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Emerging Technologies in the Delivery of Proteins and Peptides

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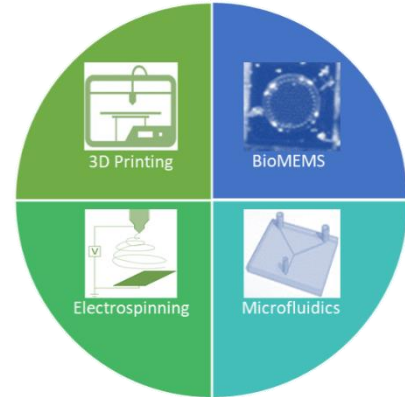
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1 Emerging Technologies in the Delivery of Proteins and Peptides

2 By Dimitrios A. Lamprou, Queen's University Belfast

3

4 Advances in drug design have led to the development of new drug
5 molecules peptides, and proteins. However, the limited ability to
6 deliver selectively these molecules at well-defined dosing regimens
7 remains a significant challenge. Therefore, new materials and
8 manufacturing techniques are emerging, with the ability to meet the
9 challenges associated with the formulation and delivery of
10 biopharmaceuticals and pharmaceuticals.



11

12 Emerging technologies (e.g., 3D Printing and Bioprinting, electrospinning, and Microfluidics), are aiming
13 to prepare systems that can be used for personalized medicine, be able to be adapted to patient's needs
14 and teach to old drugs new tricks^{1,2}. For example, proteins and peptides can be encapsulated into particles
15 formulated by microfluidics or be delivered using lab-on-a-chip approach or in combination with
16 microelectromechanical systems (MEMS and Biological MEMS). Biologic molecules can be encapsulated
17 in nanofibers by electrospinning for drug delivery and other biomedical applications (e.g., wound dressing
18 and tissue engineering). Peptide formulations can be combined with additive manufacturing (AM)
19 techniques for an effective delivery of biologics or to be used for the manufacturing of microneedles for
20 the delivery of vaccines.

21

22 Additive Manufacturing (3D Printing & Bioprinting)

23 AM is a promising set of technologies for the production of drug delivery systems and medical implants.
24 3D printing (3DP) has been widely explored for the manufacturing of dosage forms and drug delivery
25 systems, such as drug-eluting implants and for wound healing applications. The main advantage of AM is
26 the flexibility in the preparation of systems with variety of shapes and sizes, and the use of Food and Drug
27 Administration (FDA) approved polymers (synthetic and natural). The main AM technologies that have the
28 potential to be used for the delivery of proteins or peptides are Stereolithography (SLA), Digital Light
29 Processing (DLP), inkjet-based 3DP, pressure-assisted microsyringe (PAM) printing, and Bioprinting³. A

30 great progress has been made in the development of long-acting biologics for local or targeted
31 therapeutics. For example, Microneedles can be prepared by SLA for the delivery of proteins and peptides
32 through the skin, avoiding issues off the gastrointestinal tract. 3DP can also be used for the manufacturing
33 of patient-matched devices specific to their anatomy using data obtained by Nuclear magnetic resonance
34 (NMR) imaging or Computer tomography (CT), for example, implants for cancer treatment that loaded
35 with biologically active molecules. Moreover, antioxidant and anti-infective agents can incorporated
36 within 3DP-personalized systems. In addition, bioprinting has the potential to build objects using bioinks
37 that can contain cells or other biologic molecules that have incorporated into natural polymers. Our
38 facility hosts a large number of 3D printers (>15) that are covering every available printer in the market
39 (e.g., Bioprinters, DLP, FDM, Food, Pellet, SLA, SLS, and UV LCD).

40

41 **Electrohydrodynamic Processes (Electrospinning & Electrospaying)**

42 Electrospinning & Electrospaying are techniques that utilizes electric forces to create Nano- and
43 microfibers or microparticles. The process, involves applying electric charges across a metallic needle that
44 contains a polymeric solution⁴. The type of drugs being studied range from antibiotics to steroids. Medical
45 implants have also manufactured using Electrohydrodynamic (EHD) processes, since can be implanted at
46 the required tissue site, provide sustained released, provide low toxicity and reduce the chance of
47 unwanted reactions with irrelevant organs or tissue. EHD processes have be used for the delivery of
48 peptides and proteins using a variety of dosage forms such as oral films, vaginal meshes, and for wound
49 dressing applications. EHD process have also be used for the encapsulation of antibodies, enzymes,
50 growth factors, hormones, nucleic acids, Stem cells, and vaccine antigens. Our facility hosts three solution
51 electrospinning that can also be used as electrospaying for polymeric particle fabrication, and one melt
52 electrospinner, including co-axial electrospinning for the manufacturing of advance systems with multiple
53 drugs.

54

55 **Microfluidics & Nanofluidics**

56 Microfluidics (MFs) is a fluid technique that allows handling of fluids on a small scale using channels,
57 chambers, fluid paths and other features. It uses small volumes of liquids and allows the control of fluid
58 transport and the mixing of molecules for the manufacturing of delivery systems such as Poly Lactic-co-
59 Glycolic Acid (PLGA) or Liposomes loaded with biologic molecules⁵. MFs and Nanofluidics (NFs) market

60 includes drug delivery and in-vitro diagnostics, among many other applications. MFs have also all the
61 potential to be used in the fight against a pandemic for the manufacturing of vaccines or rapid diagnosis,
62 as have the ability to deliver cells or biologics and can greatly improve the efficacy of biologics as can
63 encapsulate and protect them from harsh environments, thus increasing their stability. Over 90 vaccines
64 are under development for COVID-19 across the world, and without the use of lipid nanoparticles that can
65 easily prepared by microfluidics techniques, there would be no possible to deliver mRNA, therefore,
66 having a successful vaccine for COVID-19. MF Lab-on-a-chip approach can be used for the detection of
67 viruses and also to test new drugs without the use of animals. Moreover, the technique is energetically
68 economical, convenient, cheaper and faster than traditional formulation methods, and molecules that
69 have not encapsulated into the particles can reuse, providing a sustainable and continues manufacturing.
70 Our microfluidic facility hosts five microfluidic devices, including temperature controllers and high-speed
71 microscope for the evaluation of the particles and flows in the microfluidic chips, including the
72 manufacturing of customized chips by 3DP.

73

74 **Microelectromechanical Systems (MEMS & BioMEMS)**

75 Microelectromechanical systems (MEMS & BioMEMS) allows the development of innovative devices for
76 variety of applications, including drug delivery. The use of MEMS and BioMEMS as point-of-care (PoC)
77 diagnostic devices and drug / protein delivery devices, in combination with 3D Printed (e.g., microneedles)
78 or MF systems have create new opportunities for the delivery of biologics and non-invasive continuous
79 diagnosis and monitoring of a disease¹. MEMS drug delivery devices can be manufactured with various
80 Nano- and Microstructures such as reservoirs, pumps, valves, and needles, as implantable, reservoir-
81 based or transdermal-based devices.

82

83 **Conclusions**

84 Advances in biotechnology have produced an increasing number of biopharmaceuticals. However, the
85 successful delivery of these molecules is a major challenge. Therefore, researchers are developing a
86 number of new delivery technologies and materials in order to enable the delivery of biologics. By using
87 emerging technologies, researchers can produce easier and faster systems that are safer and have better
88 properties than existed ones. Moreover, personalized delivery systems (e.g., nanomedicines) or medical
89 implants are also achievable. These novel methods of protein and peptide drug delivery systems showing

90 a promising future for therapeutics, and future innovations using emerging technologies may hold the key
91 for the development of biologics with optimal clinical properties.

92

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106 **About The Author:**

107 Dimitrios Lamprou (Ph.D. MBA) is a well-known expert in Emerging Technologies for
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