 improved with losartan compared to placebo, although hypotension and AKI occurred more
340 frequently.⁵⁹ A recent meta-analysis of smaller and incomplete trials observed no survival
341 benefit with RAS inhibitor initiation for COVID-19, and hypotension and AKI appeared more
342 frequent in severely ill patients.⁶⁰ The CLARITY trial, which included lower risk patients, did
343 not observe a benefit of telmisartan initiation in hospitalized patients with COVID-19.⁶¹ The
344 current trial had the largest sample size to date, and included the highest proportion of
345 critically ill patients, who are at greatest risk of hypotension and AKI, which may explain the
346 more evident harm signal. Importantly, prior randomized clinical trials evaluating
347 continuation compared to discontinuation of RAS inhibitors in less severely ill patients
348 hospitalized for COVID-19 suggest their continuation is safe⁶² – although there is uncertainty
349 among more severely ill patients.^{63,64}

350

351 Strengths of this trial include its pragmatic evaluation of candidate repurposed, widely-
352 available treatments in diverse international settings. Consistency of treatment effects

353 across both ACE inhibitor and ARB supports inference across shared mechanisms of action.
354 The application of a two-stage design with graduation rules permitted efficient evaluation of
355 early candidate treatments. Finally, the application of forest-based techniques suited to
356 high-dimensional data permitted a broad evaluation of potentially clinically important effect
357 modifiers, and may overcome some of the limitations of conventional subgroup analyses.

358

359 **Limitations**

360 The trial has several limitations. First, the protocol was pragmatic and agents and dose
361 equivalents varied; nevertheless, 89% of patients in each group received the same agent
362 and dose equivalents were consistently low-to-moderate. Second, approximately 1 in 20
363 randomized patients withdrew consent and were excluded from this analysis. However, the
364 frequency was similar across groups, and similar to other acute care trials where patients
365 often lack capacity to provide consent at the time of enrollment. Third, some potentially
366 relevant baseline characteristics (e.g., vasopressor receipt) were imbalanced: These
367 imbalances may have had a modest influence on treatment effect estimates. Fourth, this
368 trial evaluated new RAS antagonist initiation specifically as treatment for COVID-19, and not
369 the separate question of whether to continue or discontinue existing therapy. Fifth, the trial
370 was terminated for safety concerns after enrollment of only a modest sample size: Although
371 this may leave uncertainty about precise treatment effects, the likelihood of meaningful
372 clinical benefit is low. Finally, due to being available later and offered only at a subset of
373 sites, enrollment into the combined ARB and DMX-200 arm was low at the time of closure of
374 enrollment.

375

376 **Conclusions**

377 In conclusion, in this trial, in critically ill adults with COVID-19, initiation of ACE inhibitor or
378 ARB did not improve, and likely worsened, clinical outcomes.

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468 Dr. Lawler had full access to all the data relative to this domain. Dr. Lewis had full access to
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513

514 **The REMAP-CAP Investigators**

515 See attachment 'REMAP-CAP Investigators'.

516

517 **Data Sharing Statement**

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699 randomised, open-label trial. *The Lancet: Respiratory Medicine*. Mar 2021;9(3):275-284.

700

701 **Summary of Supplements**

702

703 **Supplement 1. Trial Protocol and SAP Documents**

- 704 • Table of Contents
- 705 • Brief introduction to explain the protocol structure given modular nature of ongoing
- 706 platform trial
- 707 • [REMAP-CAP Core Protocol](#) (Version 3.0, July 10th, 2019, the Original Version -
- 708 predating any COVID-19 screening and inclusion)
- 709 • [Pandemic Appendix to Core \(PAAtC\) protocol](#) (Final Version 2.0, May 18th, 2020
- 710 including summary of changes from version 1.1 and Original Version 1.1, February
- 711 12th, 2020)
- 712 • [REMAP-COVID Core Protocol](#) (Version 1.0, March 27th, 2020)
- 713 • [Statistical Analysis Appendix to the Core Protocol](#) (Version 3.0, August 24th, 2019 -
- 714 the Original Version predating any Covid-19 screening and inclusion)
- 715 • [ACE2 RAS Domain Specific Appendix](#) (Versions 1 and 2, November 8th, 2020, and
- 716 October 14th, 2021)
- 717 • [Statistical Analysis Plan for the ACE2 RAS Domain analysis](#) (Version 1.2, August 4th,
- 718 2022)

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720

721 **Supplement 2.**

722 The REMAP-CAP Investigators

723 eAppendix 1 – Supplementary Methods

724 eAppendix 2 –Supplementary Results

725 Supplemental Tables and Figures

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753

754 **Supplement 3. Non-author collaborators**

755

756 **Supplement 4. Data sharing Agreement**

757

758 **Figure Legends**

759

760 **Figure 1. Screening, Randomization, and Follow-up of Participants in the REMAP-CAP**
761 **COVID-19 ACE2 RAS Domain Randomized Clinical Trial**

762 REMAP-CAP is a platform trial with a single master protocol (**Supplement 1**) evaluating
763 multiple treatments. The trial applied eligibility criteria at the platform level and at the
764 domain level: Patients had to be eligible for both the platform and domain to be
765 randomized. A “domain” refers to a common therapeutic area within which several
766 interventions or intervention dosing strategies could be randomly assigned. Participating
767 sites selected at least 2 of up to 4 possible interventions in this domain (including control).

768 **Footnotes:**769 ^a Patients could meet more than 1 ineligibility criterion. Full details are provided in **Supplement 1**.770 ^b Other contraindications to ACE2 RAS agents included: concern for clinically relevant hypotension or
771 escalation of vasopressor requirements; hyperkalemia; known severe renal artery stenosis; known or
772 suspected pregnancy or breastfeeding; and for the combined ARB and DMX-200 intervention, known
773 severe liver disease or an ALT or AST that is more than five times the upper limit of normal, known
774 viral hepatitis, or hypersensitivity to repagarnium.775 ^c Participants were randomized via a centralized computer program to each intervention with
776 balanced assignment based on number of interventions available per site.777 ^d Critically ill patients were categorized as such if they were receiving at least one of the following
778 organ supports in an intensive care unit: high flow nasal cannula oxygenation, invasive or non-invasive
779 mechanical ventilation, or vasopressor or inotropic infusion. All other patients were considered
780 noncritically ill.781 ^e The combined ARB and DMX-200 intervention was available later than the ACE inhibitor and ARB
782 interventions, and was only available at a subset of sites, contributing to low recruitment by the time
783 of overall domain enrollment closure.784 ^f The primary analysis in the ACE2 RAS domain is estimated from a model that adjusts for patient
785 factors and for assignment to other interventions; all patients enrolled in the COVID-19 cohort for
786 whom there is consent and follow-up are included. The final estimate of an ACE2 RAS domain
787 intervention's effectiveness relative to any other within that domain is generated from those patients
788 that might have been randomized to either. In contrast to the analyses of organ support-free days (the
789 primary outcome) and its component hospital survival (a secondary outcome), which were performed
790 by an independent unblinded statistical analysis committee, sensitivity and other secondary analyses
791 were performed by investigators blinded to ongoing interventions and therefore did not include
792 adjustment for treatment assignment in ongoing domains.

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795 **Figure 2. Primary Outcome in Critically Ill Patients – Organ Support-Free Days Up to Day 21**

796 The **upper panel** displays the distributions of organ support-free days (days alive and free of
797 respiratory or cardiovascular organ support in an intensive care unit) up to day 21. The
798 ordinal scale includes in-hospital death (the worst possible outcome, truncated at 90 days),
799 and a score of 0 to 21 (the numbers of days alive without organ support) by randomization
800 group as the cumulative proportion (y axis) for each trial group by day (x axis), with death
801 listed first. Curves that rise more slowly are more favorable. The difference in the height of
802 the two curves at any point represents the difference in the cumulative probability of having
803 a value for days without organ support of less than or equal to that point on the x axis. The
804 **lower panel** displays organ support-free days as horizontally stacked proportions by trial
805 group. Red represents worse values and blue represents better values, the deepest red is
806 death and deepest blue is alive without organ support at 21 days. The primary outcome

807 distribution for the six critically ill patients randomized to the combined ARB and DMX-200
808 intervention is shown in **eFigure 1** in **Supplement 2**, and for 56 noncritically ill patients in
809 **eFigure 2** in **Supplement 2**.

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812 **Figure 3. (Upper Panel) Survival through 90 Days in Critically Ill Patients. (Lower Panel)**
813 **Individual Conditional Treatment Effects for Pooled ACE Inhibitor and ARB Intervention**
814 **Effect on Hospital Survival.**

815 The **upper panel** displays Kaplan-Meier curve of 90-day all-cause survival in critically ill
816 patients. Patients that do not die within 90 days are censored at day 90 with no event. The
817 **lower panel** displays ranked estimated individual-level conditional average treatment effect
818 on hospital survival for all patients. From the final causal forest on hospital survival pooling
819 both ACE inhibitor and ARB, treatment effect in tree terminal leaves with each individual's
820 control and intervention neighbors are combined to give an estimate of individual-level
821 treatment effect conditional on their baseline covariates. Ranked absolute risk difference
822 estimate with its 95% confidence interval is shown for each.

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826 **Figure 1. Screening, Randomization, and Follow-up of Participants in the REMAP-CAP COVID-19**
827 **ACE2 RAS Domain Randomized Clinical Trial**

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834 **Figure 2. Primary Outcome in Critically Ill Patients – Organ Support-Free Days Up to Day 21**

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838 **Figure 3. (Upper Panel) Survival through 90 Days in Critically Ill Patients. (Lower Panel) Individual**
839 **Conditional Treatment Effects for Pooled ACE Inhibitor and ARB Intervention Effect on Hospital**
840 **Survival**

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Table 1. Critically Ill Participant Characteristics at Baseline^a

	ACE inhibitor (n = 232)	ARB (n = 218)	Control (n = 231)
Age in years, median (IQR)	55.0 (43.0-66.0)	55.5 (44.0-63.0)	56.0 (44.0-65.0)
Female sex, No. (%)	82 (35.3)	66 (30.3)	91 (39.4)
Male sex, No. (%)	150 (64.7)	152 (69.7)	140 (60.6)
Race / Ethnicity ^b , No./total (%)			
Asian	7/146 (4.8)	7/142 (4.9)	8/140 (5.7)
Black	6/146 (4.1)	11/142 (7.7)	9/140 (6.4)
Mixed	0/146 (0.0)	3/142 (2.1)	2/140 (1.4)
White	126/146 (86.3)	114/142 (80.3)	114/140 (81.4)
Other	7/146 (4.8)	7/142 (4.9)	7/140 (5.0)
Body-mass index ^c , median (IQR)	30.3 (26.4-36.9) (n=210)	30.1 (27.2-37.2) (n=200)	30.5 (27.3-35.8) (n=213)
APACHE II score ^d , median (IQR)	11.0 (6.0-17.0) (n=231)	10.0 (7.0-14.0) (n=217)	10.0 (6.0-16.0) (n=230)
Clinical Frailty Score ^e , median (IQR)	2.0 (2.0-3.0) (n=228)	2.0 (2.0-3.0) (n=215)	2.0 (2.0-3.0) (n=229)
Confirmed SARS-CoV-2 infection ^f , No./total (%)	202/207 (97.6)	189/191 (99.0)	198/199 (99.5)
Pre-existing condition ^g , No./total (%)			
Diabetes	35/231 (15.2)	31 (14.2)	29 (12.6)
Respiratory disease	45/230 (19.6)	43/217 (19.8)	51/229 (22.3)
Kidney disease	7/205 (3.4)	2/209 (1.0)	2/213 (0.9)
Severe cardiovascular disease	9/231 (3.9)	9 (4.1)	5/228 (2.2)
Any immunosuppressive condition	12/230 (5.2)	13/217 (6.0)	15/229 (6.6)
Time to enrollment, median (IQR)			
From hospital admission, days	2.0 (1.1-3.7)	2.0 (1.1-3.9)	2.1 (1.1-3.8)
From ICU admission, hours	17.7 (8.9-27.0) (n=231)	16.9 (7.3-23.4)	16.2 (6.5-23.8)
Acute respiratory support, No. (%)			
Invasive mechanical ventilation	73/231 (31.6)	62 (28.4)	66 (28.6)
Non-invasive ventilation only	91/231 (39.4)	83 (38.1)	85 (36.8)
High-flow nasal cannula	68/231 (29.4)	73 (33.5)	81 (35.1)
None / supplemental oxygen	0/231 (0.0)	0 (0.0)	0 (0.0)

PaO ₂ / FiO ₂ , median (IQR) ^h	122.0 (88.0-158.0) (n=225)	112.0 (83.5-151.0) (n=215)	121.0 (91.0-154.8) (n=222)
Systolic blood pressure, mmHg	126.0 (114.0-144.0) (n=227)	128.0 (115.0-145.0) (n=215)	130.0 (115.0-144.2) (n=228)
Vasopressor support, No. (%)	43 (18.6)	30 (13.8)	28 (12.1)
Extended Cardiovascular SOFA score, median (IQR) ⁱ	0.0 (0.0-0.0) (n=230)	0.0 (0.0-0.0) (n=217)	0.0 (0.0-0.0) (n=229)
Median laboratory values (IQR) ⁱ			
C-reactive protein, µg/mL	92.0 (34.0-157.0) (n=205)	76.0 (37.0-146.0) (n=187)	91.5 (37.8-162.8) (n=186)
Lactate, mmol/L	1.3 (1.0-1.9) (n=201)	1.3 (1.0-1.7) (n=197)	1.3 (1.0-1.6) (n=211)
Creatinine, mg/dL	0.8 (0.6-1.0) (n=231)	0.7 (0.6-0.9) (n=217)	0.7 (0.6-0.9) (n=228)
eGFR, min/min/1.73m ²	100.8 (86.0-113.7) (n=231)	103.5 (92.4-113.4) (n=217)	102.9 (92.8-115.9) (n=228)
Potassium, mmol/L	4.3 (4.1-4.6) (n=222)	4.2 (4.0-4.5) (n=210)	4.2 (3.9-4.5) (n=219)
Concomitant therapies, No./total (%) ^j			
Remdesivir	34/228 (14.9)	34/217 (15.7)	39/230 (17.0)
Corticosteroids	226/228 (99.1)	214/217 (98.6)	226/230 (98.3)
Tocilizumab or sarilumab	173/228 (75.9)	165/217 (76.0)	183/230 (79.6)
Baricitinib	2/228 (0.9)	6/217 (2.8)	9/230 (3.9)
Antiviral monoclonal antibody	1/228 (0.4)	2/217 (0.9)	2/230 (0.9)

844 Percentages may not sum to 100 because of rounding. SD denotes standard deviation; ACE,
 845 angiotensin converting enzyme; APACHE, Acute Physiology and Chronic Health Evaluation; ARB,
 846 angiotensin receptor blocker; IQR, interquartile range; eGFR, estimated glomerular filtration rate;
 847 PaO₂/FiO₂, ratio of arterial oxygen partial pressure (PaO₂ in mmHg) to fractional inspired oxygen
 848 (FiO₂).

849 ^a Due to the small sample size (n=6), data on patients randomized to the combined ARB and DMX-
 850 200 arm are not presented.

851 ^b Data collection was not approved in Canada and continental Europe. 'Other' includes 'declined' and
 852 'other ethnic group'. Participants (or their surrogates) self-reported their race/ ethnicity via fixed
 853 categories appropriate to their region. "Declined" does not simply represent missing data. A patient
 854 may decline to provide their race at the time of registration or the person performing the
 855 registration may decline to ask the patient to clarify race at the time of registration.

856 ^c Body-mass index is the weight in kilograms divided by the square of the height in meters.

857 ^d This score measures illness severity based on age, medical history, and physiologic variables. Scores
 858 range from 0 to 71, with higher number representing increasing severity.

859 ^e The Clinical Frailty Score is a global measure of fitness and frailty, with increasing scores – ranging
 860 from 1 (very fit) to 9 (terminally ill) – reflecting worse fitness and increasing frailty.

861 ^f SARS-CoV2 infection was confirmed by respiratory tract polymerase chain reaction test. Patients
 862 were eligible for enrollment if COVID-19 testing had been performed and confirmed the presence of
 863 SARS-CoV-2, or if testing had not yet been performed but was intended to occur. Following
 864 enrollment, in eight patients, SARS-CoV-2 was not confirmed, either due to negative test results or
 865 the absence of testing. These patients are nevertheless included in the intention-to-treat analysis.

866 ^g Kidney disease was determined from the most recent stable serum creatinine level prior to this
 867 hospital admission, except in patients who were receiving dialysis. Abnormal kidney function was

868 defined as a creatinine level of 130 $\mu\text{mol/L}$ or greater (1.5 mg/dL) for males or 100 $\mu\text{mol/L}$ or greater
869 (1.1 mg/dL) for females not previously receiving dialysis. Cardiovascular disease was defined as New
870 York Heart Association class IV symptoms. Immunosuppression was defined by the receipt of recent
871 chemotherapy, radiation, high-dose or long-term steroid treatment, or presence of
872 immunosuppressive disease.

873 ^h A normal $\text{PaO}_2/\text{FiO}_2$ ratio is ≥ 400 .

874 ⁱ Extended Cardiovascular SOFA Score reflects criteria for blood pressure and inotropic or vasoactive
875 support, with higher scores indicating worse cardiovascular organ failure.

876 ^j Laboratory results available when captured for clinical care.

877 ^k Within 48hr of randomization.

Table 2. Primary Outcome (Organ Support-Free Days) and Select Secondary Outcomes in the Critically Ill Population^a

Outcome	Groups		ACE Inhibitor Compared to Control			ARB Compared to Control			
	Control N= 231	ACE inhibitor N= 231	ARB N= 217	Adjusted odds ratio (95% CrI) ^g	Probability of efficacy ^j %	Probability of harm ⁱ %	Adjusted odds ratio (95% CrI) ^g	Probability of efficacy ^h %	Probability of harm ^h %
Primary outcome	<i>median no. (IQR)</i>								
Organ support-free days ^{b,c}	12 (0 to 17)	10 (-1 to 16)	8 (-1 to 17)	0.77 (0.58 to 1.06)	5.1	94.9	0.76 (0.56 to 1.05)	4.6	95.4
Secondary outcomes	<i>no. of patients/total no. (%)</i>								
In-hospital survival	182/231 (78.8)	166/231 (71.9)	152/217 (70.0)	0.70 (0.44 to 1.06)	4.7	95.3	0.62 (0.39 to 0.98)	1.9	98.1
90-day survival ^d	-	-	-	0.70 (0.49 to 1.02)	3.1	96.9	0.67 (0.46 to 0.96)	1.4	98.6
AKI KDIGO ^e Stage ≥ 2 by day 14	16/212 (7.5)	16/223 (7.2)	30/208 (14.4)	0.85 (0.43 to 1.69)	67.2	32.8	1.87 (1.02 to 3.48)	2.2	97.8
AKI KDIGO ^e Stage 3 by day 14 ^f	12/212 (5.7)	12/223 (5.4)	23/208 (11.1)	0.87 (0.39 to 1.90)	64.2	35.8	1.78 (0.89 to 3.58)	5.4	94.6
Vasopressor/inotrope-free days ^e	<i>median no. (IQR)</i>								
	28 (7.5, 28)	26 (-1 to 28)	24 (-1 to 28)	0.75 (0.53 to 1.07)	6.0	94.0	0.62 (0.44 to 0.89)	0.4	99.7

878 ACE denotes angiotensin converting enzyme; AKI, acute kidney injury; ARB, angiotensin receptor blocker; CrI, credible interval; IQR, interquartile range;
 879 KDIGO, Kidney Disease Improving Global Outcomes; no., number.

880 ^a Additional secondary outcomes in critically ill patients are reported in **eTable 7** in **Supplement 2**. Due to the low number of patients with available
 881 outcomes in the combined ARB and DMX-200 arm (n=6), effect estimates were not calculated in this group; rather, distributions of the primary outcome
 882 are shown in **Figure 1** in **Supplement 2**, and descriptive data on secondary outcomes is reported in footnotes to **eTable 7** in **Supplement 2**.

883 ^b The primary outcome was organ support-free days, evaluated using an ordinal scale that combined in-hospital death and the number of days free of
 884 cardiovascular or respiratory organ support up to day 21 among patients who survived to hospital discharge. The conditional median (IQR) organ support-
 885 free days for patients who survived hospitalization was: control, 15 (9 to 18); ACE inhibitor, 15 (8 to 18); ARB, 15 (6 to 18).

886 ^c Dynamic borrowing of information on treatment effect from noncritically ill patients was permitted. Results from a sensitivity analysis assuming
 887 independent treatment effects between disease-severity cohorts are provided in **eTable 5** in **Supplement 2**.

888 ^d Time-to-event outcome. The effect estimates are median hazard ratios. Hazard ratios above 1 indicate benefit and below 1 indicate harm of ACE inhibitor
889 or ARB relative to the control group. The No./total (%) of patients alive at 90 days in each group is: ACE inhibitor (164/231; 71.0%), ARB (151/217, 69.6%),
890 and control (179/231, 77.5%).

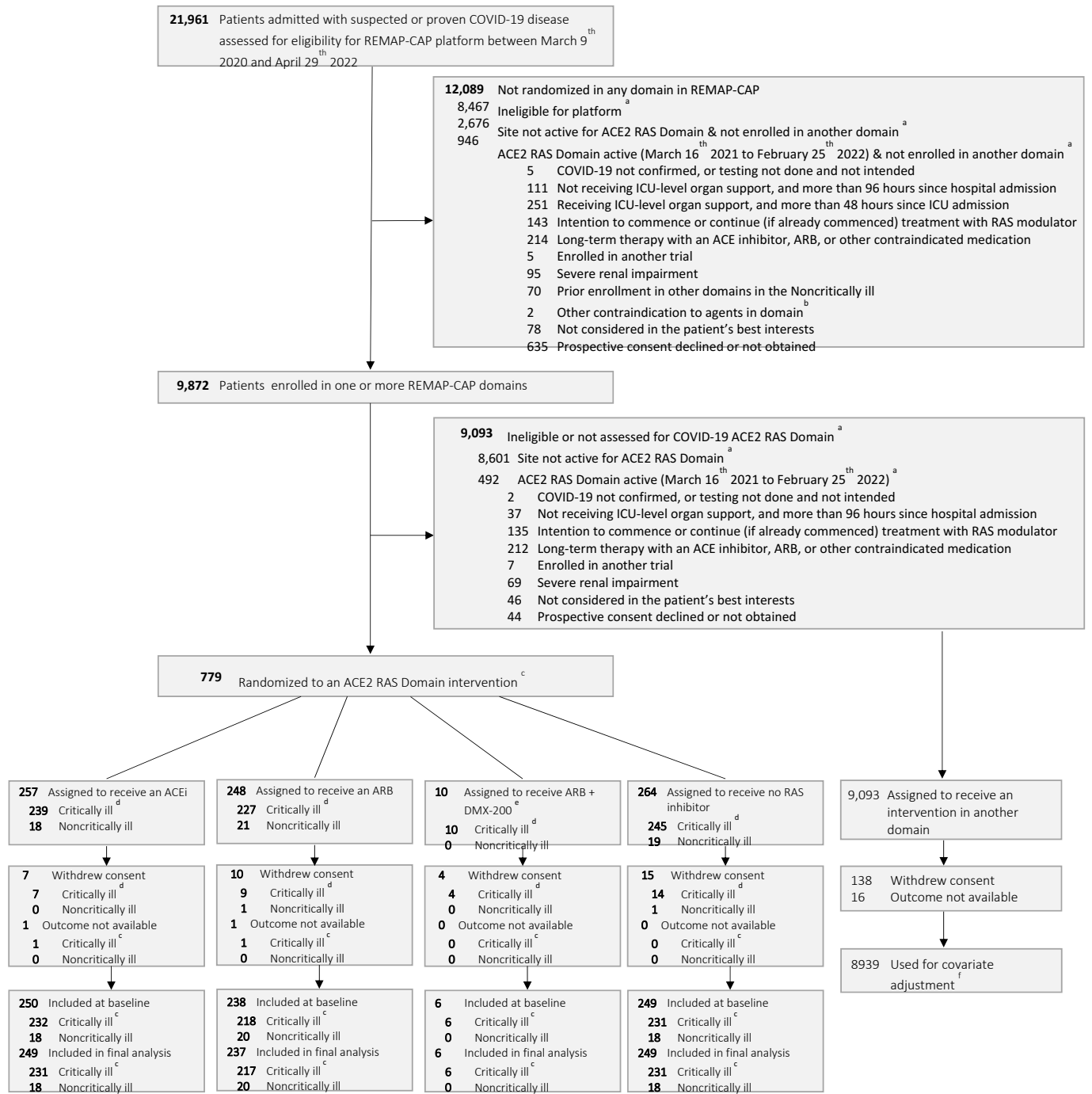
891 ^e Acute kidney injury was defined using the modified Kidney Disease Improving Global Outcomes (KDIGO) criteria as either stage ≥ 2 (serum creatinine
892 increase 2-2.9x from baseline, with baseline defined as time of enrollment) or as stage 3 (serum creatinine increase ≥ 3 x from baseline, or increase in serum
893 creatinine by ≥ 0.5 mg/dL [44 mmol/L] to ≥ 4 mg/dL [353.6 μ mol/L], or new initiation of renal replacement therapy). An odds ratio < 1 indicates treatment
894 benefit, whereas an odds ratio > 1 indicates treatment harm.

895 ^f Need for renal replacement therapy among patients meeting criteria for KDIGO stage 3 by day 14: control arm, 4/212 (1.9%); ACE inhibitor arm, 4/223
896 (1.8%); ARB arm, 10/208 (4.8%). The occurrence of incident AKI at 7 days is reported in **eTable 7** in **Supplement 2**.

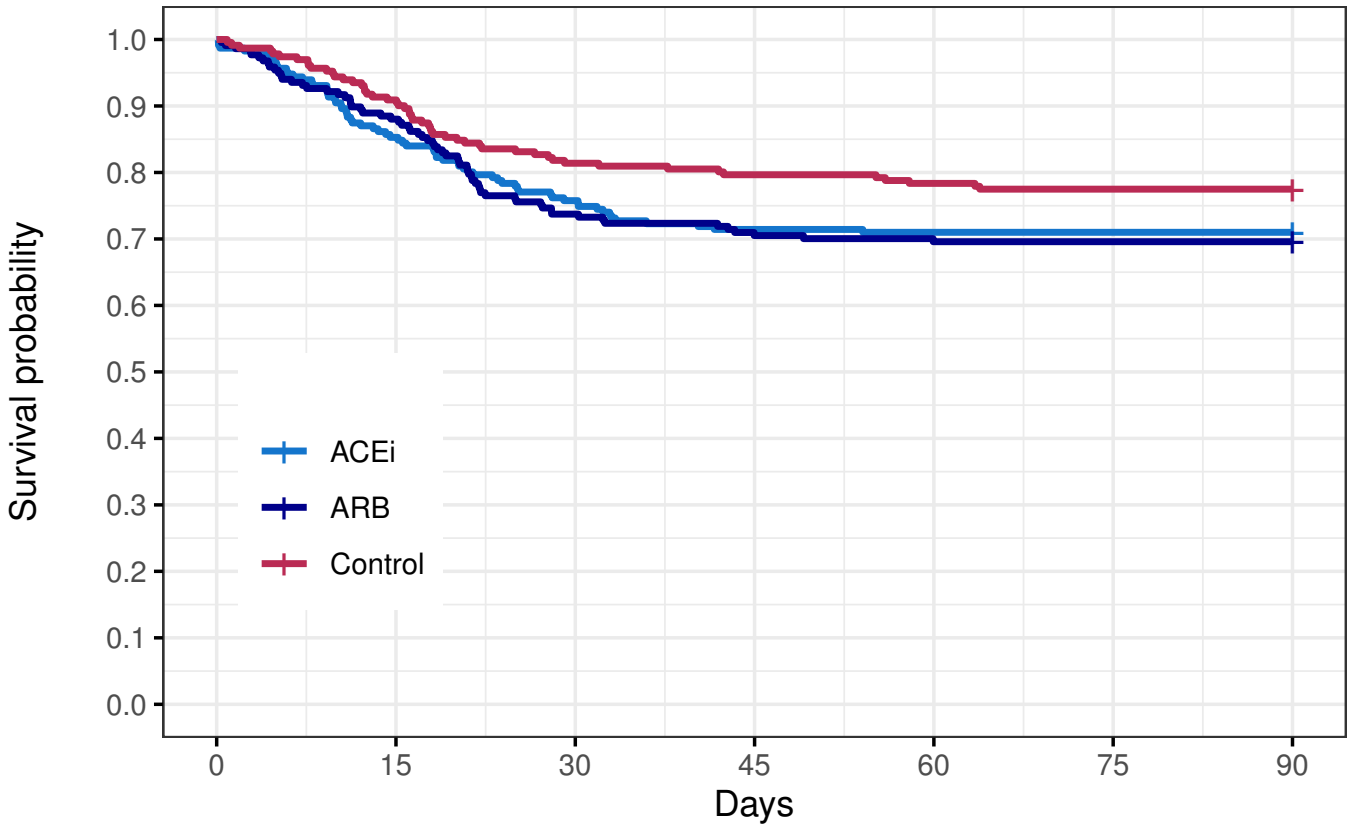
897 ^g This composite outcome included mortality and, among survivors, the number of days alive without vasopressor through day 28. Among critically ill
898 patients in the ACE inhibitor, ARB, and control groups, 69/188 (36.7%), 86/188 (45.7%), and 69/203 (34.0%) patients, respectively, received new initiation of
899 vasopressors (after not been on them at enrollment) after randomization.

900 ^h Values are median odds ratios. Odds ratios for organ support-free days and in-hospital survival are adjusted for age, sex, site (nested within country),
901 domain ineligibility, randomization within each domain and time epochs. Odds ratios for the remaining outcomes are adjusted for age and sex. Odds ratios
902 > 1 corresponds with treatment benefit and < 1 corresponds with treatment harm – except in the reporting of occurrence of acute kidney injury, wherein the
903 direction of treatment effect is reversed to be consistent with the outcome description.

904 ⁱ The probabilities of efficacy and harm of ACE inhibitor or ARB relative to the control group were computed from the posterior distributions.



A) Survival through 90 days in critically ill patients



Number at risk

	0	15	30	45	60	75	90
ACEi	231	197	175	165	164	164	164
ARB	217	191	160	153	151	151	151
Control	231	210	188	184	181	179	179

B) Individual conditional treatment effects (estimate with 95% CI) for pooled ACEi and ARB interventions on hospital survival for all patients

