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Using the Planning System to Secure Health and Well-being Benefits



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The Poke Principle (The 'Popsicle Test')





The role of the planning system

- Built environment interventions are comprehensive, long-lasting and cost effective;
- Planning:
 - ...comprehensively controls the built environment;
 - ...takes a long term perspective;
 - ... incorporates complexity and diversity of interests;
 - ...is democratically controlled and participative
 - ...is a recognised element of civilised society.



9 healthy planning principles



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1. Make good health the legally enforceable aim of the planning system;
2. Adopt a health-led planning approaches:
 - Health as a material consideration;
 - Public health experts in planning teams;
 - Health Impact Statements;
 - Adopting minimal standards
 - Training for planners and councillors;
 - Restricting 'poor health' developments;



9 healthy planning principles



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3. Get serious about car dependency

- Reflecting on the costs of cars, and the effectiveness of past policy;
- Discourage car use through congestion zoning, reducing parking and 'road diets';
- Encouraging alternatives

4. Make active travel easy

- Addressing imbalances in transport spending;
- Making walking and cycling safer;
- Long term strategies for towns and cities;
- Incorporating cost-savings.



@ben_rodny



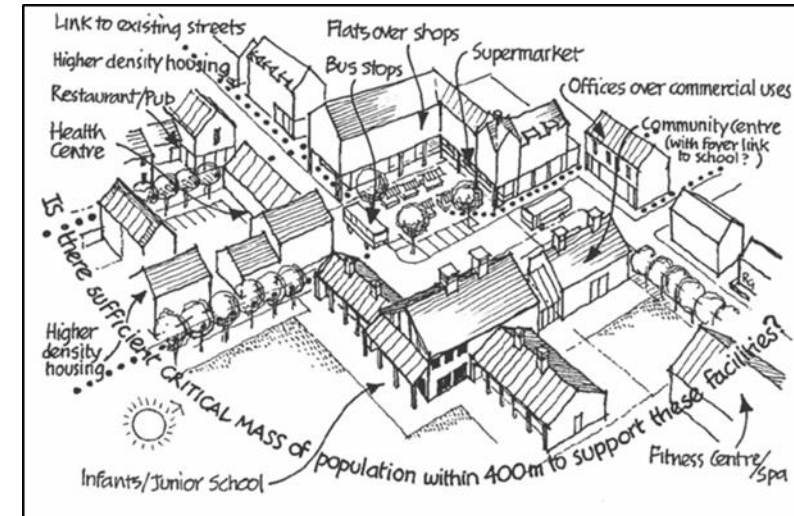
9 healthy planning principles:

5. Rediscover planning at the neighbourhood level

- Planning for a 10 min walk;
- Clustering services and minimal access thresholds.

6. Integrate environmental health with planning

- Planning as the first line of defence against pollution;
- Monitoring local environmental capacities.



Toddler's play areas	100m
Allotments	200m
Playground	300m
Bus stop	400m
Local shops, pub, community centre	600m
Primary School	800m
Surgery	800m
Playing fields	1000m
Secondary School	1500m
Leisure Centre	1500m



9 healthy planning principles:

7. Make places greener:

- The Six Acre Standard
- Minimal access thresholds to play areas, parks, playing fields...

8. Address health and environmental inequalities:

- Targeting greatest need
- Age- and Child-Friendly Cities
- Enforcing minimal standards

9. Effective community engagement





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Thank you

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NI Assembly Briefing note available here:

http://www.niassembly.gov.uk/globalassets/documents/raise/knowledge_exchange/briefing_papers/series5/geraint-ellis-kess-breifing-june-2016.pdf