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Thermal transport in out of equilibrium quantum harmonic chains

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We address the problem of heat transport in a chain of coupled quantum harmonic oscillators, exposed to the influences of local environments of various nature, stressing the effects that the specific nature of the environment has on the phenomenology of the transport process. We study in detail the behavior of thermodynamically relevant quantities such as heat currents and mean energies of the oscillators, establishing rigorous analytical conditions for the existence of a steady state, whose features we analyse carefully. In particular we assess the conditions that should be faced to recover trends reminiscent of the classical Fourier law of heat conduction and highlight how such a possibility depends on the environment linked to our system.

Understanding the transport properties in open systems in contact with several energy or particle baths represents a challenge for nonequilibrium physics. Ideally, one would like to characterize and even calculate explicitly the statistics of the energy and particle currents, similarly to what can be done in equilibrium ones. However, differently from the observables at equilibrium, the properties of the currents in out-of-equilibrium systems depends strongly on the bath properties, and on the characteristics of the system-bath coupling.

In this context, chains of oscillators have been extensively used as microscopic models for heat conduction and, in general, for out-of-equilibrium systems [1–4] to investigate the behaviors of the thermal conductivity for different interaction potentials between the oscillators, different bath properties, or different system-bath couplings [1, 2].

The Fourier law of heat conduction implies that the heat current flowing throughout a system from a hot to a cold bath scales as the inverse of the system size $J \sim 1/L$. In the classical case, it is known that this law is violated in 1D homogeneous harmonic systems [3, 5] where heat is carried by freely propagating phonons, while the current scales with the system size in presence of anharmonicity or disorder either in mass or in the coupling constant. Although the transport is anomalous ($J \sim 1/L^\alpha$, with $\alpha \neq 1$) in these cases, the Fourier law is finally restored only in presence of a external substrate potential [1] or in the presence of a locally attached energy-conserving reservoirs for each oscillator [6].

Quantum mechanically, a realistic description of a quantum medium for the transport of heat would imply the use of an explicitly open-system formalism and the introduction of system-environment interactions. In this context, it is interesting to identify the conditions, if any, under which heat transport across a given quantum system can be framed into the paradigm of Fourier law. Finding a satisfactory answer to this question is certainly not trivial, in particular in light of the ambiguities that the validity of Fourier law has encountered even in the classical scenario.

In the quantum scenario, significant studies are embodied by the work by Martinez and Paz [7], who demonstrated that arbitrary networks of harmonic oscillators evolving under a quantum Brownian master equation will obey the three laws of thermodynamics and Fourier law. Assadian et al. [8], on the other hand, have addressed a chain of oscillators interacting with thermal and dephasing reservoirs described by a Lindblad master equation, finding that a Fourier-like dependence on the system’s size can be observed for very long harmonic chains.

In this paper, we contribute to such research efforts by studying a general quadratic model for the coupling among harmonic oscillators that, in turn, are affected by individual thermal reservoirs and exposed to the temperature gradient generated by all-diffusive end-chain environments. Our approach is able to pinpoint the origins of the specific energy distributions observed by varying the operating conditions of the system and thus identify the role played, respectively, by the diffusive and thermal reservoirs in the process of heat transport. We find working configurations that deviate substantially from the expectations arising from Fourier law and single out scenarios that are strictly adherent to such a paradigm, thus remarking the critical role played by the nature of the environment affecting the medium in the establishment of the actual mechanism for heat transport.

The remainder of this paper is organised as follows. In Sec. I we introduce the formalism used to address the dynamics of the system. The general scenario addressed in our investigation is described in Sec. II, while the thermodynamic properties and phenomenology of heat currents across the device are analyzed in Sec. III. Sec. IV is devoted to the analysis of a few significant cases that help us addressing the deviations from (and adherences to) Fourier law.

I. TOOLS AND NOTATION

In this Section we will consider a large class of systems with a generic number of degrees of freedom $n$. Let us define the operator

$$\hat{x} = (\hat{q}_1, \ldots, \hat{q}_n, \hat{p}_1, \ldots, \hat{p}_n)^1,$$  \hspace{1cm} (1)
where we have introduced \( \hat{J} = \begin{pmatrix} 0_n & l_n \\ -l_n & 0_n \end{pmatrix} \).

Here \( l_n \) and \( 0_n \) are the \( n \) dimensional identity and zero matrix, respectively. In the remainder of these notes, we will be dealing with quadratically coupled harmonic oscillators. In this scenario, the use of first and second moments of \( \hat{x} \) provides a powerful tool for the description of the physically relevant quantities involved in the evolution of the system. We thus introduce the mean value (MV) vector \( \langle \hat{x} \rangle_t = \text{Tr} \{ \hat{x} \hat{\rho}(t) \} \) and the covariance matrix (CM) \( V \) of elements

\[
V_{jk}(t) = \frac{1}{2} \text{Tr} \{ \{ \hat{x}_j - \langle \hat{x}_j \rangle_t, \hat{x}_k - \langle \hat{x}_k \rangle_t \} \hat{\rho}(t) \}. \tag{3}
\]

The focus of our work will be the study of a nearest-neighbor coupled harmonic chain whose \( n \) elements are in contact with (individual) local reservoirs at finite temperature. The evolution of the chain can thus be described, in general, through the Lindblad master equation

\[
\frac{d\hat{\rho}}{dt} = -\frac{i}{\hbar} \hat{H} + \frac{1}{2\hbar} \sum_{m=1}^{M} \{ \hat{L}_m^\dagger \hat{L}_m, \hat{\rho} \} - 2\hbar \hat{L}_m \hat{\rho} \hat{L}_m^\dagger \tag{4}
\]

with the following general form of a quadratic Hamiltonian and linear Lindblad operators

\[
\hat{H} = \frac{1}{2} \hat{x} \cdot \hat{H} \hat{x} + \xi \cdot \hat{J} \hat{x} + H_0, \quad \hat{L}_m = \lambda_m \cdot \hat{J} \hat{x} + \mu_m, \tag{5}
\]

where \( \hat{H} \) is the adjacency matrix of the Hamiltonian, \( \xi \in \mathbb{R}^{2n} \) is a column vector encompassing possible position and momentum displacements, \( H_0 \in \mathbb{R} \) represents a possible energy offset, and \( \lambda_m \in \mathbb{C}^n \) contains the coupling strengths between a given element of the chain and the respective reservoir. Finally, \( \mu_m \in \mathbb{C} \) are constants [12]. Using such a general description of the coherent and incoherent part of the evolution, we can straightforwardly work out the dynamical equations of motion for both \( \langle \hat{x} \rangle_t \) and the CM by calculating their time derivative and using the state evolution provided by Eq. (4) as

\[
\frac{d\langle \hat{x} \rangle_t}{dt} = \xi - \eta + \Gamma \langle \hat{x} \rangle_t, \quad \frac{dV}{dt} = \Gamma V + V \Gamma^\dagger + D, \tag{6}
\]

where we have introduced \( \eta = \sum_{m=1}^{M} \text{Im}(\mu_m^* \lambda_m) \) and

\[
\Gamma = JH - \text{Im} \mathbf{Y} J, \quad D = \hbar \text{Re} \mathbf{Y}, \tag{7}
\]

which are defined in terms of the decoherence matrix \( \mathbf{Y} = \sum_{m=1}^{M} \lambda_m \mu_m^* \). By definition, we have \( \text{Im} \mathbf{Y}^\dagger = -\text{Im} \mathbf{Y} \) and \( D = D^\dagger \geq 0 \).

For time independent problems, Eqs. (6) can be solved exactly as

\[
\langle \hat{x} \rangle_t = e^{\Gamma t} \langle \hat{x} \rangle_0 + \Gamma^{-1} \left( e^{\Gamma t} - I_{2n} \right) (\xi - \eta),
\]

\[
V(t) = e^{\Gamma t} V_0 e^{\Gamma^\dagger t} + \int_0^t dt' e^{\Gamma t'} D e^{\Gamma^\dagger t'}. \tag{8}
\]

with \( \langle \hat{x} \rangle_0 \) and \( V_0 \) the MV and CM of the initial state, respectively. The steady-state (or fixed-point) solutions of such equations can be found by imposing \( dV/dt = d\langle \hat{x} \rangle/dt = 0 \), which are equivalent to the conditions (in what follows, the subscript \( \ast \) will be used to indicate steady-state values)

\[
\langle \hat{x} \rangle_\ast = -\Gamma^{-1}(\xi - \eta), \quad \Gamma V_\ast + V_\ast \Gamma^\dagger + D = 0. \tag{9}
\]

The equation satisfied by \( V_\ast \) is of the stationary Lyapunov form [10] that, under the conditions above, admits a unique positive-definite solution iff the eigenvalues of \( \Gamma \) have positive real parts. In this case, we find

\[
V_\ast = \lim_{t \to \infty} V(t) = \int_0^\infty dt e^{\Gamma t} D e^{\Gamma^\dagger t}. \tag{10}
\]

For time dependent \( \hat{H} \), \( \xi \), \( \eta \) and \( \lambda_m \), the form of \( \langle \hat{x} \rangle_\ast \) in Eq. (9) is no longer valid and the conditions over the Lyapunov equation for \( V_\ast \) must hold at each instant of time.

Note that, in order to deduce Eqs. (6), (8) and (10), we did not need to make any assumption on the initial state of the system but only use the quadratic and linear structure of Eq. (5) and (4), respectively. The rest of our analysis, which will focus on the dynamics of thermodynamically relevant quantities such as currents and energy, only depends on the actual form of MV and CM.

## II. THE SYSTEM AND ITS DYNAMICS

We can now start analyzing explicitly the system that we have in mind. We consider the chain of oscillators depicted in Fig. 1. Each interacting with its own thermal reservoir at temperature \( T_k \), \( k = 1, \ldots, n \). The Hamiltonian of the chain arises from the application of the rotating-wave approximation on a nearest-neighbour Hooke-like coupling model, which gives us

\[
\hat{H} = \hbar \omega \sum_{j=1}^{n} \hat{a}_j^\dagger \hat{a}_j + 2 \hbar \Omega \sum_{j=1}^{n-1} (\hat{a}_j^\dagger \hat{a}_{j+1} + \hat{a}_{j+1}^\dagger \hat{a}_j), \tag{11}
\]

where \( \omega \) and \( \Omega \) are the frequency of the oscillators and their mutual coupling rate respectively, and \( \hat{a}_j = (\hat{q}_j + i \hat{p}_j)/\sqrt{2} \hbar \) is the creation operator of the \( j \)th oscillator. Using the notation introduced before, \( \hat{H} \) can be written as in Eq. (5) with \( \xi = H_0 = 0 \) and the adjacency matrix \( H = H \oplus \hat{H} \), where

\[
H_{jk} = \omega \delta_{jk} + \Omega (\delta_{j+1,k} + \delta_{j-1,k}), \tag{12}
\]

and \( \delta_{jk} \) is the Kronecker symbol.

The coupling between a given oscillator and the respective thermal reservoir is described by the Lindblad operators

\[
\hat{L}_k = \sqrt{\hbar \zeta_k (\bar{N}_k + 1)} \hat{a}_k, \quad \hat{L}_k^\dagger = \sqrt{\hbar \zeta_k \bar{N}_k} \hat{a}_k^\dagger \tag{13}
\]

where \( \zeta_k \geq 0 \) is the bath-oscillator coupling and \( \bar{N}_k \) is the mean occupation number of the reservoirs at temperature \( T_k \).
This choice allows us to make the identifications
\[
\lambda_k = \sqrt{\frac{\zeta_k}{2}} (N_k + 1) (0, \ldots, 0, 1, 0, \ldots, 0, -1, 0, \ldots, 0)^T,
\]
\[
\lambda'_k = \sqrt{\frac{\zeta_k}{2}} N_k (0, \ldots, 0, -i, 0, \ldots, 0, -1, 0, \ldots, 0)^T.
\]
(14)

We now make the explicit assumption that the first and last oscillator in the chain are also affected by two additional reservoirs, which we label A and B, having temperatures \( T_A \geq T_B \gg T_k \). This allows us to take \( \tilde{N}_f \gg N_k \) and approximate \( \tilde{N}_f + 1 \approx \tilde{N}_f \) for \( f = A, B \). Therefore, such baths contribute with
\[
\lambda_A = \lambda'_A = \sqrt{\frac{\zeta_A}{2}} N_A (i, 0, \ldots, 0, -1, 0, \ldots, 0)^T,
\]
\[
\lambda_B = \lambda'_B = \sqrt{\frac{\zeta_B}{2}} N_B (0, \ldots, 0, -i, 0, \ldots, 0, -1)^T.
\]
(15)

We are now in a position to give some motivations for the specific choice of the system to study. In a realistic scenario, the impossibility to achieve full isolation leads one to take into account the external and uncontrollable influences from the environment over the evolution of a system. In our case such disturbances are represented by the \( n \) thermal reservoirs attached to each oscillator of the chain. On the other hand, as we aim at studying heat transport across the system, we need to set a temperature gradient, which is imposed, in our setting, by the external end-chain baths. As such gradient is supposed to be the leading mechanism for the transport process, it is reasonable to assume that \( T_{A,B} \) are the largest temperatures across the system.

We can now go back to the formal description of the system and write the decoherence matrix as
\[
\Upsilon = \Upsilon^{(A)} + \Upsilon^{(B)} + \sum_{k=1}^{n} \Upsilon^{(k)}
\]
with
\[
\Upsilon^{(k)} = \lambda_k \lambda'_k + \lambda'_k \lambda_k^T \quad (k = 1, \ldots, n),
\]
\[
\Upsilon^{(l)} = 2 \Re(\lambda_l \lambda_l^T) \quad (l = A, B).
\]
(16)

As the contribution given by the reservoirs A and B to the dynamics is all in the matrix \( D \) of Eq. (7), we refer to them as all-diffusive.

In order to simplify our analysis without affecting its generality, we now take \( \zeta_k = \zeta \). From Eq. (12) and the expression found for \( \Upsilon \), we find
\[
\Gamma = -\left( \frac{\zeta}{2} \begin{pmatrix} l_n & -H \end{pmatrix} \right), \quad D = \frac{\hbar \zeta}{2} l_{2n} + D \oplus D
\]
(17)

with \( D = \hbar \zeta \text{Diag}(\frac{\zeta_A}{2} N_A + \tilde{N}_1, \tilde{N}_2, \ldots, \tilde{N}_{n-1}, \frac{\zeta_B}{2} N_B + \tilde{N}_n) \). This allows us to achieve the flowing expression for the CM
\[
V(t) = e^{\Gamma t} V_0 e^{\Gamma^T t} + \frac{\hbar}{2} \begin{pmatrix} 1 & e^{-\zeta t} \end{pmatrix} l_{2n} + U^\dagger (I \oplus \Gamma^T) U
\]
(18)

with \( U = \int_0^t e^{-\zeta t} e^{-iHt'} D \circ e^{iHt'} \). Following the lines given in the Appendix and integrating \( I \) by parts, it is then possible to show that
\[
V(t) = e^{\Gamma t} V_0 e^{\Gamma^T t} + \frac{\hbar}{2} \begin{pmatrix} 1 & e^{-\zeta t} \end{pmatrix} l_{2n}
\]
\[
+ O \oplus O \left( O D O \circ \text{Re} L_k - O D O \circ \text{Im} L_k \right) O \oplus O,
\]
(19)

with \( \circ \) the symbol for a Hadamard matrix product [10] and the matrices \( O \) and \( L \) having the elements
\[
O_{kl} = \sqrt{\frac{2}{n+1}} \sin \left( \frac{k \ell \pi}{n+1} \right), \quad L_{jk} = \frac{1}{\zeta} + \frac{1}{\zeta + i(\nu_j - \nu_k)}
\]
(20)

with \( \nu_m = \omega + 2\Omega \cos \left( \frac{m \pi}{n+1} \right) \) (cf. Appendix). The steady-state form of such solution can be found as illustrated in the previous Section, which yields
\[
V_* = \frac{\hbar}{2} l_{2n} +
\]
\[
O \oplus O \left( O D O \circ \text{Re} L_k - O D O \circ \text{Im} L_k \right) O \oplus O
\]
(21)

with \( L_{s,\ell} := \lim_{t \to \infty} L_{\ell,\ell} = 1/[\zeta + i(\nu_j - \nu_k)] \). Remarkably, Eq. (21) is the CM of a vacuum state corrected by terms whose origin is entirely ascribed to the presence of the reservoirs. Furthermore, the nullity of the diagonal elements of \( \text{Im} L_k \), guarantees that, in the long-time limit, each oscillator is in a thermal state. If the reservoirs connected to the elements of the chain have all the same temperature (so that \( \tilde{N}_k = \tilde{N}, \forall k = 1, \ldots, n \)), Eq. (21) can be cast into the form
\[
V_* = \frac{\hbar}{2} (\tilde{N} + \frac{1}{2}) l_{2n}
\]
\[
+ O \oplus O \left( O D O \circ \text{Re} L_k - O D O \circ \text{Im} L_k \right) O \oplus O,
\]
(22)

with \( D := \hbar \text{Diag}(\zeta_A \tilde{N}_A, 0, \ldots, 0, \zeta_B \tilde{N}_B) \). This is the CM of a thermal equilibrium state at temperature \( \tilde{T} \) for the \( n \) oscillators plus corrections due to the all-diffusive reservoirs.

III. ANALYSIS OF HEAT CURRENT ACROSS THE CHAIN

In a thermodynamical system ruled by Hamiltonian \( \hat{H} \) and described by the density matrix \( \hat{\rho} \), the variation of the internal energy is associated with work and heat currents. In fact
\[
\frac{d}{dt} \langle \hat{H} \rangle = \text{Tr} \left( \hat{\rho} \frac{\partial \hat{H}}{\partial t} \right) + \text{Tr} \left( \frac{\partial \hat{\rho}}{\partial t} \hat{H} \right).
\]
(23)
While the first term in the right-hand side is associated with the work performed on/by the system in light of the time-dependence of its Hamiltonian, the second term accounts for heat flowing into/out of the system itself. As the Hamiltonian of our problem is time-independent, any change in the mean energy of the chain should be ascribed to the in-flow/out-flow of heat. By inserting the right-hand side of Eq. (4) in place of \( \frac{d\rho}{dt} \) above, we find

\[
\mathcal{J} = \text{Tr} \left( \frac{d\rho}{dt} \hat{H} \right) = \sum_{k=1}^{M} \mathcal{J}_k
\]

(24)

with \( \mathcal{J}_k \) the heat current induced by the \( k \)th Lindblad operator, and \( M = 2(n+1) \) for the system depicted in Fig. 1. This expression can be specialized to the case of the system addressed in Section II to give (cf. Appendix)

\[
\mathcal{J}_k = \text{Tr} \left[ \frac{\hbar}{2} \text{Re}(\lambda_k \lambda_k^\dagger) - \hat{H} \left( \hat{V} + \langle \hat{x} \rangle \hat{\tau} \left( \hat{x} \right)^\dagger \right) \text{Im}(\lambda_k \lambda_k^\dagger) \right].
\]

(25)

Summing over all Lindblad operators, the total current reads

\[
\mathcal{J} = \frac{1}{2} \text{Tr} [\hat{H} \hat{D}] - \text{Tr} \left[ \hat{H} \left( \hat{V} + \langle \hat{x} \rangle \hat{\tau} \left( \hat{x} \right)^\dagger \right) \text{Im}(\hat{Y}) \right].
\]

(26)

The first term is the diffusive part of the current and is constant in time if the set of \( \lambda_k \)'s does not depend on time explicitly. The system’s internal energy can be easily worked out to take the general form

\[
\langle \hat{H} \rangle_t = \frac{1}{2} \text{Tr} \left[ \hat{H} \hat{V}(t) + \hat{H} \langle \hat{x} \rangle \hat{\tau} \left( \hat{x} \right)^\dagger \right] = \frac{1}{2} e^{-\zeta t} \text{Tr}(\hat{H} \hat{V}_0) + \frac{1}{2} e^{-\zeta t} \langle \hat{x} \rangle_0 \cdot \hat{H} \langle \hat{x} \rangle_0 + \hbar \omega \left( \frac{n}{2} + \sum_{k=1}^{n} \tilde{N}_k - \frac{\zeta_A}{\zeta} \bar{N}_A + \frac{\zeta_B}{\zeta} \bar{N}_B \right) (1 - e^{-\zeta t}).
\]

(27)

At the steady state, we can write

\[
\langle \hat{H} \rangle_s = \hbar \omega \left( \frac{\zeta_A}{\zeta} \bar{N}_A + \frac{\zeta_B}{\zeta} \bar{N}_B \right) + \hbar \omega \sum_{k=1}^{n} \tilde{N}_k + \frac{1}{2} \hbar \omega n,
\]

(28)

showing that the mean energy of the system does not depend on the coupling strength between the oscillators and is fully determined by the the interactions with the reservoirs. The contribution that each oscillator gives to the equilibrium energy in Eq. (28) is not uniform across the chain, as can be seen from Fig. 2 where we plot the mean occupation number of each oscillator

\[
\tilde{N}_k^{(l)} = \text{Tr}(\hat{a}_k^\dagger \hat{a}_k \rho) = \frac{1}{\hbar} [\hat{V}_l]_{kk} - 1/2.
\]

(29)

Despite the individual contribution of each bath for the mean energy in (28), the state of the chain is described by the CM (22), which encompasses the collective effects of all the reservoirs resulting from the mixing process effectively implemented by the inter-oscillator coupling. As for the current, one finds

\[
\mathcal{J} = -\frac{\zeta}{2} e^{-\zeta t} \text{Tr}(\hat{H} \hat{V}_0) - \frac{\zeta}{2} e^{-\zeta t} \langle \hat{x} \rangle_0 \cdot \hat{H} \langle \hat{x} \rangle_0 + \hbar \omega \left( \frac{\zeta_A}{\zeta} \bar{N}_A + \frac{\zeta_B}{\zeta} \bar{N}_B \right) e^{-\zeta t}
\]

(30)

with \( \mathcal{J}_s = 0 \). As the current is a linear function of the matrix \( \lambda_n \lambda^\dagger_n \) [cf. Eq. (25)], in order to interpret each term of the above equation and their contribution to the total current at the steady state, we break the total current into the three parts. The first two are time independent and read

\[
\mathcal{J}^{(l)} = \frac{\hbar}{2} \text{Tr} \left[ \hat{H} \hat{Y}^{(l)} \right] = \hbar \omega \zeta_l \tilde{N}_l \quad (l = A, B).
\]

(31)

The third one is

\[
\mathcal{J}^{(k)} = \frac{\hbar}{2} \text{Tr} \left[ \hat{H} \text{Re}(\hat{Y})^{(k)} \right] - \text{Tr} \left[ \hat{H} \hat{V} J \text{Im}(\hat{Y})^{(k)} \right]
\]

(32)

\[
= \hbar \omega \zeta (\tilde{N}_k + 1/2) - \zeta(\omega \hat{V}_{kk} + \Omega \hat{V}_{k-1k} + \Omega \hat{V}_{kk+1}).
\]

For simplicity, we have omitted the explicit dependence on the initial conditions. The simple form attained in Eq. (31) is a consequence of Eq. (16), where the matrices \( \hat{Y}^{(A)} \) and \( \hat{Y}^{(B)} \) are purely real. At the steady state, using Eqs. (29) and (32), one finds

\[
\mathcal{J}^{(1)} = -\hbar \omega \zeta \left[ \tilde{N}^{(1)}_1 - \tilde{N}_1 \right] - \Omega \zeta \hat{V}_{s12},
\]

\[
\mathcal{J}^{(k)} = -\hbar \omega \zeta \left[ \tilde{N}^{(k)}_k - \tilde{N}_k \right] - \Omega(\hat{V}_{s(k+1)} + \hat{V}_{sk-1k}),
\]

\[
\mathcal{J}^{(n)} = -\hbar \omega \zeta \left[ \tilde{N}^{(n)}_n - \tilde{N}_n \right] - \Omega \zeta \hat{V}_{s(n-1)}. \]

(33)

The above currents for each reservoir in the chain at the stationary state are plotted in Fig. 3. From Eq. (21), it is possible to show that in the situation depicted there, we have

\[
\hat{V}_{s(j+1)} = 0, \quad (j = 1, ..., n - 1),
\]

(34)
and thus the currents in Eq. (33) are given exclusively by the difference between the mean occupation number of the reservoirs \( \bar{N}_b \), and the mean thermal photon number of each oscillator \( \bar{N}_s^{(k)} \). That is, the heat currents within the system can be understood as the difference between the amounts of energy stored in a given reservoir and that in the respective oscillator \([13]\). The fact that \( \bar{J}_s = 0 \) implies that all the internal currents \( \bar{J}_s^{(k)} \) are constrained to sum up the (constant) value \( - (\bar{J}_s^{(A)} + \bar{J}_s^{(B)}) \) independently on the length of the chain, which shows a clear violation of Fourier law of heat conduction. Note that all the currents are negative showing also that the thermal energy stored in each oscillator, represented by \( \bar{N}_s^{(k)} \), is greater than the energy of its own reservoir.

The behavior of both quantities against the length of the chain can be deduced from Fig. 4. In virtue of Eq. (33), the occupation number of the oscillators decreases with \( n \) while the current increases, so that in the thermodynamical limit (i.e. for \( n \gg 1 \)) both become independent of the length of the chain. Furthermore, any oscillator in the bulk of the chain, i.e. any element identified by a label \( k \sim n/2 \), has the same occupation number of the reservoir attached to it. This is due to the fact that, thanks to Eq. (20), \( O_{kJ} \approx \sqrt{2/n} \sin(j\pi/2) \) and \( \bar{N}_s^{(k)} = \bar{N}_k \). In such conditions, the individual current is null, as it can be seen from Eq. (33).

The classical version of the problem, where a chain of harmonic oscillators is attached to two end-chain thermal baths at temperatures \( T_1 \) and \( T_n \) \([5]\), shares some similarities with our study. In fact in the work by Reider et al. \([5]\), the bulk oscillators attains a constant temperature as in our case. While in Ref. \([5]\) this is given by \((T_1 + T_n)/2\), here such temperature is given by the occupation number of the bath attached to one of the oscillators. Moreover, the current in the work of Reider et al. is constant throughout the system and proportional to \( T_1 - T_n \). In our study, the current is given by the sum of the currents of the all diffusive reservoirs.

![Figure 3](image3.png)

**FIG. 3.** (Color online) Currents across the chain. The (green) diamond-shaped points correspond to a chain of \( n = 25 \) with \( \bar{N}_A = 2\bar{N}_B = 10\bar{N}_k = 100 \). The (blue) square points are for \( n = 50 \) with \( \bar{N}_A = 2\bar{N}_B = 10\bar{N}_k = 100 \). Finally, the (violet) dots are for \( n = 50 \) with \( \bar{N}_A = \bar{N}_B = 10\bar{N}_k = 100 \). The remaining parameters are as in Fig. 2.

![Figure 4](image4.png)

**FIG. 4.** (Color online) Mean value of energy [panel (a)] and currents [panel (b)] of the first \((k = 1)\), central \((k = n/2)\), last \((k = n)\) and \(10^\text{th}\) oscillators in the chain as a function of the length with \( \bar{N}_A = 2\bar{N}_B = 10\bar{N}_k = 100 \). The remaining parameters are the same as in Fig. 2.

### IV. APPLICATION TO PARADIGMATIC CASES

In this Section we use the formalism and results illustrated so far to analyze the transport of heat in a few paradigmatic examples, all encompassed by the general treatment of the problem provided above.

#### A. Case I: Ordinary Baths

We start wondering about the specific dependence of the mean energy in Eq. (28) on the length of the system, and the way it is influenced by the constraint imposed by the purely diffusive reservoirs.

To investigate this, we take \( \zeta_A = \zeta_B = 0 \) in the model depicted in Fig. 1, and analyze its properties. The corresponding steady state CM is as in Eq. (21) with

\[
D = \hbar \zeta \text{Diag} (\bar{N}_1, \ldots, \bar{N}_n),
\]

while the steady state energy and the current are given by Eq. (28) and Eq. (30), respectively. In order to remain as close as possible to the system discussed in the previous Section, we take \( T_1 > T_k > T_n \) for \( 1 < k < n \). As all reservoirs are of the ordinary type, the approximation in Eq. (15) does not hold for the end-chain baths. As one can see from Fig. 5, the same pattern for the mean excitation number displayed in Fig. 2 is found. In Fig. 6, we then plot the currents given in Eq. (33) of the reservoirs with temperatures \( T_k, k = 2, \ldots, n - 1 \). They are all negative, as in Fig. 3, and sum up to

\[
\sum_{k=2}^{n-1} \bar{J}_s^{(k)} = - (\bar{J}_s^{(1)} + \bar{J}_s^{(n)}) < 0.
\]
this is a simple consequence of the structure of Eq. (33) when Eq. (34) is taken into account. In general, the oscillators attached to the highest temperature reservoirs will have $\tilde{N}_k - \bar{N}_k^{(k)} > 0$, which is not the case for all the others, as their occupation number will also be determined by their own lower-temperature reservoir and the contributions coming from the higher temperature ones.

In Fig. 7, we plot the results valid for a different configuration, where one internal reservoir has the highest temperature. Notwithstanding the differences with respect to the patterns shown in Figs. 5 and 6, the currents and energy of this configuration follow the same chain-length dependence discussed above.

**B. Case II: All-diffusive dynamics**

Let us consider now a chain of oscillators connected only to the all-diffusive reservoirs A and B. When $\zeta_k = 0$ for $k = 1, \ldots, n$ the resulting dynamics is not stable (cf. Appendix). However, the evolution of the system can be deduced from Eq. (19) by taking $\zeta \to 0$ to give

$$V(t) = e^{\mathcal{H}t} \widetilde{V}_{0} e^{-\mathcal{H}t} + \Omega \otimes \Omega \left( \mathcal{O} D O \otimes \text{Re} L_0 - \mathcal{O} D O \otimes \text{Im} L_0 \right) \mathcal{O} \otimes \mathcal{O},$$

with $(L_0)_{jk} = \lim_{\zeta \to 0} L_{jk} = i(e^{-i(\nu_j - \nu_k)t} - 1)/(\nu_j - \nu_k)$. The diagonal elements of $L_0$ are obtained taking the limit $\nu_j \to \nu_k$ and are given by $(L_0)_{kk} = t, \forall k$. Note that the ordering of the two limits above does not commute. As before, as the elements $(\text{Im} L_0)_{kk} = 0, \forall k$, and each oscillator is in a thermal state at all times.

In Fig. 8, we show the mean occupation number of each oscillator, $\bar{N}_k^{(k)} = V(t)_{kk}/\hbar - 1/2$, at some instants of time for the evolution in Eq. (37) and an initial vacuum state. The process of excitation of the elements of the chain starts from its ends to then progressively move towards its center. The mean occupation number of the oscillators increases on average linearly in time, i.e., they oscillate by the effect of the orthogonal matrices $O$ around the linear rate given by $|L_0|_{kk}$ [cf. Eq. (37)].

As an interesting remark, we observe that the distribution corresponding to the case of $t = 20$ displays oscillators having occupation numbers larger than those of the oscillators in touch with the all-diffusive reservoirs. This is an effect of the competition between linear increase of $\bar{N}_k$ and the oscillatory behavior induced by the actual absence of a steady state: the spikes only occur in a small time scale and do not occur again at longer times.

The total current for this system is obtained as

$$J_0 := \lim_{\zeta \to 0} J = \omega \left[ \zeta_A \bar{N}_A + \zeta_B \bar{N}_B \right],$$

**FIG. 5.** (Color online) Distribution of mean occupation numbers for the elements of a chain without the diffusive reservoirs. Diamonds (green): chain with $n = 25$ oscillators and temperatures of the baths given in terms of $\bar{N}_1 = 2\bar{N}_n = 100$ and $\bar{N}_k = 30$; Squares (blue): chain with $n = 50$ oscillators and $\bar{N}_1 = 2\bar{N}_n = 100$ and $\bar{N}_k = 30$; Circles (violet): $n = 50$ and $\bar{N}_1 = \bar{N}_n = 100$ and $\bar{N}_k = 30$; The remaining parameters are the same as in Fig. 2 and in all cases $k = 1, \ldots, n$.

**FIG. 6.** (Color online) Currents across the chain without the diffusive reservoirs. The color/symbol code is the same as in Fig. 5, although we have taken $k = 2, \ldots, n - 1$, i.e. we have excluded the positive currents from the first and last reservoir.

**FIG. 7.** (Color online) Currents across a chain of $n = 25$ oscillators with $\bar{N}_8 = 30$ and $\bar{N}_k = 10, \forall k \neq 8$. The remaining parameters are the same as in Fig. 2. Inset: Mean occupation number of the oscillators in the chain.
and is thus a constant and that helps us in determining the mean energy of the system

\[ \lim_{\zeta \to 0} \langle \hat{H} \rangle_t = \frac{1}{2} \text{Tr}(HV_0) + J_0 \, t. \]  

(39)

The indefinite growth of energy supplied by the current can be seen as a signature of instability of the system. In this context, the relative temperature of the reservoirs is irrelevant as both contribute in the same way to the enhancement of the energy [Eq. (39)] and currents [Eq. (38)].

C. Case III: Balanced competition of environmental effects

A standard thermal reservoir, as those distributed across the chain in Fig. 1, exchanges energy with the system in two distinct ways: diffusion, described by the matrix $\mathbf{D}$ in Eq. (7), which is responsible for the enhancement of energy; and dissipation, described by $\mathbf{I}$, which extracts energy from the system. The balanced competition of these two effects drives the system to equilibrium at the steady state. In the presence of both such mechanisms the currents will anyway flow from the hotter to the colder reservoir.

So far, these two kinds of reservoirs have not been treated on equal footing, and it will be interesting to understand the behavior of a chain when a balanced competition of environmental mechanisms is considered. To this end, let us consider the system depicted in Fig. 1 with $\zeta_m = 0$ for $1 < m < n$, i.e., while the reservoirs of the bulk chain are detached, those at the end of it (having temperature $T_1$, $T_u$, $T_A$ and $T_B$) are still operative. In this case, the matrices (7) are given by

\[ \mathbf{I} = \mathbf{G} \oplus \mathbf{G} + \text{Adiag}(\mathbf{H}, -\mathbf{H}), \quad \mathbf{D} = \mathbf{D} \oplus \mathbf{D}, \]  

(40)

with $\mathbf{G} = -\text{Diag}(\zeta_1, ..., 0, 0, \zeta_n)/2$ and $\mathbf{D} = \hbar \zeta \text{Diag}(\bar{\mathbf{N}}_1 + \frac{1}{2} + \frac{\zeta_A}{\zeta} \mathbf{N}_A, 0, ..., 0, \bar{\mathbf{N}}_n + \frac{1}{2} + \frac{\zeta_B}{\zeta} \mathbf{N}_B)$.

The stability of this system is independent of the diffusive reservoirs since they did not contribute to $\mathbf{I}$ in Eq. (40). Furthermore, the action of the all-diffusive reservoirs is only to enhance the mean occupation number of the standard ones, that is, the solution to this problem is equivalent to take a chain with only two end-system standard reservoirs with mean occupation numbers $\bar{N}_1 = \bar{N}_1 + (\zeta_A/\zeta) \mathbf{N}_A$ and $\bar{N}_2 = \bar{N}_2 + (\zeta_B/\zeta) \mathbf{N}_B$. The methods employed in Ref. [8], which addressed the problem embodied by Eq. (40) with $\zeta_A = \zeta_B = 0$, will be useful to find a solution to this case. At the steady state attained by Eq. (40), the sum of all currents is null (as expected) while the mean occupation number for each oscillator is given by the expressions

\[ \bar{N}^{(1)} = \frac{1}{2} (\bar{N}_1 + \bar{N}_n) + \frac{\zeta^2 (\bar{N}_1 - \bar{N}_n)}{8 \Omega^2 + 2 \zeta^2}, \]

\[ \bar{N}^{(k)} = \frac{1}{2} (\bar{N}_1 + \bar{N}_n) \quad (1 < k < n), \]

\[ \bar{N}^{(n)} = \frac{1}{2} (\bar{N}_1 + \bar{N}_n) - \frac{\zeta^2 (\bar{N}_1 - \bar{N}_n)}{8 \Omega^2 + 2 \zeta^2}. \]  

(41)

All the internal oscillators have the same occupation number, as in Ref. [8]. The mean energy at the steady state can be evaluated from Eq. (27)

\[ \langle \hat{H} \rangle_s = \hbar \omega \sum_{k=1}^{n} (\bar{N}^{(k)} + \frac{1}{2}) = n \hbar \omega \left( \frac{\bar{N}_1 + \bar{N}_n + 1}{2} + \frac{1}{2} \right). \]  

(42)

The currents through the two oscillators are given by Eq. (32), i.e. $J^{(k)} = -\hbar \omega \zeta (\bar{N}^{(k)} - \bar{N}_k)$ with $k = 1, n$ and are equal to

\[ J^{(1)} = -J^{(n)} = \frac{2 \hbar \omega \Omega^2 (\bar{N}_1 - \bar{N}_n)}{4 \Omega^2 + \zeta^2}. \]  

(43)

The perfect balance between such current implies that the currents at the stationary state for the two standard reservoirs are constrained to sum up $J^{(A)} + J^{(B)}$ which is the sum of the all-diffusive ones. This is analogous to what we have witnessed in Sec. II. By assuming that two thermal baths with $\bar{N}_k$ are modeled by a large number of harmonic oscillators with frequency $\omega$, we can write $\bar{N}_k = \exp(\hbar \beta_k \omega) - 1)^{-1}$, where $\beta_k$ is the inverse temperature. Taking the classical limit $\hbar \to 0$, both the current [Eq. (43)] and the temperature of each reservoir in the bulk [Eq. (41)] behaves as in the classical case [5].

D. Case IV: Dephasing dynamics

In Ref. [8], Assadian et al. considered a chain of oscillators attached to two standard thermal reservoirs at the ends, which is the same configuration described in Sec. IV C but with $\zeta_A = \zeta_B = 0$. Under these restrictions, the results in Eq. (42) and (43) remain valid and can be extracted from their work.

Besides this example, they consider also the presence of $n$ purely dephasing reservoirs, each one attached to each oscillator of the chain. The contribution of the dephasing mechanisms to the dynamics is modelled adding the following Lindblad operators to the master equation regulating the dynamics of the system

\[ \hat{L}_k = \hbar \sqrt{7} \hat{a}_k^\dagger \hat{a}_k, \quad k = 1, ..., n. \]  

(44)
This result is remarkable, as it shows that for (see also the Appendix) 

The special form of these reservoirs is such that they do not introduce new currents in the system. This can be verified by calculating the individual contributions to the currents when they are attached, one by one, to the system. The Lindblad operator in Eq. (44) can be rewritten as (see also the Appendix)

with the $2n \times 2n$ real matrix

$$[\Delta m]_{jk} = \sqrt{\gamma_m}(\delta_{jm}\delta_{mk} + \delta_{j+n,m}\delta_{m+k,n}).$$

Without dephasing reservoirs ($\gamma_m = 0, \forall m$), the currents in the system are the ones described by (43) with the substitutions $\tilde{N}_1 \to \tilde{N}_1$ and $\tilde{N}_n \to \tilde{N}_n$. Following the prescriptions in the appendix, we solve numerically the system with progressively more dephasing reservoirs until $\gamma_m = \gamma, \forall m$, [in this situation the current is given by Eq. (46)] and calculating the current allows us to show in Fig. 10 the smooth transition from the situation described by (43) to that associated to Eq. (46).

### E. Case V: Random couplings

Classically, size-dependent currents in chains of oscillators arise under the presence of anharmonicity or disorder [1], which can be realized in various ways. One can, for example, introduce random frequencies or random couplings across the chain. For the sake of definiteness, we consider the system of Fig. 1, now ruled by the Hamiltonian

$$\hat{H} = \hbar \omega \sum_{j=1}^{n} \hat{a}_j^\dagger \hat{a}_j + 2\hbar \sum_{j=1}^{n-1} \Omega_j (\hat{a}_j^\dagger \hat{a}_{j+1} + \hat{a}_{j+1}^\dagger \hat{a}_j).$$

The structure of Eq. (21) remains the same with $O$ being replaced by the matrix that diagonalizes the adjacency matrix

$$H_{jk} = \omega \delta_{jk} + \Omega_j (\delta_{j,k+1} + \delta_{j,k-1})$$

and $\nu_k$ (which appears in the definition for $L_\ast$) being its eigenvalues and both can be calculated numerically for a given set of couplings $\{\Omega_j\}_{1 \leq j \leq n}$.

![FIG. 10. (Color online) Current across the chain with two ordinary end-chain reservoirs, plotted as a function of the number of oscillators $n$ and the number of dephasing reservoirs $k$. The curves describing the extreme cases $k = 0$ and $k = n$, which are the functions reported, respectively, in Eq. (43) with $\tilde{N}_1 = 2\tilde{N}_2 = 100$ and in Eq. (46) with $\tilde{N}_1 = 2\tilde{N}_2 = 100$. The dephasing coupling is $\gamma/\omega = 0.5$ while the remaining parameters are the same as in Fig. 2.](image-url)
To introduce the randomness, we consider the set \( \{ \Omega_j \}_{1 \leq j \leq n} \) as a uniform random distribution deviating 50% from a given mean value \( \Omega \), i.e., we raffle \( \Omega_j \in [\Omega/2, 3\Omega/2] \) with equal probability. In Figs. 11 and 12, respectively, we plot the mean occupation number and the current for one random set of couplings. Structurally speaking the behavior of the system does not change with the introduction of randomness, this can be seen when comparing these figures, respectively, with Fig. 2 and Fig. 3. Observe the similarities on the profile of the curves, the first and last oscillators and, mainly, the behavior of the bulk.

It is also interesting to see what happens with the individual currents and occupation number in the thermodynamical limit. These are plotted in Fig. 13. As before, currents and mean occupation numbers for the oscillators in the bulk become independent of the length for long enough chains. However, it is interesting to remark that the last oscillator is influenced by the randomness of the couplings.

E. Case VI: Spring-mass coupling

Until now, we have worked in the regime of rotating wave approximation (RWA), which enables the explicit analytical form of the CM of the chain [cf. Eq.(19)]. This contrasts significantly with any classical approach to the transmission of heat across a harmonic chain, which is in general performed assuming the standard spring-mass coupling (SMC) [1, 5, 6]. In this Subsection we will thus briefly address the case of an SMC-like coupling to make a more faithful comparison with the classical case.

The Hamiltonian of a chain of \( n \) oscillators coupled by the standard SMC coupling has the adjacency matrix \( \mathbf{H}' = \mathbf{H}'' \otimes \omega_{1n} \), where

\[
\mathbf{H}'_{jk} = (\omega + \kappa) \delta_{jk} - \frac{\kappa}{2} (\delta_{j,k+1} + \delta_{j,k-1} + \delta_{j,1k} + \delta_{j,nk}).
\]

(51)

As this matrix is almost of the Toeplitz form, a procedure similar to the one used in Appendix VI can be used to find the covariance matrix of the system, which is given by

\[
\mathbf{V} = \mathbf{O}_\Gamma^{-1} \left[ \mathbf{O}_\Gamma \mathbf{D}_\Omega \mathbf{O}_\Gamma^\top, \mathbf{O}_\Gamma' \right] \mathbf{O}_\Gamma'^\top.
\]

(52)

Here \( [\mathbf{L}']_{jk} = \frac{-1}{\nu_j'^{2} - \nu'_k^{2}} \) with

\[
\nu_j' = \sqrt{\omega (\omega + \kappa) - \omega \kappa \cos ((m-1)\pi/n)},
\]

(53)

and \( \mathbf{O}_\Gamma' \), defined by

\[
\mathbf{O}_\Gamma' \mathbf{\Gamma}' \mathbf{O}_\Gamma^{-1} = -\frac{\zeta}{2} \mathbf{1}_{2n} + \text{Diag}(i\nu_1', ..., i\nu'_n, -i\nu_1', ..., -i\nu_n').
\]

(54)

We can now calculate the mean occupation number and the current for each oscillator, whose behavior is shown in Fig. 14 and Fig 15, respectively.

As one can see, the results for the SMC case are structurally similar to those found in the RWA one. Such similarities extend also to the situations where either the diffusive baths are not considered or the distribution of couplings across the chain is random.
VI. CONCLUSIONS

We have investigated heat transport in quantum harmonic chains connected to different types of heat baths. We have obtained the exact expression for the currents across the system highlighting the crucial role played by the properties of the environment. Such detailed analysis was instrumental to the study of a few paradigmatic configurations. In particular, we have found that the Fourier law is violated in homogeneous chains, independently of the nature of the bath being considered and can only be restored when a dephasing reservoir is attached to each oscillator. This is akin to a substrate external potential in the classical version of the problem addressed here. Fourier law is violated, and heat is transported ballistically, in the presence of disorder too, as long as the weak-coupling regime addressed in this manuscript is considered. Our results are consistent with those known for unidimensional classical harmonic chains, and shed new light on the interplay between transport properties of spatially extended quantum media and the nature of the environmental systems interacting with it.

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APPENDIX

Currents and energy for a quadratic system

Here we address the derivation of the expressions for the currents and mean energy for a system evolving according to Eq. (4) when a quadratic Hamiltonian as the one in Eq. (5) and $\hat{M}$ quadratic Lindblad operators are considered. Specifically, we assume the form

$$\hat{L}_{m} = \frac{1}{2}x_{m} \cdot \Delta_{m} x + \lambda_{m} \cdot J \dot{x} + \mu_{m},$$

(A-1)

where $\Delta_{m} = \Delta^{\top}_{m}$ is a $2n \times 2n$ real matrix. Taking the derivative of $\langle \hat{x} \rangle_t$ and $\hat{V}$ defined in Eq. (3), using the master equa-
ion (4), and recalling the commutation relation $[\hat{x}_j, \hat{x}_k] = i\hbar J_{jk}$, we get the dynamical equations

$$
\frac{d\langle \hat{x} \rangle_t}{dt} = \xi - \eta + \tilde{\Gamma}(\langle \hat{x} \rangle_t), \quad \frac{dV}{dt} = \tilde{\Gamma}V + V\tilde{\Gamma}^\top + D + \Delta V,
$$

where

$$
\Delta V = \hbar \sum_{m=1}^M J\Delta_m V \Delta_m J^\top, \quad \tilde{\Gamma} = \Gamma + \frac{\hbar}{2} \sum_{m=1}^M (J\Delta_m)^2.
$$

Both $\Gamma$ and $D$ are defined in Eq. (7). By inserting Eq. (5) and Eq. (A-1) into the definition of the individual $\mathcal{J}_m$’s in Eq. (24), we get

$$
\mathcal{J}_m = \frac{\hbar}{2} \text{Re} \left[ H \left( \lambda_\mu \lambda_\mu^\dagger - H J\Delta_m V \Delta_m J^\top \right) \right]
$$

$$
+ \frac{\hbar}{2} \text{Tr} \left[ H (J\Delta_m)^2 \left( V + \langle \hat{x} \rangle_t \langle \hat{x} \rangle_t^\top \right) \right]
$$

$$
- \text{Tr} \left[ H \text{Im} \left( \lambda_\mu \lambda_\mu^\dagger \right) J \left( V + \langle \hat{x} \rangle_t \langle \hat{x} \rangle_t^\top \right) \right]
$$

$$
+ \lambda_\xi \cdot \text{Im} \left( \lambda_\mu \lambda_\mu^\dagger J \right) - \hbar J\Delta_m V \Delta_m J \langle \hat{x} \rangle_t
$$

$$
+ \text{Im} \left( \mu_\mu \lambda_\mu^\dagger \cdot J \langle \hat{x} \rangle_t - H \langle \hat{x} \rangle_t \right).
$$

(A-4)

Summing over all Lindblad operators, see eq. (24), the total current has the following form

$$
\mathcal{J} = \frac{1}{2} \text{Tr} \left[ H (D + \Delta V) \right] + \text{Tr} \left[ H \tilde{\Gamma} \left( V + \langle \hat{x} \rangle_t \langle \hat{x} \rangle_t^\top \right) \right]
$$

$$
+ (\xi - \eta) \cdot H \langle \hat{x} \rangle_t - \lambda_\xi \cdot \tilde{\Gamma} \langle \hat{x} \rangle_t,
$$

(A-5)

which is zero for a possible state state, i.e., the solution of (A-2) with $\partial_t \langle \hat{x} \rangle_t = \partial_t V = 0$. The internal energy of the system is easily worked out as $\langle \hat{H} \rangle_t = \text{Tr}(\hat{H} \rho)$. We get

$$
\langle \hat{H} \rangle_t = \frac{1}{2} \text{Tr} \left[ H (V(t) + H \langle \hat{x} \rangle_t \langle \hat{x} \rangle_t^\top) \right] + \xi J \langle \hat{x} \rangle_t + H_0.
$$

(A-6)

Taking the derivative of this equation and rearranging the expressions one finds Eq. (A-5).

On the stability of the dynamical system

Here we analyze the dynamical stability of the system discussed in Sec. II.

The matrix $H$ in Eqs. (12) and (17) is a tridiagonal symmetric Toeplitz one, and can thus be diagonalized by a simple (symmetric) orthogonal transformation [11] as $OO^\top = \text{Diag}(\nu_1, \ldots, \nu_n)$, where

$$
O_{kl} = \sqrt{\frac{2}{n+1}} \sin \frac{k \pi}{n+1}, \quad \nu_m = \omega + 2\Omega \cos \frac{m \pi}{n+1}.
$$

(A-7)

The matrix that diagonalises $\Gamma$ in (17) can then be constructed as $O_T = (O \circ O)U$ with

$$
U = \frac{1}{\sqrt{2}} \left( \begin{array}{cc} -i l_n & l_n \\ -i l_n & l_n \end{array} \right),
$$

(A-8)

which gives us

$$
O_T \Gamma O_T^\top = -\frac{\xi}{2} I_{2n} - i \text{Diag}(\nu_1, \ldots, \nu_n, -\nu_1, \ldots, -\nu_n).
$$

(A-9)

As the spectrum in Eq. (A-9) has positive real part, $\Gamma$ is stable. Moreover, in light of the fact that $D$ in Eq. (17) is a positive definite matrix, the system allows for a steady state, whose moments are given by (9).

Details on the calculation of Eq. (18)

By integrating the expression for $I$ by parts, we get

$$
i [I, H] - \zeta I = e^{-iHt}D e^{iHt} - D.
$$

(A-10)

By diagonalizing $H$ with the help of Eq. (A-7) and introducing the matrices $I = OIO^\top, D = ODOD$ and $L$ given in Eq. (20), we find that $I_{jk} = D_{jk}L_{jk} = (D \circ L)_{jk}$. Starting from this, one can straightforwardly show that $I = O(OO^\top \circ L)O$. In turn, the dynamical solution in Eq. (18) can be obtained by using this result and noticing that

$$
U^\top (I \oplus I^*) U = \begin{pmatrix} \text{Re}I & -\text{Im}I \\ \text{Im}I & \text{Re}I \end{pmatrix}.
$$

(A-11)

[12] To avoid misunderstandings we stress that $\lambda_m$ and $\mu_m$ are, respectively, a $m$th vector and a $m$th scalar of a set indexed by the labels of the baths $m = 1, \ldots, n$.
[13] Numerical tests have shown that the condition in Eq. (34) is true for a large set of all the parameters involved in the calculation of Eq. (21).