

Statistical modelling of the rheological and mucoadhesive properties of aqueous poly(methylvinylether-co-maleic acid) networks: Redefining biomedical applications and the relationship between viscoelasticity and mucoadhesion

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З Poly(methylvinylether-co-maleic acid) Aqueous **Networks:** Redefining 4 biomedical applications and the relationship between viscoelasticity and 5 mucoadhesion 6 7 David S. Jones*, Thomas P. Laverty, Caoimhe Morris & Gavin P. Andrews 8 School of Pharmacy, Queen's University Belfast, Medical Biology Centre, 97, 9 Lisburn Road, Belfast BT9 7BL, United Kingdom 10 ^{*}Correspondence: Professor David S. Jones, School of Pharmacy, Queen's 11 12 University Belfast, Medical Biology Centre, 97, Lisburn Road, Belfast BT9 7BL, United Kingdom 13

Statistical Modelling of the Rheological and Mucoadhesive Properties of

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22 Abstract

23 Poly(methylvinylether-co-maleic acid) (PMVE/MA) is commonly used as a 24 component of pharmaceutical platforms, principally to enhance interactions with 25 biological substrates (mucoadhesion). However, the limited knowledge on the 26 rheological properties of this polymer and their relationships with mucoadhesion has 27 negated the biomedical use of this polymer as a mono-component platform. This 28 study presents a comprehensive study of the rheological properties of aqueous PMVE/MA platforms and defines their relationships with mucoadhesion using 29 30 multiple regression analysis. Using dilute solution viscometry the intrinsic viscosities 31 of un-neutralised PMVE/MA and PMVE/MA neutralised using NaOH or TEA were $22.32 \pm 0.89 \text{ dL g}^{-1}$, 274.80 $\pm 1.94 \text{ dL g}^{-1}$ and 416.49 $\pm 2.21 \text{ dL g}^{-1}$ illustrating greater 32 polymer chain expansion following neutralisation using Triethylamine (TEA). 33 34 PMVE/MA platforms exhibited shear-thinning properties. Increasing polymer 35 concentration increased the consistencies, zero shear rate (ZSR) viscosities 36 (determined from flow rheometry), storage and loss moduli, dynamic viscosities 37 (defined using oscillatory analysis) and mucoadhesive properties, yet decreased the 38 loss tangents of the neutralised polymer platforms. TEA neutralised systems 39 possessed significantly and substantially greater consistencies, ZSR and dynamic 40 viscosities, storage and loss moduli, mucoadhesion and lower loss tangents than 41 their NaOH counterparts. Multiple regression analysis enabled identification of the 42 dominant role of polymer viscoelasticity on mucoadhesion (r>0.98). The 43 mucoadhesive properties of PMVE/MA platforms were considerable and were 44 greater than those of other platforms that have successfully been shown to enhance 45 in vivo retention when applied to the oral cavity, indicating a positive role for 46 PMVE/MA mono-component platforms for pharmaceutical and biomedical 47 applications.

48 **1.** Introduction

Poly (methylvinylether-co-maleic anhydride) is a 1:1 copolymer of methyl vinyl ether 49 50 and maleic anhydride that is available in various grades, including the free acid form, 51 poly (methyl vinyl ether-co-maleic acid) (PMVE/MA)[1]. The low toxicity and 52 excellent biocompatibility of PMVE/MA have resulted in its widespread use 53 throughout the pharmaceutical and cosmetic industry[2, 3]. In particular, this 54 polymer has found use within toothpastes, mouthwashes, denture adhesives, 55 hairsprays, transdermal patches, periodontal drug delivery systems and within 56 stoma adhesive pastes[4-8].

57

PMVE/MA has been reported to form adhesive interactions with mucin-coated 58 59 epithelial surfaces (termed mucoadhesion)[9-11] and, as a result, has been used as 60 a component of a range of biomedical implants where retention at the site of application is important, e.g. as mucoadhesive nanospheres and microspheres, 61 62 mucoadhesive buccal tablets, mucoadhesive implants for application to the 63 periodontal pocket and microneedle transdermal systems. In such applications 64 mucoadhesion has been shown to enhance the retention of the implant at the site of 65 application, thereby facilitating controlled drug release and offering site specific 66 mechanical properties [6, 9, 12, 13]. The mucoadhesive properties of PMVE/MA are 67 accredited to its large molecular weight, its favourable chemical functional groups 68 and anionic charge, all of which aid interaction with the mucus layer through 69 polymer mucin interpenetration and the formation of various hydrogen bridges[9, 14, 70 15].

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72 The successful pharmaceutical and biomedical applications of PMVE/MA have 73 predominantly required the formation of networks with other polymers, most notably 74 poly(vinylpyrrolidone, PVP). For example in a series of publications, Jones et al. 75 described the formulation of networks of PMVE/MA and PVP that were designed for 76 use as implants within the oral cavity[6, 12, 13]. In these studies it was shown that 77 the rheological properties of the networks were engineered through modification of 78 both the ratio of PMVE/MA to PVP and polymer concentration. Other studies have 79 described the design of biomedical implants that involve the use of PMVE/MA in 80 association with other polymers. For example, Moreno et al. described the 81 formulation of thermosensitive hydrogels of PMVE/MA and Pluronic F127 that were 82 designed for the controlled release of proteins[16]. Whereas the combined use of 83 PMVE/MA and poloxamer 407 and hydroxypropylcellulose gels designed for the 84 treatment of oropharyngeal cancer has been described[17]. Most recently however 85 Jones et al. highlighted a significant concern regarding the use of interactive 86 polymer networks involving PMVE/MA. The combination of PMVE/MA and 87 poly(vinyl alcohol) produced rheologically structured, mucoadhesive networks. 88 However, upon storage, the viscoelastic and mucoadhesive properties of the 89 networks were observed to significantly and detrimentally change thereby obviating 90 their use as biomedical implants. Conversely, there was no alteration of the 91 rheological properties of mono-polymeric PMVE/MA systems on storage [18]. The use of binary polymeric networks involving PMVE/MA must therefore be treated with 92 93 extreme caution.

94

Despite the (growing) number of publications that describe the use of PMVE/MAbased platforms for biomedical applications (particularly for drug delivery applications), there is a paucity of studies that have examined the physicochemical

properties of PMVE/MA regarding its suitability as a monopolymeric platform for 98 99 biomedical applications. This oversight is of scientific relevance for two reasons. 100 Firstly, without an understanding of the rheological and mucoadhesive properties of 101 PMVE/MA, the formulation of existing biomedical implants may not be optimal, with 102 detrimental consequences on their clinical usage. Secondly, full understanding and 103 knowledge of the rheological and mucoadhesive properties will offer possibilities for 104 the use of this polymer for an enhanced range of applications, e.g. as 105 pharmaceutical implants, drug delivery applications and as mucoadhesive, 106 viscoelastic implants designed to facilitate cataract removal[19].

107

108 Therefore, this study aims to provide a comprehensive description of the rheological 109 properties of PMVE/MA and, for the first time, to specifically statistically examine the 110 relationship of these properties to the mucoadhesive properties. In particular the generated data and the relationships between the various rheological and 111 112 mucoadhesive properties will be statistically modelled, thereby providing a comprehensive characterisation of the relationship between these parameters. In 113 so doing this study will offer a beneficial insight into the potential biomedical 114 115 applications of PMVE/MA and of the contribution of physicochemical properties of PMVE/MA to mucoadhesion, an area as yet not fully clarified. 116

117

118 2. Materials and Methods

119 2.1 Materials

Poly(methylvinylether-co-maleic acid, PMVE/MA) (Gantrez[®] SBF97) with an average
molecular weight of approximately 1,200,000 Da was kindly donated by ISP, Surrey,
UK. Sodium hydroxide (NaOH) pellets and triethylamine (TEA) were purchased from
Sigma Aldrich, Dorset, England. All other chemicals were purchased from BDH
Laboratory supplies Dorset, England and were of AnalaR grade, or equivalent quality.

125

126 2.2. Methods

127 2.2.1 Manufacture of Dilute PMVE/MA Solutions

Stock solutions (0.2-0.6 g/dl) of PMVE/MA were prepared by adding the required 128 129 mass of polymer to an appropriate volume of deionised water (pH 5.0-5.2). The 130 polymeric solutions (five replicate batches) were subsequently agitated using a mechanical stirrer. Dilution of stock solutions was carried out to obtain the desired 131 132 concentration, with the final volume being corrected after neutralisation of the 133 relevant systems. Neutralisation of suitable solutions was carried out via the drop 134 wise addition of sodium hydroxide solution (30% w/w NaOH) or Triethylamine (TEA) until a pH value of 7.4 was obtained (measured using a Hanna Instruments pH 135 136 meter). The solutions examined reflected a range of un-neutralised, TEA and NaOH 137 neutralised PMVE/MA systems.

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141 2.2.2. Manufacture of Bulk Aqueous PMVE/MA Systems.

PMVE/MA systems were manufactured via the slow addition of the appropriate amount of polymer (5-30% w/w) to deionised water under mechanical mixing via a mechanical stirrer. A number of gels had their pH adjusted to pH 7.4 using either a 30% w/w NaOH solution or TEA; with gel pH determined using a flat faced gel pH probe. To remove air, all samples were stored for 24hrs prior to testing, with all testing being completed within a 72hr period. Bulk rheological measurements were performed using both continuous shear analysis and oscillatory analysis.

149

150 2.2.3. Viscometric Analysis of Dilute Solutions.

All viscometric analyses of PMVE/MA solutions (0.2-0.6 g/dl) were performed using Rheotek Ostwald U-tube viscometers sizes O-D. Solutions were added to the tube via a pipette until the required level was reached. The U-tube was then placed into a Rheotek water bath pre-set to $37^{\circ}C\pm0.5^{\circ}C$ and allowed to equilibrate for 15 minutes. The time required for the fluid to fall a predetermined distance was measured and used to calculate the kinematic viscosity (v, mm²s⁻¹) (Equation 1).

157
$$v = kt$$
 Equation 1

where: k refers to the U-tube multiplication factor and *t* refers the solution/solvent
flow time (sec)

160 From this the relative viscosity (η_{rel}) was calculated

161
$$\eta_{rel} = \frac{v}{v_o}$$
 Equation 2

162 Where: v and v_o refer to the kinematic viscosities of the polymeric solution and the 163 solvent in which the polymer is dispersed, respectively.

164 The specific viscosity (η_{sp}) is then calculated:

165
$$\eta_{sp} = \eta_{rel} - 1$$
 Equation 3

166 The reduced viscosity (η_{red}) may be thus expressed as the ratio of the specific 167 viscosity to the concentration:

168
$$\eta_{red} = \frac{\eta_{sp}}{c}$$
 Equation 4

169 Where C is the concentration of the polymer in g/dl[20].

170

U-tubes were chosen so that the efflux time for each solution was always above 200 sec (or 300 seconds for the O size tube) thus allowing greater accuracy within measured results. The viscometric properties of five replicate solutions were measured in all cases.

175

176 Calculation of the intrinsic viscosity of each system $[\eta]$ was performed using the 177 Huggin's equation (equation 5) or the equation described by Fuoss and Strauss 178 (equation 6)[21] [22, 23].

179
$$\eta_{red} = \frac{\eta_{sp}}{c} = [\eta] + k'[\eta]^2 C$$
 Equation 5

180 Where (in addition to the previous descriptions) C is the polymer concentration and
181 k' refers to Huggin's constant

182
$$\eta_{sp} = \frac{[\eta]}{(1+B\sqrt{C})}$$
 Equation 6

183 Where: C is the polymer concentration and B is a constant

185 2.2.4. Continuous Shear Analysis.

Continuous shear (flow) analyses were performed at 37°C on the PMVE/MA (5-30% 186 187 w/w) systems using a TA systems AR2000 rheometer. Flow rheograms were 188 determined using either a 6cm or 4cm parallel stainless steel plate (gap size 1000 189 µm), the choice of geometry being determined by sample consistency. Samples to 190 be analysed were applied to the lower plate and allowed 15 minutes to equilibrate to 191 negate any stresses induced during sample application. The shear stress was 192 applied over a predetermined range, with this range again being determined by 193 sample consistency. Mathematical modelling of the flow properties of the various 194 polymeric platforms was performed using the Rheology Advantage software (TA 195 Instruments) in conjunction with the Ostwald-de-Waele power law model (equation 196 7)[24] and the Cross model (equation 8)[25], as follows:

197
$$\sigma = k\dot{\gamma}^n$$
 Equation 7

198 Where: σ refers to the shear stress, $\dot{\gamma}$ refers to the rate of shear, k refers to the 199 consistency and n represents a power law index

200
$$\eta = \eta_{\infty} + \frac{\eta_o - \eta_{\infty}}{1 + (K\dot{\gamma})^m}$$
 Equation 8

201 Where: η is viscosity, η_{∞} is the infinite shear viscosity, K is a structural relaxation 202 time, *m* is dimensionless and η_0 is the zero rate viscosity.

203 In each case, the flow properties of at least five replicates were determined.

204

205 2.2.5. Oscillatory Analysis.

206 Oscillatory analyses were performed at 37°C on PMVE/MA (5-30% w/w) systems 207 using a TA systems AR2000 rheometer, as previously reported by the authors[26].

208 Rheological analyses were conducted using either a 6cm or 4cm parallel stainless 209 steel plate (gap size 1000 µm); the choice of geometry was determined by sample 210 consistency. Samples to be analysed were applied to the lower plate and allowed 211 15 minutes to equilibrate to negate any stresses induced during sample application. 212 For each sample, the linear viscoelastic region was determined via a stress sweep at 213 a fixed frequency. Once determined, a frequency sweep from 0.1 to 10Hz was 214 performed at a stress value selected from within the linear viscoelastic region. The 215 linear viscoelastic region was identified as the region in which the stress and the 216 strain were directly proportional and where the storage modulus (G) remained 217 constant. From the resulting relationships between modulus and oscillatory 218 frequency, the storage modulus (G'), loss modulus (G"), dynamic viscosity (n') and 219 the loss tangent (tan δ) were then determined using the Rheology Advantage 220 software provided by T.A. Instruments. In each case the dynamic rheological 221 properties of at least five replicates were determined.

222

223 2.2.6. Mucoadhesion Testing

224 Mucoadhesion testing was conducted using a TA XT2 Texture Analyser in adhesion 225 mode as previously reported by Jones et al. [27-29]. In brief, 400mg mucin discs 226 were manufactured using a 13mm IR press using a force of 10 tonnes for a period of 227 one minute. The discs were then attached to the end of a 10mm diameter 228 polycarbonate probe via double sided adhesive tape. Samples to be analysed were 229 transferred into a three-sided mould with mucoadhesion testing being determined at 230 37°C. Prior to testing, samples were stored in sealed sample vials incubated at 37°C 231 for 24hrs. Before testing, the disc was pre-wetted with 5% mucin solution with 232 excess being removed via blotting. A downward force of 0.1N was applied to the

polymer platform, held for 30 seconds before being removed at a speed of 10mms⁻¹.
Mucoadhesion, determined as the force required to detach the polymer platform
from the mucin disc, of each formulation was obtained from five replicates
measurements.

237

238 2.2.7. Statistical Analysis

239 Statistical modelling was performed using a General Linear Model. The effects of 240 polymer concentration, type of pH neutralising agent and oscillatory frequency on 241 the viscoelastic properties (storage modulus, loss modulus, tan δ and dynamic 242 viscosity (n') were statistically examined using a two-way repeated measures 243 Analysis of Variance. The effects of polymer concentration and type of pH 244 neutralising agent on the gel strength, rheological exponent and on crossover 245 frequency were statistically examined using a two-way Analysis of Variance. The 246 effects of neutralising agent on the intrinsic viscosity and critical concentration (C*) 247 of PMVE/MA was statistically analysed using a one way ANOVA. Post-hoc analysis 248 of individual treatment differences was performed using Tukey's HSD test. In all 249 cases p<0.05 was accepted as denoting significance and therefore the individual 250 probability values have not been included in the text.

251

252 Statistical modelling of the relationship between polymer concentration and the type 253 of neutralising agent on the viscoelastic parameters (at three defined frequencies, 254 2.37, 5.39 and 9.99Hz) and on mucoadhesion was performed using a multiple linear 255 regression model (two-way ANOVA). As before, post-hoc analysis of individual 256 treatment differences was performed using Tukey's HSD test (p<0.05 denoting

257	significance). The rel	ationships betweer	n viscoelastic	properties	(G', G'',	tan δ	and
258	η') and mucoadhesior	n were examined us	ing multiple c	orrelation a	nalysis.		

- 260 In all cases measurements and statistical analyses were performed on five replicate
- 261 samples (n = 5).

264 **3. Results and Discussion**

265 Mucoadhesive polymers have been extensively used within the pharmaceutical 266 industry, finding use within a wide range of formulations such as eye drops, vaginal 267 gels, nasal inserts, buccal tablets and with some limited success in peroral drug 268 delivery[9]. PMVE/MA has been reported to have strong mucoadhesive properties[8, 269 9, 30] however, this polymer has been limited to a component within implants that 270 contain other polymeric systems. Whilst theoretically this strategy may have merit. 271 the authors have recently reported that PMVE/MA networks may undergo rheological ageing, resulting in compromised rheological and mucoadhesive 272 273 properties[18]. There are therefore concerns regarding this strategy. There has 274 been a distinct paucity of reports that have examined the mucoadhesive properties 275 and additionally the rheological properties of PMVE/MA monopolymeric systems. 276 Furthermore, this manuscript has addressed a major deficiency in the scientific 277 literature, namely the contribution of polymer viscoelasticity to mucoadhesion, a 278 relationship that requires full understanding to enable the rational design of 279 mucoadhesive systems as biomedical implants.

280

281 3.1. Dilute Solution Properties of PMVE/MA

In this study the intrinsic viscosities of PMVE/MA dilute solutions, (un-neutralised or neutralised using NaOH or TEA) were determined via extrapolation of the Huggins or the Fuoss and Strauss plots (Figures 1a and 1b, respectively). Modelling of the mathematical relationships revealed that the plot of reduced viscosity against concentration of PMVE/VA for neutralised systems was non-linear thereby invalidating the use of the Huggins model to determine intrinsic viscosity of these systems. Notably, the reduced viscosity was observed to decrease with increasing

289 concentration of polymer in a manner typical of polyelectrolyte solutions[31]. Fuoss 290 and Strauss[32, 33] reported an empirical expression from which the intrinsic 291 viscosity of polyelectrolytes may be determined from the linear plot of the reciprocal 292 of reduced viscosity against polymer concentration^{0.5.} Using this relationship, the 293 intrinsic viscosities of un-neutralised PMVE/MA and PMVE/MA neutralised using 294 NaOH or TEA were 22.32 \pm 0.89 dL g⁻¹, 274.80 \pm 1.94 dL g⁻¹ and 416.49 \pm 2.21 dL g⁻¹ 295 ¹, respectively and were significantly different. Plotting the relationship between 296 log₁₀ specific viscosity and log₁₀ polymer concentration provides a further 297 understanding of the dilute solution properties of PMVE/MA. PMVE/MA solutions 298 that had been neutralised using NaOH or TEA exhibited statistically significant 299 inflection points (C^{*}) at PMVE/MA concentrations of 0.26 \pm 0.01 and 0.28 \pm 0.01 g 300 dl₁, respectively. No inflection point was observed for un-neutralised systems. 301 Below the critical overlap concentration (C^*) within a polymer network, polymer 302 chains exist independently as single units without entanglement. At this dilute 303 concentration, association of polymer chains is negligible allowing analysis of the 304 polymer chain conformation[34]. It is this polymer chain conformation that eventually 305 influences the various topological constraints and supramolecular organisations that 306 will occur within a network eventually giving rise to gel formation[35]. The intrinsic 307 viscosity of a polymer represents the hydrodynamic volume which an individual 308 polymer chain occupies, thereby reflecting the dimensions of the polymer chain[36] 309 and indicates the role of factors, e.g. polymer/solvent interactions, pH and the 310 presence of other ions within solutions on gel networks formed from these 311 systems[37]. In this study the intrinsic viscosity increased following neutralisation 312 due to the expanded conformation of the polymer chains resultant from ionisation of 313 the pendant carboxyl acid groups of the polymer. Hence, when neutralised the 314 polymer chains are in an expanded conformation occupying a greater spatial 315 dimension than the compact un-neutralised PVME/MA polymer chains. The choice

316 of neutralising agent was also observed to have a significant effect on the intrinsic 317 viscosity values of PMVM/MA chains. TEA neutralised systems were observed to 318 have significantly higher intrinsic viscosities than those obtained via NaOH 319 neutralisation and hence TEA neutralised chains occupied the greater hydrodynamic 320 volume. Variation between the two neutralised polymeric solutions may be 321 attributed to shielding of these electrostatic charges by sodium ions within solutions 322 neutralised by NaOH, which restricted polymer chain extension. Ionic strength has 323 been shown to have a significant effect on polyelectrolyte gels containing 324 carboxylate groups. Previously Tam and Tiu[38] investigated the effect of various 325 cations on the rheology of solutions of the anionic polymer polyacrylamide. They 326 observed that the presence of cations such as Na⁺ reduced polymer inter and 327 intramolecular interactions causing a significant reduction in solution viscosity.

328

329 **3.2.** Flow Properties of PMVE/MA Gels

The effects of polymer concentration, neutralisation and the type of neutralising 330 331 agent on the consistency and rate index of PMVE/MA gels, modelled using the 332 Ostwald-de-Waele power law model and on their zero-shear rate viscosities, 333 modelled using the Cross model, are shown in Table 1. Neutralised polymeric 334 platforms were pseudoplastic, evident from the rate indices being statistically less 335 than 1. Increasing polymer concentration and neutralisation of the PMVE/MA 336 systems significantly decreased the rate index and increased both the consistency 337 and zero-shear rate viscosities. Furthermore, the effect of TEA on these properties 338 was significantly greater than for NaOH. These observations accounted for a 339 statistically significant interaction term in the ANOVA, indicative of a non-additive 340 effect of the various variables. Hence, the effects of polymer concentration on the

341 aforementioned properties were dependent on the pH of the gels and the 342 neutralising agent. The observed flow properties of the neutralised gels were 343 expected, given that the polymer concentrations dramatically exceeded the C* 344 concentration. The effect of polymer concentration on the observed flow properties 345 is due to an increased number of molecular interactions between the polymer 346 chains[39]. All platforms showed an increase in the zero rate viscosity (i.e. the 347 viscosity a system would exhibit when at rest) upon increasing polymer 348 concentration, denoting a stronger network due to increased interaction between 349 polymer chains[40]. Increases in zero shear rate viscosity were observed to be non-350 linear in relation to increasing PVM/MA concentrations for all platforms; this being 351 indicative of increasing interactions between constituent groups within the polymer 352 chains which are disproportionate to increases in polymer concentration. The 353 effects of neutralisation on the flow properties were in accordance with the 354 observations from dilute solution viscometry, with TEA neutralised systems offering 355 greater resistance to deformation (increased consistency and zero shear rate 356 viscosity) than comparator systems neutralised using NaOH. For example a 25% 357 w/w TEA neutralised system had a consistency value of 1191.00 ± 11.53 Pa.sⁿ, and 358 a zero rate viscosity of 3397.67 ± 80.21 Pa.s, whilst a 25% w/w NaOH neutralised 359 system had values of 510.10 \pm 9.20 Pa.sⁿ and 992.97 \pm 11.22 Pa.s, respectively. 360 Thus, electrostatic shielding of ionised carboxylate groups due to the presence of 361 Na⁺ ions restricts the extension of the PMVE/MA polymer chain within NaOH neutralised networks. As a result, the more highly expanded PMVE/MA polymer 362 363 chains, present within TEA neutralised formulations, have a greater probability of 364 entangling with one another thereby forming a more structured network than 365 typically experienced within similarly concentrated NaOH neutralised formulations. 366 The addition of small counterions can effectively reduce the mutual charge repulsion 367 of carboxylate anions resulting in polymer chain coiling[41].

368

369 3.3. Oscillatory Rheometry of PMVE/MA Gels

370 The effects of frequency, PMVE/MA concentration and type of neutralisation agent on the storage and loss moduli of the systems under investigation are graphically 371 Furthermore, a summary of the effects of the 372 displayed in Figures 2-4. 373 aforementioned parameters on the loss tangents and dynamic viscosities at 374 specified frequencies is presented in Table 2. The frequency dependence of both 375 the elastic and loss moduli indicate that the formation of viscoelastic networks are 376 as a result of non-covalent intermolecular interactions and polymer chain 377 entanglements[42-44]. Whilst increasing PMVE/MA concentration (in the un-378 neutralised state) increased the storage and loss moduli and the dynamic viscosity 379 (at each frequency), the magnitudes of these parameters were small and, 380 furthermore, the loss tangent exceeded 1 at all concentrations and frequencies 381 examined. These observations are typical of an elastoviscous system[18]. The failure to determine an LVR for 5% and 10% w/w PVME/MA un-neutralised 382 383 formulations can be directly attributed to their lack of suitable viscoelastic structure. These results are consistent with the presence of PMVE/MA in the coiled state, with 384 385 minimal interactions between adjacent polymer chains[18, 41]. In the neutralised state, the moduli dramatically increased, complementing the findings from 386 continuous shear analysis. The storage and loss moduli and dynamic viscosity 387 exhibited within neutralised systems were significantly higher than those recorded 388 389 for un-neutralised formulations, whilst tan δ values were significantly lower. For example, the storage and loss moduli of a 30% w/w un-neutralised formulation of 390 391 PVME/MA were 523.03 \pm 25.64 Pa and 633.20 \pm 26.82 Pa, respectively, whereas 392 the storage and loss moduli of the corresponding NaOH neutralised system were 393 5552.33 ± 134.75 Pa and 3310.00 ± 49.57 Pa (all measured at a frequency of 6.19

394 Hz). As observed previously within viscometric and continuous shear analyses, the 395 choice of neutralising agent had a significant effect on measured viscoelastic 396 parameters. TEA neutralised formulations possessed significantly higher elastic and 397 loss moduli and dynamic viscosity values, whereas tan δ values were observed to 398 be significantly lower than those of NaOH neutralised systems at comparable 399 PMVE/MA concentrations and oscillatory frequencies. A 30% PMVE/MA TEA 400 neutralised formulation had a tan δ value of 0.50 ± 0.01, whereas a 30% w/w 401 PVM/MA NaOH neutralised formulation presented a significantly higher tan δ value 402 of 0.57 ± 0.01 (frequency 8.50 Hz). Polyelectrolyte systems are known to be very 403 sensitive to changes in pH, with neutralisation of acidic groups, as observed in this 404 study, leading to the formation of a tighter gel network via non-covalent association 405 of polymer chains[45]. The presence of various ions however can cause shielding of 406 the negatively charged carboxylate groups resulting in a reduction in the repulsion 407 between polymer chains, decreasing formulation viscosity and elasticity[46]. The 408 net effect of this shielding effect that was apparent in this study was gels that had been neutralised by sodium hydroxide exhibited lower elasticity than their organic 409 410 amine neutralised counterparts. This is apparent from the greater magnitude of the 411 storage modulus, the lower loss tangent values, the lower gel strength and the lower 412 crossover frequency of TEA-neutralised PMVE/MA gels, as depicted in Table 3. 413 This table provides an insight into the frequency dependence of the elastic and loss moduli through the use of a power law model, which characterises the material 414 strength (K) and the frequency dependency of the platform (n). Together, these 415 416 parameters provide a further understanding of the nature of the platform under 417 investigation[47, 48]. Power Law exponent values of moduli were observed to 418 significantly decrease, whilst moduli gel strength values significantly increased upon 419 increasing PMVE/MA concentration and/or following neutralisation. These observed 420 trends indicate the movement towards more structured viscoelastic networks. An n

421 value close to or equal to zero is representative of a covalently crosslinked system, 422 whereas a network exhibiting an n value greater than zero indicates the presence of 423 a physical gel network[36]. All Power Law exponent values were markedly greater 424 than zero, consistent with the properties of polymer-entangled networks. According 425 to Winter and Chambon[49] a power Law exponent for both moduli equal or less 426 than 0.5 and where G'>G", indicates the presence of a gel. Using this principle only 427 a 30% w/w PVME/MA NaOH neutralised system along with 25% and 30% w/w 428 PVM/MA TEA neutralised systems can be termed gels.

429

430 3.4. Mucoadhesion of PMVE/MA Gels

431 The effects of polymer concentration and neutralisation/type of neutralising agent on 432 the mucoadhesive properties are presented in Table 3. The mucoadhesive method 433 employed in this study has been frequently reported and is accepted as a model 434 which reliably characterises the interaction between mucin and polymeric 435 platforms[9, 50, 51]. One benefit of this test is the ability to quantify the force (or 436 work) required to break the adhesive bond between the polymer platform and the 437 mucin substrate and therefore the mucoadhesive properties of polymeric platforms 438 may be effectively compared. Polymer concentration and neutralisation/neutraliser 439 type significantly affected mucoadhesion, with a statistical interaction between 440 concentration and neutraliser being identified. In this, the dependency of polymer 441 concentration on mucoadhesion was greater for TEA neutralised systems than for 442 The mucoadhesive properties of un-neutralised NaOH neutralised systems. 443 PMVE/MA systems could not be measured using this technique however, given the ability of the method to reliably measure forces of detachment that are relevant to in 444 445 vivo retention of dosage forms[29, 52, 53], it may be inferred that the mucoadhesive

446 properties of these systems are negligible. The mucoadhesive properties of PMVE/MA systems significantly increased with increasing polymer concentration 447 448 and were greater for TEA-neutralised gels than for their NaOH-neutralised 449 counterparts. The mucoadhesive properties of neutralised PMVE/MA gels (15-30% 450 w/w) were substantial and greatly exceeded those of mucoadhesive implants that 451 have reported to be successfully retained in vivo within the periodontal pocket[29]. 452 Furthermore, given the wide range of polymer concentrations associated with these 453 enhanced mucoadhesive properties, it is expected that the retention of formulations 454 in vivo, e.g. within the periodontal pocket, would be resistant to dilution from 455 biological fluids. Given both the wide range of concentrations that exhibited 456 mucoadhesive properties and the magnitudes of mucoadhesion exhibited, these 457 mono-polymeric platforms would the expected to offer prolonged retention in vivo. 458 This is the first report that suggests this role for mono-polymeric PMVE/MA 459 platforms.

460

461 3.4. Statistical Modelling of the Relationship between Mucoadhesion and 462 Rheological Properties of PMVE/MA Gels

463 Within this study a series of statistical methods has been employed to ensure that the effects of primary factors on the various rheological properties were fully 464 465 ascertained within a factorial experimental design. However, importantly, this study additionally examined statistical interactions between the primary factors and 466 explained these within the context of the physicochemical properties of the gel 467 platforms. In so doing, a unique insight into the polymer state was derived. A key 468 469 task of this manuscript was to understand the relationship between the various 470 polymeric variables and mucoadhesion, a relationship that has not been fully

471 described in the scientific literature to date. This study therefore described the 472 application of multiple linear regression to model the relationships between the 473 various variables with mucoadhesion, a parameter that is indicative of retention in 474 vivo. Accordingly, using a general linear model three major variables were observed 475 to affect mucoadhesion, namely polymer concentration, pH and the type of 476 There were strong statistical interactions between these neutralising agent. 477 variables and their effects on mucoadhesion. In these, the effect of polymer 478 concentration on mucoadhesion was significantly greater in gels neutralised with 479 TEA than in gels neutralised using NaOH. Similarly there was an interaction 480 between the pH and polymer concentration on mucoadhesion in which polymer concentration exhibited a significantly greater effect on the mucoadhesion of 481 482 PMVE/MA gels when neutralised. To understand these relationships further 483 stepwise multiple regression analysis between the viscoelastic parameters and 484 mucoadhesion was performed. Unsurprisingly, the correlation matrix identified 485 strong relationships between the various viscoelastic properties and therefore the 486 multiple regression analysis was simplified by considering the effect of storage 487 modulus on the mucoadhesive properties of neutralised PMVE/MA platforms over a 488 range of different oscillatory frequencies. At each frequency examined there was a 489 strong relationship between storage modulus and mucoadhesion (r>0.98). Furthermore the relationship between polymer concentration and mucoadhesion 490 491 was linear (r>0.99 for TEA neutralised gels, r>0.98 for NaOH neutralised gels and 492 0.94 for the overall effect combining both types of neutralisation). These results 493 have enabled a re-imagination of the roles of polymer viscoelasticity, concentration 494 and neutralisation on mucoadhesion. The process of mucoadhesion is understood to be complex, with a number of physicochemical properties being reported to 495 contribute to this phenomenon including polymer molecular weight, polymer 496 497 conformation, degree of cross-linking, the contribution of functional groups on the

498 polymer and the charge on these groups[9, 54]. In this study the contribution of 499 polymer molecular weight and the type of functional group were constant across all 500 polymer platforms; however, the contributions of charge on the groups and polymer 501 concentration on mucoadhesion may be considered. Interestingly, there has been 502 little attention paid to the relationships between the aforementioned properties, 503 polymer viscoelasticity and mucoadhesion. This study has addressed this paucity 504 of information. Mucoadhesion involves an adhesive interaction between a polymeric 505 platform and mucin, facilitated through specific (hydrogen) bond formation[9]. In 506 principal, this interaction should be enhanced whenever the functional groups in 507 both polymers are unionised however this study has clearly shown that ionisation, 508 facilitated through neutralisation of the carboxylate groups of PMVE/MA resulted in 509 both marked and enhanced mucoadhesion. Notably, whilst the degree of polymer 510 ionisation affected mucoadhesion, the contribution of polymer viscoelasticity was 511 dominant, as defined within the statistical model. Thus, at identical levels of 512 ionisation the role of neutralising agent on the mucoadhesive and viscoelastic 513 properties was significant. Neutralisation with TEA resulted in a greater expansion of 514 the polymer chains through charge repulsion than in platforms similarly neutralised 515 using NaOH; the difference being accredited to charge shielding of the ionised 516 carboxylate groups with the sodium counterion. At pH 7.4 the degree of ionisation 517 of PMVE/MA was circa 99% and therefore, whilst there were differences in shielding 518 of charge in the two neutralised, both systems exhibited predominantly anionic properties. With reference to the observed (strong) correlations between polymer 519 520 viscoelasticity and mucoadhesion, this study has highlighted that the dominant 521 factor that contributes to mucoadhesion is polymer viscoelasticity. Thus, as the 522 elastic properties of PMVE/MA are increased, the mucoadhesion increased, notably 523 in a linear fashion. Whilst not observed in this study, an upper limit in PMVE/MA 524 concentration would be expected beyond which no further increase in

525 mucoadhesion is observed. In this scenario, the polymer interactions within 526 PMVE/MA would predominate thereby reducing the likelihood of adhesive 527 interactions with mucin. It should be clearly stated that, through the application of 528 statistical modelling, this study has clearly defined the dominant role of polymer 529 viscoelasticity on mucoadhesion, a conclusion that has not been directly defined in 530 previous studies. These observations explain, at least in part, the mucoadhesive 531 properties of non-charged polymers, e.g. cellulose ethers[9].

532

533 3.5. Re-defining the clinical opportunities for PMVE/MA Gels

534 Despite the use of PMVE/MA as a component within mucoadhesive platforms, there 535 has been limited use of this polymer as a single component system. Historically, 536 this may be related, at least in part, to the limited viscosity enhancement per unit 537 mass of polymer associated with this polymer (and the associated commercial cost). 538 Alteration of the concentration of PMVE/MA and/or neutralisation enhanced the 539 viscoelastic properties of the polymer platform and, in so doing, facilitated 540 enhanced mucoadhesion. Within the clinical domain, it is important that the 541 administration of implants is both not compromised by viscosity (associated with 542 increased polymer concentration) and is retained at the proposed site of 543 administration, the latter being facilitated by enhanced viscoelasticity (and polymer 544 concentration). Therefore a compromise is required between these two phenomena. 545 There is published evidence that clarifies the key rheological properties of gel 546 systems that have been successfully employed in vivo as implants for the treatment 547 of oral diseases, a potential application for the PMVE/MA systems under current examination[29, 53, 55]. For example in these systems the storage modulus (at 548 549 circa 10Hz) and zero shear rate viscosity of a platform that was successfully applied

550 to and retained within the periodontal pocket using a periodontal syringe were circa 551 3.5kPa and 2.6kPa.s, respectively. Accordingly, PVME/MA 30% w/w, TEA 552 neutralised gels, despite their excellent mucoadhesive properties would be 553 inappropriate for delivery using a periodontal syringe, however in applications 554 involving application of the gel to the site of action directly from a standard 555 container (e.g. using an applicator or manually), this would not be as important. It 556 should be noted that the rheological and mucoadhesive properties of the polymeric 557 platforms described in this study would be suitable for other pharmaceutical and 558 biomedical applications. For example, modification of the polymer concentration 559 will enable the rheological and mucoadhesive properties of PMVE/MA gels to be 560 engineered that are suitable for use as ophthalmic viscosurgical devices during 561 phacoemulsification[19] or for vaginal drug delivery applications[51]. Finally, it is 562 important to reiterate that by selection of polymer concentration and neutraliser type, 563 PMVE/MA gels may be prepared that offer comparable rheological and 564 mucoadhesive properties to multicomponent polymeric platforms that have been 565 successful clinically [29, 53]. This is important as it will obviate potential issues with 566 rheological ageing (structuring or destructuring) upon storage of multicomponent 567 systems.

568

569 **4.** Conclusions

In this study the rheological and mucoadhesive properties of aqueous PMVE/MA platforms have been comprehensively characterised to establish their potential suitability for biomedical and pharmaceutical applications. To address this issue, the contributions of polymer concentration, pH and type of neutralising agent to the viscoelastic and mucoadhesive properties were statistically modelled. The

575 application of multiple linear regression analysis enabled the specific relationships 576 between the viscoelastic and mucoadhesive properties to be explicitly defined, a 577 feature that has yet to receive sufficient attention within the scientific literature. This 578 study uniquely identified the dominant contribution of polymer viscoelasticity on mucoadhesion, an outcome that may be employed to rationally design 579 580 mucoadhesive platforms. Manipulation of both the rheological (flow and oscillatory 581 rheometry) and mucoadhesive properties was performed by changing both polymer 582 concentration and pH and by choice of neutralising agent. In so doing mono-583 polymeric PMVE/MA platforms were prepared that, based on previous reports 584 offered wide ranges of rheological and mucoadhesive properties that rendered them 585 suitable for a range of pharmaceutical and biomedical properties where prolonged 586 retention at the site of application is required.

588 Legends for Figures

Figure 1a. Huggins plot illustrating the relationship between reduced viscosity and concentration of PMVE/MA. Circles refer to Unneutralised PMVE/MA whereas squares and triangles refer to PMVE/MA that had been neutralised using either NaOH or TEA, respectively. Standard deviations from five replicate measurements are included.

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Figure 1b. Fuoss and Strauss plot illustrating the relationship between log reduced viscosity and the square root of concentration of PMVE/MA. Circles refer to Unneutralised PMVE/MA whereas squares and triangles refer to PMVE/MA that had been neutralised using either NaOH or TEA, respectively. Standard deviations from five replicate measurements are included.

600

Figure 2. The relationship between modulus (storage and loss) and frequency for unneutralised PMVE/MA platforms. Figure 2(a) relates to PMVE/MA 5% w/w (circles), PMVE/MA 10% w/w (squares) and PMVE/MA 15% w/w (diamonds). Figure 2(b) relates to PMVE/MA 20% w/w (circles), PMVE/MA 25% w/w (squares) and PMVE/MA 30% w/w (diamonds). Closed symbols relate to the storage modulus whereas open symbols refer to the loss modulus. Standard deviations from five replicate measurements are included.

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610 Figure 3. The relationship between modulus (storage and loss) and frequency 611 for PMVE/MA platforms that have been neutralised using NaOH. Figure 3(a) relates 612 to PMVE/MA 5% w/w (circles), PMVE/MA 10% w/w (squares) and PMVE/MA 15% 613 w/w (diamonds). Figure 3(b) relates to PMVE/MA 20% w/w (circles), PMVE/MA 25% 614 w/w (squares) and PMVE/MA 30% w/w (diamonds). Closed symbols relate to the 615 storage modulus whereas open symbols refer to the loss modulus. Standard 616 deviations from five replicate measurements are included.

617

Figure 4. The relationship between modulus (storage and loss) and frequency for PMVE/MA platforms that have been neutralised using triethylamine. Figure 4(a) relates to PMVE/MA 5% w/w (circles), PMVE/MA 10% w/w (squares) and PMVE/MA 15% w/w (diamonds). Figure 4(b) relates to PMVE/MA 20% w/w (circles), PMVE/MA 25% w/w (squares) and PMVE/MA 30% w/w (diamonds). Closed symbols relate to the storage modulus whereas open symbols refer to the loss modulus. Standard deviations from five replicate measurements are included.

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Figure 2(b)







Figure 3(b)







Figure 4(b)

Table 1.The effects of polymer concentration, neutralising agent and oscillatory frequency on the loss tangent (tan δ) and dynamicviscosity (η ') of aqueous poly(methylvinyl ether-co-maleic acid) platforms

Concentration of	Neutralisation	Mean (± sd) Consistency	Mean (± sd) Rate Index	Mean (± sd) zero shear
PMVE/VA (% w/w)		(Pa.s) ⁿ		rate viscosity (Pa.s)
5	Un-neutralised	0.02 ± 0.00	0.98 ± 0.00	0.02 ± 0.00
10	Un-neutralised	0.25 ± 0.02	0.92 ± 0.02	0.20 ± 0.02
15	Un-neutralised	1.36 ± 0.03	0.87 ± 0.01	0.97 ± 0.05
20	Un-neutralised	6.21 ± 0.39	0.82 ± 0.01	4.37 ± 0.28
25	Un-neutralised	35.73 ± 0.70	0.67 ± 0.01	23.66 ± 0.12
30	Un-neutralised	105.80 ± 5.34	0.60 ± 0.01	89.41 ± 4.02
5	Neutralised with NaOH	0.96 ± 0.05	0.88 ± 0.01	0.76 ± 0.05
10	Neutralised with NaOH	5.23 ± 0.44	0.84 ± 0.00	4.52 ± 0.43
15	Neutralised with NaOH	35.48 ± 2.39	0.81 ± 0.00	43.76 ± 2.57
20	Neutralised with NaOH	133.93 ± 8.19	0.71 ± 0.03	207.70 ± 11.33
25	Neutralised with NaOH	510.10 ± 9.20	0.59 ± 0.00	992.97 ± 11.22
30	Neutralised with NaOH	1928.00 ± 73.70	0.57 ± 0.00	5548.33 ± 153.08
5	Neutralised with TEA	3.26 ± 0.03	0.85 ± 0.01	1.97 ± 0.09
10	Neutralised with TEA	19.86 ± 0.73	0.81 ± 0.01	21.39 ±1.18
15	Neutralised with TEA	109.53 ± 3.54	0.74 ± 0.01	159.90 ± 7.55
20	Neutralised with TEA	384.30 ± 5.15	0.59 ± 0.01	886.37 ± 54.38
25	Neutralised with TEA	1191.00 ± 11.53	0.53 ± 0.00	3397.67 ± 80.21
30	Neutralised with TEA	2471.00 ± 95.17	0.47 ± 0.01	13720.00 ± 469.36

Table 2.The effects of polymer concentration, neutralising agent and oscillatory frequency on the loss tangent (tan δ) and dynamicviscosity (η ') of aqueous poly(methylvinyl ether-co-maleic acid) platforms

PMVE/MA	Oscilatory	Mean (± standard deviation) viscoelastic parameters						
Concetration	Frequency (Hz)	Unneu	tralised	Neutralised (pH	7.4) with NaOH	Neutralised (pH 7.4) with		
						Triethylamine		
		tan δ	η' (Pa.s)	tan δ	η' (Pa.s)	tan δ	η' (Pa.s)	
5	2.37	NM*	NM*	4.19 ± 0.28	0.57 ± 0.02	2.94 ± 0.05	1.05 ± 0.01	
	5.39	NM*	NM*	2.82 ± 0.20	0.50 ± 0.02	2.18 ± 0.03	0.84 ± 0.01	
	9.99	NM*	NM*	2.01 ± 0.20	0.43 ± 0.01	1.75 ± 0.10	0.68 ± 0.02	
10	2.37	NM*	NM*	2.54 ± 0.07	2.58 ± 0.03	1.68 ± 0.01	5.88 ± 0.34	
	5.39	NM*	NM*	1.93 ± 0.03	2.03 ± 0.03	1.37 ± 0.01	4.15 ± 0.14	
	9.99	NM*	NM*	1.60 ± 0.04	1.62 ± 0.03	1.18 ± 0.01	3.02 ± 0.11	
15	2.37	5.60 ± 0.70	0.85 ± 0.02	1.68 ± 0.01	11.77 ± 0.13	1.17 ± 0.00	25.33 ± 0.12	
	5.39	3.57 ± 0.12	0.74 ± 0.01	1.37 ± 0.01	8.23 ± 0.09	0.99 ± 0.00	16.02 ± 0.10	
	9.99	2.62 ± 0.07	0.67 ± 0.01	1.18 ± 0.01	6.09 ± 0.07	0.88 ± 0.00	11.01 ± 0.05	
20	2.37	3.00 ± 0.13	2.90 ± 0.16	1.15 ± 0.04	34.35 ± 0.51	0.90 ± 0.00	62.06 ± 0.37	
	5.39	2.17 ± 0.08	2.37 ± 0.12	0.98 ± 0.03	21.81 ± 0.14	0.77 ± 0.00	36.24 ± 0.19	
	9.99	1.73 ± 0.07	1.97 ± 0.09	0.86 ±0.02	15.02 ± 0.02	0.68 ± 0.00	23.50 ± 0.11	
25	2.37	1.95 ± 0.01	11.38 ± 0.15	0.92 ± 0.00	83.15 ± 0.68	0.72 ± 0.00	129.90 ± 1.57	
	5.39	1.57 ± 0.01	8.30 ± 0.11	0.79 ± 0.00	48.53 ± 0.29	0.63 ± 0.00	71.00 ± 0.80	
	9.99	1.35 ± 0.01	6.35 ± 0.10	0.71 ± 0.00	31.60 ± 0.11	0.56 ± 0.00	44.22 ± 0.46	
30	2.37	1.51 ± 0.02	25.53 ± 1.12	0.70 ± 0.01	173.90 ± 3.41	0.62 ± 0.01	212.03 ± 5.00	
	5.39	1.25 ± 0.02	$1\overline{7.38 \pm 0.74}$	0.61 ± 0.01	94.17 ± 1.50	0.54 ± 0.01	111.17 ± 2.34	
	9.99	1.09 ± 0.01	12.66 ± 0.53	0.55 ± 0.01	58.21 ± 0.87	0.49 ± 0.01	67.53 ± 1.29	

* Not Measureable

Table 3.The effects of polymer concentration, neutralising agent and oscillatory frequency on the loss tangent (tan δ), dynamic viscosity(η ') and mucoadhesion of aqueous poly(methylvinyl ether-co-maleic acid) platforms

PVME/MA Concentration (% w/w)	Neutralisation	Mean (± sd) Gel Strength (Pa)	Mean (± sd) Rheological Exponent	Crossover Frequency (Hz)	Mean (± sd) Mucoadhesive Bond Strength (N)
5	Unneutralised	Not Measureable	Not Measureable	Not Observed*	Not Measureable
	NaOH	0.61 ± 0.13	1.35 ± 0.08	Not Observed*	Not Measureable
	Triethylamine	1.53 ± 0.08	1.27 ± 0.03	Not Observed*	Not Measureable
10	Unneutralised	Not Measureable	Not Measureable	Not Observed*	Not Measureable
	NaOH	4.62 ± 0.34	1.20 ± 0.03	Not Observed*	Not Measureable
	Triethylamine	19.42 ± 0.88	0.98 ± 0.00	Not Observed*	Not Measureable
15	Unneutralised	0.40 ± 0.09	1.72 ± 0.11	Not Observed*	Not Measureable
	NaOH	35.14 ± 0.90	1.04 ± 0.01	Not Observed*	0.54 ± 0.05
	Triethylamine	150.14 ± 0.72	0.76 ± 0.00	5.18 ± 0.03	0.70 ± 0.04
20	Unneutralised	3.50 ± 0.37	1.40 ± 0.02	Not Observed*	Not Measureable
	NaOH	213.10 ± 15.12	0.75 ± 0.02	5.12 ± 0.12	0.70 ± 0.03
	Triethylamine	547.52 ± 4.70	0.63 ± 0.00	1.34 ± 0.02	0.85 ± 0.04
25	Unneutralised	28.86 ± 0.70	1.08 ± 0.01	Not Observed*	0.12 ± 0.01
	NaOH	732.59 ± 10.26	0.62 ± 0.00	1.48 ± 0.03	1.02 ± 0.05
	Triethylamine	1596.97 ± 26.10	0.52 ± 0.00	0.37 ± 0.01	1.20 ± 0.04
30	Unneutralised	94.31 ± 5.70	0.96 ± 0.01	Not Observed*	0.21 ± 0.02
	NaOH	2322.43 ± 77.44	0.48 ± 0.00	0.24 ± 0.02	1.27 ± 0.04
	Triethylamine	3152.17 ± 145.75	0.47 ± 0.01	0.20 ± 0.01	1.58 ± 0.02

Not observed over the frequency range studied

*