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Pediatric pharmacokinetics of the antibiotics in the access and watch groups of the 2019 WHO model list of essential medicines for children: a systematic review

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1 **Title Page**

2 **Paediatric pharmacokinetics of the antibiotics in the Access and Watch groups of the**
3 **2019 WHO Model List of Essential Medicines for Children: A systematic review**

4

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Abstract

Introduction:

Pharmacokinetic-pharmacodynamic (PK-PD) studies of antibiotics in paediatrics are limited. Paediatric dosing regimens for many antimicrobial drugs have been historically derived from adult pharmacokinetic data. Most paediatric formularies and dosing guidelines globally are expert based and provide no rationale for the recommended doses, leading to heterogeneous guidance.

Areas covered:

We systematically reviewed the current dosing for 28 antibiotics listed in the Access and Watch groups of the 2019 World Health Organisation (WHO) Essential Medicines List for children (EMLc). PubMed and EMBASE were searched for all PK-PD and pharmacological studies in paediatrics up to May 2018. In total, 262 paediatric related articles were deemed eligible. The most studied drugs were those where therapeutic drug monitoring is routine (aminoglycosides, glycopeptides) and study reporting detail was variable, with only 60.0% using the PK-PD results to make dosing recommendations. Based on this evidence, dose recommendations for each antibiotic were made.

Expert opinion:

We provide an up-to-date review of the limited available evidence on paediatric dosing for the 28 commonly prescribed antibiotics in the 2019 WHO EMLc. We propose synthesised dosing recommendations for those antibiotics administered systemically for the treatment of serious infections. Further PK-PD studies in children, particularly with underlying conditions, are needed.

Keywords:

Antibiotics; WHO; Access group; Watch group; EMLc; children; pharmacokinetics; pharmacodynamic; clinical pharmacology, systematic review

72 **Article highlights:**

- 73
- 74 ~~— The proposed dosing recommendations guidance for antibiotics listed in the Access~~
75 ~~and Watch groups of the 2019 WHO EMLc can help to provide guidance for paediatric~~
76 ~~prescribers and policymakers.~~
- 77 • The PK-PD Eevidence base for the optimal dose for most commonly used antibiotics
78 infections, is remarkably limited.
 - 79 • We propose dosing guidance for antibiotics listed in the Access and Watch groups of
80 the 2019 WHO EMLc to help to advise paediatric prescribers and policymakers.
 - 81 • Given the limited PK-PD evidence identified, any guidance for antibiotic dosing needs
82 to be regarded as interim until further higher quality evidence is available.
 - 83 • These findings provide the basis for a future research prioritisation exercise to
84 strengthen the evidence base for dosing of commonly used antibiotics in children.
 - 85 • A more pioneering andFuture work should seek to develop effective and efficient
86 methodology to assess PK-PD in children need to be undertaken as part of the
87 strategic investigator-initiatedwithin clinical trials.
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107 **1. Introduction**

108 Antimicrobials are among the most commonly prescribed classes of drugs in children [1-6].
109 However, paediatric dosing regimens for many antimicrobials have been historically derived
110 from pharmacokinetic (PK) data in adults and have been based on assumed linearity between
111 exposure and total body weight [1, 2]. This approach, although widely used in clinical practice,
112 lacks empiric evidence and may result in inappropriate systemic drug exposures of many
113 drugs in neonates and children [3, 4]. By providing rational dosing guidelines for a number of
114 agents, the Essential Medicines List for children (EMLc) was developed in part to address
115 these concerns [5].

116
117 To tackle emerging antimicrobial resistance and assist antibiotic stewardship, in 2017 the
118 WHO EML Antibiotic Working Group proposed to classify antibiotics into three groups: Access,
119 Watch, and Reserve, collectively known as the AWaRe classification and based on the drugs'
120 importance in treating common conditions, probability of resistance emerging, and affordability
121 [5-6]. The Access group contains generally narrower spectrum antibiotics recommended as
122 first and second choice for most common clinical infection syndromes. The Watch group
123 contains generally broader spectrum antibiotic classes. The Reserve group consists of last
124 resort antibiotics for targeted use in multidrug resistant infections. In 2019, the AWaRe list was
125 revised to include more antibiotics which were not classified on the 2017 list [5].

126
127 Several initiatives over the last two decades have led to the development of paediatric
128 formularies [7-8]. However, at present, there are a limited number of paediatric formularies
129 globally, including the USA "Red Book" [9], the European "Blue Book" [2], the British National
130 Formulary for children (BNFc) [10] and the WHO Pocket Book of Hospital Care in Children
131 [11]. The Red Book from the American Academy of Pediatrics, for example, provides guidance
132 for 63 antibiotics, but does not provide any rationale behind the dosing recommendations. It
133 is difficult for clinicians to determine whether the dose recommendations were derived from
134 pharmaceutical summary of product characteristics, academic publications, historical practice,
135 expert opinion or any combination of these sources. For example, the dosing guidance
136 published in the Blue Book comes from a guidance committee considering and simplifying the
137 recommendations from the BNFc, rather than from systematic evidence review.

138
139 Recently the Dutch Children's formulary has been developed [12] which aims to address some
140 of the limitations in established formularies. The Dutch Children's formulary₇ provides
141 evidence-based dosing recommendations with references, offering transparency on the
142 evidence used. However, since it is written in Dutch, this may make it difficult to be adopted

143 by other countries. The overall lack of standardized rationale in paediatric formularies has led
144 to heterogeneous guidance which has the potential to cause confusion [13-14].

145
146 Pharmacokinetic-Pharmacodynamic (PK-PD) studies measure the drug concentrations
147 reached in relevant tissues under specified dosing strategies. Together with data on clinical
148 effectiveness and / or surrogates of effectiveness such as the relationship between PK-[PD](#)
149 parameters (C_{max}, AUC or time above [MIC](#)) and the minimum inhibitory concentration (MIC)
150 of expected pathogens [15] , such studies can contribute to the evidence base for dosing
151 recommendations and monitoring these concentrations over time (therapeutic drug
152 monitoring, TDM).

153
154 This review aims to summarise the evidence base for the dosing regimens in neonates and
155 children of commonly prescribed antibiotics in the Access and Watch groups of the 2019 WHO
156 EMLc [list](#)-based on the published PK-PD literature. This review has the potential to inform
157 specific recommendations for the dosing guidance for antibiotics listed on EMLc.

158

159 **2. Methods**

160 The review was conducted and reported in accordance with the PRISMA guideline for
161 systematic reviews and was registered on PROSPERO with registration number
162 CRD42018094396.

163

164 *2.1 Literature search strategy*

165 A literature search using PubMed and EMBASE (from inception up to 31 May 2018) was
166 conducted by one investigator ([ANR](#)) to identify studies describing the PK-PD of systemically
167 administered antibiotics listed in the Access and Watch groups of the WHO ~~model~~-EMLc 2019
168 [5]. This comprised all 19 antibiotics listed in the Access group and nine ~~most~~ commonly used
169 antibiotics appearing in the Watch group (Supplementary Table 1) [16]. Separate searches
170 were undertaken for each of the 28 antibiotics, with search terms relating to the international
171 non-proprietary drug name, pharmacokinetics, neonatal and paediatric age groups and routes
172 of administration (Supplementary Figure 1).

173

174 *2.2 Inclusion and exclusion criteria*

175 All studies reporting the PK-PD of one or more of the included drugs in children below the age
176 of 18 years were included. Studies were limited to those reported in English using the
177 language filter on the two databases, and no restrictions on year of publication were applied.
178 Relevant studies were also identified from the reference lists of the included articles.

179

180 Studies reporting topical route of administration, describing administration of drug in
181 participants >18 years old, from which paediatric data could not be separated or administration
182 of a related or precursor compound, that does not include dosing of the search drug were
183 excluded. Animal and *in-vitro* studies, conference abstracts, letters, editorials and descriptive
184 review articles, and clinical studies in which no PK-PD parameters or TDM were measured
185 were also excluded. All search results were screened for eligibility by two reviewers [\(ANR,](#)
186 [CJ\)](#), with disagreements resolved by discussion; if necessary, a third reviewer [\(YH\)](#) was
187 consulted.

188

189 *2.3 Data extraction*

190 Data were extracted from included articles by two reviewers [\(ANR, CJ\)](#) into a Microsoft Excel
191 spreadsheet, with disagreements resolved as above. Data extracted from each study included
192 information related to the reference, setting and participants, treated conditions (if reported),
193 route of administration, dosing details, and authors' dose recommendations.

194

195 *2.4 Quality of evidence assessment*

196 There is currently no standard system for assessing the quality of PK-PD studies. Therefore,
197 we adapted the grading system described in Barker et al. [17] to assess the quality of
198 evidence. Each study was classified based on the quality of evidence as weak, intermediate
199 or strong. This grading system is described in more detail in Gastine et al's study [[GAPPS](#)
200 [\(Grading and Assessment of Pharmacokinetic-Pharmacodynamic studies\): Developing a](#)
201 [Critical-critical Appraisal-appraisal System-system](#) for antimicrobial PK-PD studies - [Grading](#)
202 [and Assessment of Pharmacokinetic-Pharmacodynamic development and application in](#)
203 [paediatric antibiotic](#) Studies; Expert Review of Clinical Pharmacology Journal 2019 –
204 [submittedaccepted](#)].

205

206 *2.5 Recommendations for new dosing guidance*

207 Considering the available literature, clinical experience, existing guidelines [2, 9-12], and the
208 practical ease of administration, a panel of experts (consultant paediatrician, consultant
209 paediatric pharmacist, paediatric pharmacokinetic expert, clinical paediatric research
210 pharmacist) proposed new dosing guidance for antibiotics in the Access and Watch groups of
211 WHO EMLc 2019. Our dosing recommendations were reviewed by the WHO EML Antibiotic
212 Working Group and further amended based on their comments.

213

214 *2.6 Data analysis*

215 We carried out a narrative descriptive analysis due to the heterogeneity of the results between
216 studies.

217

218

219 **3. Results**

220 *3.1 Search results*

221 Our search, after removing duplicates, identified 589 articles (Figure 1). Of these, 345 were
222 potentially relevant and their full texts were assessed for eligibility, and 262 articles met the
223 inclusion criteria and were included in the review, with four of the studies including more
224 than one drug.

225 The included studies were published between 1967 and 2018 and the greatest number were
226 from the USA (42%, 110/262, Tables 1).

227 The most studied antibiotic was gentamicin (24%, 62/262), followed by vancomycin (18.3%,
228 48/262) and amikacin (8.4%, 22/262). There were only three antibiotics for which no eligible
229 studies were retrieved: nitrofurantoin, doxycycline, and spectinomycin.

230

231 *3.2 Route of administration*

232 In 80.1% (210/262) of the studies antibiotic was given via intravenous (IV) route, in 10.3%
233 (27/262) studies the drug was given orally, and in 5.3% (14/262) of the studies the drug was
234 administered intramuscularly (IM) (Table 2). The route of administration was not standardised:
235 in 2% (5/262) of the studies the drug was administered either IM or IV, and in 2.3% (6/262)
236 either IV or orally.

237

238 *3.3 Treated indications*

239 Overall, 55 indications were reported in 88.2% (231/262) studies, with “proven or suspected
240 infections” being the most common reported indication (18.2%, 42/231), followed by “various
241 infections” (13.0%, 30/231) and sepsis (13.0%, 30/231) (Supplementary table 2). Indications
242 for treatment were not clearly stated in 12.0% (31/262) studies.

243

244 *3.4 Quality of evidence assessment*

245 The strength of evidence was assessed as intermediate in 82.4% (216/262) of the studies and
246 weak in 10.3% (27/262) studies. Only in 7.2% (19/262) of the studies, the strength of the
247 evidence was considered strong; these studies were published between 2006 and 2018.
248 Further details on the quality of evidence are presented in the second study by Gastine et al
249 [[GAPPS \(Grading and Assessment of Pharmacokinetic-Pharmacodynamic studies\):](#)
250 [Developing a Critical-critical Appraisal-appraisal System-system](#) for antimicrobial PK-PD
251 studies - [Grading and Assessment of Pharmacokinetic-Pharmacodynamic development and](#)

252 [application in pediatric S](#)studies; Expert Review of Clinical Pharmacology Journal 2019 –
253 [submittedaccepted](#)].

254

255 *3.4 New dosing guidance recommendation*

256 More than half of the studies (60.0%, 157/262) made dose recommendations (Supplementary
257 table 2) based on their studies' findings, while in 40.1% (105/262) no dose recommendation
258 was reported. Table 3 presents suggested new guidance for treatment (not prophylaxis) doses
259 for common conditions via the oral or intravenous route.

260

261 **4. Discussion**

262 *4.1 Principal findings*

263 To our knowledge, this is the largest comprehensive systematic review on the PK-PD of
264 antibiotics to date. In this review, we have been able to identify 262 PK-PD studies in children
265 giving an up-to-date summary for ~~the 25 out of the 28~~ antibiotics listed in the Access and
266 Watch groups of the 2019 WHO EMLc.

267

268 The studies identified in this review suggested that the PK-PD for commonly prescribed
269 antibiotics have not been well established in children. There is very little PK-PD data on the
270 relatively new antibiotics compared to older and thus more investigated antibiotics like
271 gentamicin, vancomycin and amikacin. The included studies made a wide range of dosing
272 recommendations, often based on limited evidence. By combining these with existing
273 guidelines and clinical experience, the panel made suggestions for future dosing guidelines;
274 however, the evidence base was generally intermediate in strength, and recommendations
275 may change if future, robust studies suggest that this is appropriate.

276

277 Although this review found that the strength of the dosing recommendations in the majority of
278 the included studies was rated to be intermediate, it is noticeable that the studies providing
279 strong evidence were published recently, perhaps because PK-PD studies are now being
280 conducted using appropriate, sophisticated analytical techniques [18]. There are multiple
281 possible explanations for the otherwise weak evidence base. Low parental consent rates and
282 ethical issues impede the involvement of children in PK-PD studies [19]. The use of innovative
283 clinical trial design can overcome these obstacles; e.g. sparse and scavenged PK samples,
284 and population PK techniques [20].

285

286 It is worth noting that this review started before the release of the updated WHO EMLc 2019.
287 We initially started researching antibiotics listed in the Access group of the WHO EMLc 2017.
288 In the initial AWaRe classification, the Access group included a total of 28 antibiotics; "Core

289 access antibiotics” and selected antibiotics that are also listed in the Watch group. These
290 selected Watch antibiotics are commonly used in clinical practice [16]. In the 2019 version,
291 the EML Expert Committee made a clear separation between the AwaRe groups and the nine
292 antibiotics that were listed in both Access and Watch groups are now only listed in the latter
293 group [5]. Hence, two drugs (ceftazidime, cefuroxime) listed in the Watch group of the 2019
294 EMLc were not included in this review.

295 The heterogeneity in the reporting of PK-PD studies complicates synthesis of evidence from
296 multiple studies, which may use very different analytical approaches and present different PK
297 parameters. There is limited consensus on reporting paediatric PK-PD data [21-23].
298 Developing a consensus in paediatric population-PK reporting and meta-analytical
299 methodology for traditional and population studies would help to standardise reporting, aiding
300 comparison and synthesis of study results.

301

302 It is acknowledged that there are widely varying dosing recommendations across countries.
303 For example, dosing strategies may be weight-based (United States [9]), age-banded (United
304 Kingdom [10]) or weight-banded (WHO [11]). These national preferences make it difficult for
305 a single set of recommendations to be adopted worldwide.

306

307 Thus, considering the literature and the lack of harmony in the currently available international
308 formularies, we have derived evidence-based dosing guidance (Table 3) for 28 antibiotics
309 listed in the WHO EMLc 2019 and included in this review. These recommendations should be
310 used as guidance for the treatment (not prophylaxis) of the most common conditions via oral
311 or parenteral route of administration. Though these recommendations might help prescribers
312 in devising treatment regimens, they are intended as guidance only and clinical evaluation of
313 the patients should always be used to inform subsequent therapy.

314

315 *4.2 Strengths and limitations*

316 This is the most comprehensive review on paediatric dosing of 28 antibiotics included in the
317 2019 WHO EMLc. Hence, we were able to devise evidence-guided dosing [recommendations](#)
318 [guidance](#) which was also assessed by an expert panel.

319

320 However, the limitations of this review must be considered when interpreting our findings. The
321 heterogeneity among included studies precluded meta-analysis. In addition, though our
322 search strategy and inclusion criteria were designed to be highly sensitive, some studies,
323 especially unpublished, may have been missed. Studies not indexed in Embase or PubMed
324 will have been omitted. Finally, we did not include studies published in languages other than
325 English.

326

327 **5. Conclusion**

328 We reviewed the available evidence base for 28 antibiotics listed in the Access and Watch
329 groups of the WHO EMLc 2019. The variation in the reported parameters, the small sample
330 sizes, and the outdated methods of analysis in a lot of the studies showed that paediatric PK-
331 PD for commonly prescribed antibiotics have not been well established.

332

333 Given the insufficient evidence for dosing of the widely used antibiotics included in this review,
334 there is therefore a need for collaboration between paediatric pharmacokinetic researchers
335 and clinical trial networks internationally to tackle the evidence gaps in a complementary and
336 strategic manner. Where there are critical gaps, innovative and efficient approaches towards
337 assessing PK-PD e.g. as part of strategic investigator-initiated trials should be undertaken.
338 Furthermore, paediatric-specific PK-PD and dosing studies should generally be included as
339 part of the licensing process for newly developed antibiotics such as third generation
340 cephalosporins (e.g. cefixime).

341

342 **6. Expert opinion**

343 Further work beyond the scope of this review is needed to fully inform dosing
344 recommendations. Firstly, formal methods of assessing the strength of evidence provided
345 by PK studies are needed. This could build upon a proposed checklist for the reporting of
346 clinical PK studies [23] as well as a proposed hierarchy of PK evidence [16], such as the
347 GAPPS presented by Gastine et al [Developing a Critical Appraisal System for
348 antimicrobial PK-PD studies - Grading and Assessment of Pharmacokinetic-
349 Pharmacodynamic Studies; Expert Review of Clinical Pharmacology Journal 2019 –
350 submitted].

351

352 Secondly, clinical outcomes (including drug toxicity) should be considered. Full review of
353 toxicity data would require inclusion of studies of clinical endpoints which were not eligible
354 for this review of PK data, as well as a consensus on PD targets. A systematic review of
355 adverse events in paediatric randomised controlled trials of antibiotics reported a median
356 of 22.5% of children experienced an adverse event in 33 trials, but was not able to
357 compare toxicity under different dosing regimens [24].

358

359 Thirdly, the duration of antibiotic treatment is an important factor to consider in guidelines.
360 Together with the timing of switch from intravenous to oral treatment, duration of treatment
361 has been reviewed for a range of paediatric infection syndromes, based on clinical

362 outcome data [25]. As with dosing data, the evidence in this area is limited, but
363 recommended total (intravenous plus oral) durations were typically between 7 and 14
364 days, depending on the condition. Shorter durations were recommended for community-
365 acquired pneumonia (3 days if mild, ≤ 7 days if moderate or severe uncomplicated), lower
366 urinary tract infection (3-4 days) and meningococcal bacteraemia (4-5 days) [25].
367 Durations of several weeks were recommended for conditions including bacterial
368 endocarditis, brain abscess and subdural empyema, lung abscess, and several
369 musculoskeletal infections, where it takes time to build up the level in the target region.

370 There are an estimated 1.9 billion children in the world currently, around 27% of the total world
371 population [26]. Children are frequently exposed to antibiotics in their early life. There is limited
372 data on rates of prescribing for children in low-middle income country (LMIC) settings, but it is
373 likely there are around 1-2 billion courses of antibiotics taken by children each year, by far the
374 commonest medicine that children receive. The results of this review are therefore very
375 disappointing in that for nearly all common infections, the optimal dose of antibiotic is still
376 unknown. Indeed, the evidence base for the optimal choice of drug for most common
377 infections, as well as for dose, duration and delivery/formulation is remarkably limited. Clearly
378 much remains to be done. The WHO has made a good start by defining the most important
379 “Access” [and “Watch”](#) antibiotics that are needed to treat the most common and serious
380 infections. These two submitted papers [Rashed et al. 2019, Gastine et al. 2019] provide a
381 framework that can be used to clarify where the gaps in evidence are and what studies need
382 to be performed to improve the quality of prescribing through a more formal and reproducible
383 process.

384
385 There remains a serious challenge in defining the “optimal” dose of any antibiotic given to a
386 child. Previously, PK-PD exposure to target the commonest pathogens causing a specific
387 clinical infection syndrome could be defined and dosing regimens derived based on
388 maximising efficacy usually extrapolated from adult data. [Also, despite although there are very
389 few studies that are considered real PD studies, it is easier to extrapolate PD target for
390 antibiotics compared to other drugs, because antimicrobials target-effect targets a micro-
391 organisms and not a physiological mechanism.](#) More recently regulators have accepted that
392 safety parameters can also be extrapolated from adult data for at least well-established
393 classes of antibiotics [27]. The therapeutic index, which is used to compare the serum level of
394 the therapeutically effective dose to the toxic dose of a drug, has been challenged recently
395 with increasing rates of antimicrobial resistance in both high and LMICs. Standard dosing
396 regimens for common antibiotics may no longer be adequate with steadily increasing minimum
397 inhibitory concentrations (MICs) of common pathogens. Increasing exposure to try and

398 combat this problem, such as increasing the dose to achieve higher C_{max}, may in turn lead
399 to increased toxicity. The balance will be to optimise dosing regimens as needed to maintain
400 clinical outcomes, while keeping the risks of toxicity minimal. This adds complexity to dosing
401 guidance, where optimal exposures may vary geographically due to varying rates of resistance
402 between countries or regions. Further complexity is added by the need to alter dosing
403 guidance for either a child who has complex underlying disease or is critically ill. Standard
404 European Committee on Antimicrobial Susceptibility Testing (EUCAST) breakpoints for
405 deriving optimal clinical outcomes from drug exposure are based virtually entirely on adult
406 clinical outcome data [2728]. Higher antibiotic exposures may be required for children with
407 developing or impaired immune systems, such as neonates or those with malnutrition, HIV or
408 other complex underlying conditions. Neonates and children with severe infections, such as
409 sepsis, may also have complex alterations in PK characteristics, including volume of
410 distribution and excretion, such as augmented renal clearance. Historically the approach that
411 has been taken is, for example in the UK, to double the dose in severe infection, but this may
412 be inadequate in the context of severe and/or resistant infections.

413

414 The dosing of antibiotics needs to consider not only the child in front of the clinician now, but
415 also the child yet to come. Inadequate dosing that selects for future resistance by failing to
416 inhibit the growth of resistant mutants is a major issue when there is such a limited pipeline of
417 future antibiotics. Dosing regimens need to consider exposure above the resistance inhibitory
418 concentration as well as the MIC. As further work rapidly explores the impact of antibiotics on
419 the young child's microbiome, it is also likely that dosing regimens will need to be explored
420 that minimise this important potential adverse effect on children's health.

421

422 These are complex issues with many potentially conflicting influences on optimal dosing, some
423 of which are highly specific to paediatrics. Future dosing guidance will need to be based not
424 only on improved modelling, but also clinical outcomes established in well planned studies
425 collecting data on the most important real-world endpoints, toxicity, selection of resistance and
426 impact on the microbiome. Dosing regimens also need to consider the simplest reasonable
427 formulations that can be produced at low cost and high quality so access to appropriate
428 antibiotics can be enhanced and maintained for the poorest children. These considerations
429 will need teams of experts and multiple stakeholders to provide explicit evidence-based
430 recommendations that will need to be reviewed regularly as data emerge.

431

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434

435 **Declaration of interest**

436 ANR was funded by the WHO during this study. Other authors declare no conflict of interest.

437

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543 **Table 1. Number of studies and country**

Drug	Total number of studies*	Country (no. of studies)
Amikacin	22	Belgium (6), Canada (1), China (1), France (3), Germany (1), Greece (1), Israel (1), Italy (1), New Zealand (1), South Africa (2), South Korea (1), USA (3), Netherlands (1)
Amoxicillin	8	Australia (1), Brazil (1), Germany (1), Netherlands (3), USA (2)
Ampicillin	10	Japan (1), USA (8), Uruguay (1)
Azithromycin	11	Costa Rica (1), Saudi Arabia (1), Sub-Saharan Africa (1), USA (8)
Benzathine benzylpenicillin	1	USA (1)
Benzylpenicillin	5	Estonia (2), Ethiopia (1), Netherlands (1), Uruguay (1)
Cefalexin	2	Canada (1), USA (1)
Cefazolin	5	Belgium (2), Japan (2), USA (1)
Cefixime	1	Greece (1)
Cefotaxime	12	Australia (1), France (3), Netherlands (1), UK (1), USA (6)
Ceftriaxone	6	Switzerland (2), USA (3), Kenya (1)
Chloramphenicol	10	Ethiopia (1), Kenya (1), Mexico (1), Philippines-The Gambia (1), UK (2), USA (4)
Ciprofloxacin	10	Finland (2), France (2), Germany (1), Kenya (1), South Africa (1), UK (2), USA (1)
Clarithromycin	1	USA (1)
Clindamycin	5	USA (5)
Cloxacillin	1	Canada (1)
Co-amoxiclav	7	Belgium (1), Switzerland (2), UK (2), USA (2)
Gentamicin	62	Australia (2), Bangladesh (1), Canada (6), Chile (2), Czech Republic (1), Denmark (1), Ireland (1), Israel (1), Japan (1), Kenya (2), Mexico (1), Netherlands (7), Portugal (1), South Asia: India & Bangladesh (1), Spain (5), Sweden (1), Switzerland (1), Thailand (1), UK (4), USA (22)
Meropenem	16	Estonia (1), Italy (1), Japan (2), Netherlands (2), Czech Republic (1), Thailand (1), USA (9)
Metronidazole	7	Australia (1), Canada (1), India (1), Mexico (1), UK (1), USA (1)
Phenoxymethylpenicillin	1	Ethiopia (1), Kenya (1)
Piperacillin-tazobactam	9	Belgium (1), China (1), France (1), USA (6)
Procaine penicillin	1	Ethiopia (1)
Trimethoprim-sulfamethoxazole	6	Chile (1), Israel (1), Mexico (1), USA (3)
Vancomycin	48	Belgium (1), Canada (4), Egypt (1), France (6), Iran (1), Israel (1), Japan (1), Jordan (1), Malaysia (1), Netherlands (3), Portugal (1), South Korea (1), Spain (1), Turkey (1), UK (1), USA (23)

*The total number of the studies does not add up to 262 as some studies covered more than one drug

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546 **Figure 1. Study selection flow chart**

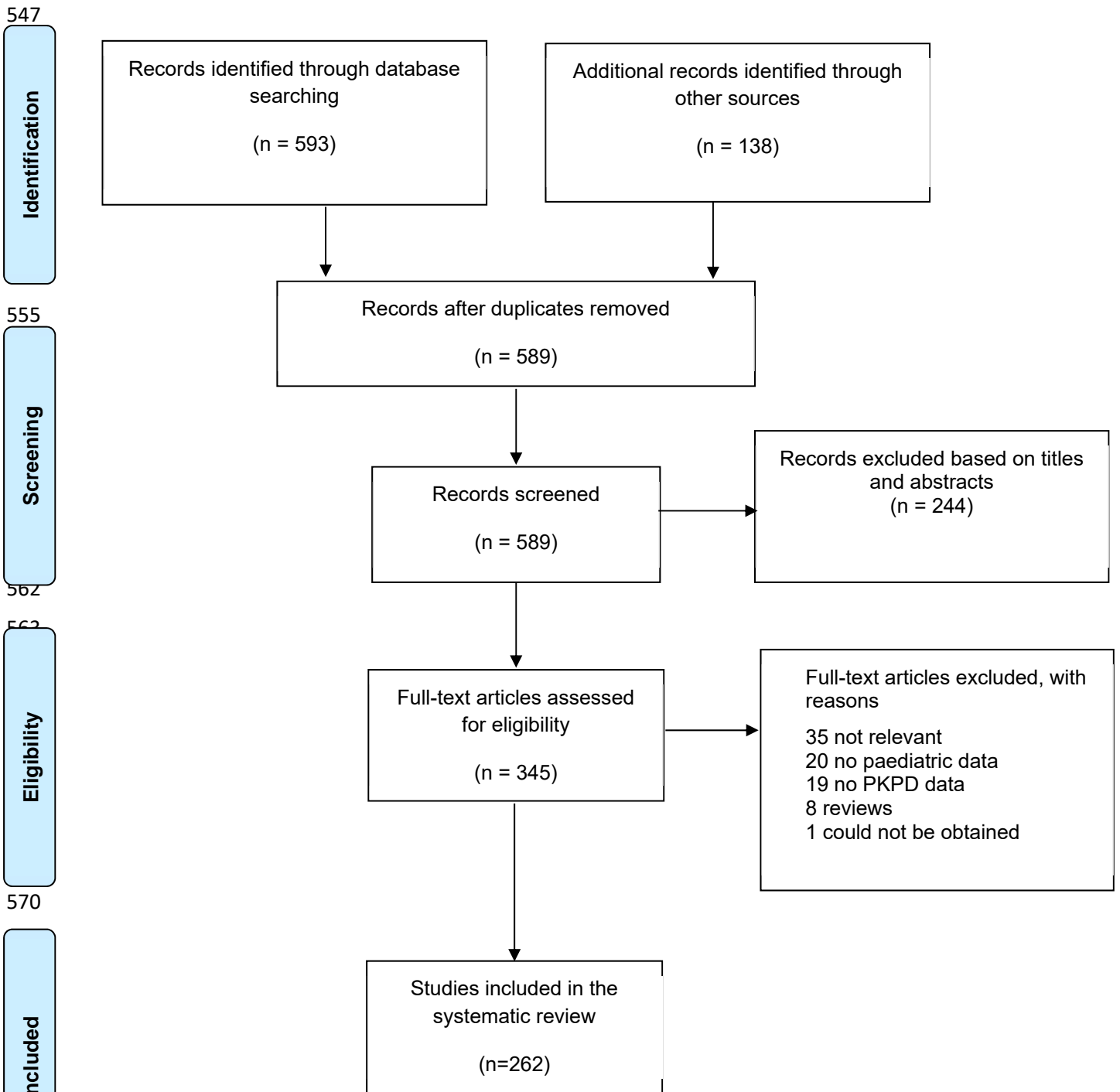


Table 2. General description of included studies per drug

Drug	No. of studies*	Publication years	Sample size	Population age	Route of administration
Amikacin	22	1975-2014	9-205	0 d – 17 y	IV, IM
Amoxicillin	8	1980-2007	17-150	24 w – 16 y	IV, PO
Ampicillin	10	1967-2018	3-131723	0 d – 14 y	IV, IM, PO
Azithromycin	11	1993-2015	10-179	<72 h – 16 y	IV, PO
Benzathine benzylpenicillin	1	1982	26	1.8 - 10.7y	IM
Benzylpenicillin	5	1995-2018	13-37	1 d – 14 y	IV
Cefalexin	2	1982-2013	12-20	2 m – 16 y	PO
Cefazolin	5	1988-20174	5-56	1d – 10 y	IV
Cefixime	1	1996	6	6-13y	PO
Cefotaxime	12	1981-2018	12-100	1 d – 18.7 y	IV, IM
Ceftriaxone	6	1982-2017	10-80	1 d – 70 m	IV
Chloramphenicol	10	1980-2005	14-81	<7 d – 13 y	IM, IV
Ciprofloxacin	10	1992-2014	10-150	1 d – 24 y	IV, PO
Clarithromycin	1	1992	24	6m - 10 y	PO
Clindamycin	5	1984-2017	40-220	1 d – 20 y	IV, PO
Cloxacillin	1	1990	14	0.5-15 y	IV
Co-amoxiclav	7	1983-2015	11-50*	<2 y – 18 y	IV, PO
Gentamicin	62	1971-2017	7-1854	0 d – 18 y	IM, IV
Meropenem	16	1995-2017	1-188	23 w to 17.3 y	IV
Metronidazole	7	1982-2017	11-68	1 d – 45 m	IV
Phenoxymethylpenicillin	1	1995	49	7m - 6.5y	PO
Piperacillin-tazobactam	9	1994-2017	12-746**	1 d – 15 y	IV
Procaine penicillin	1	1995	18	7m - 6.5y	IM
Trimethoprim-sulfamethoxazole	6	1975-2018	4-153	<3 d - 16 y	IV
Vancomycin	48	1986-2017	5-702	0 d -18 y	IV

d: day; m: month; y: year; w: week; h: hour; PO: by mouth; IV: intravenous; IM: intramuscular

*The total number of the studies does not add up to 262 as some studies covered more than one drug

Table 3. Suggested doses for the WHO Access and Watch antibiotics groups for the treatment of most common conditions in children

Antibiotic	Neonates		Children	
	Total daily dose (mg/kg/day)	Dosing frequency (divided every x hours)	Total daily dose (mg/kg/day)	Dosing frequency (divided every x hours)
Amikacin	15 - 20	Every 24 hours	15 - 20	Every 24 hours
Amoxicillin	80 - 100	Every 12 hours	80 - 100	Every 12 hours
Amoxicillin + clavulanic acid	65 - 100 (of amoxicillin component)	Every 12 hours	65 - 100 (of amoxicillin component)	Every 12 hours
Ampicillin	100 - 150	Every 8 -12 hours	80 - 100	Every 6 -12 hours
Azithromycin	10	Every 24 hours	10 - 20	Every 24 hours
Benzathine benzylpenicillin	See syphilis guidelines*		See syphilis guidelines*	
Benzylpenicillin	80 – 100	Every 8 -12 hours	80 – 100	Every 6 - 12 hours
Cefalexin	50 - 100	Every 4-8 hours	50 - 100	Every 4-8 hours
Cefazolin	50 - 100	Every 8 - 12 hours	50 - 100	Every 8 - 12 hours
Cefixime	No suggestion	-	8	Every 12 - 24 hours
Cefotaxime	50 (up to 200 in severe infection)	Every 6 -12 hours	100-150 (up to 200 in severe infection)	Every 6 -12 hours
Ceftriaxone	50	Every 24 hours	50-100	Every 24 hours
Ceftazidime	90 – 150	Every 8 hours	90 – 150	Every 8 hours
Chloramphenicol	No suggestion	-	50-100	Every 6 - 8 hours
Ciprofloxacin	20 - 30	Every 12 hours	20 - 30	Every 12 hours
Clarithromycin	15	Every 12 hours	15	Every 12 hours
Clindamycin	10 – 20	Every 6 - 8 hours	20 - 40	Every 6 - 8 hours
Cloxacillin	50 – 100	Every 12 hours	100 - 200	Every 6 hours

Antibiotic	Neonates		Children	
	Total daily dose (mg/kg/day)	Dosing frequency (divided every x hours)	Total daily dose (mg/kg/day)	Dosing frequency (divided every x hours)
Doxycycline	No suggestion		2 - 4	Every 12 - 24 hours
Gentamicin	5	Every 24 hours	7	Every 24 hours
Meropenem	60	Every 8 hours	60	Every 8 hours
Metronidazole	20 – 40	Every 8 - 12 hours	20 - 40	Every 8 - 12 hours
Nitrofurantoin	No suggestion	-	4	Every 6 -12 hours
Phenoxymethylpenicillin	No suggestion	-	100 - 200	Every 6 -12 hours
Piperacillin-tazobactam	300 - 400 (of piperacillin component)	Every 6 - 12 hours	300 - 400 (of piperacillin component)	Every 6 - 12 hours
Procaine benzylpenicillin	See syphilis guidelines*		See syphilis guidelines*	
Spectinomycin	No suggestion	-	No suggestion	
Trimethoprim + sulfamethoxazole	No suggestion	-	8-12 (of trimethoprim component)	Every 12 hours
Vancomycin	40 – 60	Every 12 hours	40 - 60	Every 6 -12 hours

†Doses of beta-lactams may be doubled in treatment of meningitis.

*Syphilis guidelines (2016) available at <https://www.who.int/reproductivehealth/publications/rtis/syphilis-treatment-guidelines/en/>

No suggestion: it is not used for the included age group.

Supplementary Table 1. Antibiotics included in the Access and Watch groups of the 2019 WHO EMLc [list](#)

Key Access group	Watch group
Amikacin	Azithromycin
Amoxicillin	Cefixime
Amoxicillin + clavulanic acid	Cefotaxime
Ampicillin	Ceftriaxone
Benzathine benzylpenicillin	Ciprofloxacin
Benzylpenicillin	Ceftazidime*
Cefalexin	Cefuroxime*
Cefazolin	Clarithromycin
Chloramphenicol	Piperacillin + tazobactam
Clindamycin	Meropenem
Cloxacillin	Vancomycin
Doxycycline	
Gentamicin	
Metronidazole	
Nitrofurantoin	
Phenoxymethylpenicillin	
Procaine benzylpenicillin	
Spectinomycin	
Sulfamethoxazole + trimethoprim	

*Not included in this review

Supplementary Figure 1. Search terms used in each literature search

Appropriate international non-proprietary drug name

AND

(pharmacology OR pharmacokinetic* OR pharmacodynamics*).tw.

AND

Exp administration, oral/
(Oral\$ OR per os or po).tw.

Infusion, intravenous/
injections, intravenous/
injections, intramuscular/

(intravenous\$ OR intra-venous\$ OR iv OR intramuscular\$
OR intra-muscular\$ or im OR parenteral\$).tw.

OR

AND

exp newborn/ OR infant/ OR exp child/ OR adolescent/
(infant* OR child* OR newborn* OR babies or neonate* or preterm*
or premature* or full-term* or boys or girls or adolescen* or paediatric*
or pediatric*, teen*, young child preschool child*).tw.

OR

Supplementary table 2. List of reported indications and dosing recommendation from the 262 included studies.