

The background of the slide is a microscopic image of tissue, likely showing granulomas characteristic of sarcoidosis. The image is in shades of blue and cyan. In the top left corner, there is a green arrow pointing downwards. The title text is centered and written in a bold, white, sans-serif font.

PERSPECTIVES IN SARCOIDOSIS

JUNE 20, 2019

WELCOME!

It is our pleasure to welcome you to The Stormont Hotel for our conference –
Perspectives in Sarcoidosis: a multisystem disorder

Our programme is delivered by a host of excellent speakers and contains plenty to
interest all our delegates from across specialities, who work hard to provide care
for sarcoidosis patients across the country.

We trust it will deliver opportunities to discuss, network and learn together.

Lastly, we hope you find it enjoyable.

We are looking forward to seeing you there!



Dr Kathy M Cullen

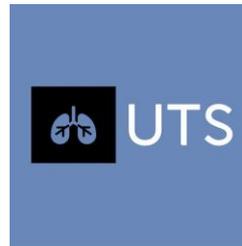
Consultant Respiratory Physician &
Senior Clinical Lecturer
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Dr Emma Toner

Consultant Respiratory Physician &
Secretary of the Ulster Thoracic Society



Venue Information

The Stormont Hotel is situated opposite the Stormont Estate, home to Parliament Buildings and Stormont Castle.

The Stormont Hotel is adjacent to the A20 Upper Newtownards Road and offers approx. 250 complimentary on-site car parking spaces for guests. Alternatively, a frequent Glider bus service operates from just outside the hotel gates to Belfast City Centre with connections to all major towns and cities across Northern Ireland and Dublin.

It is also in close proximity to George Best Belfast City Airport which is less than 10 minutes' drive away.

Sponsorship

The Ulster Thoracic Society gratefully acknowledges the financial support of the following industry representatives and wishes to note that none of them have had any input into the programme content or the planning of the event.



Ms Fiona Gildea
AstraZeneca



Ms Tory Stewart
GlaxoSmithKline



Ms Lizanne Hughes
Chiesi

PERSPECTIVES ON SARCOIDOSIS: *A Multisystem Disorder*



Conference Timetable

08:30 – 09.00	Registration	
09.00 - 09.30	Welcome	Dr Kathy Cullen
09.30 – 10.00	A Respiratory Perspective	Dr Robina Coker
10.00 – 10.30	A Cardiology Perspective	Dr Amanda Varnava
10.30 – 11.00	A Rheumatology Perspective	Dr Maresa Carulli
<u>COFFEE</u>		
11.30 – 12.00	An Ophthalmology Perspective	Miss Clara McAvoy
12.00 – 12.30	An Endocrinology Perspective	Dr Hamish Courtney
12.30 – 12.45	A Patient's Perspective	Mr Liam Berkery
<u>LUNCH</u>		
13.45 – 14.15	A Dermatology Perspective	Dr Collette McCourt
14.15 – 14.45	What Patients Want to Know	Prof Seamas Donnelly
14.45 - 15.45	Case Presentations with Group Discussion	
<u>TEA</u>		
16.15	Regional and national (BTS) datasets Dr Paul Minnis & Dr Robina Coker	
16.50	Summary and Close	Dr Kathy Cullen

Speaker Biographies

Dr Robina K Coker PhD FRCP

Dr Robina Coker is Consultant & Honorary Senior Lecturer in Respiratory Medicine at Hammersmith Hospital and Imperial College London. She is also Clinical Director of the North West London NIHR Clinical Research Network.



Robina has a large clinical cohort of patients with interstitial lung disease, including sarcoidosis, CT-ILD, and IPF. She helped establish the British Thoracic Society (BTS) Interstitial Lung Disease Registry in 2013. The Registry aims to improve clinical care for patients with sarcoidosis and IPF, and currently holds over 400 sarcoidosis patient records from across the country. Robina remains a member of the BTS ILD Registry Steering Committee.

Data collected through the BTS Sarcoidosis Registry from Feb 2013 to July 2017 was analysed and published in early 2019, detailing information held on over 300 patients from 24 hospitals (<https://bmjopenrespres.bmj.com/content/6/1/e000357>)

Dr Amanda Varnava MA, FRCP, MD



Dr Amanda Varnava is a Consultant Cardiologist and Lead for Inherited Cardiac Conditions at Hammersmith Hospital, Imperial College Healthcare Trust. Dr Varnava undertook her medical training at Oxford University and St Bartholomew's Hospital and completed with Honours. She went on to train in cardiology at The Royal Brompton Hospital & St George's Hospital, where she undertook an MRC research fellowship.

She is a consultant cardiologist and honorary senior lecturer at Imperial College and Lead for Inherited Cardiac Conditions where she runs a busy service seeing over 2000 adult and paediatric patients a year.

Dr Varnava is the Trust lead for cardiac sarcoid disease and runs a multi-disciplinary service.

She also has a specialist interest in sports cardiology, and is on the Football Association expert advisory panel and cardiologist to many premier league football teams including Arsenal and Watford football clubs.

Dr Varnava has an interest in cardiology in pregnancy and runs a specialist pregnancy and heart disease service. She has extensive experience in managing patients with heart failure. Her research interests are in the non-invasive risk stratification of the sudden death syndromes, especially Hypertrophic cardiomyopathy and Brugada syndrome. She is council member for the Association of Inherited Cardiac Conditions, and expert advisor to Cardiomyopathy UK. She regularly lectures at international meetings and has published widely in leading medical journals.

[Professor Seamas Donnelly, Trinity College Dublin.](#)

Professor Seamas Donnelly is Professor of Medicine at Trinity College Dublin. He is an international leader in Translational Medicine and his research epitomizes classical bench to bedside on an international stage. The work of his research group creates clinical, genetic, biological and sensor datasets which allows more focused patient stratification with regards to patient prognosis and ultimately getting the right treatment to the right patient – the focus of Precision Medicine.



A medical graduate of University College Galway (UCG), he successfully competed previously for prestigious Wellcome Trust Fellowships at the University of Edinburgh and the Picower Institute in New York, an Institute affiliated to Rockefeller University. Returning to Ireland, he was one of the first clinicians to be awarded a Science Foundation Ireland (SFI) Principal Investigator Programme grant award. He is a co-applicant on the Wellcome Trust/HRB Dublin Clinical Research Facility at St. James Hospital.

In 2010 he was awarded an Honorary Professorship by the University of Edinburgh. In 2015 he took up a position at Trinity College Dublin as Professor of Clinical Medicine and Head of Department at Tallaght University Hospital. He has established a national pulmonary fibrosis referral service at Tallaght University Hospital attended by over 400 Sarcoidosis patients. In the context of sarcoidosis, his research group are working both on defining genetic susceptibility to the disease and novel drivers within the inflammatory response which give rise to chronic sarcoidosis. Professor Donnelly is also the current Editor-in-Chief of the Quarterly Journal of Medicine (Oxford University Press), an international medical journal. He is the Trinity lead PI on the Enterprise Ireland funded National Health Innovation Hub.

Dr Hamish Courtney



Dr Hamish Courtney is a Consultant Endocrinologist in the Royal Victoria Hospital, Belfast. He received both his medical education and MD at Queen's University, Belfast and completed a postdoctoral fellowship at the University of California San Diego.

His current leadership roles include Clinical Director of the Regional Diabetes Network and Council member of the Royal College of Physicians of Edinburgh. Until recently, he was co-chair of the Northern Ireland Clinical Research Network (Diabetes) and is principal investigator in a number of diabetes clinic trials.

Dr Collette McCourt

Dr Collette McCourt is a Consultant Dermatologist in the Belfast Health & Social Care Trust, appointed in August 2014, after completing a 12-month post-CCT fellowship in immuno dermatology in Vancouver, Canada. Her special interests include medical education and medical dermatology, including connective tissue disease and psoriasis.

She has co-authored in peer reviewed scientific journals and Dermatology Textbooks and is a current panel member of the Cutaneous Lupus Erythematosus Guidelines Development Group for the British Association of Dermatologists and Training Programme Director for Dermatology in Northern Ireland



Miss Clara McAvoy



Miss Clara McAvoy is a Consultant Ophthalmologist working within Belfast Trust with a specialist interest in Medical Retina and Uveitis. She spent a year at Bristol Eye Hospital working with Professor Andrew Dick and his team dealing with complex ocular inflammatory disorders.

Dr Gerard Reid specialist Registrar in Belfast has been collating information on patients with ocular sarcoidosis attending the uveitis clinic at the Belfast Trust.

Dr Maresa Carulli

Dr Maresa Carulli is a Consultant in Rheumatology at Hammersmith Hospital, Imperial College London. She is also an active member of the UK Scleroderma Study Group. Maresa has a long standing clinical experience in the management of patients with Connective Tissue Disease, in particular Scleroderma but also shares a large cohort of patients with Sarcoidosis with her respiratory colleagues at Hammersmith.



Dr Paul Minnis



Dr Paul Minnis is a Consultant Respiratory Physician with a special interest in Interstitial Lung Disease at Northern Health and Social Care Trust. He undertook a fellowship in ILD at St Vincent's University Hospital Dublin under the direction of Professors Seamas Donnelly and Michael Keane. His research strands include the role of microRNA in IPF, observational studies in sarcoidosis and live data studies at the Insight Centre for Data Analytics UCD with Novartis investigating the potential for connected health solutions in chronic disease.

He worked in the National Lung Fibrosis Unit in Tallaght hospital before taking up his current post in the Northern Trust. The joint ILD clinic in Antrim hospital has recently achieved WASOG accreditation and Dr Minnis continues to expand his research portfolio investigating the complex interactions between Connective Tissue as well as lymphoproliferative disorders affecting lung health.

Mr Liam Berkery

Mr Berkery has kindly agreed to speak today to give the patient perspective of sarcoidosis based on his experiences with the condition.

If you wish to signpost your patients towards support groups, Mr Berkery has recommended the following links:

Website: www.sarcoidosisuk.org

Facebook: facebook.com/groups/sarcoidosisuk

A closed online group with members worldwide, encompassing sarcoidosis sufferers as well as their carers and family; providing support for each other.

[Certificates of Attendance, Feedback and CPD](#)

Certificates of attendance for all participants will be available at the close of the conference. Delegates will be sent a feedback link via email and we would be very grateful if you would complete this. A version of some of the talks will be distributed by email after the conference.

This meeting has been granted 6 category 1 (external) CPD credits by the Federation of the Royal Colleges of Physicians of the United Kingdom, CME code 121652.