Support for Rare Disease Carers in Northern Ireland


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Carers NI

Carers NI aims to make life better for carers by:
• Providing expert advice, information and support.
• Connecting carers so no one has to care alone.
• Campaigning together for lasting change.
• Innovating to find new ways to reach support and carers.

www.carersuk.org/northernireland
02890 439 843

Crossroads Care NI

Crossroads is a not for profit organisation dedicated to supporting, serving and strengthening carers and those with care needs.

www.crossroadscare.co.uk/
info@crossroadscare.co.uk

Support for Rare Disease Carers in Northern Ireland

If you would like something added to this leaflet, please email Julie McMullan or AJ McKnight at raredisease@qub.ac.uk

January 2020
Contact a Family

Contact provides support, advice and information for families with disabled children, no matter what their condition or disability. They provide information, advice and support, and bring families together so they can support each other.

www.contact.org.uk/northernireland
nireland.office@cafamily.org.uk

Carers Trust

Carers Trust is a major charity for, with and about carers. They work to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems.

www.carers.org/
info@carers.org

Carers Co-Ordinator NI

As a carer, the first step towards getting advice and support is to contact the carer co-ordinator in the Health and Social Care (HSC) Trust area that the person you care for lives in. They can provide you with information on a carer’s assessment or a carer’s support plan meeting if you have not already been offered this. Contact details are below:

South & East Belfast Area
Margaret McDonald
Margaret.mcdonald@belfasttrust.hscni.net

North & West Belfast Area
Lynne Calvert
Lynne.calvert@belfasttrust.hscni.net

Western Health & Social Care Trust
Cathy Magowan
Cathy.magowan@westerntrust.hscni.net

South Eastern Health & Social Care Trust
Joan Scott
Joan.scott@setrust.hscni.net

Southern Health & Social Care Trust
Patricia Mccrink
Patricia.mccrink@southerntrust.hscni.net

Northern Health & Social Care Trust
Anne Cummings
Anne.cummings@northerntrust.hscni.net

Family Fund

Family Fund is the UK’s largest charity providing grants for families raising disabled or seriously ill children and young people. Their purpose is to improve the lives of low-income families raising disabled or seriously ill children and young people.

www.familyfund.org.uk/
info@familyfund.org.uk

Other potential sources of support:

- Action for Children
  www.actionforchildren.org.uk
- Barnardos
  www.barnardos.org.uk/northern-ireland
- CAUSE, families, partners, friends caring for mental health
  www.cause.org.uk/our-vision
- Community Advice Services – a number of independent advice services exist around Northern Ireland. Search online for your nearest office.
- Family Support
  https://www.familysupportni.gov.uk/
- MacMillan Cancer Support
  www.macmillan.org.uk
- Marie Curie
  www.mariecurie.org.uk
- NI Direct
  www.nidirect.gov.uk/articles/support-services-carers
- Northern Ireland Council for Voluntary Services (NICVA)
  www.nivca.org.uk