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Support for Rare Disease Carers in Northern Ireland

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Carers NI



Carers NI aims to make life better for carers by:

- Providing expert advice, information and support.
- Connecting carers so no one has to care alone.
- Campaigning together for lasting change.
- Innovating to find new ways to reach support and carers.



www.carersuk.org/northernireland



02890 439 843

Crossroads Care NI



Crossroads is a not for profit organisation dedicated to supporting, serving and strengthening carers and those with care needs.



www.crossroadscare.co.uk/



info@crossroadscare.co.uk



NORTHERN IRELAND
RARE DISEASE
PARTNERSHIP

www.nirdp.org.uk



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<http://www.qub.ac.uk/sites/RareDisease/>



Supported by
Ards and North Down
Borough Council



Department for
Communities
www.communities-ni.gov.uk

If you would like something added to this leaflet, please email Julie McMullan or AJ McKnight at raredisease@qub.ac.uk

Support for Rare Disease Carers in Northern Ireland



January 2020

Contact a Family For families with disabled children

Contact provides support, advice and information for families with disabled children, no matter what their condition or disability. They provide information, advice and support, and bring families together so they can support each other.



www.contact.org.uk/northernireland



nireland.office@cafamily.org.uk

Carers Trust



Carers Trust is a major charity for, with and about carers. They work to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems.



www.carers.org/



info@carers.org

Carers Co-Ordinator NI

As a carer, the first step towards getting advice and support is to contact the carer co-ordinator in the Health and Social Care (HSC) Trust area that the person you care for lives in. They can provide you with information on a carer's assessment or a carer's support plan meeting if you have not already been offered this. Contact details are below:

South & East Belfast Area

Margaret McDonald

Margaret.mcdonald@belfasttrust.hscni.net

North & West Belfast Area

Lynne Calvert

Lynne.calvert@belfasttrust.hscni.net

Western Health & Social Care Trust

Cathy Magowan

Cathy.magowan@westerntrust.hscni.net

South Eastern Health & Social Care Trust

Joan Scott

Joan.scott@setrust.hscni.net

Southern Health & Social Care Trust

Patricia McCrink

Patricia.mccrink@southerntrust.hscni.net

Northern Health & Social Care Trust

Anne Cummings

Anne.cummings@northerntrust.hscni.net



www.hscboard.hscni.net/our-work/social-care-and-children/getting-help-for-carers/



Enquiry.hscb@hscni.net

Family Fund



Family Fund is the UK's largest charity providing grants for families raising disabled or seriously ill children and young people. Their purpose is to improve the lives of low-income families raising disabled or seriously ill children and young people.



www.familyfund.org.uk/



info@familyfund.org.uk

Other potential sources of support:

- **Action for Children**
www.actionforchildren.org.uk
- **Barnardos**
www.barnardos.org.uk/northern-ireland
- **CAUSE**, families, partners, friends caring for mental health
www.cause.org.uk/our-vision
- **Community Advice Services** – a number of independent advice services exist around Northern Ireland. Search online for your nearest office.
- **Family Support**
<https://www.familysupportni.gov.uk/>
- **MacMillan Cancer Support**
www.macmillan.org.uk
- **Marie Curie**
www.mariecurie.org.uk
- **NI Direct**
www.nidirect.gov.uk/articles/support-services-carers
- **Northern Ireland Council for Voluntary Services (NICVA)**
www.nivca.org.uk

