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## **Core Outcome Sets: Measuring Treatment Success by What Matters Most**

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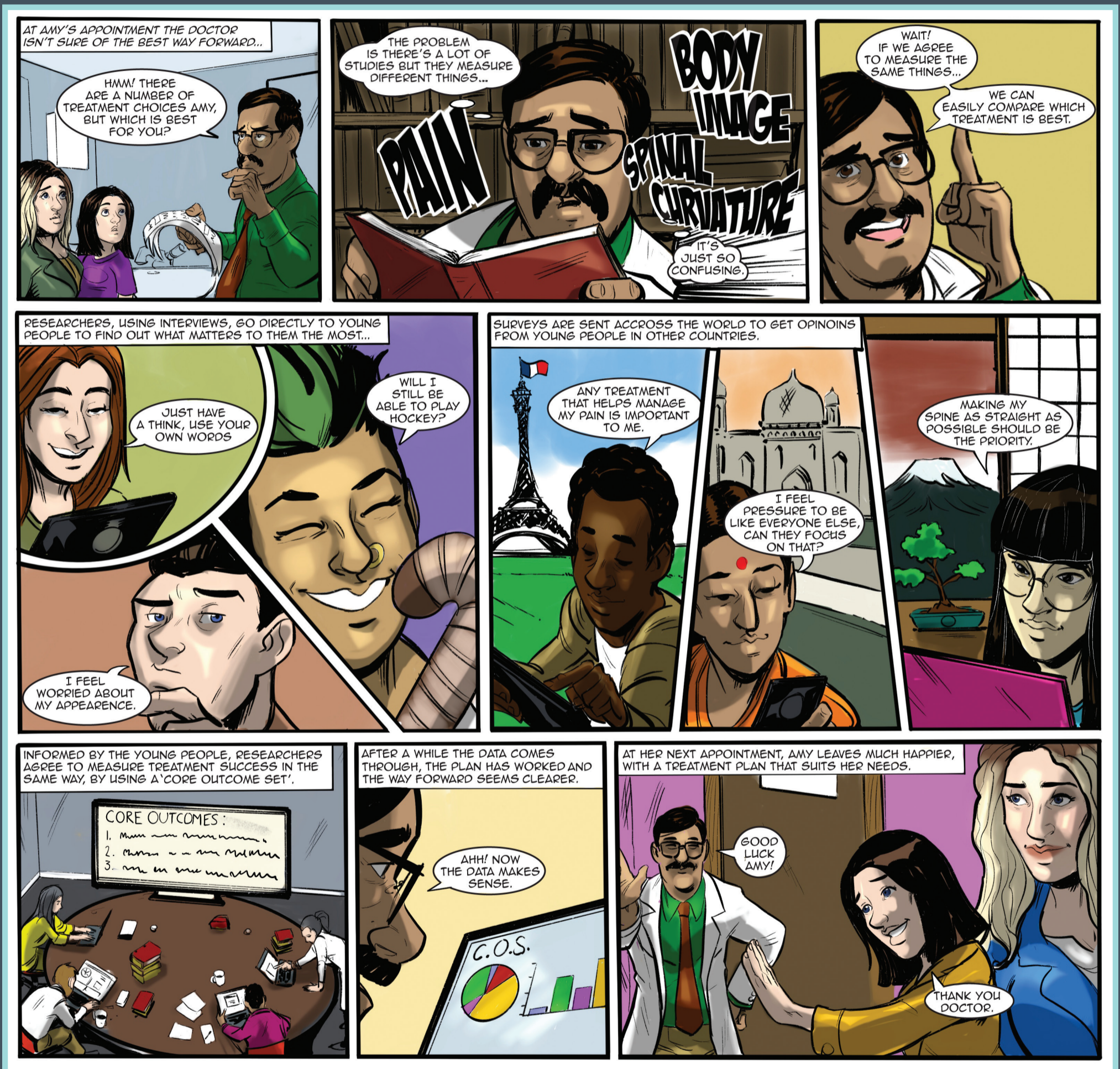
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# Core Outcome Sets

Measuring treatment success by what matters most

## What is a Core Outcome Set?

Take the example of a young person undergoing treatment for Scoliosis, a spinal condition...



A 'Core Outcome Set' includes a list of 'outcomes' that should be measured to test whether a treatment is successful. If we all measure the same outcomes which are important to young people, their families and healthcare professionals, we can more easily compare the findings from the different research studies. This gives us better information about which treatments work and which don't and helps people make better choices.

This resource was developed by the SPINE-COS-AYA project Young Personal Advisory Group, Dr Lisa Graham-Wisener, Dr Paul Toner & Dr Ciara Close.

