Guideline for Admission to Midwife-led Units in Northern Ireland


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Southern Health and Social Care Trust

The Interim Executive Director of Nursing, Midwifery and AHP invites you to the Inaugural Practice Development Conference

*Demonstrating Impact on Nursing, Midwifery and AHP Practice for Sustainable Change and Quality Improvement*

**Venue:** Edenderry Hall, Seagoe Parish Centre, Portadown, BT63 5HW

**30th November 2018, 9am-1:00pm**

**CHAIR:** Dr Patricia Gillen, Head of Research & Development for Nurses, Midwives and AHP / Lecturer

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<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tr>
<td>09:00</td>
<td><strong>Tea &amp; Coffee with Registration &amp; Poster Viewing</strong></td>
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<tr>
<td>09:20</td>
<td><strong>Welcome</strong></td>
<td>Shane Devlin, CEO</td>
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<tr>
<td>09:30</td>
<td><strong>Introducing PD: setting the context</strong></td>
<td>Heather Trouton, Interim Executive Director of Nursing &amp; AHP</td>
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<tr>
<td>09:40</td>
<td><strong>Creating Caring Cultures in Learning Disability Services</strong></td>
<td>Brian McGuire &amp; Maureen Currie, Nursing Governance Co-ordinators</td>
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<tr>
<td>09:50</td>
<td><strong>Keynote speaker: A whole system approach to enabling cultures of person-centredness within a health system</strong></td>
<td>Lorna Peelo-Kilroe, HSE Lead for National Programme to Enable Cultures of Person-centredness</td>
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<tr>
<td>10:30</td>
<td><strong>Project Retain: Achieving and retaining a skilled and resilient, motivated nursing workforce</strong></td>
<td>Lynn Woolsey, Assistant Director of Nursing: Workforce Development &amp; Training</td>
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<tr>
<td>10:40</td>
<td><strong>Developing Practice: Group Based Antenatal Care and Education</strong></td>
<td>Paula Boyle, EITP Implementation Manager</td>
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<tr>
<td>10:55</td>
<td><strong>Achieving the Baby Friendly Initiative Accreditation in the Southern Trust</strong></td>
<td>Sandra Hewitt, Infant Feeding Specialist Midwife</td>
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<tr>
<td>11:05</td>
<td><strong>Tea, Coffee &amp; Scones/ Fruit Platter - Poster Viewing &amp; networking</strong></td>
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<tr>
<td>11:35</td>
<td><strong>Acute Care at Home: A Service Evaluation using a Practice Development Approach</strong></td>
<td>Eamon Farrell, Interim Assistant Director of AHP Governance, WFD and Training</td>
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<tr>
<td>11:50</td>
<td><strong>A Personal Reflection: My Journey in Practice Development</strong></td>
<td>Dawn Ferguson, Project Lead Nursing &amp; Midwifery Workforce Strategy</td>
</tr>
<tr>
<td>12:05</td>
<td><strong>Closing Comments &amp; introduction of Releasing Rhythms</strong></td>
<td>Patricia Gillen</td>
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<tr>
<td>1pm</td>
<td><strong>Close</strong></td>
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Biographies of Speakers

Dr Patricia Gillen

Patricia holds a joint post between the Southern Health and Social Care Trust (SHSCT) and Ulster University as Head of Research and Development for Nurses, Midwives and AHPs/Lecturer. Her role is to provide academic leadership in research and development, teaching and other aspects of knowledge exchange and/or knowledge transfer. She is a registered nurse and midwife who has worked across a range of clinical settings, been a delivery suite sister and managed a rural maternity unit. Her main research interests are Workplace Culture, Personal and Public Involvement (PPI) in healthcare and research and woman-centred maternity care. Her PhD research focused on the nature and manifestations of bullying in midwifery and she led a Cochrane Review of Interventions to Prevent Bullying in the Workplace. Her practice development work includes being co-project lead for the development of Guidelines for Admission to Midwife Led Units and the Normal Labour and Birth Care Pathway in Northern Ireland and Patricia is currently leading on the co-production of RQIA funded guidelines for Homebirth with a range of maternity care stakeholders. She was a registrant member of the Nursing and Midwifery Council Midwifery Committee and has completed two terms as Chair of the Board of the Royal College of Midwives. She has led and collaborated on a number of research and development projects with colleagues from the UK, Republic of Ireland, Austria, Denmark, Switzerland and the US, has presented at local, national and international conferences and published via a range of media including peer review and professional journals.

Shane Devlin

Shane Devlin took up post as Chief Executive of the Southern Health and Social Care Trust in March 2018. A proud product of Comprehensive Education in England, Shane studied at Queens University, Belfast, graduating in 1995 as a Bachelor of Science: Economics. He followed this with a Postgraduate Diploma from the Institute of Management. Shane also gained a Diploma in Business Improvement from the University of Ulster and studied at Harvard University, participating in the Kennedy School of Government programme – “Leaders for Tomorrow”. Shane began his career with the Northern Ireland Quality Centre before joining the local Health Service in 1998, working in Down and Lisburn Trust, the Department of Health and South Eastern Trust, before moving to the Business Services Organisation as Director of Customer Care and Performance and Director of Business Services Transformation. Shane moved from BSO in 2013 to Belfast Trust as Director of Planning, Performance and Informatics where he remained until December 2016, when he was appointed Chief Executive of the Northern...
Ireland Ambulance Service. On a personal level, Shane is married with two children, enjoys golf and has recently taken up running, particularly around the lakes of Craigavon.

**Heather Trouton**

Heather began her nursing career in 1996 in the Stroke Unit in Lurgan Hospital. She worked in the Nursing Development Unit and the Older persons ward, also in Lurgan before transferring to Craigavon Hospital in 1997 in work in Acute medicine followed by Acute Surgery. She worked as a staff nurse in Bowel, Breast, Vascular and general surgery until 2001 when she took up the post of Patient Flow Coordinator and Night Sister until 2005 when she became manager of that service. In 2008 Heather became project manager of a key improvement project for the then Director of Acute Services, using improvement methodology to lead many changes in Acute Care, including the complete redesign of Surgical Services in Craigavon Area Hospital. In 2009 she took up post as Assistant Director of Acute Services for the Division of Surgery and Elective care, which covered both Craigavon and Daisy Hill hospitals and a variety of Surgical services. During that period, Heather also jointly led the ‘Transforming Your Care’ agenda for Acute Services, working with Primary and Community Care services as well as local and regional commissioning bodies. In 2016, Heather moved roles, becoming the Assistant Director for Integrated Maternity and Women’s Health and Cancer and Clinical Services which included radiology, laboratories and Acute Allied Health Professional management as well as Cancer services. In January of this year she became the Interim Executive Director of Nursing Midwifery and AHP’s, her wide experience working with all these professions over her career providing her with the Knowledge and understanding to lead in this professional arena. Heather works both locally and regionally to champion nursing, midwifery and AHP professions as a whole, to actively seek the voice of the patient / service user who is central to all that we do and to continually improve the care and services we provide to our population. Heather is married with 3 children and 1 grandson all living locally in the Southern Trust area.

**Maureen Currie**

Maureen is currently working as a Practice Education Facilitator currently aligned to all children and adult learning disability services within the Trust and also to Mental Health Support and Recovery teams, Supported Living, Resources Centres and Community Addictions as well as CAMHs and Autism services in the CYPs directorate.

She is a registered Learning Disability Nurse having worked within in patient and community LD services including respite, supported living and day care for nearly 24 years before taking up post as a Practice Education Facilitator in July 2017.
Brian McGuire

Brian is a Registered Nurse, who has been working in Health and Social Care for 30 years. The last 15 of these have been specifically within Practice Development and Quality Improvement roles where he has been helping individuals and multidisciplinary teams to reflect on and in their practice in order for them to implement change leading to improvements in safe, effective, person-centred care. Brian has been trained in a range of service improvement methodologies such as Lean and Prince 2 as well as Practice Development methodologies which he blends together to enable culture change to occur.

Lorna Peelo-Kilroe

Lorna works in the Health Service Executive (HSE) in Ireland in the Office of Nursing and Midwifery Services and the Quality Improvement Division. For the last 15 years her work has focused on practice development, facilitation and quality improvement with the focus on person-centredness and enabling human flourishing for all. Lorna has worked as a nurse both in Ireland and the UK in acute and community settings. She is currently HSE lead facilitator on the National Programme to Enable Cultures of Person-Centredness. This programme uses transformational facilitation methodology and practice development methods to enable staff in all departments and disciplines to experience and enhance cultures of person-centredness in their workplaces so that they provide person-centredness for those who use and work in the service. The programme team are working with QMU University in Edinburgh to plan, roll-out and refine a programme for the Irish Health service that will build capacity and capability within the system.

Lynn Woolsey

Lynn undertook and completed her general nurse training at the Ulster Hospital Dundonald in the late ‘80’s, and her first staffing post was within the private sector caring for older people, where she remained until family life beckoned. She has 3 sons, who are now 27, 24 and 22. Lynn has held a variety of clinical posts over the years within acute medicine, acute surgery and specialist surgery. Throughout all of these clinical areas Lynn was able to engage in and develop her passion to support and develop staff, with the ultimate aim of improving the experience of patients and clients who use health services. Lynn has worked across the public, private and education sectors, holding both clinical and education roles. Lynn was appointed to her current role as Assistant Director of Nursing in Southern Trust in 2012, and has also been the HSC Nursing Lead for International Recruitment from January 2016. As well as her passion for developing others, Lynn has achieved a Post-graduate Certificate in Education and MSc with Distinction through Queens University Belfast, a Post-graduate Certificate in Strategic Workforce Planning with Distinction.
Paula Boyle

Paula qualified as a nurse in 1991 and as a midwife from University College London in 1995. She has vast maternity experience over 20 years both working in hospital and community settings. She has worked with NIPEC as lead in SHSCT in Recording Care project and currently with PHA in Early Intervention Transformation Programme (EITP) post.

Her current role is within Workstream One of the EIP which aims to give all children the best start in life. She leads on the ‘Getting Ready for Baby’ and ‘Getting Ready for Toddler’ programmes.

Sandra Hewitt

Sandra Hewitt is a Registered Midwife and Lactation Consultant in the Southern Trust, having previously worked as a hospital and community midwife for 20 years, she took up the position of Infant Feeding Specialist Midwife in November 2011. Her role is to lead and support maternity, health visiting and Neonatal services Trust wide to achieve the World Health Organisation and UNICEF Baby Friendly Initiative Standards as the recognised framework for the promotion, protection and support of breastfeeding. She provides Specialist Breastfeeding service in the Trust and co-ordinates the Southern Trust Peer Support Scheme.

Eamon Farrell

Eamon is the Interim Assistant Director of Allied Health Professionals Governance, Workforce Development and Training in the Southern Trust. Eamon joined the Trust in 2001 as a Physiotherapist and worked across a number of multidisciplinary services in both Acute and Community sectors. Following 5 years practicing as a specialist physiotherapist in the Intermediate Care Service he became a locality manager of Intermediate Care and Community Stroke Services in 2010. Eamon was promoted to the position of Transforming Your Care Service Implementation Lead in January 2014. In this post Eamon led the development and implementation of the new Acute Care at Home Service for Older People. He managed this new service which became operational in September 2014 as well as leading a review of Day Hospital Services for Older People in the Southern Trust and managing the Home IV service. He took up his current post as Assistant Director in February 2018. Eamon completed his MSc in Developing Practice in Healthcare through the University of Ulster in September 2018.
Dawn Ferguson

Dawn began her nursing career in 1987 at Southern Area College of Nursing and when qualified in Adult and Mental Health Nursing she worked in the acute setting for several years. She moved to community nursing where she undertook a variety of roles including District Nursing Sister and Team Leader. She was successful to undertake the role of Project Officer in 2007-2008 for Southern Health and Social Services Trust regarding the implementation of the NMC Standards to support learning and assessment in practice (2008) and moved into the Practice Education Team in 2008. Here she undertook the roles of Practice Education Facilitator and Practice Education Co-ordinator until 2015. She then progressed to the role of Nursing Education and Workforce Coordinator. Currently Dawn is Project lead for the development of the Nursing and Midwifery Workforce Strategy within the Trust. From an early stage in her career she has had a keen interest in nurse education and staff development. Dawn has completed most of her post registered education with Ulster University; BSc (Hons) Professional Development in Nursing with community option in District Nursing (1996); Teacher Practitioner module (1999); Post Graduate Certificate in Independent and Supplementary Prescribing (2004); Post Graduate Certificate in Education (2008) and MSc in Developing Practice in Healthcare (2016) where she was awarded the Institute of Nursing Research Mona Grey Post-Registration Research Award. She is currently completing a Post Graduate Certificate in Strategic Workforce Planning with the University of West London.

Releasing Rhythms

‘Through the drumming, dance and musical activities offered by Releasing Rhythms, we bring people together to experience the positive, energetic and vibrant rhythms and traditions of African culture’.

https://releasingrhythms.co.uk/live-events-performances/
## POSTERS ON DISPLAY

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<td>Christine Boomer, Maggie Ross, Yvonne McGivern, Sue Curry &amp; Donna Dillon (SET)</td>
<td>Enhancing end of life care through practice development</td>
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<td>2</td>
<td>Christine Boomer, (Ulster/SET), L McLaughlin (SET) &amp; B Lynch (Ulster)</td>
<td>The iMPAKT research study – experiences from &amp; for mental health nursing</td>
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<td>3</td>
<td>Christine Boomer &amp; Maggie Ross (SET)</td>
<td>The value of developing facilitation and leadership</td>
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<td>Christine Boomer &amp; Maggie Ross (SET)</td>
<td>Person-centred end of life care in the community setting</td>
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<td>5</td>
<td>Paula Boyle</td>
<td>Getting Ready for Baby Together</td>
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<td>6</td>
<td>Gail Doak</td>
<td>Registered Nurse Rotation Programme</td>
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<td>7</td>
<td>Dawn Ferguson</td>
<td>New registrants’ views of a preceptorship programme during their transition year from student nurse/midwife to registrant</td>
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<td>8</td>
<td>Julie Foster</td>
<td>The implementation of a responsive education and training programme for Nursing Home Registrants (REaCH), NHSCT</td>
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<td>9</td>
<td>Ursula Gaffney, Staff Midwife, DHH, Southern HSC Trust</td>
<td>Assessment of Smoking Status and Prescription of Nicotine Replacement for Inpatients Who Smoke</td>
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<td>10</td>
<td>Maria Garvey, Team Lead Community Midwifery &amp; Frances Biggerstaff</td>
<td>Self-Administration of Entonox at home</td>
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<td>11</td>
<td>Carol Grills</td>
<td>Introducing Bluetooth in NHS Powered Wheelchair in Northern Ireland partnership working with Service Users- Regional MND Pilot</td>
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12 **Wendy Guy**, Clinical Specialist Physiotherapist, Southern HSC Trust
   *Introduction of MSK Physiotherapy Clinics*

13 **Dr Maria Healy**, Lecturer in Midwifery Education, QUB & **Dr Patricia Gillen**, Head of R & D for Nurses, Midwives and AHPs, Southern HSC Trust
   *Guideline for Admission to Midwife-led Units in Northern Ireland- funded by Guidelines and Audit Implementation Network*

14 **Siobhan Macari**, OT Team Lead Portadown ICT, Southern HSC Trust
   *Devising a Community Occupational Therapy Electronic Assessment Form Compatible with E-NISAT*

15 **Lucy McAteer**, Lead Paediatric Dietitian, Southern HSC Trust
   *Promoting a whole-family approach for a healthy home lifestyle to reduce childhood obesity: Health@Home Pilot*

16 **Lucy McAteer**, Lead Paediatric Dietitian, Southern HSC Trust
   *Quality Improvement Certificate Programme Case Study*

17 **Teresa McCann**, Practice Development Midwife, Southern HSC Trust
   *Facilitating the Transition from Student to Band 5 midwife*

18 **Catherine McClelland**, Advanced Clinical Specialist Physiotherapist in Lymphoedema Banbridge Health and Care Centre, Southern HSC Trust
   *Healthy Legs Class - a ‘step’ forward in the management of chronic leg oedema*

19 **Donna McLaughlin**, CTG Co-ordinator & **Donna King**, Clinical Risk Midwife, Southern HSC Trust
   *Good Practice Matters: Sharing the Learning*

20 **Jacqueline Morton**, Head of Continuous Improvement, Southern HSC Trust
   *Building YOUR Quality Improvement Capacity and Capability: Introduction to Quality Improvement*

21 **Jacqueline Morton**, Head of Continuous Improvement, Southern HSC Trust
   *Building YOUR Quality Improvement Capacity and Capability: Quality Improvement Award*

22 **Jacqueline Morton**, Head of Continuous Improvement, Southern HSC Trust
   *Building YOUR Quality Improvement Capacity and Capability: Quality Improvement Certificate*

23 **Jacqueline Morton**, Head of Continuous Improvement, Southern HSC Trust
   *Building YOUR Quality Improvement Capacity and Capability: Quality Improvement Diploma*

24 **Yvonne Murphy**, Manager, Acute Care at Home, Southern HSC Trust
   *Acute Care at Home*

25 **Dr Esther Reid & Leanne Armstrong**, Alcohol Liaison Midwife, Southern HSC Trust
   *Development of an Alcohol Liaison Midwifery Service*
Nicotine Replacement Resource for Staff and Flowchart for patients who smoke

Introducing Access to Physiotherapy – Led Vestibular Rehabilitation within the SH&SCT

Importance of Checking Discharge Clean