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Research Focus

I have been a consultant psychiatrist with the Northern Health and Social Care Trust since 1998. Since April 2000 I have been a Senior Lecturer in the Centre for Medical Education (Lead for Psychiatry) at The Queen's University of Belfast and continue to work as a Consultant Psychiatrist with the Northern Trust. Currently I am co-lead for an innovative service for young people with "at risk mental states"-that is, those thought to be at risk of developing a psychotic illness. I am Co-Clinical Lead of the Northern Ireland Clinical Research Network, Mental Health Special Interest Group. I am a Fellow of The Senator George J. Mitchell Institute for Global Peace, Security and Justice at Queen's University. I am Clinical Director of the Northern Ireland Regional Trauma Network, and have provided an advice to the Northern Ireland Office, The Executive Office, Department of Health, Department of Justice, the Commission for Victims and Survivors, the Victims and Survivors Service and the Veterans Commissioner..

Prizes and Awards

1995 Merck Research Prize Winner
1996 Senior Registrars Research Prize, Royal Academy of Medicine in Ireland.
1997 Northern Ireland D.H.S.S. Clinical Research Award
1997 Galloway Award Winer (Research Prize awarded by National Schizophrenia Fellowship in Northern Ireland)
1997 Northern Ireland Section Royal College of Psychiatrists Research Prize Winner
2009 Appointed Honorary Professor by the Bamford Centre for Mental Health Research at the Ulster University, Magee, Derry
2012 Elected Fellow of the Royal College of Psychiatrists
2017 Chairman's Prize, Northern Health and Social Care Trust
2022 Finalist QUB Excellence Awards

Employment

Clinical Senior Lecturer

School of Medicine, Dentistry and Biomedical Sciences
Queen's University Belfast
Belfast, United Kingdom
05 Apr 2000 → present

The Senator George J Mitchell Institute for Global Peace, Security and Justice

Queen's University Belfast
Belfast, United Kingdom
01 Aug 2016 → present

Centre for Evidence and Social Innovation

Queen's University Belfast
01 Aug 2016 → present

Research outputs

Academic psychiatry is everyone's business

Critchley, H. D., Tracy, D. K., Malhi, G. S., Alexander, L., Baldwin, D. S., Cavanagh, J., Chamberlain, S. R., Cipriani, A., Farooq, S., Hassiotis, A., Howes, O., Jauhar, S., Lawrie, S. M., Lagunes-Cordoba, E., Lingford-Hughes, A., Maccabe, J. H., Memon, I., Mulholland, C., Sami, M. & Sayal, K. & 9 others, Shankar, R., Sinclair, L., Sparasci, O., Staufenberg, E. F. A., Stirland, L. E., Stokes, P. R. A., Jones, C. W., Woodruff, P. W. R. & Young, A. H., 16 Oct 2024, (Early online date) In: British Journal of Psychiatry.

Posthospitalization COVID-19 cognitive deficits at 1 year are global and associated with elevated brain injury markers and gray matter volume reduction

Wood, G. K., Sargent, B. F., Ahmad, Z. U. A., Tharmaratnam, K., Dunai, C., Egbe, F. N., Martin, N. H., Facer, B., Pendered, S. L., Rogers, H. C., Hübel, C., van Wamelen, D. J., Bethlehem, R. A. I., Giunchiglia, V., Hellyer, P. J., Trender, W., Kalsi, G., Needham, E., Easton, A. & Jackson, T. A. & 31 others, Cunningham, C., Upthegrove, R., Pollak, T. A., Hotopf, M., Solomon, T., Pett, S. L., Shaw, P. J., Wood, N., Harrison, N. A., Miller, K. L., Jezzard, P., Williams, G., Duff, E. P., Williams, S., Smith, S. M., Bradley, J., Smith, S. M., Smith, C. J., Mulholland, C., McIntosh, A. M., McKeever, S., McGlinchey, E., McDonnell, G., Hughes, S., Butler, M., Bradley, J., Barrett, S., Baker, M. R., Armour, C., Allen, C. M. & COVID-CNS Consortium, 23 Sept 2024, (Early online date) In: *Nature Medicine*.

Developing and testing a community based, online vs. face-to-face peer led intervention to improve mental well-being in Cambodian adults with physical disabilities

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Parental physical activity, parental mental health, children's physical activity and children's mental health

Davidson, G., Bunting, L., McCartan, C., Grant, A., McBride, O., Mulholland, C., Nolan, E., Schubotz, D., Cameron, J. & Shevlin, M., 19 Jun 2024, In: *Frontiers in psychiatry*. 15, 10 p., 1405783.

Prevalence and risk factors of parental mental health problems: a cross-sectional study

Grant, A., McCartan, C., Davidson, G., Bunting, L., Cameron, J., McBride, O., Mulholland, C., Murphy, J., Nolan, E., Schubotz, D. & Shevlin, M., 12 Jun 2024, (Early online date) In: *International Journal of Mental Health Nursing*. 12 p.

Review of Troubles Permanent Disablement Payment Scheme (TPDPS)

Duffy, M., Mulholland, C. & Hull, A., 18 Apr 2024, Northern Ireland Office. 4 p.

Author Correction: Para-infectious brain injury in COVID-19 persists at follow-up despite attenuated cytokine and autoantibody responses

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Case study 1: the Omagh Bomb, the mental health response, and the lessons learned

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Mulholland, C., 31 Dec 2023, *Seachtain na hInchinne Cruthaithí: cruthú eolais*. Campbell, D. & Kelleher, B. (eds.). Dublin: Creative Aging International, p. 10-15

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Norton, M. J., Clabby, P., Coyle, B., Cruickshank, J., Davidson, G., Greer, K., Kilcommins, M., McCartan, C., McGuire, E., McGilloway, S., Mulholland, C., O'Connell-Gannon, M., Pepper, D., Shannon, C., Swords, C., Walsh, J. & Webb, P., 06 Nov 2023, 7 p.

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The structure of the Prodromal Questionnaire-16 (PQ-16) in a non-help-seeking youth population: Exploratory and confirmatory factor analyses study

Howie, C., Shevlin, M., Shannon, C., Davidson, G., Bunting, L., Grant, A., McBride, O., McCartan, C., Murphy, J., Nolan, E., Schubotz, D. & Mulholland, C., Nov 2023, In: Schizophrenia research. 261, p. 281-286 6 p.

Healthcare staff mental health trajectories during the COVID-19 pandemic: findings from the COVID-19 Staff Wellbeing Survey

Jordan, J.-A., Shannon, C., Browne, D., Maguire, J., Kerrigan, K., Carroll, E., Hannan, S., McCarthy, T., Tully, M., Mulholland, C. & Dyer, K. F. W., Jul 2023, In: BJPsych Open. 9, 4, 9 p., e112.

The influence of adverse and positive childhood experiences on young people's mental health and experiences of self harm and suicidal ideation

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Prevalence of probable eating disorders and associated risk factors: An analysis of the Northern Ireland Youth Wellbeing Survey using the SCOFF

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A rapid review to inform the further development of mental health rehabilitation services in Northern Ireland

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Recent policy developments in promotion and prevention: a scoping review of national plans in Finland, Ireland, New Zealand, Scotland and Wales

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Tempos difíceis, mentes aflitas: lições do conflito na Irlanda do Norte

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Tiempos turbulentos, mentes turbulentas Lecciones del conflicto de Irlanda del Norte

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Sparasci, O., Bhui, K., Biswas, A., Chamberlain, S., Dubicka, B., Dudas, R., Farooq, S., Ford, T., Husain, N., Jones, I., Killaspy, H., Lee, W., Lingford-Hughes, A., Mulholland, C., Rubinsztein, J., Shankar, R., Sharma, A., Sinclair, L., Stone, J. & Young, A., May 2022, In: British Journal of Psychiatry. 220, 5, p. 254 - 256 3 p.

The Structure of the Prodromal Questionnaire-16 (PQ-16): Exploratory and confirmatory factor analyses in a general non-help-seeking population sample

Howie, C., Hanna, D., Shannon, C., Davidson, G. & Mulholland, C., Mar 2022, In: Early Intervention in Psychiatry. 16, 3, p. 239-246 8 p.

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Screening children with a history of maltreatment for PTSD in front line social care organisations: An explorative study

Duffy, M., Walsh, C., Mulholland, C., Davidson, G., Best, P., Bunting, L., Herron, S., Quinn, P., Gillanders, C., Sheehan, C. & Devaney, J., 22 Dec 2021, (Early online date) In: Child Abuse Review. 30, 6, p. 594-611 18 p.

Perinatal mental healthcare in Northern Ireland: challenges and opportunities

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Reaching consensus on the principles of trauma-informed care in early intervention psychosis services: A Delphi study

Mitchell, S., Shannon, C., Mulholland, C. & Hanna, D., 01 Oct 2021, In: Early Intervention in Psychiatry. 15, 5, p. 1369-1375 7 p.

COVID-19 Staff Wellbeing Survey: longitudinal survey of psychological well-being among health and social care staff in Northern Ireland during the COVID-19 pandemic

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A scoping review of international policy responses to mental health recovery during the COVID-19 pandemic

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Bosqui, T., Shannon, C., Turkington, A., Barrett, S., McCaul, R., Cooper, S., O'Donnell, D., Rushe, T. & Mulholland, C., 21 Dec 2020, (Early online date) In: International Journal of Social Psychiatry.

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Mental Health Capacity Unit, Department of Health NI - Briefing Paper 1: Prevention & Early Intervention

McDaid, S., Adell, T., Cameron, J., Davidson, G., Knifton, L., McCartan, C. & Mulholland, C., 30 Oct 2020, Queen's University Belfast. 6 p.

Mental Health Capacity Unit, Department of Health NI - Briefing Paper 3: The Physical Wellbeing of People with Mental Health Problems

McCartan, C., Adell, T., Cameron, J., Davidson, G., Knifton, L., McDaid, S. & Mulholland, C., 30 Oct 2020, Belfast: Queen's University Belfast. 3 p.

Mental Health Capacity Unit, Department of Health NI - Briefing Paper 4: Creating a Workforce for the Future

McCartan, C., Adell, T., Cameron, J., Davidson, G., Knifton, L., McDaid, S. & Mulholland, C., 30 Oct 2020, Belfast: Queen's University Belfast. 6 p.

Mental Health Capacity Unit, Department of Health NI - Briefing Paper 2: Effective Treatment & Care

McCartan, C., Adell, T., Cameron, J., Davidson, G., Knifton, L., McDaid, S. & Mulholland, C., 30 Oct 2020, Belfast: Queen's University Belfast. 6 p.

Mental Health Capacity Unit, Department of Health NI - Briefing Paper 5: Data & Quality of Service

McCartan, C., Adell, T., Cameron, J., Davidson, G., Knifton, L., McDaid, S. & Mulholland, C., 30 Oct 2020, Belfast: Queen's University Belfast. 4 p.

The Mental Health of Children and Parents in Northern Ireland: Results of the Youth Wellbeing Prevalence Survey

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The Mental Health Impact of the COVID-19 Pandemic in Northern Ireland: A Rapid Review

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International Policy Guidance and Responses to COVID-19 Mental Health Recovery

McCartan, C., Adell, T., Cameron, J., Davidson, G., Knifton, L., McDaid, S. & Mulholland, C., 23 Jul 2020, Mental Health Foundation. 48 p.

The association between sleep quality and attenuated psychotic symptoms

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THE ASSOCIATION BETWEEN BULLYING VICTIMIZATION AND PSYCHOSIS AND THE MEDIATING ROLE OF PEER AND FAMILY SOCIAL SUPPORT

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Prevalence of self-reported mental disorders in pregnancy and associations with adverse neonatal outcomes: a population-based cross-sectional study

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Fosse, R., Moskowitz, A., Shannon, C. & Mulholland, C., 25 Jan 2019, *Psychosis, Trauma and Dissociation: Emerging Perspectives on Severe Psychopathology Second Edition*. Editors Andrew Moskowitz, Ingo Schafer, Martin Justin Dorahy . 2nd ed. Wiley-Blackwell

An investigation of associations between experience of childhood trauma and political violence and theory of mind impairments in schizophrenia

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The predictive role of childhood adversity, resilience and coping on psychotic symptoms

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The association between childhood trauma, parental bonding and depressive symptoms and interpersonal functioning in depression and bipolar disorder

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Anxiety disorders

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The association between specific types of childhood adversity and attenuated psychotic symptoms in a community sample

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Prevalence rates of childhood trauma in medical students: A systematic review

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Implementing emotional resilience workshops for undergraduate medical students: a before and after intervention study at Queen's University Belfast

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What impact does trauma have on the at-risk mental state? A systematic literature review

Brew, B., Doris, M., Shannon, C. & Mulholland, C., 30 May 2017, In: Early Intervention in Psychiatry. 12, 2, p. 115-124 10 p.

Can we prevent psychosis? Innovative service offers new hope

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Pain Services for Victims and Survivors of the Troubles

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Aiming high: a world class psychological trauma service for Northern Ireland. Developing a comprehensive, evidence-based regional network for the treatment of psychological trauma.

Mulholland, C., 21 Mar 2017.

What is the prevalence of Autism Spectrum Disorder and ASD traits in psychosis? A systematic review

Kincaid, D., Doris, M., Shannon, C. & Mulholland, C., 07 Jan 2017, (Early online date) In: Psychiatry Research.

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Representation of trauma in "Troubles" films. Are we forgetting the victims?
Mulholland, C., Bell, D. & Corrigan, N., 10 Nov 2016.

The psychological impact of the "Troubles" and the development of a regional trauma service
Mulholland, C., 14 Oct 2016.

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Mongan, D., Mulholland, C. & Shannon, C., 07 Oct 2016.

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Enhancing adherence for patients with Bipolar Disorder: A phase-I feasibility study
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Psychotropic prescribing patterns among adolescents in Northern Ireland presenting with psychotic symptoms during a 5-year period
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The effects of the N.H.S. reforms on training in psychiatry. A report to the Collegiate Trainees Committee of The Royal College of Psychiatrists
Mulholland, C., Apr 1996

Depressive symptoms in stable chronic schizophrenia: prevalence and relationship to psychopathology and medication status.

Mulholland, C., Baynes, D., Montgomery, R., Lynch, G., MacFlynn, G., Kelly, C., Cooper, S. & King, D., 1996, In: *European Neuropsychopharmacology*. 6, 4, p. 118

McCrum, B., Mulholland, C., Wilson, C., MacFlynn, G. A survey of mentally ill people in supported community accommodation – factors associated with differing support levels.

McCrum, B., Mulholland, C., Wilson, C. & MacFlynn, G., Aug 1995, *Proceedings of World Federation for Mental Health World Congress, Dublin, August 1995*.

Activities

The Global Irish Network Webinar

Dautel, J. (Organiser), Mulholland, C. (Invited speaker), Duffy, M. (Invited speaker) & Campbell, A. (Participant)
04 Feb 2021

The likely effects of Covid-19 on mental health in Northern Ireland; reflections on lessons from the Troubles

Duffy, M. (Contributor), Mulholland, C. (Contributor) & Campbell, A. (Chair)
11 Sept 2020

Department of Health publication (Journal)

Duffy, M. (Peer reviewer) & Mulholland, C. (Peer reviewer)
31 Jul 2020

Preparing for Practice. A Handbook for Final Year Allied Health Professionals. Psychological Considerations during the COVID-19 Pandemic

Duffy, M. (Contributor) & Mulholland, C. (Contributor)
22 May 2020

Preparing for Practice. A Handbook for Final Year Social Work Students. Psychological Considerations during the COVID-19 Pandemic

Duffy, M. (Contributor) & Mulholland, C. (Contributor)
18 May 2020

A Handbook for Final Year Nursing and Midwifery Students. Psychological Considerations during the COVID-19 Pandemic

Duffy, M. (Contributor) & Mulholland, C. (Contributor)
12 May 2020

Preparing for Practice. A Handbook for Junior Doctors. Psychological Considerations during the COVID-19 Pandemic

Duffy, M. (Contributor) & Mulholland, C. (Contributor)
18 Apr 2020

A Handbook for Final Year Medical Students. Psychological Considerations during the COVID-19 Pandemic

Duffy, M. (Contributor) & Mulholland, C. (Contributor)
05 Apr 2020

DfE GCRF: Working together: supporting the needs of people with disabilities and mental health issues through research.

Maddock, A. (Organiser), Montgomery, L. (Organiser), Best, P. (Participant), Kelly, B. (Speaker), Davidson, G. (Participant), Campbell, A. (Participant), Mulholland, C. (Participant) & Armour, C. (Participant)
06 Jan 2020 → 10 Jan 2020

Film And The Politics of Mental Health

Mulholland, C. (Organiser)
24 Apr 2016

Victims Commission Annual Conference

Mulholland, C. (Participant)
09 Mar 2016

Medfest 2016: Framing Trauma: Conflict and Medicine

Mulholland, C. (Organiser)
17 Feb 2016

The Research Agenda in the Field of Trauma

Mulholland, C. (Contributor)
12 Feb 2016

Centre for Medical Education at QUB Annual Away Day

Mulholland, C. (Speaker)
08 Jan 2016

Health care needs of Syrian refugees-a workshop hosted by Law Centre

Mulholland, C. (Participant)
08 Dec 2015

Documentary Filmmaking and the Trauma of the Troubles

Mulholland, C. (Organiser)
23 Nov 2015

Treating the Trauma of the Troubles

Mulholland, C. (Organiser)
23 Nov 2015 → 24 Nov 2015

GMC Student Fitness to Practice Seminar

Mulholland, C. (Participant)
04 Nov 2015

Northern Health and Social Care Trust Leadership Conference

Mulholland, C. (Participant)
04 Nov 2015

AWARE Mindfulness Launch Event

Mulholland, C. (Speaker)
09 Oct 2015

Royal College of Psychiatrists (NI) Annual Trainee Research and Audit Day

Mulholland, C. (Chair)
23 Sept 2015

NIMDTA Clinical Education Day

Mulholland, C. (Speaker)
18 Sept 2015

Presentation to Stormont House Agreement Implementation Group on Trauma Interventions

Mulholland, C. (Contributor)
07 Sept 2015

Launch of Drug and Alcohol Research Network

Mulholland, C. (Participant)
11 Jun 2015

Medfest-An International Medical Film Festival

Mulholland, C. (Chair)
04 Mar 2015

'Blood in the Soil' Symposium

Mulholland, C. (Invited speaker)
22 Jan 2015

CHOMI (University of Ulster) Symposium: Hungerstriking and Medical Ethics

Mulholland, C. (Participant)
20 Jan 2015

Framing Trauma: Mental Illness and the Documentary Image

Mulholland, C. (Organiser)
2015

UKPTS 7th Annual Conference

Mulholland, C. (Participant)
2015

Meeting with "Freedom from Torture" hosted by Law Centre

Mulholland, C. (Participant)
03 Nov 2014

Launch of new Regional Mental Health Care Pathway-World Mental Health Day

Mulholland, C. (Participant)
10 Oct 2014

Schizophrenia and the environment

Mulholland, C. (Speaker)
10 Oct 2014

Remedying the Past, Healing for the Future Conference

Mulholland, C. (Participant)
03 Oct 2014

Royal College of Psychiatrists (NI) Annual Trainees Research and Audit Day

Mulholland, C. (Chair)
24 Sept 2014

Launch of Northern Trust At Risk Mental State Service "STEP"

Mulholland, C. (Organiser)
12 May 2014

Bringing emotion out of the shadows

Mulholland, C. (Participant)
27 Mar 2014

Medfest 2014

Mulholland, C. (Chair)
2014

Royal College of Psychiatrists in NI Trainee Research and Audit Day 2013

Mulholland, C. (Chair)
25 Sept 2013

Poverty and Public Health in Belfast

Mulholland, C. (Participant)
17 Apr 2013

Medfest 2012: Medical Film Festival

Mulholland, C. (Chair)
29 Feb 2012

Belfast Trust Symposium on Treating Troubles Related Trauma

Mulholland, C. (Invited speaker)
23 Feb 2012

Mental Health Translational Research Group Annual Conference

Mulholland, C. (Organiser)
14 Dec 2011

ACAMH Annual Conference

Mulholland, C. (Chair)
14 Oct 2011

Royal College of Psychiatrists (Northern Ireland) Trainee Research and Audit Day

Mulholland, C. (Chair)
28 Sept 2011

Schizophrenia Forum: Lecture on Schizophrenia and Trauma

Mulholland, C. (Invited speaker)
05 Mar 2010

Mental Health Recognised Research Group

Mulholland, C. (Organiser)
29 Jan 2010

Psychosis and the Environment

Mulholland, C. (Organiser)
03 Dec 2007

International Early Psychosis Association Biennial Congress

Mulholland, C. (Participant)
04 Oct 2006 → 06 Oct 2006

Press/Media**BBC 2 Horizon documentary "What's the matter with Tony Slattery?" (May 21st 2020)**

Mulholland, C.
21/05/2020

2 Media contributions

Belfast Telegraph: QUB trauma experts share advice on helping Ukrainian refugees May 17 2022

Mulholland, C. & Duffy, M.

17/05/2022

1 Media contribution

Contributor to a Film: A Life on the Farm, Oscar Harding 2023

Mulholland, C.

15/05/2023

1 Media contribution

Expert commentary provided to Irish News full page article: Trauma network for victims of the Troubles helps over 9,000 people in first year

Mulholland, C.

13/05/2024

1 Media contribution

Expert comment provided Financial Times article: Mistrust dogs the UK's plan for a history of the Troubles

Mulholland, C.

16/05/2024

1 Media contribution

Interview Radio Ulster on the psychological impact of The Troubles

Mulholland, C.

21/04/2016

1 Media contribution

Interview with Radio Foyle on the psychological impact of the Troubles

Mulholland, C.

24/11/2015

1 Media contribution

Interview with Radio Foyle on Treating Troubles related psychological disorders

Mulholland, C.

24/11/2015

1 Media contribution

Interview with Radio Q on the scale of the impact of the Troubles on mental health

Mulholland, C.

24/11/2015

1 Media contribution

Radio Ulster: Discussion with Siobhan Doherty of Aware Defeat Depression on Seasonal Affective Disorder

Mulholland, C.

16/09/2015

1 Media contribution

Radio Ulster: Interview on mental health impact of covid and lockdown

Mulholland, C.

01/04/2020

1 Media contribution

Sunday with Stephen Rainey Radio Ulster: Interview on mental health consequences of lockdown

Mulholland, C.

06/05/2020

1 Media contribution

Ulster Television Documentary: Last Orders. Explores the devastating impact alcohol has on society and individuals. Local charity ASCERT has shared the UTV documentary Up Close:Last Orders which aired this spring and ASCERT were delighted to be part of. This hard hitting & timely documentary explores the impact alcohol has on society and with over 350 deaths last year in Northern Ireland caused by alcohol this film shines a spotlight on what has become a societal issue that can no longer be ignored.

Mulholland, C.

31/05/2022

1 Media contribution

Awards

Projects

R4186SES: BELFAST YOUTH DEVELOPMENT STUDY- CAUSES AND IMPACTS OF SUBSTANCE USE PATHWAYS - 10 YEARS ON

Higgins, K. (PI), Mulholland, C. (Col) & Percy, A. (Col)

31/01/2024 → ...

R4904SES: Children & Young People's Mental Health in Northern Ireland

Bunting, L. (PI), Davidson, G. (Col), Grant, A. (Col), McCartan, C. (Col), Mulholland, C. (Col) & Schubotz, D. (Col)

21/03/2019 → ...

R1118CPH: Northern Ireland Troubles and Pension Benefits

Cruise, S. (PI) & Mulholland, C. (Col)

01/11/2019 → 31/08/2020