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# Evolving southwest African response to abrupt deglacial North Atlantic climate change events

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## 1 **Highlights**

- 2       • 19.4 kyr multi-proxy records from a rock hyrax midden from SW Africa.
- 3       • Aridification events at 34°S concurrent with the Younger Dryas and 8.2 ka events.
- 4       • Influence of bipolar-seesaw replaced by atmospheric teleconnection after 14.6 ka.

5 **Abstract**

6 Climate change during the last deglaciation was strongly influenced by the ‘bipolar seesaw’,  
7 producing antiphase climate responses between the North and South Atlantic. However,  
8 mounting evidence demands refinements of this model, with the occurrence of abrupt events in  
9 southern low to mid latitudes occurring in-phase with North Atlantic climate. Improved  
10 constraints on the north-south phasing and spatial extent of these events are therefore critical to  
11 understanding the mechanisms that propagate abrupt events within the climate system. We  
12 present a 19,400 year multi-proxy record of climate change obtained from a rock hyrax midden  
13 in southernmost Africa. Arid anomalies in phase with the Younger Dryas and 8.2 ka events are  
14 apparent, indicating a clear shift in the influence of the bipolar seesaw, which diminished as the  
15 Earth warmed, and was succeeded after ~14.6 ka by the emergence of a dominant  
16 interhemispheric atmospheric teleconnection.

17 **Keywords:** southern Africa, palaeoclimate, hyrax middens, bipolar seesaw, Atlantic  
18 Overturning Meridional Circulation

19

## 20 **Introduction**

21 While some studies have reported interhemispheric synchrony and symmetry during extreme  
22 climate disturbances such as the Younger Dryas cold reversal (YD; 12.9-11.6 ka (Lowe et al.,  
23 2008)) (Denton and Hendy, 1994; Goede et al., 1996), abrupt changes in Northern Hemisphere  
24 climates (North Greenland Ice Core Project members, 2004) have also been associated with anti-  
25 phase responses in the Southern Hemisphere (Kaplan et al., 2010; Putnam et al., 2010). Such  
26 antiphase responses are hypothesised to be driven by the oceanic Atlantic Overturning  
27 Meridional Circulation (AMOC), which draws heat from the Southern Hemisphere into the  
28 North Atlantic, but which is sensitive to disruption by ice and freshwater discharges (Broecker,  
29 1998; McManus et al., 2004). Reduction and intensification of ocean heat transport during  
30 northern stadial (cold) and interstadial (warm) intervals leads to the alternating build-up and  
31 extraction of Southern Hemisphere heat; the so-called bipolar seesaw (Broecker, 1998; Stocker,  
32 1998; Stocker and Johnsen, 2003).

33 An increasing number of records suggest that the relative warmth of the Northern  
34 Hemisphere's Bølling-Allerød interstadial coincided with the Antarctic Cold Reversal (ACR;  
35 14.7-13.0 ka) (Pedro et al., 2011; Putnam et al., 2010), and that the marked northern cooling of  
36 the YD was a period of rising temperatures and glacial retreat in the southern high (Pedro et al.,  
37 2011) to mid-latitudes (Kaplan et al., 2010). However, a lack of reliable evidence from the low  
38 southern latitudes has still prevented a full assessment of the bipolar seesaw hypothesis,  
39 including the location of its 'fulcrum'. Such information is vital to test simulations, which are  
40 currently showing no consensus on the spatial extent of past (or future) abrupt climate change  
41 events (Kageyama et al., 2010).

42 To address this problem, we explore the regional impact of key perturbations in the North  
43 Atlantic using a multi-proxy record from the arid SW Cape region of South Africa (Fig. 1). The  
44 region lies at the juncture between southern Africa's three dominant climate systems: the South  
45 Atlantic anticyclone, the tropical easterlies, and the austral westerlies (Tyson, 1986).  
46 Approximately 75% of the region's precipitation falls during winter, when the westerlies and  
47 their related cold fronts migrate northward, advecting moisture from the southern Atlantic to the  
48 mountains of the SW Cape (Reason et al., 2006). In the dry summer months, the westerlies and  
49 the South Atlantic Anticyclone shift southward, limiting frontal system influence and blocking  
50 tropical moisture-bearing systems from the Indian Ocean and tropical Atlantic (Reason et al.,  
51 2006).

52 Little is known about SW Africa's environmental history, mainly due to its aridity and  
53 marked rainfall seasonality, which allows for few wetland sediment records. Rock hyrax  
54 (*Procapra capensis*) middens have emerged in this setting as valuable archives of  
55 palaeoenvironmental information (Carr et al., 2010; Chase et al., 2013; Chase et al., 2015; Chase  
56 et al., 2009; Chase et al., 2011; Chase et al., 2012; Meadows et al., 2010; Quick et al., 2011;  
57 Scott and Bousman, 1990; Scott et al., 2005; Scott and Vogel, 2000; Scott and Woodborne,  
58 2007). As hyraxes use discrete locations as latrines, deposits of sub-fossilised urine (hyraceum)  
59 accumulate in their shelters, much like stalagmites in a cave. These finely laminated amber-like  
60 deposits preserve a wide range of proxies, including pollen, charcoal, and stable isotopes, all of  
61 which can provide insight into past environmental conditions (Chase et al., 2011; Valsecchi et  
62 al., 2013) (see Supplementary Information).

## 63 **Results**

64 The records presented here were obtained from two sections of a 53 cm thick midden collected  
65 from De Rif, in the Driehoek Valley of the Cederberg Mountains (32°26'45"S, 19°13'15"E, 1151  
66 m amsl.) (Chase et al., 2011; Valsecchi et al., 2013). Chronologies spanning the past 19,400  
67 years were established using 29 <sup>14</sup>C AMS dates (see Supplementary Information). Together, the  
68 De Rif midden records reveal coherent patterns of marked environmental variability since the  
69 Last Glacial Maximum (LGM; Fig. 2). Highlighted here are aspects of the records that primarily  
70 reflect changes in hydroclimate. In a region dominated by C<sub>3</sub> plants, the hyraceum  $\delta^{13}\text{C}$  record  
71 primarily reflects variations in water-use efficiency (Chase et al., 2012; Ehleringer and Cooper,  
72 1988; Farquhar et al., 1989; Farquhar and Richards, 1984; Pate, 2001), although a long-term  
73 enrichment in is evident across the mid- to late Holocene. This is consistent with increased water  
74 use efficiency of C<sub>3</sub> plants, and an increasing abundance of  $\delta^{13}\text{C}$  enriched drought-resistant  
75 succulent CAM plants under drier conditions (Smith, 1972; Valsecchi et al., 2013). These data  
76 are supported by the hyraceum  $\delta^{15}\text{N}$  record, which also reflects water-availability (Chase et al.,  
77 2012; Handley et al., 1999; Handley et al., 1994; Hartman, 2011; Heaton, 1987; Murphy and  
78 Bowman, 2006, 2009; Wang et al., 2010), as well as by fossil pollen data (Valsecchi et al., 2013)  
79 and derived reconstructions of relative palae-aridity. Each of these proxy records expresses  
80 variability similar to that observed in regional marine core records, confirming that they are  
81 reflecting variability in a tightly coupled climate system (Fig. 3).

82         Although De Rif lies within the core of the winter rainfall zone, our data show that  
83 changes in the duration or intensity of the summer drought season were important drivers of  
84 environmental change at this site for much of the last 19 kyr. Whereas increases in winter rainfall  
85 would result in a net increase in annual rainfall, increased precipitation in the summer drought  
86 season would have a significantly greater impact on reducing drought-stress in the region (Chase

87 et al., 2015). This is reflected by trends in the percentage of drought-tolerant and intolerant taxa  
88 (Valsecchi et al., 2013) and aridity index reconstructions (Fig. 2d). While a degree of variability  
89 is evident between these records as a function of their specific sensitivities, each reflects aspects  
90 of changes in drought season length and/or intensity, and corresponds well with overall changes  
91 in water availability inferred from the  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  records (Fig. 2). These findings are  
92 supported by the CCSM3 TraCE-21ka general circulation model (GCM) simulations, which  
93 show qualitative agreement between austral summer precipitation in the region and the proxy  
94 records from the De Rif middens (He et al., 2013).

95 The De Rif data, particularly the higher resolution  $\delta^{15}\text{N}$  and  $\delta^{13}\text{C}$  records, highlight the  
96 impact of three major freshening events: HS1, the YD and the 8.2 ka events. We observe two  
97 primary phases in the region's deglacial climatic evolution: (1) a general increase in moisture  
98 availability and reduced seasonality from the terminal LGM to the end of HS1 at ~14.6 ka (Fig.  
99 2b, c), and (2) a late deglacial/early Holocene period from ~14.6 to 7 ka marked by significant,  
100 clear arid episodes synchronous with the YD and 8.2 ka event (Fig. 2b, c).

## 101 **Discussion**

102 The early deglacial period is defined by the abrupt decline of the AMOC during HS1 (Fig. 3b),  
103 and the slow build-up of South Atlantic heat from ~18-14.6 ka that is registered in Antarctic ice  
104 cores (Jouzel et al., 2007; Pedro et al., 2011) (Fig. 3h), SE Atlantic sea-surface temperatures  
105 (SSTs) (Farmer et al., 2005; Kim and Schneider, 2003) and resulted in increased humidity at De  
106 Rif (Fig. 3d, e). While these changes likely affected the Subtropical Front (Barker et al., 2009)  
107 (Fig. 3h), resulting in a poleward shift of the moisture-bearing systems associated with the  
108 westerly storm track, we interpret that compensating factors such as increased flow of warm  
109 Agulhas Current waters into the SE Atlantic and reduced northward heat transport in the AMOC

110 favoured warming SSTs and increasing advection influence of tropical easterlies in the  
111 southwestern Cape(Reason et al., 2006). This would have resulted in an increase in summer rain  
112 and a shorter/less intense drought season (Chase et al., 2015; He et al., 2013).

113 At ~14.6 ka, the rapid increase of AMOC created an immediate cooling response in the  
114 South Atlantic, as the Subtropical Front shifted equatorward at least as far as ~41°S (Barker et  
115 al., 2009). In SW Africa, however, the impact was more muted (Fig. 3). In the northern (Kim et  
116 al., 2002) and central (Farmer et al., 2005) Benguela system, this period marked the end of the  
117 warming trend that began at ~19 ka, but the subsequent cooling was relatively slow, similar to  
118 southern (Pedro et al., 2011) and northern(North Greenland Ice Core Project members, 2004)  
119 polar records during the Bølling-Allerød interstadial ~14.7-12.9 ka (Lowe et al., 2008). In the  
120 SW Cape, the response to these changes was a clear reduction in humidity (Fig. 3f, g). This  
121 aridification, however, was short-lived, lasting only through the Bølling interstadial (14.7-14.1  
122 ka (Lowe et al., 2008)), whereas the Allerød interstadial (14.1-12.9 ka (Lowe et al., 2008)) saw  
123 increased water availability at De Rif. Compared to the regionally coherent HS1 signal, the  
124 spatial heterogeneity of responses during this time suggests a restructuring of Earth's climate  
125 system, with the increasing influence of the South Atlantic Anticyclone in the southern  
126 subtropics across the last deglaciation.

127 This restructuring is underscored by the regional response to the subsequent YD. While  
128 the Northern Hemisphere cooling coincides with a distinct decrease in AMOC, the SE Atlantic  
129 and SW African response is in sharp contrast to the HS1 signal, with an abrupt drop in SSTs  
130 (Farmer et al., 2005; Kim et al., 2002) and marked aridity at De Rif. In contrast with the slow  
131 build-up of heat during HS1 the immediate response during the YD implies a dominant  
132 atmospheric interhemispheric teleconnection (cf. Moreno et al., 2001), inconsistent with the



133 oceanic controls related to the bipolar seesaw. The De Rif records further reveals an significant  
134 (cf. Morrill and Jacobsen, 2005) and abrupt drying signal relating to the 8.2 ka event (Barber et  
135 al., 1999), indicating that even relatively small fresh water pulses in the North Atlantic (Clarke et  
136 al., 2004) produced immediate responses in SW Africa, resulting in significant aridification  
137 events in the region (Fig. 3g, h).

138         This dramatic contrast in response to perturbations in the North Atlantic (more humid at  
139 De Rif during the AMOC slow-down of HS1 and more arid during the slow-downs of the YD  
140 and 8.2 ka events) challenges any systematic application of the bipolar-seesaw model of north-  
141 south phasing during abrupt climate perturbations and raises questions on the relative roles of  
142 oceanic and atmospheric teleconnections in driving SE Atlantic and SW African climate. Of  
143 particular importance here is the influence of the South Atlantic Anticyclone, which dominates  
144 atmospheric circulation in the SE Atlantic basin and has a significant impact on oceanographic  
145 conditions through its regulation of upwelling intensity (Farmer et al., 2005; Kim and Schneider,  
146 2003; Kim et al., 2003).

147         Either alternatively or in concert with the potential influence of a bipolar seesaw, a  
148 weakening South Atlantic Anticyclone during HS1 would have reduced upwelling intensity and  
149 raised SSTs in the Benguela system. After ~14 ka, however, the impact of the bipolar seesaw as  
150 a driver of climatic variability was apparently not expressed in the SE Atlantic. The rapidity and  
151 direction of the SW African responses to the changes in the North Atlantic that induced the YD  
152 and 8.2 ka events (Barber et al., 1999; Murton et al., 2010) strongly implicate an atmospheric  
153 rather than oceanic interhemispheric teleconnection, and the acute sensitivity of this relationship  
154 is illustrated by the influence of the relatively minor freshwater outburst that triggered the  
155 cooling of the 8.2 ka event (Barber et al., 1999). This implies that an early dominance of the

156 bipolar seesaw was replaced - perhaps as a result of diminishing high latitude ice sheets and a  
157 related reduction in the intensity and impact of declines in AMOC (McManus et al., 2004; Ritz et  
158 al., 2013) - in favour of more immediate atmospheric teleconnections, (Fig. 3b). This effectively  
159 displaced the boundary between positive and negative SST anomalies related to perturbations in  
160 the North Atlantic by at least 24°, shifting the ‘fulcrum’ of the bipolar seesaw poleward of the  
161 African continent, where at 41°S, and contrary to conditions in the SE Atlantic, warmer SSTs  
162 occurred during the YD (Barker et al., 2009). These findings pose an exciting challenge as they  
163 call for closer consideration of the spatiotemporal influence of the bipolar seesaw, and identify  
164 areas for refinement of Earth System Models, which may lead to a more complete understanding  
165 of global climate dynamics.

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 294

295 **Figure captions**

296 Fig. 1. Map of study region indicating generalised atmospheric (white arrows) and oceanic (blues arrows)  
297 circulation systems and the seasonal distribution of rainfall as indicated by the percent of the total mean  
298 annual rainfall received during the austral winter months of April-September. The convergence zones of  
299 the Congo Air Boundary (CAB) and the Intertropical Convergence Zone (ITCZ) are shown in the austral  
300 summer positions. Key sites discussed in the manuscript are indicated by number: 1) GeoB1023-5 (Kim  
301 and Schneider, 2003; Kim et al., 2003); 2) ODP1084b (Farmer et al., 2005); 3) the De Rif rock hyrax  
302 midden; and 4) TNO57-21 (Barker et al., 2009).

303  
304 Fig. 2. Comparison of proxy records from the De Rif rock hyrax midden and general circulation model  
305 (GCM) simulation data for the region. Radiocarbon ages shown as triangles along x-axis (DR2010 section  
306 in red, DR-2 section in blue). Heinrich stadial 1 (HS1), the Younger Dryas cold reversal (YD) and 8.2 ka  
307 event are highlighted by blue shading, and the Bølling (B) and Allerød (A) interstadials are shaded in red.  
308 Stable nitrogen (b) and carbon (c) records from the middens primarily reflect water-availability in the  
309 environment and water-use efficiency of plants respectively. These data are confirmed by pollen analysis  
310 of the De Rif midden (Valsecchi et al., 2013) and an aridity index reconstruction using a *pdf*-based  
311 modelling technique (Chevalier et al., 2014) applied to the De Rif pollen assemblage (d; shading indicates  
312 20% and 50% errors), which indicate the importance of drought season intensity and length in  
313 determining environmental change in the region. First-order similarities between results from the CCSM3  
314 TraCE-21ka transient GCM simulation (He et al., 2013) of austral summer (DJF) (a), and the proxy  
315 records support these conclusions, but the lack of a significant Younger Dryas signal in the simulation  
316 suggests that the model may not be capturing certain important elements of the global deglacial climate  
317 system.

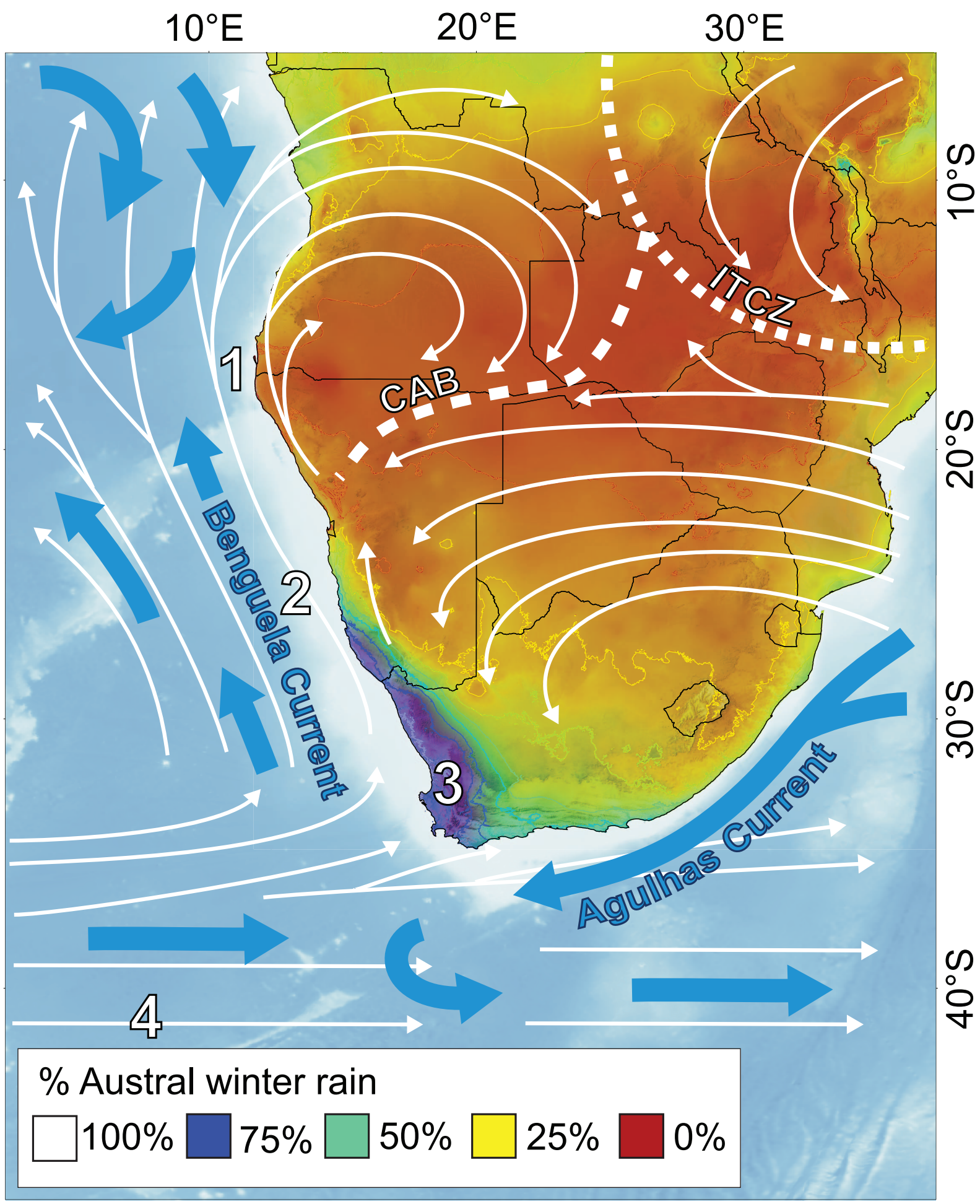
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319

320 Fig. 3. Comparison of proxy records from the De Rif rock hyrax midden with independent regional and  
321 extra-regional records reflecting changes in a series of related climate systems during the last 20,000  
322 years. Radiocarbon ages shown as triangles along x-axis (DR2010 section in red, DR-2 section in blue).  
323 Heinrich stadial 1 (HS1), the Younger Dryas cold reversal (YD) and 8.2 ka event are highlighted by blue  
324 shading, and the Bølling (B) and Allerød (A) interstadials are shaded in red. Climatic perturbations in the  
325 North Atlantic basin are recorded in the NGRIP ice core record from Greenland (a) (North Greenland Ice  
326 Core Project members, 2004) and have been observed to have a significant impact on the Atlantic  
327 Meridional Overturning Circulation (AMOC) and the northward oceanic transport of heat (b) (McManus  
328 et al., 2004), resulting in an antiphase relationship between northern (a) and southern (i) hemisphere  
329 temperatures (Broecker, 1998; Stocker, 1998). This is indicated by records from the South Atlantic (g, h)  
330 (Barker et al., 2009) and the southern polar regions (i) (Jouzel et al., 2007; Pedro et al., 2011). While from  
331 ~18-14.6 ka this trend may have been expressed in SE Atlantic (c, d) (Farmer et al., 2005; Kim and  
332 Schneider, 2003; Kim et al., 2003) and SW Africa (e, f), variability in the intensity of the South Atlantic  
333 Anticyclone (c, d) (Farmer et al., 2005; Kim and Schneider, 2003; Kim et al., 2002; Kim et al., 2003)  
334 provide a coherent complimentary (Kim et al., 2002) mechanism, and highlight the increasing importance  
335 of atmospheric teleconnections with the North Atlantic in driving SW African climate change across the  
336 deglacial period.

337

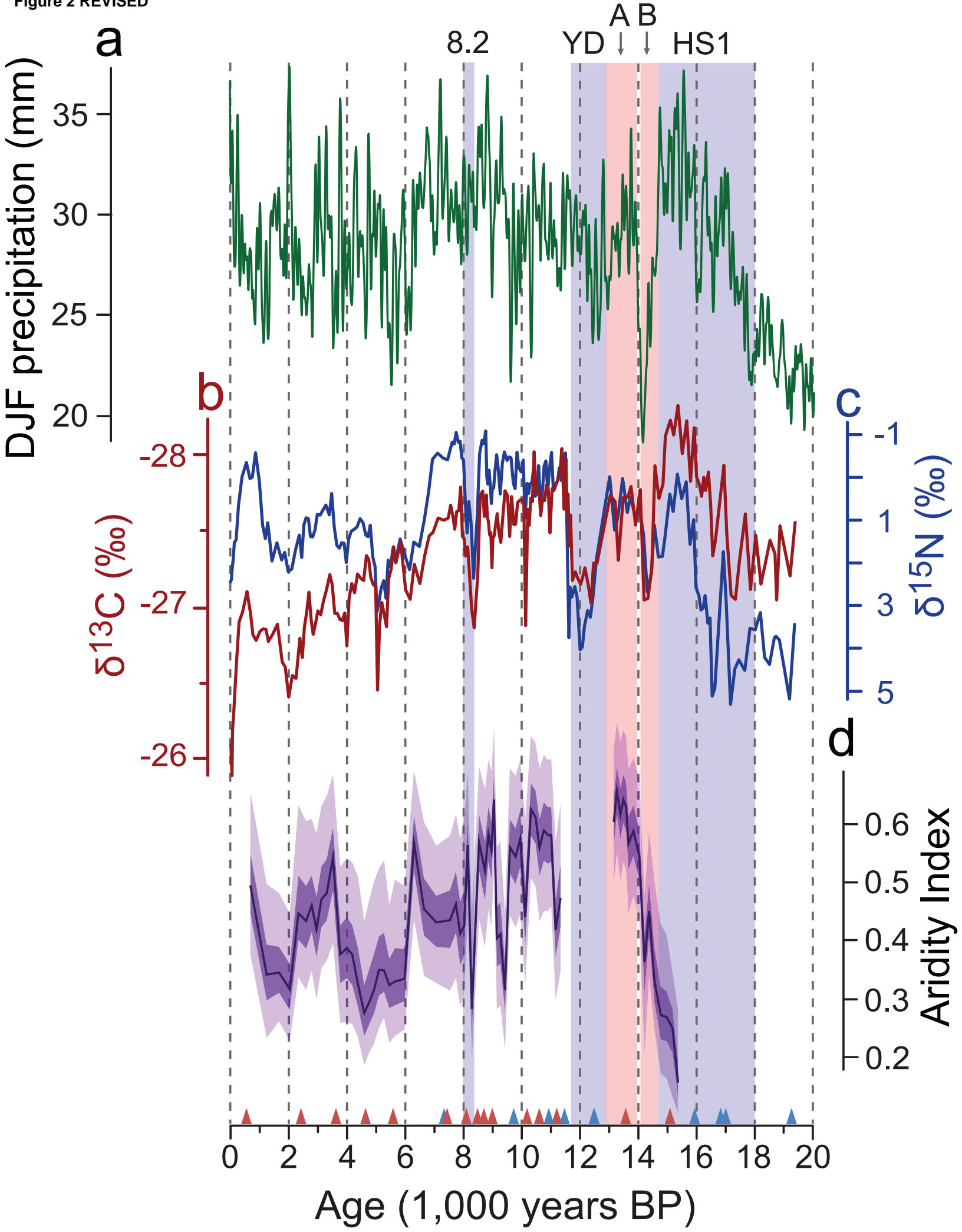
Figure 1



% Austral winter rain

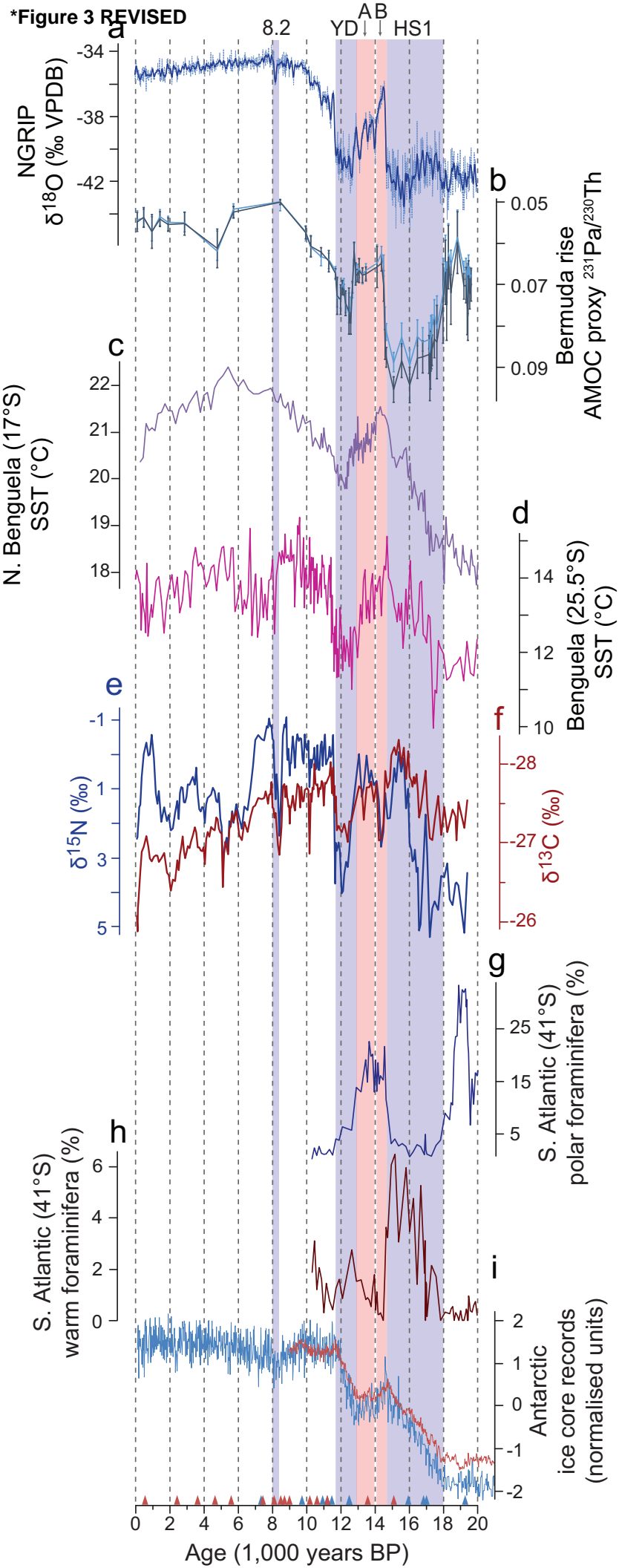
100%	75%	50%	25%	0%
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\*Figure 2 REVISED





**Figure 3 REVISITED**



**Supplementary Data**

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