



**QUEEN'S
UNIVERSITY
BELFAST**

Use of ACE (Angiotensin-Converting Enzyme) Inhibitors and Risk of Lung Cancer

Bruun Kristensen , K., Hicks, B., Azoulay , L., & Pottegård, A. (2021). Use of ACE (Angiotensin-Converting Enzyme) Inhibitors and Risk of Lung Cancer. *Circulation: Cardiovascular Quality and Outcomes.*, 14(1), Article e006687. <https://doi.org/10.1161/CIRCOUTCOMES.120.006687>

Published in:

Circulation: Cardiovascular Quality and Outcomes.

Document Version:

Peer reviewed version

Queen's University Belfast - Research Portal:

[Link to publication record in Queen's University Belfast Research Portal](#)

Publisher rights

Copyright 2020 Lippincott, Williams & Wilkins. This work is made available online in accordance with the publisher's policies. Please refer to any applicable terms of use of the publisher.

General rights

Copyright for the publications made accessible via the Queen's University Belfast Research Portal is retained by the author(s) and / or other copyright owners and it is a condition of accessing these publications that users recognise and abide by the legal requirements associated with these rights.

Take down policy

The Research Portal is Queen's institutional repository that provides access to Queen's research output. Every effort has been made to ensure that content in the Research Portal does not infringe any person's rights, or applicable UK laws. If you discover content in the Research Portal that you believe breaches copyright or violates any law, please contact openaccess@qub.ac.uk.

Open Access

This research has been made openly available by Queen's academics and its Open Research team. We would love to hear how access to this research benefits you. – Share your feedback with us: <http://go.qub.ac.uk/oa-feedback>

1 **Use of angiotensin converting enzyme inhibitors and risk of lung**
2 **cancer: a nationwide nested case-control study**

3

4 **Kasper Bruun Kristensen, MD¹**

5 **Blánaid Hicks, PhD²**

6 **Laurent Azoulay, PhD³**

7 **Anton Pottegård, PhD¹**

8 1: Clinical Pharmacology and Pharmacy, Department of Public Health, University of Southern Denmark, Denmark

9 2: Centre for Public Health, School of Medicine, Dentistry and Biomedical Sciences, Queen's University Belfast, Belfast, UK

10 3: Department of Epidemiology, Biostatistics and Occupational Health and Gerald Bronfman Department of Oncology,

11 McGill University, and Centre for Clinical Epidemiology, Lady Davis Institute, Jewish General Hospital, Montreal, Canada

12

13

14 **Correspondence:**

15 Kasper Bruun Kristensen, MD

16 Clinical Pharmacology and Pharmacy, Department of Public Health

17 University of Southern Denmark

18 J.B. Winsløvsvej 19, 2., 5000, Odense C, Denmark

19 E-mail: kaskristensen@health.sdu.dk

20 Telephone: +45 65 50 48 91

21

22 **Word count** 3480 words, 8 tables and figures

23 **Abbreviations** ACEI: angiotensin converting enzyme inhibitor, ARB: angiotensin receptor blockers, DDD:

24 defined daily doses, OR: odds ratio, CI: confidence interval, ICD-10 International Classification of Diseases,

25 version 10

1 **ABSTRACT**

2 **BACKGROUND:** Use of angiotensin converting enzyme inhibitors (ACEI) was associated with increased risk
3 of lung cancer in a cohort study from the United Kingdom. We aimed to replicate these findings in a Danish
4 population.

5 **METHODS AND RESULTS:** We conducted a nested case-control study using data from four Danish
6 national health and administrative registries. New users of ACEIs or ARBs in Denmark from 1 Jan 2000 were
7 followed until 31 December 2015, incident lung cancer, death, or emigration. Each lung cancer case was matched
8 with up to 20 controls on age, sex, duration of follow-up and year of cohort entry using risk-set sampling.
9 Conditional logistic regression was used to estimate odds ratios (OR) for incident, histologically verified lung
10 cancer with high use of ACEIs defined as a cumulative dose above 3650 defined daily doses (DDD). We
11 examined different cumulative doses of ACEI (≤ 1800 , 1801-3650, >3650 DDDs), examined whether the
12 association varied with lung cancer histology and repeated the analyses using thiazides as active comparator.
13 We included 9652 lung cancer cases matched to 190,055 controls. High use of ACEIs was associated with lung
14 cancer (adjusted OR 1.33, 95% confidence interval (CI) 1.08 to 1.62). Lower cumulative doses showed neutral
15 associations (≤ 1800 DDDs OR 1.01 95% CI 0.94 to 1.09; 1801-3650 DDDs OR 1.03, 95% CI 0.90 to 1.19).
16 Confidence intervals were wide and included the null when stratifying on histology. Using thiazides as active
17 comparator yielded comparable results (OR 1.34, 95% CI 0.96-1.88).

18 **CONCLUSIONS:** Use of high cumulative ACEI doses was associated with modestly increased odds of lung
19 cancer while use of lower doses showed neutral associations. The established benefits of ACEIs should be
20 considered when interpreting these findings.

21

1 **INTRODUCTION**

2 ACE inhibitors (ACEIs), are widely used as first-line antihypertensive drugs, have been shown to improve
3 survival in heart failure and have renoprotective effects in patients with diabetes.¹ Recently, concerns that ACEIs
4 increase the risk of lung cancer were raised in a cohort study that reported an increased risk of lung cancer
5 associated with ACEIs compared to angiotensin receptor blockers (ARBs), particularly for 10 or more years of
6 use (hazard ratio 1.31, 95% confidence interval (CI) 1.08 to 1.59).² There is biological evidence to support this
7 finding, as use of ACEIs could promote lung cancer development through accumulation of bradykinin and
8 substance P in lung tissue, both of which may play a role in carcinogenesis.^{3,4} With the high prevalence of ACEI
9 use, even a modest relative risk increase potentially translates into a large absolute number of patients at excess
10 risk of lung cancer. Thus, there is a need for the findings of the recent cohort study of patients from the United
11 Kingdom to be replicated in other settings, particularly among patients exposed to ACEIs for longer durations.
12 We examined the association between ACEIs and lung cancer using the Danish health registries and further
13 examined whether the association varied with lung cancer histology.

14

15 **METHODS**

16 We conducted a population-based, nationwide study to examine whether use of high cumulative ACEI doses
17 was associated with an increased risk of lung cancer in a Danish setting. We used a nested case-control study
18 design with a source population of new users of ACEIs or ARBs in Denmark during 2000 to 2015. In this
19 population, we identified incident lung cancer cases and matched each case to up to 20 controls using risk-set
20 sampling. Using conditional logistic regression, we obtained odds ratios (OR) for lung cancer with ACEI use
21 compared to ARB use.

22

23 **Data sources**

24 We used individual level data from Danish civil and health registries. Vital status, date of birth, sex and migration
25 was obtained from the Danish Civil Registration System.⁵ Information on drug use is recorded in the Danish
26 National Prescription Registry with data on all prescriptions filled at community pharmacies in Denmark since
27 1995 including date of dispensing, ATC code, pack size and strength.⁶ . We identified incident lung cancers using

1 the Danish National Cancer Registry⁷. The completeness of lung cancer diagnoses in the Danish Cancer Registry
2 has been validated in 2006 with a sensitivity of 98%.⁸ Comorbid conditions were identified using the Danish
3 National Patient Registry with diagnoses from all inpatient contacts since 1978 and all emergency department
4 and outpatient contacts since 1995.⁹
5 Because of the sensitive nature of the Danish administrative and health registry data, individual level data cannot
6 be shared by the authors and is only accessible via the Danish Health Data Authority or Statistics Denmark. The
7 statistical code is available upon request to the corresponding author.

8

9 **Study population**

10 We identified new users of ACEIs or ARBs in Denmark between 2000 and 2015. To ensure inclusion of new
11 users only, patients who had filled a prescription for ACEIs or ARBs during 1995 to 1999 were not eligible.
12 Cohort entry was defined as the date of the first prescription. We excluded individuals aged 18 years or below at
13 cohort entry, individuals who migrated within 1 year before cohort entry and individuals with any history of
14 cancer (except non-melanoma skin cancer) before cohort entry (**Figure 1**).¹⁰ Follow-up began at cohort entry
15 and continued until censoring at the time of incident lung cancer, migration, death, or end of the study period
16 (31 December 2015). For latency considerations, only case patients with at least 1 year of follow-up between
17 cohort entry and diagnosis of lung cancer were included. We used risk-set sampling to select controls from the
18 same cohort of new users of ACEIs or ARBs. At the time of each case defining event, we sampled 20 controls
19 from the cohort that were still at risk of lung cancer to each case. Controls were matched on age, sex, year of
20 cohort entry and duration of follow-up and were assigned an index date corresponding to the date of diagnosis
21 of their case. The cumulative exposure assessment window began at cohort entry and continued until 1 year
22 before the date of diagnosis for cases and their matched controls (i.e. a 1-year lag-period was applied).

23 We chose a nested case-control study design due to the long follow up period and multiple time-varying
24 exposure definitions, where the case-control analysis is computationally efficient and, with risk-set sampling,
25 produces odds ratios that are unbiased estimators of the hazard ratios from the cohort study.¹¹

26

27 **Exposure**

1 We defined the main exposure of interest as use of a cumulative ACEI dose above 3650 defined daily doses
2 (DDD). The DDD is a measure of the daily maintenance dose for a drug when used for its main indication in
3 adults.¹² Under these assumptions, a cumulative dose of 3650 corresponds to approximately 10 years of
4 treatment. The main exposure was defined based on previous findings that long-term ACEI use was associated
5 with increased lung cancer risk.² We classified cases and controls into the following mutually exclusive groups:
6 Use of ACEIs alone; use of ARBs alone; and use of both ACEIs and ARBs. We compared use of ACEIs alone
7 with use of ARBs alone and allowed the reference category of ARBs alone to change with increasing ACEI dose
8 i.e. a cumulative ACEI dose above 3650 DDDs was compared to a cumulative ARB dose above 3650 DDDs.
9 Because recent drug use is unlikely to affect lung cancer risk and to minimize reverse causation (initiation of
10 antihypertensive therapy may be associated with early symptoms of cancer),¹³ we disregarded drug use in the year
11 preceding the index date.

12 **Outcome**

13 The primary outcome was all histologically confirmed lung cancers. Furthermore, we examined individual types
14 of lung cancer (adenocarcinoma, squamous cell carcinoma, small cell carcinoma, other non-small cell
15 carcinomas) based on morphology codes from the International Classification of Diseases for Oncology version
16 3 (**Appendix B**).¹⁴

18 **Potential confounders**

19 All covariates were measured prior to cohort entry to avoid adjusting for on-treatment covariates. We adjusted
20 for age, sex, year of cohort entry and follow-up duration by design. In adjusted models we included the following
21 covariates defined by ambulatory or discharge diagnoses and/or two or more filled drug prescriptions: alcohol
22 related disorders, lung diseases (pneumonia, tuberculosis, chronic obstructive lung disease); use of statins, total
23 number of filled prescriptions for unique drug classes the year before cohort entry as a measure of comorbidity
24 and highest achieved education as a proxy of socioeconomic status (**Appendix B**).

26 **Statistical analyses**

1 We calculated odds ratios (ORs) for lung cancer associated with high use of ACEIs compared to high use of
2 ARBs using conditional logistic regression. To examine dose-response, we categorized ACEI dose (≤ 1800 ,
3 $1801-3650$, > 3650 DDDs) and used the corresponding cumulative ARB dose as reference in conditional logistic
4 regression models. Additionally, we modelled cumulative dose as a continuous variable using restricted cubic
5 splines with three knots located at the 10th, 50th and 90th percentile.¹⁵ We further included duration of use as a
6 continuous variable in a linear unconditional logistic regression model restricted to ever-users of ACEIs where
7 the matching variables age, sex, calendar time and year of first ACEI/ARB prescription were included as
8 covariates.

9 We evaluated the potential for effect measure heterogeneity or effect measure modification from sex, age, a
10 diagnosis of heart failure, ischemic heart disease, or type 2 diabetes before initiation of ACEI/ARB therapy and
11 clinical stage by including these as interaction terms in the adjusted model. To test for effect heterogeneity or
12 effect measure modification, we conducted likelihood ratio tests of the model without interaction terms nested in
13 the model with interaction terms.

14 We calculated E-values to quantify the minimum strength of association between smoking and the
15 exposure/outcome for unmeasured confounding by smoking to explain away the main result.¹⁶

16 **Sensitivity and supplementary analyses**

17 To examine whether reverse causation could influence the results, we varied the lag period from 0 to 4 years in
18 sensitivity analyses. In an additional sensitivity analysis, we used ever use of ARBs as the reference category for
19 all cumulative dose categories of ACEI, corresponding to the analysis in the study we aimed to replicate.²

20 To account for patients who used both ACEI and ARBs during the study period, we allowed for switching
21 between these drugs by including moderate users (cumulative dose below 365 defined daily doses) of ARBs in
22 the ACEI group and vice-versa. In the primary analysis, covariates were measured prior to cohort entry. In
23 supplementary analyses, we allowed the covariates to change during follow-up by measuring covariates in a time-
24 dependent manner until 1 year before the index date. Lastly, to examine the robustness of our findings with
25 regards the choice of active comparator, we repeated the study with thiazides as active comparator instead of
26 ARBs. To this end, we identified cases and sampled controls from a source population of new users of ACEIs or

- 1 thiazides from 2000 onwards using a washout period of 1995-1999 with the same analytic methods as in the
- 2 main analyses with ARBs as active comparator.
- 3

1 RESULTS

2 We identified 14,872 new users of ACEIs/ARBs diagnosed with lung cancer during 2000-2015. Of these,
3 9652 cases were eligible for study inclusion and matched to 190,055 controls (**Figure 2**). The mean age (SD) of
4 cases was 71 (9) years and 55% were male (**Table 1**). The mean duration (SD) of follow up from cohort entry to
5 lung cancer diagnosis was 5.6 (3.2) years. The dominant type of lung cancer was adenocarcinoma (42%),
6 followed by squamous cell carcinoma (24%), other non-small cell carcinoma (17%) and small cell carcinoma
7 (17%). Most patients (52%) presented with metastatic disease (TNM stage IV) at time of diagnosis. Among
8 cases, 915 (9.5%) were high users of ACEIs with no use of ARBs and 151 (1.6%) were high users of ARBs with
9 no use of ACEIs.

10 High use of ACEIs was associated with a 33% increased risk of lung cancer (adjusted OR 1.33, 95% confidence
11 interval (CI), 1.08 to 1.62) (**Table 2**). This association was not observed with cumulative doses between 1-1800
12 and 1801-3650 DDDs (OR 1.01 95% CI 0.94 – 1.09 and 1.03 95% CI 0.90 to 1.19, respectively). When including
13 cumulative dose of ACEI as a continuous variable using restricted cubic splines, the increased risk was apparent
14 with ACEI doses above approximately 4000 DDDs and continued to increase hereafter (**Figure 3**). When
15 cumulative dose was included as a continuous variable in a linear logistic regression model, the risk increased
16 with increasing dose (p -value < 0.001). Small cell carcinomas, other non-small cell carcinomas and squamous
17 cell carcinomas showed the strongest association with ORs of 1.54 (95% CI 0.90 to 2.62), 1.48 (95% CI 0.85 to
18 2.59) and 1.45 (95% CI 0.96 to 2.19), respectively (**Table 2**). The ORs were closer to unity for adenocarcinomas of
19 the lung (OR 1.15, 95% CI 0.86 to 1.55). However, in these subgroup analyses, the number of events were small
20 and the confidence intervals were wide, precluding evaluation of effect heterogeneity by lung cancer type. There
21 was no evidence of effect measure modification by sex, age, heart failure, ischemic heart disease, diabetes, or
22 clinical stage (**Table 3**).

23 When varying the lag period, the OR was 1.19 (95% CI 1.00 to 1.42) for no lag period and increased to 1.37
24 (95% CI 1.07 to 1.74) applying a 2-year lag period (**Figure 4**). Increasing the lag period to 3 and 4 years yielded
25 similar point estimates but with less precision, e.g. the OR for a 4-year lag period was 1.23 (95% CI 0.86 to 1.75).

1 With ever-use of ARBs as reference throughout all categories of cumulative ACEI doses, the ORs were
2 comparable the main analyses (**Figure 4, Supplementary table S1**).

3 Allowing for switching between ACEIs and ARBs did not change the observed association with high use of
4 ACEIs and lung cancer considerably (OR 1.24, 95% CI 1.06 – 1.45) (**Figure 4, Supplementary table S2-S3**).

5 The analyses where the included covariates were measured in a time-dependent manner during follow-up did not
6 change the main results with an OR of 1.28 (95% CI 1.04 to 1.57) for high use of ACEI and 1.02 (95% CI 0.96
7 to 1.08) for ever-use of ACEIs.

8 When repeating the study with thiazides as active comparator, the study population consisted of 11,091 cases
9 that were matched to 219,295 controls (**Supplementary Figure S1, Supplementary Table S4**). The adjusted
10 OR for high use of ACEIs compared to high use of thiazides was 1.34 (95% CI 0.96 – 1.88). When stratifying by
11 lung cancer histology, the association was most marked for adenocarcinomas 1.72 (95% CI 1.00 to 2.94) while
12 the OR for small cell carcinoma was close to unity (OR 0.97, 95% CI 0.43 to 2.15). (**Supplementary Table S5**).

13 The E-value can be used to assess whether confounding by e.g. smoking may explain the observed association.
14 To fully explain the observed OR of 1.33, a confounder would have to be associated with both ACEI use and
15 with lung cancer, each by a risk ratio of 1.99 or more, in addition to the confounders we were able to measure
16 and adjust for (**Figure 5**).

17

18

19 **Discussion**

20 We examined whether high use of ACEIs was associated with increased risk of lung cancer and whether the
21 association varied with lung cancer histology. Use of a high cumulative ACEI dose was associated with a 33%
22 increased risk of lung cancer. The increased risk was confined to high cumulative doses of ACEIs and not
23 apparent with doses below approximately 3650 DDDs. We did not observe strong evidence that the increased
24 risk was linked to a specific histological type of lung cancer.

25 Our main findings are compatible with the findings of the study we aimed to replicate, where a hazard ratio of
26 1.31 (95% CI 1.08 to 1.59) for more than 10 years of ACEI use was reported.² However, while we found no

1 associations with ever-use and lower cumulative doses, the previous study reported a HR of 1.14 (95% CI 1.01 to
2 1.29) for ever-use of ACEIs. We included 915 lung cancer patients with exposure to high cumulative ACEI
3 doses compared to 197 exposed lung cancer patients in the UK study. As the previous study, we had a long
4 follow up, included only new users of ACEIs or ARBs minimizing the risk of prevalent user bias and used an
5 active comparator to minimize confounding by indication. Further, applying a risk-set sampling scheme avoided
6 time-window biases and allowed for time-varying exposure. Previous observational studies have produced
7 conflicting findings with increased^{17–19} as well as neutral risks^{20–23} for ACEIs associated with lung cancer. Of
8 these studies, only one was designed specifically to assess the association with ACEIs and lung cancer and
9 reported a neutral association. This study had a maximum follow-up of 5 years, thus the lack of an association
10 reported in that study is not incompatible with our findings of no association with low cumulative doses.²³
11 Evidence from randomized controlled trials (RCT) is sparse. Two meta-analyses have assessed whether ACEIs
12 increase overall cancer risk and reported neutral risk ratios of 1.01 (95% CI 0.95 – 1.07)²⁴ and 1.00 (95% CI 0.92
13 – 1.09).²⁵ Of note, the mean follow up for the included RCTs was 3.5 years. To our knowledge, there is currently
14 no published meta-analyses of RCTs regarding the risk of lung cancer specifically. Although the limited follow-
15 up and relatively small sample size of RCTs render it difficult to detect these a small relative risk increase, a meta-
16 analysis of RCT data on ACEIs and lung cancer is warranted considering the available observational evidence.

17 There is a biologic rationale that ACEIs could promote development of lung cancer. Inhibition of the
18 angiotensin converting enzyme results in accumulation of bradykinin in the lung.²⁶ Bradykinin receptors are
19 present in human lung cancer tissue,^{3,27} and may stimulate growth of lung cancer through release of vascular
20 endothelial growth factor promoting angiogenesis and activation of matrix metalloproteinases.^{28,29} Further,
21 ACEIs result in accumulation of substance P associated with tumor proliferation and angiogenesis.⁴ Both ARBs
22 and ACEIs act on the renin-angiotensin-aldosterone system, however, unlike ACEIs, ARBs do not cause
23 accumulation of bradykinin in lung tissue. Other biological studies show that the ACEI captopril inhibited tumor
24 growth and metastasis in mice,³⁰ thus, the biological evidence is conflicting with regards to the potential
25 carcinogenic effect of ACEIs on lung cancer.

1 In the present study, the OR was highest for small cell carcinomas, however, the confidence intervals were wide
2 when stratifying by lung cancer type and when using thiazides as active comparator, the ORs for small cell
3 carcinoma associated with ACEIs were close to unity. Further, we are not aware of biological mechanisms that
4 would explain an increased risk of small cell carcinomas in favor of other lung cancer types. Rather, bradykinin
5 receptors are expressed in both small cell carcinoma and non-small cell carcinomas of the lung.²⁷

6 We were not able to adjust for smoking and BMI. Thus, residual confounding is possible, however, substantial
7 imbalance in the prevalence of smoking between users of ACEIs and ARBs is not likely. For example, there was
8 little difference in the prevalence of smokers between ACEI users (48%) and ARB users (42%) in the study we
9 replicated.² Assuming that the prevalence of smoking is distributed similarly in the Danish population
10 (corresponding to a relative risk of 1.14 for smoking associated with ACEI use compared to ARBs) smoking
11 alone would not be able to explain away the association entirely even with implausibly strong associations
12 between lung cancer and smoking.³¹ Other possible confounders include diet, radon exposure and family history
13 of lung cancer. Considering the modest relative risk increase from our main analyses, we acknowledge that
14 residual confounding and potentially several confounders acting together to explain the observed association is
15 difficult to rule out with confidence.

16 ACEIs commonly cause dry cough that may lead to increased diagnostic workup and increased likelihood of
17 detection of lung cancer. If detection bias were to explain our findings, we would expect that the association
18 would be strongest with no lag period and disappear with increasing lag periods. Further, a previous study
19 reported that initiators of ACEIs had slightly more chest X-rays taken compared to ARB initiations during the
20 first 6 months after initiation but found no evidence of differential workup with regards to CT-scans, MRIs, or
21 bronchoscopies.²³

22 The lag time analyses showed slightly attenuated associations when no-lag time was applied, while the point
23 estimates were robust when the lag-time was increased to 3 and 4 years. This finding could be due to random
24 error given the width of the confidence intervals or could indicate that recent use is not likely to affect cancer
25 risk and inclusion of such exposure will dilute the obtained effect estimates. Identification of lung cancer cases
26 was based on the Danish Cancer Registry with a high sensitivity in capturing lung cancer diagnoses. The

1 specificity with regards to lung cancer has not been reported. However, the Danish Cancer Registry requires
2 histological verification of all reported cancers and has complete and accurate data in general.⁷

3 We chose ARBs as active comparator since this drug class to some extent have the same indications as ACEIs.
4 In Denmark, the first ACE inhibitor, captopril, was introduced in 1982 and the first ARB, losartan, was
5 introduced in 1995. The uptake of ARBs happened gradually and was initially recommended only for patients
6 with side effects to other antihypertensives or treatment resistant hypertension.³² ARBs were increasingly
7 recommended as first-line agents along with ACEIs from 2004 and onwards.³³ Prices of ARBs in Denmark
8 dropped significantly in 2008 where generic competition was introduced. Thus, there may be unmeasured
9 factors, especially early in the study period, that channeled patients towards either ACEIs or ARBs. We adjusted
10 for highest achieved education as a proxy for socioeconomic status and during the entire study period, both
11 ACEIs and ARBs were eligible for reimbursement with a maximal self-payment of medicine costs of
12 approximately 600 USD each year. Further, the fact that we observed similar point estimates using thiazides as
13 active comparator speaks against these potential confounding factors as having influenced the results. Thiazides
14 are low-priced, were available in Denmark before ACEIs, and are also first-line agents for treatment of
15 hypertension.

16 A potential issue with ARBs as an active comparator is that their association with lung cancer is unclear. Two
17 meta-analyses of RCTs reported an approximately 25% increased risk of lung cancer in patients assigned to
18 ARBs compared to placebo or other antihypertensives.^{24,34} However, another meta-analysis of 15 RCTs did not
19 report an increased risk of lung cancer with ARBs reporting a risk ratio of 1.01 (0.90 – 1.14).³⁵ In July 2018, it
20 was reported that some valsartan products were contaminated with the carcinogenic substance N-
21 nitrosodimethylamine from 2012 and onwards. This is unlikely to have influenced on our findings, since
22 valsartan has a small market share compared to other ARBs in Denmark,³⁶ and since no associations with lung
23 cancer was found in a Danish cohort study comparing users of contaminated valsartan to uncontaminated
24 valsartan.³⁷

25 In conclusion, this study adds to the evidence of an association between use of high cumulative doses of ACEIs
26 and modestly increased risk of lung cancer. Given the small effect sizes, bias from confounding is difficult to rule

1 out with certainty. Thus, these findings need further replication and a meta-analysis of RCTs to evaluate risk of
2 lung cancer with long-term ACEI use would be important. Further, the long-established benefits of ACEI
3 therapy should be considered when interpreting these findings.

4

5 **Acknowledgements**

6 Dr. Laurent Azoulay holds a Chercheur-Boursier Senior Award from the Fonds de la Recherche du Québec -
7 Santé and is the recipient of a William Dawson Scholar Award from McGill University. Blánaid Hicks hold a
8 Cancer Research UK Population Research Postdoctoral Fellowship and a Vice Chancellor's Fellowship from
9 Queen's University Belfast.

10

11 **Sources of Funding**

12 This work was supported by a grant from Independent Research Fund Denmark (grant 8020-00176B) and the
13 Research Fund of the Region of Southern Denmark (grant 17/33580) to KBK. The funding sources had no
14 influence on the study design; on the collection, analysis and interpretation of data; or on the writing of the
15 report; and the decision to submit the paper for publication

16

17 **Disclosures**

18 KBK, BH, and KBK report no conflicts. Laurent Azoulay served as a consultant for Janssen and Pfizer for work
19 unrelated to this study.

20

21 **Ethical approval**

22 According to Danish law, studies based solely on anonymized registry data do not require ethical approval.

23

1 References

- 2 1. Messerli FH, Bangalore S, Bavishi C, Rimoldi SF. Angiotensin-Converting Enzyme Inhibitors in
3 Hypertension. *J Am Coll Cardiol*. 2018;71:1474–1482.
- 4 2. Hicks BM, Filion KB, Yin H, Sakr L, Udell JA, Azoulay L. Angiotensin converting enzyme inhibitors and
5 risk of lung cancer: population based cohort study. *BMJ*. 2018;k4209.
- 6 3. Golias C, Charalabopoulos A, Stagikas D, Charalabopoulos K, Batistatou A. The kinin system--bradykinin:
7 biological effects and clinical implications. Multiple role of the kinin system--bradykinin. *Hippokratia*.
8 2007;11:124–128.
- 9 4. Muñoz M, Coveñas R. Involvement of substance P and the NK-1 receptor in human pathology. *Amino*
10 *Acids*. 2014;46:1727–1750.
- 11 5. Schmidt M, Pedersen L, Sorensen HT. The Danish Civil Registration System as a tool in epidemiology. *Eur*
12 *J Epidemiol*. 2014;29:541–9.
- 13 6. Pottegård A, Schmidt SAJ, Wallach-Kildemoes H, Sørensen HT, Hallas J, Schmidt M. Data Resource
14 Profile: The Danish National Prescription Registry. *Int J Epidemiol*. 2017;46:798–798f.
- 15 7. Gjerstorff ML. The Danish Cancer Registry. *Scand J Public Health*. 2011;39:42–5.
- 16 8. Friis S, Jørgensen T, Mellekjær L, Olsen JH. Validation of The Danish Cancer Registry and selected
17 Clinical Cancer Databases [Internet]. 2012 [cited 2019 Feb 1]; Available from:
18 <https://sundhedsdatastyrelsen.dk/da/registre-og-services/om-de-nationale-sundhedsregistre/sygedomme->
19 [laegemidler-og-behandlinger/cancerregisteret](https://sundhedsdatastyrelsen.dk/da/registre-og-services/om-de-nationale-sundhedsregistre/sygedomme-laegemidler-og-behandlinger/cancerregisteret)
- 20 9. Schmidt M, Schmidt SAJ, Sandegaard JL, Ehrenstein V, Pedersen L, Sørensen HT. The Danish National
21 Patient Registry: a review of content, data quality, and research potential. *Clin Epidemiol*. 2015;449.
- 22 10. Schneeweiss S, Rassen JA, Brown JS, Rothman KJ, Happe L, Arlett P, Dal Pan G, Goettsch W, Murk W,
23 Wang SV. Graphical Depiction of Longitudinal Study Designs in Health Care Databases. *Ann Intern Med*.
24 2019;170:398.
- 25 11. Suissa S. The Quasi-cohort Approach in Pharmacoepidemiology: Upgrading the Nested Case–Control.
26 *Epidemiology*. 2015;26:242–246.
- 27 12. WHO Collaborating Centre for Drug Statistics Methodology. Guidelines for ATC classification and DDD
28 assignment 2018 [Internet]. Oslo, Norway: 2017. Available from: www.whocc.no
- 29 13. Pottegård A, Hallas J. New use of prescription drugs prior to a cancer diagnosis. *Pharmacoepidemiol Drug Saf*.
30 2016;26:223–227.
- 31 14. Travis WD, Brambilla E, Muller-Hermelink HK, Harris CC. World Health Organization Classification of
32 Pathology and Genetics of Tumours of the Lung, Pleura, Thymus and Heart. Lyon: IARC Press; 2004.
- 33 15. Harrell , FE. Regression Modeling Strategies [Internet]. Cham: Springer International Publishing; 2015
34 [cited 2019 Jan 18]. Available from: <http://link.springer.com/10.1007/978-3-319-19425-7>
- 35 16. VanderWeele TJ, Ding P. Sensitivity Analysis in Observational Research: Introducing the E-Value. *Ann*
36 *Intern Med*. 2017;167:268.

- 1 17. Azoulay L, Assimes TL, Yin H, Bartels DB, Schiffrin EL, Suissa S. Long-Term Use of Angiotensin
2 Receptor Blockers and the Risk of Cancer. *PLoS ONE*. 2012;7:e50893.
- 3 18. Pasternak B, Svanström H, Callréus T, Melbye M, Hviid A. Use of Angiotensin Receptor Blockers and the
4 Risk of Cancer. *Circulation*. 2011;123:1729–1736.
- 5 19. Bhaskaran K, Douglas I, Evans S, van Staa T, Smeeth L. Angiotensin receptor blockers and risk of cancer:
6 cohort study among people receiving antihypertensive drugs in UK General Practice Research Database.
7 *BMJ*. 2012;344:e2697–e2697.
- 8 20. Friis S, Sorensen HT, Mellekjaer L, McLaughlin JK, Nielsen GL, Blot WJ, Olsen JH. Angiotensin-
9 converting enzyme inhibitors and the risk of cancer: a population-based cohort study in Denmark. *Cancer*.
10 2001;92:2462–70.
- 11 21. Hallas J, Christensen R, Andersen M, Friis S, Bjerrum L. Long term use of drugs affecting the renin-
12 angiotensin system and the risk of cancer: a population-based case-control study. *Br J Clin Pharmacol*.
13 2012;74:180–188.
- 14 22. Chang C-H, Lin J-W, Wu L-C, Lai M-S. Angiotensin Receptor Blockade and Risk of Cancer in Type 2
15 Diabetes Mellitus: A Nationwide Case-Control Study. *J Clin Oncol*. 2011;29:3001–3007.
- 16 23. Gokhale M, Girman C, Chen Y, Pate V, Funk MJ, Stürmer T. Comparison of diagnostic evaluations for
17 cough among initiators of angiotensin converting enzyme inhibitors and angiotensin receptor blockers:
18 Diagnostic Workup in Antihypertensive Drug Initiators. *Pharmacoepidemiol Drug Saf*. 2016;25:512–520.
- 19 24. Sipahi I, Debanne SM, Rowland DY, Simon DI, Fang JC. Angiotensin-receptor blockade and risk of
20 cancer: meta-analysis of randomised controlled trials. *Lancet Oncol*. 2010;11:627–636.
- 21 25. Bangalore S, Kumar S, Kjeldsen SE, Makani H, Grossman E, Wetterslev J, Gupta AK, Sever PS, Gluud C,
22 Messerli FH. Antihypertensive drugs and risk of cancer: network meta-analyses and trial sequential analyses
23 of 324 168 participants from randomised trials. *Lancet Oncol*. 2011;12:65–82.
- 24 26. Campbell DJ, Kladis A, Duncan AM. Effects of converting enzyme inhibitors on angiotensin and
25 bradykinin peptides. *Hypertension*. 1994;23:439–449.
- 26 27. Bunn PA, Chan D, Dienhart DG, Tolley R, Tagawa M, Jewett PB. Neuropeptide signal transduction in
27 lung cancer: clinical implications of bradykinin sensitivity and overall heterogeneity. *Cancer Res*. 1992;52:24–
28 31.
- 29 28. Ishihara K, Hayashi I, Yamashina S, Majima M. A Potential Role of Bradykinin in Angiogenesis and
30 Growth of S-180 Mouse Tumors. *Jpn J Pharmacol*. 2001;87:318–326.
- 31 29. Stewart J. Bradykinin Antagonists as Anti-Cancer Agents. *Curr Pharm Des*. 2003;9:2036–2042.
- 32 30. Rosenthal T, Gavras I. Angiotensin inhibition and malignancies: a review. *J Hum Hypertens*. 2009;23:623–
33 635.
- 34 31. Schneeweiss S. Sensitivity analysis and external adjustment for unmeasured confounders in epidemiologic
35 database studies of therapeutics. *Pharmacoepidemiol Drug Saf*. 2006;15:291–303.
- 36 32. Kampmann JP, Thirstrup S. Angiotensin II antagonist: Sjældent indiceret. [Internet]. 2000; Available
37 from: [https://www.sst.dk/da/rationel-
38 farmakoterapi/maanedstbladet/2000/~//media/1986B497427611090191BB9488D7509C.ashx](https://www.sst.dk/da/rationel-farmakoterapi/maanedstbladet/2000/~//media/1986B497427611090191BB9488D7509C.ashx)

- 1 33. Elung-Jensen T, Feldt-Rasmussen B. ACE-hæmmere vs. AT-II-antagonister –hvilken behandling skal man
2 vælge? [Internet]. 2004;Available from: [https://www.sst.dk/da/rationel-](https://www.sst.dk/da/rationel-farmakoterapi/maanedstidende/2004/~/_media/DE71FF9583E2168A23519F163F9C1D18.ashx)
3 [farmakoterapi/maanedstidende/2004/~/_media/DE71FF9583E2168A23519F163F9C1D18.ashx](https://www.sst.dk/da/rationel-farmakoterapi/maanedstidende/2004/~/_media/DE71FF9583E2168A23519F163F9C1D18.ashx)
- 4 34. FDA medical review: NDA 207620, LCZ696 (Entresto), Novartis. [Internet]. 2015 [cited 2019 Oct
5 8];Available from:
6 https://www.accessdata.fda.gov/drugsatfda_docs/nda/2015/207620Orig1s000MedR.pdf
- 7 35. The ARB Trialists Collaboration. Effects of telmisartan, irbesartan, valsartan, candesartan, and losartan on
8 cancers in 15 trials enrolling 138 769 individuals: *J Hypertens*. 2011;29:623–635.
- 9 36. Based on calculations of data from the Danish online drug use statistics medstat.dk [Internet]. [cited 2017
10 Nov 18];Available from: <http://www.medstat.dk/>
- 11 37. Pottegård A, Kristensen KB, Ernst MT, Johansen NB, Quartarolo P, Hallas J. Use of N-
12 nitrosodimethylamine (NDMA) contaminated valsartan products and risk of cancer: Danish nationwide
13 cohort study. *BMJ*. 2018;k3851.

14

15

- 1 **Figure and table legends**
- 2 **Table 1** Characteristics of lung cancer cases and matched controls
- 3 **Table 2** Odds ratios for lung cancer associated with angiotensin converting enzyme inhibitors compared to
4 angiotensin receptor blockers
- 5 **Table 3** Odds ratios for lung cancer associated with high use of angiotensin converting enzyme inhibitors
6 compared to high use of angiotensin receptor blockers by patient characteristics
- 7 **Figure 1** Study timeline
- 8 **Figure 2** Flowchart of selection of cases
- 9 **Figure 3** Association between cumulative dose of angiotensin converting enzyme inhibitors in defined daily
10 doses (DDD) and lung cancer
- 11 **Figure 4** Association between use of high cumulative doses of angiotensin converting enzyme inhibitors and risk
12 of lung cancer in supplementary analyses
- 13 **Figure 5** Joint values of the minimum strength of association between smoking and ACEIs and smoking and
14 lung cancer to fully explain away the observed point estimate of 1.33. The dashed vertical line indicates the
15 expected imbalance between smokers and non-smokers for ACEI users compared to ARB users.
- 16
- 17
- 18
- 19

1 **Table 1 Characteristics of lung cancer cases and matched controls**

Patient characteristic ^a	Cases	Controls		
	(n=9652)	All controls (n=190,055)	ACEI exposed ^b (n=104,860)	ARB exposed ^c (n=36,474)
Sex, no (%)				
Male	5341 (55.3%)	105,059 (55.3%)	61,683 (58.8%)	18,723 (51.3%)
Female	4311 (44.7%)	84,996 (44.7%)	43,177 (41.2%)	17,751 (48.7%)
Age, mean (SD), years	71.2 (8.6)	71.4 (8.2)	71.4 (8.3)	70.7 (8.4)
Follow-up, mean (SD) years	5.6 (3.2)	5.6 (3.2)	5.1 (3.0)	5.2 (3.2)
Lung cancer histology, no (%)				
Adenocarcinoma	4048 (41.9%)	-	-	-
Squamous cell carcinoma	2321 (24.0%)	-	-	-
Small cell carcinoma	1637 (17.0%)	-	-	-
Other non-small cell carcinoma	1646 (17.1%)	-	-	-
Clinical stage of lung cancer, no (%)				
Stage IA-IIIB	1923 (19.9%)	-	-	-
Stage III	2138 (22.2%)	-	-	-
Stage IV	4987 (51.7%)	-	-	-
Unknown	604 (6.3%)	-	-	-
Use of other antihypertensive drugs, no (%)^d				
Alpha blockers	102 (1.1%)	2241 (1.2%)	1265 (1.2%)	481 (1.3%)
Beta blockers	2413 (25.0%)	45,093 (23.7%)	24,243 (23.1%)	8892 (24.4%)
Calcium channel blockers	1580 (16.4%)	29,966 (15.8%)	15337 (14.6%)	6575 (18.0%)
Centrally acting antihypertensives	24 (0.2%)	470 (0.2%)	210 (0.2%)	121 (0.3%)
Thiazides	2621 (27.2%)	54,687 (28.8%)	29,263 (27.9%)	10410 (28.5%)
Renin inhibitors	(n<5)	23 (0.0%)	8 (0.0%)	14 (0.0%)
No. of unique drug classes used, no (%)^d				
0	1160 (12.0%)	26,224 (13.8%)	15,284 (14.6%)	4639 (12.7%)
1	1016 (10.5%)	24,564 (12.9%)	13,918 (13.3%)	4704 (12.9%)
2	1072 (11.1%)	24,921 (13.1%)	13,938 (13.3%)	4656 (12.8%)
3	1036 (10.7%)	23,321 (12.3%)	12,859 (12.3%)	4474 (12.3%)
>=4	5368 (55.6%)	91,025 (47.9%)	48,861 (46.6%)	18001 (49.4%)
Statin use, no (%)^d	1914 (19.8%)	32,880 (17.3%)	19,078 (18.2%)	5753 (15.8%)
Medical history, no (%)^d				
Lung diseases (COPD, pneumonia, tuberculosis)	1702 (17.6%)	16,915 (8.9%)	10,216 (9.7%)	2836 (7.8%)
Alcohol related conditions	657 (6.8%)	6401 (3.4%)	3971 (3.8%)	1047 (2.9%)
Education, no (%)				
Short	4772 (49.4%)	79,924 (42.1%)	45,801 (43.7%)	14130 (38.7%)
Medium	3463 (35.9%)	69,843 (36.7%)	38,024 (36.3%)	13,431 (36.8%)
Long	1025 (10.6%)	31,772 (16.7%)	16,171 (15.4%)	7238 (19.8%)
Unknown	392 (4.1%)	8516 (4.5%)	4864 (4.6%)	1675 (4.6%)

ACEI: Angiotensin converting enzyme, ARB: Angiotensin receptor blocker, SD: Standard deviation, COPD: Chronic obstructive pulmonary disease

^a Characteristics were measured at the time of diagnosis or sampling (index date) unless mentioned otherwise

^b Exposed controls defined as ever-users of ACEIs with no use of ARBs

^c Unexposed controls defined as ever-users of ARBs with no use of ACEIs

^d Measured before cohort entry, i.e. initiation of ACEIs or ARBs.

1 **Table 2 Odds ratios for lung cancer associated with use of angiotensin converting enzyme inhibitors**
 2 **compared to angiotensin receptor blockers**

	Cases exposed to ACEI/ARB	Controls exposed to ACEI/ARB	Unadjusted OR ^a	Adjusted OR ^b
Lung cancer overall				
Ever use of ACEI	5470/1772	104,860/36,474	1.08 (1.02-1.15)	1.04 (0.98-1.10)
High use of ACEI (>3650 DDD) ^c	915/151	16,110/3446	1.37 (1.12-1.68)	1.33 (1.08-1.62)
Cumulative dose of ACEI (DDD)				
≤1800	3500/1224	67,823/24,813	1.06 (0.98-1.13)	1.01 (0.94-1.09)
1801-3650	1055/397	20,931/8215	1.06 (0.92-1.22)	1.03 (0.90-1.19)
>3650	915/151	16,106/3446	1.37 (1.12-1.68)	1.33 (1.08-1.62)
Test for trend	5470	10,4860	P-value<0.001	P-value<0.001
Adenocarcinoma				
Ever use of ACEI	2225/777	43,334/15,141	1.00 (0.92-1.10)	0.97 (0.89-1.06)
High use of ACEI (>3650 DDD) ^c	388/74	6946/1517	1.19 (0.89-1.59)	1.15 (0.86-1.55)
Cumulative dose of ACEI (DDD)				
≤1800	1390/518	27,589/10,143	0.98 (0.88-1.10)	0.95 (0.85-1.06)
1801-3650	447/185	8799/3481	0.98 (0.80-1.20)	0.94 (0.76-1.16)
>3650	388/74	6946/1517	1.19 (0.89-1.59)	1.15 (0.86-1.55)
Test for trend	2225	43334	P-value: 0.19	P-value: 0.22
Squamous cell carcinoma				
Ever use of ACEI	1351/394	25,633/8413	1.14 (1.01-1.29)	1.08 (0.96-1.22)
High use of ACEI (>3650 DDD) ^c	244/37	4171/873	1.57 (1.05-2.35)	1.45 (0.96-2.19)
Cumulative dose of ACEI (DDD)				
≤1800	836/274	16,188/5548	1.06 (0.92-1.23)	1.00 (0.86-1.16)
1801-3650	271/83	5276/1992	1.15 (0.86-1.53)	1.13 (0.84-1.52)
>3650	244/37	4169/873	1.57 (1.05-2.35)	1.45 (0.96-2.19)
Test for trend	1351	25633	P-value: 0.025	P-value: 0.014
Small cell carcinoma				
Ever use of ACEI	949/287	17,866/6328	1.19 (1.04-1.37)	1.14 (0.99-1.32)
High use of ACEI (>3650 DDD) ^c	145/20	2540/516	1.58 (0.94-2.65)	1.54 (0.90-2.62)
Cumulative dose of ACEI (DDD)				
≤1800	631/199	11,910/4393	1.22 (1.02-1.45)	1.18 (0.99-1.40)
1801-3650	173/68	3417/1419	1.15 (0.82-1.62)	1.08 (0.76-1.53)
>3650	145/20	2539/516	1.58 (0.94-2.65)	1.54 (0.90-2.62)
Test for trend	949	17,866	P-value: 0.15	P-value: 0.18
Other non-small cell carcinoma				
Ever use of ACEI	945/314	18,027/6592	1.10 (0.96-1.26)	1.06 (0.92-1.21)
High use of ACEI (>3650 DDD) ^c	138/20	2453/540	1.47 (0.85-2.53)	1.48 (0.85-2.59)
Cumulative dose of ACEI (DDD)				
≤1800	643/233	12,136/4729	1.08 (0.92-1.27)	1.05 (0.89-1.24)
1801-3650	164/61	3439/1323	1.10 (0.77-1.56)	1.11 (0.77-1.59)
>3650	138/20	2452/540	1.47 (0.85-2.53)	1.48 (0.85-2.59)
Test for trend	945	18,027	P-value: 0.058	P-value: 0.062

ARB: angiotensin receptor blockers; ACEI: Angiotensin converting enzyme inhibitors; OR: Odds ratio; DDD: Defined daily dose

^a Adjusted for age, sex, calendar time, year of initiation of ACEI/ARB and follow-up duration by design (matching)

^b Adjusted for alcohol related conditions, lung diseases (pneumonia, tuberculosis, chronic obstructive lung disease), use of statins, total number of filled prescriptions for unique drug classes the year before cohort entry, and highest achieved education.

^c High use of ACEIs was the predefined main exposure of interest

1 **Table 3 Odds ratios for lung cancer associated with high use of angiotensin converting enzyme**
 2 **compared to high use of angiotensin receptor blockers by patient characteristics**

Subgroup	Cases exposed to ACEI/ARB	Controls exposed to ACEI/ARB	Adjusted OR ^a	Adjusted OR ^b	P-value ^c
Sex					0.59
Male	571 / 73	10,392 / 1802	1.44 (1.10-1.90)	1.40 (1.06-1.84)	
Female	344 / 78	5718 / 1644	1.29 (0.96-1.73)	1.25 (0.93-1.68)	
Age					0.94
<65 years	151 / 22	2543 / 479	1.29 (0.75-2.21)	1.21 (0.70-2.10)	
65-75 years	438 / 64	7719 / 1624	1.39 (1.02-1.89)	1.36 (0.99-1.85)	
>=75 years	326 / 65	5848 / 1343	1.38 (1.02-1.87)	1.34 (0.99-1.81)	
No heart failure	815 / 148	14,684 / 3402	1.36 (1.11-1.66)	1.32 (1.08-1.63)	0.33
No ischemic heart disease	688 / 135	12,754 / 3175	1.33 (1.08-1.65)	1.28 (1.03-1.59)	0.96
No diabetes	770 / 134	13,373 / 3058	1.39 (1.12-1.72)	1.34 (1.08-1.67)	0.86
Clinical stage					0.65
Stage IA-IIIB	203 / 34	3542 / 791	1.39 (0.91-2.12)	1.35 (0.88-2.07)	
Stage III	200 / 42	3646 / 791	1.14 (0.76-1.69)	1.08 (0.72-1.62)	
Stage IV	474 / 72	8351 / 1750	1.46 (1.10-1.94)	1.42 (1.06-1.89)	
Unknown	(n<5)	571 / 114	(-)	(-)	

^a Adjusted for age, sex, calendar time and year of initiation of ACEI/ARB by design (matching)

^b Adjusted for alcohol related conditions, lung diseases (pneumonia, tuberculosis, chronic obstructive lung disease), use of statins, total number of filled prescriptions for unique drug classes the year before cohort entry, and highest achieved education.

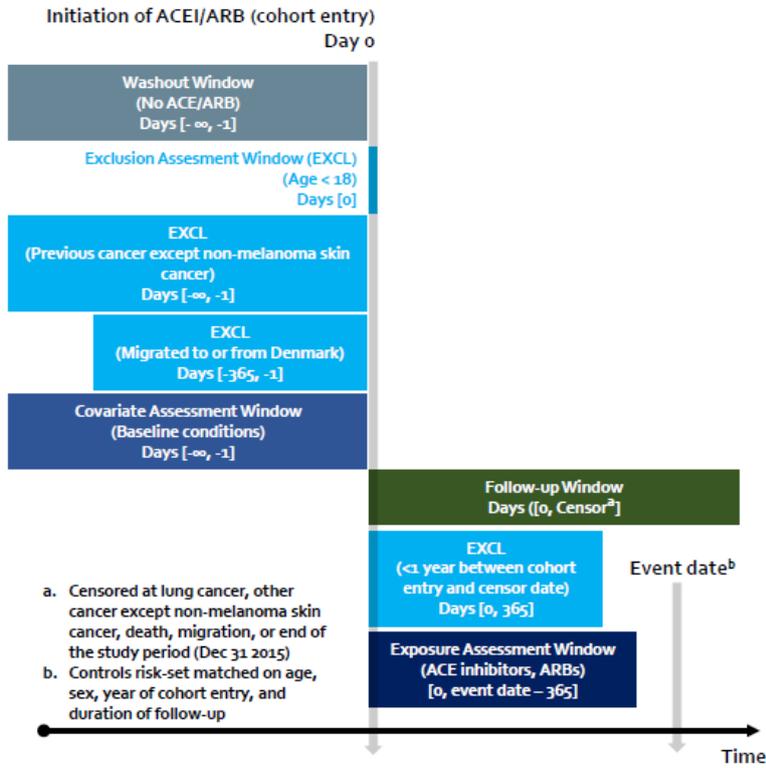
^c P-values from a likelihood ratio test of the model without interaction terms nested in the model with interaction terms corresponding to the subgroup of interest

3

4

5

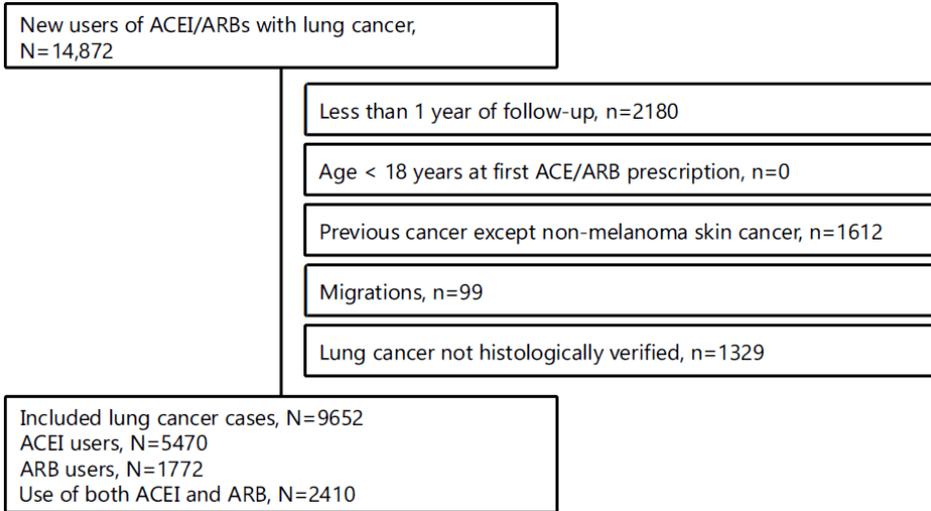
1 **Figure 1** Study timeline



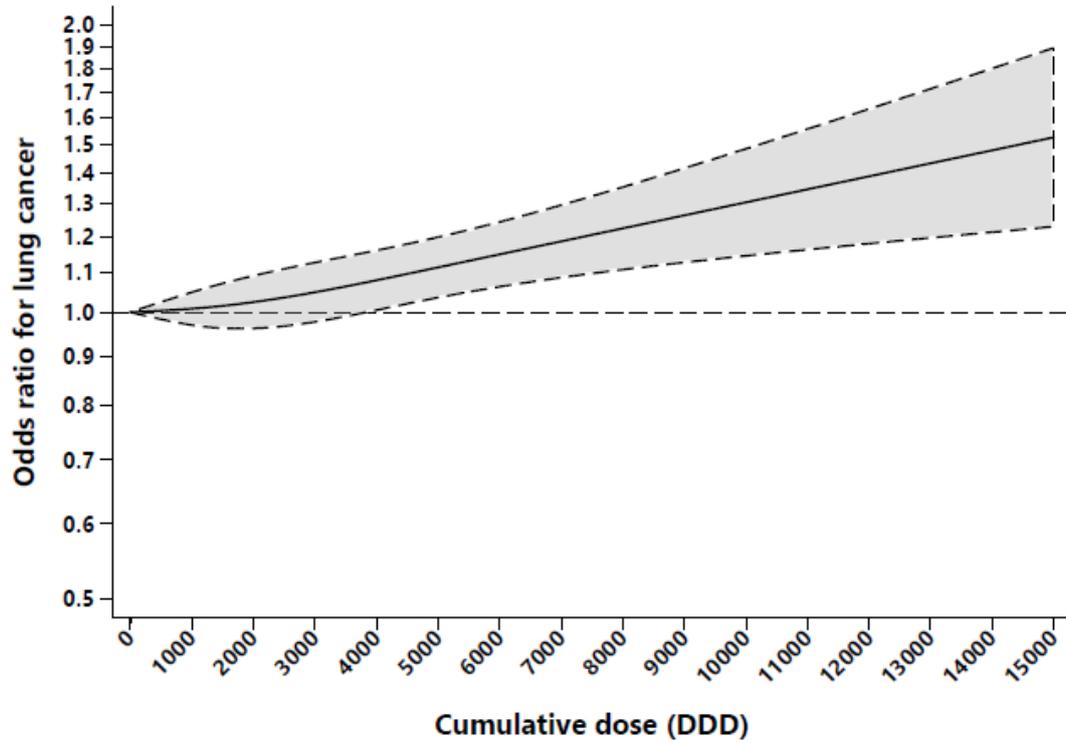
2

3

1 **Figure 2** Flowchart of selection of cases



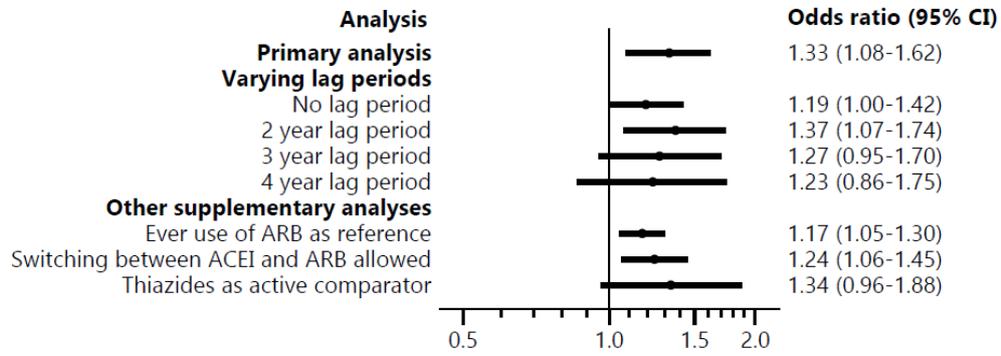
1 **Figure 3** Association between cumulative dose of angiotensin converting enzyme inhibitors in defined daily
2 doses (DDD) and lung cancer



3

4

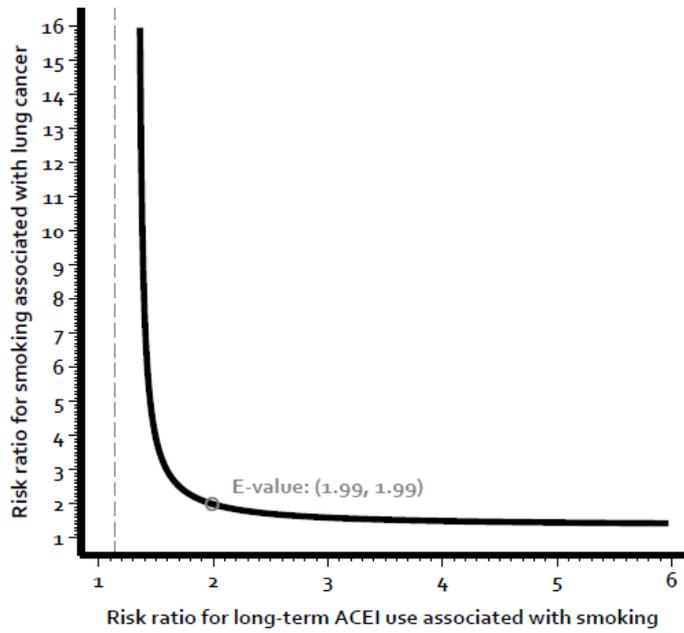
- 1 **Figure 4** Association between use of high cumulative doses of angiotensin converting enzyme inhibitors and risk
- 2 of lung cancer in supplementary analyses



3

4

1 **Figure 5** Joint values of the minimum strength of association between smoking and ACEIs and smoking and
2 lung cancer to fully explain away the observed point estimate of 1.33. The dashed vertical line indicates the
3 expected imbalance between smokers and non-smokers for ACEI users compared to ARB users.



4